

# Midgets

## **Prior to Arrival at Ice Rink**

- Complete Covid-19 Self-Check
- RSVP on Sports Engine
- 'Dress for Play' with the exception of helmet, gloves and skates **unless you drive to practice**
- Fill Water Bottle labeled with your first and last name
- Face Mask

## **Arrival At Ice Rink**

- Enter facility with face mask on and use hand sanitizer provided
- Immediately go to a designated socially distanced seat
- **Midgets who drive and Goalies immediately go to designated socially distanced seat in locker room**
- Put Skates on
- Put Helmet on (Remove face mask at this time)
- Put Gloves on
- Stay seated in designated socially distanced seat until called by Coach to go on the ice

## **Departure from Ice Rink**

- Exit Ice and return to designated socially distanced seat
- Remove Gloves
- Remove Helmet and place face mask on
- Remove skates
- Pack bag and leave Ice Rink and use hand sanitizer when exiting.