

# **PROGRAM GUIDE**



Guidebook for all IYHA Jr Fuel  
programming and teams

**2025 - 2026**



# IYHA Jr Fuel

## Mission, Vision & Values

### Mission

IYHA provides players and families with a fun, safe, and inclusive environment to develop their passion for the game of ice hockey, acquire life skills, and progress to their maximum potential as athletes and members of the community.

### Vision

We strive to inspire the next generation of lifelong hockey players, coaches, officials, and fans.

### Program Pillars

- Growth
  - Expand our membership and grow the game in Central Indiana.
- Development
  - Provide the best available training, competition, coaching, and exposure for our highest level players.
- Passion
  - Create an environment for all players, regardless of experience and ability, to develop a love of the game.



# IYHA Jr Fuel

## Programs & Levels



## IYHA PLAYER PROGRESSION ROAD MAP



### STEP 1: LIDS LEARN TO PLAY

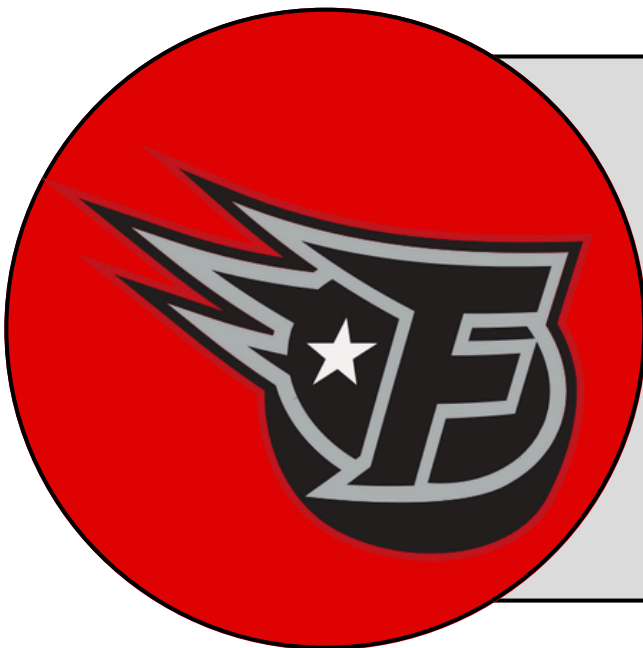
Learn the fundamentals of hockey like skating, passing, shooting, and deking, in a fun and non-competitive environment.

\$25 per class, recommended for 3 months before advancing, no time limit or minimum!  
[www.iyha.com/ltp](http://www.iyha.com/ltp)

### STEP 2: 317 HOCKEY LEAGUE

A recreational league for players aged 3 - 18; includes one practice per week and games on Saturdays from October to March.

[www.iyha.com/317hl](http://www.iyha.com/317hl)



### STEP 3: INDY JR FUEL TIER II TRAVEL

Four teams divided by skill level across all age groups, with girls teams at every age bracket, Jr Fuel teams compete against the best regional competition. Three practices per week with around 40 games per season.

[www.iyha.com/tier2](http://www.iyha.com/tier2)

### STEP 4: INDIANA ELITE TIER I TRAVEL

One team per birth year competing at the highest levels of youth hockey. 4 - 5 hours of practice and upward of 50 games. 13U - 18U teams compete to advance to the USA Hockey National Championship Tournament.



# IYHA Jr Fuel

## Lids Learn to Play Hockey

### About Learn to Play

The IYHA Jr Fuel offers Learn to Play Hockey group hockey classes designed for new players between the ages of 4 - 17. Players will learn the fundamentals of stickhandling, advanced skating skills, and scoring game winning goals! Full equipment required, visit <https://www.usahockey.com/newparents> for a detailed list of requirements and equipment sizing.

Our station-based format gives players the opportunity to learn the necessary skills in a safe and competitive environment. The action-packed practices keep the kids moving, engaged, and excited to back to the rink every week!

Each class starts with a 10-minute group warm-up with the whole class. Players are then divided into 4 groups based on age/skill level. Players will rotate through 4 stations every 10 minutes:

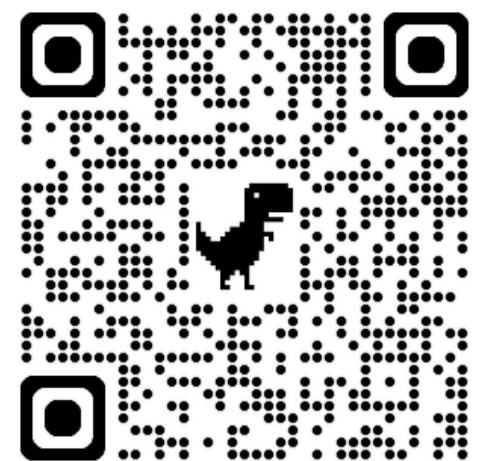
1. Skating Station - forwards and backwards skating, turning, stopping, crossovers, etc.
2. Game Station - soccer, tag, tic-tac-toe, guard the dog, etc
3. Passing/Shooting Station - includes a variety of puck-handling and shooting drills
4. Scrimmage Station - always every player's favorite station!

