



2024

16s Program Guide

	16 BLACK (Open)	16 BLUE (National)	16 WHITE/SILVER (Regional)
COACHES	Karrie Larsen Jim Stone	Marisa Giauque Carolyn Phelps	Sarah Peluso/Glenn Sapp Natalie Carrasco/Paige Phelps
PRACTICE TIMES	Monday/ Wednesday 5:00-8:00pm	Monday/ Wednesday 5:00-8:00pm	Tuesday/Thursday 7:00-9:00pm
UNIFORM PACKAGE	3 jerseys, 2 practice tees, 2 spandex, kneepads, warm up & backpack	3 jerseys, 2 practice tees, 2 spandex, kneepads, warm up & backpack	2 jerseys, 2 practice tees, 2 spandex, kneepads, warm up & backpack
NATIONAL TOURNAMENTS	5 (which includes USAV or AAU Nationals)	3	Family decision, will require additional fees
REGIONAL TOURNAMENTS	3	3	4 and RMR Classic (2 day tournament)
WEEKLY POSITIONAL TRAINING	Wednesdays 5:15-6:00pm	Wednesdays 5:15-6:00pm	Tuesdays or Thursdays TBA
HUDL AND HUDL ASSIST	Included	Included	
RECRUITING ASSISTANCE	Included	Included	Included
DEPOSIT DUE WITH SIGNED CONTRACT	\$700 (applied towards total membership fees)	\$700 (applied towards total membership fees)	\$700 (applied towards total membership fees)
TOTAL COSTS*	\$6675 (\$6475 if paid in full by cash or check by Aug 11)	\$5300 (\$5141 if paid in full by cash or check by Aug 11)	\$3795 (\$3682 if paid in full by cash or check by Aug 11)

*Automatic monthly payment plans run from August 15th, 2023-March 15th, 2024

NORCO Volleyball Club is thrilled to be entering our 39th year of successfully growing the sport of volleyball and building relationships in Northern Colorado. Our rich history and tradition is what makes us different from other club experiences. NORCO’s incredible coaching staff and proven training methods speak for themselves as our teams are consistently successful at the regional and national level. In 2023, 8 of our teams competed at Nationals and we won 2 National Championships. 100% of our 18s players that choose to

continue their careers in college are doing so. We have our own state of the art facility that we have access to 24 hours a day, 7 days a week. Our amazing facility has 10 Taraflex courts, classrooms, concession stand, and a Volleyshop. We look forward to you joining the NORCO family for the 2024 season!

Important information

- **Player Commitment:** All players & coaches are expected to attend every practice and tournament (excluding school events/medical emergencies). This will require accountability and personal sacrifices. The number of players per team (minimum 10 per Open and National level teams) is based on team needs and positions.
- **Playing Time:** All teams at NORCO are managed with team goals being the top priority. Playing time will be determined by positions, hard work, performance and attitude. Coaches are committed to improving player's skills to compete for playing time while also supporting team needs. Our younger teams (13 Blue and under) are predominately geared towards equal playing time.
- **Tournament Requirements:** All mandated out of state travel will require players to fulfill Stay & Play policy. Player air/hotel and personal food are the responsibility of parents and are NOT included in membership fees. Tournament entry fee and staff expenses/pay are included. Transportation to all tournaments is the responsibility of families. Players need to arrive by 6:00pm the night before the tournament and cannot make plans to depart before 6:00pm on the last day of the tournament. All Tournament entry fees are non-refundable regardless of participation or acceptance.
- **USAV Nationals:** Tournament fees are included in the cost for 16 Black. NOT included in fees: player transportation, housing, or personal food. If 16 Blue qualifies or receives an at large bid, they will be required to attend at an additional cost to cover tournament entry fees, staff & additional training.
- **Membership fees include:** administrative fees, use of equipment, staff salaries, staff registrations, staff clinic fees, tournament entry fees (excludes stay & play policy), local tournaments.
- **Returning Players:** If you would like to use your jerseys, spandex and backpack from the 2023 season, you may be eligible to have a credit applied to your account at time of uniform fitting day.

NORCO Volleyball (501(c)3), understands that participation in club volleyball is a major personal and financial commitment for families. We offer several options for player participation, commitment, and costs.