



Official Rules and Casebook of

ICE HOCKEY

THE OFFICIAL RULES AND CASEBOOK OF ICE HOCKEY



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USA Hockey is the National Governing Body for the sport of ice hockey in the United States.

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PREFACE

Points of Emphasis

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Points of Emphasis 2025 Through 2029 Seasons

The goal of USA Hockey is to promote a safe and positive playing environment for all participants while continuing to focus on skill development and enjoyment of the sport. All officials, coaches, players, parents, spectators and volunteers are encouraged to observe these "Points of Emphasis" when participating in the sport of ice hockey.

Fair Play and Respect

Fair play and respect are the backbone of any successful amateur sports program. In order for a positive environment to be created, it is imperative that all participants and spectators have respect for all players, coaches, officials, administrators, spectators and the sport of hockey. Hockey is a game demanding high levels of concentration and skill. Taunting or unsportsmanlike conduct directed at opponents or officials will not be tolerated.

USA Hockey does not tolerate any abusive behavior, including racial and other derogatory slurs directed at players, coaches and officials. All participants are reminded that any language that is hateful or discriminatory in nature will be penalized with an automatic match penalty.

Abuse of officials is a continuing problem at all levels of play, and as a result the retention of officials in all youth sports has become a significant issue that affects the quality and number of available officials. USA Hockey is committed to taking a leadership role in this area and has in place a Zero Tolerance Policy towards unsportsmanlike behavior. Officials are required to strictly enforce all actions that are deemed to be abusive in nature in an effort to change the culture of what is deemed to be acceptable behavior when it comes to respect for officials.

Player Safety

Intimidation tactics have no place in ice hockey. These tactics include any contact to the head of the opponent, checking from behind and late body checks to an opponent who is no longer in control of the puck. Officials are instructed to enforce these rules to a high standard and assess the appropriate penalty when these actions occur. In addition, officials are expected to strictly enforce any avoidable contact occurring after the whistle – including during scrum situations around the goal.

In Competitive Contact categories, legal competitive contact shall be allowed and players allowed to compete using proper body position skills. However, any deliberate body checks shall be penalized accordingly. If a body check is delivered for the purpose of intimidation, punishment or to a vulnerable or defenseless opponent, a major plus game misconduct penalty should be assessed to the offending player.

In Body Checking categories, the primary focus of the check shall be to gain possession of the puck and officials should strictly penalize any illegal actions such as boarding, charging, cross checking, and a late body check to a player who is no longer in control of the puck.

The responsibility is on the player delivering the check to avoid forceful contact (minimize impact) to a vulnerable or defenseless player who is no longer in control of the puck.

Proper body checking technique starts with stick on puck, therefore the stick blade of the player delivering the check must be below the knees

Players are encouraged to develop a deep sense of respect for all (opponents and officials) while endeavoring to enjoy the sport and improve their playing ability. Each player is expected to use proper skill and technique when engaging in any type of physical contact.

Coaches are responsible for instructing their players to play the sport in a safe and sportsmanlike manner. To that end, coaches are directed to teach only those skills necessary to allow for proper and legal competitive contact.

Officials should be diligent and confident when officiating the sport. Each official should enforce all playing rules fairly and respectfully with the safety of the players and the best interest of the game in mind. Players must be held accountable for dangerous and illegal actions with the proper enforcement of the rules at all times.

Spectators are encouraged to support their teams while showing respect for all players, coaches, officials and other spectators.

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Standard of Play and Rule Emphasis

USA Hockey will continue to observe the Standard of Play and Rule Emphasis for restraining fouls adopted in June 2006. The goal is to reduce restraining infractions in the game, allowing the skill levels of the participants to determine the outcome of a game and to increase participant enjoyment.

USA Hockey will also continue to emphasize the Body Checking Standard of Play and Rule Emphasis adopted in 2011 as part of its effort to create a safe environment for all participants. The goal is to enhance player skill development by eliminating intimidating infractions designed to punish the opponent. Proper enforcement of this standard will improve the proper skill of legal body checking or legal competitive contact at all levels of play.

Conclusion

Hockey should be enjoyed by all participants. To that end, all participants and spectators should observe a level of personal behavior that demonstrates respect for all. USA Hockey will continue to increase awareness among all officials and coaches with regard to these Points of Emphasis and the Standard of Play and Rule Enforcement.

Declaration of Player Safety, Fair Play & Respect

USA Hockey is committed to creating a safe and fair environment for all participants. Respect for the game, opponents, coaches and officials is a critical part of the environment that is created and it covers several different aspects of sportsmanship and fair play. This initiative will encourage a change in culture as to what is considered to be acceptable/unacceptable body checking and competitive contact at all levels of play.

The following is not designed to replace our current rules/definitions, but instead is intended to clarify and update the existing rules/ definitions to emphasize the key points to more clearly outline what is deemed acceptable and unacceptable behavior. Video examples can be found online at usahockey.com/declaration. Please review the materials thoroughly so you can play a positive role in making our game safer.

Competitive Contact

Competitive Contact – competitive contact is body contact between two or more skaters who are in the immediate vicinity of the puck and who are in the normal process of playing the puck. These skaters are reasonably allowed to lean into each other provided possession of the puck remains the sole object of the contact. Competitive contact is encouraged in all age classifications of play within USA Hockey and provides the foundation for the skills necessary to advance to Body Checking classifications. Acceptable examples of competitive contact include:

Angling is a legal defensive skill used to direct/control the puck carrier to an area that closes the gap and creates an opening that is too small for the puck carrier.

Physical Engagement is when two players who are in pursuit of the puck are allowed to reasonably lean into each other provided that possession of the puck remains the sole objective of the two players.

Collisions occur when players are allowed to maintain their established position on the ice. A player shall not be penalized if the intention is to play the puck and in so doing causes a collision with an opponent. No player is required to move out of the way of an oncoming player to avoid an impact.

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Body Checking

A body check represents intentional physical contact, from the front, diagonally from the front or straight from the side, by a skater to an opponent who is in control of the puck. The opposing player's objective is to gain possession of the puck with a legal body check and NOT to punish or intimidate an opponent.

Legitimate body checking must be done only with the trunk of the body (hips and shoulders) and must be above the opponent's knees and at or below the opponent's shoulders. The use of the **hands**, **forearm**, **stick or elbow** in delivering a body check is unacceptable and not within the guidelines of a legal body check.

The primary focus of a body check is to gain possession of the puck and proper body checking technique starts with **stick on puck**, therefore the stick blade of the player delivering the check must be below the knees.

USA Hockey reminds coaches and players that these requirements are the responsibility of the player delivering the body check. Under no circumstance is it acceptable to deliver a body check to a **vulnerable or defenseless** opponent, an opponent who is not in control of the puck or to use the hands, stick, forearm or elbow in delivering a check to an opponent.

Vulnerable or Defenseless – a skater is considered to be in a vulnerable or defenseless position when unaware, unprepared, or unsuspecting of an impending hit.

Infractions that occur as a result of a body check delivered to a vulnerable or defenseless player must be penalized under the boarding, charging, checking from behind, head contact or roughing rules. When done in a dangerous, careless or reckless (unacceptable) manner where the player delivering the check has made no effort to play the puck, the **major plus game misconduct or match penalty** provisions of these rules must be assessed.

When two or more players are **physically engaged** for control of the puck along the boards, they are considered to be **vulnerable or defenseless**. Any body check delivered by a skater to an opponent who is **physically engaged** with another skater is considered dangerous, careless or reckless (unacceptable) and must be penalized accordingly.

Late Avoidable Body Check – any avoidable check delivered to a player who is no longer in control of the puck. An avoidable check is when the player delivering the check has an opportunity to avoid contact or minimize contact, once it is realized the opponent no longer has control of the puck.

The concept of "finishing the check" is an unacceptable action as it is one that is meant to intimidate or punish the opponent with no intent to gain possession of the puck. The responsibility is on the player delivering the check to avoid forceful contact (minimize impact) to a **vulnerable or defenseless** player who is no longer in control of the puck.

COMPETITIVE CONTACT CATEGORY

Non-check hockey does not mean no contact and the Competitive Contact Category game can be very physical. **USA Hockey** strongly encourages legal competitive contact to occur in all age classifications as part of the skill progression that teaches legal body checking.

When determining whether a body check has occurred, the official must focus on whether the player is attempting to play the puck and whether there is any overt hip, shoulder or forearm action used to initiate contact and separate the opponent from the puck.

Legal **competitive contact** occurs when players are focused on gaining possession of the puck and are simply maintaining legally established body position. This most often occurs when two players are **physically engaged** in front of the goal or along the boards.

Legal **competitive contact** also commonly occurs when a player has established an angle on the opponent and closes the gap to create an opening that is too small for the puck carrier. Additional acceptable forms of **competitive contact** include:

- A skater is entitled to the ice they occupy so long as they
 maintain their skating speed and body position between an
 opponent and the loose puck.
- A skater is entitled to stand their ground and is not required to move if an opponent wishes to skate through that area of the ice.
- A skater may block an opponent so long as they are in front of the opponent and moving in the same direction.
- A skater can use their body position while maintaining their skating lane, to force an opponent to take a less direct route to the puck, so long as they do not use a hand or arm to hold or block the opponent.

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BODY CHECKING CATEGORY

It is USA Hockey's intent to create a safe environment for players to be able to develop their skills – including body checking in age appropriate classifications – while also being able to physically compete within the rules.

A player delivering a check to a **vulnerable or defenseless** player, who is not in control of the puck, will be assessed a penalty for roughing. Officials are to pay particular attention to these examples when applying this rule. These are intended as a guide and include, but are not limited to, the following:

- A player who is dangerous, careless or reckless (unacceptable) in delivering a check.
- A player who anticipates an opponent gaining possession or control of the puck but who makes contact with the opponent before possession or control occurs.
- A player who delivers a late avoidable check to an opponent who has released a shot or pass and is no longer in control of the puck.
- The use of the hands, forearm, stick or elbow in delivering a body check OR making contact with the opponent after the whistle. If contact is made above the shoulders, this action must be penalized as head contact. This includes any contact that occurs as part of a scrum situation after play has been stopped.
- Two skaters who use competitive contact for position as they skate to a loose puck are within their rights to do so, unless one uses their stick, arm, or skates to obstruct the opponent's ability to skate to the puck.

Unsportsmanlike Conduct

A bench minor penalty for unsportsmanlike conduct shall be assessed to any team whose players or team officials commit the following actions while on the players' bench:

 Banging the boards with a stick or other object, including skates or arms, after a body check regardless as to whether the check is being penalized. It is deemed to be unsportsmanlike conduct and should be penalized when done as a means of escalating dangerous and/or unnecessary physical play where there is no intent to legally gain possession of the puck.

SUMMARY

All USA Hockey members must demonstrate awareness and support for the application, spirit and the respect of the rules in order for continued improvement in the game of hockey.

Coaches are expected to teach proper skills and hold their players accountable for illegal and dangerous actions, regardless as to whether they are properly penalized, or not.

Parents are expected to support the decisions of the officials and support the coaches in teaching the proper skills in a safe and positive environment.

Officials shall enforce a strict penalty standard according to the guidelines that have been established.

Players are expected to compete within the playing rules.

Administrators are expected to hold players, coaches, officials and parents accountable for their actions in an effort to promote a safe and positive environment for all participants.

All members of USA Hockey share an equal responsibility to ensure the integrity of the game is upheld. The onus to incorporate change is not only on the officials, but also on administrators, coaches, parents and players, as well.

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Standard of Play and Rule Emphasis - Body Checking

Through the standard of rules enforcement, our game will continue to allow the opportunity for improved skill development and a more positive hockey environment for all participants. This initiative will result in greater emphasis on skating, puck possession and the proper use of the body to establish position and legally gain a competitive advantage.

The goal of the enforcement standard is to create an environment that enhances player skill development by reducing intimidating infractions designed to punish the opponent. This standard is designed to improve the proper skill of legal body checking or competitive contact at all levels of play and will not remove the physical component from the game. A player using a body check or competitive contact/ body position (competitive contact categories) to gain a competitive advantage over the opponent should not be penalized as long as it is performed within the rules. The focus of the body check must be to gain possession of the puck.

The principles of this enforcement standard include the following:

- The purpose of a body check is to gain possession of the puck.
- Proper body checking technique starts with stick on puck, therefore the stick blade of the player delivering the check must be below the knees.
- Only the trunk (hips to shoulders) of the body shall be used to deliver a body check.
- The check must be delivered to the trunk (hips to shoulders) and directly from in front or the side of the opponent.
- Players who use their physical skills and/or anticipation and have a positional advantage shall not lose that advantage provided they physically engage with the opponent within the rules.
- Players will be held accountable for acts of an intimidating or dangerous nature.
- The onus is on the player delivering the check to avoid placing a vulnerable or defenseless opponent in danger of potential injury.

Enforcement Standard – These penalties are to be called with very strict enforcement.

BODY CHECKING (Competitive Contact Categories)

A player cannot deliver a body check to any player while participating in a competitive contact category. Examples include:

- Making intentional physical contact with an opponent with no effort to legally play the puck.
- Using overt hip, shoulder or forearm contact with the opponent to physically force them off the puck.
- Physically impeding the progress of the opponent with hips, shoulders or torso without establishing competitive contact and making no attempt to gain possession of the puck.

BOARDING

A player cannot commit any infraction, including body checking, for the purpose of intimidation or punishment that causes their opponent to go dangerously or excessively into the boards. Examples include:

- Accelerating through the check to a player who is in a vulnerable or defenseless position off of the boards resulting in the opponent going dangerously into the boards.
- Driving an opponent excessively into the boards with no intent to gain possession of the puck.
- Any other infraction (tripping, cross-checking, charging etc.) that causes the opponent to go dangerously and excessively into the boards.

CHARGING

A player cannot take more than two strides or travel an excessive distance to accelerate through a body check for the purpose of punishing the opponent. Examples include:

- Running or jumping into the opponent to deliver a check.
- Accelerating through a check for the purpose of punishing the opponent.
- Skating a great distance for the purpose of delivering a check with excessive force.

CHECKING FROM BEHIND

A player cannot deliver a body check to an opponent directly from behind, or diagonally from behind. The onus is on the player delivering the check to not hit from behind. Examples include:

 Body checking or pushing an opponent from behind directly into the boards or goal frame or in open ice.

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CROSS-CHECKING

A player cannot use the shaft of the stick between the two hands to forcefully check an opponent with no portion of the stick blade on the ice. Examples include:

- When a player in front of the goal uses the shaft of the stick and extension of the arms to contact an opponent in a dangerous manner to create space.
- When a player uses the shaft of the stick and extension of the arms to contact an opponent in a dangerous manner who is protecting the puck along the boards.

HEAD CONTACT

A player cannot contact an opponent in the head, face or neck, including with the stick or any part of the players body or equipment. The onus is on the player delivering the check, regardless as to size differential, to not make contact in the head/neck area of the opponent. Examples include:

- When a body check is delivered with any part of the body that makes direct contact with the head or neck area.
- Use of the forearm or hands to deliver a check to the head or neck area of the opponent.

KNEEING

A player cannot lead with or extend their knee outwards for the purpose of making contact, or attempting to do so, with the opponent. Examples include:

- Extending the leg or knee to make direct leg-on-leg contact with the opponent.
- Extending the leg or knee while executing an oncoming body check where the primary point of contact is the opponent's knee or leg.

ROUGHING

A player cannot use the hands, stick or extension of the arms to body check an opponent or deliver a late body check to a player who is not in control of the puck. Examples include:

- Intentionally physically engaging with an opponent who
 does not have possession or control of the puck or when
 there is no effort to gain possession of the puck.
- Delivering a late check to a player who has already relinquished control of the puck by a pass or shot. This is oftentimes referred to as "finishing" the check.
- Any avoidable contact after the whistle shall be penalized strictly, including scrum situations around the goal or along the boards. Officials are instructed to assess an additional

penalty to those players acting as the aggressor or who instigates any contact after the whistle.

SUMMARY

All USA Hockey members must demonstrate awareness and support for the application, spirit and the respect of the rules in order for continued improvement in the game of hockey. At the same time, it is important to remember that:

- A player is entitled to use proper body position and competitive contact in all age classifications in order to gain a competitive advantage.
- Players are allowed to physically engage with an opponent using their strength and balance as long as their primary focus is to gain possession of the puck.
- In classification where body checking is allowed, the focus of the body check must be to gain possession of the puck.
- Proper body checking technique starts with stick on puck, therefore the stick blade of the player delivering the check must be below the knees.

Standard of Play and Rule Emphasis - Restraining Fouls

Through the standard of rules enforcement, our game will continue to allow the opportunity for improved skill development and a more positive hockey environment for all participants. The mission of USA Hockey is clear, through this initiative a greater emphasis will be placed on skating, puck possession and proper use of the body to establish position and a competitive advantage.

The goal of the enforcement standard is to reduce restraining infractions in the game and not to remove legal body checking or competitive contact. A body check or using competitive contact/ body position (competitive contact categories) to gain a competitive advantage over the opponent should not be penalized as long as it is performed within the rules.

The principles of the continued enforcement standard include the following:

- The use of the stick will be limited to only playing the puck, and therefore, the stick blade should be below the knees when involved in any physical engagement.
- The stick will not be allowed to in any way impede a player's progress.
- The use of a free hand/arm will not be allowed to grab or impede a player's progress.

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- Players who use their physical skills and/or anticipation and have a positional advantage shall not lose that advantage as a result of illegal acts by the opponent.
- Players will be held accountable for acts of an intimidating or dangerous nature.

Enforcement Standard – These penalties are to be called with very strict enforcement.

HOOKING

A player cannot use their stick against an opponent's body (puck carrier or non-puck carrier) to gain a positional advantage. Examples include:

- Using the stick to tug or pull on the body, arms or hands of the opponent which causes the space between the players to diminish.
- Placing the stick in front of the opponent's body and locking on – impeding the opponent's progress or causing a loss of balance.
- Placing the stick on the hand/arm that takes away the ability for the opponent to pass or shoot the puck with a normal amount of force.

TRIPPING

A player cannot use their stick on the legs or feet of an opponent in a manner that would cause a loss of balance or for them to trip or fall. Examples include:

- Placing the stick in front of the opponent's legs for the purpose of impeding progress, even if on the ice, with no effort to legally play the puck.
- Placing the stick between the legs of the opponent (can opener/corkscrew) that causes a loss of balance or impedes the progress of the opponent.

HOLDING

A player cannot wrap their arms around an opponent or use a free hand to clutch, grab or hold the stick, jersey or body on the opponent in a manner that impedes their progress. Examples include:

- Wrapping one or both arms around the opponent along the boards in a manner that pins them against the boards and prevents them from playing the puck or skating.
- Grabbing the opponent's body, stick or sweater with one or both hands.
- Using a free arm/hand to restrain or impede the opponent's progress.

INTERFERENCE

A player cannot use their body ("pick" or "block") to impede the progress of an opponent with no effort to play the puck, maintain normal foot speed or established skating lane. Examples include:

- Intentionally physically engaging with an opponent who does not have possession or control of the puck.
- Using the body to establish a "pick" or "block" that prevents an opponent from being able to chase a puck carrier.
- Reducing foot speed or changing an established skating lane for the purpose of impeding an opponent who is in pursuit of the puck.

SLASHING

The use of the stick will be limited to only playing the puck. Any stick contact, as a result of a slashing motion, to the hands/ arms or body of the opponent will be strictly penalized. In addition, hard slashes to the upper portion of the stick (just below the hands) of an opponent, with no attempt to legally play the puck, shall also be penalized.

SUMMARY

All USA Hockey members must demonstrate awareness and support for the application, spirit and the respect of the rules in order for continued improvement in the game of hockey. At the same time, it is important to remember that:

- Players are entitled to the ice they occupy as long as they are able to maintain their own foot speed and body position between opponent and puck.
- Players are allowed to physically engage with an opponent using their strength and balance as long as their primary focus is to gain possession of the puck.

For Casebook situations and interpretations that are specific to USA Hockey's Standard of Play and Rule Emphasis initiative, please refer to Appendix VI of the Official Playing Rules Book.

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Philosophy of Youth/Girls' Hockey

The USA Hockey mission statement for its Youth and Girls'
Programs is as follows: To provide an innovative grassroots foundation for the growth and development of USA Hockey, designing programs aimed at increased participation, improved skills and a responsible environment for the conduct of youth hockey.

The American Development Model (ADM), which includes programs at all levels, is the basis for youth hockey in the United States. It provides:

- A safe and healthy environment for all.
- An opportunity for all new players who wish to play hockey.
- Fair and equal opportunity for all to participate in our sport.
- An opportunity to learn the basic skills without an overemphasis on winning.
- A philosophy which attempts to reduce the number who become disenchanted.
- An opportunity for those who wish to advance in a more competitive environment to do so.
- Qualified adult leadership.

USA Hockey recommends:

- Scoring records should be de-emphasized at the age of 11 & under.
- Awards should be inexpensive and based on significant achievement. The most gratifying award any player can receive is the joy that comes from skill development that contributes to team success.
- The recruitment of players on a widespread geographic basis for the establishment of youth division "travel teams" (beginning at 13-Only and 14U) may be pursued under the guidelines established by USA Hockey.
- It is recommended that adult volunteers place a primary emphasis on the formal education of players and a de-emphasis on excessive competition and a win-at-all-costs attitude in the youth age classifications.
- Sportsmanship at all times should be emphasized.

Codes of Conduct

Administrator's Code of Conduct

- Follow the rules and regulations of USA Hockey and your association to ensure that the association's philosophy and objectives are enhanced.
- Support programs that train and educate players, coaches, parents, officials and volunteers.
- Promote and publicize your programs; seek out financial support when possible.
- Communicate with parents by holding parent/player orientation meetings as well as by being available to answer questions and address problems throughout the season.
- Work to provide programs that encompass fairness to the participants and promote fair play and sportsmanship.
- Recruit volunteers, including coaches, who demonstrate qualities conducive to being role models to the youth in our sport.
- Encourage coaches and officials to attend USA Hockey clinics and advise your board members of the necessity for their training sessions.
- Make every possible attempt to provide everyone, at all skill levels, with a place to play.
- Read and be familiar with the contents of the USA Hockey Annual Guide and USA Hockey's official playing rules.
- Develop other administrators to advance to positions in your association, perhaps even your own.

Coach's Code of Conduct

- Winning is a consideration, but not the only one, nor the most important one. Care more about the child than winning the game.
 Remember, players are involved in hockey for fun and enjoyment.
- Be a positive role model to your players. Display emotional maturity and be alert to the physical safety of players.
- Be generous with your praise when it is deserved; be consistent and honest; be fair and just; do not criticize players publicly; learn to be a more effective communicator and coach; don't yell at players.
- Adjust to personal needs and problems of players; be a good listener; never verbally or physically abuse a player or official; give all players the opportunity to improve their skills, gain confidence and develop self-esteem; teach players the basics.

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- Organize practices that are fun and challenging for your players.
 Familiarize yourself with the rules, techniques and strategies of hockey; encourage all your players to be team players.
- Maintain an open line of communication with your players' parents. Explain the goals and objectives of your association.
- Be concerned with the overall development of your players.
 Stress good health habits and clean living.
- To play the game is great, to love the game is greater.

Game Official's Code of Conduct

- Act in a professional and businesslike manner at all times and take your role seriously.
- Strive to provide a safe and sportsmanlike environment in which players can properly display their hockey skills.
- Know all playing rules, their interpretations and their proper application.
- Remember that officials are teachers. Set a good example.
- Make your calls with quiet confidence; never with arrogance.
- Manage and help to control games in cooperation with the coaches to provide a positive and safe experience for all participants.
- Violence must never be tolerated.
- Be fair and impartial at all times.
- · Answer all reasonable questions and requests.
- Adopt a "zero tolerance" attitude toward verbal or physical abuse.
- Never use foul or vulgar language when speaking with a player, coach or parent.
- Use honesty and integrity when answering questions.
- · Admit your mistakes when you make them.
- Never openly criticize a coach, player or fellow official.
- Keep your emotions under control.
- Use only USA Hockey-approved officiating techniques and policies.
- Maintain your health through a physical conditioning program.
- Dedicate yourself to personal improvement and maintenance of officiating skills.
- Respect your supervisor and their critique of your performance.

Parent's Code of Conduct

- Do not force your children to participate in sports, but support their desires to play their chosen sports. Children are involved in organized sports for their enjoyment. Make it fun.
- Encourage your child to play by the rules. Remember, children learn best by example, so applaud the good plays of both teams.
- Do not embarrass your child by yelling at players, coaches or officials. By showing a positive attitude toward the game and all of its participants, your child will benefit.
- Emphasize skill development and practices and how they benefit your young athlete. De-emphasize games and competition in the lower age groups.
- Know and study the rules of the game and support the officials on and off the ice. This approach will help in the development and support of the game. Any criticism of the officials only hurts the game.
- Applaud a good effort in both victory and defeat, and enforce the
 positive points of the game. Never yell or physically abuse your
 child after a game or practice it is destructive. Work toward
 removing the physical and verbal abuse in youth sports.
- Recognize the importance of volunteer coaches. They are important to the development of your child and the sport. Communicate with them and support them.
- If you enjoy the game, learn all you can about hockey and volunteer.

Player's Code of Conduct

- · Play for fun.
- Work hard to improve your skills.
- Be a team player get along with your teammates.
- Learn teamwork, sportsmanship and discipline.
- Be on time.
- Learn the rules and play by them. Always be a good sport.
- Respect your coach, your teammates, your parents, opponents and officials.
- · Never argue with an official's decision.

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Spectator's Code of Conduct

- Display good sportsmanship. Always respect players, coaches and officials
- Act appropriately; do not taunt or disturb other fans; enjoy the game together.
- · Cheer good plays of all participants; avoid booing opponents.
- Cheer in a positive manner and encourage fair play; profanity and objectionable cheers or gestures are offensive.
- Help provide a safe and fun environment; throwing any items on the ice surface can cause injury to players and officials.
- Do not lean over or pound on the glass; the glass surrounding the ice surface is part of the playing area.
- Support the referees and coaches by trusting their judgment and integrity.
- Be responsible for your own safety be alert to prevent accidents from flying pucks and other avoidable situations.
- Respect locker rooms as private areas for players, coaches and officials.
- Be supportive after the game win or lose. Recognize good effort, teamwork and sportsmanship.

Zero Tolerance Policy

USA Hockey is committed to creating a safe and fair environment for all participants. Respect for the game, the opponents, coaches and officials is a critical part of the environment that is created. This Zero Tolerance Policy summarizes required actions to be taken when violations occur.

All players, coaches, officials, team officials and administrators and parents/spectators are required to maintain a sportsmanlike and educational atmosphere before, during and after all USA Hockey-sanctioned games. Thus, the following points of emphasis must be implemented by all USA Hockey participants and spectators.

Players

A minor penalty for unsportsmanlike conduct (zero tolerance) shall be assessed whenever a player:

- 1) Openly disputes or argues any decision by an official.
- 2) Taunts or incites an opponent.
- 3) Visually creates a disturbance during the game.

Any time that a player persists in any of these actions, they shall be assessed a misconduct penalty. A game misconduct shall result if the player continues such action.

Coaches

A minor penalty for unsportsmanlike conduct (zero tolerance) shall be assessed whenever a coach:

- 1) Openly disputes or argues any decision by an official.
- Uses obscene, profane or abusive language to anyone at any time.
- 3) Visually displays any sign of dissatisfaction with an official's decision including standing on the boards or standing in the bench doorway with the intent of inciting the officials, players or spectators.

Any time that a coach persists in any of these actions, they shall be assessed a game misconduct penalty.

In addition, any player/coach who uses language that is hateful or discriminatory in nature anywhere in the rink before, during or after the game shall be penalized under Rule 601(e.3) resulting in a match penalty. Such behavior is reprehensible and has absolutely no place in our game. The offender shall be immediately suspended until a hearing is conducted by the governing USA Hockey Affiliate or Junior League.

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Officials

Officials are required to conduct themselves in a businesslike, sportsmanlike, impartial and constructive manner at all times. The actions of an official must be above reproach. Actions such as "baiting" or inciting players or coaches are strictly prohibited.

Officials are strongly encouraged to introduce themselves to the coaches prior to the game to establish a basis of mutual respect and to facilitate/define in-game communication.

Officials are ambassadors of the game and must always conduct themselves with this responsibility in mind.

Parents/Spectators

Parents are expected to be a positive role model by treating all players, coaches, officials and fellow spectators with respect and support.

The game will be stopped by game officials when parents/ spectators displaying inappropriate and disruptive behavior interfere with other spectators or the game. The game officials will identify violators to the coaches for the purpose of removing parents/spectators from the spectator's viewing and game area. Once removed, play will resume. Lost time will not be replaced and violators may be subject to further disciplinary action by the local governing body. This inappropriate and disruptive behavior shall include:

- Use of obscene, profane or abusive language to anyone at any time.
- 2) Taunting of players, coaches, officials or other spectators by means of baiting, ridiculing, threat of physical violence or physical violence.
- Throwing of any object in the spectators viewing area, players bench, penalty box or on ice surface, directed in any manner as to create a safety hazard.

USA Hockey strongly recommends that each local youth hockey registered team designate a volunteer to serve as a parent/spectator monitor during all team games. This monitor will, ideally, address inappropriate spectator behavior prior to the situation escalating to the point it has an impact on the game. This designated monitor shall have the full support of the youth hockey association and the arena management to remove any spectator in violation of the Zero Tolerance Policy.

Administrators

Administrators are the key to building a positive, growing and safe USA Hockey community. Create a culture that is:

- 1) Welcoming
- 2) Protected
- 3) Respected
- 4) Connected
- 5) Valued

Administrators are responsible for enforcing the rules and policies established and approved by USA Hockey, their Affiliate, and their Association or Club. This includes taking disciplinary action, as deemed appropriate, towards any parent/spectator removed from a game as a result of a violation of the Zero Tolerance Policy.

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Standardized Discipline Policy - Match Penalties

USA Hockey has established suspension range recommendations for match penalties. These suspension ranges shall serve as a means to create consistency in the application of suspensions involving players or team officials assessed match penalties. The following procedure shall be followed by the proper authorities as determined by the Affiliate in each instance when a match penalty is assessed.

(Note) Any match penalty assessed under Rule 601(e.1) (Physical Assault of Official) is excluded from this policy. Original jurisdiction in any hearing resulting from a match penalty assessed under Rule 601(e.1) (Physical Assault of Official) shall reside with the Affiliate and is governed by USA Hockey's "Resolutions of Disputes, Arbitration and Suspensions" section of the current USA Hockey Annual Guide.

When a match penalty has been assessed, the official(s) will submit the required incident report to the proper authorities as determined by the Affiliate. The proper authorities as determined by the Affiliate will designate an individual who shall review the report and make a preliminary determination of one of the following:

1) The incident report is accurate, and the proper application of the rule(s) has been implemented. The action warrants the suspension as outlined in the policy. The offending party is then notified of this finding and offered the opportunity to accept the suspension or reject the decision and request a hearing. If a hearing is requested, the hearing shall be offered in accordance Playing Rule 405(c) and with Bylaw 10D (Suspension Hearings/ Domestic Competition Playing Rules).

(Note) If the offending party requests a hearing under this section, the hearing body may, as a result of that hearing, reduce the suspension, maintain the suspension or increase the suspension imposed.

- or –
- 2) The incident report was determined to be inaccurate (misapplication of the rule(s) or wrong player identified), in which case the matter shall be turned over to the proper authorities as determined by the Affiliate for further review.
 - or -

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3) The incident report is accurate, and the proper application of the rule(s) has been implemented. However, the action and/or history warrants further disciplinary review. The proper authorities as determined by the Affiliate shall notify the offending party that a hearing shall be conducted in accordance with Playing Rule 405(c) and Bylaw 10D (Suspension Hearings/Domestic Competition Playing Rules).

In all instances where a player or team official has been suspended for a period of time as a result of a match penalty, the player or team official shall be prohibited from participating in all USA Hockey activities for the length of the suspension. The required game(s) suspensions shall include the next regularly scheduled games that appear on the schedule of their team at the time of the incident. A player or team official who is rostered on multiple USA Hockey registered teams must serve the suspension in full before they are permitted to participate on any other USA Hockey registered team, unless otherwise specified by the proper authorities as determined by the Affiliate.

For the purpose of this policy, there shall be three levels of standardized suspension. They are:

Level 1 – Match penalties assessed under the below rules have a recommended range of a 6-10 game suspension.

Rule 305(b)	Dangerous Equipment
Rule 601(e.2)	Abuse of Officials and Other Misconduct
Rule 602(a)	Attempt to Injure or Recklessly Endanger an Opponent

Level 2 – Match penalties assessed under the below rules have a recommended range of a 4-8 game suspension.

Rule 005(c)	boarding
Rule 606(b)	Butt-Ending
Rule 607(e)	Charging
Rule 608(c)	Checking from Behind
Rule 619(b)	Head Butting
Rule 620(c)	Head Contact
Rule 634(d)	Slashing (Swinging Stick During Altercation)
Rule 635(b)	Spearing

Roarding

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Level 3 – Match penalties assessed under the below rules have a recommended range of a 3-5 game suspension.

Rule 601(e.3) Abuse of Officials and Other Misconduct –

Hateful/Discriminatory Language

(Note: The proper authorities have the latitude to increase the suspension imposed under this policy, or require a hearing for any infraction of

this rule)

Rule 604(e) Body Checking- Competitive Contact Category

Rule 609(c) Cross-Checking

Rule 611(c) Elbowing

Rule 615(c) Fighting (Helmet Removal)

Rule 621(c) High Sticks

Rule 622(c) Holding an Opponent

Rule 623(c) Hooking

Rule 627(b) Kicking Opponent or Puck

Rule 628(c) Kneeing

Rule 633(a or b) Refusing to Start Play

Rule 634(c) Slashing

Rule 639(c) Tripping/Clipping/Leg Checking/Slew Footing

Rule 640(e) Unnecessary Roughness (Roughing)

SECTION ONE THE RINK



Rule 101 Rink

(Note) This section of the rulebook refers to guidelines for an ice hockey rink as recommended by USA Hockey. For more precise dimensions and facility requirements, see Appendix IV – Official Rink Diagrams or contact the United States Ice Rink Association.

(a) The game of "Ice Hockey" shall be played on an ice surface, recommended to be white in color, known as the "RINK."

Rule 102 Dimensions of Rink

- (a) The recommended dimensions of the "RINK" shall be one hundred eighty-five (185') to two hundred feet (200') long, and eighty-five (85') to one hundred feet (100') wide. The corners shall be uniformly rounded in the arc of a circle.
 - For regional playoffs and national championships the ice surface dimensions shall be no less than one hundred eightyfive feet (185') long by eighty-five feet (85') wide.
- (b) The rink shall be enclosed by a framed wall, known as the "BOARDS." The boards shall be constructed in such a manner that the surface facing the ice shall be white in color, smooth and free of any obstruction. All doors giving access to the rink must swing away from the rink. The bottom portion of the boards that contact the rink shall be known as the "KICKPLATE," and shall be a contrasting color to the rink.
- (c) It is recommended that the entire rink, excluding the front of the players bench areas, be enclosed by a clear, colorless and shatter resistant glass or plastic material, known as "SHIELDING." The shielding shall extend from the top of the boards to separate the rink from spectators and off-ice officials.
- (d) It is also strongly recommended that the rink, including players and penalty benches, be enclosed by tear resistant protective netting, known as "SPECTATOR NETTING." The spectator netting shall extend from the top of the shielding toward the ceiling.

Rule 103 Division of Ice Surface

(a) A "GOAL LINE," shall be placed eleven feet (11') from the inside facing of the end boards. The goal lines shall be parallel to the end boards and extend across the width of the ice and extend vertically up the entire height of the side boards. The goal lines shall be red in color, and two inches (2") wide.

Optional cross-ice goal lines may be placed in each of the three zones for cross-ice hockey play. These goal lines shall be placed at the center point of each zone, parallel to the side boards, and shall not interfere with other ice hockey markings.

(b) A "GOAL CREASE" area shall be marked out at the center point of each goal line. The goal crease areas shall be outlined by a two inch (2") wide, red in color, semi-circle line. The radius of the semi-circle shall be six feet (6'), and measured from the back of the goal line.

Additionally, two (2) lines, two inches (2") wide and red in color shall be marked four feet (4') on both sides of the center of the goal line, extending from the goal line to the edge of the semi-circle line. These lines shall be perpendicular to the goal line and the area inside these lines shall be marked light blue in color. The area outside of these lines and the space enclosed by the goal line and the base of the goal frame, shall be white in color.

Optional cross-ice goal crease areas may be marked in front of each cross-ice goal line for cross-ice hockey. These creases shall not interfere with other ice hockey markings.

(c) The ice surface between the two (2) goal lines shall be divided into three (3) areas by lines, known as the "BLUE LINES." The blue lines shall be twelve inches (12") wide and dark blue in color. The neutral zone side of the blue lines shall be sixty-four feet (64') from the back of the goal lines. The blue lines shall extend across the width of the rink, parallel with the goal lines and extend vertically up the entire height of the side boards.

These three areas shall be identified as the "DEFENDING ZONE" (the area in which the goal each team defends is placed), the "NEUTRAL ZONE" (the center area between the blue lines) and the "ATTACKING ZONE" (the area farthest from the defending goal). The blue line shall be considered part of the zone that the puck is in.

(d) The ice surface shall be divided exactly in half by a line, known as the "CENTER LINE." The center line shall be twelve inches (12") wide and red in color. The center line shall extend across the width of the rink, parallel with the blue lines and goal lines, and extend vertically up the entire height of the side boards. The center line shall not be interrupted by the face-off circle, or in-ice logos.

Rule 104 Face-Off Spots and Face-Off Circles

- (a) A circular "FACE-OFF SPOT," twelve inches (12") in diameter, and dark blue in color shall be marked over the center line, exactly at the center of the rink.
- (b) A "FACE-OFF CIRCLE," thirty feet (30') in diameter, using the center of the face-off spot as the center point, two inches (2") wide and dark blue in color shall be marked. This face-off circle shall not interrupt the center line.
- (c) Four (4) circular "FACE-OFF SPOTS," twenty-four inches (24") in diameter, and red in color, shall be marked in the Neutral Zone. One pair of these face-off spots shall be marked on each side of an imaginary line extending from the center of one goal line to the center of the other goal line. The face-off spots shall be placed twenty-two feet (22') from the imaginary line, and five feet (5') from the neutral zone side of the blue lines.
- (d) Two (2) circular "FACE-OFF SPOTS," twenty-four inches (24") in diameter, and red in color, shall be marked in the attacking zone and defending zone. These four (4) face-off spots shall be placed twenty-two feet (22') from the imaginary line, and twenty feet (20') from the back of the goal lines.
- (e) Additionally, two (2) "FACE-OFF CIRCLES," thirty feet (30') in diameter, using the center of the face-off spot as the center point, two inches (2") wide and red in color shall be marked in both the attacking zone and defending zone.

The outside of these face-off circles shall contain two (2) pairs of "HASH MARKS." The hash marks shall be two feet (2') long, two inches (2") wide, four feet (4') apart, red in color and marked on either side of the face-off circles parallel to the goal line.

The inside of these four (4) face-off circles shall also contain four (4) "L" shaped markings surrounding the face-off spot, known as "PLAYER RESTRAINT LINES." The player restraint lines shall be two inches (2") wide, red in color, and four feet (4') by three feet (3') long.

(f) A semi-circle line located in front of the scorekeeper box shall be known as the "REFEREE'S CREASE." The referee's crease area shall be outlined by a two inch (2") wide, semi-circle line red in color. The radius of the semi-circle shall be ten feet (10'), measured from the center of the scorekeeper box at the kickplate.

Rule 105 Goals

(a) The goal frame should be of approved design and material and shall extend four feet (4') high from the ice surface and six feet (6') wide when measured from the inside of the goal frame. The frame shall be painted red in color, and all other frame support structure shall be painted white.

A net of approved design and material, shall be white in color, and attached to each goal frame and support structure in a manner in which to prevent the puck from going completely through the frame.

(b) A goal shall be placed at the center of the goal line. The goal shall be set in a manner to remain stationary during the progress of the game. If applicable, the goal shall be anchored in a manner that would permit the goal posts to become dislodged when hit by a reasonable degree of force created by a player colliding with it.

Rule 106 Players' Bench

(a) Each rink shall have a home team and a visiting team players' bench area. Players' benches shall be separated by a divider. Players' benches should include seating and doors that are uniform for both teams. All doors giving access to the rink must swing away from the rink. It is recommended that shielding

extend from the top of the boards on the back and sides of the players bench area to separate the rink from the spectators.

Rule 107 Penalty Bench

(a) Each rink shall have a home team and a visiting team penalty bench area. Penalty benches shall be separated by a divider. Penalty benches will include seating and doors that are uniform for both teams. All doors giving access to the rink must swing away from the rink. It is recommended that shielding extend from the top of the boards on the front, back and sides of the penalty bench area to separate the rink from the spectators and off-ice officials.

Rule 108 Timekeepers Bench

(a) Each rink shall have a timekeepers bench area. Controls for timing devices shall be located in this area. It is recommended that shielding extend from the top of the boards on the front, back and sides of the timekeepers bench area to separate the rink from the timekeepers and spectators. It is also recommended that a hole smaller than the diameter of a puck shall be located in the shielding in front of the timekeepers bench area so that on-ice officials can communicate with the timekeeper.

Rule 109 Signal and Timing Devices

- (a) Each rink shall have a timing device for use by Timekeepers to accurately document and inform all parties as to game time, penalty time, and goals scored.
- (b) Each rink shall have a siren or other suitable sound device for use by Timekeepers to signal the end of a period.
- (c) For games where goal judges are used, a signaling device known as a "GOAL LIGHT" shall be placed behind each goal, outside of the boards. Goal lights shall include a red light that can be turned on/off by the goal judge to signal a goal has been scored.

CASEBOOK FOR THE RINK

Rule 101 Rink

⇒ Situation 1

Can a game be played on a rink that does not adhere to USA Hockey's recommended dimensions or on an ice surface that does not adhere to the proper ice markings?

Yes, Rule Reference Section 1.

Although rinks that do not adhere to USA Hockey's recommended dimensions may not be eligible to host state, district or national tournament games, the spirit and intent of the rule is to allow the game to be played as long as the rink is in good condition and provides a safe playing environment.

Rule 102 Dimensions of Rink

⇒ No situations.

Rule 103 Division of Ice Surface

⇒ Situation 1

For icing purposes, how high does the goal line extend?

Indefinitely. Rule References 103(a) and 624(Note).

The goal line extends horizontally across the entire width of the rink and visibly up the side boards. Vertically, the goal line extends as high as the puck can travel.

⇒ Situation 2

Is the two inch thickness of the red goal line considered to be a part of the goal line?

Yes. Rule Reference 103(a) and 624 (Note).

The thickness of the goal line is considered to be a part of the line. In order for a goal to be allowed or Icing to be called, the entire puck must completely cross the edge closest to the end boards.

Do the principles of the goal line and goal crease apply to the cross-ice goal line and crease in the same manner?

Yes. Rule Reference 103(a and b).

If used, the cross-ice goal lines and crease would be handled the same way as the rule applying to the regular goal line and crease.

⇒ Situation 4

Is the two inch red line outlining the goal crease considered to be a part of the goal crease?

Yes. Rule Reference 103(b).

The goal crease area includes the space bounded by the outside edges of the semi-circular crease lines.

⇒ Situation 5

How is the "goal crease" to be interpreted if playing a game in an arena with a different goal crease design?

All rulings must be made based on the USA Hockey standard crease. Rule Reference 103(b).

In many rinks, there may also be creases marked that are different from the USA Hockey goal crease. In situations where the USA Hockey crease is not outlined, the official will need to mentally outline where the USA Hockey crease would be if properly marked. In many cases, only a truncated version of the crease is shaded blue, but the edges of the USA Hockey crease are still marked with a red line. This area must be considered part of the crease even though it may not be shaded blue.

⇒ Situation 6

In which zone are the blue lines considered to be a part?

The zone in which the puck is located. Rule Reference 103(c). For application, see Rule 630 - Offside.

The blue line may be a part of the Neutral Zone and then switch to be a part of the Attacking/Defending Zone based on the location of the puck. The determining edge of the blue line is always the edge further from the zone in which the puck is located.

In which half of the ice is the center red line located?

The half in which the puck is located. Rule Reference 103(d).

Similar to the blue line, the determining edge of the center red line is always the edge further from the half of the ice in which the puck is located. This is true in all instances except for icing and the practical application of the icing rule would suggest icing would be nullified if the player shooting the puck gains the center red line.

Rule 104 Face-Off Spots and Face-Off Circles

⇒ Situation 1

What is the purpose of the Referee's Crease?

To provide an area where On-Ice and Off-Ice Officials can converse with each other without player interference. Rule Reference 104(f).

Rule 105 Goals

⇒ Situation 1

During a scramble around the goal, the back end of the goal frame is accidentally lifted off the ice for a brief moment, but the goal posts remain properly positioned on the goal line. The moment the back of the goal lifts off the ice, a pass from behind the goal goes under the goal frame and directly out in front of the goal and an attacking player legally shoots the puck into the goal. Is the goal considered to be legal?

No. Rule Reference 105(b).

It is not necessary for the Referee to blow the whistle every time the goal frame momentarily lifts off the ice while the posts are in the proper position. However, it is not reasonable to allow a pass to take place that goes under the goal frame that has been lifted. In this instance, play should be stopped and a last play face-off occur.

Rule 106 Players' Bench

⇒ No situations.

Rule 107 Penalty Bench

⇒ Situation 1

In an arena that has the penalty benches located directly next to the players' benches, which penalty bench shall be designated for the home team?

The penalty bench closer to the home team's players' bench. Rule Reference 107(a).

Keeping the players of opposing teams separated as much as possible while they are off the ice decreases the risk of off-ice confrontations that could occur if a penalized player were placed in a penalty bench located adjacent to the opponent's players' bench.

Rule 108 Timekeepers Bench

⇒ No situations.

Rule 109 Signal and Timing Devices

⇒ Situation 1

During the middle of the first period the timekeeper accidentally blows the horn. What procedure should the On- Ice Officials follow?

Stop play immediately. Rule Reference 109(a and b).

As always, safety is one of our major concerns during all USA Hockey games. Play is dead the instant the horn blows, and the On-Ice Officials must blow their whistles to ensure that all participants are aware of this situation. The ensuing face-off will be conducted at the last play face-off location.

A goal is scored with one second remaining in the period, but the buzzer sounds to end the period before the timekeeper can stop the clock. The goal is allowed, but should the ensuing face-off take place?

No. Rule References 109(a and b).

It is not necessary for the Referee to conduct the center ice faceoff. The players may use the face-off as an opportunity to start an altercation, and the sounding of the buzzer signifies the end of a period.

⇒ Situation 3

A face-off occurs with ten seconds remaining in the period. As play begins, one of the On-Ice Officials notices that the clock has not started. Should the Official stop play immediately to remedy the situation.

No. Rule Reference 109(a and b).

As soon as the Official notices that the clock has not started, they must begin counting down the remaining seconds in their head. If they count down to 0:00 and the period should have ended but didn't, they must stop play to end the period.

If the Official properly counts down to 0:00 in the above situation, but does not stop the play for whatever reason, any goal that has been scored after they count down to 0:00 shall be disallowed.

SECTION TWO TEAMS



Rule 201 Composition of Teams

(a) A team must start a game with a minimum of six players. Any time that a team has been reduced to less than four players, the game shall be declared a forfeit.

A maximum of 20 players, in which not more than 18 are skaters, shall be permitted to play in the game.

(Note) Teams playing in the Youth Tier I 15-Only, 16U and 18U, and Girls Tier I 19U age categories may dress a maximum of 22 players, in which not more than 20 may be skaters.

(b) Each team shall designate on the scoresheet a Head Coach prior to the start of the game. The Head Coach shall be in control of and responsible for the actions of all team personnel, including players.

A team may have up to four Team Officials on the players' bench. Only players in uniform and properly rostered Team Officials may occupy the players' bench.

A player on the team roster who is unable to play (other than through suspension), may be on the team bench without being considered a Team Official if they are wearing the team jersey and all required head and face protective equipment. However, this player must not be included on the game sheet as an eligible player.

If at any time during the game, through penalties, illness, or any other reasons, there are no Team Officials on the players' bench to be in control of and responsible for the team, the game shall continue provided there is adult supervision on the bench. If no adult supervision is available, the referee shall suspend the game and submit a report to the proper authorities.

(c) Any Team Official assessed a game misconduct penalty or a match penalty or serving a suspension may not be near the bench of their team, nor in any way communicate or attempt to direct the play of their team.

Rule 202 Captain of Team

(a) Prior to the start of the game, each team shall designate one Captain and not more than two Alternates on the scoresheet. Only one of these designated players shall have the privilege of discussing with the Referee any questions relating to interpretation of rules that may arise during the progress of a game. No goalkeepers shall be entitled to exercise the privileges of Captain.

Each designated player should wear the letter "C" or "A," approximately three inches in height and in contrasting color, on the front of the sweater.

(b) Any Captain who comes off the bench and protests or interferes with the Officials for any purpose shall be assessed a minor penalty for unsportsmanlike conduct.

Rule 203 Players in Uniform

(a) Prior to the start of each game the Manager or Coach of each team shall designate on the scoresheet the players and goalkeepers who shall be eligible to play in the game.

Once the game has started, an eligible player or goalkeeper may be added to the scoresheet during a stoppage of play provided no players are deleted from the game roster and maximum roster size has not been exceeded. For each player added however, a bench minor penalty for illegal substitution shall be assessed.

- (b) Each player and goalkeeper on the game roster shall wear a visible individually identifying number (only whole numbers 0-99 inclusive) that is proportionate to the size of the participants. All players of each team shall be dressed uniformly.
- (c) It is recommended that each team shall have a substitute goalkeeper who shall be fully dressed and equipped to play. Each team shall be allowed one goalkeeper on the ice at any time during the game.
- (d) Except when all goalkeepers are incapacitated, no player on the game roster shall be permitted to wear the equipment of the goalkeeper. If a team has no designated goalkeeper who is able to continue, the team must immediately appoint a temporary goalkeeper (see Glossary) or place an additional skater on the ice who shall not have goalkeeper's privileges.

Rule 204 Playing Lineup and Substitution of Players

(a) Upon the Referee's signal prior to the start of a period or immediately following any stoppage of play, the visiting team shall have five seconds to complete any player substitutions. After the visiting player substitutions, the home team shall have 5 seconds to complete any player substitutions (See Glossary – Line Change Procedure). Once all player substitutions have been made, all players must take their positions for the ensuing face-off.

If there is any undue delay by either team in placing their lineup on the ice or changing players, the Referee shall warn the offending team. Any subsequent delay by the same team will result in a minor penalty for delay of game. (Also see Rule 633, Refusing to Start Play.) Both teams must place the full number of players on the ice to which they are entitled to prior to the face-off.

Once the line change procedure has been completed, no additional player substitutions shall be permitted until the face-off has been completed legally and play has resumed, except when a penalty or penalties are imposed that affect the on-ice strength of either or both teams. This may include penalties imposed following the completion of the line change and prior to the face-off, or due to a penalty assessed for a face-off violation.

(b) Players may be changed at any time during play from the players' bench, provided that the player or players leaving the ice shall always be at the players' bench and out of the play before any change is made. If either the player entering or leaving the game deliberately plays the puck in any manner or makes physical contact with an opposing player while the retiring player is actually on the ice, or causes their team to gain a competitive advantage, then a bench minor penalty for "too many players on the ice" shall be assessed.

If, in the course of a substitution, either the player entering the play or the player retiring is struck by the puck accidentally, the play will not be stopped and no penalty shall be called.

(c) A player serving a penalty on the penalty bench, whose penalty has expired, must proceed by way of the ice and be at their players' bench before any substitution can be made (except when a major or match penalty is imposed in Adult Classifications under Rule 403(d) or 405(a)). (d) If there are less than two minutes remaining in regulation time or any time during overtime and a minor or bench minor penalty is imposed for deliberate illegal substitution, such as too many players on the ice or leaving the penalty bench too soon, a penalty shot/optional minor penalty shall be assessed against the offending team.

(Note) The intent of this rule is to award a penalty shot/optional minor only when the extra player(s) are "deliberately" put on the ice. When a substitution error is made and there are too many players on the ice, the normal bench minor penalty shall be assessed regardless of the time remaining in the game.

Rule 205 Substitution of Goalkeepers

(a) A goalkeeper may be changed for another goalkeeper or skater (who shall not have goalkeeper privileges) at any time during play provided the goalkeeper is at the bench and out of play prior to the substitute entering the ice. If the substitution is made prematurely, there shall be no time penalty assessed. However, the resulting face-off will take place at the center face-off spot unless play was stopped with the play in the offending team's defending half of the ice, in which case the face-off will take place where play was stopped, unless otherwise specified in the rules.

When a goalkeeper leaves the goal area and proceeds to the players' bench for the purpose of substitution during play, the rear Linesperson shall be responsible to see that the substitution made is legal. If the substitution is made prematurely, the Linesperson shall stop the play immediately unless the non-offending team has possession of the puck, in which event the stoppage will be delayed until a change in possession take place.

(b) A goalkeeper may be substituted for by another goalkeeper or skater (who shall not have goalkeeper privileges) during a stoppage provided the change occurs within the line change procedure outlined in Rule 204(a). If the substitution is made for another skater, the original goalkeeper may return, by way of a legal line change, once play has resumed.

When the substitute goalkeeper enters the game during a stoppage they will take their position without delay and no warm-up shall be permitted, except when either team uses its time-out under Rule 636(f). The original goalkeeper may not

return to play until the next stoppage of play. For a violation, the offending team shall be assessed a bench minor penalty for illegal substitution.

(c) During a stoppage of play a goalkeeper may not go to the players' bench without the permission of the Referee (except during time-outs) unless they are substituted for by another skater or goalkeeper. For a violation of this rule a bench minor penalty for illegal substitution shall be assessed.

When a substitution for the goalkeeper has been made under paragraph (c) of this rule, the goalkeeper shall not resume their position until the next stoppage of play, except that they shall be permitted immediate re-entry into the game when any penalty is imposed.

Rule 206 Injured Players

(a) When a player is injured or compelled to leave the ice during a game, they may retire from the game and be replaced by a substitute under the player substitution rules.

When a player is injured and is unable to continue play or go to their bench, play shall be stopped immediately unless the opposing team is in possession of the puck, in which case play shall not be stopped until a change of possession has occurred.

In the case where it is obvious that a player has sustained a serious injury, the Referee and/or Linesperson may stop the play immediately.

A player other than a goalkeeper, whose injury appears serious enough to warrant the stoppage of play, may not participate further in the game until the completion of the ensuing face-off.

(b) If a goalkeeper sustains an injury or becomes ill they must be ready to resume play immediately or be replaced by a substitute goalkeeper. No additional time shall be allowed by the Referee for the purpose of enabling the injured or ill goalkeeper to resume their position. (See also Rule 205(a).)