The cost is \$25 per class. You can pick just one class or register for multiple classes each month.

**Sessions are available at both the Fuel Tank in Fishers and the Carmel Ice Skadium!**



Registration & equipment information  
at [www.iyha.com/ltp](http://www.iyha.com/ltp)



# IYHA Jr Fuel

## 317 Hockey League

### Age Divisions & Details

**Nitros** - (2018 - 2021 birth years): this division is for players coming from our Lids Learn to Play Hockey. This group will meet for 1 hour per week for a combined practice + game. Great option for four and five year-olds just getting started and/or players not wanting a bigger time commitment.

**8U** - (2017 - 2019 birth years): This division is for players looking for the full 317 Hockey League experience: Players will receive one hour of weekly team practice, plus one game. All games played at the Ice Barn, practice rink is selected prior to the season. Players who want to supplement their 317 Hockey League experience may tryout for our 8U All Star teams who typically compete in three tournaments per year. Travel is required.

**10U** - (2015 and 2016 birth years): Players will receive one hour of weekly team practice, plus one game. Games will be played at both Carmel Ice Skadium and Fuel Tank in Fishers on full-ice following USA Hockey rules, to include off-sides, icing, and 60 second minor penalties.

**12U** - (2013 and 2014 birth years): Players will receive one hour of weekly team practice, plus one game at either the Carmel Ice Skadium or Fuel Tank in Fishers.

**14U** - (2011 and 2012 birth years): Players will receive one hour of weekly team practice, plus one Saturday morning game. Games will be played at both Carmel Ice Skadium and Fuel Tank in Fishers, this is a non-checking league. Players who wish to advance to high school hockey are encouraged to try-out for travel hockey at this age.

**18U** - (2007 - 2010 birth years): Players will receive one hour of weekly team practice, plus one game per week. A non-checking, low-pressure division for high school aged players to enjoy the game!

**All-Girls League** - (2007 - 2020 birth years): Players will receive one hour of weekly team practice, plus one game. Girls are welcome to play in the All-Girls League and their age-appropriate coed/boys league and Girls travel teams.



# IYHA Jr Fuel

## Travel Hockey

### Levels & Details

IYHA Jr Fuel travel teams play out of both the Carmel Ice Skadium and Fuel Tank in Fishers. Jr Fuel teams are fielded from 10U-14U. Each age group boasts four teams, divided by skill level: teams are indicated as Gold, Black, Red, and White.

All teams have three practices per week included distinct skill-sessions with professional IYHA coaches and shared ice practices to minimize costs. Travel teams play 40-50 games per season. Each team competes for the coveted Governor's Cup against teams from across Indiana.

**Gold Teams:** These are the first teams selected from each year's tryout. Gold Teams compete at the AA level in the Central States Developmental Hockey League. 14U Gold is a USA Hockey National Championship bound team. Gold teams play in several of the most competitive tournaments around the midwest.

**Black Teams:** As the second selected team from each tryout, Black teams frequently compete in the AA division of the Buckeye Travel Hockey League and play a mixed AA and A level schedule. Travel is common throughout Indiana, Ohio, and northern Kentucky.

**Red Teams:** Selected third by way of skillset and competition, these teams are often assigned to the A divisions of the Buckeye Travel Hockey League, which typically has a smaller footprint than the AA divisions. Red teams supplement their league play with several tournaments throughout the year.

**White Teams:** As the final selected teams, White teams traditionally also compete in the A divisions of the Buckeye Travel Hockey League. Overnight stays, while common, are less frequent with White teams than they are among the other travel teams.



High School players now have the option of participating in the Hoosier League tournament team, run by IYHA staff, more information can be found at [www.iyha.com/hoosierleague](http://www.iyha.com/hoosierleague).



# IYHA Jr Fuel

## Travel Hockey

### Program Advantages

IYHA Jr Fuel teams are provided with the best coaching in the area, off ice training with a professional strength and conditioning coach, and designated skill sessions.

IYHA travel hockey alumni can be found in all corners of the game; with two players signed to NHL contracts with the New York Islanders organization (Grant Hutton & Aidan Fulp), several players in the NCAA, and more playing junior hockey and club hockey for their colleges and universities.

Our development model and philosophy, partnered with our commitment to Long Term Athletic Development through our off ice strength and conditioning program, have lead to our teams finding measurable success on the ice, and immeasurable success for our players later in life.

