



	<p>Play 2 touch to begin and look to move the ball quickly away from pressure.</p>
	<p>End to end game</p> <p>3v3 with 3 neutrals.</p> <p>Look to play end to end as quick as possible while keeping the ball away from the opposition. Use neutrals to keep possession.</p>
	<p>1 team playing to goal 1 trying to counter and play out to small goals.</p> <p>If you score in small goal then your team gets to attack the big goal.</p>
	<p>Finish with 4v4 or 5v5 if possible</p> <p>Look to play quickly but to possess the ball.</p> <p>Play with 4 goals to force the players to think wide.</p>