

Crimson Sports Programs

Girls Soccer Camps 2023



Camp: Crimson Technical and Tactical Skills Training Camp

July 10th – July 13th (Monday - Thursday) 9:00 a.m.-11:00 p.m.

What: A high energy, fast-paced soccer training program that will focus on individual as well as group instruction in skill and/or age level based groups. Each session will include instruction on critical technical skill development including ball control, dribbling, passing, and shooting. Activities and games will be utilized to develop specific skills, coordination, and game strategies. Each session will conclude with critical game play with on-field coaching instruction to reinforce concepts from the day. These are critical skills and concepts for all ages and competitive skill levels, from beginning to varsity level players. Come have fun with other high school eligible (7-12th grade) girls soccer players as we prepare for the fall and club/high school tryouts!

- **Who:** Girls entering grades 7-12 for 2023-24 school year
- **Where:** Maple Lakes Park (12191 85th Ave N, Maple Grove)
- **When:** Monday thru Thursdays July 10th – July 13th
- **Time:** 9:00 a.m.-11:00 p.m.
- **Fee:** \$125 (\$135 after July 2nd)
 - *Note:* Participants should bring shin guards (required), their own ball and water



Camp: Crimson Advanced Soccer Tactics Clinic

July 10th-13th (immediately after field training), 11:05-11:35 p.m.

These sessions will be walk-thru style learning about advanced tactical concepts for players grades 7-12. Coaches will conduct classroom-style and field instruction including offensive (i.e. depth/width) and defensive strategies (i.e. pressure, cover, balance), formations and players roles within different formations, and patterns of offensive play.

- **Who:** Girls entering grades 7-12 for 2023-24 school year
- **Where:** Maple Lakes Park (12191 85th Ave)
- **When:** Monday thru Thursdays July 10th – July 13th
- **Time:** 11:05-11:35 p.m.
- **Fee:** \$15

Camp Coaches: Camp Director: Ben LeVahn (*Maple Grove Girls Head Varsity Soccer Coach*)
MGSB Crimson Girls & Boys coaches, area coaches, & collegiate female soccer players

Questions: contact Ben LeVahn, Maple Grove Senior Head Varsity Girls Soccer Coach
Cell: (952) 237-4961 *Email:* crimsonsportsprograms@gmail.com

Registration: <https://forms.gle/sEj3Tmgka5nVpH6v8> (payment options in the Google Form)

- *Late registrations are accepted.*

Crimson Sports Programs Camp Registration Form 2023



Participant Name: _____ Grade (2023-24): _____

Street Address: _____

City: _____ State: _____ Zip: _____

Parent/Guardian Names: _____

Phone: H:() _____ W:() _____

Phone C: () _____ Parent Email: _____

Phone C: () _____ Parent Email: _____

Emergency Contact Name & Phone _____

2023 Summer Camps

Technical & Tactical Camp

\$125 per participant

\$ _____

Advanced Soccer Tactics Clinic

\$15 per participant

\$ _____

Total Paid: \$ _____

T-Shirt Size (Circle): Small / Medium / Large / XL

CONSENT TO RELEASE INFORMATION & RELEASE OF LIABILITY

I agree to indemnify and hold the Crimson Sports Programs and its staff harmless against all liability for any injury suffered from program participation. I further understand that the personal information I provided on this form, (name, address, phone number), is considered private data. Not giving the information may limit future contact about program changes and only staff and myself will have access to this information. I further give consent to have any photos or videos taken during the program used by staff for promotional materials. This consent may be canceled in writing at any time.

By signing this form, I hereby state that I release all members of the Crimson Sports Programs Staff and any other party involved in the organization and administration of Crimson Sports Programs from any liability resulting from any injury on, or around the clinic sites, or in the transportation to and from the sites. I hereby declare that the enrolled participant above is in good health and will be able to fully participate in intensive soccer skills training, which may include running, jumping, falling, diving, heading and small-sided scrimmages. By signing this form I accept full responsibility, and assume all costs that may occur in the event of an injury or death. By signing, you also agree to and understand the refund and cancellation policies. The completion of this form signifies your acceptance of this consent.

Parent/Guardian Signature: _____ DATE: _____