

# VARSITY BLUES FIELD HOCKEY

## HIGH SCHOOL CLINIC

High school athletes in grade 9 and 10 are invited to spend a day on campus, learning from Varsity Blues coaching staff and Varsity Blues team members. Athletes interested in enhancing their technical and tactical skills through drills, modified games, and scrimmages are invited to join us. Included in the clinic will be a tour of campus, strength and conditioning with team's strength & conditioning coach, and classroom sessions with the staff and athletes about the Varsity Blues program and academics offered on campus. Goalkeepers will be offered specialized training opportunities.

**Saturday, February 22, 2020**  
**10 a.m. - 5 p.m.**

**Varsity Centre**  
**299 Bloor Street West**  
**Toronto, ON M5S 1W2**

**Cost: \$80, training shirt included**

**REGISTER AT: [uoft.me/field-hockeyhs-clinic](https://uoft.me/field-hockeyhs-clinic)**

Athletes are to bring their own field hockey equipment (turf shoes, mouthguard, shinguards, stick and water bottle).

