

WEDNESDAY

BABY NINJA LIVE

Click to join Coach Michael at 9:30 EST for a live Baby Ninja class!

MOVE IT MORNINGS

Click to join Coach Danny for Move It Mornings - a class for Ninjas 5 and over!

SKILL TUTORIAL

Practice your Ninja Kick to Handstand!

LEARN

Tour a museum or zoo from your home!

GET OUTSIDE! WITH ART

Messy art paint splats!

AFTERNOON MINDFULNESS

Be the pond with Cosmic Kids Yoga!

EVENING GAME

Play games with the whole family!

BEDTIME WORKOUT

Tommy the Bedtime Turtle will help you stretch and wind down before bed!