



RESPECT THE GRIND

Building champions for life through ski racing

July 2025 | Edition 23



GPST GOLF OUTING: “TEES 4 SKIS”

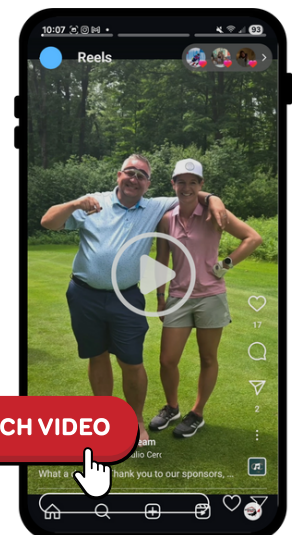
On behalf of GPST’s Board of Directors, athletes and families, we extend a heartfelt THANK YOU to all who participated or volunteered during of our recent Tees 4 Skis golf fundraiser held on June 30th at Greenwood Hills Country Club.

Thanks to your generous support — whether by teeing off with us, sponsoring a hole, donating auction items, or volunteering your time — we not only enjoyed a memorable day of golf and camaraderie but also raised **over \$35,000** to support our local youth program!

We enjoyed incredible weather and even better company. It was a great opportunity for our athletes to meet and interact with adults who support and believe in them – and for them to express their gratitude.

This event will provide the much-needed funds to keep our athletes safe while providing high level coaching and training. Our program is about more than ski racing. We are building champions for life – on and off the ski hill.

We are deeply grateful for your involvement and hope to see you at next year’s outing on June 29, 2026, at Greenwood Hills Country Club. In the meantime, feel free to visit www.gpst.org or our [social media pages](#) for photos and updates.





🏆 CONGRATS TO OUR CHAMPIONS!

Pat Rocale
Alex West

Dan Seefeldt
Ryan Rastl

🏅 RUNNER-UP TEAM

Jim Wanserski
Tuck Mallory

Chris Olsen
Paul Gassner

TEES 4 SKIS

by the numbers

123

Golfers

22

Volunteers

43

Sponsors

18

Holes

\$35,000

Funds raised!

SUMMER DRYLAND NOW ON WHATSAPP

Coach RJ has set up a WhatsApp for all home, travel, high school, and FIS athletes. This 3 day per week program is designed to help build a movement and strength base for the upcoming season.



Details:

- Athletes will need a jump rope.
- Workouts can be done at home or in a gym/weight room.
- Adaptable for multiple fitness levels.
- Whatsapp group is interactive.



notes

In-person dryland training will be held in September and October. Stay tuned for more details.



Granite Peak Ski Team Golf Outing

Thank you to our sponsors, volunteers, and golfers!

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ABOVE THE LINE SHOUTOUT

We asked for help, and several of our GPST families and friends answered the call! Because of you, we were able to fill a need for help at the Wings Over Wausau event *and* we were able to make our golf outing such a huge success! From selling tickets to running games and everything in between, we saw smiles, hustle, and a lot of heart! **We're grateful for you.** Your willingness to jump in, pitch in, and represent GPST with pride makes a difference!



We ❤️ our volunteers!

THANK YOU TO OUR WINGS OVER WAUSAU AND GOLF OUTING VOLUNTEERS

TJ Sondelski	Amelia Schippers	Cindy Lawrence	Mary Strand	Dr. Jeremy Russell
Olivia Benes	Sophia Schippers	Travis Marti	Tait Strand	Lisa Russell
Grace Kallio	Sandy Bautsch	Melissa Marti	Finley Sharon	Grant Russell
Alber Hayek	Mandy Kipp	Chloe Marti	Addy Haylett	Brooke Russell
Aurora Hayek	Liz Herrling	Ryan Marti	Morgan Haylett	Scott Russell
Nanette Hayek	Deb Hadley	Kevin Houlihan	Kathryn Floyd	Ashley Danielson
John Loth		Stella Houlihan	Scott Schippers	Xander Brandenburg

2025/26 Team Fees

	Early Bird until 6/30	Pricing 7/1-10/15	Pricing after 10/16		Pricing set price
Development (per session)	\$350	\$350	\$350	High School Add-On	\$300
Home Team	\$1000	\$1300	\$1500	Adult League	\$125
Travel Team/ Day Training	\$1600	\$1900	\$2100	Adult Training Add-On	\$200
FIS Team	\$2500	\$3000	\$3500	Adult Referral	\$75

REGISTER NOW!