The substitute goalkeeper shall be subject to the rules governing goalkeepers and shall be entitled to the same privileges.

(c) A player or goalkeeper who is obviously bleeding shall cause an immediate stoppage of play. The bleeding player shall be ruled off the ice and shall not be allowed to return to play

until the bleeding has been stopped and the cut or abrasion covered. It is required that any affected equipment/uniform be properly decontaminated or exchanged.

(d) If a penalized player has been injured they may proceed to the dressing room without the necessity of taking a seat on the penalty bench.

The penalized team shall place a substitute on the penalty bench immediately and no replacement for the penalized player shall be permitted to enter the game except from the penalty bench, unless otherwise specified under Rule 403(d) or 405(a).

The penalized player who has been injured and been replaced on the penalty bench shall not be eligible to play in the game until the penalty has expired. Should the penalized player return to the game before the penalty has expired, they shall replace the substitute player on the penalty bench during a stoppage of play.

For a violation of this rule a bench minor penalty for illegal substitution shall be imposed.

(Note) No substitution on the penalty bench is required under this rule for any player(s) who have been immediately substituted on the ice under Rule 402(f)-coincidental minor penalties and/or Rule 403(c)-coincidental major penalties.

CASEBOOK FOR TEAMS

Rule 201 Composition of Teams

⇒ Situation 1

A team arrives with only five players, but is willing to play the entire game short-handed. Should the game be played?

No. Rule Reference 201(a).

A team is defined as having six players. If a team cannot put six players on the ice at the start of the game, it is not considered a "team" and must forfeit the game to its opponent.

⇒ Situation 2

During the game, through injuries and penalties, a team is unable to place four players on the ice. Can the game proceed?

No. Rule References 201(a) and 408(a).

Any time a team is reduced to below four players on the ice during a game for any reason, the game shall be forfeited. Players in the penalty bench with delayed penalties are not permitted to participate in the game (on the ice) or leave the penalty bench until their penalties expire.

⇒ Situation 3

During the game a Team Captain advises the Referee that the opposing team has more than the allowable number of Team Officials occupying the players' bench. What action should the Referee take?

Once the Referee has become aware of the violation, they shall direct the offending team to reduce the number of Team Officials on the players' bench to a maximum of four. Rule References 201(b) and 610(h).

No penalty is assessed at that time. However, if the situation is not corrected or occurs again during the same game, the Referee shall assess a bench minor penalty for delaying the game to the offending team.

During the course of the game, a team no longer has a properly registered coach available to them on the bench. Can the game continue?

Yes. Rule Reference 201(b).

The game shall be allowed to continue provided that team has adult supervision on the players' bench. This person may come from the stands and should be a registered member of USA Hockey in some capacity. If no such person is available, the game should be suspended and a report provided to the proper authorities

⇒ Situation 5

During the course of the game the referee is notified that Players or Team Officials that have received a previous suspension are participating in the game. The suspended individuals did not sit out or fulfill their obligated suspension time. Should the referee penalize the offending team?

No. Rule Reference 201(c).

The referee may not be aware of the time period that has taken place between games and therefore cannot enforce suspensions to Players or Team Officials. The referee is required to report the incident to the proper authorities for further review.

⇒ Situation 6

A player/coach is suspended for the team's next regularly scheduled game and because of circumstances out of the control of the player/coach, the opponent forfeits the game. Does this forfeited game count towards serving the suspension?

The Proper Authorities that govern the team involved should make that determination. Rule Reference 201(c).

There may be some special circumstances that warrant the suspension being served (i.e. Game forfeited while both teams are on site due to circumstances out of the offending player/coach control). It is best that the Proper Authorities take into consideration the circumstances involved and the "good faith" effort of the suspended party to serve the suspension while

reviewing each instance. There are also situations (the game is forfeited days in advance) where the suspension would definitely not be considered served.

Rule 202 Captain of Team

⇒ Situation 1

The Referee notices that a team has three players with a "C" on their uniforms during the pre-game warm-up. How many players should the Referee allow to act as Captain?

One. Rule Reference 202(a).

In this situation the Referee should look at the game sheet to determine the Captain. If there is more than one Captain designated, the Referee must ask the Coach to appoint only one of the three players to act as the team's Captain. The Referee must also inform the Coach that the other two players will be allowed to have Captain's privileges, but they must be designated as Alternate Captains.

⇒ Situation 2

The Team Captain and the Alternate Captain(s) are incapacitated by reasons of injuries or are unavailable due to penalties and the Referee deems it necessary to convey a message to the bench. With whom shall the Referee communicate?

Any player on the ice with whom the Referee elects to converse. Rule Reference 202(a).

The Referee has the authority to select a player on the ice to convey the message to the bench. Failure of a team to have a captain available is not justification for a Referee to not communicate when doing so would assist in managing the game.

⇒ Situation 3

A team refuses to designate a Captain at the beginning of the game. Should the Referee assess a penalty?

No. Rule Reference 202(a).

The Referee must, however, remind the Coach of the offending team that no player has the privilege of discussing with the Referee any matters relating to the interpretation of the rules until a Captain is appointed. The Captain does not have to wear the "C" on their sweater.

⇒ Situation 4

May a goalkeeper be designated as a Captain or Alternate Captain?

Yes. However, the goalkeeper cannot exercise the privileges of the Captain during the game as outlined in this rule. Rule Reference 202(a).

There is no rule preventing a goalkeeper from being named a Captain or Alternate Captain as an honor by the team to show leadership. However, that goalkeeper may not exercise Captain's privileges during a game. Doing so would unnecessarily delay the game if the goalkeeper were allowed to leave the goal area for any discussion and then go to the bench area to relay any message and finally back to the goal area and be prepared for the resumption of play.

⇒ Situation 5

There is a question of a rule interpretation. The Referee wants to explain the rule to the Captain, but notices that the Captain and both Alternate Captains are seated on the players' bench. What should the Referee do?

If the Captain is still participating in the game (they are not removed from the game because of penalty, injury, etc.), they should be invited from the players' bench to discuss the interpretation with the Referee. Rule Reference 202(a).

⇒ Situation 6

There is a question of a rule interpretation and the Captain comes off the bench to protest the decision of the Referee. What should the Referee do?

If the Captain leaves the bench for a discussion without being invited to do so, and makes a complaint or protest, they must be assessed a minor penalty for unsportsmanlike conduct under this rule. Rule Reference 202(b).

Rule 203 Players in Uniform

⇒ Situation 1

A player is listed on the game scoresheet as "Doe #14." It is brought to the Referee's attention that Doe is wearing #16 and no other player is listed as #16. Should Doe be allowed to participate further in the game and without penalty to their team?

Yes. Rule References 203(a and b).

As long as the player's name is on the scoresheet, they may participate in the game (without penalty to the team), even though their number may be listed incorrectly. The number should be changed on the scoresheet as soon as this situation arises.

Likewise, had two players on the same team been wearing each other's jersey, they shall both be allowed to participate in the game as long as their names are listed on the scoresheet. Their numbers shall be corrected on the scoresheet as soon as the situation is noticed, without penalty.

⇒ Situation 2

Before the start of the game, it is noticed that a player is dressed and ready to participate in the game, but is not listed on the game scoresheet. What action is to be taken?

The Referee must notify the Coach of the offending team prior to the start of the game so the necessary correction(s) can be made to the scoresheet. In this instance, no penalty is assessed. Rule Reference 203(a).

⇒ Situation 3

A youth classification player who is not listed on the game scoresheet arrives at the arena while the game is in progress. Can the player be added to the scoresheet, thus allowing them to play?

Yes, provided the team has not exceeded the number of allowable skaters and goalkeepers already listed on the scoresheet. Rule Reference 203(a). No player can be subtracted from the scoresheet to make room for the added player and one bench minor penalty is assessed for each player added to the scoresheet after the start of the game.

⇒ Situation 4

A player has been properly listed on the scoresheet but is not present at the start of the game and their name was crossed off. Does this situation require a bench minor penalty in order to make the player eligible to participate when they arrive?

No. Rule Reference 203(a).

If the player was eligible to play in the game, their name should not be crossed off the scoresheet just because they are not present for the start of the game. Names should only be crossed off the scoresheet at the conclusion of the game once it has been confirmed the player did not participate.

⇒ Situation 5

A team has 16 skaters plus two goalkeepers listed on the game scoresheet. A skater who is not listed on the scoresheet participates in the game. What action should the Referee take when it is brought to their attention?

Add the skater's name to the scoresheet, and assess a bench minor penalty to the player's team. Rule Reference 203(a).

All penalties incurred and goals/assists awarded to that skater shall stand. The team may not elect to send the skater to the dressing room and forgo the bench minor penalty because the skater has already participated in the game.

⇒ Situation 6

A team has two players dressed and listed as goalkeepers in addition to 17 skaters. In the third period, the coach decides to dress the substitute goalkeeper as a forward. The goalkeeper goes to the dressing room, changes equipment and returns to the players' bench. Are they allowed to play at any position other than goalkeeper?

Yes, as long as the team has not exceeded the maximum number of skaters or game participants. Rule Reference 203(a).

However, once a player has been designated as a goalkeeper, they may not participate as a skater unless added to the scoresheet as a skater and the team is assessed the bench minor penalty under this rule.

⇒ Situation 7

A team has eighteen skaters and two goalkeepers listed on the game scoresheet. What happens if a skater who is not listed on the scoresheet participates in the game and scores a goal?

The goal shall be disallowed. Rule References 203(a), 201(a) and 629(c).

Once the Referee has become aware of the additional skater, they must remove them from the game immediately. The team already has the maximum number of skaters on the game sheet, so the player is ineligible to participate in the game.

⇒ Situation 8

Shall a team be allowed to participate in a game with several players who are wearing sweaters that are a different color than those of their teammates?

Yes, as long as they are not similar in style and/or color to those of the opposing team. Rule Reference 203(b).

Even though Rule 203(b) states that all players of the same team must be dressed uniformly, it is not always possible for amateur hockey teams to conform to this rule. Financial and other consideration come into play at this level. Each case must be considered individually and worked out amicably among the two teams and the Referee.

⇒ Situation 9

May players of the same team wear the numbers "01" and "1" during the same game?

Yes. Rule Reference 203(b).

While the numbers are mathematically the same, the addition of the leading zero makes "01" a distinct number that is different from "1." The scorekeeper must enter the numbers as such on the game scoresheet prior to the game and for any event.

Is a team allowed to play a game with six skaters and no goalkeeper?

Yes. Rule Reference 203(d).

A team may opt to play the game with six skaters and no goalkeeper. However, the Referee and the Coach must be aware that no skater is allowed to have the privileges of the goalkeeper. If the team has no designated goalkeeper on the roster, this is the only option. A temporary goalkeeper may not be used unless they have replaced a designated goalkeeper who has participated in that game and is unable to continue playing.

Rule 204 Playing Lineup and Substitution of Players

⇒ Situation 1

What constitutes a "line change?"

The change of one or more players. Rule Reference 204(a).

If a team changes as few as one player, that change shall be considered a "line change."

⇒ Situation 2

Immediately following a stoppage of play, the home team makes a player change. The visiting team then also makes a player change. Should the visiting team be allowed to make that change AFTER the home team?

Yes, provided that all changes are made immediately. Rule Reference 204(a).

By making an immediate change, the home team cannot deny the visiting team the opportunity to change its players during a stoppage provided it is done within the required time frame.

⇒ Situation 3

Immediately following a stoppage of play, the home team makes a player (one to five players) "line change," following which the visiting team also makes a player change. The Coach of the home team then decides that they want to put different player(s)

on the ice to counter the change made by the visiting team. Should the Referee permit the home team to make this "last change"?

No. Rule Reference 204(a).

The home team may elect to wait until the visiting team has changed lines before making its own change of players, therefore giving the home team the "last change" privilege. But, if the home team makes a decision to change any number of players on the ice and does so before the visiting team has had a reasonable amount of time to make a change, no further line change may be made by the home team.

⇒ Situation 4

During a stoppage of play, both teams change players. Immediately after the start of the play, one of the On-Ice Officials notices that one of the teams has too many players on the ice and stops play. Should the Referee assess a bench minor penalty?

No. Rule Reference 204(a).

It is the responsibility of the On-Ice Officials to see that each team has the correct number of players on the ice before the puck is dropped. In this case, play must be stopped the moment the Officials become aware of the fact that there are too many players on the ice.

⇒ Situation 5

Either team (visiting or home) attempts to make an additional player change after the Referee has signaled their allotted time for the player change has expired. What procedure should the Referee follow to ensure the proper players are on the ice for a face-off?

When the Referee notices the late player change by either team, they should immediately establish a presence and instruct the late players to go back to their bench and any player who was originally changed must proceed to the face-off location. Rule Reference 204(a).

Once the designated time has expired, no more changes shall be allowed and the Referee must be assertive in immediately stepping in to prevent any additional changes. The linesperson not conducting the face-off can also assist in this process. If the Referee has to send a player back to the bench, they should also then warn the coach that any subsequent violations may result in a bench minor penalty for delay of game. The Referee should be aware of any deliberate attempts to delay the game through this procedure and assess the appropriate penalty, but also needs to be conscious of simple disorganization by a volunteer coach and work with them to speed up the process.

⇒ Situation 6

Both teams are assessed minor penalties at the same time during a stoppage of play after the line change process has been completed. Is each team entitled to a full line change?

No. Rule Reference 204(a).

Each team must replace the penalized player but are not entitled to a full line change. A full line change is allowed only when a penalty or penalties are imposed that affect the numerical on-ice strength of either or both teams.

⇒ Situation 7

Are all players, including the goalkeepers, bound by the "at the bench" criteria when they are substituted for by another player?

Yes. Rule Reference 204(b).

On any player change, the retiring player or players, including goalkeepers, must be at the bench and out of the play. When, in the course of making a substitution, either the player entering or retiring from the game deliberately plays the puck in any manner or makes any physical contact with an opponent while both players are on the ice, the infraction of "too many players on the ice" shall be called

⇒ Situation 8

During a player change, the Team A retiring player is in the vicinity of the players' bench and does not make any effort to play the puck or the body of the opponent. However, their replacement comes onto the ice at the other end of the bench

and immediately engages in play in a manner that changes a 2-1 break for Team B into a 2-2 attack. Is this considered a too many players infraction?

Yes. Rule Reference 204(b).

In this situation, Team A has gained a competitive advantage during the player change, even though neither the retiring player nor the replacement player has directly played the puck or an opponent. The fact they are still both on the ice and Team A gained a territorial or positional advantage as a result of the change is considered to be a violation of the rule and should be penalized.

⇒ Situation 9

In the course of making a substitution, while play is in progress, the player entering the game is accidentally struck by the puck while the retiring player is still on the ice. Has an infraction of the rules occurred?

No. Rule Reference 204(b).

If the puck accidentally strikes either player in the process of a change, play must continue without a penalty, provided that the player who was struck by the puck makes no attempt to play the puck until the player change is complete.

⇒ Situation 10 (For all Youth Levels of Play)

If a player on the penalty bench remains there after the expiration of the penalty (while the team is entitled to return to full strength), may the team place another skater on the ice as long as the originally penalized player remains on the penalty bench?

No. Rule Reference 204(c).

A team may replace the penalized player only after they have left the penalty bench by way of the ice and returned to their players' bench. If they elect to remain on the penalty bench, either by intent or error, the team must continue to skate short-handed until the player returns to the ice. For a violation of this rule, a bench minor penalty must be assessed to the offending team.

⇒ Situation 11 (For Adults Only)

A major or match penalty expires indicating the team is entitled to another skater on the ice. The team had chosen not to place a substitute player on the penalty bench. Is the team allowed to send a player onto the ice directly from the player's bench during play?

Yes. Rule references 204(c), 403(d) and 405(a).

Since the adult classifications are not required to place a substitute player on the penalty bench for major or match penalties, they are permitted to send a player onto the ice from the player's bench at the conclusion of the penalty and when they are entitled to have another player on the ice.

⇒ Situation 12

Who determines the intent of the act and therefore the possible application of a penalty shot when a Linesperson calls "too many players on the ice" (substitution for the goalkeeper not involved) with less than two minutes remaining in regulation time or any time during overtime?

The Referee. Rule Reference 204(d).

The key word in this rule is "intent." For example, a coach whose team is winning late in the game with two players already on the penalty bench, serving minor or major penalties, could deliberately put extra players on the ice and thereby neutralize the opponent's power play.

Other possible scenarios that could be deemed to be deliberate is a losing team late in the game who intentionally places an additional player on the ice to gain an advantage, or puts the goalkeeper back on the ice after being pulled without removing a player.

Rule 205 Substitution of Goalkeepers

⇒ Situation 1

The Team A goalkeeper skates toward their players' bench during play. While they are approximately 30 feet away from the bench, a teammate enters the play as a substitute for the goalkeeper. While the opposing team has possession of the

puck (the goalkeeper is still moving toward the bench and their replacement is now involved in the play) the goalkeeper turns and skates back toward the goal to defend against an opposing shot on goal. Does this infraction of the rules constitute "premature substitution" or "too many players on the ice?"

Too many players on the ice. Rule References 205(a) and 204(b).

Once the substituting player enters the ice, the goalkeeper is considered to be substituted for. If the goalkeeper participates in play while this condition exists, a penalty for "too many players on the ice" shall be assessed to the offending team.

⇒ Situation 2

Team A, losing late in the game, substitutes its goalkeeper for an extra attacker. Before the change is completed, Team B gains possession of the puck and carries it into Team A's Defending Zone. The substitute player for the goalkeeper goes onto the ice before the goalkeeper is at the players' bench and out of play (noted by the back Linesperson). A Team A player gains possession of the puck behind their own goal and the whistle stops play. Are any penalties to be assessed and where is the ensuing face-off to take place?

No penalties are to be assessed, as this is a "premature substitution for the goalkeeper" violation. The ensuing face-off must take place at the nearest end zone face-off spot. Rule Reference 205(a).

No penalty is assessed for premature substitution of the goalkeeper. Normally, the puck will be in the offending team's attacking half of the ice when premature substitution occurs, in which case the ensuing face-off will take place at center ice. If the puck is in the offending team's defending half of the ice, as in this situation, the ensuing face-off will become a last play face-off.

⇒ Situation 3

The goalkeeper is being replaced by a skater, but the replacement plays the puck while the goalkeeper is twenty feet away from their players' bench. Is this a "too many players on the ice" violation or "premature substitution" for the goalkeeper?

This is a "premature substitution" for the goalkeeper violation. Rule Reference 205(a).

Goalkeeper substitutions are governed by a different rule than too many players on the ice. In this instance, the "premature substitution" for the goalkeeper violation has occurred the moment the substitute player entered the ice prior to the goalkeeper being at the bench.

⇒ Situation 4

During play, a goalkeeper is replaced on the ice by a skater. When is the goalkeeper permitted to re-enter the game?

The goalkeeper can return at any time. Rule Reference 205(a).

A goalkeeper may change on the fly during play with a player and return at any time through a proper player change.

⇒ Situation 5

A team's regular goalkeeper is replaced by the substitute goalkeeper during a stoppage of play. Before the next stoppage occurs, the substitute goalkeeper is replaced by an additional attacking skater. Should the Referee permit this substitution to go unpenalized?

Yes. Rule References 205(a and b).

There is no rule to preclude a "skater" from replacing the substitute goalkeeper during play.

⇒ Situation 6

A substitute goalkeeper enters the game during a stoppage of play. Are they allowed to warm-up?

No, unless either team uses their time-out. Rule References 205(b) and 636(f).

The goalkeeper would be allowed a warm-up only provided either team uses their time-out.

⇒ Situation 7

During a stoppage of play, a goalkeeper is replaced on the ice by a skater serving as an extra attacker. When is the goalkeeper permitted to re-enter the game?

The goalkeeper can return at any time. Rule Reference 205(b).

A goalkeeper may be changed for a skater during a stoppage and return as soon as play resumes unless the substitution was made under Rule 205(c). An example of this is they may have put an extra attacker on the ice during a power play or late in a close game because the face-off was in the attacking zone. However, once play resumes the puck enters back into their defensive zone so they want to place their goalkeeper back on the ice and may do so through a proper player change.

⇒ Situation 8

A substitute goalkeeper enters the game during a stoppage of play. Is the original goalkeeper allowed to return to play once the ensuing face-off has been completed?

No. They must wait until the next stoppage of play to re-enter the game. Rule Reference 205(b).

A goalkeeper can be substituted for by another goalkeeper at any time, but the original goalkeeper must wait until the next stoppage of play to re-enter the game.

⇒ Situation 9

The play is stopped due to the injury of a goalkeeper. After recovering quickly, they skate to the players' bench to wipe their face with a towel. Is this action permissible or must they be replaced?

The goalkeeper must be replaced or a bench minor penalty assessed. Rule Reference 205(c).

Any time that a goalkeeper goes to their players' bench during a stoppage of play, they must be replaced or penalized. If replaced, the goalkeeper is not allowed to return to the game until the next stoppage of play.

Rule 206 Injured Players

⇒ Situation 1

In a Youth or Girls' game a player is hit by the puck in the neck area and falls to the ice. When should the play be stopped?

Play should always be stopped the instant any of the On-Ice Officials believes the injury to be serious or when the injured player's team gains possession of the puck in a non-scoring position. Rule Reference 206(a).

Although the Referee will generally stop play for an injured player, any on-ice official should stop play immediately at the younger age levels any time they deem the injury may be serious. If unsure as to the seriousness of the injury, officials should always err on the side of caution.

If the injury is not deemed to be serious, play should continue until that player's team gains possession of the puck in a nonscoring situation.

Whereas officials should always be aware of situations where a player may fake an injury to gain a stoppage of play, the safety of the player should always come first at the youth levels of play and officials will not be scrutinized for taking an overly cautious approach to stopping play. As an official gains experience, they will be better equipped with awareness and understanding to assist them in making the right decision as to when to stop play.

⇒ Situation 2

The Referee stops play for an apparent injury to a skater. If the skater is not injured, must they leave the ice?

Yes. Rule Reference 206(a).

Any time play is stopped for what the official deems to have been an injured skater, that skater must leave the ice until play has resumed. This is the case even when the official was overly cautious in stopping play and the skater recovers quickly.

Play has been stopped due to an injured skater. The skater recovers quickly, but refuses to leave the ice. What penalty, if any, shall be assessed?

A bench minor penalty for delaying the game shall be assessed to the offending team. Rule References 206(a) and 610(h).

The Referee shall allow ample time for the skater to be treated. Once the injured skater has been treated, they must proceed to their players' bench (off the ice) immediately after being told to do so by the Referee.

⇒ Situation 4

The Referee stops play due to an injured skater. The injured skater recovers quickly, does not leave the ice as required by the rules and scores a goal. The opposing team appeals to the Referee that the skater who scored the goal did not leave the ice after the injury. What action should be taken by the Referee?

The Referee must allow the goal and assess no penalty. Rule Reference 206(a).

The onus of making sure that an injured skater leaves the ice after play has been stopped due to that injury is with the On-Ice Officials. The offending team/skater cannot be penalized for failure to comply with a rule that the Referee did not enforce.

⇒ Situation 5

May a Team Official go onto the ice to attend to an injured goalkeeper without the goalkeeper having to leave the ice and be replaced by a substitute, temporary goalkeeper or another player.

Yes. Rule References 206(a and b).

After a quick assessment by the official and it is deemed that the goalkeeper needs additional assistance, the Team Official should be invited onto the ice to tend to the injured goalkeeper. The goalkeeper shall be allowed only minimal time to recover. If more time is needed for the goalkeeper to fully recover, they should be sent to their players' bench or dressing room. The game would then continue with a substitute, temporary goalkeeper or another player.

A team has only one goalkeeper and they are injured during the course of the game and unable to continue. May any skater take up the goalkeeper's position?

Yes. Rule References 206(b), 203(d) and Glossary.

In all games all teams are requested to have a substitute goalkeeper dressed and ready to play at the beginning of the game. In the case of a team having only one goalkeeper dressed and they become unable to play for any reason, the team must resume play immediately.

The team may elect:

- (1) To play the remainder of the game using an extra "skater," thereby having six skaters on the ice, none of whom are designated as a goalkeeper with goalkeeper's privileges and restrictions.
- (2) To delay the game momentarily while a "temporary" goalkeeper acquires the chest protector, gloves and stick of the goalkeeper. They shall have all goalkeeper's privileges and restrictions. They may return to their normal position if a substitute goalkeeper becomes designated or if the original goalkeeper returns. The "temporary" goalkeeper must remain the temporary goalkeeper until a substitute becomes available, the original goalkeeper returns or is required to leave the ice due to a penalty or injury.
- (3) To continue playing under 1 or 2 while another skater goes to the dressing room to change into complete goalkeeper's equipment. That skater may then be designated as the substitute goalkeeper.

⇒ Situation 7

The Referee observes a player who has a significant amount of blood on their uniform. Is the Referee obligated to stop play immediately?

Yes. Rule Reference 206(c).

That player must be instructed to either decontaminate the uniform or change it. Note that blood on the uniform does not necessarily have to be the blood of the player wearing that uniform

A penalized skater is injured and is unable to take their proper place on the penalty bench. The team places a substitute on the penalty bench for the injured skater and prior to the penalty expiring, the injured skater recovers and returns to participate in play. What penalty, if any, should be assessed?

Bench minor penalty for illegal substitution. Rule Reference 206(d).

As soon as the injured skater is able to replace the substitute on the penalty bench, they must do so at the first stoppage of play. The returning injured skater or substitute must return to the game from the penalty bench.

SECTION THREE EQUIPMENT



Rule 301 Sticks

- (a) The sticks shall be made of wood or other material approved by the Rules Committee, and must not have any projections. All edges of the blade shall be beveled. The end of a hollow shaft must be fully covered. Adhesive tape of any color may be wrapped around the stick at any place for the purpose of reinforcement or to improve control of the puck.
- (b) No stick shall exceed 65 inches in length from the heel to the end of the shaft. The widened portion of the goalkeeper's stick extending up the shaft from the blade shall not extend more than 26 inches from the heel and shall not exceed 3 ½ inches in width.

The blade of the player's stick shall not exceed 12 ½ inches in length and 3 inches in width. The width of the blade shall be a minimum of 2 inches at any point measured along the blade.

The blade of the goalkeeper's stick shall not exceed 15 $\frac{1}{2}$ inches in width from the heel to the end. The blade of the goalkeeper's stick shall be between 2 inches and 3 $\frac{1}{2}$ inches wide except at the heel where the maximum width shall be 4 $\frac{1}{2}$ inches.

The curvature of the blade, measured in such a way that a straight line drawn from the heel to the base of the toe shall not exceed 3/4 inch at the point of maximum curvature.

- (c) A minor penalty for an equipment violation shall be assessed to any player or goalkeeper who uses a stick not conforming to the provisions of this rule.
 - (Note) When a request for measurement is made by the Captain of a team against the dimensions of any stick, the Referee shall make the necessary measurement immediately.
 - If the complaint is not sustained, a bench minor penalty for delay of game shall be assessed to the team requesting the measurement.
 - If a goal is scored with an illegal stick, the proper penalty shall be assessed and the goal shall be allowed.
- (d) A minor penalty for unsportsmanlike conduct plus a misconduct penalty shall be assessed to any player who refuses to surrender their stick for measurement when requested to do so by the Referee.

(e) A minor penalty for an equipment violation shall be assessed to a player or goalkeeper who participates in the play while they are in possession of more than one stick, except that no penalty shall be assessed to a player who is accidentally struck by the puck while they are carrying a replacement stick to a teammate.

Rule 302 Skates

(a) All participants must wear hockey skates of a design approved by the Rules Committee. The use of speed skates, figure skates or any skate so designed that it may cause injury is prohibited.

When the Referee becomes aware that any player is wearing skates that are not designed for hockey and are deemed to be unsafe, they shall order that player off the ice immediately and such player shall not be permitted to participate further in the game until the skates are replaced.

(b) No additional equipment or contrivance shall be attached to the skates of any player or goalkeeper.

Rule 303 Goalkeeper's Equipment

- (a) With the exception of skates and stick, all the equipment worn by the goalkeeper must be constructed solely for the purpose of protecting the head or body, and they must not wear any garment or use any contrivance that would give them undue assistance in keeping goal.
- (b) It is compulsory for all goalkeepers to wear helmets and full facemasks. HECC-certified neck laceration protectors are required in all age classifications except for Adults.

(Note) In addition to HECC-certified neck laceration protectors, BNQ-certified neck laceration protectors will fulfill this rule through the 2026-27 USA Hockey season.

Goaltenders in Adult age classifications are strongly recommended to wear neck laceration protectors designed for that purpose. Hanging throat protectors are recommended. No form fitted facemasks shall be permitted.

(c) Gloves – the dimensions of the goalkeeper's blocker glove shall not exceed 8 inches in width or 15 inches in length.

The cuff of the catching glove shall not exceed 8 inches in width. The circumference of the glove shall not exceed 45

inches. The catching portion of the glove (measured from the heel – the point where the cuff meets the glove – to the top of the "T" trap and following the contour of the glove) must not exceed 18 inches.

(Note) Any bar or attachment (cheater bar) between the cuff and the thumb shall only extend from the cuff to the thumb in a straight line. Any additional lacing, webbing or other material attached to the glove shall deem the equipment illegal.

(d) Leg Pads – The leg guards worn by goalkeepers shall not exceed 11 inches in extreme width and 38 inches in length. The boot channel of the goalkeeper pad must be flat or concave in appearance with no additional attachments such as a puck foil. The boot is the bottom of the pad that sits over the top of the skate. Calf protectors must follow the contour of the calf and ankle and can have a thickness of no greater than 1½ inches.

The knee strap pad is not to exceed 1½ inches in thickness and must be fastened to the inner risers and follow the contour of the inner knee.

All thigh pads must follow the contour of the leg, or be placed under the pant, and the maximum width of the thigh pad across the front of the leg is 10 inches.

- (e) Pants No internal, external or cheater padding is permitted on the pant leg or waist beyond what is required to provide protection (no outside or inside ridges). Abdominal aprons extending down the front of the thighs on the outside of the pants are prohibited.
- (f) Chest/Shoulder Protection No raised ridges are allowed on the front edges or sides of the chest pad, the inside or outside of the arms, or across the shoulders.

Layering at the elbow is permitted to add protection but not to add stopping area. This layering, both across the front and down the sides to protect the point of the elbow shall not exceed 7 inches.

Shoulder cap protectors must follow the contour of the shoulder cap without becoming a projection/extension beyond or above the shoulder or shoulder cap. This contoured padding must not be more than 1 inch in thickness beyond the top ridge of the shoulder and shoulder cap.

On each side, the shoulder clavicle protectors are not to exceed 7 inches in width and their maximum thickness is to

be 1 inch. This protection is not to extend or project above or beyond the shoulder or shoulder cap nor extend beyond the armpit. No insert is allowed between the shoulder clavicle protector and the chest pad that would elevate the shoulder clavicle protector.

If when the goalkeeper assumes the normal crouch position, the shoulder and/or shoulder cap protection is pushed above the contour of the shoulder, the chest pad will be considered illegal.

(g) A minor penalty for an equipment violation shall be assessed to any goalkeeper using illegal equipment in a game.

(Note) When a request for measurement is made by the Captain of a team against any dimensions of goalkeeper equipment, the Referee shall make the necessary measurement immediately.

If the challenge is not sustained, a bench minor penalty for delay of game shall be assessed to the team requesting the measurement.

Rule 304 Protective Equipment

(Note) Not all protective equipment is mandatory in all age classifications. However, if not mandated by rule, USA Hockey strongly recommends that all skaters and goalkeepers in all age classifications properly wear an internal mouthpiece, a HECC-certified helmet and a HECC-certified full facemask for all games and practices.

(a) Each player is personally responsible to wear protective equipment for all games. Such equipment should include gloves, shin pads, shoulder pads, elbow pads, hip pads or padded hockey pants, protective cup, tendon pads plus all head protective equipment as required by USA Hockey rules. It is recommended that all protective equipment be designed specifically for ice hockey.

All protective equipment, except gloves, padded hockey pants, helmet/facemask and goalkeeper's leg guards, must be worn under the uniform.

(Note) Players, including goalkeepers, violating this rule shall not be permitted to participate in the game until such equipment has been corrected or removed.

- (b) All players who wear required or recommended protective equipment must wear it in the manner for which it is designed without any alterations.
 - For violation of paragraph (c), (d), (f) or (g) of this rule, following a team warning and removal of the player from the ice, a misconduct penalty for an equipment violation shall be imposed.
- (c) All players, including goalkeepers, in all age classifications except Adults, are required to properly wear a HECC-certified helmet as designed by the manufacturer and with no alterations and chin strap properly fastened.
 - (Note) HECC certification includes an expiration date on the sticker and a helmet that has an expiration date that has expired is no longer considered certified. The player may not wear a helmet that does not have a valid and current certification sticker.

Players in the Adult classification must wear a hockey helmet (including non-HECC-certified) with chin strap properly fastened.

All players on the team benches and the penalty benches must wear the protective helmet/facemask while in the bench area. For a violation of this rule, after a warning by the Referee, a misconduct penalty for an equipment violation shall be assessed to the offending player.

- (d) All players, including goalkeepers, in all age classifications below Adults, are required to wear a facemask certified by HECC, plus any chin protection that accompanies the facemask.
 - (Note) Any helmet or facemask that is altered except as permitted in Rule 304(c) shall be deemed to be illegal equipment and shall not be allowed to be used in a game. The player, or such equipment, shall be removed from the game until corrected. (This shall include helmets from which a part has been cut or removed, facemasks from which the chincup has been removed or any other such alterations from the original manufacturing specifications.)
- (e) In all classifications, including Adults, if a skater's helmet/ facemask comes off during play, the officials shall stop play immediately. The skater shall be ruled off the ice and may not participate in the game until completion of the ensuing face-off.

In all classifications, if the goalkeeper's helmet/facemask comes off during play, the officials shall stop play immediately. However, the goalkeeper shall not be ruled off the ice prior to the face-off.

A minor penalty for delay of game shall be assessed to a goalkeeper or skater who causes a stoppage of play by deliberately removing their helmet/facemask during play.

- (f) All players, including goalkeepers, in the 12 & under (Youth and Girls') through Youth 18 & under (including High School) and Girls' 19 & under age classifications are required to wear a colored (non-clear) internal mouthpiece that covers all the remaining teeth of one jaw, customarily the upper. It is strongly recommended, in all classifications, that all players wear a mouthpiece form fitted by a dentist.
- (g) All players, including goalkeepers, in all age classifications except Adults, are required to wear a HECC-certified neck laceration protector, that covers as much of the neck area as possible, and are recommended to wear cut-resistant socks, sleeves or undergarments.

USA Hockey strongly recommends that Adult players wear a HECC-certified neck laceration protector designed for that purpose that covers as much of the neck area as possible and are also recommended to wear cut-resistant socks, sleeves or undergarments.

For all Disabled Hockey disciplines, all players, including goalkeepers, under the age of 18 are required to wear HECC-certified neck laceration protection, and are also recommended to wear cut-resistant socks, sleeves or undergarments. USA Hockey strongly recommends that players, including goalkeepers, who are 18 years of age and older wear a neck laceration protector designed for that purpose that covers as much of the neck area as possible.

(Note) In addition to HECC-certified neck laceration protectors, BNQ-certified neck laceration protectors will fulfill this rule through the 2026-27 USA Hockey season.

Rule 305 Dangerous Equipment

- (a) The use of pads or protectors made of metal, or of any other material likely to cause injury to a player, is prohibited. The wearing of casts or splints made of hard or unyielding materials is prohibited, even if padded, unless directed in writing by a licensed medical physician. Such casts or splints must be covered on all exterior surfaces with no less than ½ inch thick, high-density, closed-cell polyurethane or an alternate material of the same minimum thickness and similar physical properties to protect an injury.
- (b) A glove from which all or part of the palm has been removed or cut to permit the use of the bare hand shall be considered illegal equipment. A misconduct penalty shall be assessed to any player wearing such a glove in play.

Any player wearing tape or any other material on their hands who cuts or injures an opponent during an altercation shall receive a match penalty under Rule 602.

(c) Except for Adults, no player or goalkeeper shall be permitted on the ice while wearing jewelry unless it is completely covered by equipment or taped to the body.

Rule 306 Puck

- (a) The puck shall be made of vulcanized rubber or other approved material, one inch thick and three inches in diameter and shall weigh between 5 ½ ounces and 6 ounces and be black in color.
- (b) For the 8 & under (Youth) and for the 8 & under (Girls') and below age classifications, it is required that the puck weigh between 4 ounces and 4 ½ ounces and be blue in color.

It is strongly recommended that the lightweight blue puck be used in all 10 & under (Youth and Girls') age classifications.

Rule 307 Equipment Measurement

- (a) A request for measurement of any equipment covered by this section shall be limited to one request by each team during the course of any stoppage of play.
- (b) The Referee may, at their own discretion, measure any equipment, other than a stick, used for the first time in the game.

(c) The Referee shall assess a bench minor penalty for delay of game against a team that requests any measurement if the measurement verifies that the equipment is legal.

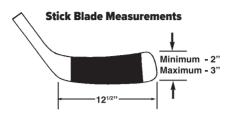
Rule 308 Electronic Devices

- (a) The use of one or two-way radios, cameras, microphones, lights or other electronic devices by a player during play, shall be prohibited, unless worn specifically for medical purposes.
 A misconduct penalty shall be assessed to any player wearing equipment not complying with this rule.
- (b) No electronic device shall be used to question, challenge or dispute a game official's decision or judgment while the game is in progress.
- (c) For violation, the team will be assessed a bench minor penalty for an equipment violation.

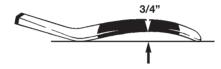
Rule 309 Adjustment to Clothing and Equipment

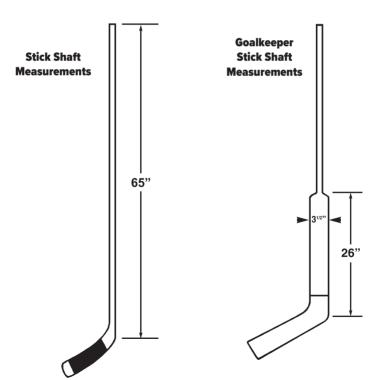
- (a) It shall be the player's responsibility to maintain clothing and equipment in proper condition. Play shall not be stopped, nor the game delayed, for the purpose of any player or goalkeeper making equipment or clothing adjustments. If adjustments are required, the player shall retire from the ice and be replaced by a substitute.
- (b) If it is necessary to adjust or repair any piece of goalkeeper equipment, the goalkeeper is required to retire from the ice and be replaced by a substitute or temporary goalkeeper (see Glossary) immediately.
- (c) A minor penalty for delay of game shall be assessed to a player or goalkeeper who delays the game for the purpose of adjusting clothing or equipment.

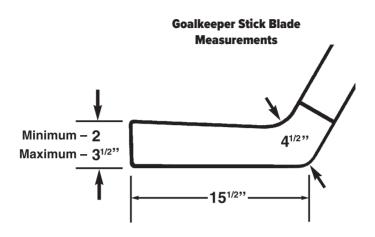
EQUIPMENT DIAGRAMS

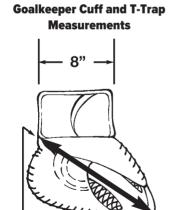


Stick Curve Measurements

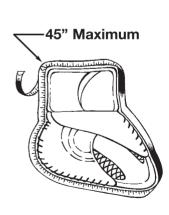






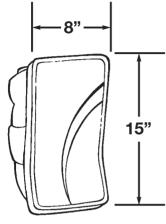


18" Maximum

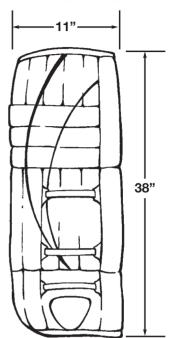


Goalkeeper Catching Glove Circumference

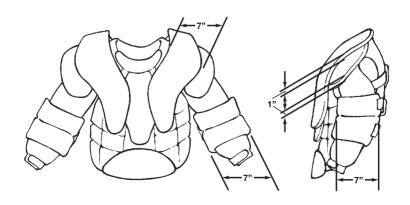
Goalkeeper Blocker Measurements



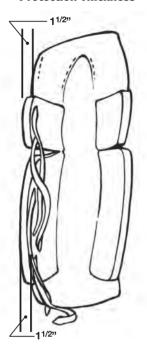
Goalkeeper Leg Pad Measurements



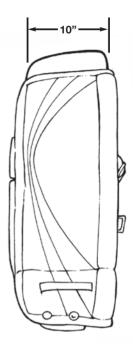
Chest/Shoulder Protection Width/Thickness Front and Side Views



Goalkeeper Knee/Calf Protection Thickness



Goalkeeper Thigh Plate Width



CASEBOOK FOR EQUIPMENT

Rule 301 Sticks

⇒ Situation 1

A goalkeeper has wrapped tape around the end of the shaft of the stick forming a "knob." The knob is not on the end of the stick, but located 5-6 inches lower than the butt end. Is this stick considered to be dangerous equipment?

No. Rule Reference 301(a).

The knob does not have to be at the end of the stick. Rule 301(a) provides that adhesive tape may be wrapped around the stick at any place to improve control of the puck.

⇒ Situation 2

A player uses a hollow shafted stick without the insertion plug on the top. Shall the Referee allow a player to play with such a stick?

No, the stick shall be replaced immediately. Rule Reference 301(a).

The player must have the plug inserted or have a sufficient amount of tape covering the exposed end of the shaft to prevent injury.

⇒ Situation 3

If an Official sees a stick which appears cracked, chipped or splintered, are they permitted to have such stick removed from the game without assessing a penalty to the player in possession of it?

Yes. Rule References 301(a) and 605(a).

The stick should be immediately removed from the game and either sufficiently taped up or replaced. Such a stick does not have to be considered broken, since it will most likely be fit for play (ability to control the puck).

The Referee would not measure the stick for proper blade dimensions unless requested by the opponent. Instead, they would simply deem the stick to be dangerous equipment and no penalty is assessed provided the player follows the Referee's instructions.

⇒ Situation 4

If a request is made to measure a player's stick, may the player remove any tape from the stick, if used, prior to the measurement?

No. Rule References 301(a and d).

While the rules allow tape to be used on the stick, the tape becomes a part of the stick when it is used and must be included as part of the stick measurement. If the tape increases the width or the curvature of the blade to illegal proportions, the stick is considered to be illegal even though the bare stick may conform to the rules.

If a player intentionally removes any tape prior to the measurement, they must be given a minor and a misconduct penalty, the same as if they had refused to surrender the stick for measurement purposes.

⇒ Situation 5

Can a player participate in the play with a stick that has a curved or bent shaft?

Yes. Rule Reference 301(b).

As long as the total length of the shaft does not exceed 65 inches, the stick shall be considered to be legal.

⇒ Situation 6

If the goalkeeper loses or breaks their stick, can they participate with a stick that would normally be used by a defensemen or a forward?

Yes. Rule Reference 301(b).

A goalkeeper may use any stick as long as it does not exceed maximum measurements as outlined for a goalkeeper's stick.

Is there a maximum curvature for a goalkeeper's stick?

Yes. The curvature of the goalkeeper's stick is restricted to 3/4 inch, the same as for other players. Rule Reference 301(b).

⇒ Situation 8

The Captain asks for a stick measurement of the curve of an opponent's stick. The curve measured 1/2 inch at the bottom and 1 inch at the top. Is the stick curvature legal?

Yes. The stick curvature is legal. Rule References 301(b and c).

The maximum curvature is determined by a measurement at the bottom of the stick blade only. The team requesting the measurement must be assessed a bench minor penalty.

⇒ Situation 9

What should the Referee do with a stick that has been measured and found to be illegal?

If the stick is found to be illegal, it must be removed from the game immediately and given to an Off-Ice Official. The stick must be released to the player after the game. Rule Reference 301(c).

The stick must not be given back to the player during the game if it is illegal in any way.

⇒ Situation 10

A player takes a penalty shot. After the completion of play they refuse to surrender their stick for measurement when requested to do so by the Referee. What penalty or penalties, if any, must be assessed?

A minor penalty plus a misconduct must be assessed to the player. Rule Reference 301(c and d).

This penalty shall be assessed any time a player refuses to surrender their stick for a measurement. If a goal was scored during the penalty shot, it shall be allowed regardless of whether or not the measurement was made or of the outcome of the measurement.

Player A6 loses possession of their stick. Teammate A10 hands their stick to A6. After a period of time with play still in progress, A6 hands the stick back to A10 who has still not received another stick. Following this second exchange of sticks, A6 picks up the stick which is lying on the ice. Has anything illegal occurred in this situation?

No. Rule References 301(e) and 605(b).

No rule has been violated as long as either player does not participate in play with more than one stick.

Rule 302 Skates

⇒ Situation 1

During play, the Referee notices that a player's skates do not conform to the rules. What procedure must the Referee follow?

At the next stoppage of play, the Referee shall order that player off the ice until the skates have been replaced. Rule Reference 302(a).

Even though the rule states that the player must be ordered off the ice "immediately," the Referee shall not stop play for this infraction.

⇒ Situation 2

During the pre-game warm-up, the Referee notices that a player's skates do not conform to the rules. Should the Referee order their replacement immediately or should they wait until the player participates in the play?

The skates must be replaced before the player is allowed to play. Rule Reference 302(a).

When the Referee notices the skates are not permissible, it becomes their responsibility to inform the player that the correction must be made.

May a "skater" wear goalkeeper's skates during play?

No. Rule References 302(a and b).

Goalkeeper's skates are specifically designed for goalkeeper's play and cannot be used by a skater.

⇒ Situation 4

May an On-Ice Official wear goalkeeper's skates to officiate a game?

No. Rule References 302(a and b).

Goalkeeper's skates are specifically designed for goalkeeper's play and cannot be used by an official.

⇒ Situation 5

What action should the Referee take when a "skater's" skate blade falls out of the skate?

Allow play to continue as long as there is no immediate danger to the skater. Rule Reference 302(a).

A skater will have the ability to move to the players' bench for a change, even without the steel portion of one skate blade. Therefore, play shall continue unless that skater is in a vulnerable or defenseless position on the ice where multiple players are physically engaged in obtaining possession of the puck.

⇒ Situation 6

What action should the Referee take when a "goalkeeper's" skate blade falls out of the skate?

Keeping safety as the primary consideration, the Referee should stop play whenever the goalkeeper loses a skate blade and is in a vulnerable position UNLESS there is an imminent scoring opportunity in which play should be allowed to continue until the imminent scoring opportunity has passed. Rule Reference 302(a).

Rule 303 Goalkeeper's Equipment

⇒ Situation 1

Is the goalkeeper allowed to wear a jersey that is grossly oversized to the point where it may act as webbing and thereby assist them in playing goal?

No. Rule Reference 303(a).

In order for the Referee to demand the removal of an oversized jersey, it must be clear that the garment is designed to provide an unfair advantage.

⇒ Situation 2

A team has two goalkeepers, both with illegal facemasks. The team captain informs the Referee that these masks are the only masks that the goalkeepers own. Should the Referee allow the goalkeepers to play with illegal facemasks?

No. Rule References 303(b) and 304(c and d).

Under no circumstances may a Referee allow any player or goalkeeper to participate without the proper headgear. In this instance, the team can either let the goalkeeper wear the legal helmet and facemask of another player or the team can play without a goalkeeper.

⇒ Situation 3

What are the guidelines regarding the wearing of a non-HECC-certified goalkeeper's facemask?

All goalkeepers in all Youth, High School and Girls' age classification must wear a HECC-certified helmet and facemask or HECC-certified combination Goalkeeper headgear. Rule References 303(b) and 304 (c and d).

A goalkeeper in the Adult age classification must wear a hockey helmet and full facemask. There is no HECC requirement, but no form-fitted masks are permitted.

Can a goalkeeper playing in the Youth, High School or Girls' age classifications wear a "cats-eye" facemask?

Yes, as long as it is HECC-certified. Rule References 303(b) and 304 (c and d).

There are some HECC-certified goalkeeper facemasks that do have the look of a "cat's-eye" shape. In these cases, the openings of the facemask are small enough to meet ASTM standards and do receive HECC certification. The shape of the opening is not important, it is the size of the opening that will determine whether certification is gained.

⇒ Situation 5

Are goalkeeper hanging throat protectors classified as neck laceration protectors?

No. Rule Reference 303(b).

While plastic throat protectors are allowed, they do not meet the protective requirements of a neck laceration protector.

⇒ NEW - Situation 6

May a player or goalkeeper wear a neck laceration protector if it is missing a HECC-certification stamp but does have a BNQ certification stamp?

All Youth, Girls and High School players and goalkeepers may wear a BNQ-certified neck laceration protector during the 2025-26 and 2026-27 seasons. Rule Reference 303(b) and Note.

The purpose of this note was to allow two seasons for HECC to implement their neck laceration protector certification program with manufacturers, including getting HECC-certified NLP's into retail stores.

⇒ Situation 7

Some goalkeeper's gloves have a "catching pocket" attachment that connects the thumb and the wrist portions of the glove. What are the guidelines when determining the legality of such a glove?

The cuff of the catching glove shall not exceed 8 inches in width and any attachment must connect the cuff portion and the thumb in a straight line. Rule Reference 303(c) and Note. Rule 303(a) prohibits a goalkeeper from wearing any "contrivance which would give them undue assistance in keeping goal." This cheater attachment is not necessary for the goalkeeper to be able to "catch" the puck and is designed to provide additional blocking area.

⇒ Situation 8

In younger age classifications where goalkeepers are wearing smaller leg pads, these pads may not have a boot channel and are flat the entire length of the pad. Are these pads legal?

Yes. Rule Reference 304(d).

The intent of the boot channel is to protect the foot of the goalkeeper by covering the boot of the skate. In cases where smaller goalkeepers are wearing smaller pads, this does not violate the spirit and intent of goalkeeper leg pad restrictions.

⇒ Situation 9

Can the knee strap pads on the goalkeeper's leg pads be worn loosely and allow the goalkeeper to cover the five-hole?

No. Rule Reference 303(d).

The purpose of goalkeeper equipment is to protect the goalkeeper from injury and it is not designed to simply provide blocking area. In order to be protective, the knee strap pad must follow the contour of the leg and be worn tightly so they do not widen the leg pad and provide additional blocking area.

⇒ Situation 10

The goalkeeper is wearing a thigh pad that is worn loosely and covers the five-hole when the goalkeeper goes into the butterfly position. What is the procedure the Referee should follow to correct this situation?

When the Referee becomes aware of the problem, they should instruct the goalkeeper to correct the problem before play continues. Rule Reference 303(d).

The thigh pad must be worn in a manner that provides protection and not cover the five-hole. In order to do this it either must be worn tightly to follow the contour of the leg or be worn underneath the pant.

What is the purpose of having restrictions on the size of a goalkeeper's chest/shoulder protection?

The purpose is to prohibit a goalkeeper from gaining an unfair advantage in playing goal. Rule Reference 304(f).

The purpose of goalkeeper equipment is to protect the goalkeeper from injury and it is not designed to simply provide blocking area. There is a fine line between providing the necessary protection from injury versus gaining additional blocking area to provide a competitive advantage. The established dimensions of this piece of equipment provides the proper protection without providing this undue advantage.

⇒ Situation 12

The Referee has been requested to measure a goalkeeper's leg pads. Both pads have a one inch thickness of tape on each side. The goalkeeper wishes to remove this tape prior to the measurement. Should the Referee allow this action?

No. Rule Reference 303(g).

The pads must be measured in the condition in which they were used during play.

⇒ Situation 13

Is the thigh pad on a goalkeepers leg pad subject for measurement according to rule 303?

Yes. Rule Reference 303(g).

The thigh pad does have restricted dimensions and very specific mandates on how it is worn. Therefore it is subject to a measurement request by the opponent and the Referee shall make the measurement or determination regarding it's legality immediately upon request.

Just as with a stick, the request made to measure a piece of goalkeeper equipment must be specific in which dimension they want measured.

A goalkeeper has been assessed a minor penalty for playing with oversized pads. What happens to the equipment?

The goalkeeper may not wear the equipment in the same condition it was when it was found to be illegal. Rule Reference 303(g).

The goalkeeper may remove and change the pads or modify them in a manner that conforms to the measurement rules.

⇒ Situation 15

A goalkeeper has been assessed a minor penalty for playing with illegal equipment. How much time shall the Referee allow for the goalkeeper to change the illegal equipment?

The goalkeeper shall be given no additional time to change equipment. Rule References 303(g) and 309(b).

When a goalkeeper equipment change is required, the game must continue with a substitute goalkeeper, temporary goalkeeper or another player.

⇒ Situation 16

There are a lot of different dimensions on goalkeeper equipment that are subject to measurement. What equipment is necessary to be able to make all of these possible measurements?

A flexible tape measure will be able to make all of the necessary measurements. Rule Reference 303(g).

Although many leagues or bodies that govern these types of measurement will have special calipers or measuring devices, USA Hockey realizes it is not practical for every official or every rink to have these tools. A simple tool like a flexible tape measure will be sufficient to be able to make a proper determination on any of the possible dimensions that may be requested for measurement.

Team A requests a measurement of the blocker pad of the Team B goalkeeper. The ensuing measurement shows the pad to be of legal size. Should the Referee assess a bench minor penalty to the team requesting the measurement?

Yes. Rule References 303(q).

The bench minor penalty assessed a team that requests a measurement that is not sustained applies to all equipment except the mouthpiece.

Rule 304 Protective Equipment

⇒ Situation 1

What action should the referee take when the goalkeeper loses one of their gloves during play?

Keeping safety as the primary consideration, the referee should stop play whenever the goalkeeper loses a glove and is in a vulnerable position UNLESS there is an imminent scoring opportunity in which play should be allowed to continue until the imminent scoring opportunity has passed. Rule References 304(a and e).

If the Referee judges the goalkeeper has deliberately removed any equipment during play they should assess the offending goalkeeper a 'Delay of Game' minor penalty.

⇒ Situation 2

A player is discovered to be wearing elbow pads outside of their sweater. What action shall the Referee take to correct this situation?

The Referee must inform the offending player and order them off the ice until the situation is corrected. Rule References 304(b) and 304(g).

The team is warned and any player from this team who returns to play with the elbow pads outside of the sweater shall be assessed a misconduct penalty.

May the Referee require that a player change a helmet which conflicts with their team's colors?

No. Rule References 304(c) and 203(b).

The USA Hockey Playing Rules do not make it mandatory for a team to wear color coordinated helmets. The key issue for officials is that the helmet is properly certified and is in good condition as to not be deemed dangerous.

⇒ Situation 4

Is the substitute goalkeeper required to wear their helmet/facemask while they are on the players' bench?

Yes. Rule Reference 304(c).

Regardless of what position they play, all skaters and goalkeepers must wear the proper protective headgear at all times while on the players' bench.

