


Where To Go For Care

<p> SPORTS MEDICINE</p> <p>Talk to your athletic trainer about making an appointment with your UH Team Physician at a location close to home.</p>	<ul style="list-style-type: none"> • Common sports injuries, including hip, knee, shoulder, hand, wrist and foot injuries • Sprains • Strains • Dislocations • Stress Fractures • Fractures • Exercise-induced asthma • Concussions • Nutrition • Sports Psychology
<p> PRIMARY CARE</p> <p>In-office visits for preventive health care and chronic conditions.</p> <p><i>Regular business hours</i></p>	<ul style="list-style-type: none"> • Adult/pediatric care • Annual physicals • Continuum of care • Holistic approach to care • Medication refills, shots and vaccinations • Overall wellness • Point person for your health • Prevention of illness • Routine health screenings and tests
<p> VIRTUAL VISIT</p> <p>Online or mobile consultation when your doctor is unavailable.</p> <p><i>365 days a year</i></p>	<ul style="list-style-type: none"> • Allergies, except severe reactions • Coughs, colds and sore throats • Ear infections • Fever and flu-like symptoms • Migraines • Minor rashes • Skin irritations • Sinus infections • Urinary tract infections (UTI)
<p> CONVENIENT CARE</p> <p>Convenient, walk-in care for common health issues.</p> <p><i>Walk-in care, 6 days a week</i></p>	<ul style="list-style-type: none"> • Allergies, except severe reactions • Bruises • Coughs, colds and sore throats • Ear infections • Fever and flu-like symptoms • Migraines • Minor burns and rashes • Pink eye • Skin irritations • Sinus infections • Urinary tract infections (UTI)
<p> URGENT CARE</p> <p>Same-day care for non life-threatening injuries or illnesses.</p> <p><i>Walk-in care, 7 days a week</i></p>	<ul style="list-style-type: none"> • All convenient care symptoms plus: • Bee stings and insect bites • Cuts • Poison ivy • Sports injuries • Sprains, strains and deep bruises • Suspected broken bones • Work-related injuries
<p> EMERGENCY ROOM</p> <p>Call 9-1-1 if you need immediate medical attention for a severe or life-threatening condition.</p> <p><i>Open 24/7, 365 days a year</i></p>	<ul style="list-style-type: none"> • Abdominal pain • Change in vision • Chest pain or heart attack symptoms • Difficulty breathing • Head trauma • Poisoning • Severe burns • Signs of a stroke (dizziness, weakness, loss of coordination) • Uncontrolled bleeding



SPORTS MEDICINE PLAYBOOK SAINT IGNATIUS

“University Hospitals Sports Medicine is a leader locally and nationally on the care of the athlete. Our sports medicine program has been developed to change the way we care for athletes to prevent injury and improve performance.”
– James E. Voos, MD, Head Physician, Cleveland Browns



Wherever you are,
we are. Play on, CLE.

Know Where To Go In Your Neighborhood

With UH Sports Medicine as the official health care provider for your school, you will benefit from our multifaceted sports medicine approach, direct access to our team and convenient primary care, emergency room and urgent care locations throughout our health system.

UH SPORTS MEDICINE

UH Ahuja Medical Center
Kathy Risman Pavilion
3999 Richmond Road, Suite 200
Beachwood, Ohio 44122

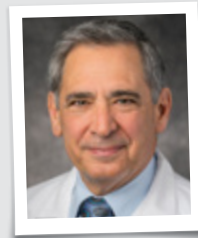
UH Westlake Health Center
960 Clague Road, Suite 3110
Westlake, Ohio 44145

The Center of Orthopedic Surgery, Inc
1 Infinity Corporate Centre Drive
Garfield Heights, Ohio 44125

Team Physician
Donald Goodfellow, MD



Team Physician
Charles LoPresti, MD



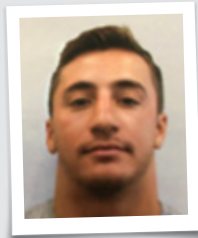
Team Physician
Michael LoPresti, MD



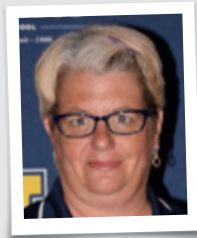
Team Physician
Alan Pantek, MD



Athletic Trainer
Anthony Connacher, ATC



Athletic Trainer
Maureen Sizemore, ATC



216-983-PLAY (7529)

UH PRIMARY CARE

Cleveland

Carla Harwell, MD
8819 Quincy Avenue, Suite 200
216-721-2177

UH Department of Family Medicine and Community Health
11100 Euclid Avenue
Bolwell Suite 1200
216-844-3944

UH Medical Access Clinic
11100 Euclid Avenue
Bolwell B200
216-844-3122

UH Department of Medicine
UH Cleveland Medical Center
11100 Euclid Avenue
216-844-8500

UH Rainbow Center for Women & Children Pediatric Practice
5805 Euclid Avenue
216-844-3971

Cleveland Heights

UH Rainbow Heights Pediatrics
5 Severance Circle, Suite 510
216-553-5050

North Olmsted

UH Westshore Primary Care
26127 Lorain Road, Suite 300
440-777-3500

Rocky River

UH Ohio Medical Group
20006 Detroit Road, Suite 101
440-414-9560

UH Westshore Primary Care
19800 Detroit Road
440-333-1107

Shaker Heights

UH Rainbow Suburban Pediatrics
20220 Farnsleigh Road
216-991-4180

Westlake

UH Family Medicine Specialists
25651 Detroit Road, Suite 304
440-808-8620

UH Ohio Medical Group
29325 Health Campus Drive,
Suite 3
440-414-9400

UH Westlake Family Medicine
960 Clague Road, Suite 2100
440-250-5370

UH Westlake Internal Medicine
960 Clague Road, Suite 3201
440-250-2070

UH VIRTUAL VISIT

UHhospitals.org/VirtualVisit

24/7, 365 days a year



UH CONVENIENT CARE

UH Westshore Primary Care
5323 Hale Street, Suite A
Avon, Ohio 44011

UH URGENT CARE

UH North Olmsted Health Center
26127 Lorain Road, Suite 100
North Olmsted, Ohio 44070

UH Westlake Health Center
960 Clague Road, Suite 1100B
Westlake, Ohio 44145

UH EMERGENCY ROOM

UH Ahuja Medical Center
3999 Richmond Road
Beachwood, Ohio 44122

UH Cleveland Medical Center
11100 Euclid Avenue
Cleveland, Ohio 44106

Marcy R. Horvitz Pediatric Emergency Center
11100 Euclid Avenue
Cleveland, Ohio 44106

UH St. John Medical Center
29000 Center Ridge Road
Westlake, Ohio 44145

UH Westshore Primary Care
26908 Detroit Road, Suite 200
440-250-8660

UH Westshore Primary Care
26908 Detroit Road, Suite 201
440-835-6142

UH Rainbow Comprehensive Pediatrics
2001 Crocker Road, Suite 600
440-871-5100

UH Rainbow Partners in Pediatrics
960 Clague Road, Suite 1850
440-808-9228