Payment plans
available.





ATHLETE SPOTLIGHT: SALLY SANN

1. HOW LONG HAVE YOU BEEN INVOLVED WITH GPST?

Wow, I had to look back at pictures. It has been over 25 years! Some of the kids I coached have already graduated from college. I started with the team as an adult racer and then achieved my "Level 1" coaching and coached the younger groups. I was also on the board for one term. Now I continue to race with the Adult League and Midwest Masters and get some more training in with the kids when I can.

2. WHAT'S YOUR BEST SKI RACING MEMORY?

I think the best one is when a group of GPST kids, parents, adult racers, and coaches went to "Nastar Nationals" at Snow-Mass. I got the best of both worlds: I got to help the kids and I got to race and finished 1st place for my age bracket. Steve Heller was there also helping out with the timing. We made "Cheese on Skis" hats and I got mine signed by the Olympians there.



3. WHAT'S YOUR FAVORITE PLACE TO SKI?

I have had the opportunity to ski in a lot of different places over the years. If I had to pick I would say Aleyeska in Alaska. We had a lot of fresh snow and I got to ski down "Christmas Chute" right after it was opened for the day after a big snow dump. I had no idea what I was getting myself into; from the top you could only see a couple feet. A ski patroller was telling you when you could go. I was with a guide and he was going to go after me. He found me 1/2 down looking up with a face full of snow and a big smile on my face. It was the craziest ride ever.

4. WHAT'S YOUR FAVORITE THING ABOUT SKIING?

It is my "happy place"; just me and the mountain; I feel so free and love being outdoors. Racing gives me the adrenaline rush I chase. I love the competition and of course all my ski friends.

5. WHAT'S ONE GOAL YOU HAVE FOR THE UPCOMING SEASON?

My goal is to get my handicap down by improving my edge angle and turns; I am working hard at the gym to strengthen my body and improve my flexibility so I can accomplish it.





UPCOMING EVENTS

Sept. 2025 Dryland training begins

10/3-10/4 GPST Ski Swap

10/15 Deadline to register before price increase

11/28-11/30 Thanksgiving Camp

OTHER ANNOUNCEMENTS

Make sure you check out our **GPST Google Drive** to find photos & videos of your racer! 👍 Download whatever you'd like to save – the Google Drive will be cleaned out this summer to make room for next year's footage!

📅 2024/2025 Season: [CLICK HERE](#) ✨

We are still in need of a **bookkeeper** to help manage invoices/payments etc. If you can spare some time and help the team out, please send an email to info@gpst.org.



SPONSOR SHOUTOUT *thank you!*



Orthopaedic Associates of Wausau is a gold sponsor of the Granite Peak Ski Team! They specialize in both operative and non-operative care of fractures, arthritis, sprains, strains, sports injuries and repetitive overuse syndrome. They are offering free sports physicals on July 17th and 31st. Call to schedule a physical for your child(ren).



Dr. Jeremy Russell & family volunteering at Wings Over Wausau

KWIK TRIP CARDS



We love Kwik Trip! The funds we raise through these sales really add up! If you buy gas, groceries, or wash your car, order cards today! 📄 [ORDER HERE.](#)

GPST APPAREL STORE!

Stock up on GPST gear now available in our team store!

- Hats
- T-Shirts/Polos
- Jackets/Vests
- Joggers/Sweatpants
- and more!



Thank you to Fully Promoted of Wausau for their sponsorship! ❤️

SHOP HERE!