⇒ Situation 5

A player is injured during play and is sent to the players' bench to be looked at. During the time that they are being looked at by the Coach on the players' bench, are they required to wear their helmet and facemask.

Yes. Rule Reference 304(c).

Unless the injury is such that would require removal of the helmet/facemask, such as a head, neck or shoulder injury, the injured player is still required to wear the proper head/face protection.

⇒ Situation 6

A player on the players' bench briefly removes their helmet/ facemask to wipe out the inside of their helmet. Does this action warrant a warning by the Referee?

No. Rule Reference 304(c).

A player may momentarily remove their helmet while on the players' bench for adjustments such as wiping out the facemask, fixing the helmet padding, etc.

A player goes onto the ice, ready for play, with the proper helmet and facemask. The facemask chin cup straps are properly fastened, but the helmet strap has been removed. Is the player allowed to participate without a helmet chin strap?

No. Rule Reference 304(c).

The helmet chin strap is a required part of the helmet and must be properly worn at all times. The facemask chin cup and straps are also required components of the facemask.

⇒ Situation 8

A team takes the ice without HECC-certified helmets or facemasks, claiming to have an agreement with the other team allowing them to play with the improper equipment. Should the Referee allow them to play without the required equipment?

No. Rule References 304(c and d).

No excuse is acceptable for the Referee to permit any team to wear non-HECC-certified helmets or facemasks (where required).

However, USA Hockey does have an agreement with Hockey Canada that allows teams from each respective Federation to play games in the other country using their required equipment. Check with your Local Supervisor of Officials as to what is required when officiating games involving teams from Canada.

⇒ Situation 9

Will a skater meet HECC helmet and facemask standards if they play with a goalkeeper helmet and facemask combination?

No. The Goalkeeper combination headgear is specific to playing goal and has not been certified for skaters. Rule References 304(c and d).

This is an additional HECC/ASTM standard which specifically covers goalkeeper helmet and facemask combinations. HECC-certified goalkeeper headgear does not necessarily meet the entire ASTM standards for both a skater's helmet and facemask. The Goalkeeper combination headgear may only be used by goalkeepers.

What are the proper procedures for the On-Ice Officials to follow when attempting to identify HECC-certified helmets and facemasks.

The Officials must make a visual check of all required protective equipment while the players are on the ice during warm-ups. Rule References 304(c and d) and 304(c Note).

The Referee should follow these steps to determine the legality of a required HECC-certified helmet or facemask:

STEP 1: All approved helmets and facemasks should have a valid HECC certification sticker with a date that is still current attached unless it has been removed by the player. The first burden of proof the helmet/facemask is eligible for use is the valid and unexpired certification sticker.

STEP 2: If the sticker(s) are not present, the official should have a basic knowledge of the required characteristics. These include ear protection for helmets and small enough openings in the facemask to prevent the butt-end of a stick from entering. In addition, the helmet chin strap and facemask chin cup and straps must also be present.

STEP 3: If still in question, the equipment models can be compared to the lists of certified equipment that is present on the HECC website (www.hecc.net).

⇒ Situation 11

Current HECC helmet stickers have an expiration date. What should the Officials do if they notice that the helmet or facemask certification has expired?

The Referee should alert the player and coach to the expiration of the equipment. Rule References 304(c.Note).

HECC places an expiration date on the stickers of helmets and facemasks that are for a certain time after the date of manufacture. This is done as a reminder to players and parents that equipment must be up-to-date and checked on regular basis.

The expiration date is not something that the officials should actively look for and the practicality of doing so is prohibitive.

The onus is on the player to wear the properly certified equipment.

If a player paints a HECC-certified helmet to change the color of the helmet, is the helmet considered to be an altered piece of protective equipment?

Yes. Rule References 304(c and d Note).

A helmet that is painted voids the manufacturer's warranty and may weaken the plastic components of the helmet. The HECC certification is voided.

Helmets that have small painted logos or small stickers attached to them shall be deemed to be legal under this rule, provided that such paint or sticker does not cover the entire surface of the helmet.

⇒ Situation 13

A goalkeeper is wearing a custom painted HECC-certified helmet/facemask combination. Should the Referee allow this mask to be worn?

Yes. Rule References 304(c and d Note).

These products are manufactured in a way that allows for customized painting without voiding the HECC certification. In doing so, they should be painted according to manufacturer's specifications.

⇒ Situation 14

Shall the Referee assess a misconduct penalty to a player who participates in play with their helmet strap fastened, but loose enough as to be deemed not in the manner in which it was intended?

The Referee would direct the player off the ice and warn the team. Rule References 304(c) and 304(g).

The helmet strap is intended to be worn with one finger width between the strap and the chin. If worn improperly, the player must be ruled off the ice until corrected and the team is issued their warning. For a subsequent violation by any player on the same team, a misconduct penalty is assessed.

May a player wear a facemask (HECC-certified or not) if they have added a piece of wire or metal to the mask to make it appear legal?

No. Rule Reference 304(d Note).

An altered facemask is not eligible for use. Added pieces of wire or metal may break or become dislodged and cause serious injury to either the player wearing the mask or another player. Bars that have been removed to make the opening larger may not meet ASTM standards.

⇒ Situation 16

A skater loses their helmet and/or facemask during play. What options do they have?

The Referee shall stop play immediately. Rule Reference 304(e).

When occurring, the skater must be substituted on the ice and may return only after play has resumed.

⇒ Situation 17

A player has been assessed a misconduct penalty for playing without a required mouthpiece after that team has been issued their warning. After they serve this penalty, may they continue to play without a mouthpiece?

No. Rule Reference 304(f).

A player cannot "buy" the right to play with illegal equipment or without required equipment by simply serving a penalty. The player may continue to play after serving the penalty, but only after securing a mouthpiece.

⇒ Situation 18

Must a request come from the Captain of the opposing team before the Referee may warn a team or assess a misconduct penalty to a player who does not wear a required mouthpiece?

No. Rule References 304(f) and 307(c).

Whenever a player is on the ice, they are deemed ready to play and the mouthpiece rule enforced.

A skater goes onto the ice during a line change and is not wearing a required mouthpiece. May they be penalized before play resumes?

For the first offense, the Referee will warn the team. If the team has already been issued their warning, the misconduct penalty would be assessed to the skater. Rule Reference 304(f).

Once the skater is on the ice they are considered to be participating in the game, even though play has not resumed, and is subject to all equipment guidelines.

⇒ Situation 20

What should the Referee do when they notice the Goalkeeper is not wearing the required mouthpiece?

The Goalkeeper should be removed from the ice and the Referee shall warn the team for the first offense or assess a misconduct penalty if it is a subsequent offense. Rule Reference 304(f).

The goalkeeper is not allowed to return to the game until they are wearing the proper mouthpiece. If the team is able to provide the goalkeeper with a mouthpiece quickly without having to go to the bench, then the goalkeeper shall be allowed to remain in the game, but the team is still issued a warning and any subsequent mouthpiece violation by that team will result in a misconduct penalty being assessed.

⇒ Situation 21

Is it legal for a player to skate with their jersey tucked into their pants?

Yes. Rule References 304(h) and 203(b).

Although Rule 304(h) states that all protective equipment must be worn in the manner in which it is intended, the jersey is not considered protective equipment. In youth hockey, it may be difficult for a team to have proper sizes for all of the players and as long as the identifying number is visible, the official should not make this a bigger deal than it needs to be.

⇒ NEW - Situation 22

May a player or goalkeeper wear a neck laceration protector if it is missing a HECC certification stamp but does have a BNQ certification stamp?

All Youth, Girls and High School players and goalkeepers may wear a BNQ-certified neck laceration protector during the 2025-26 and 2026-27 seasons. Rule Reference 304(g).

The purpose of this note was to allow two seasons for HECC to implement their neck laceration protector certification program with manufacturers, including getting HECC-certified NLP's into retail stores.

⇒ NEW - Situation 23

Should the referee stop play if a player loses their neck laceration protector during play?

No. Rule Reference 304(g).

A neck laceration protector shall be treated like a mouthpiece if it falls to the ice during play. Play shall continue, and the player must replace it during the next stoppage.

Rule 305 Dangerous Equipment

⇒ Situation 1

A player is found to have several small holes in the palm of their glove which allow their fingers to protrude. Should they be penalized?

No. Rule Reference 305(b).

The intent of this rule is to prohibit the use of gloves where the palm has been intentionally removed or cut to permit the use of the bare hands. Where the palms are worn to the point of some exposed holes, such gloves are permissible unless, in the opinion of the Referee, the holes are of such a size that the player may use their bare hands to hold an opponent.

A player receives a misconduct penalty for playing with a glove that has the palm deliberately removed. After the penalty expires they participate in the play again, with the same glove. What penalty shall be assessed for a second violation of this rule?

A game misconduct penalty in lieu of the 2nd misconduct penalty is to be assessed. Rule Reference 305(b).

A player cannot "buy" their way into a game with illegal equipment by serving a misconduct penalty. The equipment must be corrected before they can legally participate again.

⇒ Situation 3

A player in an altercation has dropped their gloves and is wearing tape only on their left hand. They punch their opponent with their right hand, injuring themself. Should the Referee assess a match penalty?

Yes. Rule References 305(b) and 602(a).

The Referee cannot be expected to determine which hand did the damage to the opponent. The Rule does not specify that the injury must be caused by the taped hand.

⇒ Situation 4

What protection satisfies the "jewelry" rule regarding a player who is wearing an earring?

A HECC-certified helmet (with ear pieces) or clear tape that secures the earring to the body will satisfy the rule requirements. Rule Reference 305(c).

Rule 306 Puck

⇒ Situation 1

Is the freezing of game pucks an acceptable practice?

Yes. Rule References 306(a and b).

The freezing of game pucks helps to keep them from bouncing on the ice during the game.

⇒ Situation 2

How much of a chip must be missing from a puck to render it unplayable?

Any puck that, in the opinion of the Referee, is chipped enough to alter the normal movements of the puck shall be deemed unplayable. Rule References 306(a and b).

Officials should err on the side of caution and remove any puck that is damaged to the point where the edges are not rounded and or the surface is not flat.

⇒ Situation 3

In a 8 & under game, neither team has any lightweight blue pucks. Can the game be played with the conventional weight black puck?

Yes, provided both head coaches consent to play the game and designates such on the scoresheet. Rule Reference 306(b).

The officials are also required to report this situation to the Proper Authorities.

⇒ Situation 4

An 8 & under team is playing an exhibition game against a 10 & under team. Which puck shall be used for the game?

The black puck may be used provided the head coach of the 8 & under team agrees to do so and signs the scoresheet accordingly. Rule Reference 306(b).

Rule 307 Equipment Measurement

⇒ Situation 1

How many requests for a stick measurement can be made during a stoppage of play?

One request per team, per stoppage. Rule Reference 307(a).

⇒ Situation 2

Prior to a penalty shot attempt, the captain of the offending team requests a measurement of the stick of the player who is designated to take the shot. Should the Referee measure the stick immediately?

Yes. Rule Reference 307(a).

If the stick is found to be illegal, the appropriate penalty shall be assessed to the player after they take the penalty shot with a replacement stick, whether or not a goal is scored on the penalty shot.

If the stick is found to be legal, the team requesting the measurement must be assessed a bench minor penalty to be served immediately following the penalty shot.

During any stoppage of play, all requests for a stick measurement must be made immediately.

⇒ Situation 3

The captain of Team A requests a measurement of the stick of an opponent. When asked which specific part of the stick they would like measured, they reply, "the length of the shaft and the curvature of the blade." Should the Referee honor this request?

No. Rule Reference 307(a).

The captain must designate only one measurement per stoppage of play. The request must be specific as to which part of the stick is to be measured (i.e., blade curvature, blade width, shaft length, etc.).

A Team A player receives a minor penalty and is seated on the penalty bench. The Team B captain challenges that player's stick prior to the expiration of the Team A player's penalty. Should the Referee immediately measure the challenged stick?

No. Rule References 307(a).

The request for a measurement can only be made for a player who is on the ice at the time the request is made.

⇒ Situation 5

At the start of a game, but before the opening face-off, the captain of Team A makes a formal complaint against the dimensions of the stick of a Team B player. Should the Referee measure the stick?

Yes. The Referee must measure the stick and assess the appropriate penalty. Rule References 307(a and b).

In all instances where a player is on the ice and prepared for a face-off, they are considered ready to play and their equipment is liable for measurement.

The Referee may not measure the stick of any player on the players' bench or penalty bench, but must wait until the player is on the ice.

⇒ Situation 6

The captain of Team A requests that the Referee check the mouthpiece of a Team B player, to determine if they are wearing one. Is the Referee required to honor this request and, if so, is there a penalty to be assessed to Team A if the request is not sustained?

The Referee must honor this request. If the complaint is not sustained, a bench minor penalty shall be assessed Rule References 307(a and c) and 304(f).

⇒ Situation 7

May the Referee make a measurement of equipment without a request from the opposing team?

Yes. Rule Reference 307(b).

The Referee may measure any equipment, other than a stick, without a request from the opposing team, but only when the equipment in question is being used for the first time in the game. The Referee may, however, order the replacement of any equipment that they deem to be dangerous, at any time.

⇒ Situation 8

May a Referee measure the stick of a player without a request from the opposing team?

No. Rule Reference 307(b).

A request for a stick measurement must come from the opposing team. Any other piece of equipment may be measured by the referee provided it is being used for the first time in the game.

However, if the stick is deemed to be dangerous (edges are not beveled or the blade has a pointed end), the Referee may order the player to remove the stick from the game.

Rule 308 Electronic Devices

Team A is using a light on the players bench for the purpose of informing players on the ice that it is time for a line change. Is this permissible?

No. Rule Reference 308(a).

While this is not considered as an electronic device, it is still prohibited by this rule. Additionally, it creates a potential distraction to the opposing team.

⇒ Situation 2

A team is using a two-way radio system between a coach on the players' bench and a non-team official in the spectator area. Is this permissible?

Yes. Rule Reference 308(a).

The rule prohibits such communication between a skater or goalkeeper (on or off the ice) and either a person on the bench or somewhere else in the arena. Communication between the bench and personnel not on the bench is permitted.

The coach is using an electronic device to diagram plays and instruct the players on the players' bench. Is this permissible?

Yes. Rule References 308(a) and 308(b).

The intent of this rule is to prohibit the use of electronic devices to communicate with players on the ice while participating in play. A coach that uses an electronic "whiteboard" or rink diagram to demonstrate a play or teach the players while they are on the bench does not violate the intent of this rule. USA Hockey recognizes that there are newer devices developed on a regular basis that are designed to replace the old fashioned clipboard or rink board.

⇒ Situation 4

During a stoppage of play, a coach calls the referee over to the bench and attempts to question the ruling of the officials by utilizing an electronic device. The team is assessed a bench minor for an equipment violation according to the rule. While the bench minor penalty is still being served, a team official now starts verbally abusing the referee. What penalty should be assessed to the coach?

A game misconduct penalty is assessed to the team official verbally abusing the referee. Rule References 308(b), 308(c) and 601(d.1).

Even though the actual bench minor penalty is assessed under the electronic equipment rule, the fact the rule was applied because a team official was challenging or disputing a decision by the official indicates that this bench minor penalty also falls under the unsportsmanlike conduct guidelines. Any subsequent continuation of this behavior during the same incident would result in following the proper penalty progression.

⇒ Situation 5

A team has been found to be in violation of the "electronic device" rule. Does the device need to be physically removed by the officials?

No. Rule Reference 308(c).

It would not be practical to expect the officials to confiscate an expensive electronic device that is the personal property of the coach. As long as the equipment is not used to question, challenge or dispute an official's decision, the requirement of the rule has been met and play should be allowed to continue. However, if the device were to be used illegally at a later time, the team would be subject to additional penalties according to the rules.

Rule 309 Adjustment to Clothing and Equipment

⇒ Situation 1

The goalkeeper requests that they be permitted to go to their players' bench to obtain a new catching glove and remain on the ice for the ensuing face-off. Should the Referee permit this action?

No. Rule References 309(a and b) and 205(c).

Any such equipment change must be made by another player delivering the glove to the goalkeeper and such change must be made quickly without delaying the game.

⇒ Situation 2

May a Referee grant a goalkeeper permission to go to the players' bench to adjust their equipment, recover from an injury or get a drink of water, then permit that goalkeeper to return to the game during the stoppage of play, even though the team has a substitute dressed and on the bench?

No. Rule References 309(b) and 205(c).

Any time a goalkeeper goes to their players' bench during a stoppage of play, they must be replaced or a bench minor penalty be assessed.

However, if an unusual delay in the game occurs, such as a required rink or equipment repair, the Referee may give the goalkeeper permission to wait out the delay at their bench. A water bottle on the top of the goal is permitted.

SECTION FOUR PENALTIES



Rule 401 Penalties

- (a) Penalties shall be actual playing time and shall be divided into the following classes:
 - (1) Minor/Bench Minor Penalties
 - (2) Major Penalties
 - (3) Misconduct Penalties
 - (4) Match Penalties
 - (5) Penalty Shot

(Note 1) When play is not actually in progress and an offense is committed by any player or Team Official, the same penalty shall apply as though play were actually in progress.

(Note 2) Should a player commit multiple infractions on the same play, either before or after the Referee has stopped play, the offending player shall serve the penalties consecutively.

(b) Any player, except in Adult age classifications, who receives four penalties in the same game shall be assessed a game misconduct penalty. Any Adult player who receives five penalties in the same game shall be immediately ejected for the remainder of the game with no further suspension.

Any Head Coach whose team, except in Adult age classifications, receives twelve (12) or more penalties during one game shall be suspended for the next scheduled game of that team.

(c) For any Team Official or Player serving a suspension for a prior game misconduct violation or disciplinary suspension, the suspension will commence 45 minutes prior to the start of each game and conclude 30 minutes following the conclusion of each game.

The Team Official or Player serving the suspension shall be prohibited from:

- (1) Having any interaction, involvement or communication "in person," electronically or otherwise with the team
- (2) Being present in the locker room
- (3) Being on or near the bench of their team

Any violation of this Rule may result in supplementary discipline and may subject such Team Official or Player to further disciplinary proceedings.

Rule 402 Minor Penalties

(Note) Affiliates are authorized to grant exceptions to the pro-rated schedule for minor penalties for the 14 & under age classification and older.

The length of minor penalties shall be pro-rated for the following period lengths:

- 12 minutes or less 1:00 minor penalty
- More than 12 but less than 17 minutes 1:30 minor penalty
- 17-20 minutes 2:00 minor penalty

All minor and bench minor penalties in the Adult classifications shall be 2:00 in length.

- (a) For a "MINOR PENALTY," any player, other than a goalkeeper, shall be ruled off the ice for the designated minor penalty time during which time no substitute shall be permitted.
- (b) For a "BENCH MINOR" penalty one player shall be ruled off the ice for the designated minor penalty time, during which time no substitute shall be permitted. Any non-penalized player of the team who was on the ice at the time of the infraction, except the goalkeeper, may be designated to serve the penalty by the Coach through the captain, and such player shall promptly take their place on the penalty bench.
- (c) If the opposing team scores a goal while a team is short-handed (below the on ice numerical strength of its opponent at the time of the goal) by one or more minor penalties, one of such penalties shall automatically terminate. The penalty that terminates automatically is the first minor or bench minor penalty (non-coincidental) then being served by the "short-handed" team. This rule shall not apply when a goal is scored on a penalty shot or an awarded goal.
- (d) When the minor penalties of two players of the same team terminate at the same time, the captain of that team shall designate which player will return to the ice first.
- (e) When a player receives a major or match penalty and a minor penalty at the same time, the major or match penalty shall be served first. However, if the major or match penalty is assessed under the coincidental major or match penalty rules, the minor penalty will be recorded and served first.

(f) When an equal number of minor penalties (coincidental) are assessed to players from both teams, the penalized players shall take their place on the penalty bench and immediate substitution will take place for an equal number of minor penalties. The penalized players shall not leave the penalty bench until the first stoppage of play following the expiration of their penalties. Additional minor penalties assessed at the same stoppage that are not considered coincidental minor penalties shall be served in the normal manner.

Coincidental minor penalties shall not be taken into account for the purpose of a delayed penalty under Rule 408 (Delayed Penalties).

Rule 403 Major Penalties

(Note) (Except for Adults) Affiliates or governing bodies are authorized to reduce the length of major penalties for games under their jurisdiction according to the following period lengths:

- 12 minutes or less 3:00 major penalty
- More than 12 but less than 17 minutes 4:00 major penalty
- 17-20 minutes 5:00 major penalty
- (a) For a "MAJOR PENALTY," any player, except the goalkeeper, shall be ruled off the ice for five minutes, or the designated major penalty time, during which time no on-ice substitute shall be permitted.
- (b) For the second major penalty in the same game to the same player or goalkeeper, the game misconduct penalty assessed shall cause the player or goalkeeper to be suspended for their team's next two games. This two-game suspension is in addition to any other required suspensions incurred during the same incident.
- (c) When an equal number of major penalties (coincidental), are assessed to players from both teams, the penalized players shall take their place on the penalty bench and immediate substitution will take place for an equal number of major penalties. The penalized players shall not leave the penalty bench until the first stoppage of play following the expiration of their penalties. Additional minor or major penalties assessed at the same stoppage that are not considered coincidental penalties shall be served in the normal manner.

The coincidental penalty rule shall also apply in all situations where penalties of equal duration (minor or major penalties) are assessed to both teams

Coincidental major penalties shall not be taken into account for the purpose of a delayed penalty under Rule 408 (Delayed Penalties).

(d) (For all Youth, High School and Girls' Age Classifications)
When a player is assessed a major plus game misconduct
penalty, unless immediate substitution is permitted under the
coincidental major penalty Rule 403(c), the penalized team shall
immediately place an additional or substitute player on the
penalty bench and such player may not be changed.

(For Adult Classifications) When a player is assessed a major plus game misconduct penalty, unless immediate substitution is permitted under the coincidental major penalty Rule 403(c), the penalized team shall not be required to place an additional or substitute player on the penalty bench for the purpose of serving short-handed penalty time. When the major penalty expires, the penalized team may regain even-strength by adding a player from the team bench.

Rule 404 Misconduct Penalties

(Note) (Except for Adults) Affiliates or governing bodies are authorized to reduce the length of misconduct penalties for games under their jurisdiction according to the following period lengths:

- 12 minutes or less 6:00 misconduct penalty
- More than 12 but less than 17 minutes 8:00 misconduct penalty
- 17-20 minutes 10:00 misconduct penalty
- (a) A "MISCONDUCT" penalty involves the removal of a player, other than a goalkeeper, from the game for a period of 10 minutes, or the designated misconduct penalty time, with immediate substitution taking place on ice. A player whose misconduct penalty has expired shall remain on the penalty bench until the next stoppage of play.

Unless immediate substitution is permitted under the coincidental minor penalty rule 402(f), when a player receives a minor penalty plus a misconduct or game misconduct penalty at the same time, the penalized team shall immediately place

an additional non-penalized player, other than a goalkeeper, on the penalty bench and such player may not be changed.

No other replacement for the penalized player shall be permitted to enter the game except from the penalty bench upon expiration of the penalty.

For violation of this rule a bench minor penalty for illegal substitution shall be imposed.

For the second misconduct penalty assessed to the same player during the same game, a game misconduct penalty shall be assessed to that player in lieu of the second misconduct penalty.

(b) A "GAME MISCONDUCT" penalty involves the suspension of a player or Team Official for the balance of the game with immediate substitution taking place on ice.

A player or Team Official incurring a game misconduct penalty shall also be suspended for the team's next game (the game already appearing on the schedule of that team at the time of the infraction), except that when such penalty is imposed under Rule 403(b) (Second Major in Game) there shall be a minimum two-game suspension.

(Note) In all cases where a game misconduct penalty is assessed, the incident shall be reported to the proper authorities who shall have full power to impose further suspensions.

(Note 2) For all game misconduct penalties regardless of when imposed, a total of 10 minutes shall be charged in the records against an offending player.

(c) Any Team Official or player who is assessed a game misconduct penalty may not remain near the bench of their team, nor in any way attempt to direct the play of their team, for the balance of the game in which the game misconduct penalty has been issued.

Rule 405 Match Penalties

(Note) (Except for Adults) Affiliates or governing bodies are authorized to reduce the length of match penalties for games under their jurisdiction according to the following period lengths:

- 12 minutes or less 3:00 match penalty
- More than 12 but less than 17 minutes 4:00 match penalty
- 17-20 minutes 5:00 match penalty
- (a) A "MATCH" penalty involves the immediate removal of a player or Team Official for the balance of the game and a five-minute time penalty, or the designated match penalty time, shall be assessed.

(Note) For all "MATCH" penalties, regardless of when imposed, or prescribed additional penalties, a total of 10 minutes shall be charged in the records against the offending player or Team Official.

(For all Youth, High School and Girls' Age Classifications)
Unless immediate substitution is permitted under the
coincidental major penalty Rule 403(c), the penalized team shall
immediately place a substitute player on the penalty bench and
such player shall not be changed.

(For Adult Classifications) Unless immediate substitution is permitted under the coincidental major penalty Rule 403(c), the penalized team shall not be required to place an additional or substitute player on the penalty bench for the purposes of serving short-handed penalty time. When the match penalty expires, the penalized team may regain even-strength by adding a player from the team bench.

- (b) When coincidental match penalties have been imposed or when any combination of coincidental major and match penalties have been assessed to a player or players of both teams, Rule 403(c) covering coincidental major penalties will be applicable with respect to player substitutions.
- (c) A player or Team Official incurring a match penalty shall be suspended from participating in all USA Hockey games and practices until their case has been dealt with by the proper authorities. Appropriate discipline will be determined using the USA Hockey Standardized Discipline Policy (see Preface).

If a hearing is requested by either party (the offending player/ team official or the proper authorities), it shall be offered to be held within 30 days of the incident ("30-day period") together with a decision in accordance with Bylaw 10D (Suspension Hearings/Domestic Competition Playing Rules). If extenuating circumstances prevent the proper authorities from conducting the hearing within the 30-day period, the player or Team Official shall be automatically reinstated after the 30-day period. The failure to offer the hearing shall not prohibit the hearing body from conducting the hearing after the 30-day period and imposing further disciplinary action.

If the proper authorities decide to suspend the offending player or coach as a result of a match penalty, the minimum suspension must be one complete game. All additional suspensions, after a hearing, must include the next game appearing on the offending team's game schedule.

(Note) The Referee is required to file an incident report for all match penalties and the surrounding circumstances no later than 24 hours following the game in which they occur.

- (d) Any Team Official or player who is assessed a match penalty may not remain near the bench of their team, nor in any way attempt to direct the play of their team for the balance of the game in which the match penalty has been issued.
- (e) Original jurisdiction in any hearing resulting from a match penalty assessed under Rule 601(e.1) (Physical Assault of Officials) shall reside with the Affiliate.

Rule 406 Penalty Shot

(a) If the offense for which the penalty shot was awarded was such as would normally incur a minor or bench minor penalty, the non-offending team may, prior to the penalty shot, elect that the minor or bench minor penalty be assessed to the offending player or team in lieu of the penalty shot. If the penalty shot is selected, the offending team shall not be reduced in on-ice strength as a result of the infraction.

If the offense for which the penalty shot was awarded was such as would normally incur a major or match penalty, such penalty shall be imposed in addition to the penalty shot regardless as to whether a goal was scored or not. In addition, misconduct penalties will also be served in the normal manner.

(b) In cases where a penalty shot that has been awarded where a specific player has been fouled [Rules 610(e and f), 616(b), 629(c) and 637(a and b)], the Referee shall designate the fouled player to take the penalty shot.

In cases where a penalty shot that has been awarded where a specific player has not been fouled [Rules 204(d), 610(e and f), 614(b), 618(a) and 637(a)], the player selected to take the penalty shot shall be designated by the Captain of the non-offending team from the players who were on the ice at the time the infraction occurred.

If by reason of injury the player designated by the Referee to take the penalty shot is unable to do so within a reasonable time, the shot may be taken by a player selected by the Captain of the non-offending team from the players on the ice at the time the infraction occurred.

Once the player has been designated to take the shot, either by the Referee or Captain, such player may not be changed unless that player had incurred a game misconduct or match penalty prior to taking the penalty shot. In this instance, the Captain of the non-offending team shall designate a player who was on the ice at the time of the infraction to take the penalty shot

If the player designated to take the penalty shot is assessed a minor or misconduct penalty in connection with the play prior to taking the penalty shot, they shall first be permitted to complete the penalty shot prior to taking their place on the penalty bench.

Only a player designated as a goalkeeper, substitute goalkeeper or temporary goalkeeper (see Glossary) may defend against a penalty shot.

(c) A "Penalty Shot" shall be taken as follows: The puck shall be placed on the center ice face-off spot and on the instruction of the Referee, the player taking the shot will play the puck from there and attempt to score on the goalkeeper. Once the player taking the shot has touched the puck, it must be kept in motion towards the opponent's goal line and once it is shot the play shall be considered complete. No goal can be scored on a rebound of any kind and any time the puck crosses the goal line the shot shall be considered complete.

The goalkeeper must remain in the crease until the player taking the penalty shot has touched the puck. The goalkeeper may attempt to stop the shot in any manner except by throwing

their stick or any object, in which case a minor penalty shall be assessed to the goalkeeper.

While the penalty shot is being taken, players from both teams must be on their players' benches.

When an infraction occurs calling for a penalty shot during actual playing time, the shot will be taken immediately upon completion of the play (delayed whistle by the Referee). The time required to complete the penalty shot shall not be included in the regular playing time.

If a goal is scored from a penalty shot, the puck shall be faced-off at center ice in the usual way. If a goal is not scored, the puck shall be faced-off at either of the end face-off spots in the zone in which the penalty shot has been attempted.

(d) For any violation committed by a goalkeeper during the penalty shot, the Referee shall allow the shot to be completed and if the shot fails, another penalty shot shall be awarded. Any penalties assessed will be served in the normal manner whether or not a goal is scored on the penalty shot.

If, while the penalty shot is being taken, any player of the opposing team shall have by some action interfered with or distracted the player taking the shot, and as a result the shot was failed, a second attempt shall be permitted and the Referee shall impose a misconduct penalty on the player who committed the infraction.

Rule 407 Goalkeeper Penalties

- (a) A goalkeeper shall not be sent to the penalty bench for an offense that incurs a minor or misconduct penalty. These penalties shall be served by another member of the team who was on the ice when the offense was committed. The player shall be designated by the Coach of the offending team through the captain and such substitute may not be changed.
- (b) Should a goalkeeper incur a game misconduct or a match penalty, their place will be taken by a substitute goalkeeper or a temporary goalkeeper (see Glossary) or an additional skater.

Any time penalties assessed to a goalkeeper, including minor, major, misconduct or match penalties, shall be served by another member of the team on the ice at the time the offense was committed. The player shall be designated by the Coach of the offending team through the Captain and such substitute may not be changed.

- (Note) All penalties assessed to a goalkeeper, regardless of who serves the penalty, or any substitution, shall be charged in the records against the goalkeeper.
- (c) If a goalkeeper deliberately participates in the play in any manner when they are beyond the center red line, a minor penalty shall be assessed.

Rule 408 Delayed Penalties

- (a) If a third player shall be penalized while two players of the same team are serving non-coincidental penalties, they shall proceed to the penalty bench immediately and may be replaced by a substitute on the ice. However, the penalty time of the third player shall not begin until the first such penalty has expired.
- (b) When either team has three players serving penalties at the same time under this rule and a substitute is on the ice to replace the third penalized player, no players may return to the ice upon expiration of their penalty except at a stoppage of play.

However, if the penalized team is entitled to have more players on the ice as a result of expired penalties, the Penalty Timekeeper shall permit the player(s) to return in the order in which their penalty has expired.

When the penalties of two players of the same team expire at the same time, the captain shall designate which player will return to the ice first.

- (c) When a major and a minor penalty are imposed at the same time on players of the same team, the Penalty Timekeeper shall record the minor as being the first of such penalties.
- (d) Where it is required to determine which of the penalized players shall be designated to serve the delayed penalty, the penalized team shall have the right to make such designation provided such designation is not in conflict with Rule 402 (Minor Penalties).

(Note) This applies to the case where the penalties are assessed to DIFFERENT players of the same team. See also Rule 402(e)(Minor Penalties).

Rule 409 Calling of Penalties

(a) Should an infraction of the rules be committed by a player of the team in possession of the puck, the Referee shall immediately stop play and assess the penalty(s) to the offending player(s).

Should an infraction of the rules be committed by a player of a team NOT in possession of the puck the Referee shall signal a delayed penalty. Play will be stopped immediately when the offending team gains possession of the puck and the penalty(s) assessed to the offending players(s).

(Note 1) Play is stopped when the offending team gains "possession" of the puck as defined in the Glossary. A rebound off of the goalkeeper or accidental contact with any opposing player is not considered to establish "possession of the puck."

(Note 2) There shall be no delayed penalty signal given by the Referee for a misconduct or game misconduct penalty under this section.

The resulting face—off will take place at the nearest face-off location where play was stopped unless a penalty is assessed that appears on the game clock and causes a team to be short-handed. In that case, the ensuing face-off shall take place at a defending zone face-off spot of the offending team, unless otherwise specified under Rule 612(b).

(b) If the penalty or penalties to be imposed are minor penalties and a goal is scored on the play by the non-offending team, the first minor penalty shall be imposed and recorded but shall be deemed expired. All other penalties shall be imposed in the normal manner regardless of whether or not a goal is scored.

If the Referee signals an additional minor penalty(s) against a team that is already short-handed (below the numerical strength of its opponent on the ice at the time of the goal) because of one or more minor or bench minor penalties, and a goal is scored by the non-offending team, the goal shall be allowed. The delayed penalty(s) shall be assessed and the first non-coincidental minor penalty already being served shall terminate automatically under Rule 402(c) (Minor Penalties).

(c) If the Referee has signaled a delayed penalty and the puck shall enter the goal of the non-offending team as the direct result of the action of a player of that team, the goal shall be allowed

- and the penalty signaled shall be imposed in the normal manner
- (d) All minor and bench minor penalties occurring after a goal has been scored or during the stoppage of play when a penalty shot is being attempted, shall be served in the normal manner under this rule.

Rule 410 Supplementary Discipline

- (a) In addition to the suspensions imposed under these rules, the proper disciplinary authority, at its discretion and after the game has been completed, may investigate any incident that occurs in connection with any game. Any incident that occurs prior to, during, or after the game is subject to review regardless of whether the action was penalized by the Referee.
- (b) Suspensions imposed during a USA Hockey governed playoff event (State, District or National Championships) must be served during that same event where the suspension occurred. If the length of suspension carries beyond that event for an advancing team, the Discipline Committee of the following Championship shall be the sole authority in determining the eligibility of the individual(s).
- (c) In the case of a match penalty, the proper disciplinary authority (as defined in the Glossary) shall be required to conduct any disciplinary actions in accordance with the provisions of USA Hockey's Standardized Discipline Policy (see Preface). If a hearing is requested by either party (the offending player/team official or the proper authorities), it shall follow USA Hockey's "Resolutions of Disputes, Arbitration and Suspensions" section of the current USA Hockey Annual Guide.

Rule 411 Progressive Suspensions

(Note) USA Hockey is committed to providing a safe and fair environment for all participants. While the vast majority of players participate within the rules and respect the game and their opponents, USA Hockey recognizes the need to hold those players and coaches deemed to be repeat offenders accountable for their actions.

(a) Any player who receives their third major penalty during the same season for any combination of aggressive infractions listed below shall receive an additional three-game suspension.

For any player who receives their fourth major penalty in this category, the player shall receive an additional five-game suspension. Any player who receives their fifth major penalty in this category during the same season shall be suspended until a hearing is conducted by the proper authorities (USA Hockey Affiliate). These designated game suspensions shall be in addition to any other suspensions imposed through the official playing rules. The aggressive infractions that fit into this category are:

Rule 603 Boarding Rule 604 Body Checking (Competitive Contact categories) Rule 606 **Butt-Endina** Rule 607 Charaina Checking From Behind Rule 608 Cross-Checking Rule 609 Rule 611 Elbowing Rule 619 Head-Butting Rule 620 Head Contact Rule 621 High Stick Rule 622 Holding an Opponent (Grabbing Facemask) Rule 627 Kicking Rule 628 Kneeina Rule 634 Slashina Rule 635 Spearing

(Note) A separate progressive suspension rule for Fighting is covered under Rule 615(f) Fighting.

Unnecessary Roughness (Roughing)

Tripping/Clipping/Leg Checking/Slew Footing

(b) Any team that receives three major penalties in the same game shall have its Head Coach suspended for the next game of that team. For any subsequent game where that team receives three or more major penalties in the same game, the Head Coach shall serve a three-game suspension. For a third game with three or more major penalties by the same team during the same season, the Head Coach shall be suspended indefinitely until a hearing has been conducted by the proper authorities (USA Hockey Affiliate).

(Note) The role of the Official is to enforce all playing rules at all times and they are expected to strictly enforce playing rules that fall under the aggressive infraction category. Players and coaches must be held accountable for dangerous actions and

Rule 639

Rule 640

the onus is on them to teach and play the game within the rules. Officials are required to submit a game report no later than 24 hours following the game for any major penalty falling in the aggressive infraction category, game misconduct or match penalty that is assessed.

(c) Any coach who receives their second game misconduct penalty in the same season for a violation of Rule 601 shall automatically receive an additional three-game suspension.

Any coach who receives their third game misconduct penalty in the same season for a violation of Rule 601 shall automatically be suspended from USA Hockey activities until a hearing is conducted by the Proper Authority.

CASEBOOK FOR PENALTIES

Rule 401 Penalties

⇒ Situation 1

Can the Referee impose penalties that occur during the pregame warm-up?

Yes. Rule References 401(a Note 1) and 502(a).

The Officials should enter the ice prior to the start of the warm-up period and must personally witness the incident in order for penalties to be assessed. All penalties imposed during the pregame warm-up begin at the opening face-off.

⇒ Situation 2

An Official blows the whistle to stop play. The players around the puck do not hear the whistle and the play continues. During this time, a player commits an infraction that calls for a minor penalty. Should the Referee assess the penalty even though play was supposed to have stopped prior to the infraction?

Yes. Rule Reference 401(a Note 1).

The penalty must be assessed even though the play has technically ended. Penalties that occur during stoppages of play must be called as if they actually occurred during normal playing time.

⇒ Situation 3

A team (Youth, Girls' or High School) is assessed 9 minor, 3 misconduct and 2 game misconduct penalties during a game. Is the Head Coach suspended for the next game of that team in this situation?

Yes. Rule Reference 401(b).

When the total number of assessed and recorded penalties equals or exceeds 12, the Head Coach is suspended for the next one game of the team.

At the 13:45 mark of the third period a team (Youth, Girls' or High School) is assessed its twelfth penalty. Is the Head Coach immediately removed from the bench and assessed a game misconduct penalty?

No in both instances. Rule Reference 401(b).

The Head Coach is given a one-game suspension that is served during the next game of that team that is already on the schedule.

The Coach is not assessed a game misconduct penalty nor are they removed from the current game for this rule.

⇒ Situation 5

A team (Youth, Girls' or High School) is assessed 12 penalties during a game. Can the Assistant Coach or Manager serve the subsequent game suspension that is called for in this situation?

No. Rule Reference 401(b).

The individual that is designated as the Head Coach on the scoresheet for that game must serve the one-game suspension.

⇒ Situation 6

During a game (Youth, Girls' or High School) the Head Coach is assessed a game misconduct penalty and the Assistant Coach takes control of the team. Later in the game that team incurs its twelfth penalty. What suspensions are served?

Both coaches are suspended for the next game of that team. Rule References 401(b) and 404(b).

Once the Head Coach is removed from the game the Assistant Coach assumes the responsibility for the team. Whoever is considered to be in control of the team at the time the 12th penalty is assessed (if still the Head Coach – they would serve this suspension in addition to the game misconduct suspension) is the individual who must serve the one-game suspension under this rule.

A player (Youth, Girls' or High School) is assessed a minor plus a misconduct penalty. Does this infraction count as one or two penalties toward the cumulative penalty rule?

Two. Rule Reference 401(b).

Even though there has been only one infraction of the rules, there are two penalties assessed for this infraction that both count towards the cumulative penalty rule.

⇒ Situation 8

A player (Youth, Girls' or High School) is assessed a major and a game misconduct penalty which also constitutes their fourth penalty in that game. How many games is the player suspended?

Assuming this was not the second major penalty of the game, they shall be suspended for two games. Rule References 401(b) and 404(b).

They receive a one game suspension for the major and game misconduct penalty assessed, and a one game suspension for the second game misconduct penalty (incurring four penalties in one game).

⇒ Situation 9

During a delayed penalty signal to Team A, Team B scores a goal. The signaled penalty is recorded but not served. Is the signaled infraction included in the cumulative penalty rules for players and teams (Youth, Girls' or High School)?

Yes. Rule References 401(b) and 409(b).

Each penalty that is recorded on the scoresheet, whether or not it is actually served, counts towards the cumulative penalty rules.

The Referee is signaling a minor plus a misconduct penalty to a Team A player (Youth, Girls' or High School) for Checking from Behind. During the delay, Team B scores a goal. The minor penalty is recorded, but not served, and the player serves the misconduct portion of the infraction. How many penalties apply toward the cumulative penalty rule?

Both penalties are counted. Rule References 401(b) and 409(b).

Each penalty that is recorded on the scoresheet, whether or not it is actually served, counts towards the cumulative penalty rules.

⇒ Situation 11

Do coincident minor penalties apply toward the cumulative penalty rule (Youth, Girls' or High School)?

Yes. Rule Reference 401(b).

Even though no penalty time is displayed on the clock, the penalties are still counted towards the 4/12 rule.

⇒ Situation 12

Does a Penalty Shot apply toward the cumulative penalty rule (Youth, Girls' or High School)?

Yes. Rule Reference 401(b).

A Penalty Shot is considered an infraction and would normally incur a penalty if it did not fit into the penalty shot criteria.

⇒ Situation 13

A defending player (Youth, Girls' or High School) deliberately displaces the goal with the goalkeeper off the ice which clearly prevents a goal. The Referee correctly awards a goal to the non-offending team. Does this infraction apply toward the cumulative penalty rule?

Yes. Rule Reference 401(b).

An Awarded Goal is considered an infraction and would normally incur a penalty if it did not fit into the awarded goal criteria.

During a game, a player (Youth, Girls' or High School) receives four penalties and their team is assessed 12 penalties, both calling for game suspensions. How are these game suspensions reported?

The Referee shall note these infractions on the scoresheet and notify the proper authorities. Rule Reference 401(b) and 404(b).

Rule 402 Minor Penalties

⇒ Situation 1

Are there any instances in which a bench minor penalty does not have to be served by a player on the ice at the time of the infraction?

No. Rule References 402(b).

Bench minor penalties must be served by a non-penalized player who was on the ice at the time of the infraction.

In those rare occasions when a bench minor penalty is assessed and there are no players on the ice (e.g. before the start of the game, during intermissions, during a penalty shot, etc.), the team may designate any non-penalized player, except a goalkeeper, to serve the bench minor penalty.

⇒ Situation 2

A player is assessed a minor penalty and then their team is assessed a bench minor penalty during the same stoppage of play. The player's Coach requests that the player also serve the bench minor penalty? Should the Referee permit this?

No. Rule Reference 402(b).

Because the bench minor penalty is assessed to the team and not to an individual player, the Coach must designate a non-penalized player who was on the ice at the time of the infraction to serve the bench minor penalty. The team will then play shorthanded by two players for two minutes, unless a goal is scored that would terminate a minor penalty.

May a penalized player serve a bench minor penalty that has been subsequently assessed to their team?

No. Rule Reference 402(b).

The player designated to serve a bench minor penalty must be a non-penalized player, except goalkeeper, who was on the ice at the time of the infraction

⇒ Situation 4

During play, Team A inadvertently plays while having six players plus a goalkeeper on the ice. When the team gains possession of the puck the Referee stops the play and assesses a bench minor penalty for "too many players on the ice." The Coach vehemently protests the call and is subsequently assessed an additional bench minor penalty before the ensuing face-off. May the Coach designate the same player to serve both bench minor penalties.

No. Rule Reference 402(b)

The team must designate two players who were on the ice at the time of the infractions, except a goalkeeper, to serve these penalties. Because each infraction is considered to be a separate penalty, the team must play short-handed by two players for two minutes. They do not have the option of playing short-handed by one player for four minutes.

⇒ Situation 5

A team with only six players is short-handed by two players and is subsequently assessed a bench minor penalty. May the first of the penalized players be designated to serve the delayed bench minor penalty after their penalty expires?

No. Rule References 402(b) and 201(a).

The player designated to serve a bench minor penalty must be a non-penalized player, except a goalkeeper, who was on the ice at the time of the infraction. If the team is unable to put the proper number of players on the ice because of this situation, the game shall be declared a forfeit.

Is there a general rule of thumb for determining which penalty, if any, expires as the result of a goal scored by the opposing team?

Yes. There are many situations where a minor penalty terminates as the result of a goal being scored against a team that is short-handed. Rule References 402(c) and 402(f).

NOTE: "Short-handed" is to be interpreted as meaning that the team is below the on-ice numerical strength of its opponent.

When a goal is scored, ask yourself:

Is the team that was scored upon below the on-ice numerical strength of its opponents?	If NO , take no action.
If YES , Is there as least 1 non-coincident minor or bench minor penalty being served by the team that was scored upon?	If NO , take no action.
If YES , Terminate the minor or bench minor penalty with the least time remaining on the clock.	

TIME

3:00

TEAM A

X-2+2

The following guidelines will assist the Referee in making the correct decision as to which penalty, if any, expires when a goal is scored:

- (1) When both teams are at equal on-ice numerical strength, no penalty can expire as the result of a goal.
- (2) The penalty that expires is the minor or bench minor penalty then being served with the least time remaining on the penalty clock.
- (3) A major penalty cannot expire as the result of a goal scored.
- (4) A double minor penalty is always treated as two separate minor penalties, not one four-minute penalty.
- (5) Any time two minor penalties to different players of the same team expire at the same time, the Captain has the choice as to which player will return first.

The following examples illustrate how rule 402 is to be applied when terminating a penalty as the result of a goal being scored.

One player assessed a double minor or a major plus a minor penalty.

ANSWER

No one returns

TEAM B

4:30		Goal			
The firs	The first minor penalty to X terminates. The second minor penalty				
		e minor penalties are treated as two			
_	e penalties.	, miles perialises are treated as two			
Separat	e perialiles.				
3:00	X- 2+2	X returns			
5:30		Goal			
	minor nonalt				
		has expired so the second penalty			
termina	tes.				
3:00	X- 5+2	No one returns			
4:30		Goal			
	ior popalty mu	st be served first.			
THE IIIa	joi penalty inc	st be served first.			
3:00	X- 5+2	X returns			
8:30	3 =	Goal			
	ior nonalty ba	s expired so the minor penalty terminates.			
The ma	ior penaity na	, expired so the minor behalty terminates.			

Two players on the same team assessed combinations of minor and major penalties.

	minor and major periantes.				
TIME	TEAM A	TEAM B	ANSWER		
3:00	X- 2		X returns		
4:00	Y- 2				
4:45		Goal			
The min	or penalty to >	(had less time re	emaining than Y's		
3:00	X- 2		X returns		
4:00	Y- 5				
4:45		Goal			
The only	/ minor penalty	y being served is	s X's.		
3:00	X- 5		Y returns		
4:00	Y- 2				
4:45		Goal			
The only	/ minor penalty	y being served is	s Y's.		
3:00	X- 2+2		No one returns		
4:00	Y- 2				

4:45 Goal
The first minor penalty to X terminates. It had less time remaining than Y's

3:00	X- 2+2		Y returns
4:00	Y- 2		
E-3U		Goal	

The second penalty to X began at 5:00. The minor penalty to Y began before the second penalty to X. Double minor penalties are always treated as two separate minor penalties.

3:00	X- 5+2				Υ	returns	
4:00	Y- 2						
4:45		Goal					
			٠.				

X must serve the major penalty first. A major penalty cannot terminate as the result of a goal scored.

TIME	TEAM A	TEAM B	ANSWER	
3:00	X- 5+2		Y returns	
7:30	Y- 2			
8:05		Goal		

The minor penalty to X began at 8:00. The minor penalty to Y terminates as this penalty had the lesser time remaining.

4:00	X- 5+2		Both X and Y return
7:00	Y- 2		
9:00		Goal	

The minor penalty to Y and the major penalty to X have expired. The minor penalty to X terminates as a result of the goal.

3:40	X- 5+2		Captain's choice of
8:40	Y- 2		X or Y return
9:10		Goal	

The major penalty has already expired. The minor penalties to X and Y are scheduled to expire at the same time.

Three players on the same team assessed a combination of minor and major penalties. "Sig." = the infraction is being signaled by the Referee when the goal is scored.

TIME	TEAM A	TEAM B	ANSWER
3:00	X- 2		X returns; Team A
3:30	Y- 2		remains short-
4:00	Z- 2		handed by 2 players
4:30		Goal	

The minor penalty to X had less time remaining than Y's. The delayed penalty to Z starts at 4:30.

3:00	X- 2		X and Y return;
3:30	Y- 2		Team A will be
4:00	Z- 2		short-handed by
5:15		Goal	one player

The penalty to X expired, and the minor penalty to Y had less time remaining than Z's. The delayed penalty to Z began at 5:00, upon the expiration of the penalty to X.

TIME	TEAM A	TEAM B	ANSWER
3:00	X- 2		X returns and the
3:30	Y- 2		signaled penalty to
Sig.	Z- 2		Z is assessed; Team
4:30		Goal	A remains short handed by 2 players.

The penalty to X had less time remaining than Y's. Only one minor penalty can be terminated as the result of a goal scored.

3:00	X- 2		Y returns and the
3:30	Y- 2		signaled penalty to
Sig.	Z- 2		Z is assessed; (X
5:15		Goal	returned at 5:00);
			Team A will be short
			handed by one player.

The penalty to Y was the only minor penalty being served at the time of the goal.

3:00	X- 5		Y returns and the
3:30	Y- 2		signaled penalty to Z
Sig.	Z- 2		is assessed; Team A
4:30		Goal	remains short-handed
			by 2 players.

A major penalty cannot terminate as the result of a goal scored. The penalty to Y was the only minor penalty being served at the time of the goal.

One player on each team assessed a combination of minor and major penalties.

TIME	TEAM A	TEAM B	ANSWER	
3:00	X- 2		No one returns	
3:30		B- 2		
4:15		Goal		

The teams were at equal numerical strength at the time of the goal, so no penalty may be terminated.

TIME	TEAM A	TEAM B	ANSWER	
3:00	X- 2+2		No one returns	_
3:30		B- 2		
4:15		Goal		

The teams were at equal numerical strength at the time of the goal, so no penalty may be terminated.

3:00	X- 5+2		No one returns
3:30		B- 2	
4:15		Goal	

The teams were at equal numerical strength at the time of the goal, so no penalty may be terminated.

3:00	X- 5+2		No one returns
8:30		B- 2	
9:40		Goal	

The major penalty to X has expired, but the teams were still at equal numerical strength at the time of the goal.

Unequal number of players assessed a combination of minor and major penalties.

TIME	TEAM A	TEAM B	ANSWER	
3:00	X- 2		X returns	
3:30		B- 2		
4:00	Y- 2			
4:30		Goal		

The minor penalty to \boldsymbol{X} had less time remaining than the minor to \boldsymbol{Y} .

3:00	X- 2		X returns	
3:30	Y- 2			
4:00		B- 2		
4:30		Goal		

The minor penalty to \boldsymbol{X} had less time remaining than the minor to \boldsymbol{Y} .

TIME	TEAM A	TEAM B	ANSWER	
3:00		B- 2	X returns	
3:30	X- 2			
4:00	Y- 2			
4:30		Goal		

The minor penalty to \boldsymbol{X} had less time remaining than the minor to \boldsymbol{Y} .

3:00		B- 2	X returns	
3:30	X- 2			
4:00	Y- 5			
4:30		Goal		

The minor penalty to X is the only Team A penalty eligible for termination.

3:00	X- 2		X returns	
3:30		B- 5		
4:00	Y- 2			
4:30		Goal		

The minor penalty to \boldsymbol{X} had less time remaining than the minor to \boldsymbol{Y} .

3:00	X- 2		X returns	
3:30		B- 2		
4:00	Y- 5			
4:30		Goal		

The minor penalty to \boldsymbol{X} is the only Team A penalty eligible for termination.

3:00	X- 2		X returns	
3:30		B- 5		
4:00	Y- 5			
4:30		Goal		

The minor penalty to \boldsymbol{X} is the only Team A penalty eligible for termination.

TIME	TEAM A	TEAM B	ANSWER	
3:00	X- 5		Y returns	
3:30	Y- 2			
4:00		B- 2		
4:30		Goal		

The minor penalty to Y is the only Team A penalty eligible for termination.

3:00	X- 5		Y returns	
3:30		B- 2		
4:00	Y- 2			
4:30		Goal		

The minor penalty to Y is the only Team A penalty eligible for termination.

3:00	X- 2		X returns	
3:30	Y- 5			
4:00		B- 2		
4:30		Goal		

The minor penalty to \boldsymbol{X} is the only Team A penalty eligible for termination.

3:00		B- 5	X returns
3:30	X- 2		
4:00	Y- 2		
4:30		Goal	

The minor penalty to \boldsymbol{X} had less time remaining than the minor to \boldsymbol{Y} .

3:00	X- 2+2		First minor penalty
3:30		B- 2	to X terminates.
4:00	Y- 2		
4:30		Goal	

The first minor penalty to X had less time remaining than Y's. On-ice numerical strength remains unchanged when play resumes.

TIME	TEAM A	TEAM B	ANSWER
3:00	X- 2		X returns; Team A
3:15	Y- 2		is still serving two
3:30		B- 2	penalties.
3:35	Z- 2		
4:00		Goal	

The minor penalty to X had less time remaining than Y's. The delayed minor penalty to Z begins at 4:00.

3:00	X- 2		X and Y return
3:15	Y- 2		
3:30		B- 2	
3:35	Z- 2		
5:10		Goal	

The penalty to X has expired at 5:00. The minor penalty to Y had less time remaining than Z's (which began at 5:00).

An equal number of opposing players are assessed penalties at the same time.

TIME	TEAM A	TEAM B	ANSWER	
3:00	X- 5+2	B- 2+2	No one returns	
4:30		Goal		

Both teams were at equal numerical strength at the time of the goal. The minor penalty to X and one of the minors to B offset, thus Team A will play short handed 5 minutes and Team B for 2 minutes.

3:00	X- 5+2	B- 5	The player serving
4:30		Goal	the minor for X
			returns.

The coincident major penalties were offset, thus the minor penalty started immediately.

3:00	X- 2		X returns	
3:30	Y- 2	B- 2		
4:30		Goal		

The minor penalty to X is the only penalty being displayed on the penalty clocks.

