



## **2021-2022 PGYSA IMPACT Indoor Program Outline & Structure**

**\*\*\*All Club programming is designed to meet new Canada Soccer - Club Licensing National Standards**

**\*\*\*Programming will take place in our Turfed & Recently Renovated Indoor Clubhouse (New Heating System & Washrooms)**

**\*\*\*All Club Coaches hold minimum mandatory CSA/NCCP Technical & Theory certification & Criminal Record Checks**

**Family Discounts – Registration of two + children = 10% league discount.**

### **(3-4+5) Physical Literacy Soccer – 30 Registration spots available per block (2019-2017)**

- **Program Dates - Block One Friday** = Nov (12/19/26) Dec (3/10/17) / **Block Two Friday** = Jan (14/21/28) Feb (11/18/25)
- 6 Sessions per block (Each block is a separate registration)
- **Session Time** = 5:30pm - 6:30pm (25 mins coordination/15-20 mins game-related activity/15 mins parents & tot time)
- **Program Fee** = \$85 per Block including program shirt
- *\*Note: physical literacy soccer focusses on teaching the fundamental movement skills in a soccer-related environment*

### **(6-8 & 9-11) Match + Skill Centre Academy Training Session - 100 Total Registration Spots Available (2016-2011)**

- 12 Matches & 12 Skill Centre Academy Sessions with Certified Club Coaches
- **Schedule Time** = 5:30pm - 6:30pm (6-8) / 6:30 - 7:30 (9-11)
- **Training Dates** (Tuesdays) = Nov (09/16/23) Dec (07/14) Jan (04/11/18) Feb (08/15/22) plus one week in March
- **Match Dates** (Thursdays) = Nov (11/18/25) Dec (09/16) Jan (06/13/20) Feb (10/17/24)
- **Program Fee = Match + Skill Centre Training Session** = \$275 (includes Club Kit)

### **(12-14 & 15-18) Match + Skill Centre Academy Training Session - 100 Total Registration Spots Available (2010-2004)**

- 12 Matches & 12 Skill Centre Academy Sessions with Certified Club Coaches
- **Training Dates** (Mondays) = Nov (08/15/22) Dec (06/13/20) Jan (10/17/24) Feb (07/14/21) plus one week in March
- **Match Dates** (Wednesdays) = Nov (10/17/24) Dec (08/15) Jan (12/19/26) Feb (09/16/23)
- **Match Schedule** = 5:30pm - 8:00pm (12-18)
- **Program Fee = Match + Skill Centre Training Session** = \$300 (includes Club Kit)

### **Goalkeeper Academy Training Program - 12 Registration Spots Available (2011-2003)**

- 12 GK Academy Training Sessions with our Certified Club Goalkeeper Coaches (Dan Zadavec & Yanni Ntupas)
- **Training Dates** (Fridays) = Nov (12/19/26) Dec (10/17) Jan (07/14/21/28) Feb (11/18/25)
- **Training Time** = 6:30pm – 7:30pm
- **Program Fee** = \$150 (Discounts are available for Goalkeepers registered in other Indoor programs)

### **\*\*\*NEW - PLAYER MANAGEMENT PROGRAM – Limited to 25 Spots (8-18 year-old players)**

**Guiding young players to reach their dreams & goals with a Holistic Growth & Development program (starts mid-October)**

- **Program benefits include:**
  - Additional Skill Centre Academy Field Sessions
  - Speed/Agility/Quickness & Strength & Conditioning Training, Nutrition/Mental Skills/Flexibility Education
  - Player growth tracking & performance sessions on the third Saturday morning of every month (Oct-Mar)
  - Monthly Sport Science & Soccer Tactics webinar (Oct-Mar)
  - Parent & Player personal pathway education sessions (BCSPL, Collegiate, Semi-Pro, Pro, Nat'l)
  - Session times will be coordinated with the registered program players in early October
  - **Introductory Program Fee** = \$100 per Block (Oct-Dec & Jan-Mar)
- Managed by Club Director – Terrol Russell, who maintains an extensive background in sport science and athlete development

### **REGISTRATION NOTES:**

- **The PGYSA IMPACT Indoor program aligns with our 2022 Outdoor plan and new Soccer Club standards**
- **Additional Club Clothing options will be available (e.g., tracksuit, hoodies, jackets, etc.)**
- **For more information on each program please visit our website: [pgysa.bc.ca](http://pgysa.bc.ca)**
- **Interested in Coaching on our Indoor Club Technical Team, please contact us at: [impact@pgysa.bc.ca](mailto:impact@pgysa.bc.ca)**