



Complete Game Beginner Fastpitch Pitching Program

- Begins Sunday, October 13th and ends Sunday, November 17th
 - Dates: 10/13, 10/20, 10/27, 11/3, 11/10, 11/17
- Choose one hour long training sessions available on Sundays from 3pm-6pm
 - Sundays: 3pm-4pm OR 4pm-5pm OR 5pm-6pm
- Instruction held at Molitor Cages
- Cost: \$175 per player

Complete Game is excited to offer our first beginner (10U/12U) pitching program! The pitching program will be led by Kathryn Proper, a starting pitcher for the St. Kate's softball team and a former standout pitcher at Como Park. Kathryn is also currently the head coach for the 12U MN Moose club softball team. She loves working with young pitchers and has been instructing at the private and group level for three years.

The pitching program is ideal for pitchers with less than 2 years of pitching experience. Players will receive a lot of individual instruction throughout each hour long session. Each time slot will hold up to 4 pitchers and all players will have their own pitching lane, working on drills/skills specific to them. Kathryn will teach the basics of pitching, using drills to emphasize how to grip the ball for proper spin, and general pitching mechanics. Please note all pitchers must provide their own catcher.

To register for the program, please contact Katie Schober at katie.cgfastpitch@gmail.com with your desired time slot.

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