TIME	TEAM A	TEAM B	ANSWER	
3:00	X- 2	B- 2	Y returns	
3:30	Y- 2			
4:30		Goal		

At 3:00 both teams remained at full numerical strength because the coincident minor penalties to X and B are offset. Y's minor penalty is the only penalty eligible for termination.

3:00	X- 2	B- 2	No one returns
3:30	Y- 5		
4:00		Goal	

At 3:00 both teams remained at full numerical strength because the coincident minor penalties to X and B are offset. A major penalty cannot expire as the result of a goal.

3:00	X- 2	B- 5	X returns	
3:30	Y- 2			
4:30		Goal		

Each team received one penalty at the same time (3:00), but those minor and major penalties are not considered as "coincident." The minor penalty to X had less time remaining than Y's.

3:00	X- 2	B- 5	X returns	
3:30	Y- 5			
4:30		Goal		

As in the previous example, the two penalties at 3:00 are not considered as "coincident." The minor penalty to X is the only penalty eligible for termination.

3:00	X- 2		X returns	
3:30	Y- 5	B- 5		
4:30		Goal		

The minor penalty to X is the only penalty eligible for termination. The major penalties are coincident and are offset.

3:00	X- 5		No one returns
3:30	Y- 2	B- 2	
4:30		Goal	

The coincident minor penalties to Y and B offset. A major penalty cannot terminate as the result of a goal scored.

TIME	TEAM A	TEAM B	ANSWER	
3:00	X- 5		Y returns	
3:30	Y- 2	B- 5		
4:30		Goal		

As explained previously, the penalties at 3:30 are not considered "coincident." The minor penalty to Y is the only penalty eligible for termination.

3:00	X- 2+2	B- 2	The player serving
3:30	Y- 2		the minor for X
4:30		Goal	returns.

The first minor penalty to X and the minor penalty to B are coincident. The second minor penalty to X began at 3:00, and had less time remaining than Y's minor penalty. X must remain on the penalty bench until the first stoppage at or after 6:30.

3:00	X- 2+2	B- 5	The first minor
3:30	Y- 2		penalty to X expires
4:30		Goal	(the team remains
			short-handed)

As explained previously, penalties at 3:00 are not considered "coincident." The first minor penalty to X had less time remaining than Y's minor.

3:00	X- 2	B- 2	Z returns	
3:30	Y- 5			
4:00	Z- 2			
4:30		Goal		

At 3:00 both teams remained at full numerical strength. The coincident minor penalties to X and B are offset. The minor penalty to Z is the only penalty eligible for termination.

3:00	X- 2		X returns	
3:30	Y- 5	B- 2		
4:30		Goal		

Team A is short-handed, and the minor penalty to X is the only penalty eligible for termination.

TIME	TEAM A	TEAM B	ANSWER	
3:00	X- 2		X returns	
3:30	Y- 5	B- 2		
4:00	Z- 2			
4:30		Goal		

The minor penalty to X is the only penalty eligible for termination. The delayed penalty to Z begins at 4:30.

An unequal number of opposing players are assessed penalties at the same time.

TIME	TEAM A	TEAM B	ANSWER
3:00	X- 2	B- 2	Captain's choice of
	Y- 2		X or Y's penalty
4:30		Goal	to terminate

The minor penalties to X and Y are scheduled to expire at the same time. The coincident minor penalties to B and either X or Y (Captain's choice at the time the penalties are assessed) are offset.

3:00	X- 2 Y- 5	B- 2	No one returns
4:30		Goal	

Team A is short-handed by reason of a major penalty. A major penalty cannot terminate as the result of a goal scored. The coincident minor penalties to X and B are offset.

3:00	X- 2	B- 5	Captain's choice of
	Y- 2		X or Y's penalty
4:30		Goal	to terminate
			and the second second

The minor penalties to X and Y are scheduled to expire at the same time.

3:00	X- 2 Y- 5	B- 5	X returns	
4:30		Goal		

Immediate substitution for B and Y are permitted because coincident major penalties are offset.

TIME	TEAM A	TEAM B	ANSWER
3:00	X- 2+2	B- 2	Captain's choice
	Y- 2		(made when
assessed).		
4:30		Goal	 If Y was coincident,
			X's first minor ends.
(see Note	e below)		 If X's first minor
			was coincident,
			either X's or Y's
			penalty ends.

The first penalty to X and the penalty to Y are scheduled to expire at the same time. The coincident minor penalties to B and either the first penalty to X or the penalty to Y (Captain's choice at the time the penalties are assessed) are offset. Team A choice to be one player short-handed for 4 minutes or two players short-handed for 2 minutes.

NOTE: Because of the coincident penalties, Team A had the choice to be one player short-handed for 4 minutes or two players short-handed for 2 minutes. Effects of this choice based on a goal against at 4:30 when play resumes:

- One player short-handed for 4 minutes: Remaining penalty time is 2:00 for Player X.
- Two players short-handed for 2 minutes: Remaining penalty time is 0:30 for the "non-coincident" Player.

3:00	X- 2	B- 2	Captain's choice of
	Y- 2		X, Y or Z's penalty
	Z- 2		to terminate
4:30		Goal	

At 3:00, the Captain has to make a choice of which coincident minor penalty would be offset with the penalty to B. Upon the goal being scored, it is the Captain's choice of which of the remaining two penalties will expire.

3:00	X- 5	B- 2	Captain's choice of
	Y- 2		Y or Z's penalty
	Z- 2		to terminate
4:30		Goal	

At 3:00, the Captain has to make a choice of which coincident minor penalty would be offset with the penalty to B.

5:10

Specific examples that illustrate how the coincident minor penalty rule is to be applied.

	TEAM A		TEAM B		
	#10	#21	#3	#6	
5:10	2 min.		2 min.		
Immediat	te substitution	for #10 and	#3. Both tear	ms play at full	
on-ice sti	rength.				
5:10	2 min.		2 min.		
	2 min.		2 min.		
Immediat on-ice sti		n for #10 and	#3. Both tear	ms play at full	
5:10	2 min.	2 min.	2 min.	2 min.	
				Both teams play	
	ice strength.	1 101 # 10, # 21,	#5 drid #6. i	Dotti teams play	
5:10	2 min.	2 min.	2 min.		
			2:		
			2 min.		
	e substitutior e strength.	n for #10 , #21		h teams play at	
full on-ice		n for #10 , #21		h teams play at	
full on-ice	e strength.	n for #10 , #21	and #3. Bot	h teams play at	
full on-ice 5:10	e strength.		and #3. Bot 2 min. 2 min.	,	
full on-ice 5:10 Immediat	e strength. 2 min. te substitution	n for #10. Sub	and #3. Both 2 min. 2 min. stitution for #	#3 after 2	
full on-ice 5:10 Immediat minutes.	e strength. 2 min. te substitution	n for #10. Sub player shall l	2 min. 2 min. 2 min. stitution for # pe immediate	#3 after 2 ely placed on the	
full on-ice 5:10 Immediat minutes.	2 min. se substitution An additional	n for #10. Sub player shall l	2 min. 2 min. 2 min. stitution for # pe immediate	#3 after 2 ely placed on the	
full on-ice 5:10 Immediat minutes. penalty b	e strength. 2 min. e substitution An additional bench to "serv	n for #10. Sub player shall l	2 min. 2 min. 2 min. stitution for # pe immediate inor penalty	#3 after 2 ely placed on the	
full on-ice 5:10 Immediat minutes. penalty b 5:10	e strength. 2 min. e substitution An additional bench to "serv	n for #10. Sub player shall l ve" the first m	2 min. 2 min. 2 min. stitution for # oe immediate inor penalty 5 min. 2 min.	#3 after 2 ely placed on the to #3.	

No substitution. Minor penalties are served by the penalized player. A substitute player is required for a major penalty. They return upon expiration.

2 min. 2 min.

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penalty bench to "serve" the major penalty to #3.

5 min.

TIME	TEAM A		TEAM B		
	#10	#21	#3	#6	
5:10	2 min.		2 min.	2 min.	
Immediate	Immediate substitution for #10. Captain's choice of immediate				
substitution for #3 or #6. Team B will play short-handed for 2 minutes.					
5:10	2 min.	2 min.	2 min. 2 min.	2 min.	
Immediate substitution for #10, #21, and #3. Team B will play short-handed for 2 minutes.					
5:10	2 min.		2 min. 2 min.	2 min.	

Immediate substitution for #10. Captain's choice of a.) immediate substitution for #6 (team plays short-handed by one player for 4 minutes), OR b.) offsetting the first minor penalty to #3, placing an additional player on the penalty bench to "serve" the minor penalty to #3 and skating short-handed by two players for 2 minutes.

Always offset an equal number of minor penalties, regardless of the number of players receiving those penalties. Equal time penalties to an equal number of players is not a requirement in the application of the coincident minor penalty rule.

Here are a couple of hints to grasp the penalty termination concept:

Take note of the first minor penalty time which properly goes onto the penalty clock. As long as that penalty is being served, it terminates if that team is scored upon and they are below the on-ice numerical strength of the scoring team. The order of subsequent penalties doesn't matter.

Make sure your Penalty Timekeeper doesn't put coincident minors on the penalty clocks. This will really complicate your decision-making, and selling your call, if times show on the clock and both teams are still skating at full strength.

Is a "substitute" player on the penalty bench entitled to return to the ice if the penalty which they are serving terminates upon the scoring of a goal?

Yes. The rules permit such return of a player, who is governed by the same rules as if the penalty was assessed to them. Rule Reference 402(c).

Examples of a "substitute" player include:

- (a) A player serving the goalkeeper's penalty(s).
- (b) A player serving the penalty(s) for a player who was injured.
- (c) A player serving their team's bench minor penalty.

⇒ Situation 8

Is an "additional" player on the penalty bench entitled to return to the ice if the penalty which they are "serving" terminates upon the scoring of a goal?

Yes. The "additional" player is governed by the same rules as if the penalty was assessed to them. Rule Reference 402(c).

In the case of an "additional" player, this person is on the penalty bench in addition to the originally penalized player (or their substitute). The player is not actually "serving" a penalty, but rather is on the penalty bench to allow for a proper return to the game (by way of the ice) upon expiration of the penalty during play.

Examples of an "additional" player include:

- (a) A player serving the minor/major penalty time to a player who was also assessed a misconduct penalty.
- (b) A player serving the minor penalty time to a player who was also assessed a coincident minor or major penalty.

⇒ Situation 9

A player is assessed a minor and a misconduct penalty. An additional player enters the penalty bench in order to return upon the expiration of the minor penalty. If the opposing team scores a goal that would entitle the minor penalty to terminate, does the misconduct penalty time begin immediately?

Yes. Once a penalty has terminated, the serving of the next penalty begins so as to make the penalties consecutive. Rule References 402(c), 404(a), 409(b).

This ruling applies in all examples where the termination of a penalty does not complete the serving of all penalties assessed to a player.

⇒ Situation 10

The goalkeeper is assessed a minor plus misconduct penalty. How are these penalties served?

Two, one "substitute" and one "additional", players will need to be placed on the penalty bench. Rule References 402(c), 404(a), and 407(a).

A player on the ice at the time of the original infraction serves all of the goalkeeper's penalties as a "substitute." An "additional" player, who can be any player (non-goalkeeper) who is not then assessed or serving a penalty, also enters the penalty bench in order to return to the ice when the minor penalty expires.

If the minor penalty terminates upon the scoring of a goal by the opponents, the "additional" player returns to the ice, and the misconduct portion (served by the "substitute" player) of the goalkeeper's penalty begins immediately.

⇒ Situation 11

A goal is scored on a penalty shot against a team that is below the on-ice numerical strength of its opponent due to a minor penalty. Does the minor penalty expire because of the goal scored?

No. Rule References 402(c) and 406(a)

The goal scored on the penalty shot does not affect any additional penalty being served or signaled. To do so would be, in effect, terminating two penalties for the same goal.

Both teams are serving one non-coincident minor penalty and the Referee is signaling an additional minor penalty to Team A. Play stops when Team B scores a goal. Does any penalty terminate?

The signaled penalty is washed out as a result of the goal and the penalties on the clock remain. Rule References 402(c) and 409(b).

The teams were at equal strength when the goal was scored, therefore no penalty that was on the clock would terminate. The delayed penalty is then washed out just as it would have been had both teams been playing at full strength.

⇒ Situation 13

Team A is short-handed by one minor penalty. With play in progress, the Referee signals another minor penalty on Team A. Before play is stopped, Team B scores. Which penalties, if any, are washed out because of the goal?

The minor penalty being served is terminated and the delayed penalty is assessed in the normal manner. Rule References 402(c) and Rule 409(b).

Only one minor penalty is terminated as the result of a goal being scored.

⇒ Situation 14

During play, an infraction calling for a major penalty is signaled on a Team A player. As play continues, the same player commits another infraction calling for a minor penalty. Before play is completed, Team B scores a goal. Which penalties, if any, are washed out as a result of the goal being scored?

The minor penalty is washed out, as a result of the goal and the major penalty is assessed in the normal manner. Rule References 402(c) and 409(b).

A major penalty is never terminated, or washed out, as a result of a goal being scored.

At 7:00 player A1 is assessed a minor penalty and player B1 is assessed a double minor penalty. The penalty to A1 and one of the penalties to B1 are considered coincident, so Team B places an "additional" player on the penalty bench and will play shorthanded for two minutes. After the minor penalty has expired and Team B returns to equal strength, Team A scores a goal. Does the second minor penalty to B1 terminate as a result of the goal?

No. Rule References 402(c) and 402(f).

At the time the goal was scored, both teams were at equal on-ice strength, so no penalty can be terminated as a result of the goal. In this instance, B1 will have to serve the entire coincident minor penalty and is eligible to return at the first stoppage of play after 11:00.

⇒ Situation 16

In the following situation, what penalties are shown on the clock and what is the on-ice strength when play resumes?

TIME	TEAM A TEAM B		
5:00	X – 2 min.		
4:45	Y – 2 min.		
4:00	Z – 2 min.		
3:45	Goal		
	A – 2 min.(after goal		
	is scored but before		
	ensuing face-off)		

Player X's penalty expires as a result of the Team B goal. Under most circumstances Player Z's penalty would then go on the clock, however, the fact that this would then show minor penalties starting at the same time for both teams requires that this situation be handled as an exception. Even though Team A's penalties were assessed at different times, Player Z's penalty must be viewed as coincidental with Player A's penalty since they will both start at the same time on the game clock. Rule References 402(c) and 402(f).

Play will resume with Team A having Player Y in the penalty box and Team B at full strength.

Player B1 receives a double minor penalty and player A1 receives a minor penalty at 7:00. Both players enter the penalty bench and Team B plays short-handed by one player. Team A scores at 8:00, terminating the minor penalty to B1 that is being served by an additional Team B player. How much time does B1 have left to serve?

Two minutes plus a stoppage of play. Rule References 402(c) and 402(f).

In this instance, the coincident minor penalty will start when the first penalty is terminated as a result of the goal. B1 will be eligible to return at the first stoppage of play after two minutes.

⇒ Situation 18

Player A1 receives a minor penalty and is sent to the penalty bench. Prior to the ensuing face-off, a Team B player receives a minor penalty. Are these minor penalties considered to be coincident?

Yes. Rule Reference 402(f).

Coincident minor penalties occur any time that they are assessed during the same stoppage of play.

⇒ Situation 19

Player A1 receives a minor plus a misconduct penalty and player B2 receives a minor penalty at 5:00. Both players enter the penalty bench immediately. Is it necessary for Team A to place an additional player on the penalty bench?

No. Rule Reference 402(f).

In this instance, the minor penalties assessed are coincident and offset. Thus, player A1 must serve both the minor and misconduct penalties. They are released from the penalty bench at the first stoppage of play following expiration of both penalties.

Placing an additional player on the penalty bench is only necessary for substitution purposes when a penalty expires and the team is entitled to have another player on the ice.

Player A1 receives a double minor penalty and player B2 receives a minor penalty at 5:00. Both players enter the penalty bench and Team A is to play short-handed by one player. Is it necessary for Team A to place an additional player on the penalty bench?

Yes. Rule References 402(f) and 204(c).

Team A must place an additional player on the penalty bench to return to the ice upon the expiration of the non-coincident minor penalty to player A1.

⇒ Situation 21

A Team B player is fouled from behind and the Referee deems that the infraction warrants a penalty shot. Play is stopped when a Team B player commits a minor penalty infraction. What are Team B's options?

Team B may elect to 1) choose the penalty shot or 2) choose the optional minor penalty. Rule References 402(f) and 406(a).

If Team B chooses the penalty shot they will play short-handed by one player upon the completion of the shot. If they elect to accept the optional minor penalty in lieu of the penalty shot, the coincident minor penalty rule applies and the on-ice numerical strength is unchanged.

⇒ Situation 22

The Referee has signaled a delayed minor penalty to player A1. During the delay, player B2 scores a goal and subsequently slashes a Team A player, after the goal, for which the Referee assesses a minor penalty. Are these two minor penalties considered to be coincident?

No. Rule References 402(f) and 409(b).

The goal nullifies the penalty to A1, thus the only penalty to be assessed is the penalty to B2 as this penalty occurred after the goal was scored.

Both teams are skating at full strength when a Team A player is signaled for a minor penalty. The stoppage occurs when a Team B player commits a penalty infraction. Even though the penalties did not occur at the same time, does the coincident minor penalty rule apply, allowing both teams to resume play at full strength?

Yes. Rule Reference 402(f).

The penalties are assessed at the same stoppage of play, therefore the coincident penalty rule applies.

Rule 403 Major Penalties

⇒ Situation 1

The Referee assesses a minor penalty to a player and it is announced as such. Before the ensuing face-off they decide that the situation warrants a major plus game misconduct penalty to be called instead of the minor penalty. Should they change the minor penalty even though it has already been announced?

Yes. Rule Reference 403(a).

Even though this is a situation that the Referee must try to avoid, they are still required to change the call. The Referee has an obligation to get the call right, whenever possible, and take the time when making this type of decision to improve their chances of doing so. Potential criticism by the offending team for changing the call is not a valid reason not to do what is right.

⇒ Situation 2

Is a major penalty ever considered to be "coincident" with a match penalty?

Yes. The coincident major penalty rule should be applied with major against major, then match against match. If there are any remaining major and match penalties to the opposing teams, then offset major against match. Rule References 403(c) and 405(b).

One objective of the coincident major penalty rule is to maximize players on the ice when players are assessed penalties. Otherwise the teams would be required to play for extended periods at less than full on-ice numerical strength.

A player is assessed a major plus game misconduct penalty, may their team wait until the major penalty is near expiration before placing the additional player on the penalty bench?

No (Youth, Girls' and High School). Rule Reference 403(d).

(Adults) The team is not required to place an additional player on the penalty bench. Rule Reference 403(d).

(For Youth, Girls' and High School Classifications) When the player is assessed a game misconduct in addition to a non-coincident major penalty, the team must place an additional player on the penalty bench immediately.

(For Adult Classifications) The team is not required to place an additional player on the penalty bench. They are permitted to replace the penalized player on the ice from the player's bench upon the expiration of the major penalty.

The following "Coincident Major Penalty Chart" explains which major penalties offset others.

TIME	TEAM A	\	TEAM B	
	#10	#21	#3	#6
3:30 Immediate s	5 min. substitution fo	or #10 and #3	5 min.	
3:30	2 min. 5 min.		2 min. 5 min.	
Immediate s	substitution fo	or #10 and #3		
3:30	2 min. 5 min.		5 min.	
Immediate s minutes.	substitution fo	or #3. Substitu	ution for #10	after 2

TIME	TEAM A	#21	TEAM B	#6
3:30 Immediate s	5 min.		5 min.	2 min. after 2 minutes
3:30	5 min. 5 min.		5 min.	
Immediate s minutes.		or #3. Substitu	ition for #10	after 5
3:30	2 min. 2 min.		2 min. 5 min.	
	5 min.		5 111111.	
Immediate s minutes.	substitution fo	r #3. Substitu	ution for #10	after 2
3:30	2 min.		5 min.	
	2 min. 5 min.		5 min.	
Substitution minutes.		4 minutes. Sเ	ubstitution fo	r #3 after 5
3:30 Immediate s	5 min. substitution fo	5 min. or all players.	5 min.	5 min.
3:30	2 min.	5 min.	5 min.	2 min.
Immediate s	5 min. substitution fo	r all players.	5 min.	
3:30	2 min. 5 min.	5 min.	5 min.	5 min.
Immediate s after 2 minu		or #21, #3 and	l #6. Substitu	ition for #10
3:30	5 min. 5 min.	5 min.	5 min.	5 min.
Immediate s after 5 minu	substitution fo	or #10, #3 and	l #6. Substitu	ition for #21
3:30	2 min. 5 min.	5 min.	5 min.	
#21 (to be 1	player short-l vers short-har	or #3. Team A nanded for 7 nded for 2 mi	minutes) or r	

TIME	TEAM	I A	TEAM	В	
	#10	#21	#3	#6	
3:30	5 min. 5 min.	5 min.	5 min.		
#21 (to be	1 player sho		10 minutes)	offset major to or major to #10	
		5 min. for #3 and e penalty is se		#21 (Captain's	
3:30	2 min. 5 min.		5 min.	5 min.	
Immediate substitution for #3 or #6. The other major must be served. Substitution for #10 after 2 minutes.					
3:30	5 min. 5 min.		5 min.	5 min.	
Immediate	substitution	for all player	s.		
3:30	2 min. 5 min.		2 min.	5 min.	
Immediate	substitution	for all player	S.		
3:30	2 min. 5 min.	2 min.	2 min. 2 min.	5 min.	
Immediate	substitution	for all player	S.		
3:30	5 min. 5 min.	2 min.	2 min. 5 min.	5 min.	
Immediate	substitution	for all player	S.		
3:30	2 min. 5 min.		5 min.	2 min. 2 min.	
Immediate minutes.		for #10 and	#3. Substituti	on for #6 after 2	
3:30	2 min. 5 min.	5 min.	2 min. 2 min.	5 min. 5 min.	
	substitution	for #10 and a	5 min. #21. Team B	choice: 1)	

2) Substitution for #3 after 7 minutes.

TIME	TEAM A		TEAM	В
	#10	#21	#3	#6
3:30	2 min. 5 min.	5 min. 5 min.	2 min. 2 min. 5 min.	5 min.
	e substitution Substitution f			ion for #21 after 5
3:30	2 min.		2 min. 5 min.	2 min. 5 min.
Immediat	e substitution	for all player	rs.	
3:30 Immediat	Match e substitution	for both play	Match yers.	
3:30 Immediat	Match e substitution	for both play	5 min. yers.	
3:30	5 min. Match		5 min.	
Immediat	e substitution	for #3. Subs	titute for #10	after 5 minutes.

Rule 404 Misconduct Penalties

⇒ Situation 1

A player is assessed a minor penalty in addition to a misconduct or game misconduct penalty, may their team wait until the minor penalty is near expiration before placing the additional player on the penalty bench?

Rule references for this table are 403(c), 405(b) and 402(f).

No. Rule Reference 404(a).

When the player is assessed a misconduct or game misconduct in addition to a non-coincident minor penalty, their team must place an additional player on the penalty bench immediately.

A player is assessed a coincident minor or major penalty in addition to a misconduct or game misconduct penalty. Is the team required to place an additional player on the penalty bench?

No. Rule Reference 404(a).

Since the on-ice strength is not affected by any of the assessed penalties, there is no need for the team to place an additional player on the penalty bench to serve the coincident penalty.

⇒ Situation 3

A player is assessed a non-coincident minor or major penalty in addition to a misconduct or game misconduct penalty. Who must serve the minor or major penalty?

Any non-penalized player, except a goalkeeper. Rule References 404(a).

(For Youth, Girls' and High School Classifications) For a minor or major penalty, the designated player must enter the penalty bench immediately.

(For Adult Classifications) For a minor penalty, the designated player must enter the penalty bench immediately. For a major penalty, the team is not required to place an additional player on the penalty bench and would be permitted to replace the penalized player on the ice from the player's bench upon the expiration of the major penalty.

In all cases where the minor or major penalties are assessed as coincident penalties, there is no need for the offending team to place an additional player on the penalty bench as on-ice strength has not been affected.

A player has been assessed a second misconduct penalty in the same game. At the time the penalty is assessed, the Penalty Timekeeper fails to notify the Referee that the player has just received their second misconduct in one game, calling for a game misconduct penalty. The situation is brought to the attention of the Referee at some point after play resumes. What action should the Referee take?

Assess the game misconduct penalty and remove the player from the game as soon as the Referee becomes aware of the oversight. Rule Reference 404(a).

⇒ Situation 5

A player has been assessed a second misconduct penalty in the same game. The Referee is not aware of the fact that the player had received two misconduct penalties in the same game and thus should have been assessed a game misconduct penalty. What happens if the player later scores a goal while illegally in the game?

In this instance, the goal shall be allowed, but the player must be assessed the required game misconduct as soon as the Referee becomes aware of the oversight. Rule References 404(a) and 203(a).

The onus of assessing the game misconduct penalty is on the Game Officials. A team cannot be denied any goals scored by a player who should not have been in the game. If the omission is discovered after the game, the Referee shall still assess the appropriate game misconduct penalty and submit the required incident report.

⇒ Situation 6

Is it possible for a player to be assessed more than one game misconduct penalty in the same game?

Yes. Rule Reference 404(b).

There are several scenarios where a player could put themselves in a position to be assessed multiple game misconduct penalties (e.g. Major plus game for a high stick that causes injury and

then is first to intervene in an altercation). In all instances, the appropriate penalties must be assessed to hold the player accountable for their actions.

⇒ Situation 7

May a player or coach who is serving a suspension for a game misconduct be on the players' bench or penalty bench for that game, not in uniform, assisting with opening doors or other functions?

No. Rule References 404(b and c).

The player's suspension involves being prohibited from the bench area and participating in the game in any manner. The player or coach would not be allowed to participate in team activities for 45 minutes prior to the game through 30 minutes after the conclusion of the game.

Rule 405 Match Penalties

⇒ Situation 1

A player is assessed a match penalty. Under what circumstances must the team place a substitute player on the penalty bench?

In all instances except when coincident major or match penalties are assessed. Rule References 405(a) and 403(c).

If the coincident major penalty rule permits immediate substitution, the team is not required to place a substitute player on the penalty bench. Rule Reference 405(b).

If the coincident major penalty rule permits offsetting of part of that player's penalty (i.e., they received a minor penalty plus a match penalty and an opposing player received a match penalty), a substitute player must immediately enter the penalty bench to serve the penalty disparity.

If the team must skate short-handed for the full duration of the match penalty, a substitute player must enter the penalty bench immediately (for Youth, Girls' and High School Classifications) or is not required (Adult Classifications). Rule Reference 405(a).

Who serves a match penalty assessed to a team official?

The penalty shall be served by any non-penalized player of the team who was on the ice at the time of the infraction, except the goalkeeper. Rule Reference 405(a).

The offending team is required to place a player on the penalty bench immediately (for Youth, Girls' and High School Classifications) or is not required (for Adult Classifications).

⇒ Situation 3

When a match penalty is assessed, what obligation does the official(s) have to report the incident?

In all instances where a match penalty is assessed, the official(s) are required to file an incident report within 24 hours of the completion of the game. Rule Reference 405(c Note).

In some instances, the local supervisor of officials, or assignor, may also require the officials to provide them with a verbal report immediately following the game. The official(s) need to be aware of the procedure used for filing game reports in their area and follow this procedure in order to ensure the information gets into the proper hands for further disciplinary action.

⇒ Situation 4

The coach is removed from the bench and assessed a match penalty. They refuse to leave the immediate area of the players' bench so they can direct the play of the team. What penalties shall be assessed to the coach or the team?

A bench minor penalty shall be assessed to the team of the offending coach for refusal to start play. Rule References 404(d) and 633(a).

If the coach still refuses to leave the area, the Referee will have no alternative but to follow the refusal to start play progression under Rule 633(a).

In general, what types of non-physical actions would constitute the assessment of a match penalty?

Match penalties are assessed for actions that are socially unacceptable and have absolutely no place in the hockey environment. Rule Reference 404(e).

There are few instances where a match penalty may be assessed for actions that are deemed to be "critically detrimental to the conducting of the game" AND are not covered elsewhere in the rules. In these instances, the official is advised to be sure to submit the proper game report to the proper authorities and allow them to take whatever action is deemed appropriate.

A match penalty cannot be assessed as the final progression for verbal abuse as these actions are covered elsewhere in the rules.

⇒ Situation 6

If a player or coach, who is also an official, receives a match penalty can that official still officiate games while the situation is being reviewed before a hearing is held?

No – pending review by their District Referee-in-Chief. Rule Reference 405(c).

A player or coach, who is also an official and receives a match penalty MUST report the match penalty to their District Referee-in-Chief and their Assignor(s) immediately. They are not eligible to officiate games until a review and determination has been made by the District Referee-in-Chief. The player or coach may be reinstated as an official and eligible to work games by the District Referee-in-Chief until the hearing is conducted with the Hearing Body having final say on disciplinary matters pertaining to playing, coaching or officiating.

What consideration should the officials give to the new Standardized Discipline guidelines when deciding to assess a match penalty?

None. Rule Reference 405(c).

The officials' role is to simply make the call on the ice based on the incident that occurred and the playing rules. The length of any potential suspension should not factor into the decision as the standardized discipline guidelines are designed to hold the player/coach accountable for their actions while still protecting the rights of the individual player/coach. Enforce the rules based on the action that occurred and then submit the required incident report and the official would have fulfilled their obligation.

Rule 406 Penalty Shot

⇒ Situation 1

The Referee has signaled a delayed minor penalty for charging on Team A. Team B maintains possession of the puck and a Team B player is fouled from behind on a breakaway resulting in a penalty shot call. Is the minor penalty assessed in the normal manner and if so, what happens if a goal is scored on the penalty shot?

The charging penalty is assessed in the normal manner regardless as to whether a goal is scored during the penalty shot. Rule References 406(a), 402(c) and 409(b).

Only one delayed minor penalty can be terminated as the result of a goal. In this instance, the penalty shot is awarded in lieu of the minor penalty for a "fouled from behind," which takes the place of the minor penalty being assessed. A goal scored on a penalty shot does not terminate a different minor penalty.

⇒ Situation 2

With the defending goalkeeper in goal and with their team shorthanded by a minor penalty, an attacking player on a breakaway in their Attacking Zone is hooked down from behind. While the

Referee is signaling a delayed penalty shot, the fouled player, while maintaining possession of the puck, gets to their feet and scores a goal. What penalty should the Referee assess?

A minor penalty for hooking. Rule References 406(a) and 402(c).

Since the non-offending team scored on the play, a penalty shot cannot be assessed. However, the minor penalty for hooking is assessed to the offending player and the minor penalty being served is terminated as a result of the goal being scored.

⇒ Situation 3

Can a referee award two penalty shots to the same team during the same stoppage for two separate incidents that occur during play? For example, a player is fouled from behind on a breakaway which warrants a penalty shot, but then regains possession of the puck and is fouled from behind again that also warrants a penalty shot.

No. Rule References 406(a) and 617(a).

There can only be one scoring opportunity lost as a result of actions during play, so only one penalty shot may be assessed. However, the second infraction must still be penalized accordingly and would be served in the normal manner regardless as to the result of the penalty shot.

In this scenario, it may also be practical for the non-offending team to choose to accept the minor penalty in lieu of the penalty shot in order to gain a two-player advantage.

⇒ Situation 4

Can a team change its goalkeeper to defend against a penalty shot?

Yes. Rule Reference 406(b).

The goalkeeper who was in the goal at the time of the infraction is not required to defend against the penalty shot. If the team wishes to change goalkeepers for the penalty shot, the change must be made immediately. However, a non-goalkeeper may not defend against the shot.

When the substitute goalkeeper enters the goal for the purpose of defending against a penalty shot, can the original goalkeeper resume their position after the shot has been completed?

Yes. Rule References 406(b) and 205(b).

In this instance, the penalty shot would have been considered resuming play and the conclusion of the penalty shot constitutes the next stoppage of play.

⇒ Situation 6

A defending player throws their stick at the puck in their Defending Zone, however the puck was last in possession of a defending player. The Referee stops play and awards a penalty shot to the non-offending team. Which player shall take the penalty shot?

Any player who was on the ice at the time of the infraction. Rule References 406(b) and 637(a).

The Captain of the non-offending team must designate the player to take the shot.

⇒ Situation 7

Player #10 of Team A, in their attacking zone, carries the puck in front of their opponent's goal. The goalkeeper throws their stick and hits the puck, deflecting it away from player #10. The Referee signals a delayed penalty shot. During the delay, player #10 of Team A commits an infraction that calls for a minor penalty. When play stops the Referee awards a penalty shot to #10 and also assesses them the minor penalty. Are they allowed to take the penalty shot before going to the penalty bench to serve the penalty?

Yes. Rule References 406(b) and 637(a).

Assuming the team accepts the penalty shot, player #10 is allowed to complete the shot before serving the penalty. Had the infraction called for a game misconduct or match penalty, however, player #10 would not be allowed to take the shot and the captain must select a player, on the ice at the time of the infraction, to take the shot.

What happens if a player designated to take a penalty shot refuses to surrender their stick, or breaks the stick intentionally, when a request for a stick measurement has been made before the shot is taken?

The offending player shall be assessed a minor penalty plus a misconduct. Rule References 406(b) and 301(d).

They shall be allowed to take the shot before serving the penalty, but they may not use the stick that has been deemed to be illegal.

⇒ Situation 9

A player to whom a penalty shot has been awarded is assessed a match penalty before the penalty shot has been taken. Who shall take the shot?

A teammate, other than a goalkeeper, who was on the ice at the time of the infraction shall take the shot. Rule Reference 406(b).

This player shall be designated by the Captain of the nonoffending team.

⇒ Situation 10

During a Penalty Shot attempt, the puck rebounds off the goal post, hits the back of the goalkeeper's leg and enters the goal. Should the goal be awarded or disallowed?

The goal shall be awarded. Rule Reference 406(c).

Even though the rule states that no goal shall be scored on a rebound, this situation is not considered to be a "rebound" and instead is interpreted to be a continuation of the original shot. The word "rebound" means a second shot by the player after a deflection off the goalkeeper or goal post.

During a penalty shot attempt, the puck is shot over the goal, rebounds off the glass, hits the goalkeeper in the back and enters the goal. Should the goal be allowed?

No. Rule Reference 406(c).

As stated in the rule, the play is considered complete once the puck has crossed the goal line.

⇒ Situation 12

On a penalty shot attempt, the player, after touching the puck at center ice, loses control of the puck. This forces them to go back and retrieve the puck which is still in motion towards the opponent's goal line. Should the shot be terminated at this point?

No. As long as the puck continues in motion toward the opponent's goal line, the player may go back to retrieve it. Rule Reference 406(c).

However, once the puck is touched by the player taking the shot, if possession is lost and it travels toward the opposite goal or comes to a stop, the Referee shall have no alternative but to terminate the penalty shot attempt.

⇒ Situation 13

Is a player taking a penalty shot permitted to skate behind their own goal, without the puck, before attempting to score on the opposing goalkeeper?

Yes. Rule Reference 406(c).

A player may wind up in their own Defending Zone without the puck. However, once the player taking the shot touches the puck, they must skate directly toward the opposing goal.

⇒ Situation 14

Is a player taking a penalty shot permitted to carry the puck into their Defending Zone before continuing in on goal?

No. Rule Reference 406(c).

Once the player taking the shot touches the puck, they must skate in the direction of the opposing goal. This information should be included in the instructions provided to the player prior to the penalty shot.

⇒ Situation 15

A player on a penalty shot attempt carries the puck into the Attacking Zone backwards. As they cross the blue line, they loses control of the puck momentarily. Should the Referee call the offside violation?

No. Rule Reference 406(c).

Because play is not considered to be in progress, offside cannot be called on a player during a penalty shot attempt.

⇒ Situation 16

Team A has been awarded a penalty shot due to a foul committed by a player of Team B. Can the goalkeeper of Team B go to the players' bench to receive instructions, prior to the commencement of the penalty shot, without being changed?

No. Rule References 406(c) and 205(c).

If the goalkeeper goes to the players' bench, they must be replaced or a bench minor penalty assessed to the team. Any instructions must be relayed to them by a player on the team while they remain in the goal area prior to the penalty shot.

⇒ Situation 17

During a penalty shot attempt and before the player takes the shot, the goalkeeper poke-checks the puck. The puck reverses direction, strikes the leg of the player taking the shot, and goes directly into the goal. Is this a legal goal?

No. Rule Reference 406(c).

When the goalkeeper poke-checked the puck, there was a change of possession and the puck was no longer moving forward.

During a penalty shot attempt and before the player takes the shot, the goalkeeper attempts to poke-check the puck. The puck rolls over the goalkeeper's stick, strikes the leg of the player taking the shot, who is now behind the goalkeeper and between the goalkeeper and the post. The puck deflects off the player and enters the goal. Is this a legal goal?

Yes. Rule References 406(c) and 617(b.3).

Since the puck continued towards the goal and did not reverse direction, the goal would be allowed provided the player taking the shot did not direct the puck into the goal.

⇒ Situation 19

Does the opposing goalkeeper need to go to their player's bench during the taking of a penalty shot attempt or during game winning shots?

The goalkeeper shall not be required to "be on their players' bench." Rule Reference 406(c).

The opposing goalkeeper may remain in their goal crease area during the penalty shot/game winning shot attempt. However, if the non-defending goalkeeper interferes in any manner with the opposing goalkeeper during the shot attempt, and as a result a goal is scored, the goal shall be disallowed and a second attempt shall be permitted. If a second similar occurrence happens, the offending goalkeeper shall be assessed a game misconduct penalty immediately.

⇒ Situation 20

What happens if the goalkeeper commits a minor or major penalty infraction during a penalty shot attempt?

The referee shall allow the shot to be taken over if a goal was not scored on the original attempt, and assess the penalty to the goalkeeper. Rule References 406(d) and 409(d).

Any penalty must be assessed as if it occurred during the normal course of the game. The goalkeeper penalty must be served by a player on the ice at the time play was stopped to assess the penalty shot.

During a penalty shot attempt, the goalkeeper deliberately dislodges the goal when the shooter is at the top of the face-off circles. What penalties, if any, should be assessed?

A second attempt shall be awarded and a minor penalty for delaying the game shall be assessed to the goalkeeper. Rule References 406(d), 610(e) and 409(d).

The play must be stopped immediately in this instance.

⇒ Situation 22

During a penalty shot attempt, what happens if the player taking the shot is injured by reason of a high sticking penalty infraction by the goalkeeper?

The Referee must assess the appropriate penalty, according to the high sticks rule, to the goalkeeper. They will also allow the shot to be taken over if a goal was not scored on the original shot. Rule References 406(d) and 621(b).

If the injured player is unable to take another shot, the referee must allow the shot to be taken over by any other player who was on the ice at the time of the original infraction.

⇒ Situation 23

A penalty shot is awarded. While the shot is being taken another puck is thrown onto the playing surface. What procedure should the Referee follow?

Allow the play to continue. Rule References 406(d) and 632(d).

However, if the referee deems that either the player taking the shot or the goalkeeper is unfairly interfered with or distracted by the illegal puck, they may stop the play and order the penalty shot to be taken over.

Rule 407 Goalkeeper Penalties

⇒ Situation 1

A goalkeeper is assessed a minor penalty for which their team places a substitute player on the penalty bench. Prior to the completion of the ensuing face-off the goalkeeper is assessed a minor penalty for unsportsmanlike conduct. Can this penalty be added to the penalty that the substitute is serving?

Yes. Rule Reference 407(a).

It is not necessary to send another player who was on the ice at the time of the infraction to the penalty bench. The substitute player will serve both minor penalties since they were assessed to the same goalkeeper.

⇒ Situation 2

A goalkeeper is assessed a minor penalty for which their team places a substitute player on the penalty bench. Prior to the completion of the ensuing face-off the substitute player is assessed a minor penalty for unsportsmanlike conduct. Can this penalty be added to the penalty that the substitute is serving?

No. Rule Reference 407(a).

This is a penalty to a designated player who has not yet begun serving the goalkeeper's penalty. Thus the team must designate another player who was on the ice at the time of the goalkeeper's penalty to serve that penalty. The originally designated player serves the minor penalty for unsportsmanlike conduct. Thus the team will be short-handed by two players for two minutes.

⇒ Situation 3

The Team A goalkeeper is assessed a minor penalty for which the team places a substitute player on the penalty bench. While the penalty is being served, the substitute player who is on the penalty bench is assessed a minor penalty for unsportsmanlike conduct. Is the minor penalty added to the penalty they are currently serving for the goalkeeper or is the team required to place another player on the penalty bench to serve the remainder of the first penalty?

A separate minor penalty is posted on the clock and the player who was serving the penalty for the goalkeeper (and was assessed the unsportsmanlike conduct penalty) now serves this new minor penalty. The team is required to place another player (who was on the ice when this new minor is assessed) on the penalty bench to serve the remainder of the goalkeeper's penalty. Rule Reference 407(a).

Thus the team will be short-handed by two players for the amount of time remaining on the original goalkeeper penalty.

⇒ Situation 4

A goalkeeper is assessed a minor penalty for which their team places a substitute player on the penalty bench. Following resumption of play, the goalkeeper is assessed an additional minor penalty. Can this penalty be added to the penalty that the substitute is serving?

No. Rule Reference 407(a).

This penalty must be served by a player who was on the ice at the time of the second infraction to the goalkeeper. Once play resumes, the player designated to serve the first goalkeeper penalty serves it as though it was assessed to them.

⇒ Situation 5

Who would serve the penalty for a substitute goalkeeper on the players' bench who incurs a penalty?

Any player designated by the coach, other than a goalkeeper, who was on the ice at the time of the infraction. Rule Reference 407(a).

This situation is treated the same as a bench minor penalty assessed to a team.

⇒ Situation 6

A team's goalkeeper is injured and their team elects to designate a temporary goalkeeper, as they do not have a substitute goalkeeper. The temporary goalkeeper is assessed a minor penalty. Are they required to serve the penalty and may another player become the temporary goalkeeper?

No to both questions. Rule References 407(a) and Glossary.

The Glossary specifically states that the temporary goalkeeper is governed by goalkeeper privileges and limitations. These penalties must be served by another player on the ice when the penalty infraction is committed.

⇒ Situation 7

A goalkeeper is assessed a minor penalty for slashing. They proceed to verbally abuse the Referee and is assessed a minor penalty for unsportsmanlike conduct. They continue the abuse and is assessed a misconduct penalty for continued abuse. Who serves the penalties for the goalkeeper?

A player on the ice at the time of the infraction shall serve all of the penalties. Rule References 407(a).

The team will also need to place an additional player on the penalty bench immediately who shall serve the minor penalties and return to the ice upon their expiration.

⇒ Situation 8

The Referee signals a delayed penalty on the goalkeeper of Team A. During the delay Team A changes all players. Are the officials required to memorize the numbers of the players who left the ice surface and make one of them serve the penalty?

Yes. Rule Reference 407(a).

The Rule clearly states that the player designated to serve the goalkeeper's penalty must be on the ice at the time of the infraction. This is when the goalkeeper actually committed the foul and not at the moment play was stopped.

⇒ Situation 9

Player A of the Red Team is serving a minor penalty. The Blue Team has possession of the puck and the Red Team's goalkeeper commits an infraction. The Referee immediately signals a delayed penalty. During the period of the delay, the penalty to player A terminates and they return to the ice. The Red Team gains possession of the puck, play is stopped and the penalty to the goalkeeper is reported. Is player A allowed to serve the penalty for the goalkeeper?

No. Rule Reference 407(a).

They must be on the ice at the time the offense was committed in order to be eligible to serve the penalty to the goalkeeper.

⇒ Situation 10

A goalkeeper has been assessed a misconduct penalty. The substitute player who is serving the penalty is on the penalty bench, but before play resumes the goalkeeper is assessed a game misconduct penalty. Should the player serving the misconduct penalty be allowed to return to the game?

Yes. Rule References 407(a and b).

The goalkeeper is sent to the dressing room for the remainder of the game and replaced by the substitute goalkeeper. The substitute player serving the misconduct penalty is allowed to return to the game immediately.

⇒ Situation 11

If a goalkeeper receives a major and a game misconduct penalty for slashing, does the player designated to serve the major penalty have to enter the penalty bench immediately?

Yes (Youth). No (Adults). Rule Reference 407(b) and 403(d).

A player designated to serve the major penalty of a goalkeeper must be placed on the penalty bench immediately (all Youth classifications), unless the coincident major penalty rule applies. No substitute is required for Adult classifications.

⇒ Situation 12

A goalkeeper in the act of going to the players' bench is over the center red line when they are accidentally struck by the puck. Is a minor penalty for playing the puck over the center red line applicable?

No. Rule Reference 407(c).

The goalkeeper is not considered to be participating in the play if the puck contact was accidental.

Would it be considered legal for a goalkeeper whose skates are beyond the center red line to play the puck which is still on the same side of center red line as the goal they are defending?

No. Rule Reference 407(c).

A minor penalty would be assessed to the goalkeeper. In this situation the determining factor is the position of the goalkeeper's skates and not the puck.

Rule 408 Delayed Penalties

⇒ Situation 1

Team A has two players serving non-coincident minor penalties. Team B has one player serving a minor penalty. The teams are then assessed coincident minor penalties. Is the coincident minor penalty to the Team A player delayed until the first Team A penalty expires?

No. Rule References 408(a) and 402(f).

Coincident minor penalties are served immediately and are never considered under the delayed penalty rule.

⇒ Situation 2

Team A is short-handed by reason of three minor penalties to different players. As play continues, the first penalty expires; however, this player cannot go onto the ice until the next stoppage. If the second penalty also expires, which player, if any, returns to the ice before a stoppage?

The first player whose penalty expires returns to the ice. Rule Reference 408(b).

When two of the three penalties have expired, the team is entitled to have an additional player on the ice. The players return to the ice in the order that their penalties expire.

If the third penalty now expires without a stoppage of play, the second penalized player is allowed to return to the ice as the team is now entitled to be at full strength. In this instance, the third penalized player will wait until the stoppage of play to return.

⇒ Situation 3

Team A has three players on the penalty bench serving noncoincident minor penalties. When the minor penalty to the first player expires, the Penalty Timekeeper erroneously allows them to go onto the ice. Play continues for 20 seconds at which time Team A scores. What procedure should the Referee follow when they become aware of the situation prior to the ensuing face-off?

The Referee must disallow the goal and leave all penalty and game times unchanged. Rule References 408(b) and 629(b and c).

Even though this situation is a Timekeeper's error, the clock cannot be reset due to an inadvertent penalty expiration error. To help prevent this situation from occurring,. The officials should communicate clearly with the Off-Ice Officials to make them aware of potential scenarios and also be aware of when time expires in order to respond with corrective measures if an error is made.

Rule 409 Calling of Penalties

⇒ Situation 1

Player A1 has committed an infraction calling for a misconduct penalty while Team B is in possession of the puck. How does the Referee indicate that the infraction has occurred?

They do not signal the infraction in any way. Rule Reference 409(a Note 2).

As soon as Team A acquires possession of the puck, they will blow the whistle to stop play and assess the penalty. The reason for not signaling is that this penalty is not considered a "team" penalty, but rather a "player" penalty. A result of the Referee signaling the penalty would be the substituting of a sixth skater for the Team B goalkeeper, and Team B is not entitled to this advantage.

A delayed penalty is to be called on Team A. Team B pulls their goalkeeper. Team B, in possession of the puck, attempts a pass which deflects off a player of Team A and enters the Team B goal. Is the goal allowed?

Yes. The goal is allowed and the minor penalty is assessed. Rule References 409(a and c).

The deflection – "contact with the puck" – (by Glossary definition) shall not be considered to be "possession of the puck" necessary for stopping play for the delayed penalty.

⇒ Situation 3

Player A1 has committed an infraction calling for a minor penalty. The Referee signals the infraction immediately, but cannot stop play because Team B has possession of the puck. During this delay they observe another minor penalty committed by Team A. How shall they signal this second infraction?

No further signal is given. Rule Reference 409(a).

When possession of the puck is gained by Team A, the Referee shall stop play and assess both penalties in the normal manner.

⇒ Situation 4

During play, the Referee signals a penalty to #17 on Team A. During the same play, #17 commits another infraction. Before the offending team can gain possession of the puck to stop play, Team B scores. What penalties, if any, are affected by the goal?

The first penalty is terminated as a result of the goal and the 2nd penalty is assessed in the normal manner. Rule References 409(b) and 402(c).

A goal can only nullify one signaled minor or bench minor penalty. The first minor will be recorded on the scoresheet and then terminated. The second penalty is recorded and served in the normal manner.

On a delayed penalty call to a player who is about to be assessed a major plus game misconduct penalty for slashing plus a minor penalty for unsportsmanlike conduct, a goal is scored by the non-offending team. Is any penalty terminated?

Yes. The minor penalty for unsportsmanlike conduct is nullified. Rule Reference 409(b).

The major penalty is assessed and served in the normal manner. The order of the infractions occurring does not effect the termination of a minor penalty as a result of a goal being scored, in this instance

⇒ Situation 6

During play the Referee signals a delayed penalty (a minor plus a misconduct) on a Team A player for Checking from Behind. During the period of the delayed whistle, Team B scores. What penalty, if any, must be served by the Team A player?

Only the misconduct penalty is served. Rule Reference 409(b).

The minor penalty is recorded on the scoresheet, but then terminated as a result of the goal. The misconduct penalty would be served in its entirety by the offending player.

⇒ Situation 7

Team A is playing short-handed when a delayed penalty is signaled on Team B. During the delay, Team A scores. What actions should the officials take?

Even though there is a minor penalty being served by the team that scored the goal, for the purpose of this rule, the teams are considered to be at equal strength at the time of the goal. The delayed penalty to Team B is recorded but is immediately terminated and is not served. Rule reference 409(b).

Since Team A was short-handed at the time the goal was scored, the delayed minor penalty against Team B is terminated as a result of the goal, just as if both teams were playing at equal strength.

Team A has two players serving non-coincidental minor penalties and Team B has one player serving a non-coincidental minor penalty. The Referee signals a delayed minor penalty against Team B and Team A (the short-handed team) scores during the delayed penalty. What, if any penalties terminate as a result of the goal.

Even though there is a minor penalty being served by the team that scored the goal, for the purpose of this rule, the teams are considered to be at equal strength at the time of the goal. The delayed penalty to Team B is recorded but is immediately terminated and is not served. Rule reference 409(b).

Since Team A was short-handed at the time the goal was scored, the delayed minor penalty against Team B is terminated as a result of the goal, just as if both teams were playing at equal strength.

⇒ Situation 9

With the goalkeeper off the ice for an extra player during a delayed calling of a penalty, a player of the non-offending team (Player X) has possession of the puck in front of their own unguarded goal. A player of the offending team (Player Y) swings their stick so that it makes contact with Player X's stick, thereby causing the puck to enter the goal. Is the goal a legal goal?

No. Rule Reference 409(c).

The puck entered the goal as a direct result of the action of the offending team.

Rule 410 Supplementary Discipline

⇒ No situations.

Rule 411 Progressive Suspensions

⇒ Situation 1

A player is rostered and plays on two different USA Hockey sanctioned teams; one 18 & under team and one high school team. During the course of the season, the player receives a major plus game misconduct penalty for an aggressive infraction while playing for the high school team, but had previously received two aggressive infraction major penalties while playing with the 18 & under team. Since the penalties were assessed while playing for different teams, does the progressive suspension rule apply and how is the suspension served?

Yes, the intent of the rule is to hold the individual player accountable for their actions and the progressive major penalties accumulate while playing in any USA Hockey sanctioned game during the course of a season. Rule Reference 411(a).

The player and/or team manager(s) are responsible for being aware of the rule and serving the appropriate game suspension(s) whether or not they have been officially notified by the proper disciplinary authority.

In this instance, the player would be suspended for the next game that appears on the schedule of that team (to serve the game misconduct one-game suspension) in addition to the next three regularly scheduled USA Hockey sanctioned games they would have participated in – regardless as to which team has game(s) scheduled. The onus is on the player to provide the necessary documentation and proof of suspension served to the proper disciplinary authority.

⇒ Situation 2

A player is assessed a match penalty for an aggressive infraction that was deemed to be reckless endangerment. Does the match penalty count towards the progressive major penalty rule?

No. Rule Reference 411(a).

Since a match penalty already requires additional suspension or a hearing, it would not count towards the player's aggressive major penalty progression.

A team is assessed four major penalties in the same game for a variety of different infractions, including two major penalties for fighting. Do the fighting majors count toward the three majors in one game and is the coach removed from that game?

Yes, the fighting majors count towards the three majors in one game. No, the coach is not removed from the game. Rule Reference 411(b).

The portion of this rule that pertains to a coach being suspended when the team receives major penalties in the same game is not exclusive to the list of aggressive major infractions. This rule is intended to include all major penalties assessed to the team in the same game regardless of penalty type. In this instance, the coach is not removed from the game or assessed any additional penalty, however would be required to serve the appropriate suspension(s) outlined by the rule during the next regularly scheduled game(s).

⇒ Situation 4

What responsibility do the officials have to file the appropriate game report according to this rule?

The game official(s) are required to file the appropriate incident report within 24 hours of the conclusion of the game. Game reports should be filed for all major penalties that fall under the aggressive infraction category, game misconduct penalties or match penalties that are assessed. Some Affiliates may also require officials to complete a game report for other infractions, as well. Rule Reference 411 (Note).

The intent is for the official to submit the report as soon as reasonably possible (within 24 hours) upon the completion of the game. With the development of online game reporting systems that can be used by many different electronic devices, is easily accessed and automatically forwards the completed report to the appropriate proper disciplinary authority, it is not unreasonable to expect an official to be able to find the 5-10 minutes necessary to successfully complete this process in a timely manner.

SECTION FIVE OFFICIALS



Rule 501 Appointment of Officials

(a) Referee Systems – The three-official system (one Referee/ two Linespersons) and the two-official system (two Referees) are the only approved systems for USA Hockey sanctioned games. When the two official system is used, the duties of the Linespersons will be carried out by both Referees.

However, Districts or Affiliates are authorized to use the four-official system (two Referee/two Linespersons) for games involving teams in the Youth and Girls' 14 & under age classifications and older (including High School and Adults).

- (b) For Regional and National Championships, the District Refereein-Chief or their duly appointed representative shall appoint all on-ice officials. Required off-ice officials shall be assigned by the respective Tournament Officials.
- (c) All On-lce Officials shall wear black trousers and an official sweater with the current USA Hockey officiating crest on the left chest of the sweater during all games. Any other crest that is worn must be located on either arm of the sweater. The wearing of nameplates and/or numbers shall be regulated by each League.

Each official is required to wear a black hockey helmet, with chin strap properly fastened, and a non-altered half-shield visor properly attached to their helmets. All officials under the age of 18-years are required to wear a neck laceration protector designed for that purpose. All officials who are 18 years of age or older are strongly recommended to wear a neck laceration protector designed for that purpose.

