



FORT BEND YOUTH FOOTBALL LEAGUE

COVID-19 POLICY

The purpose of this information presented herein is to provide Fort Bend Youth Football League with direction as we prepare for the 2022 football and cheer season. This document was created based on the governor's orders and the Center for Disease Control.

The goal is to give guidance to each organization as we move forward with the 2022 football season. The health and safety of all our participants and volunteers are our number one priority.

POLICY:

1. All participants, family members, and volunteers are to **stay at home** if they are not feeling well. If you have any symptoms of any type of virus (Flu, Covid, etc.), please remain home.
2. If you become aware that your child or any member in your household has contracted Covid-19, please notify the organization's **President** immediately. **DO NOT COME TO PRACTICE.**
3. If you are aware that your child or anyone in your household has been exposed to Covid-19, please follow CDC recommendations and quarantine. Please do not come to practice.
4. All participants are encouraged to bring their own water/water bottle to practice.
5. Teams should have additional individual water bottles available in case someone forgets their water.
6. Parents are asked to a social distance at practice.

PRACTICE:

7. Each organization should have a hand sanitizing station available.
8. All equipment, balls, blocking dummies, etc., shall be sanitized daily.
9. During practice, teams should practice by level and not mix levels when possible.
10. While warming up, kids should socially distance themselves by remaining 3 ft apart.
11. Contact drills should be limited, when possible.
12. Teams should utilize as many individual drills as possible and limit prolonged contact.

13. Teams with large numbers of participants, should try and divide the kids into smaller groups to limit a lot of direct exposure.
14. All missed practices may be made up. Notify the league Athletic Director of the days that need to be made up.

CHEER:

15. When practicing stunts, please limit direct contact to 15 minutes cumulatively daily.

GAMEDAY:

16. Balls should be sanitized each half.
17. A hand sanitizing station will be on each sideline.
18. If a child is sick, he will not be allowed to participate.
19. If a game is canceled due to a team not having enough kids due to Covid Protocol, the game will be rescheduled once the team has completed their 7-10 quarantine.

QUARANTINE PROCEDURES:

20. If a team is notified that a participant, volunteer, or family member has tested positive for Covid-19, they must immediately notify FBYFL Executive Director and FBYFL Athletic Director.
21. All participants who were in direct contact with the participant will be notified by the organization and/or the league.
22. When notifying FBYFL Executive Director and Executive Athletic Director of a positive case, the organization is only responsible for identifying the level affected.
23. The participant who has contracted Covid-19 is required to quarantine for a minimum of 5 days and is symptom-free before returning to practice. The participant who has contracted Covid-19 must have a doctor's note or a negative test to return to play.
24. If a volunteer tests positive for Covid-19, the volunteer must quarantine for 5 days and be symptom-free before returning. The organization will be made aware that a volunteer has tested positive for Covid and will be asked to monitor their child's health for the next week.