

## **2020 Summer Baseball**

We are excited to have baseball in some capacity beginning on June 22nd or 23rd.. Understand that there are still many restrictions in place. Please read over all of the protocols listed on this document prior to signing the registration form and returning.

Practices will begin either June 22nd or June 23rd and lasting through August 7th. A minimum of three practice times a week for all groups. We are allowed up to 25 players but as of now all restrictions are still in place. Because of this we will limit group size to 10 - 15 players for efficiency. We hope restrictions will loosen more soon and allow us to open up more.

Still as of now, no games are allowed. We are hoping in July we can begin to play intersquad games and possibly against other opponents. Understand that if we do travel, no busses will be in operation this year and parents will be responsible for transporting their kids.

We understand that is not the perfect situation but we are confident we can get things done that will improve baseball skills, build team chemistry, and prepare us for being competitive moving forward.

One requirement each participant will have is they must bring a 5 gallon bucket with their name on it to each practice. See protocols below.

If you feel after reading the protocols that you would like to participate please fill out the registration form attached on the AYBA homepage.

### **2020 Summer Baseball Protocols (Approved by ISD 206 and MSHSL) (Can change at any time)**

#### **Prior to participation**

- #1. Athletes are required to take temperature at home prior to participating.
- #2. Health survey (verbal) or any recent illness or contact with anyone with illness.

#### **Catch/Bullpen**

All players should try their best not to touch a baseball thrown or touched by another player. To help get around this, here are steps to ensure safety.

- During catch each player needs to have two buckets. One bucket with their baseballs and one bucket to place baseballs thrown by another player. When a player catches a baseball thrown by another player, using only their glove, place the baseball in their partner's bucket. After all baseballs have been thrown, each player switches positions running to their bucket of full baseballs and repeats the process till arms are warm.
- These same rules apply during a bullpen session with a catcher and a pitcher.

### **Infield/Outfield drills**

- Drills will be completed similar to the way catch is performed. When hitting ground balls or fly balls each player has their own bucket. After catching each ball or throwing a ball to a partner, their balls must be placed in their individual bucket.
- Example: If a shortstop is taking ground balls, and throws the ball to first base, the player receiving the ball at first base must catch the ball using his glove only, then drop the ball in the "shortstops bucket" without touching the ball. So if 3 players are taking ground balls and throwing to first, 3 buckets are at first base to drop the ball in each player's bucket.
- Stationary or single ball drills will be completed that concentrate on footwork and not throwing. If throwing occurs, paragraph #1 in this section will be followed.

### **Batting Practice**

- Batting practice is only to be thrown by coaches.
- When players are shagging balls they must have a bucket next to them. Each ball they shag must be caught with their glove, never touching the baseball and placed in their bucket with their glove. Each player will bring their bucket in after each round of batting practice and handles will be sanitized each time.
- When players pick up baseballs in a batting cage, gloves must be used to retrieve and place balls in the original bucket.

### **Other/Miscellaneous**

- No athletes allowed in dugouts. All bags and players must be on bleachers on the 3rd base foul line. 6 ft apart. Personal water bottles allowed, no community drinking fountain. One bathroom will be open and sanitized prior to and after each practice.
- Athletes must keep a 6 foot distance from each other as much as possible.
- Hand sanitizer used prior to and after each drill.

- No sharing of equipment whatsoever. If sharing needs to occur all equipment sanitized after each use.
- Groups shall not exceed 9 players and 1 coach or 8 players and 2 coaches. Groups once established will not change until guidelines allow them to. (Changed to 24:1 or 23:2 same restrictions apply)
- Multiple groups of 10 allowed on park at same time just at different locations ( Ex. 2 different batting cages)