(d) If for any reason, the on-ice officials appointed are prevented from appearing, the Managers or Coaches of the two teams shall agree on a Referee and Linespersons (three-official system) or two Referees (two-official system). If unable to agree, they shall appoint a player from each team to serve in this capacity. If the regularly appointed officials appear during the progress of the game, they shall immediately replace the temporary officials.

If one of the officials (three-official system) is unable to participate or finish the game, the Referee has the authority to appoint another official, if they deem necessary. Otherwise, the game shall continue with one Referee and one Linesperson or two Referees as mandated by the local governing body. If one of the officials (four-official system) is unable to participate

- or finish the game, the Referee has the authority to appoint another official, if they deem necessary. Otherwise, the game shall continue with one Referee and two Linespersons.
- (e) Should an Official accidentally leave the ice or receive an injury that incapacitates them from discharging their duties while play is in progress, the play shall be immediately stopped by an On-Ice Official.

(Note) If an On-Ice Official is bleeding, the Official shall seek treatment at the next stoppage of play to stop the bleeding and cover the cut or abrasion before continuing. It is required that any affected equipment/uniform be properly decontaminated or exchanged.

Rule 502 Referee

(a) The "REFEREE" shall have general supervision of the game and their decision shall be final in all matters occurring before, during or after the game. The role of the official is to "enforce" the rules of the game and in doing so shall have full authority over all participants.

The Referee may not change their decision, or that of any other official, after the resumption of play following the rendering of the original decision.

(b) The Referee shall order the teams on the ice at the appointed time for the beginning of a game and for the start of each period. On-lce Officials should enter the ice surface prior to warm-ups and remain on the ice at the conclusion of each period until all players have exited to their dressing rooms. Penalties may also be assessed during the warm-up period.

Prior to the start of the game, the Referee shall confirm that the required off-ice officials are in their proper position and that the timing and signaling equipment is working properly.

(c) It shall be the Referee's duty to impose such infractions as outlined in the rules and give the final decision in matters pertaining to disputed goals after consultation with the Linespersons and/or Goal Judges. They shall be responsible for ensuring each player is wearing the required protective equipment in its intended manner.

The Referee shall announce to the appropriate off-ice official all goals and assists legally scored as well as penalties imposed. They shall request, at the first stoppage of play, to

- have announced the reason for disallowing a goal in every instance when the goal light is turned on in error during play.
- (d) The Referee shall see to it that players of opposing teams are separated on the penalty bench to prevent contact.
- (e) At the conclusion of the game, the Referee shall check the official scoresheet, including team rosters and players in uniform, for accuracy prior to signing,

Rule 503 Linesperson

- (a) The duties of the "LINESPERSON" are to determine any infractions of the rules concerning offside play at the blue lines or any violation of the "Icing the Puck" rule. They shall, when requested to do so by the Referee, give their version of any incident that may have taken place during the playing of the game.
- (b) They shall conduct face-offs at all times, except at the start of the game, at the beginning of each period and after a goal has been scored.
- (c) The Linesperson shall stop play for the following situations:
 - (1) The puck goes outside the playing area (Rule 631(a)).
 - (2) The puck is interfered with by any ineligible person.
 - (3) The puck is played with a stick above the height of the shoulder (Rule 621(d)).
 - (4) The puck has been illegally passed with the hand (Rule 618(b)).
 - (5) The goalpost has been displaced from its normal position.
 - (6) When in the vicinity of the goal, the puck has entered the goal and is unobserved by the Referee.
 - (7) Offside occurring at the face-off circles (Rule 613(b)).
 - (8) Premature substitution of the goalkeeper (Rule 205(a)).
 - (9) Injured players (Rule 206(a)).
 - (10) Interference by or with spectators (Rule 626(a)).
 - (11) A player or goalkeeper's helmet/facemask is removed during play (Rule 304(e)).
- (d) The Linesperson shall stop play and report to the Referee any infraction of the following rules:
 - (1) Too many players on the ice (Rule 204(b)).
 - (2) Articles thrown on the ice from the vicinity of the players' or penalty bench (Rule 601(b.4)).

- (3) Delaying the game by deliberately displacing the goal post (Rule 610(c)).
- (e) The Linesperson shall report to the Referee at the next stoppage of play their version of any infraction of the rules that they believe constitutes a bench minor, major, match, misconduct, game misconduct or penalty shot under these rules. In addition, the Linesperson shall give their version of any Injury Potential Penalty (see Glossary) that occurs behind the play and is not observed by the Referee. The Referee, at their discretion, may assess a penalty for such infractions.

Rule 504 Goal Judge

- (a) When mandated by the local governing body, there shall be one "GOAL JUDGE" stationed out of play and behind each goal during the game. The area reserved for the Goal Judges shall be protected from spectators so there can be no interference with the performance of their duties.
- (b) The duty of the Goal Judge is to determine whether the puck has completely crossed the goal line between the goal posts and under the crossbar. Their decision is simply "goal" or "no goal" and they shall report their version when requested to do so by the Referee.

Rule 505 Official Scorer

(a) Before the start of the game, the "OFFICIAL SCORER" shall obtain from the Manager or Coach of both teams a list of all eligible players of each team. The Official Scorer shall secure the names of the Captain and Designated Alternate(s) from the Manager or Coach of each team and will indicate each by placing the letter "C" or "A" opposite their names on the scoresheet.

(For all Youth and Girls' Classifications) Prior to the start of the game, the Official Scorer shall obtain on the scoresheet the signatures of all coaches of each team, one of whom shall be designated as Head Coach, along with the CEP card number, CEP level and the year the CEP level was attained for each coach.

(b) The Official Scorer shall keep a record of each goal scored by indicating those player(s) who are credited with scoring the goal

and any assists and have announced over the public address system. No request for changes to the officials scoring shall be considered unless they are made at or before the conclusion of the game.

They shall indicate on the scoresheet those players from each team who actually participated in the game.

They shall note on the scoresheet the time any substitute or temporary goalkeeper has entered the game and designate any goal scored when the goalkeeper has been removed from the ice.

(c) Upon the immediate conclusion of the game, the Official Scorer shall also prepare the Official Scoresheet for signature by the Referee and forward it to the proper authorities.

Rule 506 Game Timekeeper

(a) The "GAME TIMEKEEPER" shall signal the Referee and the competing teams for the start of the game and each succeeding period. To assist in assuring the prompt return to the ice of the teams and On-Ice Officials, the Game Timekeeper shall give a preliminary warning three minutes prior to the resumption of play in each period.

If the rink is not equipped with an automatic horn, or if such device fails to function, the Game Timekeeper shall signal the end of each period by blowing a whistle.

They shall have announced on the public address system, at the appropriate time in each period, that there is one minute remaining to be played in the period.

(b) The Game Timekeeper shall note the time and then notify the Referee of a malfunction of the clock, or any other equipment, during the next normal stoppage of play. In the event of any dispute regarding time, the matter shall be referred to the Referee for adjustment and their decision shall be final.

Rule 507 Penalty Timekeeper

(a) The duties of the "PENALTY TIMEKEEPER" include maintaining a record, on the official forms provided, of all penalties imposed including the names/numbers of the players penalized, the infraction assessed, the duration of each penalty and the time at which the penalty was assessed.

They shall report to the Referee any violation of Rule 401(b) and 403(b).

(b) The Penalty Timekeeper shall check and ensure that the time served by all penalized players is correct. They shall be responsible for the correct posting of all penalties on the scoreboard and shall promptly call to the attention of the Referee any discrepancy between the time recorded on the clock and the official correct penalty time. They shall, upon request, give a penalized player correct information as to the unexpired time of their penalty.

(Note 1) The infraction of the rules for which each penalty has been imposed will be announced twice over the public address system as reported by the Referee. Where players of both teams are penalized on the same play, the penalty to the visiting player will be announced first.

(Note 2) Misconduct penalties and coincidental minor or major penalties should not be recorded on the timing device, but such penalized players should be alerted and released at the first stoppage of play following the expiration of their penalties.

(c) Only penalized players and off-ice official(s), are permitted to occupy the penalty bench. Play shall not continue until any unauthorized persons have been removed.

Rule 508 Proper Authorities

(a) The term "proper authorities" or "proper disciplinary authority" as applied under these rules is defined as the governing body of the team or teams involved, as determined by the Affiliate.

CASEBOOK FOR OFFICIALS

Rule 501 Appointment of Officials

⇒ Situation 1

What guidelines does USA Hockey have in regards to which officiating system should be used at the various levels of play?

Each of the various officiating systems approved by USA Hockey have their place for use. Rule Reference 501(a).

For the youngest levels of play where non-competitive cross-ice games take pace, the Cross-Ice Officiating Manual outlines the system to be used and the procedures to be followed.

Lower level full-ice games call for the two-official system and this provides an excellent opportunity to incorporate a Mentor or Shadow Program where newer officials are supported by more experienced officials.

Ideally, the three-official system (one referee – two linespersons) should be incorporated at the 12 & under age classifications and used extensively at older classifications. This system provides the best environment for development and is a logical next step for those newer officials who have gained the necessary experience in the two-official system.

The four-official system (two referees – two linespersons) may be used at the competitive levels of 14 & under and older where the pace and intensity of play calls for an additional referee on the ice to best officiate the game.

In each instance, officiating development and opportunity, along with providing quality officiating for the games being played, should be the primary consideration in choosing the system to be used. This determination should be made without a significant increase in cost to the youth hockey associations simply because an additional official is assigned on the ice.

Why does USA Hockey endorse only one system for three Officials?

From an education perspective, it is most effective to select one system and establish a training program for one system. Rule Reference 501(a).

It is widely recognized, world-wide, that the one referee two linespersons system is the best three-official system for total on-ice coverage and for the development of officials. USA Hockey's officiating program closely monitors all officiating systems that are used by the various governing bodies for practical inclusion in our programs. At this time, the approved systems recognized in this rule are the only officiating systems allowed for use in USA Hockey sanctioned full-ice games.

⇒ Situation 3

An On-Ice Official arrives at the game only to realize that they forgot their helmet. Are they allowed to officiate in this instance without a helmet?

No. Rule Reference 501(c).

All On-Ice Officials must wear a hockey helmet, with visor or fullface shield when officiating. Under no circumstances should an official be allowed to participate without these required pieces of protective equipment.

⇒ Situation 4

What considerations should be applied when purchasing a visor to be worn while officiating?

All on-ice game officials are required to wear a half-face shield attached to their helmets. Rule Reference 501(c).

This half-shield must be designed for ice hockey use, be clear in color (non-tinted) and attached and worn in the manner recommended by the commercial manufacturer. The half-shield is not required to be HECC-certified. Safety glasses, goggles or any similar items are not permitted as substitutes for the half-face shield requirement, but may be worn in addition to the half-face shield.

An official may also choose to wear a full facemask (designed for hockey), in lieu of the half shield, and use an electronic whistle.

⇒ NEW - Situation 5

Are game officials required to wear a HECC-certified neck laceration protector during games?

No. Rule Reference 501(c).

While HECC-certified neck laceration protectors are strongly recommended for all game officials, a game official under the age of 18 must wear any neck laceration protector provided it is designed for that purpose.

⇒ Situation 6

When should an On-Ice Official wear the USA Hockey crest on their sweater?

In all USA Hockey sanctioned games. Rule Reference 501(c).

The crest should never be worn when officiating non-USA Hockey sanctioned games.

⇒ Situation 7

What is the proper procedure for Officials to follow if a regularly scheduled On-Ice Official either does not show up for a game or becomes incapacitated and cannot finish the game?

Arrangements should be made, whenever possible, to be able to start or continue the game in a reasonable time frame while following the guidelines outlined in the rule. Rule Reference 501(d).

The first step is to attempt to locate USA Hockey registered officials who are either in the arena, or live close by, that may be able to step in and work the game.

Ideally, identifying two registered officials who can work would allow the game to be played using the two official system. However, the game could be played, or continue, provided there is one registered official present and both coaches have agreed to play the game under these circumstances.

The alternative is for each coach to agree to appoint a Referee and then appoint one player from each team to serve as linesperson.

If an official is injured after the game has started and cannot continue, the game will continue under the same guidelines outlined above or by procedures mandated by the local governing body of the teams involved. This may include continuing the game with one referee and one linesperson.

⇒ Situation 8

An official is cut during play and once play is stopped, is able to quickly stop the bleeding and can continue. However, they notice they have considerable blood on their uniform. What procedure must be followed?

The uniform must be decontaminated or exchanged. Rule Reference 501(e Note).

If the uniform can be quickly decontaminated, then a brief delay can take place to do so. If the proper decontaminate is not readily available, the official should exchange the bloody portion of the uniform as quickly as possible to allow play to continue. Under these circumstances, it would be acceptable for the official to continue using any clothing that is contrasting colors to the teams involved.

Rule 502 Referee

⇒ Situation 1

How should a Referee handle the situation involving another On-lce Official who uses a tobacco product on the ice during a game?

The Referee should immediately inform the Official that this practice is prohibited by rule. Rule References 502(a) and 601(f).

Since players and Team Officials are prohibited from using a tobacco product during a game, this restriction also applies to all On-lce and Off-lce Officials. The Referee should also report these actions to the Local Supervisor of Officials at the conclusion of the game.

Does the Referee have the authority to prohibit teams from proceeding through the "hand shake" line following an unusually rough or chippy game?

Yes. Rule Reference 502(a).

The Referee is charged with the general supervision of the game. It is well within their authority to prohibit this common practice of a "hand shake" line in the event that they feel a problem may arise if the teams are allowed to shake hands. The safety of the players and preventative measures should be the priority.

⇒ Situation 3

A goal is scored; however, before the play resumes the Linesperson notifies the Referee that the play should have been called for icing. What should the Referee do?

The Referee must disallow the goal and the face-off would take place at the normal icing face-off spot. Rule Reference 502(a).

Although procedurally, the icing situation was not handled correctly, the obligation of the officials is to do their best to make the right call.

⇒ Situation 4

Should the Officials stop play immediately or allow play to continue whenever a player on the ice is body checked and crashes through a door or through the glass?

The Officials must stop play immediately. Rule Reference 502(a).

Any time there is a potentially dangerous situation where a pane of glass has been broken or a door (other than players' or penalty bench) has been opened during play, the officials must consider the safety aspect and stop play immediately.

The exception is when a player is knocked into an open door on the players' or penalty bench and is able to resume play immediately and the door is properly closed.

May the Referee authorize a change on the scoresheet of a goal or assist after play has resumed?

Yes. Rule References 502(a and c).

This is not interpreted as a changed decision, but instead is a simple correction to the game statistics. Goals and assists may be changed, if appropriate, up until the scoresheet is properly signed after the game.

⇒ Situation 6

May the Referee change an assessed penalty any time after play resumes if it is realized that a penalty was incorrectly assessed according to the playing rules?

No. Rule References 502(a and e).

The Referee may not add, change, or delete a penalty after play has resumed following penalty assessment. This includes after a game. If a rule has been misapplied, the Referee is obligated to inform the governing body so that a modification could be possible under "Supplementary Discipline" (Rule 410).

However, the Referee should change any "clerical" error noted on the scoresheet prior to signing the sheet. For example, if the Referee properly assessed a game misconduct penalty, but it was incorrectly recorded on the scoresheet as a misconduct, this should be corrected prior to signing the scoresheet.

⇒ Situation 7

A Linesperson has determined that a major penalty infraction has occurred unseen by the Referee and is waiting for the next stoppage of play to report to the Referee. The next stoppage of play occurs when the offending team scores a goal, whereupon the Linesperson reports their version of the infraction. The Referee concurs that a major penalty plus the automatic misconduct penalty should be assessed. What procedures does the Referee follow?

Disallow the goal and assess the penalty. Rule References 502(c) and 503(e).

Linespersons cannot stop play, but must wait for the first stoppage of play to report their version of the incident to the Referee

Rule 503 Linesperson

⇒ Situation 1

A Linesperson has dropped the puck during a Neutral Zone faceoff and as they back away is accidentally tripped. As a result, they are unable to determine from which zone the puck was shot for icing purposes. Who determines the outcome of the play?

Their partner. Rule References 503(a).

It is the responsibility of the other Linesperson to cover for their partner while they are out of position and they should have good overall awareness of the situation to make the proper call.

⇒ Situation 2

In conducting an end zone face-off, whose responsibility is it to blow the whistle for the first premature entry into the circle by a player who is positioned behind the Linesperson conducting the face-off?

The back Linesperson is responsible for stopping the play for encroachment of players behind their partner's back. Rule References 503(b) and 613.

The Referee will only get involved if a penalty needs to be assessed for delay of game or if encroachment continues to be a problem and their presence will assist the players in maintaining their proper position.

⇒ Situation 3

In conducting an end zone face-off, whose responsibility is it to blow the whistle for the first premature entry into the circle by a player who is facing the Linesperson who is conducting a faceoff?

The Linesperson who is conducting the face-off blows the whistle to stop play for encroachment in this instance. Rule References 503(b) and 613.

The Referee will only get involved if a penalty needs to be assessed for delay of game or if encroachment continues to be a problem and their presence will assist the players in maintaining their proper position.

⇒ Situation 4

The Referee is caught behind the play. The Linesperson who is covering for them skates deep into the Attacking Zone with the play and positions themself beside the goal to observe the outcome of the play. A goal is scored which is not observed by the Referee. What procedure does the Linesperson employ?

The Linesperson shall signal the goal. Rule Reference 503(c.6) and Signals.

The Linesperson shall signify the scoring of the goal by pointing to the goal and blowing the whistle to stop play. The Referee must be aware of the situation and respond accordingly.

⇒ Situation 5

On the delayed calling of a penalty, who has the responsibility for watching the exchange of players if a team substitutes for the goalkeeper?

The Linesperson. Rule Reference 503(c.8).

The Linesperson will stop play after witnessing the premature substitution and the offending team has gained possession of the puck.

⇒ Situation 6

If a Linesperson sees that a team has too many players on the ice, should they raise their arm to signal a delayed penalty?

No. Rule Reference 503(d).

They should stop the play when the offending team gains possession of the puck. No delayed signal is given by the Linesperson for any penalty they may observe.

May a Linesperson call a penalty shot where a player is fouled from behind on a breakaway and the Referee has not observed the infraction?

No. Rule Reference 503(e).

They must give their version of a potential penalty shot infraction to the Referee at the next stoppage of play.

⇒ Situation 8

The Team A coach verbally abuses the Linesperson, an infraction calling for a bench minor penalty, but for which the Linesperson cannot stop play. What signal, if any, is given by the Linesperson and what procedures do they follow?

No signal is given. Rule Reference 503(e).

The Linesperson cannot stop play for this infraction. They must report the infraction to the Referee at the next stoppage of play.

⇒ Situation 9

What constitutes an "injury potential penalty?"

An aggressive foul that recklessly endangers or has the potential to cause injury to an opponent. Rule References 503(e) and Glossary.

The determining factor as to whether or not an infraction is an "injury potential infraction" is the penalty infraction itself. An injury to a player or goalkeeper is not a necessary requirement for a penalty to be classified as an "injury potential penalty." Any action that "recklessly endangers" an opponent could be considered under this guideline.

⇒ Situation 10

What guidelines should be followed by the Linesperson when determining whether or not to report a minor penalty infraction that has occurred behind the play?

The infraction must: 1) constitute an "injury potential" penalty (see Glossary), 2) occur behind the play, and 3) have been unobserved by the Referee. Rule References 503(e) and Glossary.

The Linesperson does not stop play for these infractions, but reports to the Referee at the next normal stoppage of play. The Referee has the final decision as to whether a penalty is assessed.

Good teamwork and communication between the Referee and Linespersons is necessary in order for the officiating team to be successful. Part of this teamwork is trust and confidence in your partner(s). The chances are good that if the Linesperson feels strong enough to report the incident to the Referee at the stoppage of play, the action warrants the assessment of the proper penalty. The attitude of "I didn't see it, so I am not going to call it" does not give proper respect to the game, the officiating team or hold the player(s) accountable for their actions.

Rule 504 Goal Judge

⇒ Situation 1

Immediately following a save by the goalkeeper, the puck lands directly on the goal line. The Goal Judge turns the light on, signifying that a goal has been scored. The Referee clearly sees that the puck has not completely crossed the goal line. The attacking team promptly requests that the Referee consult with the Goal Judge. Is it necessary for the Referee to do so?

No. Rule References 504(b) and 502(a).

The Goal Judge should only be consulted when the Referee has not seen the play completely. Since the Referee has the final decision to make, there is no need to consult the Goal Judge in this instance.

Rule 505 Official Scorer

⇒ Situation 1

All the coaches on one of the teams refuse to sign the scoresheet and include the required information. May the game be played?

Yes. Rule Reference 505(a).

Incomplete information is not grounds to prevent a game from being played. The Official Scorer and the On-Ice Officials should report the incident to the proper authorities.

⇒ Situation 2

During a game in October, the coaches from one team do not have the proper Coaching Education Program certification level. They tell the Official Scorer that they will be attending a coaching seminar in November for the required level. Should the game be played?

Yes. Rule Reference 505(a).

The proper coaching certification must be completed by December 31. The on-ice officials can assist the Official Scorer in obtaining the proper coaching information, when requested to do so. However, the officials are not expected to know the Coaching Certification requirements or involve themselves in any possible dispute. Their sole responsibility is to make sure any issues pertaining to coaching certification is noted on the scoresheet and reported to the proper authorities at the conclusion of the game.

Rule 506 Game Timekeeper

⇒ No situations.

Rule 507 Penalty Timekeeper

⇒ Situation 1

The Penalty Timekeeper enters coincident minor penalty time on the penalty clocks, and this action is not noticed by the Referee until play has resumed. Should this penalty time display be corrected at a stoppage of play, or allowed to continue until those penalties have expired?

The situation should be corrected at the first stoppage of play. Rule Reference 507(b).

While it may be argued that this display will give the teams accurate information regarding time remaining, the procedure is to not place coincident penalty times on the clock. Following this procedure will minimize confusion regarding on-ice strength, when the penalized players are eligible to return to the ice and the proper termination of a minor penalty if a goal was scored.

⇒ Situation 2

Why are spare goalkeepers and extra players not permitted to occupy the penalty bench?

The area may be unsupervised and allowing non-penalized players on the penalty bench may create confusion as to on-ice numerical strength. Rule Reference 507(c).

Rule 508 Proper Authorities

⇒ No situations.

SECTION SIX PLAYING RULES



Rule 601 Abuse of Officials and Other Misconduct

(Note) For the enforcement of this rule, the following guidelines shall apply.

A bench minor penalty shall be assessed for actions that occur on or in the immediate vicinity of the player's bench (off the ice).

A minor penalty or misconduct penalty should be assessed for actions that occur on the playing surface or in the penalty bench area.

- (a) A minor penalty for unsportsmanlike conduct shall be assessed to any player who commits the following actions:
 - (1) Challenges or disputes the rulings of any official.
 - (2) Taunts or incites an opponent.
 - (3) Creates a disturbance during the game.
 - (4) Shoots the puck after the whistle, if in the opinion of the Official such shot was avoidable.

A misconduct penalty shall be assessed to any player who persists in such conduct and any further dispute by the same player shall result in a game misconduct penalty being assessed.

(Note) If occurring after the game, the above actions shall be initially penalized as a misconduct penalty.

- (b) A bench minor penalty shall be assessed to any team whose players or team officials commit the following actions while on the player's bench:
 - Unsportsmanlike conduct or disputing the rulings of any official by an unidentified player or Team Official.
 - (2) Using obscene, profane or abusive language to any person.
 - (3) Using the name of any official in a loud or abusive manner.
 - (4) Throwing any object onto the playing area during the progress of the game or during a stoppage of play.
 - (5) Banging the boards with a stick or other object, including skates or arms, after a body check regardless as to whether the check is being penalized. It is deemed to be unsportsmanlike conduct and should be penalized when done as a means of escalating dangerous and/ or unnecessary physical play where there is no intent to legally gain possession of the puck.
 - (6) Using threatening or abusive language or gestures directed at an opponent.

(7) Interfering in any non-physical manner with any game official, including off-ice officials, in the performance of their duties.

(Note) If any of the above actions are committed by a player who is on the players' bench and is readily identifiable, they shall be assessed a misconduct penalty under sub-section (c) of this rule.

- (c) A misconduct penalty shall be assessed to any player who commits the following actions:
 - (1) Persists in any conduct where they were previously assessed a minor penalty for unsportsmanlike conduct.
 - (2) Using obscene, profane or abusive language to any person anywhere in the rink before or during the game.
 - (3) Intentionally knocking or shooting the puck out of the reach of an official who is retrieving it during a stoppage of play.
 - (4) Not proceeding directly and immediately to the penalty bench or to the dressing room, after being penalized and ordered to do so by the officials (equipment shall be delivered to them by a teammate, if necessary).
 - (5) Entering or remaining in the Referee's Crease, unless invited to do so.
 - (6) Interfering in any non-physical manner with any on-ice or off-ice official in the performance of their duties.
 - (7) Touches or holds any official with their hand or stick.
 - (8) Attempts to continue an altercation after being ordered to stop.
 - (9) Intentionally bangs the boards or protective glass or goal frame with their stick or any other object at any time in an unsportsmanlike manner (when not done in protest of an official's decision).
 - (10) Shoots or bats the puck outside of the playing area during a stoppage of play (when not done in protest of an official's decision or in the direction of a spectator).
- (d) A game misconduct penalty shall be assessed to any player or team official who is guilty of the following actions:
 - (1) Persists in any course of conduct for which they have previously been assessed a misconduct penalty (player) or a continuation of abuse of officials after being assessed a bench minor penalty (Team Official). If clearly done as a means of continued abuse, the game misconduct penalty

- may be assessed in lieu of a 2nd bench minor when done after the initial bench minor has expired.
- (2) Uses an obscene gesture anywhere in the rink before, during or after the game.
- (3) Bangs the boards, goal frame or protective glass in protest of an official's decision.
- (4) Interferes in any physical manner with any on-ice or off-ice official, in performing their duties including resisting the linesperson during an altercation.
- (5) A player who receives their second misconduct penalty (for any rule infraction) during the same game shall be assessed a game misconduct penalty in lieu of the second misconduct penalty.
- (6) Physically interferes with a spectator.
- (7) Shoots or bats the puck outside of the playing area during a stoppage of play when done in protest of an official's decision.
- (8) Attempts to intimidate or physically contacts an on-ice or off-ice official or by throwing a stick, water bottle, puck or any other object in the general direction of a game official.
- (9) Shoots the puck in the general direction of an on-ice official, or in the direction of a spectator during a stoppage of play.
- (10) Using obscene, profane or abusive language to any person anywhere in the rink after the game.

(Note) A match penalty shall be assessed to any player who shoots the puck directly at an official or spectator in a manner that recklessly endangers the official or spectator under Rule 601(e.2).

- (e) A match penalty shall be assessed to any player or team official who commits the following actions:
 - Applies deliberate physical force or attempts to inflict physical harm to any game official, including off-ice officials.
 - (Note) Any match penalty assessed under 601(e.1) of this rule must be reported via written game report by the officials no later than 24 hours following the game.
 - (2) Behaving in any manner that is critically detrimental to the conducting of the game, including but not limited to spitting at an opponent, spectator, game or team official, or verbally threatening or intimidating a Game Official,

- opposing Team Official or opposing player with physical contact or harm.
- (3) Uses language that is hateful or discriminatory in nature anywhere in the rink before, during or after the game.

(Note) The officials are required to file a game report within 24 hours following the game and the offending player/team official is suspended until their case has been dealt with by the proper authorities. Appropriate discipline will be determined using the USA Hockey Standardized Discipline Policy (see Preface).

If the incident was reported to, but not heard by the official(s), the officials are required to notify the coach of both teams and submit an incident report to the Proper Authorities within 24 hours following the game outlining what was reported to them.

(f) The use of tobacco products, vaping products or alcoholic beverages by any player or team official is prohibited in the rink area, including the bench areas and off-ice official area. A warning shall be issued by the Referee for the first offense by any participant and any subsequent violations by the same team shall result in a game misconduct penalty being assessed.

Rule 602 Attempt to Injure or Recklessly Endanger An Opponent

(a) A match penalty shall be assessed to any player or team official who recklessly endangers or attempts to injure any opposing player or team official.

In all cases when a match penalty is assessed, a game report shall be filed with the proper authorities for further disciplinary action.

(Note) All incidents of attempt to inflict physical harm to game officials should be penalized under Rule 601(e.1).

Rule 603 Boarding

(Note) Boarding is the action where a player pushes, trips or body checks an opponent causing them to go dangerously into the boards. This includes: Accelerating through the check to a player who is in a vulnerable or defenseless position and driving an opponent excessively into the boards with no focus on or intent to play the puck, or any check delivered for the purpose of punishment or intimidation that causes the opponent to go unnecessarily and excessively into the boards.

The onus is on the player delivering the check to avoid placing a vulnerable or defenseless opponent in danger.

- (a) A minor plus a misconduct or major plus game misconduct penalty shall be assessed for boarding an opponent.

 "Rolling" an opponent along the boards where they
 - "Rolling" an opponent along the boards where they are attempting to go through too small an opening is not considered boarding.
- (b) A major plus game misconduct penalty shall be assessed to any player who recklessly endangers an opponent as a result of boarding.
- (c) A match penalty for reckless endangerment may also be assessed for boarding.

Rule 604 Body Checking (Competitive Contact Categories)

(Note 1) For the purpose of this rule, an illegal body check is defined as when a player makes intentional physical contact with the opponent using overt hip, shoulder, forearm or torso action. This includes physically forcing the opponent off the puck and with no effort to legally play the puck.

- (Note 2) USA Hockey has identified two different categories of play. They are Competitive Contact (where Body Checking is prohibited) and Body Checking (where a legal body check is permissible). Please refer to the Glossary for specific definitions of Competitive Contact and a Body Check.
- (a) Body checking is prohibited in the 12 & under youth age classifications and below, all Girls'/Women's age classifications and all non-check Adult classifications. These levels would be considered the Competitive Contact Category of play.

A local governing body may prohibit body checking in any classification and is encouraged to provide Competitive Contact options at all levels of recreational play.

(Note) USA Hockey strongly encourages competitive contact to occur in all age classifications as part of the skill progression that teaches body checking.

- (b) Any time a team from a Competitive Contact category (see subsection (a) above) plays a team from a Body Checking category, body checking shall be prohibited under this rule.
- (c) A minor penalty shall be assessed to a player who body checks an opponent in a Competitive Contact category.

(Note) Competitive Contact hockey does not mean "no contact." Legal competitive contact (see Glossary) occurs when players are focused on gaining possession of the puck and are simply maintaining established body position. This most often occurs when two players are physically engaged (see Glossary) in front of the goal or along the boards. Competitive contact also occurs when a player has established an angle (Angling - see Glossary) on the opponent and closes the gap to create an opening that is too small for the puck carrier to advance.

Legal competitive contact shall not be penalized under this rule. However, deliberate physical contact with an opponent, with no effort to legally play the puck, shall be penalized.

- (d) A major plus a game misconduct penalty shall be assessed to any player who recklessly endangers an opponent with a body check in a Competitive Contact category.
- (e) A match penalty for reckless endangerment may also be assessed for body checking in a Competitive Contact category or non-check Adult classification.

Rule 605 Broken Stick

(Note) A broken stick is one that, in the opinion of the Referee, is unfit for normal play.

- (a) Any player whose stick is broken must drop their stick prior to participating in the play. A player or goalkeeper shall be allowed reasonable time to be aware that the stick is broken. A minor penalty for an equipment violation shall be assessed for participating in play with a broken stick.
- (b) A replacement stick for any player who is no longer in possession of a stick may only be obtained from the player's bench or from a teammate on the ice. A minor penalty for an equipment violation shall be assessed to a player who receives a replacement stick illegally, unless the team is assessed a bench minor penalty under Rule 601(b.4) Throwing Articles into the Playing Area. In this instance, the player receiving the thrown stick shall not be penalized.
- (c) A goalkeeper whose stick is broken may not go to the players' bench for a replacement during a stoppage of play, but must receive their stick from a teammate. For an infraction of this rule a minor penalty for delay of game shall be assessed to the goalkeeper.

Rule 606 Butt-Ending

(Note) Butt-Ending is the action whereby a player uses the shaft of the stick, above the upper hand, to check an opposing player in any manner or jabs or attempts to jab an opposing player with this part of the stick.

- (a) A major plus a game misconduct penalty shall be assessed to any player who "butt-ends" or attempts to "butt-end" an opponent.
 - An attempt to "butt-end" shall include all cases where a "butt-end" gesture is made regardless of whether body contact is made or not.
- (b) A match penalty for reckless endangerment may also be assessed for butt-ending.

Rule 607 Charging

(Note) Charging is the action where a player takes more than two strides or travels an excessive distance to accelerate through a body check for the purpose of punishing the opponent. This includes skating or leaving one's feet (jumping) into the opponent to deliver a check, accelerating through a check for the purpose of punishing the opponent, or skating a great distance for the purpose of delivering a check with excessive force. The onus is on the player delivering the check to avoid placing a vulnerable or defenseless opponent in danger of potential injury.

- (a) A minor plus a misconduct or a major plus a game misconduct penalty shall be assessed for charging an opponent.
- (b) A major penalty plus game misconduct penalty shall be assessed to any player who recklessly endangers an opponent as a result of charging.
- (c) A minor plus a misconduct or a major plus a game misconduct penalty shall be assessed to a player who body checks or charges a goalkeeper while the goalkeeper is within the goal crease or privileged area.
- (d) A goalkeeper is NOT "fair game" because they are outside the privileged area. A penalty for interference or charging should be called in every case where an opposing player makes unnecessary contact with a goalkeeper. Likewise, Referees should be alert to penalize goalkeepers for any infractions they commit in the vicinity of the goal.
 - (Note 1) For the purpose of this rule, any accidental or unavoidable contact that occurs with the goalkeeper shall be penalized under the Interference rule. Any deliberate body contact or check that is delivered to the goalkeeper shall be penalized as charging.
 - (Note 2) The goalkeeper's "Privileged Area" is an area outlined by connecting the end zone face-off spots with an imaginary line and imaginary lines from each face-off spot running perpendicular to the end boards.
- (e) A match penalty for reckless endangerment may also be assessed for charging.

Rule 608 Checking from Behind

(Note) Checking from Behind occurs when a check is delivered to a player directly from behind, or diagonally from behind. The onus is on the player delivering the check to not hit from behind. This includes body checking or pushing an opponent from behind in open ice or directly into the boards or goal frame. The onus is on the player delivering the check to avoid placing a vulnerable or defenseless opponent in danger of potential injury.

- (a) A minor plus a misconduct penalty, or a major plus a game misconduct penalty, shall be assessed for checking from behind.
- (b) A major penalty plus game misconduct penalty shall be assessed to any player who recklessly endangers an opponent, or causes them to go head first into the boards or goal frame, as a result of checking from behind.
- (c) A match penalty shall be assessed for checking from behind in all instances when a player recklessly endangers an opponent from behind with excessive force while the opponent is in a vulnerable or defenseless position.

Rule 609 Cross-Checking

(Note) Cross-Checking is the action of using the shaft of the stick between the two hands to forcefully check an opponent with no portion of the stick on the ice.

- (a) A minor penalty shall be assessed for cross-checking an opponent.
- (b) A major plus a game misconduct penalty shall be assessed to any player who recklessly endangers an opponent as a result of cross-checking.
- (c) A match penalty for reckless endangerment may also be assessed for cross-checking.

Rule 610 Delaying the Game

- (a) A minor penalty shall be assessed to any player or goalkeeper who deliberately freezes the puck along the boards or goal frame for the purpose of delaying the game.
- (b) A minor penalty shall be assessed to a goalkeeper who has an opportunity to play the puck prior to being pressured by an attacking player, but instead intentionally causes a stoppage of play.
 - (Note) A goalkeeper may only cover the puck while in the act of playing goal (see Glossary), and any action that makes the puck unplayable without an immediate scoring opportunity must be penalized.
- (c) A minor penalty shall be assessed to any player or goalkeeper who delays the game by deliberately shooting or batting the puck outside the playing area, including after a stoppage of play.
- (d) Play shall be stopped immediately when the goal frame has been displaced from its normal position. A minor penalty shall be assessed to any player (including a goalkeeper) who deliberately displaces the goal frame.

If the defending team deliberately displaces the goal frame during a breakaway (see Glossary) or deprives the attacking team of an immediate scoring opportunity, a penalty shot/optional minor penalty shall be awarded to the player in possession of the puck.

If the goal frame is deliberately displaced in the last two minutes of the game or any time in overtime, a penalty shot/ optional minor penalty shall be assessed.

If a player on the defending team deliberately displaces the goalpost when the goalkeeper has been removed, if in the opinion of the Referee, the puck would have entered the goal – thereby preventing an obvious and imminent goal – a goal shall be awarded in lieu of the penalty shot.

(e) If a goalkeeper (all classifications) or player (excluding Adults) deliberately removes their helmet/facemask during a breakaway (see Glossary), a penalty shot/optional minor penalty shall be awarded.

If a goalkeeper (all classifications) or player (excluding Adults) deliberately removes their helmet/facemask during the last two

- minutes of the game or any time during overtime, a penalty shot/optional minor penalty shall be assessed.
- (f) A minor penalty for delay of game shall be assessed to a goalkeeper who drops the puck into their pads or onto the goal net or deliberately piles up snow or obstacles near the goal that, in the opinion of the Referee, could prevent the scoring of a goal.
- (g) A bench minor penalty shall be assessed to any team, after warning by the Referee, that fails to place the correct number of players on the ice and commences play or that causes any delay by making additional substitutions or attempts to delay the game in any manner.

Rule 611 Elbowing

(Note) Elbowing is the use of an extended elbow as the point of contact with an opponent while delivering a check, or as a means to create separation with an opponent, and may include an attempted elbow.

- (a) A minor penalty shall be assessed for elbowing or an attempt to elbow an opponent.
- (b) A major plus a game misconduct penalty shall be assessed to any player who recklessly endangers an opponent as the result of a foul committed by elbowing.
- (c) A match penalty for reckless endangerment may also be assessed for elbowing.

Rule 612 Face-Off Locations

- (a) The puck shall be dropped at the center ice face-off spot at the start of each period, after a goal is scored and in situations where a premature substitution of the goalkeeper has occurred when play has been stopped on the attacking side of the center red line.
- (b) All face-offs will be conducted at one of the nine face-off spots. A last play face-off will take place in any instance where a stoppage of play occurs as a result of the actions of both teams or if play is stopped for any reason other than what is specified in the rules.

A last play face-off is defined as the nearest face-off spot in the zone where the puck was last played.

When a penalty(s) is assessed that results in a penalty(s) being added to the penalty clock of one team, the ensuing face-off shall take place at a defending zone face-off spot of the offending team unless:

- A penalty is assessed after a goal is scored; the face-off will take place at the center ice face-off spot.
- (2) A penalty is assessed at the start of a period or at the end of the previous period; the face-off will take place at the center ice face-off spot.
- (3) The defending team is penalized and the attacking players enter into the attacking zone beyond the outer edge of the end zone face-off circle; the face-off shall take place at one of the neutral zone face-off spots nearest the attacking blue line (see Rule 612(d).
- (4) Play is stopped as a result of a violation by the nonoffending team such as icing the puck, premature substitution of the goalkeeper, offside, high sticking the puck or hand pass or any other violation of the rules. In these instances, the ensuing face-off shall take place at the appropriate neutral zone face-off location as covered by the rules.

When a stoppage of play occurs between the end zone faceoff spots and the nearest end boards calling for a last play faceoff, the face-off will take place at the nearest end zone face-off spot.

- (c) When a stoppage of play occurs as the result of any action by the attacking team in the attacking zone, the ensuing face-off will take place at the nearest neutral zone face-off spot, unless otherwise covered in these playing rules.
- (d) When a stoppage of play takes place in an end zone followed by a gathering of players, a face-off at the nearest neutral zone face-off spot shall occur if any attacking player enters the end zone further than the outer edge of the face-off circles nearest the blue line.
- (e) When a goal is disallowed as a result of the actions of the attacking team, the ensuing face-off will take place at the nearest neutral zone face-off spot, unless otherwise specified in these rules.

- (f) If the puck shall illegally enter the goal as a result of deflecting directly off an official anywhere on the ice, the resulting faceoff shall take place at the nearest end zone face-off spot of the goal the puck entered.
- (g) A team causing a stoppage of play shall not gain a territorial advantage with the ensuing face-off. In this instance, the ensuing face-off shall be at the nearest face-off spot closer to their own goal.

Rule 613 Face-Off Procedures

(a) Play shall start when one of the officials drops the puck between the sticks of two opposing players.

For face-offs occurring at a designated end zone face-off spot, the players facing-off will stand squarely facing their opponents' end of the rink and clear of the ice markings. The stick blades of both players shall be in contact with the nearest white area of the face-off spot and clear of the center red area.

For face-offs occurring at the center ice or neutral zone face-off spots, the players facing-off shall squarely face their opponent's end of the ice and stand approximately one stick length apart.

The attacking player shall be the first to place their stick on the ice, except for a center ice face-off where the visiting team player shall be first to place their stick on the ice.

- (b) No other player shall be allowed to enter the face-off circle or come within 15 feet of the players facing-off the puck.
 - All other players must position themselves behind the hash marks on the outer edge of the face-off circle or stand approximately one stick length apart from the opponent.
- (c) At the conclusion of the line change procedure [see Rule 204(a) and Glossary], the Official conducting the face-off shall blow their whistle. This will signal each team that they have no more than five seconds to line up for the ensuing face-off. Prior to the conclusion of five seconds, the Official shall conduct a proper face-off.
- (d) If a player facing-off fails to take their proper position immediately when directed by the Official, the Official may order them replaced for that face-off by any teammate then on the ice.

If a player, other than the player facing off, fails to maintain their proper position, the center of their team shall be ejected from the face-off.

A second violation of any of the provisions of this subsection by the same team during the same face-off shall result in a minor penalty for delay of game being assessed to the player committing the second violation.

(e) A minor penalty for interference shall be assessed to any player facing-off who makes any physical contact with their opponent's body by means of their own body or by their stick except in the course of playing the puck after the face-off has been completed.

Rule 614 Falling on Puck

- (a) A minor penalty for delay of game shall be assessed to a player other than the goalkeeper who deliberately falls on or gathers the puck into their body, deeming the puck unplayable and causing a stoppage of play.
 - (Note) Any player who drops to their knees to block a shot should not be penalized if the puck is shot under them or becomes lodged in their clothing or equipment, but the use of hands to make the puck unplayable should be penalized promptly.
- (b) A penalty shot/optional minor penalty shall be assessed to the non-offending team when any player, except the goalkeeper, falls on the puck, gathers the puck into their body or uses the hands to hold the puck while in the goal crease. For application of this rule, the decision as to whether the puck is in the crease is made at the moment the infraction occurs.

A goal shall be awarded to the non-offending team if the goalkeeper has been removed from the ice at the time of the infraction and the action under this rule has prevented an obvious and imminent goal.

- (c) A minor penalty for delay of game shall be assessed to a goalkeeper who falls on or gathers the puck into their body and causes a stoppage of play when:
 - The puck is behind the goal line and their body is entirely outside of the goal crease.

- (2) They fail to play the puck with their stick when provided the opportunity to do so prior to being pressured by an attacking player.
- (3) The puck is outside the boundaries of the "goalkeeper's privileged" area.
- (4) They hold or place the puck against any part of the goal frame or boards or intentionally drops the puck on the back of the netting.

(Note) The goalkeeper's "Privileged Area" is an area outlined by connecting the end zone face-off spots with an imaginary line and imaginary lines from each face-off spot running perpendicular to the end boards.

Rule 615 Fighting

(Note) A punch, or an attempted punch, thrown by any player in the direction of an opponent, regardless as to whether contact is made, is considered fighting.

(a) A major plus a game misconduct penalty shall be assessed to any player who engages in fighting. An additional minor penalty shall be assessed to any player who starts or instigates fighting.

A minor penalty shall be assessed to any player who drops their stick and/or removes their glove(s) during an altercation and is not a participant in the original altercation. A game misconduct penalty shall be added if, in the judgment of the Referee, such player is deemed to be the instigator of a subsequent altercation.

A minor, double minor or major plus game misconduct penalty, at the discretion of the Referee, shall be assessed to any player who, having been struck, continues the altercation by retaliating. A player who does not retaliate after being struck shall not be assessed a penalty for fighting under this rule.

(Note) The Referee is provided very wide latitude in the penalties that they may impose under the rules, including Rule 601 "Abuse of Officials and Other Misconduct" in an effort to discourage fighting. This is done intentionally to enable the Referee to differentiate between the obvious degrees of responsibility of the participants either for starting the fighting or persisting in continuing the fighting.

- (b) A major plus game misconduct penalty shall be assessed to any player involved in fighting off the playing surface, before, during or after the game.
- (c) A match penalty *(for all age classifications)* shall be assessed to any player who deliberately removes their helmet/facemask prior to an altercation.

A match penalty *(for all age classifications)* shall be assessed to any player who deliberately removes their opponent's helmet/facemask prior to or during an altercation.

A game misconduct penalty *(for all age classifications)* shall be assessed to any player whose actions during an altercation causes the removal of an opponent's helmet and facemask. The player or goalkeeper shall be suspended for the team's next two scheduled games. This two-game suspension is in addition to any other required suspensions incurred during the same incident.

A game misconduct penalty (for all age classifications) shall be assessed to any player who doesn't wear their helmet/facemask as designed and the helmet/facemask is removed during an altercation.

- (d) A game misconduct penalty shall be assessed to any player or goalkeeper who is the first to intervene in an altercation then in progress. This penalty is in addition to any other penalty incurred in the same incident.
- (e) A minor penalty shall be assessed to any player who fails to move immediately and directly to their players' bench (or goal crease for a goalkeeper) when instructed to do so by the Referee during an altercation.
- (f) Any player who receives a second major penalty for fighting with the same team during the same season shall receive a three-game suspension. For a third fighting major with the same team in the same season, the player shall be suspended until a hearing is conducted by the proper authorities under Rule 410 Supplementary Discipline.

Rule 616 Fouled from Behind

(Note 1) For the purpose of this rule, fouled from behind is defined as any infraction committed to an opponent either directly or diagonally from behind (beyond the fouled player's peripheral vision), that would normally be deemed a penalty,

including cross-checking, high sticking, holding, hooking, slashing and tripping.

(Note 2) For the purpose of this rule a "breakaway" is defined as a player who is in control of and is propelling the puck in a desired direction, and is beyond their defending blue line with no opponent between them and the goalkeeper.

- (a) A penalty shot/optional minor penalty shall be awarded to the non-offending team any time a player is fouled from behind, or diagonally from behind by an opponent, and is denied a reasonable scoring opportunity during a breakaway.
 - (Note) The intent of this rule is to restore a reasonable scoring opportunity that has been lost by reason of a foul committed from behind during a breakaway situation. This penalty shall be assessed in the normal manner allowing for a "delayed penalty" and a change of possession prior to stopping play.
- (b) If the opposing goalkeeper has been removed from the ice and an obvious and imminent goal has been prevented by the fouled from behind provisions, then the Referee shall stop play and award a goal to the non-offending team.

Rule 617 Goals and Assists

(Note) It is the responsibility of the Referee to award goals and assists strictly in accordance with the provisions of this rule and their decision shall be final. In case of an obvious error in awarding a goal or an assist, corrections should be made promptly and no changes can be made to the official scoresheet once it has been signed by the Referee.

(a) A goal shall be scored when the puck has completely crossed the goal line between the posts and under the cross bar. The player who has legally propelled the puck into the opponent's goal (or last attacking player to play the puck in cases where the puck entered the goal as a result of the actions of the defending team) shall be credited with the scoring of the goal.

Up to a maximum of two assists shall be awarded to those player(s) who had possession of the puck immediately prior to the goal being scored.

Only one point can be credited to any single player for a goal scored and each goal or assist shall count as one point in the respective player's record.

- (b) A goal shall be legally scored if:
 - (1) The puck has been propelled into the goal by the stick of an attacking player provided it was done in accordance with rule 621 High Sticks.
 - (2) The puck enters the goal as a result of any action by the defending team.
 - (3) The puck shall have been deflected into the goal by striking any part of an attacking player.
 - (4) The puck was legally propelled into the goal crease and not covered by the goalkeeper making the puck available to another attacking player to propel into the goal.
- (c) A goal shall not be allowed if the following occurs:
 - (1) An attacking player kicks the puck directly into the goal or the kicked puck deflects off any player, including goalkeeper, prior to entering the goal.
 - (2) The puck has been thrown or deliberately directed into the goal by the attacking team by any means other than a stick, even if subsequently deflecting off any player, including goalkeeper, prior to entering the goal.
 - (3) The puck was deflected into the goal directly off an official.
 - (4) The puck entered the goal while an attacking player was positioned in the crease (unless physically interfered with by a defending player causing them to be in the goal crease) or interfering with the goalkeeper (see Rule 625(b) Interference).
 - (5) The puck has not completely crossed the goal line prior to the expiration of the period.
 - (6) The team scoring committed an infraction (prior to the goal scored) that is reported to the Referee by a Linesperson.
 - (7) No goal can be scored by a team who has a properly rostered player on the ice that has illegally entered the game, regardless as to how the goal is scored.
 - (8) The puck enters the attacking zone illegally.
 - (9) As otherwise specified in the Official Playing Rules.
- (d) It is the responsibility of the on-ice officials to determine if a goal has been scored at the end of a period regardless of the use of signaling devices.

Rule 618 Handling Puck with Hands

(a) Play shall be stopped and a last play face-off shall occur any time a player (except the goalkeeper) closes their hand on the puck and does not immediately drop the puck to the ice.

A minor penalty for delay of game shall be assessed to any player, other than the goalkeeper, who picks the puck up from the ice with their hand(s) while play is in progress.

A penalty shot/optional minor penalty shall be awarded to the non-offending team any time a defending player, other than the goalkeeper, picks the puck up off the ice with their hand or holds the puck while play is in progress and the puck is in the goal crease. If this infraction occurs while the goalkeeper has been removed from the ice and prevents and obvious and imminent goal, a goal shall be awarded to the non-offending team.

(Note) For the purpose of this rule, the goal crease shall extend from the ice to the top of the crossbar of the goal frame.

(b) A player or goalkeeper shall not be allowed to "bat" the puck in the air, or push it along the ice with their hand, directly to a teammate unless the "hand pass" has been initiated and completed in their defending zone, in which case play shall be allowed to continue. If the "hand pass" occurs in the neutral or attacking zone, a stoppage of play will occur and a face-off will take place according to last play face-off rules provided no territorial advantage has been gained.

No goal can be scored as a result of the puck being propelled by the hand of an attacking player regardless if the puck enters the goal directly from the hand or deflects off of any player prior to entering the goal.

(c) Play shall be stopped and an end zone face-off taken when a goalkeeper holds the puck for more than three seconds while being pressured. If not pressured, after a warning by the Referee, a goalkeeper shall be assessed a minor penalty for delay of game.

If a goalkeeper catches the puck and throws it forward towards their opponent's goal and it is first played by a teammate, play shall be stopped and the ensuing face-off shall be held at the nearest end face-off spot of the offending team.

Rule 619 Head-Butting

(Note) Head-Butting shall be defined as the physical use of one's head in the course of delivering a body check (head first) in the chest, head, neck or back area or the physical use of the head to strike an opponent.

- (a) A major plus a game misconduct penalty shall be assessed for head-butting an opponent.
- (b) A match penalty for reckless endangerment may also be assessed for head-butting.

Rule 620 Head Contact

(Note) Head Contact is the action of a player contacting an opponent in the head, face or neck with any part of the player's body, equipment or stick. The onus is on the player delivering the check to avoid placing a vulnerable or defenseless opponent in danger of potential injury.

- (a) A minor plus a misconduct or major plus a game misconduct penalty shall be assessed for head contact to an opponent.
- (b) A major plus a game misconduct penalty shall be assessed to any player who recklessly endangers an opponent as a result of head contact or who intentionally or carelessly contacts an opponent in the head, face or neck.
- (c) A match penalty for reckless endangerment may also be assessed for head contact.

Rule 621 High Sticks

(Note) High Sticking is the action where a player carries the stick above the normal height of the opponent's shoulders and makes contact with the opponent. A player must be accountable for being in control of their stick at all times.

- (a) A minor penalty shall be assessed for high sticking an opponent.
- (b) A major plus a game misconduct penalty shall be assessed to any player who recklessly endangers an opponent as a result of high sticking.

- (c) A match penalty for reckless endangerment may also be assessed for high sticking.
- (d) Batting the puck above the normal height of the shoulder with the stick is prohibited and no goal can be scored as a result of an attacking player playing the puck above the shoulder with the stick and directly entering the goal.

When the puck is played above the height of the shoulders with the stick, play shall be immediately stopped and a face-off conducted at one of the end zone face-off spots in the defending zone of the offending team unless:

- (1) The puck is batted to an opponent who gains possession of the puck, in which case play shall continue, or
- (2) A player of the defending team bats the puck into their own goal, in which case the goal is allowed.

Rule 622 Holding an Opponent

(Note) Holding is the action of a player wrapping their arms around an opponent or using a free hand to clutch, grab or hold the stick, jersey or body on the opponent. This includes wrapping one or both arms around the opponent along the boards in a manner that pins them against the boards and prevents them from playing the puck or skating, grabbing the opponent's body, stick or jersey with one or both hands, or using a free arm/hand to restrain or impede the opponent's progress.

- (a) A minor penalty shall be assessed for holding an opponent.
- (b) A major plus a game misconduct penalty shall be assessed to a player who uses their hand to rub, grab or hold the facemask of an opponent.
- (c) A match penalty for reckless endangerment may also be assessed for grabbing or holding the facemask.

Rule 623 Hooking

(Note) Hooking is the action of impeding the progress of an opponent with a pulling or tugging motion by applying the blade of the stick to any part of an opponent's body or stick. A player cannot use their stick against an opponent's body (puck carrier or non-puck carrier) to gain a positional advantage.

Actions considered hooking include tugs or pulls on the body, arms or hands of the opponent that reduces space between the opponents; placing the stick in front of the opponent's body and locking on that impedes the opponent's progress or causes a loss of balance; a stick placed on the hand/arm that takes away the ability for the opponent to pass or shoot the puck with a normal amount of force.

- (a) A minor penalty shall be assessed for hooking an opponent.
- (b) A major plus game misconduct penalty shall be assessed to any player who recklessly endangers an opponent as a result of hooking.
- (c) A match penalty for reckless endangerment may also be assessed for hooking.

Rule 624 Icing the Puck

(Note) For the purpose of this rule, the center line shall divide the rink in half and the point of last contact with the puck shall be used to determine whether a potential icing exists. Icing the puck shall have been completed the instant the puck has completely crossed the goal line.

