

“FARGO” Iowa/USA Women’s Wrestling 2023 Q & A:

QUALIFICATION/SIGN-UP

How do I qualify?

Place top 4 in IA/USA Women’s Wrestling freestyle state.
Pay team deposit at state 5/7/23; attend mandatory camp.

Are there Automatic Qualifiers for the women’s team?

Yes! These wrestlers are not required to compete at state.

Current year 1st-6th Place at USA Wrestling Regionals (Multiple dates/locations)
Current year 1st-8th Place at U15 Nationals (April 14-16, 2023 Spokane, Washington)
Current year 1st-8th Place at U17 Nationals (April 14-16, 2023 Spokane, Washington)
Current year 1st-8th Place at U20 Nationals (April 14-16, 2023 Spokane, Washington)
Previous year 1st-8th Place at Junior Nationals (Fargo, North Dakota)
Previous year 1st-8th Place at 16U Nationals (Fargo, North Dakota)
All eligible/qualified athletes are subject to additional team rules and requirements.

How do I register for the team?

Online team registration form is available on IA USA Wrestling Women’s page and will also be available via QR code at state.

How much does it cost to go to Fargo?

2023 costs for the women’s team are \$550 for 1 age group (16U or Junior). Raffle/fundraiser participation is optional this year. There is an additional charge of \$125 for athletes choosing the raffle/fundraiser option. These extra fees, ~\$5.25 from each ticket/card, are to pay out raffle prizes.

Why do I have to pay a \$200 deposit?

This money reserves your spot on the team and takes care of the national team uniform package.

What are these raffle tickets?

Raffle tickets for 2023 offer your supporters 18 weeks of potential cash prizes. **SELL THESE TO DEFRAY THE COST OF THE TRIP.** Turn in information on the provided spreadsheet.

When is the rest of the money due?

Pay remaining fees at Training Camp check-in July 7th, or contact Women’s director for an online payment link.

Where does this money go?

Fargo team fees go toward uniforms, camp, lodging in Fargo, Entry Fees and a small stipend for the coaches who work camp and the tournament.

CAMP

Dates and Locations

July 7-9 Simpson College, 701 North C St., Indianola, 50125
Pack twin sheets, pillow, bathroom supplies, towels, clothing for 6 workouts, singlet, wrestling shoes, and running shoes.

TOURNAMENT TIME

How do I get to and from Fargo?

Our women’s team travels w/ parents, coaches or carpools to help contain costs. Athletes needing transportation assistance will make arrangements through the Women’s Director.

Where can I find more info on the tournament? Visit: [USA Wrestling Events](#)

Where do we stay in Fargo?

ALL Wrestlers will be assigned to team rooms with fellow Team Iowa athletes are expected to stay with the team at the Element Hotel in West Fargo.
Parent lodging is arranged separately.

What do I do when I’m done wrestling?

If you are finished for the day or the tournament make sure the women’s team Head Coach or Women’s Director know you are leaving the tournament site or departing for home.

Is meal money included?

No, you are responsible for your own meals in Fargo.



Other Questions?

Contact womensdirector@iowausawrestling.org

05/04/2023