



# COON RAPIDS CARDINALS

## '25 FOOTBALL CALENDAR

JULY 2025					
MON	TUE	WED	THU	FRI	SAT
<b>JUL-07</b> <u>PERFORM. TRAINING</u> SESSION #1: 7:30 AM SESSION #2: 9:00 AM <b>TEAM PRACTICE #4</b> TEAM MTG: 10:45 AM <b>PRACTICE GR. 9-12</b> 11:30 AM to 1:30 PM <b>7 ON 7 @ ANDOVER</b> 6:00 PM - JV v. SFS 7:00 PM - V v. SFS	<b>JUL-08</b> <u>PERFORM. TRAINING</u> SESSION #1: 7:30 AM SESSION #2: 9:00 AM	<b>JUL-09</b> <u>PERFORM. TRAINING</u> SESSION #1: 7:30 AM SESSION #2: 9:00 AM <b>TEAM PRACTICE #5</b> TEAM MTG: 10:45 AM <b>PRACTICE GR. 9-12</b> 11:30 AM to 1:30 PM	<b>JUL-10</b> <u>PERFORM. TRAINING</u> SESSION #1: 7:30 AM SESSION #2: 9:00 AM	<b>JUL-11</b> <u>PERFORM. TRAINING</u> SESSION #1: 7:30 AM SESSION #2: 9:00 AM <b>TEAM MTG</b> 10:45 AM to 12:00 PM Full Team - Summer Updates	<b>JUL-12</b> OFF  PLAYER EQUIPMENT CHECKS Class of '26 - FRI (07/11) Class of '27 - MON (07/14) Class of '28 - TUE (07/15) Class of '29 - WED (07/16)
<b>JUL-14</b> <u>PERFORM. TRAINING</u> SESSION #1: 7:30 AM SESSION #2: 9:00 AM <b>TEAM PRACTICE #6</b> TEAM MTG: 10:45 AM <b>PRACTICE GR. 9-12</b> 11:30 AM to 1:30 PM <b>7 ON 7 @ ANDOVER</b> Varsity: 6:00 PM JV: 7:00 PM	<b>JUL-15</b> <u>PERFORM. TRAINING</u> SESSION #1: 7:30 AM SESSION #2: 9:00 AM	<b>JUL-16</b> <u>PERFORM. TRAINING</u> SESSION #1: 7:30 AM SESSION #2: 9:00 AM	<b>JUL-17</b> <u>PERFORM. TRAINING</u> SESSION #1: 7:30 AM SESSION #2: 9:00 AM <b>TEAM PRACTICE #7</b> <b>@ MONTI SCRIMMAGE</b> <b>GR 10-12</b> <i>Bus Loads @ 8:00 AM</i> <i>Bus Departs @ 8:15 AM</i> <i>Scrimmage 9:00 - 11:45</i>	<b>JUL-18</b> <u>PERFORM. TRAINING</u> SESSION #1: 7:30 AM SESSION #2: 9:00 AM <b>TEAM MTG</b> 10:45 AM to 12:00 PM Offense & Defense - w/ Coordinators	<b>JUL-19</b> OFF
<b>JUL-21</b> <u>PERFORM. TRAINING</u> SESSION #1: 7:30 AM SESSION #2: 9:00 AM <b>TEAM PRACTICE #8</b> TEAM MTG: 10:45 AM <b>FB PRACTICE 9-12</b> 11:30 AM to 1:30 PM <b>7 ON 7 @ ANDOVER</b> Varsity: 6:00 PM JV: 7:00 PM	<b>JUL-22</b> <u>PERFORM. TRAINING</u> SESSION #1: 7:30 AM SESSION #2: 9:00 AM <b>TEAM PRACTICE #9</b> TEAM MTG: 10:45 AM <b>FB PRACTICE 9-12</b> 11:30 AM to 1:30 PM	<b>JUL-23</b> <u>PERFORM. TRAINING</u> SESSION #1: 7:30 AM SESSION #2: 9:00 AM <b>TEAM PRACTICE #10</b> TEAM MTG: 10:45 AM <b>PRACTICE GR. 9-12</b> 11:30 AM to 1:30 PM	<b>JUL-24</b> <u>PERFORM. TRAINING</u> SESSION #1: 7:30 AM SESSION #2: 9:00 AM <b>TEAM PRACTICE #11</b> <b>@ FL SCRIMMAGE</b> <b>TIME TBD</b>	<b>JUL-25</b> <u>PERFORM. TRAINING</u> SESSION #1: 7:30 AM SESSION #2: 9:00 AM <b>TEAM MTG</b> 10:45 AM to 12:00 PM Position Groups - w/ Position Coaches  <b>TEAM EVENT</b> 12:00 PM - 1:30 PM	<b>JUL-26</b> OFF
<b>JUL-28</b> <u>PERFORM. TRAINING</u> SESSION #1: 7:30 AM SESSION #2: 9:00 AM  <b>CRAA YOUTH CAMP</b> Time TBD	<b>JUL-29</b> <u>PERFORM. TRAINING</u> SESSION #1: 7:30 AM SESSION #2: 9:00 AM  <b>CRAA YOUTH CAMP</b> Time TBD	<b>JUL-30</b> <u>PERFORM. TRAINING</u> SESSION #1: 7:30 AM SESSION #2: 9:00 AM  <b>CRAA YOUTH CAMP</b> Time TBD	<b>JUL-31</b> <u>PERFORM. TRAINING</u> SESSION #1: 7:30 AM SESSION #2: 9:00 AM  <b>CRAA YOUTH CAMP</b> Time TBD		