- (a) When a player of a team shoots, bats with the hand or stick or deflects the puck from their own half of the ice completely beyond the goal line of the opposing team, play shall be stopped and a face-off shall take place at an end zone face-off spot in the defending zone of the offending team.
 - (Note) If a team ices the puck during a delayed whistle as a result of a foul committed by the opposing team, the ensuing face-off shall take place at a neutral zone face-off spot nearest the defending zone of the team icing the puck.
 - However, if the puck has entered the goal as a result of a legal action by the team shooting the puck, the goal shall be allowed.
- (b) Icing shall be nullified if any of the following conditions have been met:
 - (1) (For all Youth 15-Only and above, Girls 16U and above, High School and Adult classifications only)
 The offending team is short-handed (below the on-ice numerical strength of their opponent) when the puck is shot. The determination is made at the time the penalty expires and if the puck was shot prior to the penalty time

- expiration, regardless as to the position of the penalized player, no icing shall be called.
- (2) The puck is shot by an attacking player and rebounds off of the body or the stick of a defending player on their defensive half of the center red line.
- (3) The puck travels the length of the ice as a result of either player participating in a face-off.
- (4) The puck touches any part, including stick, skates or body, of an opposing player prior to crossing the goal line.
- (5) If, in the opinion of the Linesperson, an opposing player except the goalkeeper has an opportunity to play the puck, and has not done so, prior to the puck crossing the goal line.
- (c) If the Officials shall have erred in calling an "icing the puck" infraction (regardless of whether either team is short-handed) a face-off shall occur at the center ice face-off spot.
- (d) Any unnecessary contact with an opponent who is attempting to play the puck in an obvious icing situation shall be penalized.

Rule 625 Interference

(Note) Interference is defined as when a player uses their body ("pick" or "block") to impede the progress of an opponent (non-puck carrier) with no effort to play the puck, maintain normal foot speed or maintain an established skating lane.

- (a) A minor penalty shall be assessed for interference. This includes the following actions which shall be penalized under this rule:
 - (1) Providing a protective screen and limiting the opportunity for an opposing player to apply pressure to a teammate in possession or control of the puck.
 - (2) Making no attempt to play the puck while facing-off and instead plays the body of the opponent.
 - (3) An attacking player who no longer has possession or control of the puck initiates contact with the defending player in an effort to obstruct their ability to play the puck or an opponent.
 - (4) A defending player who changes their skating lane or foot speed in an effort to play the body of an opponent who is no longer in control of the puck.
 - (5) Deliberately knocking the stick out of an opponent's hand.

- (6) Preventing an opponent who has dropped their stick or any other piece of equipment from retrieving it.
- (7) Shooting, throwing or directing any object (equipment, broken stick, etc.) that may be on the ice in the direction of an opponent in an attempt to distract them.
- (8) Any player who makes physical contact, using their stick or body, in a manner that interferes with the movement of the goalkeeper, unless otherwise specified in the rules.
- (9) Any player on the players' or penalty bench who interferes, in any manner, with the movement of the puck or any opponent on the ice while play is in progress.
- (b) A face-off shall be conducted at the nearest neutral zone face-off spot any time an attacking player stands, holds their stick, or skates through the goal crease provided the puck is in the attacking zone, the attacking team has possession of the puck and the goalkeeper is in contact with the crease.

No goal may be scored with an attacking player in the goal crease unless the puck has preceded the player(s) into the goal crease or the goalkeeper is out of the goal crease area.

However, if the attacking player has been physically interfered with by the actions of a defending player that causes them to be in the goal crease, play shall not be stopped and any legal goal scored shall be allowed.

(Note) The goal crease area shall include all the space outlined by the semi-circular crease lines (including crease lines) and extending vertically to the level of the top of the goal frame.

(c) A minor penalty shall be assessed to a goalkeeper who intentionally leaves their stick, or any portion of their stick, in front of the goal.

A goal shall be awarded to the non-offending team if the puck shall hit the stick and prevent an obvious and imminent goal, regardless as to whether the goalkeeper is on the ice, in the act of leaving the ice or off the ice.

Rule 626 Interference by or with Spectators

- (a) Play shall be stopped and a last play face-off will occur if any objects are thrown onto the ice that interferes with the progress of the game.
- (b) Play shall be stopped and a last play face-off will occur any time a player is being physically interfered with by a spectator,

unless their team is in possession of the puck in which case play shall be stopped upon completion of the play.

(Note) The Referee shall report all incidents pertaining to this rule to the Proper Authorities who shall have full power to take further disciplinary action as deemed appropriate.

Rule 627 Kicking Opponent or Puck

(Note 1) Kicking is the action of a player deliberately using their skate(s) with a kicking motion to propel the puck or to contact an opponent.

(Note 2) A "push-off" with the skate is defined as the action where a player uses their skate(s) in a non-kicking motion to make contact with the opponent.

- (a) A major plus a game misconduct penalty shall be assessed to any player or goalkeeper who uses their skate to "push off" an opponent.
- (b) A match penalty shall be assessed to any player or goalkeeper who kicks, attempts to kick or recklessly endangers an opponent by kicking.
- (c) Kicking the puck shall be permitted provided the puck is not kicked by an attacking player and entered the goal either directly or after deflecting off any player including the goalkeeper.

However, the puck may not be played by the so called "kick shot," which combines the use of the leg and foot driving the shaft and blade of the stick and producing a very dangerous shot.

For a violation of this rule, the referee shall blow their whistle signaling an immediate stoppage of play, and a face-off shall be conducted at the nearest face-off location. If the action occurs in the attacking zone, the face-off shall take place at one of the neutral zone face-off spots nearest the attacking blue line.

Rule 628 Kneeing

(Note) Kneeing is the act of a player leading with or extending their knee outwards for the purpose of making contact, or attempting to do so, with the opponent.

- (a) A minor plus misconduct penalty shall be assessed for kneeing an opponent.
- (b) A major plus a game misconduct penalty shall be assessed to any player who recklessly endangers an opponent as the result of kneeing.
- (c) A match penalty for reckless endangerment may also be assessed for kneeing.

Rule 629 Leaving the Players' Bench or Penalty Bench

(a) A major plus a game misconduct penalty shall be assessed to any player who leaves the players' bench or the penalty bench during an altercation or for the purpose of starting an altercation. These penalties are in addition to any other penalties that may be assessed during the incident.

Substitutions made prior to the altercation shall not be penalized under this rule provided the players so substituting do not enter the altercation.

For purpose of this rule, an altercation is considered to be concluded when the referee enters the referee's crease or, in the absence of penalties, signals a face-off location.

(b) No penalized player may leave the penalty bench except on the expiration of their penalty or at the end of a period.

A minor penalty shall be assessed to any player who leaves the penalty bench before the penalty has expired, unless it resulted from an error by the Penalty Timekeeper. In all situations, the player shall serve the remaining penalty time. If a Penalty Timekeeper error occurred, no additional minor penalty assessed.

(Note) In all cases where a penalized player has left the penalty bench prematurely, whether the result of Penalty Timekeeper error or not, the Penalty Timekeeper shall note the time and verbally alert the Officials who shall stop play when the offending team gains possession of the puck.

(c) If a player illegally enters the game either from the players' bench or penalty bench (Timekeeper error or not), any goal that is scored by the offending team while they are illegally on the ice shall be disallowed. However, all penalties assessed to either team shall be served in the normal manner.

A penalty shot/optional minor penalty shall be awarded to the non-offending team any time a player who is on a breakaway (see Glossary) is interfered with, in any manner, by an opposing player who has illegally entered the game.

- (d) A bench minor penalty to the team, or a game misconduct penalty to the team official, or both, shall be assessed when any Team Official enters the ice surface after the start of the period and prior to its end without the permission of the Referee.
 - (Note) Any incident involving a Team Official entering the ice surface without permission during the course of a game shall be reported to the Proper Authorities for further disciplinary action.
- (e) Play shall be stopped and the face-off conducted at the last play face-off location any time a team starts play with fewer players than entitled to and the additional entering player is the first to play any puck coming from their defending zone, unless they have first made skate contact with their defending zone.

Rule 630 Offside

(a) Offside occurs when players of an attacking team precede the puck into the attacking zone. The position of the player's skates and the position of the puck relative to the blue line are determining factors for an "offside" violation.

The position of the player's stick shall not be considered in all instances deciding offside. A player is considered "offside" when the player does not have skate contact with any part of the Neutral Zone or the blue line when the puck crosses the determining edge of the blue line.

(Note) The blue line is always considered to be part of the zone in which the puck is in. Therefore, when the puck is entering the attacking zone, the "determining edge" of the blue line shall be the edge closest to the attacking goal. Therefore, the determination as to whether an "offside" has occurred will only take place at the moment the puck has completely crossed the determining edge into the attacking zone. A player only needs

to have skate contact with one skate with the blue line to be considered "onside."

(b) A player who is actually in control of the puck prior to entering the attacking zone and precedes the puck into the zone is not considered "offside."

Offside shall be waived if a player legally carries or passes the puck back into their own Defending Zone while a player of the opposing team is in the Defending Zone.

(c) Any time the puck is carried into the attacking zone creating an offside play, play shall be stopped and a face-off conducted at the nearest neutral zone face-off spot.

Any time the puck was passed or shot into the attacking zone and creates an offside play, play will be stopped and the face-off will take place at the nearest last play face-off location where the pass or shot originated.

Any time, in the opinion of the official, a player has created an intentional offside play, play shall be stopped and a faceoff conducted at the nearest end zone face-off spot in the defending zone of the offending team.

(Note) An intentional offside is one which is made for the purpose of deliberately securing an immediate stoppage of play or when an offside play is made under conditions where there is no effort made or possibility of completing a legal play.

- (d) (For all Youth 15-Only levels and above, all Girls 16U levels and above, High School and Adult classifications only) The Official shall signal a delayed offside if an attacking player proceeds the puck into the Attacking Zone and the delayed offside will be nullified if:
 - (1) The puck were to exit the attacking zone.
 - (2) All attacking players are simultaneously clear of the attacking zone by making skate contact with the blue line, at the same instant.

If any of the following conditions are met, play shall be stopped and a face-off conducted according to sub-section (c) of this rule:

- (1) An attacking player touches the puck.
- (2) An attacking player attempts to gain possession of the puck or continues to apply pressure to the defending puck carrier.

(e) If the official shall have erred in stopping play for an offside infraction, the face-off shall take place at the nearest neutral zone face-off spot to where play was stopped.

Rule 631 Puck Out of Bounds or Unplayable

- (a) Any time the puck goes outside the playing area, strikes any obstacles above the playing surface other than boards, or shielding, or becomes unplayable due to a defect in the playing rink, play shall be stopped and a last play face-off conducted.
- (b) Play shall be stopped immediately if the puck comes to rest in the netting on top of the goal frame.
 - Play shall be stopped and deemed unplayable if the puck becomes lodged in the netting outside of either goal and neither team is able to dislodge the puck within three seconds.
- (c) Play shall not be stopped if the puck comes to rest on top of the boards surrounding the playing area and is legally played by a hand or stick or if the puck strikes an official anywhere on the rink.
- (d) If the puck is accidentally shot or deflected out of play, or onto the goal netting, a last play face-off will occur in the zone where the puck was shot or the deflection occurred.

Rule 632 Puck in Motion or Out of Sight

- (a) The puck must be kept in motion at all times and play shall not be stopped for a frozen puck (other than goalkeeper) unless a scramble takes place where a player falls on or is knocked down on the puck.
 - (Note) The Referee should be aware of all circumstances and may stop play along the boards to avoid any unnecessary contact surrounding the puck.
 - When a stoppage of play occurs, the face-off shall take place at the point where play was stopped according to the last play face-off rules.
- (b) A minor penalty for delay of game shall be assessed to any player who intentionally falls on the puck causing a stoppage of play.
 - A minor penalty for delay of game shall be assessed to any player(s), including a goalkeeper, who holds or freezes the

- puck along the boards or goal frame in any manner causing a stoppage of play.
- (c) Play shall be stopped immediately if a puck, other than the one officially in play, shall appear on the playing surface and interferes with the progress of the game.

Rule 633 Refusing to Start Play

(a) With both teams on the ice, after the game has started, a team for any reason refuses to play after being ordered to do so by the Referee, the Referee shall warn the Captain and allow the team 15 seconds to resume play.

A bench minor penalty for delay of game shall be assessed to the offending team who still refuses to start play and if the same team refuses to continue play after a second warning, the Referee shall suspend the game and assess a match penalty to the responsible Team Official(s).

(b) A bench minor penalty for delay of game shall be assessed to the offending team if prior to the start of the game or start of a period, one team fails to go onto the ice promptly when ordered to do so by the Referee.

A match penalty shall be assessed to the responsible Team Official(s), and the game suspended, if the same team fails to go onto the ice and start play within five minutes.

(Note) In any instance when this rule is applied, the Referee is required to report the incident to the Proper Authorities for further disciplinary action.

Rule 634 Slashing

(Note) Slashing is the act of a player swinging their stick at an opponent, whether contact is made, or not. Any forceful chop with the stick on an opponent's body or opponent's stick, on or near the opponent's hands, shall be considered slashing.

- (a) A minor penalty shall be assessed for slashing an opponent.
- (b) A major plus a game misconduct penalty shall be assessed to any player who recklessly endangers an opponent as a result of slashing.

(Note) Referees are instructed to penalize any player who swings their stick at any opposing player (whether or not

- contact is made) or makes a wild swing at the puck with the intention of intimidating the opponent.
- (c) A match penalty for reckless endangerment may also be assessed for slashing.
- (d) Any player who swings their stick at another player in the course of an altercation shall be assessed a minor or major plus game misconduct or a match penalty. This is in addition to any other penalties that may be warranted under the fighting rule (Rule 615).
- (e) A minor penalty shall be assessed to any player who makes stick contact with an opposing goalkeeper while they are in their goal crease and who has covered or caught the puck, regardless of whether or not the Referee has stopped play.

Rule 635 Spearing

(Note) Spearing is the act of poking, stabbing, or attempting to poke or stab an opponent with the tip of the blade of the stick while holding the stick with one or both hands.

- (a) A major plus a game misconduct penalty shall be assessed for spearing an opponent.
- (b) A match penalty for reckless endangerment may also be assessed for spearing.

Rule 636 Start of Game and Time of Game/Time-Outs

- (a) The game shall start at the scheduled time with a face-off conducted at the center ice face-off spot. The maximum length of a game shall be three 20-minute periods with a 15-minute intermission, allowing for an ice resurface, between each period. Each period shall start promptly at the end of the intermission with a face-off conducted at the center ice face-off spot.
- (b) Three minutes prior to the start of the game and each period, each team shall be notified so they can return to the ice in time to start the game promptly at the conclusion of the intermission. It is recommended that the intermission time be placed on the game clock in an effort to keep teams and spectators informed.

Any team that has not returned to the ice, without proper justification, and is prepared to play at the conclusion of the

intermission shall, after a warning by the Official, be assessed a bench minor penalty for delay of game.

- (c) Prior to the start of the game, each team is provided an opportunity to warm-up (maximum of 20 minutes) on their half of the rink. The length of the warm-up time and decision to resurface the ice (15-minute intermission) or begin the game immediately shall be agreed upon by both teams or determined by the Proper Authorities prior to the game.
- (d) Each team shall defend the goal closest to its bench for the start of the game unless the benches are on the opposite side of the ice. Then the home team shall choose which end to defend. The teams shall switch ends for the start of each subsequent period.

The home team shall enter the ice surface first and if both teams are to leave the ice through a common exit, it is recommended that the team whose bench is closest to the exit shall leave the ice first.

(e) If in the opinion of the Officials, conditions are more favorable at one end of the rink, the officials may have the teams change ends at the midway point of the third period and during each overtime period so each team has an equal opportunity to play with the advantage. This changing of ends should occur at the exact midpoint of the period.

If any unusual delay occurs in the first or second periods, the Officials may order the next regular intermission to be taken immediately. The remainder of the period will be completed upon the conclusion of the intermission with the teams defending the same goals. At the conclusion of that period, the teams will change ends and resume play for the next period without any delay.

If in the opinion of the officials, the playing conditions (such as ice conditions, broken boards/glass or weather) become unsatisfactory during the course of the game, the game may be suspended and the conditions reported to the Proper Authorities.

(f) Each team is permitted one time-out of 60 seconds duration during the game whether in regulation play or overtime. For time curfew games, no time-outs shall be permitted.

Time-outs must be requested during a stoppage of play prior to the conclusion of the line change procedure. If a team were

to request to use their time-out during the same stoppage of play as their opponent, this request must be made prior to the conclusion of the first time-out.

Either team may use a time-out for the purpose of warming up their goalkeeper. However, no more than four pucks per team shall be allowed for this purpose.

Non-penalized skaters and goalkeepers may proceed to their respective players' bench during any time-out.

Rule 637 Throwing Stick/Object

(a) A minor penalty shall be assessed to any player on the ice who shoots or throws any portion of their stick or any other object in the direction of the puck or to a teammate.

(Note) When a player discards the broken portion of a stick by tossing it to the side of the rink (and not over the boards) in such a way as will not interfere with play or an opposing player, no penalty shall be assessed.

However, a penalty shot/optional minor penalty shall be awarded to the non-offending team if a stick or any other object is shot or thrown at the puck in the offending team's defending zone. The Referee shall allow play to be completed and provided no goal is scored, the penalty shot/optional minor is awarded to the player who was in possession or last in possession of the puck. If the player fouled is not readily identified, the Captain of the non-offending team shall select the player to take the penalty shot from those players who were on the ice at the time the infraction occurred.

(b) A penalty shot/optional minor penalty shall be awarded to the non-offending team any time any portion of a stick or other object is shot or thrown from the playing surface or team bench at an opponent during a breakaway. The Referee shall allow the immediate play to be completed and provided no goal is scored, the penalty shot/optional minor is awarded to the player who was in possession of the puck.

For the purpose of this rule a "breakaway" is defined as follows: A player who is in control of the puck (see Glossary), is beyond their defending blue line with no opponent between them and the goalkeeper.

A goal shall be awarded to the non-offending team if the goalkeeper has been removed from the ice and the stick or

- other object is thrown or shot in the direction of the puck and prevents an obvious and imminent goal.
- (c) A misconduct penalty shall be assessed to any player who throws any portion of their stick or any other object outside of the playing area. A game misconduct penalty shall be assessed if done in protest of an official's decision or if thrown at or in the direction of a spectator.

Rule 638 Tied Games

- (a) If the score is tied at the end of three periods and the game must be played until there is a winner, the following is recommended:
 - (1) A 5-minute rest period will occur.
 - (2) A 10-minute period shall be played.
 - (3) Teams may play overtime with on-ice strength that cannot be reduced to fewer than three (3) skaters plus a goalkeeper. When penalties are being served that effects on-ice strength, player advantages will be played 5-4, 4-3 or 5-3 and players shall return to the ice at the normal expiration of their penalty. The proper on-ice strength will then be corrected at the first appropriate stoppage of play.
 - (4) The game will be completed once either team scores a goal (sudden victory) and that team shall be declared the winner. If no goal is scored, the same procedure shall be repeated.
- (b) Any overtime period shall be considered part of the game and all unexpired penalties shall remain in force.
- (c) A shoot-out may be used in addition to (or in lieu of) overtime to determine a winner of a game. All shoot-outs shall follow the procedures outlined in Rule 406(c)and(d). A player (or substitute player) who is serving a minor or misconduct penalty at the time of the shoot-out may not participate in the shoot-out.
- (d) If either team declines to participate in the necessary overtime period(s) or shoot-out, the game shall be declared a loss for that team.

(Note) Affiliates and Local Governing Bodies may make their own "determining a winner" rules including length and number of overtime periods, intermissions, and process of shoot-out rounds (multiple-round vs. single-round).

Rule 639 Tripping/Clipping/Leg Checking/Slew Footing

(Note 1) Tripping is the act of placing a stick, knee, foot, arm, hand or elbow in such a manner that causes their opponent to lose balance or fall.

(Note 2) Clipping is the act of deliberately leaving the feet or lowering the body for the purpose of making contact with the opponent at or below the knees.

(Note 3) Leg checking is the act of extending the leg from the front or from behind for the purpose of tripping the opponent.

(Note 4) Slew Footing is the act of a player using their leg or foot to knock or kick an opponent's feet from under them. This is done by pushing an opponent's upper body backward with an arm or elbow and at the same time using a forward motion of their leg causing the opponent to fall to the ice.

- (a) A minor penalty shall be assessed under this rule for any of the actions described above, except slew footing.
 - (Note) However, no penalty shall be assessed under this rule if, in the opinion of the Referee, the player was clearly hook-checking or poke-checking the puck for the purpose of gaining possession.
- (b) A major penalty plus a game misconduct penalty shall be assessed to any player who recklessly endangers an opponent as a result of tripping, clipping or leg checking.
 - The minimum penalty to be assessed for slew footing is a major plus game misconduct penalty.
- (c) A match penalty for reckless endangerment may also be assessed under this rule.

Rule 640 Unnecessary Roughness (Roughing)

(Note 1) Roughing shall be considered any act where a player uses unnecessary force to push or shove an opponent, or makes avoidable physical contact (non-body check) with an opponent, after the whistle.

(Note 2) Under this rule, a penalty for roughing should also be assessed to a player who uses their hands, arms or stick in a careless or reckless manner while delivering a check, or delivers an avoidable body check to an opponent after the whistle or who is no longer in control of the puck. The onus is on the player delivering the check to avoid placing a vulnerable or defenseless opponent in danger of potential injury.

(a) A minor or double minor penalty shall be assessed to any player who is deemed guilty of unnecessary roughness (roughing) as outlined in Note 1 above.

Any action warranting a major penalty under this rule shall be assessed under Rule 615 (Fighting).

(Note) The spirit and intent of this rule is to eliminate ALL unnecessary pushing and shoving between players after the whistle. USA Hockey is directing officials to strictly enforce rules pertaining to scrum situations. Special attention should be given to differentiate between the degree(s) of responsibility with an additional minor penalty being assessed to any player who instigates or continues these actions.

(b) A minor penalty shall be assessed (except Adult Male Classifications) to any player who delivers an avoidable body check to an opponent who is no longer in control of the puck.

A player who has released a shot or pass is no longer considered to be in control of the puck. They are considered to be vulnerable or defenseless and are not eligible to be body checked.

- (c) A minor penalty shall be assessed to any player who makes avoidable physical contact with an opponent after the whistle.
- (d) A minor penalty shall be assessed to any player who delivers a body check with no effort to gain possession of the puck and the blade of the player's stick is above the knees.
- (e) A minor penalty shall be assessed to any player who delivers a body check to an opponent who is physically engaged for possession of the puck with one or more other players.
 - (Note) When two or more players are physically engaged for possession of the puck they are considered vulnerable or defenseless and are not eligible to be body checked.
- (f) A minor penalty shall be assessed to any goalkeeper who body checks an opponent.

- (g) A major plus a game misconduct penalty shall be assessed to any player who recklessly endangers an opponent as a result of any actions falling under Rule 640(b, c, d, e or f).
- (h) A match penalty for reckless endangerment may also be assessed under sub-sections (b), (c), (d), (e) or (f) of this rule.

CASEBOOK FOR PLAYING RULES

Rule 601 Abuse of Officials and Other Misconduct

⇒ Situation 1

A player sitting on the players' bench uses profanity towards an Official. If the Official can recognize the player using this language, may they assess a misconduct penalty rather than a bench minor?

Yes. Rule References 601 (Note), 601(b. Note) and 601(c.2).

The Officials shall assess a misconduct to a player if the player can be readily recognized. If the Official cannot determine the identity of the player, they must impose a bench minor on the team. This interpretation only applies to players on the players' bench or penalty bench.

⇒ Situation 2

A player is assessed a minor penalty for tripping and does not proceed immediately to the penalty bench while disputing the call. Should any additional penalty be called?

Yes, in addition to the original tripping penalty, the player must be assessed a minor penalty for Unsportsmanlike Conduct. Rule Reference 601(a.1).

The misconduct penalty (601(c.4)) for failure to proceed directly and immediately to the penalty bench applies in all other situations. In this instance, the fact the player is challenging or disputing the ruling of the Referee calls for the unsportsmanlike minor penalty to be assessed.

⇒ Situation 3

What is the proper sequence of penalties to be assessed to a player who continues to verbally abuse an Official or who persists in disputing a call?

Minor, misconduct, game misconduct, warning to the Captain, bench minor penalty. Rule References 601(a.1, c.1 and d.1) and 633(a).

This sequence must be followed in every instance as the rules are clear that a match penalty is not an option in this situation. Once the abuse of officials progression has been exercised, the proper sequence is shifted to refusing to start play.

⇒ Situation 4

At a stoppage of play, two players are circling each other and trying to incite the other into getting a penalty. The Referee deems that penalties are warranted (taunting). What penalties, if any, shall be assessed?

Minor penalties for unsportsmanlike conduct shall be assessed to each player. Rule Reference 601(a.2).

⇒ Situation 5

There are many different things that can be said that various people may find offensive. What judgment should an Official use in assessing a penalty?

Preferably, good judgment that holds players/coaches accountable for these types of actions. Rule References 601(a.2, b.1, c.2 and e.3).

There is no easy answer as individual people deem different things to be offensive. Most people will know an obscene gesture when they see it or hateful or discriminatory language when heard. These situations must be penalized according to the rule.

There are certainly other areas where offensive language may also be used and should be appropriately penalized. Officials are reminded that other penalties exist for these types of actions, including unsportsmanlike conduct (taunting or inciting an opponent), or bench minor/misconduct for obscene, profane or abusive language. In each instance, the official should use their best judgment in assessing the proper penalty.

And, if in doubt, assess the proper penalty and report the actions to the Proper Authorities to review under supplementary discipline.

⇒ Situation 6

The head coach is assessed a bench minor penalty for improper conduct during the first period. During the second period the coach again exhibits improper conduct. Is the coach assessed a game misconduct because the improper conduct has been repeated?

Yes, if the behavior is clearly a continuation of the abuse after being assessed a bench minor penalty. Rule Reference 601(b.1) and (d.1).

The spirit and intent of the rule is to treat each incident separately. If the coach is assessed a bench minor penalty, they would only be assessed a game misconduct penalty provided they continue their actions regarding this incident. This would also apply in cases where one coach receives the bench minor and different coach continues the abuse.

If the coach refrains from continuing their behavior and then engages in improper conduct later regarding a separate incident, they should be assessed another bench minor penalty to start the sequence over.

⇒ Situation 7

What is the rationale behind USA Hockey's rule that requires a bench minor penalty to be assessed to a team for banging the boards on the bench?

To penalize unsportsmanlike conduct that is designed to incite, intimidate or escalate dangerous actions. Rule Reference 601(b.5).

The spirit and intent of this rule has never been to penalize a team for celebrating a good play such as a save by the goalkeeper, a blocked shot or goal scored. However, when this action is done in a manner that celebrates a body check that is meant to punish or intimidate an opponent and there has been no effort to legally play the puck, it is done so in an unsportsmanlike manner. This action tends to only escalate additional dangerous play and must be penalized.

Although delivering a legal body check where the focus is on winning possession of the puck is also considered a good play, it is no more worthy of excessive celebration than making a good poke-check to win the puck and then delivering a tape-to-tape outlet pass.

⇒ Situation 8

A Coach verbally abuses an Official on the way to the dressing room at the end of a period. What is the sequence of penalties assessed to the Coach?

A bench minor penalty followed by a game misconduct penalty if the abuse continues. Rule References 601(b.1 and d.1).

Just as if it was during play, the proper sequence of penalties as outlined in the rules must be followed by the Referee. Rule 633 Refusing to Start Play would kick in if the situation were to persist at the start of the next period.

⇒ Situation 9

What penalty is imposed on a player who collides with a Linesperson and verbally abuses them for being in the way with no reference made to a previous decision?

A misconduct penalty. Rule Reference 601(c.2).

Since the player was not disputing a ruling, the verbal abuse falls under the misconduct rule.

⇒ Situation 10

A player or coach verbally abuses an Official on the way to the dressing room at the end of the game. What penalty shall be assessed to the player or coach?

A game misconduct penalty. Rule References 601(d).

Once the game ends, any abusive behavior towards a game official by a player or coach, whether on or off the ice, must be assessed a game misconduct.

⇒ Situation 11

What is the purpose of the Referee's Crease?

To provide an area where On-Ice and Off-Ice Officials can converse with each other without player interference. Rule References 601(c.5) and 104(f).

According to Rule 601(c.5), a player could be assessed a misconduct penalty for entering the Referee's Crease during such a discussion. Under normal circumstances, a player would be asked to leave the crease before being assessed the misconduct penalty.

⇒ Situation 12

A player on the ice makes physical contact with an Official following a decision made by that Official. What penalty or penalties shall be assessed?

A misconduct, game misconduct or match penalty, depending on the severity of the offense. Rule References 601(c.7, d.4 and e.1).

The officials must be able to distinguish between the severity of the contact and the intent of the player in order to assess the appropriate penalty. Simply touching an official does not constitute a physical assault calling for a match penalty.

⇒ Situation 13

A player on the players' bench interferes with a Linesperson. The Linesperson does not have the authority to stop the play. Play continues and the offending team scores a goal. What penalties are imposed and what procedure does the Linesperson employ?

The Linesperson reports to the Referee at the stoppage of play. The goal is disallowed and a penalty is assessed. Rule References 601(c.7, d.4 and e.1) and 503(e).

A misconduct, game misconduct or match penalty, depending on the severity of the offense, is assessed.

⇒ Situation 14

A fight breaks out between two opposing players. The Referee rushes to the scene and from about 10 feet away loudly orders the players to stop fighting. The Linespersons have not yet

arrived to break up the fight. Should each player receive an additional misconduct or game misconduct penalty for continuing the fight after being ordered to stop?

No. Rule Reference 601(c.8 and d.4).

The spirit and intent of the rule is to assess the proper penalty in cases where the players have been physically separated and one or more players attempt to continue the altercation or one, or both players, blatantly ignore the instructions of the officials while physically separating the players.

⇒ Situation 15

A goalkeeper or player bangs their stick on the glass at the Goal Judge after a disputed goal. What penalty must be assessed?

A minor penalty for unsportsmanlike conduct plus a misconduct or game misconduct penalty. Rule Reference 601(c.9 and d.3).

The Goal Judge is considered part of the officiating team, so any protest directed at them would be penalized in the normal manner.

⇒ Situation 16

Team A's Head Coach is assessed a bench minor penalty for Abuse of Officials. While that penalty is still being served, the Assistant Coach now starts verbally abusing the Referee. What penalty should the Referee assess?

Game misconduct penalty. Rule Reference 601(d.1).

Provided the abuse is a continuation of the original action causing the bench minor penalty to be assessed, the game misconduct shall be assessed even though it is a different Team Official. This helps avoid the situation where two or more Team Officials work together to continue their inappropriate behavior without consequence greater than a bench minor penalty.

This is only applied when the abuse is a continuation of the original penalty. If the second Team Official engages in improper conduct several minutes later in response to a different situation, then the Referee must assess another bench minor penalty to start the penalty progression over.

⇒ Situation 17

What judgment should an Official use in assessing a game misconduct penalty for an obscene gesture?

If the official sees an obscene gesture the game misconduct penalty must be assessed. Rule Reference 601(d.2)

There is no place in the game for this type of action and the officials must strictly enforce this rule.

⇒ Situation 18

What judgment should an Official use in assessing a match penalty for a player or coach using language that is deemed to be hateful or discriminatory in nature?

If the official hears a comment that they deem to be hateful or discriminatory directed at anyone in the rink at any time, the match penalty must be assessed. Rule Reference 601(e.3).

There is no place in the game for this type of action and the officials must strictly enforce this rule. Although there is no easy criteria to establish the type of language that falls into the hateful or discriminatory category, the officials must use their best judgment as to the spirit and intent of the language that is used and if it is deemed to have in anyway been hateful or discriminatory in nature, the match penalty must be assessed.

⇒ Situation 19

A player directs discriminatory or hateful comments or actions towards an opponent, which the Referee does not hear. The non-offending team brings it to the Referee's attention. May the Referee assess the prescribed match penalty based on the reported incident?

No. While these situations threaten the integrity of the game, the actual incident must be heard and/or seen by an On-Ice Official in order to assess the match penalty. Rule Reference 601(e.3).

The Referee should report the incident to the Coach or Captain of the team allegedly using the offensive comments or actions, and advise the team of the required penalty if such comments or actions are subsequently heard (or seen). At the same stoppage, the Referee should similarly advise the team reporting the incident.

In addition, the Referee is required to submit an incident report through the game reporting system to notify the Proper Authorities of the incident.

⇒ Situation 20

A player of Team A reaches into the Timekeeper's bench and turns off the time clock. What penalty is assessed?

A game misconduct penalty shall be assessed. Rule Reference 601(d.4).

This would be considered physically interfering with an off-ice official in performing their duties.

⇒ Situation 21

While play is in progress or during a stoppage of play, a Team Official grabs an On-Ice Official to inquire about a situation. What penalty shall be assessed?

A game misconduct should be assessed. Rule Reference 601(c.7).

Unless the official deems the intent was to inflict physical harm – in which case a match penalty would be appropriate.

In many instances, the team official is attempting to grab the official's attention and does not intend to harm the official. In this scenario, the game misconduct penalty is proper.

⇒ Situation 22

A player on the penalty bench grabs or assaults the Timekeeper. What penalty is assessed?

A game misconduct or match penalty is assessed, depending on the severity of the offense. Rule References 601(d.4 and e.1).

If an assault occurs, the match penalty must be assessed. The same rule applies for all Officials, regardless of whether they are On-lce or Off-lce Officials.

If a player bites a Linesperson who is attempting to break up an altercation, should the player be assessed a match penalty?

Yes. Rule Reference 601(e.1).

This action would potentially be deemed as a physical assault on an official

⇒ Situation 24

The Referee hears a coach instructing their player to "get" an opponent, interpreted as intentionally fouling the opponent for purposes of intimidation or physical harm. May the Referee assess a match penalty?

Yes. Rule References 601(e.2).

This may be interpreted as threatening the opponent, even though there is no threat made directly to the opponent.

Note that this applies only if directed toward an opponent. There is no provision under this rule for a coach who threatens their own player.

In either case, a written report to the Proper Authorities is a must.

Rule 602 Attempt to Injure or Recklessly Endanger an Opponent

⇒ Situation 1

What is the rationale for removing references to "injury" in the rules and replacing with "recklessly endangers (reckless endangerment)" an opponent?

To eliminate the guesswork needed by officials to determine if a player is actually injured as the result of an action and instead allows officials to judge the severity of the action in determining the proper penalty. Rule References 602(a) and Glossary.

With this type of approach to the rules, the Referee will no longer need to determine the "intent" of a dangerous action and/or what the result is (injury or not) to determine the appropriate penalty. The official simply needs to judge the action itself and based on the severity or the risk of physical harm. If the dangerous action

was committed with little or no regard to the consequences and the potential risk to the opponent, then the match penalty must be assessed.

⇒ Situation 2

What penalty shall be assessed to a player who intentionally steps on an opponent?

A match penalty. Rule References 602(a) and 627(b).

Even though this infraction may not be considered to be kicking an opponent, the sole purpose of this action is to endanger the opponent and must be considered a very serious and dangerous violation of the playing rules.

⇒ Situation 3

If a player "bites" an opponent during an altercation, should this be considered reckless endangerment and a match penalty assessed?

Yes. Rule Reference 602(a).

The only possible purpose of this action is to endanger the opponent, so a match penalty must be assessed.

⇒ Situation 4

What penalty shall be assessed to a Coach who recklessly endangers an opponent or Team Official?

A match penalty. Rule Reference 602(a).

This situation must be reported to the proper authorities.

Rule 603 Boarding

⇒ Situation 1

Player A1 pushes teammate A2 into an opponent who is thrown against the boards dangerously enough to warrant a boarding penalty. Which Team A player is assessed the penalty?

A1. Rule Reference 603(a).

Even though A2 actually made contact with their opponent, A1 provided the force and should be penalized provided A2 did nothing to create additional force causing the opponent to be thrown into the boards.

⇒ Situation 2

What degree of force is necessary in order to be considered to be thrown dangerously into the boards?

For USA Hockey youth games, the onus is on the player delivering the check to do so in a manner that does not place the opponent in danger. Rule Reference 603(Note) and Glossary.

The purpose of a body check is to gain possession of the puck. Any time a player delivers a check for the purpose of intimidating or punishing the opponent, and therefore recklessly endangering and causing the opponent to be driven excessively into the boards (uses the boards to punish the opponent), a boarding penalty must be assessed.

The degree of force with the boards is certainly subject to discretion and a more practical question may be "was the check reckless and/or what was the vulnerability of the player being checked?" For example, a boarding penalty may be assessed when a player was not necessarily hit that hard, but was considered to be in a vulnerable or defenseless position when unnecessarily hit with a degree of force that caused them to be thrown into the boards excessively.

In contrast, a penalty may not be warranted when a player is hit much harder, but their preparedness for the hit causes them to go only mildly into the boards.

USA Hockey is not eliminating a good, hard and clean check where the focus is on gaining possession of the puck. However, players must be aware of the situation when delivering a check and then held accountable for checking a vulnerable or defenseless opponent.

⇒ Situation 3

A player is skating behind an opponent as they head towards the end boards. At the bottom of the end zone face-off circle, the trailing player trips the opponent and causes them to lose control and crash into the end boards. May a boarding penalty be called in this instance?

Yes. Rule Reference 603(a).

The boarding rule covers all potential illegal actions that causes an opponent to dangerously contact the boards. Even though a tripping penalty may also be appropriate, the boarding call is preferred to draw attention to the more aggressive infraction.

Rule 604 Body Checking (Competitive Contact Categories)

⇒ Situation 1

A team who normally plays in the Body Checking category has scheduled a non-league game with a team who is sanctioned in the Competitive Contact category. Both coaches agree to play the game under the Body Checking category rules. Should the officials allow the game to be played under Body Checking category rules?

No. Rule Reference 604(b).

Coaches do not have the authority to decide what rules they choose to play under on any given day and under no circumstances should a team registered in the Competitive Contact category be allowed to play another USA Hockey team under the Body Checking category rules.

Unless provided specific information from a USA Hockey Local Supervisor or Registrar, USA Hockey playing rules should be properly enforced in all USA Hockey sanctioned games.

What is the USA Hockey interpretation of competitive contact versus body checking? Is a penalty required every time competitive contact is made?

No. Rule References 604(c Note) and Glossary.

No check does not mean no contact and the Competitive Contact category game can be very physical. The Glossary defines both Competitive Contact and Body Checking, as well as several other educational materials (including videos). In fact, USA Hockey strongly encourages legal competitive contact to occur in all ages of the Competitive Contact category as part of the skill progression that teaches legal body checking.

When determining whether a body check has occurred, the official must focus on whether the player initiates any physical contact with their hips, shoulders or arms, and makes no attempt to play the puck and instead physically forces the opponent off the puck by changing their skating lane, speed or legally established body position.

Legal competitive contact occurs when players are focused on the puck and are simply maintaining legally established body position. This most often occurs when two players are "physically engaged" in front of the goal or along the boards. Legal competitive contact also commonly occurs when a player has established an angle on the opponent and closes the gap to create an opening that is too small for the puck carrier.

Officials must be well versed in understanding the spirit and intent of this rule so the proper application of the rule is enforced. Officials are expected to review all of the educational materials available on this subject on a regular basis. It is USA Hockey's intent to create a safe environment for players to be able to develop their skills – including body checking in age appropriate classifications – while being able to physically compete within the rules.

⇒ Situation 3

What are the things an official should look for when determining whether a body check has "recklessly endangered" an opponent in a competitive contact category?

The degree of force, the effort to play the puck and the vulnerability of the opponent are all indicators as to whether a major plus game misconduct or match penalty shall be assessed for body checking in a competitive contact category. Rule Reference 604(d and e) and Glossary.

The more severe penalty options must be considered any time a player in a competitive contact category delivers a clear body check using excessive force and has made no effort to legally play the puck. Additional consideration should also be given any time the check is delivered to an opponent considered to be vulnerable or defenseless or the player delivering the check has recklessly endangered the opponent.

Rule 605 Broken Stick

⇒ Situation 1

What does the word "participate" mean in reference to a player who participates in play with a broken stick?

"Participate" shall mean playing or attempting to play the puck, body-checking or attempting to body-check an opponent, or continuing any action that directly affects the play. Rule Reference 605(a).

A player may carry a broken stick to their players' bench only if they are in the immediate vicinity of the bench, is completely out of the play and does so immediately upon breaking the stick.

⇒ Situation 2

A player has broken their stick, but is unaware of the fact that it is broken. What guidelines must be used when determining whether or not to assess a penalty?

A player is accountable for their actions, so the minor penalty shall be assessed if they participate in the play in any manner. Rule Reference 605(a).

Even though the player may not immediately be aware of the broken stick, there is no provision of the rule that allows them to legally participate in play. In some instances, it may be appropriate for the on-ice officials to verbally alert the player their stick has broken. However, this must be done for the purpose of avoiding a penalty and done with equal diligence by all officials and to both teams.

⇒ Situation 3

A player breaks their stick and immediately turns away from the play and skates to the players' bench, still carrying the broken stick. In skating to the bench with the broken stick, they make no effort to participate in play nor are they involved in the play. Should the Referee assess the player a minor penalty for not dropping their stick immediately?

It depends on the player's proximity to the players' bench at the time they realize that the stick is broken. Rule Reference 605(a).

The intent of the rule is to manage the safety of all of the players participating in the game – a broken stick can certainly be considered a safety hazard. A good rule of thumb is if the player is in the neutral zone (or close to the bench on the same side of the ice) and does not have to skate near or around any opposing player, this would be allowed and go unpenalized.

However, if the player has to go a great distance and/or in the proximity of opposing players, the stick should be dropped or a penalty assessed. This is a situation where it may be beneficial for the officials to verbally remind the player to drop the broken stick. Then, if they do not, the assessment of the penalty is warranted

⇒ Situation 4

A player has their stick knocked from their hands while being body-checked. The stick is not broken, but the player elects to get a replacement stick at their players' bench. Is there a penalty to be assessed?

No. Rule Reference 605(b).

No rule has been violated as a player is allowed to receive a replacement stick from the bench provided it has not been thrown on the ice.

The goalkeeper breaks their stick and their teammate hands them a regular skater's stick. May the goalkeeper legally play with this stick?

Yes. Rule References 605(b) and 301(b).

As long as the stick does not exceed the maximum measurements set forth for goalkeeper sticks, they can play with a "skater's" stick.

⇒ Situation 6

A stick is thrown onto the ice from the players' bench to a player who has broken their stick. What penalty is imposed if the stick is picked up by any player?

A bench minor penalty is assessed to the team for throwing articles onto the ice. Rule References 605(b) and 601(b.4).

No penalty is assessed to the player receiving the stick under this rule as only one penalty should be assessed for the same infraction. However, a bench minor penalty must be assessed in all instances regardless as to whether the stick is picked up by a player, or not.

⇒ Situation 7

May a player on the ice carry two player's sticks, one which was obtained from the players' bench, so that they can give one to a teammate who has lost or broken their stick?

Yes. Rule References 605(b) and 301(e).

As long as the player does not participate in the play, they may carry a replacement stick to a teammate. Once they do participate in the play in any matter, however, they must be assessed a minor penalty for illegal equipment.

⇒ Situation 8

A player on the penalty bench hands a stick to a teammate whose stick has been broken. What penalty is imposed?

The offending player would be assessed a minor penalty for an equipment violation. Rule Reference 605(b).

A replacement stick can only be obtained from the players' bench or from a teammate on the ice. Since the stick was obtained from the penalty bench, it was obtained illegally and the player must be penalized.

No penalty is assessed to the player who handed the stick to the teammate, unless they threw the stick onto the ice, in which case the bench minor penalty to the team outlined in the previous situation is assessed.

⇒ Situation 9

A player of Team A breaks their stick and takes a replacement stick offered them by a Team B player serving a penalty on the penalty bench. What penalties, if any, are assessed?

The offending player would be assessed a minor penalty for an equipment violation. Rule Reference 605(b).

No penalty is assessed to the player who handed the stick to the opponent, unless they threw the stick onto the ice, in which case the bench minor penalty to their team is assessed while the player receiving the stick is assessed the minor penalty for an equipment violation.

⇒ Situation 10

A player on the ice breaks their stick. They drop the broken portion and proceed toward their player's bench to get a replacement stick. A teammate, who is in the penalty box, hands their stick to the on-ice player with no stick. This action is not observed by the referee, but is observed by the linesperson who brings it to the attention of the referee at the next stoppage of play. May the referee assess a penalty for this infraction of the playing rules?

Yes. The linesperson should stop play and report the incident to the Referee. Rule References 605(b) and 503(d.2).

Even though the illegal stick was not thrown on the ice it did enter the game illegally from the penalty bench. The linesperson shall stop play once the offending team gains possession of the puck and report the incident to the Referee who shall assess the minor penalty for an equipment violation.

The puck goes to a player who is carrying a replacement stick to their goalkeeper. Is it permissible for the player to drop the goalkeeper's stick and play the puck?

Yes. Rule References 605(b) and 301(e).

No infraction of the rules has occurred provided they do not throw the goalkeeper's stick in any manner, either at the puck or another player.

⇒ Situation 12

The goalkeeper breaks their stick. A player of the same team obtains a goalkeeper's stick at the players' bench and, in the act of taking the stick to the goalkeeper, they slide it along the ice to the goalkeeper. Is this action considered to be legal?

Yes. Rule References 605(b), 625(a.7) and 637(a).

No penalty would be imposed unless the stick was thrown in the direction of the puck (Rule 637) or does so for the purpose of distracting an opponent (Rule 625).

⇒ Situation 13

Is there a limit to the number of times that sticks can be passed from player to player on the ice, when one player is participating without a stick?

No. Rule References 605(b) and 301(e).

There is no penalty to be assessed as long as any replacement stick is received legally from the players' bench and no player participates in the play with more than one stick at a time.

Rule 606 Butt-Ending

⇒ Situation 1

Under what circumstances should the Referee impose a major and a game misconduct penalty for butt-ending when there is no contact made?

The butt-ending rule applies whether or not actual contact is made. Rule Reference 606(a).

"Attempt to butt-end" includes instances where contact was attempted or when only the gesture occurred with no real opportunity for actual contact because of the distance between the opponents.

Rule 607 Charging

⇒ Situation 1

A player leaves their feet and jumps at the last second to deliver a body check. Would this be considered charging?

Yes. Rule Reference 607(Note).

Any time a player jumps in the process of delivering a body check, a charging penalty must be called, even if the contact is still made by the trunk of the body to the trunk of the opponent. The jumping motion provides additional force that is not necessary to deliver a legal body check.

⇒ Situation 2

A player comes off the bench on a legal line change and sees an unsuspecting opponent skating up the ice with their head down. The player skates across the ice at full speed to deliver a hard body check that punished the player with the puck. Does this qualify as charging?

Yes. Rule Reference 607(Note).

Even though the rule is specific to taking more than two fast strides for charging to be called, in some instances distance traveled with full strides could qualify as charging, as well. The key is that the player traveled a great distance at full speed for

the purpose of punishing a vulnerable or defenseless opponent and not simply making a good defensive hockey play that attempts to gain possession of the puck.

⇒ Situation 3

A player delivers a check without taking the two fast strides, but instead accelerates through the check and delivers just as much force as if they had taken two fast strides. Could this be considered charging?

Yes. Rule Reference 607(Note).

By accelerating through the check and maximizing the force used, the player is not simply focusing on gaining possession of the puck and instead is attempting to intimidate or punish the opponent. Under the Body Checking Standard of Play, this must be penalized under the charging rule.

⇒ Situation 4

What guidelines should the Referee use when determining whether to assess a minor plus misconduct, major plus game misconduct or match penalty for charging a goalkeeper while in their crease or privileged area?

Several factors may come into play when making this determination. Rule Reference 607(c, d and e).

The degree of force used to deliver the check and also the intent of the attacking player must be taken into consideration. If the attacking player is going hard to the goal and then makes an honest attempt to avoid the goalkeeper once it is realized contact is unavoidable, a minor plus misconduct penalty is deemed appropriate.

In the case where a defending player has forced the attacking player into their own goalkeeper, no penalty should be assessed provided the attacking player has clearly made every attempt to avoid the contact with the goalkeeper.

However, if the player makes no attempt to avoid the goalkeeper and recklessly endangers the goalkeeper by accelerating through the contact, or by extending the arms or dropping the shoulder to deliver the hit, the major plus game misconduct, or match penalty option would be the proper call.

What guidelines should an official use when assessing a penalty to a player making contact with the goalkeeper while outside of the privileged area?

Although a goalkeeper can be legally checked when outside the privileged area, they are not considered to be "fair game." Rule Reference 607(d).

A penalty should be assessed in every instance where unnecessary or avoidable contact is made with the goalkeeper – even when outside the privileged area.

When the goalkeeper has possession of the puck, the attacking player is permitted to physically engage with the goalkeeper in an effort to gain possession of the puck. However, any check delivered with the intent to intimidate or punish the goalkeeper should be penalized as charging.

When the goalkeeper is no longer in control of the puck, any avoidable contact (meaning the attacking player has sufficient time to avoid the contact) must also be penalized under this rule.

⇒ Situation 6

Does the goalkeeper's Privileged Area include the area behind the goal line?

Yes. Rule Reference 607 (d.Note 2).

The goalkeeper's Privileged Area extends to the closer end boards.

Rule 608 Checking from Behind

⇒ Situation 1

What criteria should be used when determining whether to assess a minor and a misconduct penalty, a major and game misconduct penalty or a match penalty for checking from behind?

The minor plus misconduct penalty must be assessed in the following situations:

- (1) A player, in an attempt to catch an opponent who is skating ahead of them and not near the boards, pushes the opponent from behind, causing them to fall to the ice.
- (2) A player makes minimal body contact from behind to an opponent who is in close proximity to them, and board contact is made. This check should be called as a minor and a misconduct as the result of this "pinch" against the boards from behind.

The major plus a game misconduct penalty, or match penalty, must be called in the following instances:

- (1) In every instance where a player forcefully checks an opponent who is standing along the boards (back toward the middle of the ice).
- (2) In every instance where a player is thrust head first into the boards or goal frame.
- (3) In every instance where the player recklessly endangers the opponent from a check from behind, regardless of whether or not board contact is made.

A match penalty must be assessed in all instances when a player clearly checks an opponent from behind with excessive force while the opponent is in a vulnerable or defenseless position, thereby recklessly endangering the opponent.

Rule Reference 608.

Checking from behind is senseless and extremely dangerous. On-lce Officials must be sensitive to all checks from behind that occur within the "danger zone," which is the area approximately ten feet out from the boards. Players who are checked from behind in this area and who then crash into the boards may be at high risk of receiving a serious and possibly life altering injury.

Rule 609 Cross-Checking

⇒ Situation 1

A player checks an opponent with two hands on the stick and the blade of the stick on the ice. May this be considered crosschecking?

No, assuming the blade of the stick is on the ice for the purpose of attempting to gain possession of the puck. Rule Reference 609(Note).

A cross-check is generally considered a check delivered with the stick while the player has two hands on the stick and the blade off the ice. However, if there is no attempt to play the puck and the player extends the arms with force for the purpose of delivering a check with the stick and with both hands on the stick, a penalty for cross-checking is warranted.

⇒ Situation 2

Two players are physically engaged in front of the goal and competing for body position. The defensive player uses the stick – with no extension of the arms – to "steer" the attacking player in a desired direction. May this be considered cross-checking?

No. Rule Reference 609(Note).

Even though two hands are on the stick and the blade may be off the ice, the fact that the arms have not been extended and no check is being delivered means that cross-checking has not occurred. Of course, if a competitive advantage is gained and there is no puck in the area, an interference penalty may apply.

However, if at any time the arms are extended and deliberate contact is made with the opponent by the stick with both hands on the stick, a cross-checking infraction has occurred.

This most often occurs in front of the goal when a player believes the officials are not watching or along the boards when a player is protecting the puck by having their back turned to center ice. In this instance, the opponent will extend the arms and make contact to the back of the opponent with the stick, but not use enough force to be considered a check from behind. This action should still be considered a cross-checking violation.

Rule 610 Delaying the Game

⇒ Situation 1

The puck is trapped between two players along the boards. One or both players are making no effort to play the puck, and instead are waiting for a stoppage of play. What are the options for the Referee?

The Referee may verbalize to the players in order to allow play to continue or stop play and assess delay of game penalty(s). Rule References 610(a) and 632(a).

The only time play should be stopped for a puck frozen along the boards, without a penalty being assessed, is if a player falls on the puck, is knocked down on the puck, or there is a player ready to deliver a check to vulnerable or defenseless players along the boards.

In other instances, the Referee should verbalize to the players to move the puck and no stoppage occurs. If it becomes necessary for the Referee to stop play because one or both players are making no effort to keep the puck moving, minor penalties for delay of game must be assessed to the player(s) most responsible for causing the stoppage.

⇒ Situation 2

The puck is trapped between two players who are physically engaged along the boards. Both players make an effort to play the puck, but the puck has stalled between them. What are the options for the Referee?

The Referee shall allow play to continue as long as the focus of the physically engaged players is on the puck and there is no danger of another player delivering a check to the players who are now considered to be vulnerable or defenseless. Rule References 610(a) and 632(a).

⇒ Situation 3

The puck is shot down the ice in the direction of the goal with an attacking player chasing it. The goalkeeper comes out of their crease to play the puck with their stick and waits until the attacking player is close enough to freeze the puck. Is this delay of game? Yes. Rule Reference 610(b) and Glossary.

The goalkeeper may only freeze the puck while in the "act of playing goal" and has an obligation to play the puck with their stick when provided the opportunity to do so. This action is not within the act of playing goal, but instead is a deliberate action to cause a stoppage of play and must be penalized.

⇒ Situation 4

Should the Referee permit a team to begin play with fewer players than it is entitled to have on the ice, when it has other available players on the bench who may play?

No. Rule References 610(h) and 629(e).

In most cases where there is not a valid reason due to injury or penalty, the team may try to set up a "sleeper" play, hoping for a "breakaway." The Referee and Linesperson should check for the proper number of players on the ice before each face-off. The Referee may assess a bench minor penalty (after a warning) on a team refusing to comply.

⇒ Situation 5

Team A shoots the puck on goal. The shot hits the goalkeeper in the chest and rebounds into the air. The goalkeeper then bats the puck out of the air and out of the rink. The puck did not touch any other player or object before leaving the arena. Should the Referee assess a minor penalty for delay of game?

No. Rule Reference 610(c).

Had the goalkeeper caught the puck first, thereby gaining control, and then deliberately batted the puck directly out of the playing area, a minor penalty for delay of game would be required.

⇒ Situation 6

When a goal post has been displaced intentionally, does the Referee or Linesperson stop the play?

Any of the On-Ice Officials may stop play, but only the Referee may assess the penalty. Rule Reference 610(e).

