



Jefferson Jaguars HS

2024 Summer Training Program

- **Locations:** Bloomington Ice Garden Rink 3 & Champions Hall (Dryland)
 - **Days:** TUESDAY – WEDNESDAY – THURSDAY Mornings
 - **Ice Times:** On-ice Training = **7:15-8:15 am on BIG - 3 (Tues, Wed, Thurs)**
 - **Dryland Times:** Off-ice Training = **Tuesday & Thursday 9:00-10:00 am with Fortis Champions Hall location. Wednesdays Captains Choice Activity**
 - **Staff:** Staff will be Jefferson Boys High School Staff, alumni, and a few additional key coaches
 - **Focus:** The clinic will focus on skating, puck skills, body contact, angling, offensive and defensive concepts, position specific skills, small area games and the reinforcement of the habits we want our Jaguar players to have during the season.
 - **Cost = \$600.00** (includes 18 hours of on-ice, 12 hours of off-ice training and apparel)
 - **Goalie Cost \$300.00**
 - **Payment:** Checks can be made out to **“Jefferson Hockey Summer Training Program”**.
 - Mail checks and completed Registration Form to: **12724 Huntington Ave Savage, MN 55378. (Deadline = April 20th)**
 - Questions? Melsen@isd271.org
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Training Weeks/Days:

June 11,12, 13

June 18, 19, 20

June 25, 26, 27

Week of July 4th off

July 9, 10, 11

July 16, 17, 18

July 23, 24, 25

Mail completed registration form and check to:

Matt Elsen

Attn: Jefferson Jaguars Hockey STP

12724 Huntington Ave

Savage, MN 55378



2024 Jefferson Jaguars Hockey Training Program

Registration Form

Player Name: _____

Last Year's Team: _____ Position: _____

Payer areas of focus: What do they need to improve? _____

T-Shirt Size (Circle) Adult: **Small** **Medium** **Large** **XL**

Home Address: _____

Parents' Names: _____

Primary Email (s): _____

Parent Cell Phones: _____

Player Cell Phone: _____

Health Concerns: _____

In case of injury, I give the staff in charge my permission to seek medical attention:

Signature _____

Date: _____

Please mail your check and this registration form to Coach Elsen as soon as possible. You will receive a confirmation email when we receive your check/form and also will get an email prior to the clinic starting with additional clinic details.

If you have any questions please email me at melsen@isd271.org

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Go Jags!