## IYHA JR FUEL TIER II TRAVEL TEAM GUIDE

[WWW.IYHA.COM/TIER2](http://WWW.IYHA.COM/TIER2)



TEAM	14U GOLD	14U BLACK RED, WHITE	12U GOLD	12U BLACK, RED, WHITE	10U GOLD	10U BLACK, RED, WHITE
COACH	MIKE BOZOIAN/ KEN BOONE	TBD	JOE DILLON	TBD	TBD	TBD
LEAGUE	CENTRAL STATES	BUCKEYE LEAGUE	CENTRAL STATES	BUCKEYE LEAGUE	CENTRAL STATES	BUCKEYE LEAGUE
PRACTICE (WEEKLY)	3 hours 2 shared/ 1 Ice Barn	3 hours 2 shared/ 1 Ice Barn	3 hours 2 shared/ 1 Ice Barn	3 hours 2 shared/ 1 Ice Barn	2.5 hours 1 shared/ 1 IB / 1 bi-weekly skills	2.5 hours 1 shared/ 1 IB / 1 bi-weekly skills
OFF ICE TRAINING	1 SESSION/WEEK	1 SESSION/WEEK	1 SESSION/WEEK	1 SESSION/WEEK	N/A	N/A
TOURNAMENT/ SHOWCASES	4 + Mid Am Districts and Nationals if qualified	3+ GOVERNOR'S CUP	3+ GOVERNOR'S CUP	3+ GOVERNOR'S CUP	3+ GOVERNOR'S CUP	3+ GOVERNOR'S CUP
ROSTER SIZE	17-18	17-18	16-17	16-17	13	13
COST	\$4350	\$4300	\$4350	\$4300	\$4350	\$4300



# IYHA Jr Fuel

## Girls Hockey

### All-Girls League (317 Hockey League)

Open to girls aged 9-17, our All-Girls division of the 317 Hockey League hosts one practice and one game per week. Girls get to experience an inclusive environment where their skills are developed while competing in a pressure-free atmosphere. Girls may participate in an age appropriate co-ed division of the 317 Hockey League in addition to the All-Girls division, or play for an IYHA Jr Fuel Girls travel hockey team during the course of the season.

### Girls Travel Hockey

IYHA Jr Fuel Girls travel teams are for Girls who are ready for a more demanding schedule, more rigorous practices, and steeper regional competition.

Jr Fuel Girls teams are fielded at the 10U, 12U, and 14U/16U age groups. As founding members of the Central Girls Hockey League, teams play a mix of home and away games with teams from as far west as St. Louis, as far north as Michigan, as far east at Pittsburgh, and Tennessee to the south.

Our Girls teams have proven to be extremely successful in the CGHL and other tournaments across the midwest.

Girls travel teams practice twice per week and play roughly 40-50 games a season.



# IYHA Jr Fuel

## Camps & Clinics

### Camps

#### **Hometown Heroes**

June 16<sup>th</sup> - 20<sup>th</sup> at the Carmel Ice Skadium

Join us for a week of mentorship and fun with IYHA Alumni who bring their hockey experience home from Junior, College and even Professional levels of play!

Visit [www.iyha.com/hh](http://www.iyha.com/hh) for details and registration

#### **Holiday Hockey:**

Late December at the Fuel Tank

We offer players the opportunity to skate, train, and perform fun off-ice team building activities all day during the holiday break between Christmas and New Years. Sign up for just one day, or come for a whole week! Exact dates and times vary by year and rink availability.

#### **Spring Break-a-way:**

Early April at the Fuel Tank

Didn't go to Florida for Spring Break? That's OK, come to the rink! Hours upon hours of ice time and fun. No beach? No problem! We have plenty of opportunity for you to have fun with your friends, while improving your hockey skills!

Exact dates and times vary by year and rink availability.

### Clinics

#### **Spring Programming**

With IYHA's spring programming, you are in the driver's seat of your development. Chose from clinics that focus on body contact & battle, puck skills, skating & edgework, or conditioning! 3v3 scrimmages at the Ice Barn are also available. Visit [www.iyha.com/spring](http://www.iyha.com/spring) for more info and the schedule of events!

#### **Pre-Season Clinics**

This upcoming season, IYHA will be offering an optional clinic for the month prior to the season to help sharpen your skills and shake off some rust! Hit the ground running with our professional coaching! Travel players will have the option of returning to the ice the first week of August; 317 Hockey Leaguers can join our clinics in September!