Regardless of the intent of the player, the play must be stopped immediately if the goal post is displaced.

⇒ Situation 7

With both goalkeepers in goal, when should the Referee award a goal for deliberately displacing the goal?

There are three conditions that must be met. They are:

- There was not enough time for the Referee to stop play for a displaced goal before the shot was taken,
- (2) The goal must be deliberately displaced by a defending team player or goalkeeper. And
- (3) The puck would have undoubtedly entered the goal had the goal not been displaced.

Rule Reference 610(e).

This situation generally occurs during a scramble in front of the goal when the defending goalkeeper is out of position with an attacking player in the process of shooting the puck into the open net. This is usually a last ditch effort by the defending team to prevent the goal from being scored. If, in the judgment of the Referee, the attacking team would have scored had the goal not been displaced, a goal must be awarded.

⇒ Situation 8

An attacking player shoots the puck so that it rebounds off the end boards onto the back of the defending team's goal. The goalkeeper covers the puck with their stick, thereby preventing any player from playing the puck off the netting. What should the Referee do?

Stop play and assess a minor penalty to the goalkeeper for delay of game. Rule References 610(g) and 631(b).

This action by the goalkeeper is not within the "act of playing goal." Since the goalkeeper caused the stoppage of play, the resulting face-off would take place at the nearest end zone face-off spot.

Immediately after a goal has been scored, the entire scoring team leaves the players' bench to congratulate the player who scored. Should a penalty be given for delaying the game?

No, provided there is no unusual delay. Rule Reference 610(h).

This action, if kept to a minimum amount of time, is in keeping with the guidelines of sportsmanship in amateur hockey.

However, this action should be reserved for more important goals and is not an every goal occurrence. If an unusual delay occurs, the Referee shall warn the offending team and issue a bench minor penalty for delay of game for any subsequent violation.

⇒ Situation 10

Play is stopped because of an injured player. As soon as the whistle blows, the player gets up and skates away, obviously faking the injury to obtain a stoppage of play. May the Referee call a minor penalty for delaying the game?

Yes. Rule References 610(h) and 206(a).

The Referee must assess a bench minor penalty if a player deliberately delays the game by faking an injury.

⇒ Situation 11

During a stoppage in the third period (in this case, icing), the non-offending team uses the brief time to gather at the bench to draw up a quick play. The official conducting the face-off blows the whistle to indicate the face-off procedure has started and the offending team is still huddled at the bench. What action should the officials take?

The officials should warn the team to take their positions immediately. Failure to do so will result in a bench minor penalty assessed for delay of game. Rule Reference 610(h).

Once the team has been warned regarding a slow line change, any subsequent delay by the same team in the same game will result in a delay of game penalty being assessed.

Rule 611 Elbowing

⇒ Situation 1

What criteria should be used when determining whether to assess a minor penalty, a major plus game misconduct penalty or a match penalty for elbowing?

An elbowing penalty should be assessed any time a player delivers a check with the elbow extended or uses the elbow as a means to create separation with the opponent. Rule Reference 611.

The difference between the minor or major plus game misconduct penalty is the degree of force used and the intent of the contact. The minor penalty is assessed in cases where a player may inadvertently swing the elbow to create space (with or without actual contact with the opponent) and makes contact below the head of the opponent or delivers a check with the elbow partially extended from the body to initiate contact.

The major plus game misconduct penalty should be assessed in all instances when the elbow is used to initiate contact with excessive force and/or to intimidate or punish the opponent. If the player delivering the check uses the elbow to recklessly endanger a vulnerable or defenseless opponent, then the match penalty should be assessed.

Rule 612 Face-Off Locations

⇒ Situation 1

When a penalty has occurred that causes a team to be shorthanded, which side of the ice shall the ensuing face-off take place?

The same side of the ice as the puck was located when play was stopped. Rule Reference 612(b).

For the purpose of this rule, the rink shall be divided in half lengthwise. Unless otherwise specified in the rules, the ensuing face-off will take place on the same side of the ice as the puck was located when play was stopped.

Player A1 is assessed a double minor penalty and player B1 is assessed a single minor penalty. The stoppage of play occurred in the Attacking Zone of Team A. Where is the ensuing face-off?

At an end zone face-off spot in Team A's defending zone. Rule Reference 612(b).

Any time there is a penalty assessed that causes a team to be short-handed, the ensuing face-off shall take place at an end zone face-off in the offending team's defending zone unless otherwise specified in the rules.

⇒ Situation 3

The Referee stops play and assesses minor penalties on one player of each team. If the stoppage takes place in the Attacking Zone of Team A, where is the ensuing face-off?

At the nearest face-off spot in the zone where the puck was last played, within face-off location rules. Rule Reference 612(b).

Because both infractions occurred during the play and were equally committed by both teams, a last play face-off occurs.

⇒ Situation 4

A stoppage of play in the Defending Zone was caused by a defending player and the Official assessed the defending team a penalty. Subsequently, during the same stoppage of play, an attacking player is assessed a penalty. Where is the ensuing face-off?

At the nearest End Zone face-off spot to where play was stopped. Rule Reference 612(b).

The penalties assessed are considered coincidental and do not cause either team to be short-handed. Therefore, a last play face-off shall occur.

⇒ Situation 5

Team A commits an infraction in its Defending Zone. Before play can be stopped, the puck enters the Attacking Zone of Team A. When play is stopped in Team A's Attacking Zone, where is the ensuing face-off?

At a Defending Zone face-off spot of Team A. Rule References 612(b) and 409(a).

Any time there is a penalty assessed that causes a team to be short-handed, the ensuing face-off shall take place at an end zone face-off spot in the offending team's defending zone unless otherwise specified in the rules.

⇒ Situation 6

A face-off is about to be conducted in the Attacking Zone of Team A. Before the puck is dropped, a player of Team A receives a minor or major penalty. Where is the ensuing face-off?

At a Defending Zone face-off spot of Team A. Rule References 612(b) and 409(a).

Any time there is a penalty assessed that causes a team to be short-handed, the ensuing face-off shall take place at an end zone face-off spot in the offending team's defending zone unless otherwise specified in the rules.

However, if the penalty to be assessed to the Team A player is a misconduct penalty, the ensuing face-off shall take place at the nearest Neutral Zone face-off spot since there is no time placed on the penalty clock.

⇒ Situation 7

An infraction is committed by a defending player in their defending zone and as a result, the team will be short-handed. During the stoppage, there is a gathering of players around the goal and an attacking defenseman enters the zone beyond the top of the face-off circles to get closer and engage in the gathering. Where is the ensuing face-off conducted?

At the nearest Neutral Zone face-off spot to where play was stopped. Rule Reference 612(b.3).

Even though the only penalty was assessed to a defending player, the actions of the attacking defenseman would cause the face-off to be conducted at a neutral zone spot.

A penalty infraction is committed by a defending player in their defending zone and as a result, the team will be shorthanded. However, play was stopped as a result of a premature substitution of the goalkeeper violation by the non-offending team. Where is the ensuing face-off conducted?

At the center ice face-off spot or a Neutral Zone face-off spot. Rule Reference 612(b.4) and 205(a).

Even though the only penalty was assessed to a defending player, the premature substitution of the goalkeeper infraction would cause the face-off to be conducted at the center ice face-off spot. If play was stopped in their defending half of the ice, the ensuing face-off shall take place at a Neutral Zone face-off spot near their defending blue line.

⇒ Situation 9

During play, Team A prematurely pulls its goalkeeper while Team B is in possession of the puck in its Defending Zone. The Linesperson correctly delays the assessment of this "premature substitution" infraction. With Team B in possession of the puck, a Team B player high sticks the puck and play is stopped because no player on either team may legally play the puck. Where is the ensuing face-off?

At the nearest Neutral Zone face-off spot to where the puck was last played. Rule Reference 612(b).

Because each team has committed an infraction of the rules, no player may legally play the puck. Typically, the face-off would be in the Team B defensive zone due to the play with the high stick, but the "premature substitution" by Team A requires the face-off to be moved to the Neutral Zone spot closest to where the puck was last played.

⇒ Situation 10

Where is the face-off when the puck strikes an Official and goes out of the playing area?

At the nearest face-off spot in the zone where the puck was last played. Rule References 612(b) and 631(a).

It makes no difference from where the puck is shot or in which zone the Official is located.

⇒ Situation 11 (Age Classifications with Delayed/Tag-Up Offsides Only)

The puck is shot into Team A's Attacking Zone with player A3 just inside the blue line. While the Linesperson is correctly signaling a delayed offside infraction on Team A, player B6 gains control of the puck and attempts to move the puck out of the zone. During this attempt player B8 commits a minor penalty infraction. The Referee immediately stops play. Where is the ensuing face-off?

At the nearest Neutral Zone face-off spot. Rule References 612(b.4) and 630(d).

Even though the minor penalty infraction to Team B caused the stoppage of play and Team B will be short-handed, there was still a delayed offside infraction on Team A. Because the delayed offside was not nullified and the zone entry was still considered illegal, the face-off must be conducted at the nearest Neutral Zone face-off spot.

⇒ Situation 12

The Referee has signaled a penalty against the attacking team. The defending team shoots the puck on the back of its own goal. Where does the face-off take place?

At a Neutral Zone face-off spot outside the defending blue line of the team causing the stoppage of play. Rule References 612(b.4 and c).

Because the non-offending team caused the stoppage, the faceoff must be held in the Neutral Zone. In this instance, the faceoff would not go to the defending zone of the penalized team, even though the penalty time is going on the clock as the nonoffending team caused the stoppage of play.

⇒ Situation 13

During play the Referee signals a delayed penalty on a Team A player in their Defending Zone. During the delayed whistle a Team B player plays the puck with a high stick. The Referee stops play due to this "high sticking" violation. The Referee then properly assesses the penalty to the Team A player. Where is the ensuing face-off?

At a Neutral Zone face-off spot near the Defending Zone of Team B, which caused the stoppage of play by high sticking the puck. Rule References 612(b.4 and c) and 621(d).

Regardless of the fact that the penalty infraction was committed by a defending player in their Defending Zone and causes the team to be short-handed, the ensuing face-off cannot take place in the Attacking Zone of a team that has just committed an infringement of a rule. This is the same face-off location as if Team B had iced the puck.

⇒ Situation 14

A Team A player commits a penalty infraction while Team B has possession of the puck in Team B's Defending Zone. During the delayed calling of the penalty, Team B advances the puck into its Attacking Zone whereupon a Team B player commits a minor penalty infraction. Play is stopped immediately and both penalties are assessed as coincidental minor penalties. Where is the ensuing face-off?

At the nearest Neutral Zone face-off spot. Rule References 612(b and c) and 409(a).

The two infractions did not occur at the same time even though they will be recorded as such, and the reason play was stopped was because of the infraction committed by an attacking player in their Attacking Zone.

⇒ Situation 15

If an attacking player commits an infraction of the rules in their Attacking Zone after there has been a previous stoppage of play in that zone by a defending player (non-penalty), where is the face-off?

At a Defending Zone face-off spot of the offending team. Rule References 612(b and c).

It makes no difference what penalty is assessed or if it has occurred before or after a stoppage of play. The infraction by the player that results in the offending team being short-handed causes the face-off to take place at the nearest Defending Zone face-off spot of the offending team unless otherwise specified in the rules.

A player of the attacking team is assessed a penalty in their Attacking Zone, thereby forcing the face-off to their Defending Zone. However, before play resumes a player of the opposing team commits a foul and is assessed a penalty. Where is the ensuing face-off?

At the nearest Neutral Zone face-off spot. Rule References 612(b and c).

A penalty is assessed to each team during the same stoppage and will be considered coincidental minor penalties. In this instance, the last penalty assessed was to the attacking team, so the ensuing face-off would then take place at the nearest Neutral Zone face-off spot.

⇒ Situation 17

A Team A player commits a penalty infraction while Team B has possession of the puck in Team B's Defending Zone. During the delayed calling of the penalty, Team B advances the puck into its Attacking Zone whereupon a Team B player commits a major penalty infraction. Play is stopped immediately and both penalties are assessed. Where is the ensuing face-off?

At a Defending Zone face-off spot of Team B. Rule References 612(b and c) and 409(a).

Even though play will resume with four skaters for each team, the more severe infraction committed by the Team B player warrants the ensuing face-off taking place in Team B's defending zone.

⇒ Situation 18

A Team A player commits a penalty infraction while Team B has possession of the puck in Team B's Defending Zone. During the delayed calling of the penalty, Team B advances the puck into its Attacking Zone whereupon a Team B player is assessed a misconduct penalty after play has been stopped and both penalties are assessed. Where is the ensuing face-off?

At a Defending Zone face-off spot of Team A. Rule References 612(b and c) and 409(a).

As a result of the penalties assessed, Team A will be shorthanded because of the minor penalty so the ensuing face-off shall take place in their defending zone.

⇒ Situation 19

During the second period, a player in their defending zone attempts to pass the puck to a teammate in the neutral zone. The puck strikes the glove of an opponent who, while seated on their players' bench, has their hands/gloves hanging into the playing area which is struck by the puck. Where is the ensuing face-off?

At the nearest Neutral Zone face-off spot. Rule Reference 612(c).

The stoppage was caused by an attacking player on the bench. If the Referee had deemed the action to be deliberate, they may assess a minor penalty for interference. However, if the Referee deems the puck would have left the playing area regardless, then the face-off would take place in the defending zone where the puck was shot.

⇒ Situation 20

As the whistle blows to stop play deep in the end zone of Team B, Team A has four players beyond the top of the face-off circles. Two opposing players start to push each other and this action is followed by a gathering of players. Is Team A responsible to have one of its players, already deep in the zone, move back out beyond the top of the face-off circle in order to avoid losing the face-off in the Attacking Zone?

No. Rule Reference 612(d).

Any players already beyond the tops of the face-off circles at the time of the whistle are permitted to stay there.

⇒ Situation 21

Where is the ensuing face-off if the puck goes off a Linesperson in the Neutral Zone and directly into an unattended goal?

At the nearest end zone face-off spot of the goal it entered. Rule References 612(f) and 617(c.3).

Any time the puck enters the goal after being deflected directly into the goal by an Official, the face-off shall take place at the nearest end zone face-off spot.

Rule 613 Face-Off Procedures

⇒ Situation 1

Which team's center must place the stick first on the ice for any face-off conducted at the center ice face-off spot?

The visiting team's center must place the stick on the ice first. Rule Reference 613(a).

In all face-offs not conducted along the center red line, the attacking team's center must be the first to place the stick on the ice.

⇒ Situation 2

Is a center who is facing-off required to have the entire blade of the stick on the ice?

No. Rule Reference 613(a).

As long as any part of the blade touches the ice in the proper place, the player shall be considered ready for the face-off.

⇒ Situation 3

Because of physical size, a 10 & under player is unable to place their skates and stick within the prescribed areas at an end zone face-off spot and maintain balance. How should the player be required to line up?

Stick in contact with the ice with their shoulders perpendicular to the side boards. Rule Reference 613(a).

This may require the player's skates to be in front of the "L" lines parallel to the end boards, and possibly between the "L" lines parallel to the side boards. This should be permitted, and the "L" lines would be used as guides to ensure that the player is squared up properly.

⇒ Situation 4

The Linesperson drops the puck and before it hits the ice, one of the centers hits the puck out of the air with the blade of their stick. Should the Linesperson allow the play to continue?

Yes. Rule Reference 613(a).

As long as the player made a legal attempt to gain possession of the puck, the play shall be allowed to continue. If the Linesperson had dropped the puck and it accidentally hit the stick or glove of either player facing-off, play must be immediately stopped and a new face-off conducted.

⇒ Situation 5

Can a goalkeeper participate in a face-off?

No. Rule References 613(a), 301(b) and 303.

The rules do not permit a goalkeeper to take a face-off because of the measurement restrictions on their stick and protective equipment.

⇒ Situation 6

A Linesperson is set to drop the puck which is accidentally knocked out of their hand by a player taking the face-off. What procedure does the Linesperson follow?

The Linesperson conducting the face-off stops play immediately. Rule References 613(a) and 503(c).

If the Linesperson feels the action was deliberate, a misconduct or game misconduct penalty should be assessed to the offending player.

If deemed to be an accident, the offending player is removed from the face-off.

⇒ Situation 7

Should a Linesperson allow a player not taking the face-off to be in motion, and not in a stationary position?

Yes. Rule Reference 613(b).

A player not taking the face-off may be moving, provided they are outside the circle and on-side.

⇒ Situation 8

May a player have their stick between the hash marks that are meant to separate them from their opponent during a face-off?

No. Rule Reference 613(b).

Both players must be completely behind their respective hash marks. This includes all sticks and all skates.

In the process of conducting an end zone face-off, who has the responsibility to watch players positioned behind the Linesperson conducting the face-off?

The back Linesperson is responsible for watching for encroachment of the players behind. Rule References 613(b) and 503(c).

For the first offense, the back Linesperson will blow their whistle and signal to their partner which center(s) shall be removed. For a second violation by the same team during the same face-off, the back Linesperson shall blow the whistle and signal to the Referee which player shall be penalized.

The Referee should only involve themself if encroachment is an ongoing problem and their presence will assist in lining the players up properly.

⇒ Situation 10

In the process of conducting an end zone face-off, who has the responsibility to watch players positioned in front of the Linesperson conducting the face-off?

The Linesperson conducting the face-off is responsible. Rule References 613(b) and 503(c).

For the first offense, the Linesperson will blow their whistle and signal which center(s) shall be removed. For a second violation by the same team during the same face-off, the Linesperson shall blow the whistle and signal to the Referee which player shall be penalized.

The Referee should only involve themself if encroachment is an ongoing problem and their presence will assist in lining the players up properly.

Immediately following a stoppage of play, the home team makes a player (one to five players) "line change," following which the visiting team also makes a player change. The Coach of the home team then decides that they want to put different player(s) on the ice to counter the change made by the visiting team. Should the Referee permit the home team to make this "last change?"

No. Rule References 613(c) and 204(a).

The home team may elect to wait until the visiting team has changed lines before making its own change of players, therefore giving the home team the "last change" privilege. But, if the home team makes the decision to change any number of players on the ice and does so before the visiting team has had a reasonable amount of time to make a change, no further line change may be made by the home team.

Once both teams are lined up and ready for a face-off, neither team shall be permitted to change players other than as provided in Rule 613, Face-Off Procedures.

⇒ Situation 12

A team tries to change players after the line change procedure has been completed and the Referee sends the players back to the bench. Should the linesperson remove the center for a faceoff violation?

No. The action of the team is a player change violation. Rule references 613(c) and 204(a).

Centers should only be removed for actual violations of the face-off procedures. The situation described is a player change violation and must be dealt with by the Referee through the player change rules.

The home team players are slow to skate to the face-off location after changing players during a stoppage of play. The official conducting the face-off is in position and has blown the whistle to signal the face-off procedure has started while there are still players skating to the face-off location. Should the officials remove the center for a slow line change?

No. Rule Reference 613(c) and 610(h).

In this instance, the violation that has occurred is a player change violation. The offending team bench should be warned and any subsequent violation by the same team during the same game should result in a bench minor penalty for delay of game. Players facing off should only be removed for actual face-off violations.

⇒ Situation 14

A player taking a face-off who is on-side, is deliberately delaying getting set for the face-off. Should the Official conducting the face-off, after a minimum of five seconds have elapsed, drop the puck with only one player ready?

Yes. Rule Reference 613(c).

However, the Official must manage the face-off with proper mechanics and communication in order to minimize this occurrence. The onus is on the player to be ready for the face-off in a timely manner and follow the instructions of the Official.

⇒ Situation 15

A false face-off occurs. After the whistle, if either team attempts to change lines, should the Referee permit this change?

No. Rule References 613(c) and 610(h).

The Referee must order all players attempting to change back to the players' bench. If there is any delay involved in getting the original line-up back on the ice, the Referee may assess a minor penalty for delaying the game, in which case substitutions shall be permitted.

Rule 614 Falling on Puck

⇒ Situation 1

The puck is outside the goal crease. A defending player slides and covers the puck with their hand. Their momentum, however, carries them into the goal crease with the puck and they are in the crease when play is stopped. Should a penalty shot be awarded?

No. The Referee must assess a minor penalty. Rule References 614(a and b).

The location of the puck at the instant it is covered or held is the determining factor as to whether or not a penalty shot is to be awarded. In this case the infraction occurred outside of the crease area.

⇒ Situation 2

The goalkeeper has been removed and another player substituted. When play reverses, a player takes up position in the goal crease. What happens if they are lying on the ice in the goal crease and the puck is shot under them, remains there and a stoppage results?

No penalty shall be assessed. Rule References 614(a. Note) and 614(b).

No penalty is assessed provided there was no deliberate action by the player to cover the puck and the puck simply ends up beneath them.

However, if the player makes any action to cover the puck by gathering it into their body, the penalty shot or awarded goal situation would apply.

⇒ Situation 3

The goalkeeper has been removed and another player substituted. When play reverses, a player takes up position in the goal crease. What happens if, while standing in the goal crease, they catch the puck, hold it or gather it into their body?

Either a penalty shot or awarded goal. Rule Reference 614(b).

A penalty shot is awarded unless the action of the player prevented an obvious and imminent goal – in which case the goal is awarded.

In this situation, if the puck is caught and dropped to the ice immediately, no penalty shall be assessed as no stoppage of play has been caused (Rule 618(a)).

⇒ Situation 4

The puck is in the goal crease. A defending player, lying on the ice outside of the crease, places their hand on the puck and pulls it out of the crease and into their body, thereby causing a stoppage of play. Does this situation call for a penalty shot?

Yes. Rule Reference 614(b).

The location of the puck at the instant it is covered or held is the determining factor as to whether or not a penalty shot is to be awarded. If the player bats the puck out of the crease and into their body, only a minor penalty would be assessed to the player so doing.

⇒ Situation 5

The Referee has signaled a penalty on player A1. The puck goes behind the Team A goal line and the Team A goalkeeper falls on the puck behind the goal line with their body entirely outside of the goal crease. Should they receive a penalty?

No. Rule References 614(c.1) and 409(a Note).

The Referee will stop play to assess A1's penalty as soon as Team A gains possession of the puck. The goalkeeper is allowed to hold the puck for three seconds before being assessed a penalty. In this situation no penalty would be assessed to the goalkeeper since possession will occur before three seconds have elapsed.

A goalkeeper leaves their crease and rushes forward to a loose puck inside their privileged area, in an attempt to beat a lone attacker who is also skating toward the puck. If the goalkeeper reaches the puck first and falls on it, causing a stoppage of play, should the Referee assess a minor penalty for Delaying the Game?

Yes. Rule Reference 614(c) and Glossary.

The goalkeeper has an obligation to play the puck with their stick, just like any other player. This action would not be considered to be within the "act of playing goal."

⇒ Situation 7

A goalkeeper in their goal crease dives on a puck that is outside of the goal crease, but their momentum carries them out of the goal crease. Should the Referee assess a minor penalty for delaying the game?

No. Rule Reference 614(c) and Glossary.

As long as some part of the goalkeeper's body is in contact with the goal crease when initial contact with the puck is made, this is considered to be in the "act of playing goal".

⇒ Situation 8

A goalkeeper skates out of the goal crease to cut down the angle on a shooter. Immediately following the shot, the goalkeeper catches the puck in the air and holds it to obtain a stoppage of play. Should the Referee assess a minor penalty for delaying the game?

No. Rule Reference 614(c) and Glossary.

This action by the goalkeeper may be considered to be done "in the act of playing goal" and should not be penalized. If the goalkeeper had sufficient time to drop the puck and play it with no attacking players in their immediate vicinity, however, a minor penalty shall be assessed.

A goalkeeper skates out of the goal crease to cut down the angle on a shooter. Following the shot, the goalkeeper catches the puck in the air and drops it to the ice. They then decide to hold it against the boards, net, ice or their body to obtain a stoppage of play. Should the Referee assess a minor penalty for delaying the game?

Yes. Rule Reference 614(c) and Glossary.

This action by the goalkeeper is not considered to be done in the "act of playing goal" and should be penalized. If the goalkeeper had sufficient time to drop the puck to the ice they must be forced to play it.

⇒ Situation 10

A goalkeeper skates out of the goal crease to challenge a shooter. They stop the puck between their pads and hold the pads together until the Referee stops the play. Should the Referee assess a minor penalty for delaying the game?

No. Rule Reference 614(c) and Glossary.

This action by the goalkeeper is considered to be done in the "act of playing goal" and should not be penalized. If the goalkeeper had sufficient time to drop the puck and play it with no attacking players in their immediate vicinity, however, a minor penalty shall be assessed in the normal manner.

⇒ Situation 11

A goalkeeper outside of the goal crease stops a puck that is shot from the point. They do not control the rebound and the puck bounces about three feet away. The goalkeeper then dives on the puck, causing a stoppage of play. Should the Referee assess a minor penalty for delaying the game?

No, if the attacking team is in a position to pressure the goalkeeper. Yes, if the goalkeeper is not being pressured and has an opportunity to play the puck with their stick. Rule Reference 614(c) and Glossary.

This action by the goalkeeper may be considered to be done in the "act of playing goal" and should not be penalized, providing the attacking team is in a position to apply pressure on the goalkeeper.

⇒ Situation 12

A goalkeeper who is completely outside of the goal crease and lying prone on the ice reaches out to cover the puck and gather it into their body. Should the Referee assess a minor penalty for delaying the game?

No, if the puck is within their privileged area in front of the goal line. Rule Reference 614(c) and Glossary.

This action by the goalkeeper may be considered to be done in the "act of playing goal" and should not be penalized.

However, in this situation if the puck is behind the goal line or outside of the privileged area, a minor penalty for delaying the game must be assessed.

⇒ Situation 13

A goalkeeper who is completely outside of the goal crease and lying prone on the ice has the puck shot into their body or equipment. A stoppage of play ensues. Should the Referee assess a minor penalty for delaying the game?

No. Rule Reference 614(c).

This action by the goalkeeper was not done in a deliberate manner as the puck was shot into them while already in that position.

⇒ Situation 14

Does the goalkeeper's Privileged Area include the area behind the goal line?

Yes. Rule Reference 614 (c Note).

The goalkeeper's Privileged Area extends to the closer end boards.

Rule 615 Fighting

⇒ Situation 1

What guidelines should a Referee follow in deciding to assess a major plus game misconduct penalty for roughing versus fighting?

The Referee has a great variety of penalties to call to differentiate various degrees of participation in an altercation. Rule References 615(a) and 640(a).

However, a major plus game misconduct penalty for roughing can only be assessed for recklessly endangering an opponent by body checking. When a player has clearly thrown a punch or engages in actions that would be deemed to be fighting, the proper penalties must be assessed under the fighting rule.

The Referee should not attempt to manipulate the rulebook as there are progressive suspension rules for specific infractions that are tracked and enforced. Regardless of a Referee's personal opinion about a rule, they are expected to apply the rules within their spirit and intent.

Failure to do so results in the compromised integrity of the game and a loss of credibility for the officials.

⇒ Situation 2

A player becomes involved in several altercations during the same stoppage of play. Can they be assessed more than one game misconduct penalty?

Yes. Rule Reference 615.

Provided the player has violated different sections of the rule that calls for the assessment of a game misconduct penalty, multiple game misconducts should be assessed.

The player would also be subject to Supplementary Discipline based on the game report filed by the officials.

The Linesperson is trying to stop a fight between two players, but before they can break it up, one player bites the other on the finger. Should the Referee assess both the match penalty (attempt to injure) and major plus game misconduct for fighting to the offending player?

Yes. Rule References 615(a) and 602(a).

Both serious infractions must be assessed. A general rule during an altercation is to only assess the more severe infractions, but this applies when the lesser infractions are minor in nature (i.e. holding). However, in every instance where serious injury potential actions are committed, the appropriate penalties must be assessed for each.

⇒ Situation 4

A player becomes involved in a fight and is subsequently assessed a major and a game misconduct penalty for their involvement. They leave the ice surface and proceed to the dressing room. Later in the same game another fight occurs and the player who had previously been ejected returns to the ice surface to enter into the fight. What penalty should be assessed to that player for re-entering the game?

A game misconduct or match penalty shall be assessed, depending on the circumstances. Rule References 615(a and b), 601(d.4 and e.2).

Had play resumed prior to the player re-entering the ice surface, a match penalty shall be assessed. Conversely, if play had not resumed and the player re-entered the ice surface after being escorted off the ice and the door being closed behind them, an additional game misconduct penalty shall be assessed.

⇒ Situation 5

May a fighting penalty be called on a player who, with their gloves on, punches an opponent?

Yes. Rule References 615(Note).

Fighting may be called even though the gloves are still on the player's hands.

Two players on the same team become involved in a fight with each other during a game. What penalties, if any, shall be assessed?

If the fight occurs on the ice, both players shall be assessed a game misconduct penalty and the offending team shall be assessed a bench minor penalty for delaying the game. If the fight occurs off the ice, both players shall be assessed a game misconduct penalty. Rule References 615(a and b) and 610(h).

It is not feasible to assess the two players each a major and a game misconduct penalty, because the team would have to play short-handed by two players for five minutes. Likewise, a "first to intervene" penalty would not apply to a player on the same team who attempts to break up the fight.

⇒ Situation 7

During the course of an altercation, a player involved elbows the opposing combatant. Should the Referee assess the minor penalty for elbowing in addition to the major and game misconduct for fighting?

No. Rule References 615(a).

If during the course of the fight one player held or elbowed the other, a penalty for holding or elbowing should not be added to the penalty for fighting.

However, should the holding or elbowing be the infraction that precipitated the fight, one offense leading to the other, then both offenses must be penalized.

⇒ Situation 8

What penalty or penalties are imposed upon a Coach who becomes involved in a fight with a player on the ice?

A match penalty. Rule References 615(a) and 602(a).

During a stoppage of play, two players look at each other and decide to fight. Prior to engaging in the fight, both players remove their helmets and start throwing punches. What penalties are assessed?

A match penalty for removing their helmet plus a major plus game misconduct for fighting to each player. Rule Reference 615(a and c).

A match penalty must be assessed to any player who deliberately removes their, or their opponent's, helmet prior to or during an altercation.

Naturally, the Linespersons should also make every effort to separate the players prior to the start of the altercation in order to avoid this dangerous situation.

⇒ Situation 10

A goalkeeper leaves the vicinity of their goal crease and is the first player to intervene in an altercation. What penalties must be assessed?

A minor penalty for leaving the crease, plus a game misconduct for being the first to intervene in an altercation, plus any other penalty they may receive. Rule References 615(a, d and e).

⇒ Situation 11

Do the On-Ice Officials have a responsibility to intervene into an altercation that occurs off the playing surface?

Unless the altercation occurs on or near the playing surface (including the players' and penalty benches), the On-Ice Officials do not have a responsibility to intervene. Rule Reference 615(b).

When an altercation occurs in the walkway that leads to the dressing rooms or in a similar area, the Officials must observe the incident from the ice, if possible, but are not to intervene. Intervention by the Officials in an off-ice environment provides too much of an opportunity for the Officials to become involved with the spectators, coaches, etc.

Opposing players are involved in an altercation and their helmet(s) come off during the altercation. It cannot be determined how the player's helmets came off. Does this constitute a rule violation?

Yes. Rule Reference 615(c).

All players are responsible for properly wearing their helmet and facemask at all times. If a player participates in an altercation without their helmet properly worn then they should be assessed a game misconduct penalty along with any other penalties they may have incurred as a result of the altercation.

⇒ Situation 13

Two players are involved in an altercation and during the altercation one player reaches over and deliberately removes the helmet/facemask of the opponent. What penalty is assessed?

A match penalty (for ALL age classifications). Rule Reference 615(c).

A match penalty must be assessed to any player who deliberately removes their own, or their opponent's helmet prior to or during an altercation.

The Linespersons should be prepared to step in and separate the players as soon as any helmet/facemask has been removed in order to protect the players from serious injury.

⇒ Situation 14

During play, opposing players are physically engaged and their actions escalate to be considered an altercation. When play is stopped, both players remove their own helmets with the clear intention of fighting. What penalties, if any, should be assessed?

Match penalty to each player. Rule Reference 615(c).

Once it has been determined that an altercation (see Glossary) has occurred, any time a player involved in that altercation deliberately removes their own helmet, a match penalty must be assessed to that player in addition to any other penalties being assessed as a result of that altercation. Fighting penalties do not have to be assessed when applying Rule 615(c). In all instances

where a helmet has been removed, the Linesperson should work quickly to separate the players and minimize the continuation of the altercation.

⇒ Situation 15

During an altercation, Player A deliberately targets the helmet, or head area, of the opposing player who is properly wearing their helmet. As a direct result of the actions of Player A, the opposing player's helmet comes off. What penalties are assessed to either player?

A match penalty is assessed to Player A. Rule Reference 615(c).

The helmet being removed during the altercation is the result of a deliberate action by Player A. In this instance, the opposing player is wearing their helmet and chin strap in the proper manner and the only way the helmet is removed is a direct result of the actions of Player A. The player whose helmet comes off should not be penalized under this rule since their helmet was being properly worn and the helmet coming off was not a result of their actions.

⇒ Situation 16

Opposing players are involved in an altercation. Player A's helmet chin strap is not properly fastened and their helmet comes off of their head during the normal course of the altercation. The Referee determines that the helmet was not removed as a direct result of any deliberate action committed by the opposing player. What penalties, if any, should be assessed?

A game misconduct penalty to Player A. Rule Reference 615(c).

All players are responsible for properly wearing their helmet and facemask at all times. If a player participates in an altercation without their helmet properly worn then they should be assessed a game misconduct penalty along with any other penalties they may have incurred as a result of the altercation.

⇒ Situation 17

Opposing players are involved in an altercation. Player B removes their own helmet and proceeds to continue the altercation. Player A's helmet chin strap is not properly fastened and their helmet comes off of their head during the normal course of the altercation. The Referee determines that A's helmet

was not removed as a direct result of any deliberate action committed by the opposing player. What penalties, if any, should be assessed?

A match penalty plus game misconduct penalty is assessed to Player B and game misconduct to Player A. Rule Reference 615(c).

The match penalty is assessed to Player B for deliberately removing their own helmet. They also receive a game misconduct penalty (which carries a two game suspension) for their actions which caused the opponent's helmet to be removed. The game misconduct penalty (one game suspension) is assessed to Player A because they were not properly wearing their helmet and it came off during the altercation. Both penalties are assessed in addition to any other penalties incurred during the altercation.

⇒ Situation 18

Player A gets involved in an altercation and removes their own helmet. They then deliberately remove their opponent's helmet. What penalties should be assessed?

Two match penalties are assessed to Player A. Rule Reference 615(c).

In this instance, one match penalty is assessed for removing their own helmet and a second match penalty is assessed for removing the opponent's helmet. For the purpose of this rule, these actions are considered two separate actions that each call for a match penalty to be assessed.

Note 1: If more than one match penalty is assessed to the same player or coach, the hearing period of 30 days (as noted in Rule 405c) remains at 30 days and is not extended beyond that period of time regardless of the number of match penalties assessed.

Note 2: The Referee is provided some latitude in the penalties they may impose under Rule 615(c). This is done intentionally to enable them to differentiate between the obvious degrees of responsibility of the participants for either deliberately removing their own (or opponent's) helmet and/or improper wearing of their helmets. In either instance, USA Hockey strongly discourages fighting and the safety of the players must be the first priority in enforcing these rules to prevent serious injury. The

onus is on the player to properly wear all protective equipment in the manner it was intended and to not commit any actions that compromises the safety of their opponent.

⇒ Situation 19

What guidelines should be used when determining if a chin strap is being properly worn?

If the space between the player's lower jaw and the chin strap allows for more than one finger to be inserted into that space, then the chin strap is not being properly worn. Rule References 615(c) and 304(c).

⇒ Situation 20

Player A (Youth) is assessed a major penalty plus a game misconduct for fighting (Rule 615a). They are also assessed a match penalty for removing their helmet during that altercation (Rule 615c). Should Player A also be assessed a game misconduct under Rule 403b (Major Penalties/Two Majors in a Game)?

No. Match penalties should not be used to satisfy Rule 403b (Major Penalties/Two Majors in a Game). Rule References 403(b), 405(a) and 615(c).

NOTE APPLYING TO SITUATIONS 14-20

All officials should remember that an altercation does not need to be considered a fight for Rule 615(c) to be applied. This rule would apply in any altercation where at least one player will receive a penalty (see Altercation in USA Hockey Rulebook Glossary).

Further, with proper execution of judgment and excellent hustle to separate players after the whistle, these types of situations can be prevented by the officials. That being stated, all players are responsible for their actions and will be held accountable for wearing all mandatory equipment properly and avoiding altercations before, during, and after the game.

What constitutes an altercation?

Any physical interaction between two or more opposing players where at least one penalty assessed. Rule References 615(c, d and e) and Glossary.

The Referee has wide latitude in determining penalties to be assessed during an altercation. If the Referee has deemed the physical interaction has escalated to the point where penalties are assessed, those rules that pertain to behavior during an altercation must kick in and those penalties assessed appropriately.

⇒ Situation 22

Can there be more than one "first to intervene" during the same altercation?

Yes, only in the instance in which players of opposing teams enter the altercation at exactly the same time. Rule Reference 615(d).

The game misconduct penalty(s) shall apply only to the "first" player to intervene in an altercation then in progress.

⇒ Situation 23

What would happen to a player who is the first to intervene in any altercation which is separate from the original altercation then in progress?

A game misconduct penalty shall be assessed. Rule Reference 615(d).

The game misconduct penalty shall apply to only the first player to intervene in an altercation. Thus, if there are two separate altercations occurring during the same stoppage, and a different player is the first to intervene in any altercation, they shall both be penalized under this rule.

A player is the first to enter an altercation, acting only as a peacemaker. Shall they be subject to the rules that govern the first to intervene?

Yes. Rule Reference 615(d).

Regardless of the reason, the first player to enter any altercation shall be assessed a game misconduct penalty.

⇒ Situation 25

During the course of an altercation, a third player enters the altercation and continues fighting with the opposing player. Should the Referee assess the game misconduct for being the first to intervene in the altercation, or the major and game misconduct penalty for fighting?

Both the major plus game misconduct for fighting and the game misconduct for first to intervene shall be assessed. Rule References 615(d and a).

The first to intervene penalty is assessed in addition to any other penalties assessed during the altercation.

⇒ Situation 26

An altercation occurs in the vicinity of the goal crease and the goalkeeper leaves the crease to remain out of the altercation. Should they be assessed a penalty for leaving the crease during an altercation?

No. Rule Reference 615(e).

The Referee should direct the goalkeeper to go to their players' bench or at least away from the altercation. However, if the Referee does not give their permission and the goalkeeper gets involved in the altercation outside of the crease, the minor penalty must be assessed.

⇒ Situation 27

If a fight occurs in the immediate vicinity of the goal crease, should the goalkeeper be allowed to go to their own players' bench?

Yes. Rule Reference 615(e).

In this instance, the referee should immediately instruct the goalkeeper to leave the crease area and their players' bench would be a good alternative. If the altercation is occurring in an area other then the immediate vicinity of the crease, the goalkeeper would be expected to remain in the crease.

⇒ Situation 28

When an altercation occurs in the immediate vicinity of the players' bench, where should the Referee direct the on-ice non-participants?

To their respective goal areas. Rule Reference 615(e).

The purpose of this rule is to get both teams separated from each other by a substantial distance. This practice eliminates subsequent altercations from breaking out.

Rule 616 Fouled from Behind

⇒ Situation 1

What criteria must be met in order for a penalty shot to be assessed when a player on a breakaway is fouled from behind by an opponent?

- 1) The fouled player has control of the puck.
- 2) The fouled player is beyond their Defending Zone.
- 3) The fouled player has no opponent to pass except the goalkeeper.
- 4) The fouled player is fouled from behind (beyond their peripheral vision).
- 5) The fouled player has been denied a reasonable scoring opportunity. This includes situations where the foul committed has denied the fouled player the ability to make a reasonable attempt to score.

Rule References 616(Note 1 and Note 2).

All of these criteria need to be met in order to award a penalty shot. If one or more are not met, then the appropriate penalty shall be assessed in the normal manner.

The goalkeeper skates out of their goal crease to meet an attacking player on a breakaway. The attacking player gets completely around the goalkeeper, in control of the puck with no one between themself and the open goal, and they are pulled down from behind by the goalkeeper. What penalty should be assessed?

A penalty shot. Rule Reference 616(a).

For a goal to be awarded, the goalkeeper must have been removed from the ice. The fact that the goalkeeper was not in their goal crease has no bearing on the play. They are still considered to be "on the ice."

⇒ Situation 3

With the opposing goalkeeper on the ice, a player in their Attacking Zone has a breakaway and is fouled from behind. They get up and take an unimpeded shot on the goal. Should a penalty shot be awarded?

No. Rule Reference 616(a).

The player, once they regain control of the puck, has not been denied a reasonable scoring opportunity. A minor penalty is the correct call in this situation.

⇒ Situation 4

A player on a breakaway with the opposing goalkeeper off the ice is clearly fouled from behind. The Referee determines that an awarded goal situation has occurred, but inadvertently does not stop play until it ends when the non-offending team scores a goal. What is the proper procedure for the Referee to follow in this situation?

Once the Referee has determined that an awarded goal situation has occurred, the non-offending team is entitled to a goal immediately, regardless of what occurs after the infraction, even if the Referee fails to stop play. The fouled player is credited with a goal in this case, even if another teammate subsequently scores. Rule Reference 616(b).

Also, since play is to be stopped immediately in an awarded goal situation, the time that has elapsed between the infraction and the actual stoppage must be added back to the remaining time

left to be played in that period. Since an awarded goal situation is such a rare occurrence, it would not be unusual for a Referee to fail to stop play immediately, remembering that in every other penalty situation the play is permitted to continue until the offending team gains possession of the puck.

Rule 617 Goals and Assists

⇒ Situation 1

Can a player against whom a delayed penalty is signaled be credited with the scoring of a goal?

Yes. Rule References 617(a) and 409(c).

When the puck enters the goal as a result of the actions of the defending team, the last player to play the puck shall be credited with the goal. This includes situations where a delayed penalty is in play.

⇒ Situation 2

The goal is tipped forward from behind as the result of player contact with the goal. The goal posts remain anchored to their position on the goal line. However, the cross bar pivots forward and down. Can a goal be scored while the goal is in this position?

No. Rule Reference 617(a).

The goal is considered to be displaced when the goal frame moves, causing the goal posts to no longer be on the same plane as the goal line (extended).

⇒ Situation 3

Player A1 shoots the puck which hits the goalkeeper and rebounds out to teammate A2. Player A2 then shoots the puck into the goal. Does the player who took the initial shot (A1) deserve an assist?

Yes. Rule Reference 617(a).

In the case of a rebound, only one assist can be given to the player who took the original shot.

During a scramble around the goal, the back end of the goal frame is accidentally lifted off the ice for a brief moment, but the goal posts remain properly positioned on the goal line. A pass from behind the goal goes under the goal frame and directly out in front of the goal. An attacking player then legally shoots the puck into the goal. Is the goal considered to be legal?

No. Rule References 617(a) and 105(b).

Even though the puck was legally propelled into the goal, the manner in which the pass was obtained from behind the goal was illegal. It is not necessary to blow the whistle every time the goal frame lifts off the ice. However, the Official must stop play at the instant the puck goes under the goal frame and enters the goal.

⇒ Situation 5

The White team scores a goal that is unobserved by the Referee so play continues. At the next stoppage of play, which happens to be a goal scored by the Blue team, the Linesperson informs the Referee of the White goal and it is determined that White did indeed score the goal. What actions should the Referee take in this instance?

The White goal is awarded, the Blue goal is not counted and the officials put time back on the clock to the point where the goal was scored by the White team. Rule Reference 617(a).

Play would have technically stopped at the time that the White team had scored their goal, so any goal scored after that would not be counted (however, any penalties occurring would be assessed in the normal manner). The officials should use any resource available to them to best determine the time the White goal was scored so that time can be replaced on the clock and the game continued from that point.

⇒ Situation 6

The puck is shot by either an attacking or defending player and hits an Official. After hitting the Official, the puck hits the boards then rebounds into the goal. Is the goal allowed?

Yes. Rule Reference 617(c.3).

No goal may be scored from a direct deflection off an Official. However, if the puck deflects off an Official and then off any other obstruction, other than the goal post or cross bar, including any player, the goal must be allowed.

⇒ Situation 7

The horn sounds to end a period; however, the clock shows two seconds remaining. Is the period over?

Yes. Rule Reference 617(d).

Whenever the timing device is equipped with an automatic sounding alarm that signifies the end of a period, the "sound" shall be considered the end of the period, even though the clock may show minimal time remaining.

Conversely, if play stops with 0:00 showing on the clock but the horn has not sounded, the game shall continue until the sound occurs or until it becomes obvious that the horn is not functioning properly.

It is critical for all on-ice officials to be aware of the time at the end of each period. It is also critical to follow proper officiating procedures to enable the officials to make the proper decision as to the puck crossing the goal line prior to or after the end of a period.

Rule 618 Handling Puck with Hands

⇒ Situation 1

What guidelines should be followed in allowing a player to catch the puck and immediately drop it?

The motion of catching, then dropping the puck, must be virtually one continuous motion. Rule Reference 618(a).

Provided the player catches the puck and drops it to their stick in one continuous motion, play should be allowed to continue.

However, if they hold the puck for any length of time, take one or two strides with the puck, throws the puck to an area away from their stick or fakes the drop to avoid an opposing player, play shall be stopped and a last play face-off occurs.

The puck is batted forward with the hand, hits the shaft of the stick of the player batting the puck, then goes directly into the opposing goal. Does the goal count?

No. Rule Reference 618(a).

The deflection off the stick does not alter the fact that the puck was propelled into the goal by the hand.

⇒ Situation 3

What are the guidelines when determining the legality of a Defending Zone hand pass?

The hand pass must be initiated and completed in the Defending Zone. Rule Reference 618(b).

The location of the puck is the determining factor and the blue line is considered to be part of the Defending Zone in this instance.

⇒ Situation 4

The puck is batted with the hand by a player in their Attacking Zone, hits an opposing player or goalkeeper, then rebounds back out and is picked up by another player of the team that batted the puck. Should the Referee stop play or allow it to continue?

They shall stop play. Rule Reference 618(b).

An opposing player must have at least momentary possession of a hand-batted puck, otherwise it is still considered to be a hand pass. In this case the puck was, in effect, batted by hand to a teammate, and play should be stopped as soon as the teammate plays the puck.

⇒ Situation 5

The puck is batted with the hand and deflects off the goalkeeper directly back to the attacking player who batted it. Should the Referee stop play?

No. Rule Reference 618(b).

In this situation the attacking player, in effect, hand-batted the puck to themself, because the goalkeeper did not gain possession of the puck. A goal scored legally with their stick immediately following this type of action would be allowed.

⇒ Situation 6

The puck is batted with the hand, hits the body of a teammate, then is picked up by an opposing player. Should play be stopped?

No. Rule Reference 618(b).

The play shall not be stopped unless the teammate plays the puck. The fact that the puck deflects off them does not constitute possession of the puck.

⇒ Situation 7

With the puck in the Neutral Zone, it is batted with the hand backwards to a teammate who is in their Defending Zone. When the player in the Defending Zone gains possession of the puck, play is stopped. Where is the ensuing face-off?

At the place where the puck was played by the teammate. Rule Reference 618(b).

On a forward hand pass, the ensuing face-off takes place where the puck was batted. On a backward hand pass, the ensuing face-off takes place where the puck was next played. Using this procedure, the offending team never gains a territorial advantage for a hand pass infraction.

⇒ Situation 8

Is the goalkeeper included under the rule which permits a hand pass that occurs totally in the Defending Zone, even if the hand pass is in a "forward" direction?

Yes. Rule References 618(b and c).

While the goalkeeper is NOT permitted to "throw" the puck forward (i.e. catching the puck in their glove, closing their hand and then propelling it to a teammate), the normal hand pass criteria would also apply to the goalkeeper. A hand pass occurs with the front or back of an open hand and the puck is simply batted in a desired direction.

Is a goalkeeper permitted to catch the puck and throw it (to the side or rear) directly to a teammate, who gains immediate possession, without incurring a stoppage of play?

Yes. Rule Reference 618(c).

The puck may not be caught and then hand-directed to a teammate by a "player," but the intent is to exclude the goalkeeper from this restriction provided the puck is not thrown "forward." "Forward" is considered to be anywhere in between two imaginary lines, one at each goal post, extending to the nearest end zone face-off spot.

Rule 619 Head-Butting

⇒ Situation 1

A player with taped hands injures an opponent during an altercation. During the same altercation they head-butt the same opponent. What penalties are assessed and what is the proper announcement?

Assess a match penalty for each offense. Rule References 619(b) and 305(b).

As with game misconduct penalties, it is possible for more than one match penalty to be assessed to one player for two incidents during the altercation.

⇒ Situation 2

Is there a proper signal to give when assessing a player a penalty for "head-butting?"

No. Rule Reference 619(b) and Signals

If a match penalty is to be assessed for this infraction, the match penalty signal is given.

Rule 620 Head Contact

⇒ Situation 1

How much force must be behind a check or other contact to assess a penalty for head contact?

The only thing that matters is whether there was contact made to the head, face or neck of the opponent with any part of the body or equipment. Rule Reference 620(Note).

Injury can result with even minimal force when contact is made to the head area. Therefore, USA Hockey is taking a firm stance on any contact to the head area that occurs while delivering a check or making physical contact with an opponent.

If the contact was deemed to recklessly endanger the opponent, then the major plus game misconduct or match penalty options must be assessed.

⇒ Situation 2

Opposing players have fallen and in the process of getting up, one player makes accidental contact with the head area of the opponent. Must this be penalized as head contact?

No. Rule Reference 620(a).

Unless the Referee has deemed the act to be intentional or reckless, this would not be penalized provided the action was in the normal course of play and there was not excessive force used that recklessly endangered the opponent.

⇒ Situation 3

What criteria should the Referee use when assessing a major plus game misconduct penalty for head contact?

Any time the Referee deems the contact to the head area to be intentional or a reckless act, a major plus game misconduct or match penalty must be assessed. Rule Reference 620(b).

Intentional would be deemed to be when the player "targets" the head or neck area of the opponent when delivering a check.

A reckless act is when the actions of the player delivering the check clearly do not take into consideration the location on the

body of the opponent where the contact is being made and uses excessive force in delivering the check to the head or neck area.

As with other dangerous actions, a major plus game misconduct or match penalty must be assessed if a player is recklessly endangered as a result of head contact.

⇒ Situation 4

What degree of force is needed for a match penalty to be assessed for head contact?

Any check using excessive force for the purpose of intimidating or punishing the opponent that makes direct contact with the head area of the opponent must be assessed as a match penalty. Rule Reference 620(c).

The onus is on the player delivering the check not to contact the head area of the opponent. When done with excessive force in a manner that recklessly endangers the opponent, the player must be held accountable for this dangerous action.

Rule 621 High Sticks

⇒ Situation 1

How much force is necessary to assess a penalty for high sticking when a stick makes contact with an opponent's head or neck?

If the stick makes contact with the head area, the Referee must assess the penalty. Rule Reference 621(a).

Although a high stick has occurred, if the contact from the stick was made to the head area of an opponent during the process of delivering a check, the penalty shall be called under the Head Contact rule.

A high stick infraction would be called when the stick makes contact to the head area of an opponent when a check is not being delivered.

⇒ Situation 2

Must contact with an opponent occur in order for the Referee to assess a penalty for high sticking?

No. Rule Reference 621(a).

It is not a requirement that a stick make contact above shoulder height for high sticking to be called. Whenever a player raises their stick above their shoulders in an attempt to intimidate an opponent or is careless in their actions, high sticking must be called.

⇒ Situation 3

Should a major penalty plus game misconduct penalty for high sticking be assessed to a player who is body checked and who, as they are falling to the ice, recklessly endangers an opponent above the shoulders with a "high" stick?

Yes. Rule References 621(b and c).

The player must be assessed a major plus game misconduct penalty or a match penalty any time their actions recklessly endangers the opponent. All players are expected to have their sticks under control at all times.

⇒ Situation 4

An attacking player deflects the puck with their stick, which is above the height of the shoulder. The puck deflects off a defending player's body and into the goal. Does the goal count?

No. Rule Reference 621(d).

The puck must come into possession, however briefly, of the defending player for it to be considered "batted to an opponent." A deflection in this case would not be considered possession of the puck.

⇒ Situation 5

An attacking player deflects the puck with their stick, which is above the height of the shoulder. The puck deflects off a defending player's body to another attacker, who shoots the puck into the goal. Does the goal count?

No. Rule Reference 621(d).

The puck must come into possession, however briefly, of the defending player for it to be considered "batted to an opponent." A deflection in this case would not be considered possession of the puck.

A defending player high sticks the puck in their Defending Zone to their own goalkeeper. When is play stopped?

When the goalkeeper gains possession of the puck. Rule Reference 621(d).

⇒ Situation 7

A player has their stick blade above the height of the shoulders. The puck strikes the butt-end of the stick, which is below the height of the shoulder, and goes into the goal. Should the goal be allowed?

No. Rule Reference 621(d).

When any part of the stick is carried above the shoulders, the entire stick is considered to be high. Therefore, in this case, no goal can be allowed and the ensuing face-off is held at a Defending Zone face-off spot of the offending team.

⇒ Situation 8

The puck is deflected directly out of the rink by an attacking player's high stick in their Attacking Zone. Where is the ensuing face-off?

At an end face-off spot in the offending player's Defending Zone. Rule Reference 621(d).

Even though no player has subsequently played the puck after the infraction, the intent of the high stick rule is to keep the sticks below the height of the shoulder. The violation would be considered to be complete as soon as the puck became unplayable.

⇒ Situation 9

The puck is deflected into the goal crease by an attacking player's high stick. The goalkeeper immediately covers the puck, causing a stoppage. Where is the ensuing face-off?

At an end face-off spot in the offending player's Defending Zone. Rule Reference 621(d).

Even though an opponent has "played" the puck by falling on it, the intent of this exception to the rule has not been satisfied. The goalkeeper has not elected to "play" the puck in a manner that would allow play to continue, but has instead determined to stop play and, in effect, allowed the high stick violation to be enforced.

⇒ Situation 10

Where does the face-off take place when an attacking player in the Attacking Zone bats the puck with their stick above the height of their shoulders and, as a result, the puck goes into the corner and is touched simultaneously by opposing players?

At an end face-off spot in the offending player's Defending Zone. Rule Reference 621(d).

The high stick violation is considered to be completed because the puck was not in possession of the opposing team.

⇒ Situation 11

Team A high sticks the puck in its Defending Zone, and the puck moves into the Neutral Zone, where a Team B defenseman strikes the puck with a high stick and the puck leaves the rink. Where is the ensuing face-off?

At an end face-off spot in Team B's Defending Zone. Rule Reference 621(d).

