

# **EASTVIEW**WRESTLING

2023-2024

Registration: evaasports.org/evaaregistration

Session 2/Traveling

Wrestlers in Grades 3<sup>rd</sup> – 6<sup>th</sup> grade.

or Cash/Check @ Practice

January – Late February

Most Mondays & Thursdays.

Optional Tournament Schedule

(for those that are ready)

# 3rd - 6th Grade

**EVAA Session 2/Traveling** 

## The Wrestling Program will include:

- ♦ Quality Wrestling Training Schedule
- ♦ Competitive Tournament Schedule
- ♦ Emphasis on Skill Development & Competition
- ♦ Recognition Night at a Varsity Match
- Mental Discipline & General Athletic Training
- ◆ Controlled practices/matches with other teams
- Select, experienced wrestlers may be invited to Youth Team Event – Jan. 27th
- All wrestlers compete in the Eastview Youth Jamboree – Sunday, Feb. 4<sup>th</sup>

Who:

Practices:

Place: Eastview HS Wrestling Room

Enter through Main West Door #1!

**Cost:** \$90 Includes a performance t-shirt and shorts.

**Questions:** Jud Turk

jud.turk@gmail.com

Travis Lee

travis.lee@district196.org

# Eastview Wrestling 3rd – 6th Goals:

- Build on skills learned in Session 1.
- ◆ Basic, intermediate, & advanced skills taught.
- ◆ Tumbling & athletic skills also developed.
- ♦ Have fun & experience the rewards of wrestling.

# **Optional Tournament Schedule**

\* Tournament schedule is tentative and subject to change.

Eastview Pre-K – 5<sup>th</sup> Duals<sup>#</sup> Saturday, January 27<sup>th</sup>

Eastview PK – 5<sup>th</sup> Jamboree Sunday, February 4<sup>th</sup>

Other Tournaments TBD...

\*\*MN/USA State Tournament\$ - Must Qualify

Rochester, March 16-17<sup>th</sup>

# 3<sup>rd</sup> - 6<sup>th</sup> Session 2/Traveling

Practices: Mondays & Thursdays 6:45-8pm

**Dates:** Jan. 4, 8, 11, 15, 18, 22, 25, 29 Feb. 1, 5, 8, 12, 15, 19

Additional Practices tbd based on State Qualifiers

\* Practice schedule is subject to change.

\*\* MN/USA Card Required (\$40)

# A limited number of experienced wrestlers are invited to this event.

\$ There are additional fees for these optional tournaments.

Be a part of the Eastview Wrestling Program!!