



ION INTERNATIONAL TRAINING CENTER GAME DAY PROTOCOL

Games taking place at Ion International Training Center are subject to the below protocols:

In light of Gov. Northam's most recent Amendment to Executive Order 67, the following restrictions are now added to Ion Game Day Protocols:

1. All games set in the Ion rink are limited to 1 spectator per player inside the arena, and those spectators must be distanced a minimum of 10' during games.
2. All spectators in the Arena rink must be distanced a minimum of 10' during games.
3. All groups (tables) inside Lu's Bar and Grill must remain at least 6' from all other parties (tables) at all times. Patrons not actively eating or drinking must wear a mask.
4. Lu's will close at 12:00am, and will not sell or permit consumption or possession of alcohol after 10:00pm.

Otherwise, Ion Protocols (described below) remain unchanged:

LOCKER ROOMS:

- Lockers rooms are NOT AVAILABLE for players to dress for practices and games.
- Hockey bags are NOT PERMITTED inside the rink. The only exception to this rule is for GOALIES, who may bring a bag with their pads, chest protectors, skates, gloves and helmets inside to complete dressing. All other players must arrive in their gear, or change in the parking lot.
- Players may bring skates, sticks, helmets, gloves, and water bottles into the rink and finish dressing in designated Prep Areas (see below).

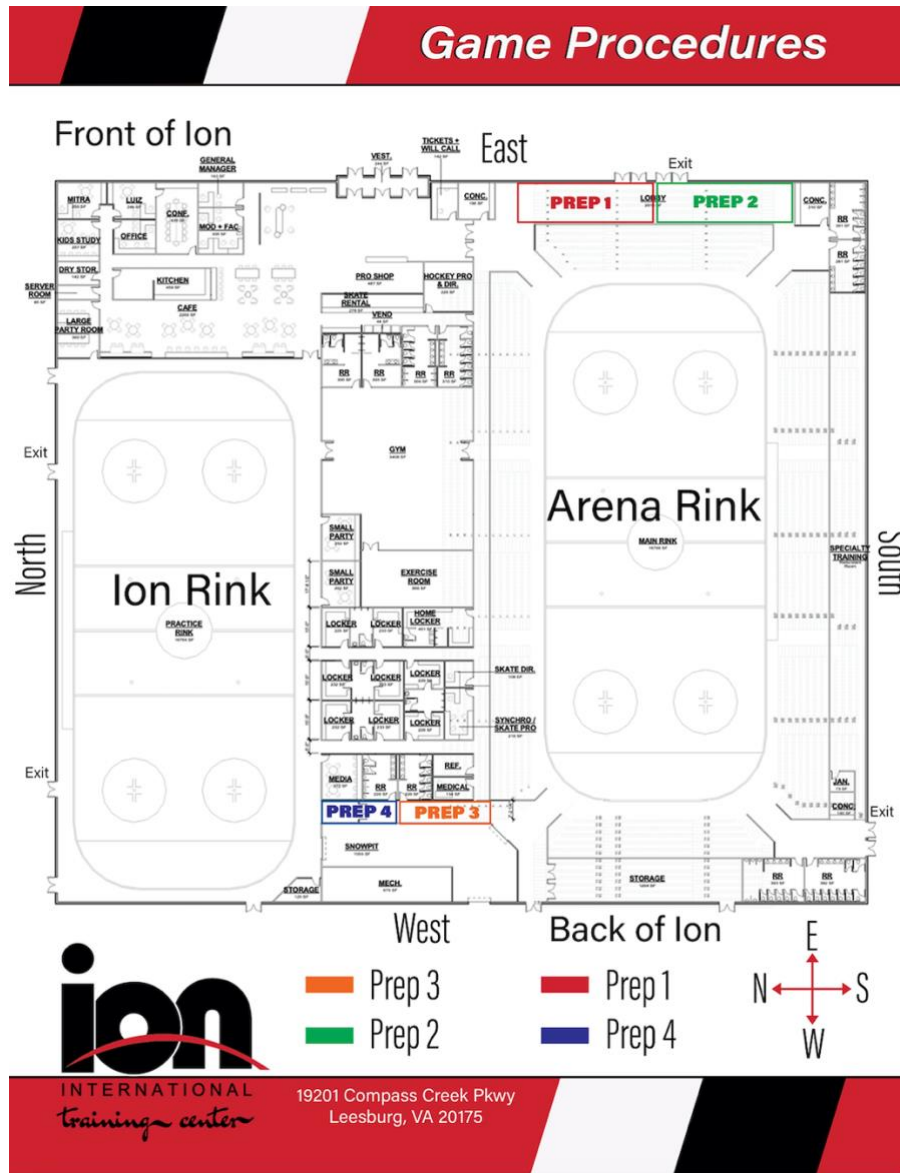
RINK ENTRY PROCEDURES:

All visitors to Ion must comply with the following:

- All players and other visitors must enter through the front door to have their temperature taken. NO EXCEPTIONS. Players or visitors found using side doors, or opening side doors for their teammates must leave the building and will not be permitted to participate in the that day's game. Multiple offenses will result in expulsion from the building.
- Anyone displaying a fever above 100.4 will not be permitted in the building.
- Masks must be worn **at all times** inside the rink unless you are on the ice and engaged in physical activity, or seated to eat or drink at Lu's. Players, coaches, or other visitors who do not follow this rule will be removed from the building.
- Players should enter the rink no sooner than 20 minutes before their scheduled game or practice time. After having their temperature checked, players should proceed to their

designated Prep Area. **It is strongly recommended that coaches and team managers communicate this information to the team in advance of each game.**

- Prep Areas can be used to put on skates, helmets, and gloves, and for coaches to host team meetings, provided players are properly spaced and wearing masks. Parents of younger players (Squirt and under) can use this area to help with skates and equipment. Parents must wear a mask.
- Please refer to the diagram below to understand where to go when you get to the rink (a larger version is attached at the end of this document):



GAME PROCEDURES:

- Teams should wait in their designated Prep Area until the previous game ends, and the players have departed the bench. Teams are then free to move to their designated bench for their game. Please be patient and avoid cross-traffic with players exiting the rink.
- PLAYERS SHOULD TAKE EVERYTHING WITH THEM TO THE BENCH AS THEY WILL NOT RETURN TO THE PREP AREA AFTER THEIR GAME ENDS. *PREP AREAS ARE NOT LOCKER ROOMS*. Clothing and equipment left in a Prep Area may be removed by rink staff.
- Benches are marked for social distancing purposes, and each bench is extended outside the normal bench area to allow players to remain 6 feet apart when they are not on the ice. Players should not sit in areas marked “do not sit” or move chairs in the extended bench area. Players who do not follow these rules will be removed from the building.
- Players should remain in the bench area during ice cuts between period- teams may not return to their Prep Area or locker rooms.
- Helmets and gloves must remain on at all times.
- Players must remain at least 6 feet apart while on the bench, or wear a mask or gaiter. Players and coaches must wear masks or gaiters for any huddle or close contact. Such contact is highly discouraged.
- Players are not required to wear a mask on the ice.
- Coaches must wear masks or gaiters any time they are within 6 feet of a player, fellow coach, referee, or other person involved in the game.
- No more than three coaches may be on the bench or in the bench area at any point during the game.
- SHARING OF WATER BOTTLES IS NOT PERMITTED.
- Players should not share any equipment with other players.
- Post-game handshake lines are not permitted. To honor this great tradition of our game, teams should line up on their respective blue lines facing the other team, and tap their sticks on the ice to celebrate the game.
- PLAYERS ARE NOT PERMITTED TO RETURN TO THEIR PREP AREA AFTER THEIR GAME.
- Please exit the rink as quickly as possible so the bench can be disinfected and the next team can take the bench and start their game on time. We need everyone’s cooperation to avoid delays between games.

COACHES ARE RESPONSIBLE FOR MAKING SURE THEIR PLAYERS FOLLOW THESE RULES.

General COVID-Related Procedures:

COVID-19 Awareness and Management:

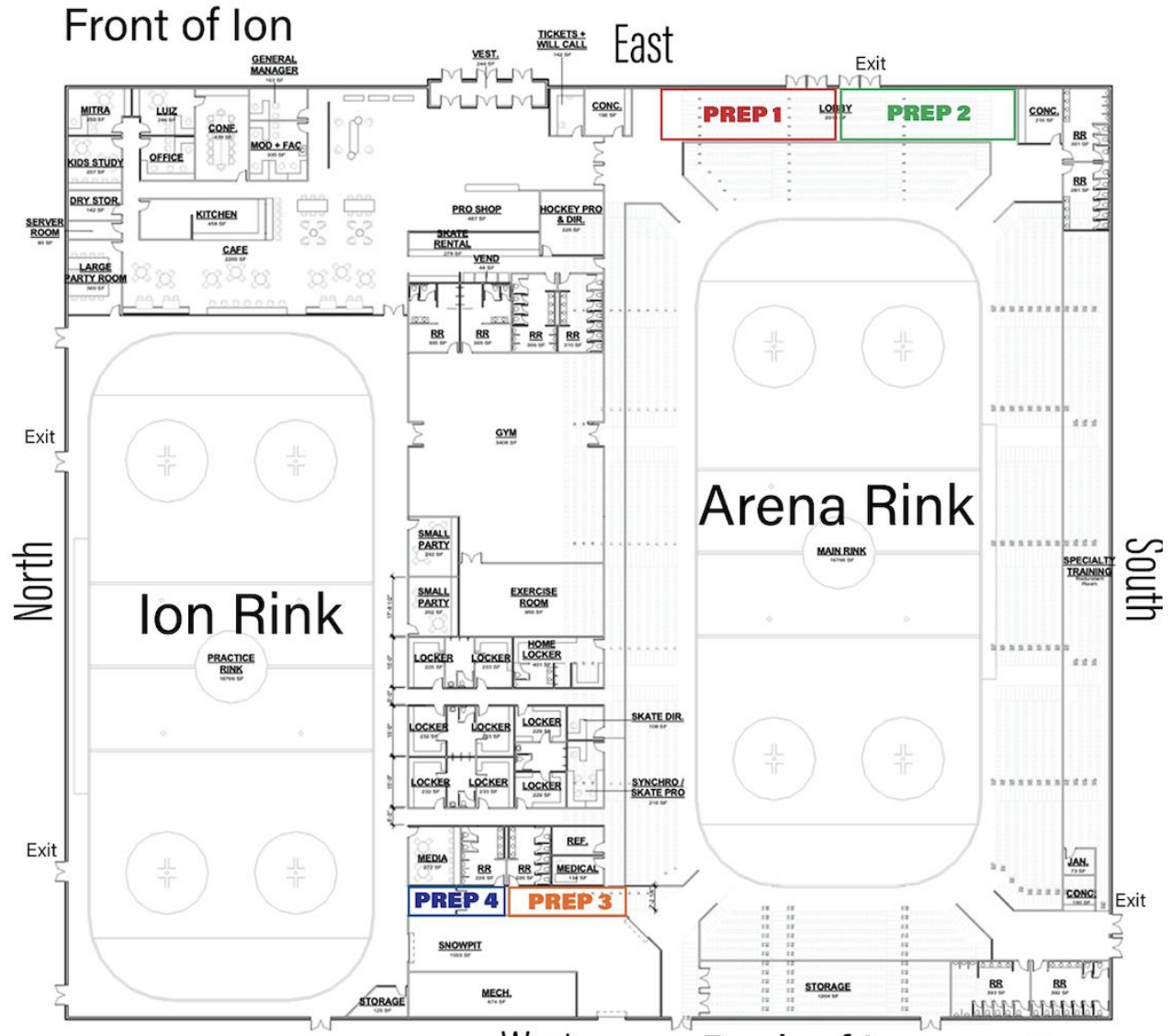
- If you have ANY symptoms associated with COVID-19, you may not enter the building. Please stay home.

- If you have tested positive (whether or not you have symptoms related to COVID-19), or otherwise been diagnosed with COVID-19, you may not enter the building until cleared by a qualified medical professional.
- If you know, believe, or suspect that you have been exposed to COVID-19, or come in to contact with a person infected by COVID-19, you should self-isolate, and may not enter the building until 14-days have passed in which you are symptom free.
- Players and skaters displaying COVID-19 symptoms or other signs of illness should immediately be removed from the ice and sent home.
- Each coach must have an emergency contact number for each of their students or players on their team. If a skater or player must be removed, immediately notify the player's parents, and make sure the player is isolated but observed until a parent arrives to take the player home.

Each coach, volunteer, player, family, or other participant must decide for themselves whether or not to participate in activities knowing that until COVID-19 is either eradicated, a vaccine is developed, or a cure is found, there is no way of completely eliminating the risk of infection. Educate yourself as to the risks involved, make informed choices, and above all do everything you possibly can to stay safe.

All of these procedures are for your safety, and the safety of those around you. And just as importantly, they are necessary if we want to keep playing hockey this season. If we work together, we'll have a great season!

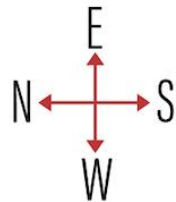
Game Procedures



INTERNATIONAL
training center

Prep 3
Prep 2

Prep 1
Prep 4



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