# IYHA Jr Fuel

## 2025 Calendar of Events

**317 Hockey League Registration**  
June 1<sup>st</sup> - September 1<sup>st</sup>  
[www.iyha.com/317hl](http://www.iyha.com/317hl)



**Travel Team Tryouts**  
May 16<sup>th</sup> - 18<sup>th</sup>  
Carmel Ice Skadium

**Pre-season Checking Clinic**  
August 4<sup>st</sup> - August 22<sup>nd</sup>  
Fuel Tank, Carmel, Ice Barn



**Hometown Heroes Camp**  
June 16<sup>th</sup> - 21<sup>st</sup>  
Carmel Ice Skadium

**317 HL Pre-season Clinic**  
September 8<sup>th</sup> - 26<sup>th</sup>  
Fuel Tank, Carmel



**Travel Teams Start**  
August 25<sup>th</sup>  
Fuel Tank, Carmel, Ice Barn

**Celly Day (Start of 317 HL)**  
October 4<sup>th</sup>  
Fuel Tank



**Annual Golf Outing**  
September 11<sup>th</sup>  
Gray Eagle Golf Club



# IYHA Jr Fuel

## Scholarship & Fundraisers

**MATT SMITH**  
MEMORIAL SCHOLARSHIP  
FOR THE LOVE OF HOCKEY



IYHA and the family of Matt Smith have established a scholarship program in Matt's honor to make youth hockey more accessible to participants who demonstrate a financial need. Matt was a beloved hockey coach here at IYHA who lost his life much too soon back in August of 2015, but not before he had greatly touched the lives of the youth hockey and adult hockey communities here in the greater Indianapolis area.

The Matt Smith Memorial Hockey Scholarship is funded by contributions and through future events as planned by our scholarship committee and the Smith family. IYHA encourages all families who feel they need assistance with regular season hockey fees to apply.

## PARENTS' NIGHT OUT

Post Season:  
Early March

CONTESTS  
& PRIZES

SILENT  
AUCTION

FOOD &  
DRINK  
INCLUDED

TEAM GIFT  
BASKETS

**BIER**  
**BREWERY**  
— CARMEL —



# GOLF OUTING

**AUGUST: TBD**

IRONWOOD GOLF CLUB  
Fishers, IN

**ALL PROCEEDS BENEFIT THE MATT SMITH  
MEMORIAL SCHOLARSHIP**



For more information  
[www.iyha.com/golf](http://www.iyha.com/golf)

# IYHA Jr Fuel

## Sponsorship Opportunities

Established in 1956, IYHA is a 501(c)(3) non-profit organization.

EIN 23-7156318

### Reach

With more than 1,200 players across all levels, we have more than 1,000 family members who actively follow our programming and announcements. Concentrated primarily in Hamilton County and the greater Indianapolis area, IYHA does have players and families in communities from Kokomo to Bloomington.

- Our email contact list currently reaches roughly 8,000 members.
- So far in 2025, we have reached more than 25,000 accounts on social media.

### Packages

Bronze Sponsor - \$1,000

- \$100 toward the assessment of the player of your choice on any team
- Your business recognized on [www.iyha.com](http://www.iyha.com)
- Booth at 317 Hockey League Celly Day

Silver Sponsor - \$2,500

- All of the benefits of the Bronze Sponsor plus...
- \$250 toward the assessment of the player of your choice on any team
- One customized marketing email to our members
- Recognition in the IYHA Newsletter

Gold Sponsor - \$5,000

- All benefits of the previous sponsorship packages plus...
- \$500 toward the assessment of the player of your choice on any team
- Two customized marketing emails to our members
- Golf outing sponsorship recognition

Title Sponsor - Contact [derek@iyha.com](mailto:derek@iyha.com) for details and prices, custom packages are negotiable!



# IYHA Jr Fuel

## ISHA & Host a Player

IYHA Jr Fuel is a proud member of the Indiana State Hockey Association.



Formed in 2020, the ISHA represents all eight Indiana youth hockey organizations. Collectively, ISHA has a goal to work on collaborative opportunities to grow the game of hockey across the State of Indiana. In addition to statewide efforts, the ISHA is the governing body for Indiana Elite AAA hockey teams.

Indiana Elite teams are the state's highest competing teams in the 9U-18U birth years.

### Host a Player

With the Indiana Elite teams calling the Fuel Tank their home ice for training and games, players at the highest levels of youth hockey ascend on the greater Indianapolis area to pursue their hockey goals!

These players are in need of a good family to host them as they play and train here. Host families and their players create lifelong bonds, elite and dedicated players serve as great role models for young hockey players.

Host families receive a monthly payment of \$350 for food and other expenses. Host families are not responsible for player transportation. Travel for games will be taken care of by the team including bus and hotel accommodation. Players have strict team and USA Hockey rules, and families must be Safesport Certified and pass a background check.

If you are interested in hosting a player, please contact Indiana Elite Billet Coordinator, Sara Zembrodt at [szembrodt@gmail.com](mailto:szembrodt@gmail.com).

