



2019 Alumni Update

The South St. Paul Hockey Program hopes this message finds you all in good health and spirits. Packer supporters have much to be proud of so here's a quick update on Packer alumni who are still competing:

Jackson Luhrs ('19)



As a program, we value and encourage multi-sport athletes and we were happy to see last year's captain, Jackson Luhrs, have a nice start to his football career at St. Norbert College. After switching positions, Luhrs appeared in one game and had 15 yards on 2 carries. As a senior at SSP, he captained both the hockey and football teams.

Matt Gellerman ('18)

Matthew Gellerman is currently playing in his second season in the NAHL. He was recently traded to the Minnesota Magicians and currently has 2 goals and 5 assists and will have an excellent chance to continue his hockey career at the collegiate level following his time with the Magicians. With the Packers, Gellerman finished his four-year career he totaling 116 career points, placing him 5th all-time in scoring since 1999.



Cade Sexauer ('18)

Cade Sexauer just finished a successful fall with St. Thomas University football as a quarterback. In a program deep in talent, Sexauer saw in action in 5 games as the backup completing 3 passes in 4 attempts. An engineering major, Sexauer looks to make an impact the next two seasons on the gridiron after lettering three seasons with the Packer Hockey team.



Nathan Brandecker ('18)

An All-Conference performer in hockey 2 seasons ago where he registered 19 goals and 11 assists, Brandecker chose to take his talents to the baseball field at St. John's University. He had a strong freshman season appearing as a pitcher in 11 games with 3 wins and 1 loss with a couple saves.

Cameron Buhl ('17)

After a stellar four-year career with the Packers in which he tallied 132 points, good for 2nd most behind Mike Pilot since 1999, Buhl became the all-time leading scorer in Minnesota Magicians history of the NAHL before taking his talents to St. Lawrence University of the ECAC. Slowed by an ankle injury, Buhl has played in 12 games and has registered 3 assists. He's looking forward to getting back to full strength after the winter break.





Danny Pietruszewski ('16)

After playing one season of Division I football at the University of Minnesota, Pietruszewski followed his brother Jack, another Packer football and hockey captain, to St. John's University where he just finished his third season as an outside linebacker.

Pietruszewski has been a starter for the Johnnies since arriving on campus. This past season, the Johnnies advanced to the National semifinals before bowing out to UW-Whitewater. Already earning All-Conference recognition each season, Pietruszewski was just named to the All-Region and All-American teams. In four seasons with the Packer hockey program, he registered 108 points, 6th most since 1999.



Ted Frid ('15)

After competing two seasons for DII Sioux Falls and earning All-American recognition in both seasons, Frid transferred to the University of Minnesota to compete in the Decathlon and Heptathlon. Prior to redshirting last season, Frid finished 10th at

the NCAA indoor meet in the Heptathlon. His 5,717 points at the meet were the 4th best in school history earning him 2nd Team All-American honors. He will serve as a team captain this season for the Gophers. At South St. Paul, Frid played two seasons for the Packer hockey team scoring 20 goals in the '14-'15 season.

Adam Wilcox ('11)

After a stellar career at the University of Minnesota where he became the first Big Ten Conference



Player of the Year and started in a National Championship game, Wilcox has been playing professionally the past 5 seasons and currently is playing for the San Antonio Rampage in the American Hockey League, affiliate of the St. Louis Blues. After seeing preseason action and call-ups with the Tampa Bay Lightning and Florida Panthers, he made his NHL debut in 2018 with the Buffalo Sabres making 10 saves in relief. Wilcox played three seasons for the Packers recording 40 wins and four shutouts in his tenure.



Justin Faulk ('10)

Former Olympian and National Champion at the University of Minnesota Duluth, Justin Faulk is playing in his 9th NHL season now with the St. Louis Blues and continues to be one of the top defenseman in the league. Faulk played the '07-'08 season for the Packers before moving on the National Development Camp in Ann Arbor Michigan. In that '07-'08 season, Faulk tallied 25 points from the blue line for a team that won 20 games and lost in the section final.

Zach Palmquist ('09)

Former Mr. Hockey finalist and Minnesota State, Mankato standout Zach Palmquist is in his fifth season playing professionally, currently with Bjorkloven IF in the Swedish Elite League. Palmquist played three seasons in the Minnesota Wild organization appearing in preseason action with the big club and then moved on to the Lehigh Valley Phantoms last season. Palmquist played four seasons with the Packers from 2005-2009 and his 108 points are the most recorded by a defenseman since 1999.





Al Stalock ('05)

2005 grad Al Stalock recently appeared in his 100th game with the Minnesota Wild. After an All-American campaign with the University of Minnesota-Duluth, Stalock signed with the San Jose Sharks organization. During his 5 years in San Jose including

recovering from a catastrophic injury, Stalock appeared in 62 games recording 24 wins, 19 losses, and 7 ties. He has been with the Minnesota Wild the past 4 seasons and has appeared in 18 games this season with 9 wins and 4 losses. Stalock continues to be one of, if not the premier puck handling goaltenders in the world. He played 2 seasons with the Packers recording 32 wins, 8 shutouts, 10 assists and electrified the state of Minnesota with his outstanding play in the 2004 state hockey tournament.

Phil Housley ('82)

Hall of Fame Defenseman Phil Housley is in his first season as an assistant coach with the Phoenix Coyotes. Housley played 21 seasons in the NHL, amassing 1,232 points, most ever by an American born defenseman. He was inducted into the NHL Hall of Fame as a player in 2015. After playing four seasons with the Packers, he became one of the few high school players ever to make the jump right to the NHL in 1982.



A Note From the Coaching Staff:

We're definitely proud of the young men who continue to compete at a high level in athletics but we value more than anything helping parents develop these kids into world class co-workers, neighbors, husbands and fathers for the future. South St. Paul continues to be a unique place in that we're a small town bordering the big city. Kids at our high school have multiple academic choices, are encouraged to pursue any athletic opportunities, and can also find time for the Arts. We're proud to be a part of such a rich community!