Even though both teams have committed an infraction, once the Team B player strikes the puck with their high stick, possession of the puck is established and the violation against Team A is nullified. The stoppage was caused by Team B, and since it was a "high sticking the puck" violation, the normal rules regarding face-off location would apply.

⇒ Situation 12

A player high sticks the puck which deflects to an opponent. The opponent makes no attempt to play the puck, hoping to get a face-off in the offending team's Defending Zone when the puck is first played by a member of the offending team. What should the Referee do?

The Referee should stop play and the ensuing face-off shall take place at an end face-off spot in the Defending Zone of the offending team. Rule Reference 621(d).

The non-offending team has no obligation to play the puck in this instance, because of the high stick infraction committed by the opposing team.

⇒ Situation 13 (Age Classifications with Delayed/Tag-Up Offsides Only)

Team A has a player trapped deep in the Attacking Zone when a Team A player shoots the puck into the zone. The Linesperson correctly signals a delayed offside. A Team B player plays the puck with the blade of their stick two feet over their head, and they are the next player to play the puck. The Referee stops play with the puck in the Defending Zone and the offside Team A player still in the zone. Where is the face-off?

At the nearest Neutral Zone face-off spot. Rule References 621(d) and 630(d).

Even though the puck was played with a high stick, the original infraction was offside.

⇒ Situation 14 (Age Classifications with Delayed/Tag-Up Offsides Only)

Team A has a player deep in the Attacking Zone as a teammate high sticks the puck to them, creating an offside when they gain possession of the illegal pass. Where is the ensuing face-off?

At an end face-off spot in Team A's Defending Zone. Rule Reference 621(d).

Team A has committed two infractions during the same play. For purposes of determining face-off location in this instance, the more serious high stick infraction shall take precedence.

⇒ Situation 15

The puck is played with a high stick by a Team A player in their Attacking Zone. It deflects off a teammate and goes directly to an opponent who has a clear opportunity to advance the puck. Shall this play be permitted to continue?

Yes. Rule Reference 621(d.1).

For play to be stopped for the high stick violation, an offending team player must be the first to gain possession of the puck. A deflection off of a player from either team would not cause the play to be completed. The exception to this rule is when the puck played with the high stick goes directly in the goal of the non-offending team, which calls for an immediate stoppage of play and a face-off in the defending zone of the offending team.

Rule 622 Holding an Opponent

⇒ Situation 1

A Team A player momentarily grabs the stick of a Team B player, preventing the Team B player from playing the puck. Is this a legal action?

No. Rule Reference 622(a).

The Team A player gained a competitive advantage and impeded the progress of the opponent by holding the stick and preventing them from playing the puck.

⇒ Situation 2

Opposing players are involved in an altercation and one players uses their glove to push off on the facemask of the opponent. Does this action warrant a major and game misconduct penalty to be assessed for rubbing the facemask?

No. Rule Reference 622(b).

The spirit and intent of this rule is to strictly penalize those actions that result in a player grabbing or holding the facemask of an opponent. The rubbing portion of this rule is designed to address a "facewash" situation where the player uses the open palm of the glove to disrespect the opponent.

However, the push off action may still be penalized as head contact or roughing at the discretion of the Referee.

What is the difference between normal holding and grabbing the facemask?

Grabbing the facemask results in the player having virtual control of the opponent's head and neck – creating an injury potential situation. Rule Reference 622(b and c).

In this instance, a match penalty must be assessed if the player places their fingers inside the facemask and then twists or pulls. There is no other justification for this action other than to attempt to injure or recklessly endanger the opponent.

Rule 623 Hooking

⇒ Situation 1

A player hooks the stick of another player causing them to lose possession of the puck. Is this a legal action?

No. Rule Reference 623(a).

The fact they hooked the stick indicates that they impeded the opponent's progress and a penalty is warranted.

However, a stick lift or stick check where the focus is on the puck and preventing the opponent from playing the puck are both considered good defensive plays.

⇒ Situation 2

An attacking player is skating toward their opponent's goal, preparing to release a shot on goal. Just as they release the shot they are hooked from behind and falls to the ice. The Referee does not signal a penalty infraction and, at the next stoppage, explains that the player got a good shot off, thus no penalty was assessed. Was the Referee correct in this interpretation?

No. Rule Reference 623(a).

Provided the player was impeded as a result of the hooking action, a penalty must be assessed. Even though a shot was attempted, that shot may not have had the same effectiveness that it would have if the hooking did not occur, so a competitive advantage was gained as a result of the hook.

What would be examples of an infraction warranting a major plus game misconduct or match penalty for hooking?

Rule Reference 623(b and c).

- A player is hooked around the upper body, and the offending player recklessly endangers the opponent by steering them dangerously into the boards or goal frame.
- A player is hooked between the legs and the offending player uses the blade of the stick to recklessly endanger the opponent. This could also be penalized under spearing if the toe of the blade is used.

Rule 624 Icing the Puck

⇒ Situation 1

The puck is shot from behind the center red line and lands on top of the goal of the opposing team. Should icing be called?

Yes. Rule Reference 624(a).

Even though the puck comes to rest on top of the goal, it has completely crossed the goal line and therefore icing must be called.

⇒ Situation 2

The puck is shot over the opposing team's goal line by a player who has both skates behind the center red line. However, the puck does not leave the stick until the blade has crossed the center red line. Should icing be called?

No. Rule References 624 Note and (a).

It is the position of the puck the moment the puck leaves the stick that determines whether or not there is a potential icing infraction.

⇒ Situation 3

For icing purposes, how high does the goal line extend? Indefinitely. Rule Reference 624(a).

The goal lines extend horizontally across the entire width of the playing area and also vertically extending indefinitely.

A player in their Defending Zone shoots or passes the puck to a teammate still on their defending side of the center red line. The puck deflects off this player's stick and goes the remaining length of the ice in the air, leaving the rink above the opposing goal. Is the Official correct in declaring this to be a "puck out of bounds" situation, with the face-off being held at the spot of the deflection nearest neutral zone spot to where the puck was deflected.

No. Rule Reference 624(a).

The fact that the player deflected the puck out of the rink has no bearing other than the fact that it was done before the center line. Under these conditions, the Official must rule the play as "icing" and conduct the face-off at the spot adjacent to the goal of the team that originally passed/shot the puck.

If the puck were deflected beyond the center red line or by an opponent, the Official would be correct in ruling this out of bounds (no icing) and then facing-off the puck at the nearest spot in the same zone of the deflection, as defined in Rule 612(b).

⇒ Situation 5

The puck is shot by a player from their defending half of the Neutral Zone and hits a teammate (body or stick), who is completely behind the center red line. The puck continues down the ice and crosses the goal line of the opposing team. Should icing be called?

Yes. Rule Reference 624(a).

The deflection is in the defending player's half of the ice, so the icing infraction must be called.

⇒ Situation 6

The puck is shot by a player from their defending half of the Neutral Zone and hits a teammate, who is also in the Neutral Zone but completely over the center red line. The puck continues down the ice and crosses the goal line of the opposing team. Should icing be called?

No. Rule Reference 624(a).

In this situation the deflection occurred beyond the center red line, so the icing infraction is nullified.

The puck is passed from behind the center red line and deflects off a teammate's stick. It continues down the ice, crossing the goal line of the opposing team. The player deflecting the puck has both skates on or behind the center red line, but their stick is over the center red line. Should icing be called?

No. Rule Reference 624(a).

It is the position of the puck at the moment it is deflected that determines whether or not an icing infraction has occurred.

⇒ Situation 8

At which end face-off spot does the face-off take place following an icing?

The face-off takes place at the end face-off spot on the side of the ice from which the puck was shot or passed. Rule Reference 624(a).

On which side of the ice the puck crosses the goal line is not a factor in determining face-off location.

⇒ Situation 9

A player shoots the puck into their opponent's Defending Zone. The puck leaves the stick directly on the center red line. Is this a potential icing?

No. Rule References 624(Note and a).

Practical application of this rule suggests that the determining edge of the center red line for icing purposes would be the edge closest to the defending zone of the team shooting the puck.

⇒ Situation 10

Immediately after icing has been called on Team A by the Linesperson, a Team A player cross-checks an opponent and receives a minor penalty. Where shall the ensuing face-off occur?

At a face-off spot in Team A's Defending Zone. Rule Reference 624(a) and Note.

Conversely, had Team B committed a penalty infraction, the faceoff would take place at a Neutral Zone face-off spot nearest to Team A's Defending Zone.

The puck is shot from behind the center red line and enters the goal of the opposing team. Should icing be called?

No. Rule Reference 624(a).

A goal must be awarded in this instance.

⇒ Situation 12

The puck is shot from behind the center red line, continues down the ice and comes to a stop on the goal line. Shall icing be called?

No. Rule Reference 624(a).

The width of the goal line is considered to be a part of the line. In order for icing to be called, the entire puck must completely cross the edge closer to the end boards.

⇒ Situation 13

On an icing the puck situation, the puck, after being shot from behind the center red line, hits the cross bar of the goal and deflects in front of the goal. Is this considered to be icing?

No. Rule Reference 624(a).

The entire puck must completely cross the goal line in order for icing to be called.

⇒ Situation 14

The puck is shot by an attacking player and rebounds off a defending player in their defending half of the ice. The puck travels down the ice and crosses the goal line of the attacking player who shot the puck. Should icing be called?

No. Rule Reference 624(a).

Any time the puck is shot by an attacking player and rebounds from the body or stick of an opponent in their own half of the ice, so as to cross the goal line of the player shooting it, icing shall not be called.

The puck is dropped on a face-off and both sticks make initial contact with the puck, but the puck remains near the face-off spot. The center, in whose defending half of the ice the face-off occurred, gains possession an instant later and shoots the puck the length of the ice. Is this an icing infraction?

Yes. Rule References 624(a and b.3).

In order for the icing to be nullified because the puck was shot by a player directly from a face-off, the puck must receive its impetus from the initial stick contact on the face-off.

⇒ Situation 16

A player shoots the puck in the air from behind the center red line. An opposing player attempts to play the puck in the air but is unable to because of the speed of the puck. Should icing still be in effect?

Yes. Rule References 624(a and b.5).

A player who is making an attempt to play the puck cannot be expected to play it in the air. The determining factors as to whether or not icing will be called are the proximity of the puck to the player, the speed at which it is traveling, and whether or not the defending player had a reasonable opportunity to play the puck.

⇒ Situation 17

The puck, shot from behind the center red line, bounces over the stick of an opposing player who attempts to play the puck or rebounds off the boards and over their stick. Is icing still in effect?

Yes. Rule References 624(a and b.5).

The Official must make their decision based upon the proximity of the puck to the player, the speed of the puck, and whether or not the defending player had a reasonable opportunity to play the puck.

With one second remaining in a penalty to Team A, a Team A player ices the puck. By the time the puck crosses the goal line, Team A is back at full strength. Is this an icing situation (for Adults [male and female], High School, Youth 15O and above and Girls 16U and above classifications only)?

No. Rule Reference 624(b.1).

In those classifications that allow for a short-handed team to legally ice the puck, icing is determined the instant the puck is shot and leaves the stick blade of the shooter and not at the instant the puck completely crosses the goal line.

⇒ Situation 19

The puck is shot from behind the center red line and continues toward the opposing team's goal line. An opposing player starts moving toward the puck but then turns away before the puck crosses the goal line. Is icing still in effect?

No. Rule Reference 624(b.5).

The opposing team must make every effort to play the puck before it crosses the goal line. Should the Official feel as though the opposing team, other than the goalkeeper, was able to play the puck, icing shall be nullified.

⇒ Situation 20

The puck is shot from behind the center red line. An opposing player has a reasonable opportunity to play the puck, but instead turns to physically engage with the attacking player. Is icing still in effect?

No. Rule Reference 624(b.5).

The icing must be nullified the moment the player chooses to not attempt to play the puck.

The puck is shot from behind the center red line and continues toward the goal line. The goalkeeper moves out a few feet to play the puck, but refrains from doing so, and the puck crosses the goal line. Is icing still in effect?

Yes. Rule Reference 624(b.5).

The goalkeeper is not required to play the puck during an icing situation.

⇒ Situation 22

The puck is shot from the defending half of the ice, thereby creating a potential icing situation. An opposing player has a reasonable chance to play the puck. They choose, however, to coast toward the puck as it nears the goal line. Is icing still in effect?

No. Rule Reference 624(b.5).

The defending player must make a reasonable effort to play the puck.

⇒ Situation 23

An icing situation is created as the puck is shot past the defending team's players' bench. The defending team, in the process of making a line change, elects to let the puck continue down the ice in fear of being called for "too many players on the ice" if it is played. Is icing still in effect?

No. Rule Reference 624(b.5).

Icing must be nullified if one player of that team had a reasonable chance to play the puck, but chose not to.

⇒ Situation 24

Play is stopped in error for an icing infraction. Where is the faceoff?

At the center ice face-off spot. Rule Reference 624(c).

Rule 625 Interference

⇒ Situation 1

A Team A player loses their stick during play and grabs a stick out of an opponent's hand. They then continue to play with the opponent's stick. Should the Referee assess a penalty for this action?

Yes. The Referee must assess the Team A player a minor penalty for Interference. Rule References 625(a.5 or 6).

This action is considered to be preventing an opponent from retrieving their stick.

⇒ Situation 2

Team A shoots the puck from behind the center red line so as to constitute possible icing. A player of Team A who is on-side and eligible to play the puck attempts to do so in their Attacking Zone before the icing occurs. The goalkeeper of Team B shoots the broken portion of a stick so as to interfere with the attacking player who is not yet in the vicinity of the puck. What procedure is employed and what penalty is assessed to the goalkeeper?

Allow the play to be completed and assess a minor penalty to the goalkeeper. Rule References 625(a.7) and 637(a).

Even though the stick was thrown in the Defending Zone, the stick was not thrown or shot at the puck, thus a penalty shot cannot be applied.

⇒ Situation 3

A player who is about to come onto the ice plays the puck with their stick. However, that player has either one or both skates still on the bench. What penalty, if any, shall be assessed.

A minor penalty. Rule Reference 625(a.9).

A player's skates must not be in contact with the bench in order for them to participate in the play. This ruling would apply whether or not the team has the correct number of players on the ice. In the case of a player entering or leaving the players' bench who intentionally plays the puck with one or both skates on the bench, the same ruling would apply.

A player on the players' bench who is not readily identifiable interferes with a player on the ice. What action, if any, should be taken by the Referee?

The Referee must identify one player of the offending team and a minor penalty must be assessed. Rule Reference 625(a.9).

The penalty is not a bench minor. Therefore, the Referee must determine which player must serve the penalty.

⇒ Situation 5

What penalty is imposed when a player on the players' bench interferes with the movements of the puck when their goalkeeper has been removed?

A minor penalty. Rule Reference 625(a.9).

The same is true if the player had interfered with an opposing player.

⇒ Situation 6

The spare goalkeeper on the players' bench interferes with a player on the ice. What penalty should be assessed and who should serve it?

The Referee must assess a minor penalty to the spare goalkeeper, to be served by a player, other than the goalkeeper, who was on the ice at the time of the infraction. Rule Reference 625(a.9).

This makes the ruling regarding who serves a penalty consistent with a penalty to the goalkeeper on the ice and a bench penalty.

⇒ Situation 7

May a player who has control of the puck back into the goal crease (the goalkeeper is in their crease) prior to the puck going into the crease?

No. Rule References 625(b).

Even if a player has control of the puck, unlike carrying the puck over their attacking blue line, they are not permitted deliberate entry into their opponent's goal crease ahead of the puck, unless the goalkeeper is out of the crease. Should this occur, play must be stopped (and any resulting goal disallowed) and the ensuing face-off must be held at the nearest Neutral Zone face-off spot.

⇒ Situation 8

A defending player shoots the puck into their own goal from outside the crease with an attacking player standing unimpeded in the crease (the goalkeeper is in the crease). Does the goal count?

No. Rule Reference 625(b).

Regardless of what player puts the puck into the goal, no goal may be scored if a player of the attacking team intentionally stands in the goal crease, with the goalkeeper in the crease, unless the puck is already in the goal crease.

⇒ Situation 9

The goalkeeper leaves their crease to stop a shot. Before they can return to their crease, an attacking player enters the crease before the puck, and a teammate shoots the puck into the goal. Is the goal legal?

Yes. Rule References 625(b and a.8).

If the goalkeeper is completely out of their crease, an attacking player may precede the puck into the crease and any legally scored goal in this situation shall be allowed.

However, if the goalkeeper is attempting to return to the goal crease and there is any interference by the attacking player who prevents the goalkeeper from making a play, then the goal must be disallowed and an interference penalty shall be assessed.

⇒ Situation 10

When the attacking team has possession of the puck in its Attacking Zone, should the Referee stop play and require a Neutral Zone face-off every time an attacking player places their stick and/or skates in the opposing team's goal crease?

No. Rule Reference 625(b).

Play should not be stopped because a player momentarily places their stick and/or skates in the goal crease, unless they interfere with the goalkeeper in any manner. However, if a goal is scored while an attacking player has their stick and/or skates in the opponent's goal crease while the goalkeeper is in the crease, the Referee shall have no alternative but to disallow the goal.

⇒ Situation 11

A member of the attacking team passes the puck to a teammate. While the puck is en route, another member of the attacking team positions themself in the goal crease, with the goalkeeper in the crease. Should the Official stop play and conduct the ensuing face-off outside the Attacking Zone?

Yes. Rule Reference 625(b).

With the goalkeeper in their crease, no member of the attacking team can be in the goal crease if their team has possession of the puck. In this instance the team still has possession of the puck when the infraction occurs, thus the play must be stopped immediately.

⇒ Situation 12

An attacking player carries the puck into their opponent's goal crease. The goalkeeper knocks the puck away from the attacker and out of the crease, but another attacking player immediately gains possession and shoots the puck into the goal while their teammate is still standing in the crease. The player in the crease has not been interfered with and the total elapsed time between when the puck is cleared from the crease and when it is shot back into the crease is at most one second. Should the goal be disallowed because of the player in the crease?

Yes. Rule Reference 625(b).

At the time the shot was taken, an attacking player was illegally in the crease.

In the process of playing the puck, an attacking player, falls down and slides completely inside the goal frame. The player is behind the goal line and is not interfering with the goalkeeper. At the same time, another attacking player shoots the puck and it enters the goal, completely crossing the goal line. Should this goal be allowed?

Yes. Rule Reference 625(b).

Even though the player is in the back of the goal they are not in the goal crease area as the rulebook defines it. The goal crease area does not extend into the goal, but rather stops at the goal line. In order for the goal to be allowed, the player must not interfere with the goalkeeper in any way.

⇒ Situation 14

The goalkeeper, in the act of proceeding to their players' bench, leaves their stick in front of the goal. What happens if the attacking team shoots the puck which hits the goalkeeper's stick, while the goalkeeper is still in the act of leaving the ice?

A goal shall be awarded. Rule Reference 625(c).

For a goal to be awarded, the goalkeeper must either be in the act of leaving the ice or actually off the ice.

⇒ Situation 15

The goalkeeper, in the act of proceeding to their players' bench, unintentionally bumps into another player and loses possession of their stick in front of their goal. The goalkeeper does not retrieve the stick and continues to the bench. The puck then hits the stick. Is a penalty required in this situation?

Yes. A minor penalty or an awarded goal if the stick prevented an obvious and imminent goal. Rule Reference 625(c).

It makes no difference whether or not the goalkeeper deliberately left their stick in front of the goal. It is the responsibility of the goalkeeper to keep the area near their net clear of objects that may prevent the scoring of a goal.

A team pulls its goalkeeper for an extra skater. The goalkeeper, before leaving their crease, places their stick across the front of the goal. Meanwhile their team scores a goal. The Referee, upon looking back to the other end of the rink, observes the stick across the front of the goal. What action should be taken?

The Referee shall allow the goal and assess the goalkeeper a minor penalty. Rule Reference 625(c).

It is the responsibility of the goalkeeper to keep the area near their goal free of any obstacles that may prevent the scoring of a goal. However, there is no rule to warrant the disallowing of the goal.

⇒ Situation 17

The goalkeeper, in the act of proceeding to their players' bench, deliberately places their stick across the goal mouth. What happens if a teammate of the goalkeeper inadvertently shoots the puck that hits the goalkeeper's stick?

A goal must be awarded to the non-offending team if the contact prevented a goal. Rule Reference 625(c).

This ruling applies whether the goalkeeper is off the ice or in the act of leaving. If the stick interfered with the puck, but not to prevent a goal, then a minor penalty would be appropriate.

Rule 626 Interference by or with Spectators

⇒ Situation 1

A spectator near the boards grabs a player and the player retaliates by swinging their stick at the spectator. Should a penalty be imposed for such actions?

Yes. A game misconduct penalty must be assessed to the player. Rule References 626(b) and 601(d.6).

Even though the spectator initiated the violence, players are expected to control themselves at all times. In this situation, the player could be expected to use a reasonable amount of force to get away from the spectator, but as soon as the player takes any retaliatory measures with their stick, arms or legs, the game misconduct penalty must be assessed. The Referee must make a written report in detail to the proper authorities.

Rule 627 Kicking Opponent or Puck

⇒ Situation 1

Two younger players collide with each other, fall to the ice and become tangled up with each other. In an effort to free themself, one of the players uses their skate to push off the opposing player. Should a penalty be assessed in this situation?

Yes. Rule Reference 627(a).

A major plus a game misconduct penalty shall be assessed in this instance. In many cases players don't realize the danger involved with pushing off another player with the skate.

⇒ Situation 2

What penalty shall be assessed to a player who intentionally steps on an opponent?

A match penalty. Rule References 627(b) and 602(a).

Even though this infraction is not considered to be "kicking" an opponent, it still represents a very serious and dangerous action deemed to be an attempt to injure that recklessly endangers the opponent and must be penalized.

⇒ Situation 3

What penalty should be assessed for an attempted kick of an opponent?

A match penalty. Rule Reference 627(b).

It must be emphasized that contact is not required for the assessment of a match penalty under this rule. Any kicking motion towards an opponent must be penalized as a match penalty.

⇒ Situation 4

The puck is kicked by an attacking player, deflects off their stick and enters their opponent's goal. Should the goal be allowed?

No. Rule Reference 627(c).

Had the player intentionally directed the puck into the goal with their stick, the goal would have been allowed.

The puck is kicked by an attacking player, deflects off a teammate and enters their opponent's goal. Should the goal be allowed?

No. Rule Reference 627(c).

Possession of the puck has not been gained by the teammate, thus the goal must be disallowed.

⇒ Situation 6

A player is standing in front of the opponent's goal and has their arms "tied up" with a defending player so that they cannot play the puck in the normal manner. The puck goes out in front of the goal and the attacking player kicks the blade of their stick which knocks the puck toward the goal. Is this considered a legal play?

No. Rule Reference 627(c).

Using the skate to kick the stick and puck forward is considered a "kick-shot." This play should be immediately stopped, and the face-off shall be located at the nearest neutral zone face-off spot.

Rule 628 Kneeing

⇒ Situation 1

What criteria should be used when determining whether to assess a minor plus misconduct penalty or a major plus game misconduct penalty for kneeing?

A kneeing penalty should be assessed any time a player delivers a check with the knee extended or uses the knee to deliberately contact an opponent. Rule Reference 628.

The difference between the minor plus misconduct or major plus game misconduct penalty is the degree of force used and the intent of the contact. The minor plus misconduct penalty is assessed in cases where a player may inadvertently use the knee as the first point of contact in delivering a check.

The major plus game misconduct penalty should be assessed in all instances when the knee is extended for the purpose of delivering a check and when the contact is made to the knee of the opponent. This contact can be very dangerous and is commonly done when a player is about to miss a check and at the last minute extends the knee to impede the opponent. As with the other infractions, a major plus game misconduct penalty, or match penalty, must be assessed in cases where an opponent is recklessly endangered as a result of kneeing.

Rule 629 Leaving the Players' Bench or Penalty Bench

⇒ Situation 1

A player from each team is serving a coincident penalty. Their penalties expire but they must wait for a stoppage of play before leaving the penalty bench. Play is stopped because of an altercation. No players leave their players' benches. However, both players leave the penalty bench at the same time. Player A (Red team) enters the altercation. Player X (Blue team) does not enter the altercation, but skates to their players' bench. What penalties are imposed?

Each player would be assessed a major plus game misconduct penalty. The player entering the altercation would also be assessed whatever additional penalties they incur. Rule Reference 629(a).

No player may leave the players' or penalty bench at any time during an altercation.

⇒ Situation 2

Player A1 leaves the players' bench during a fight. They are the first player to leave a bench. They initiate a fight with an opposing player. What penalties would be assessed to A1?

Player A1 who leaves the bench would be assessed a major plus game misconduct penalty for leaving the bench during an altercation, plus an additional major plus game misconduct penalty for the fight. Rule References 629(a) and 615(a).

All penalties are cumulative. Player A1 must receive two game misconduct penalties. The major plus game misconduct penalty is assessed to any player leaving the bench during an altercation, not just the first player to do so.

A player is the first to leave their players' bench during an altercation and is also the first player to intervene in an altercation then in progress. What penalties are assessed to this player?

The player is assessed a major plus game misconduct penalty for leaving the bench during an altercation, and an additional game misconduct for being "first to intervene" in an existing altercation. Rule References 629(a) and 615(d).

The Referee should assess both game misconduct penalties along with any other penalties incurred.

⇒ Situation 4

A player leaves the penalty bench before their penalty has expired during a stoppage of play and during an altercation. They are the only player to leave a bench. What penalties must be assessed to this player?

A major plus game misconduct penalty for leaving the bench during an altercation plus an additional minor penalty for leaving the penalty bench prior to penalty expiration. Rule References 629(a and b).

The additional minor penalty applies only if the player leaves the penalty bench prematurely by their own decision.

⇒ Situation 5

A player serving a misconduct penalty proceeds onto the ice during a stoppage of play before their penalty has expired. (No Timekeeper error and no altercation in progress.) They are assessed a minor penalty. How is this penalty served?

The penalized player's team must put an additional player on the penalty bench immediately to serve the minor penalty. The remaining time of the misconduct penalty is then delayed until the minor penalty is terminated. Rule References 629(b) and 404(a).

The Referee must be sure that the Timekeeper knows exactly how much time is remaining in the misconduct penalty. The Penalty Timekeeper must also be aware that the misconduct would be resumed upon the expiration of the minor penalty.

With five seconds remaining in their penalty, a player leaves the penalty bench through an error of the Timekeeper and joins play on the ice. Ten seconds elapse before the Timekeeper can alert the Referee to stop play. Is the player assessed any further penalties?

No. Rule Reference 629(b).

The player must return to the penalty bench to serve the remaining five seconds of their penalty. Had the player left the penalty bench prematurely on their own accord, they would have been properly assessed an additional minor penalty.

⇒ Situation 7

What penalty is assessed if a penalized player enters the game illegally by reason of the Timekeeper's error and clearly checks a player who is on a breakaway and has a scoring opportunity?

No penalty is assessed, but the penalized player must return to the penalty bench to serve their unexpired time starting from the time they left the penalty bench. Rule References 629(b and c).

Because the penalized player left the bench due to the Penalty Timekeeper's error, that player cannot be further penalized for leaving the penalty bench prematurely.

⇒ Situation 8

What penalty would be assessed a penalized player who leaves the penalty bench on their own before their time is up, and checks a player who has a breakaway?

The Referee shall assess a penalty shot/optional minor and assess the penalized player an additional minor penalty to be served after their original time has expired. Rule References 629(b and c).

In this situation a penalty shot would be awarded regardless of the location of the player on the breakaway.

A player returns to the ice from the penalty bench prematurely. There were 10 seconds remaining in their minor penalty. Play continues for 20 seconds, at which time their team scores a goal. The Referee is made aware of that situation as they go to report the goal to the Scorer. What action must the Referee take?

The goal must be disallowed and the penalized player must return to the penalty bench to serve the remaining 10 seconds in their penalty. If they returned to the ice by their own decision, an additional minor penalty must be assessed. Rule References 629(b and c).

Once the player comes onto the ice prematurely, whether by their own decision or by instruction from the Penalty Timekeeper, their team cannot score a goal while that player is on the ice prior to a stoppage of play. This ruling applies if the goal is scored (or awarded) while the penalty time is still in effect as well as after it has elapsed.

⇒ Situation 10

Player A-1 returns to the ice prematurely. While they are on the ice, Team B inadvertently puts the puck into its own goal. Does the goal count?

No. Rule Reference 629(c).

No goal can be scored by a team who has a player on the ice who has illegally entered the game, regardless as to how the goal is scored.

⇒ Situation 11

A Coach goes on the ice during the game to protest an Official's decision. What penalty must be assessed?

A bench minor and game misconduct penalty. Rule Reference 629(d).

The Referee is given the option of imposing either or both penalties, depending on the severity of the incident. However, in all cases where a Team Official comes onto the ice during a period to protest a decision, both penalties must be assessed. Should the Coach continue the protest and refuse to leave the ice, they shall also be subject to a match penalty under Rule Reference 601(e.2).

Rule 630 Offside

⇒ Situation 1

Which edge of the 12-inch blue line is the determining edge when considering whether or not a player is offside?

The determining edge is the edge further from the zone in which the puck is located. Rule Reference 630(a).

If the puck moves from the Neutral Zone into a team's Attacking Zone, the edge of the blue line closer to the Attacking Zone is the determining edge. Until the puck completely crosses the blue line, the 12-inch width of the blue line is a part of the Neutral Zone. However, the instant the puck completely crosses the blue line, the determining edge is reversed and the width of the blue line becomes a part of the Attacking Zone.

⇒ Situation 2

The attacking team is in possession of the puck in the Attacking Zone and the puck is passed back to the blue line. The puck stops on the blue line, then is shot back again. Has an offside infraction occurred?

No. Rule Reference 630(a).

The puck would have had to completely cross the blue line before being shot back into the Attacking Zone for an offside to occur.

⇒ Situation 3

A player has both skates completely in the Attacking Zone the instant the puck completely crosses the blue line. Are they offside?

Yes. Rule Reference 630(a).

The position of the player's skates at the instant the puck enters the Attacking Zone determines offside.

A player has one skate on the blue line and one skate in their Attacking Zone at the instant the puck completely crosses the blue line into their Attacking Zone. Are they offside?

No. Rule Reference 630(a).

As long as the player's skate is in contact with the Neutral Zone when the puck enters their Attacking Zone, they are onside.

⇒ Situation 5

A player has both skates in the Neutral Zone and the stick in their Attacking Zone at the instant the puck completely crosses the blue line into their Attacking Zone. Are they offside?

No. Rule Reference 630(a).

The position of the player's skates at the instant the puck enters the Attacking Zone determines offside.

⇒ Situation 6

The puck is in the possession of the attacking team in the Attacking Zone. The puck is passed back to the blue line by an attacking player. The pass is received by a teammate on the far edge of the blue line (half on the line and half in the Neutral Zone), and then is shot on goal. Has an offside infraction occurred?

No. Rule Reference 630 (a Note).

The line is always a part of the zone in which the puck is located.

⇒ Situation 7

At the instant the puck completely crosses the blue line into the Attacking Zone an attacking player has their leading skate in the Attacking Zone. Their trailing skate is directly above the ice in the Neutral Zone (off the ice). Are they offside?

Yes. Rule Reference 630(a Note).

In order for the player to be onside in this situation, they must have at least one skate in contact with the ice in the Neutral Zone, which in this instance includes the blue line, at the instant the puck completely crosses the blue line.

A player straddling the blue line falls to the ice while the boot of their skate remains in contact with the Neutral Zone. The puck crosses the blue line at the same time. Are they considered to be offside?

No. Rule Reference 630(a).

The word "skate" in the Rule refers to the blade or the boot of the skate.

⇒ Situation 9

If the players' bench has a door opening in the Attacking Zone, may a player entering from this door be considered onside if the puck enters the zone after they step onto the ice?

No. Rule Reference 630(a).

Such a player must be ruled offside if the puck crosses the line while they are entering or leaving the ice and has at least one skate in contact with the ice surface at the time. Any player entering from the bench area into the Attacking Zone is considered as any other attacking player on the ice for the purposes of offside.

⇒ Situation 10

An attacking player with both skates over the blue line receives a pass from a teammate in the Neutral Zone. They stop the puck with their stick before the puck crosses the blue line. This player then puts one skate on the blue line, holds the skate on the line, and pulls the puck over the blue line while the skate is still on the line. Are they offside?

No. Rule Reference 630(a Note).

The offside cannot be determined until the puck has completely crossed the blue line.

An attacking player crosses the blue line with the puck. They then bring the puck on their stick back out over the blue line into the Neutral Zone, while their skates are still in the Attacking Zone, and brings the puck back again into the Attacking Zone. Are they offside?

Yes. Rule References 630(a and b).

Even though they maintains control throughout the play, once they bring the puck back into the Neutral Zone they place themself in an offside position, and as soon as the puck comes back into the Attacking Zone the play is offside. A player in control of the puck is permitted to precede the puck across their attacking blue line, but once the puck has initially crossed the blue line, this exception to the rule expires and the player may not continue to violate the basic offside rule.

⇒ Situation 12

An attacking player, about to be caught offside, jumps into their players' bench just before a teammate crosses the attacking blue line with the puck. Has any offside violation occurred?

No. Rule References 630(a) Note 2 and 204(b).

Provided the player jumped into their own players' bench and no substitution entered the ice prior to the puck crossing the blue line (creating an offside situation), no offside violation has occurred. However, if the player jumped off the ice surface into any other part of the rink, and was substituted for, their team must be assessed a bench minor penalty for illegal substitution.

⇒ Situation 13

A defending player pushes an attacking player, who does not have possession of the puck, into the Attacking Zone just prior to the puck entering that zone. Is the attacking player offside?

Yes. Rule References 630(a) and 625(a).

Even though the attacking player was pushed, the offside infraction must still be called. If the push was severe enough, the Referee may elect to assess a minor penalty for interference.

An attacking player straddling the attacking blue line receives a pass on their stick in the Neutral Zone. They then bring the skate which was in the Neutral Zone over the line while the puck is still on their stick in the Neutral Zone. They then pull the puck over the blue line. Are they offside?

No. Rule Reference 630(b).

As long as the player receiving the pass has control of the puck while at least one skate is in contact with the Neutral Zone, they can legally precede the puck into the Attacking Zone while they maintain control.

⇒ Situation 15

A player with both skates over the blue line receives a pass from a teammate. They stop the puck with their stick before the puck crosses the line, then pulls it over the line with both skates over the line. Are they offside?

Yes. Rule Reference 630(b).

The player receiving the pass must have control of the puck with at least one skate in the Neutral Zone before they can legally precede the puck into the Attacking Zone.

⇒ Situation 16

A player carries the puck across their attacking blue line and is immediately forced to skate parallel to the blue line in such a manner that, while both skates remain in their Attacking Zone, the puck is stick-handled back across the blue line into the Neutral Zone. The player then brings the puck back into the Attacking Zone without contacting the Neutral Zone with a skate. Are they still onside?

No. Rule Reference 630(b).

Even though they maintain control throughout the play, once they bring the puck back into the Neutral Zone they place themself in an offside position, and as soon as the puck comes back into the Attacking Zone the play is offside. A player in control of the puck is permitted to precede the puck across their attacking blue

line, but once the puck has initially crossed the blue line, this exception to the rule expires and the player may not continue to violate the basic offside rule

⇒ Situation 17

If a player has control of the puck in the Neutral Zone, turns around and skates backwards, and precedes the puck across the attacking blue line while still in control of the puck, are they considered to be offside?

No. Rule Reference 630(b).

As long as they establish control in the Neutral Zone before and while they cross the line, play shall be permitted to continue.

⇒ Situation 18

An offside is created when the puck is carried into the Attacking Zone. At which Neutral Zone face-off spot shall the ensuing face-off be conducted?

At the face-off spot closest to the location where the puck crossed the blue line. Rule Reference 630(c).

⇒ Situation 19

The puck is shot by a player from behind their defending blue line. A teammate who is already in the Neutral Zone skates down the ice and precedes the puck across their attacking blue line. Offside is called. Where does the face-off take place?

The puck is to be faced-off at the nearest defending zone face-off spot of the offending team to where the puck was shot. Rule References 630(c) and 612(b).

⇒ Situation 20

The puck is passed by a player in the Neutral Zone to a teammate near their attacking blue line, but the puck is deflected by an opponent, thereby causing the receiving player to be over the blue line ahead of the puck. Play is stopped for the offside. Where is the face-off held?

At the nearest neutral zone face-off spot (provided no territorial advantage is gained) to the point of origin of the pass (regardless of any deflection by the opposing team). Rule References 630(c) and 612(b).

⇒ Situation 21

When the puck is batted with a high stick to a teammate who is offside, what infraction takes precedence and where is the ensuing face-off?

The high stick infraction takes precedence and the ensuing face-off will take place at a Defending Zone face-off spot of the offending team. Rule References 630(c) and 621(d).

As a general rule, the more "serious" infraction is penalized.

⇒ Situation 22

The Linesperson makes an obvious error as they stop play for an offside at the blue line. Should the ensuing face-off take place at center ice?

No. Rule Reference 630(e).

The ensuing face-off should take place at the nearest Neutral Zone face-off spot.

The following situations apply in classifications where both the "delayed" offside and the "tag-up" (to nullify a delayed offside) do not apply — Youth 14 & under and Girls' 14 & under age classifications and below.

⇒ Situation 23

An attacking player has both skates in their Attacking Zone. An opposing player has possession of the puck in the Neutral Zone. If the player in possession of the puck carries or passes the puck back into their Defending Zone while that attacking player is still in the zone, is the attacking player offside?

No. Rule Reference 630(b).

Offside is nullified if the defending team carries or passes the puck back into their defensive zone.

A defending player shoots the puck into the Neutral Zone. It then deflects off another defending player in the Neutral Zone back into their Defending Zone while an attacking player is in the zone. Is the play offside?

Yes. Rule Reference 630(b).

Any deflection, whether off a teammate, an opponent, an Official, or the boards or glass creating an offside situation at the blue line, must be treated as such. The puck deflecting off a defending player is not the same as a defending player carrying or passing the puck back into their Defending Zone.

⇒ Situation 25

An attacking or defending player in an end zone shoots the puck into the Neutral Zone. The puck hits an Official in the Neutral Zone and deflects off the Official back into the end zone while an attacking player is still in the Attacking Zone. Where is the ensuing face-off?

At the point of deflection. Rule Reference 630(b).

Any deflection, whether off a teammate, an opponent, an Official, or the boards or glass creating an offside situation at the blue line, must be treated as such. Officials must always strive to position themselves in such a manner that would allow the puck to leave the zone before striking them, thereby creating the offside situation.

⇒ Situation 26

The puck is deliberately shot directly on goal by an attacking player in the Neutral Zone with a teammate clearly positioned in the Attacking Zone. What is the proper ruling?

Intentional offside. Rule Reference 630(c).

There was no effort to create a legal play at the blue line in order to be onside.

An attacking player in the Neutral Zone passes the puck to a teammate who is completely in the Attacking Zone. However, the puck is deflected by the opponent before entering the zone. Is this play offside?

Yes. Rule Reference 630(c).

Any deflection off a teammate, opponent, Official or rink defect does not nullify an offside.

⇒ Situation 28

Team A has possession of the puck in their Attacking Zone. During the play the puck leaves the zone. A Team A defenseman gains control of the puck just a few feet outside of their Attacking blue line. They look up and notice that some of their teammates are still in the Attacking Zone, not in the vicinity of the blue line and making no attempt to leave that zone. Without any chance of making a legal play, they advance the puck one foot into their Attacking Zone and obtains a stoppage of play. Is this infraction considered to be an intentional offside?

Yes. Rule References 630(c and Note).

In this instance the attacking player deliberately secured an immediate offside solely for the purpose of stopping the game.

⇒ Situation 29

Team A has a power play and is passing the puck around in their Attacking Zone. The puck is passed back to the point and the Team A defenseman cannot handle it as the puck trickles completely outside the zone. The Team A defenseman, in a desperate effort to keep the puck in the Attacking Zone, dives for the puck and hits it back into the Attacking Zone with three of their teammates deep in the attacking zone. Is this situation an intentional offside?

No. Rule References 630(c and Note).

If the defenseman has made an honest effort to keep the puck in the Attacking Zone, but cannot, and in doing so happens to create an offside infraction, intentional offside has not occurred and a normal immediate offside shall be called.

Team A has possession of the puck in their Attacking Zone. During the play, the puck leaves the zone. A Team A defenseman gains control of the puck just a few feet outside of their attacking blue line. They look and notice that some of their teammates are still in the Attacking Zone and a Team B player is converging in on them. Without any chance of making a legal play, they pass the puck directly to a teammate in the attacking zone. Is this infraction considered to be intentional offside?

Yes. Rule References 630(c and Note).

In this instance the attacking player deliberately passed the puck to a teammate who played the puck to secure an immediate stoppage of play.

⇒ Situation 31

Team A has possession of the puck in their Attacking Zone. During the play, the puck leaves the zone. A Team A defenseman gains control of the puck just a few feet outside of their attacking blue line. They look and notice that some of their teammates are still in the Attacking Zone and a Team B player converging in on them. Without any chance of making a legal play, they shoot the puck directly on goal. Is this infraction considered to be intentional offside?

Yes. Rule References 630(c and Note).

In this instance the attacking player deliberately shot the puck to secure an immediate stoppage of play.

⇒ Situation 32

Are there general offside situations to help decide regular vs. intentional offside?

Yes. Rule References 630(c and Note).

Judge the intent of the attacking team. The onus is on that team to create a legal play at the blue line. If it appears that the team has knowingly gone offside, an intentional offside is warranted. Otherwise, a regular offside is the proper call. A play where attacking players are barely across the blue line going into the Attacking Zone, or within a stride of clearing the Attacking Zone as the puck is crossing the blue line into the zone would be examples of regular offside situations (timing issues). If an attacking player is bumped offside, that would be a regular offside.

The following situations apply in classifications where the "tagup" (to nullify a delayed offside) applies — Youth 15 Only and Girls' 16 & Under age classifications and above, High School, and all Adult Classifications.

⇒ Situation 33

A player shoots the puck from their defending half of the Neutral Zone across their opponent's goal line. A teammate is completely over their attacking blue line before the puck crosses that blue line and is therefore offside (non-intentional situation). Which infraction takes precedence, the offside or the icing?

The icing infraction takes precedence. Rule References 630(d) and 624(a).

As soon as the puck crosses the blue line, an offside has occurred, even though delayed, while the icing is still a "potential" icing. The front Linesperson's first reaction in this situation must be to immediately raise their arm to signal the delayed offside. The back Linesperson should already have their arm raised to indicate the potential icing. With both Linespersons now having an arm raised for different events, the front Linesperson will blow the whistle to signify "icing." In this instance, if the puck crosses the goal line and all criteria for icing are met, play shall be stopped and the face-off shall take place in the end zone of the offending team because the icing infraction was completed.

⇒ Situation 34

Is the defending goalkeeper eligible to play the puck on a delayed offside without causing a stoppage of play?

Yes. Rule Reference 630(d).

The goalkeeper is eligible to play the puck during a delayed offside situation regardless of where the puck is shot into the end zone.

During a delayed offside (non-intentional situation) the attacking team is allowed to completely clear the Attacking Zone to nullify the delayed offside infraction. Must all offside players make skate contact with the Neutral Zone (white part) or the blue line to satisfy this condition?

The blue line only. Rule Reference 630(d.2).

For the purposes of this rule, the offside players in the Attacking Zone must only make skate contact with the blue line even though, with the puck in the Attacking Zone, the blue line is considered to be a part of the Attacking Zone. The interpretation is based on the ease of identifying the blue line on the part of players and Officials. Also, by making skate contact with the line, players are merely required to establish an onside skate position which would have applied when the puck originally entered the Attacking Zone.

⇒ Situation 36

During a delayed offside (non-intentional), the only attacking player who was offside turns to go back to the blue line to "tag up." Before they reach the blue line, a teammate who was onside skates into their Attacking Zone. The original offside player touches the blue line with one skate. At that instant their teammate is about 10 feet into the Attacking Zone. Is the delayed offside now nullified and are all attacking team players eligible to play the puck?

No to both questions. Rule Reference 630(d.2).

At the instant the offside player(s) make skate contact with the blue line, the Attacking Zone must be completely clear of all other attacking players. If this condition is not met, all attacking players who enter their Attacking Zone are offside until this condition is met or until the puck leaves the zone.

The only offside attacking player turns immediately and makes skate contact with the blue line. At that instant a teammate is crossing the blue line and has one skate completely across the blue line into the Attacking Zone and the other skate fully on the blue line and not touching any part of white Neutral Zone ice. Should the delayed offside (non-intentional) be nullified?

Yes. Rule Reference 630(d.2).

Even though neither player is "clear" of the Attacking Zone and are both completely in the Attacking Zone when they contact the blue line, for the purposes of this rule both players are only required to make skate contact with the blue line, not the Neutral Zone.

⇒ Situation 38

When attempting to advance the puck, may a defending player carry the puck anywhere in their Defending Zone with a delayed offside (non-intentional) in effect?

Yes, as long as they are not being forced deeper into their zone by an attacking player. Rule Reference 630(d.2).

The intent of the delayed offside rule is to keep play in progress as long as the defending team has a reasonable opportunity to advance the puck out of the Defending Zone and moves promptly to do so. The attacking team is not required to "tag up" at the blue line in order to nullify the offside if it elects not to.

However, when the Linesperson becomes aware that one or more offside attacking players are not returning to the blue line, they should be alert to stop play as soon as the defending puck carrier is forced back further into their Defending Zone or as soon as contact, however slight, is made with the puck or puck carrier.

In addition, the defending team is not to be permitted to take advantage of this rule to delay the game. The Linesperson must stop play immediately for the offside infraction when it becomes apparent that the defending puck carrier is not making a serious attempt to advance the puck out of their zone.

The puck is shot by an attacking player from the Neutral Zone into a corner with a teammate offside (non-intentional situation). The offside player continues toward the corner in an obvious attempt to play the loose puck. A defending player is slightly closer to the puck and it appears that they will get to the puck before the attacking player. Should the Linesperson continue to delay the offside call?

No. They should stop the play immediately. Rule Reference 630(d.2).

As a general rule, when one or more offside players decline to turn immediately and go back to the blue line to "tag up" and instead continue in pursuit of the puck, play should be stopped immediately. The potential for unnecessary body contact should not be allowed in a situation where an infraction (offside) has already occurred. However, there are exceptions to this general rule. If it is apparent that a defending player will reach a loose puck well ahead of any offside attacking player and will have a reasonable chance to advance the puck out of their Defending Zone, or if a defending player already has possession of the puck with a similar reasonable chance to advance the puck, play should be permitted to continue. But, where there is any doubt this will occur, the Linesperson is expected to stop play immediately.

⇒ Situation 40

The puck is shot directly on goal by an attacking player in the Neutral Zone with a teammate in the Attacking Zone. Should the Linesperson allow play to continue under the delayed offside rule?

Yes. Rule Reference 630(d.3).

Play should be allowed to continue if the puck is shot directly on goal during a delayed offside situation.

May a goal ever be allowed during the course of a delayed offside?

No. Rule Reference 630(d.3).

The attacking team caused the puck to enter the end attacking zone illegally, therefore no goal may be scored from a direct shot on goal. Even if the defending team shoots, passes or deflects the puck into its own goal, a goal may not be allowed. This is also true in cases where the attacking team has nullified the delayed offside by clearing the zone prior to the puck entering the goal. The Official responsible for the call at the blue line should stop play immediately for the offside once it is determined the puck is shot on goal.

However, provided the puck was not shot directly on goal and the attacking team has cleared the zone, play shall be allowed to continue and any goal legally scored shall allowed.

As a final reminder regarding the preceding situations:

- 1-22 apply for all classifications
- 23-32 apply in classifications that play using the immediate offside rule (Youth 14 & under and Girls' 14 & under age classifications and below)
- 33-41 apply in classifications that play using the delayed/tag-up offside rule (Youth 15 Only and Girls 16 and Under age classifications and above, High School, and Adult)

Rule 631 Puck Out of Bounds or Unplayable

⇒ Situation 1

The puck is shot and gets lodged between the blade and the boot of a player's skate. Should the play be allowed to continue or shall the Referee stop play?

The Referee shall stop play immediately. Rule Reference 631(a).

This situation is similar to the puck getting caught in a player's equipment or clothing. In this situation, the puck is deemed to be unplayable.

⇒ NEW - Situation 2

An attacking player in their Attacking Zone attempts a shot which gets blocked by a defending player and deflects out of play. Where is the face-off located?

At the nearest end zone face-off spot. Rule Reference 631(d).

Since the puck was accidentally deflected out of play, the face-off is located in the same zone as the deflection.

⇒ NEW - Situation 3

A defending player in their Defending Zone attempts a pass which deflects off an attacking player and out of play. Where is the face-off located?

At the nearest end zone face-off spot. Rule Reference 631(d).

Since the puck was accidentally deflected out of play, the face-off is located in the same zone as the deflection.

⇒ Situation 4

A player in their defending zone attempts to pass the puck to a teammate in the neutral zone. The puck strikes an opponent who is seated on their players' bench, completely outside the playing area. Where is the ensuing face-off?

At the nearest face-off spot in the same zone from where the puck was shot. Rule Reference 631(a).

The player shooting the puck directly into the team bench caused the stoppage of play, regardless of which bench the puck entered. The players' benches are not part of the playing area.

⇒ NEW - Situation 5

A player in their defending zone attempts to pass the puck to a teammate in the neutral zone. The puck strikes a teammate, who is located on their team bench, with their stick hanging into the playing area in the neutral zone. Where is the ensuing face-off?

At the nearest face-off spot in the Neutral Zone (provided no territorial advantage is gained). Rule Reference 631(d).

⇒ Situation 6

A Team A player, in their attacking half of the Neutral Zone, shoots the puck so as to go over the Team B goal and directly leaves the rink. Where is the face-off?

At the nearest face-off spot in the same zone (provided no territorial advantage is gained) to where the puck was last played. Rule Reference 631(a).

Even though the shot was attempted on goal, the fact the puck directly left the rink without deflecting off of a goalpost, boards or glass would require the face-off to take place at the point of the shot. However, had the puck been shot from behind the center red line, icing would be called and the face-off would be held at a Defending Zone face-off spot of the offending team.

⇒ Situation 7

A Team A player, in the Neutral Zone but on their attacking side of the center red line, shoots the puck which deflects off Team B's goal post and directly out of the rink. Where is the face-off held?

At the nearest end zone face-off spot in Team A's attacking zone. Rule Reference 631(d).

The puck is shot by an attacking player in their Attacking Zone and it deflects directly off the top crossbar of the goal and leaves the playing area. Where is the ensuing face-off?

At the nearest end zone face-off spot. Rule Reference 631(d).

⇒ Situation 9

The puck is shot from directly behind the goal and either goes through a hole in the netting or passes under the goal frame itself and continues out in front of the goal where it is played by a defending player. In this situation, should play be stopped?

Yes. Rule Reference 631(a).

Play must be stopped immediately when the puck goes under the goal frame or through the netting. The ensuing face-off would be held at the nearest end zone face-off spot, regardless of which team last played the puck behind the goal.

⇒ Situation 10

An attacking player in their attacking half of the Neutral Zone or in their attacking zone, shoots the puck so that it rebounds off the end boards onto the back of the defending team's goal. The Referee stops play after a defending player is unable to play the puck off the netting within three seconds. Where is the ensuing face-off?

At the Attacking Zone face-off spot nearest to where the puck landed on the back of the net. Rule Reference 631(d).

In this situation, the puck left the playing surface after deflecting off the end boards.

⇒ Situation 11

An attacking player in their Attacking Zone shoots the puck so that it rebounds off the end boards onto the back of the defending team's goal. The Referee stops play after players from either team are unable to play the puck off the netting within 3 seconds. Where is the ensuing face-off?

At the Attacking Zone face-off spot nearest to where the puck landed on the back of the net. Rule Reference 631(d).

In this situation, the puck left the playing surface after deflecting off the end boards.

Rule 632 Puck in Motion or Out of Sight

⇒ Situation 1

Two opposing players skate into the corner and are physically engaged in an effort to obtain possession of the puck. During their attempts, a third player sees the two players physically engaged and skates in their direction with the clear intent to deliver a check to the opposing player. Should the Referee stop play?

Yes. Rule Reference 632(a Note).

The Referee must stop play the instant they realize that unnecessary contact will result from allowing the play to continue. If contact is made in this instance, they must assess a penalty to the third player who entered the corner and made no effort to legally play the puck and instead body checked a vulnerable or defenseless opponent.

The intent of this rule is to keep the play moving and eliminate whistles for a frozen puck along the boards.

⇒ Situation 2

The puck is outside the crease. The goalkeeper, who is lying on the ice after making a save, reaches out and partially covers the puck with their glove. The Referee does not feel that the goalkeeper has sufficient control of the puck and so they allow play to continue. A moment later an attacking player shoots the partially covered puck into the goal. The Referee allows the goal. Did the Referee use good judgment?

The Referee must make the judgment as to whether or not the goalkeeper has sufficient control of the puck to warrant a stoppage of play. A partial coverage of the puck in the crease, with the goalkeeper clearly in control of their own movements and of the puck, would likely satisfy this requirement. Conversely, a desperate lunge for a puck lying outside the crease boundaries resulting in the same partial coverage probably would not. Rule Reference 632(a).

While Referees are expected to act quickly to prevent possible altercations around the goal area by means of prompt stoppages when the puck has been frozen, Referees are not expected to act as an extra arm for goalkeepers by stopping play every time a

goalkeeper touches the puck in an obvious attempt to cover it. If the Referee has lost sight of a puck that is only partially covered, play should be stopped immediately. But if the puck is clearly visible and the control criteria have not been met, play should be permitted to continue.

⇒ Situation 3

The puck is outside the crease and the goalkeeper, who is lying on the ice after making a save, reaches out and partially covers the puck with their glove. What happens if the Referee is satisfied that the goalkeeper has enough control to cause a stoppage, but before they can get their whistle to their mouth the puck is shot into the goal? Goal or no goal?

No goal. Rule Reference 632(a).

As soon as the Referee decides that play should be stopped, that is when play is stopped. Whether or not the puck enters the goal in the split second it takes between the time they have reached that decision and the time it takes to bring the whistle to their mouth and blow it is not a factor.

⇒ Situation 4

Two opposing players skate into the corner in an effort to hold the puck along the boards until the Officials stop play. When should the Official stop play?

The Official must only stop play if a player falls onto or is knocked down onto the puck, or if it is evident that unnecessary contact will result from allowing the play to continue. Rule References 632(a Note and b).

The Referee must use verbal commands during this play in an attempt to keep play moving. They cannot blow the whistle simply because two opposing players want to obtain a stoppage. Whenever a player falls on the puck, play must be stopped immediately. If a player intentionally falls on the puck, a minor penalty for delaying the game must be called. In the instance in which only one player intentionally holds the puck along the boards for three seconds, the Referee shall have no alternative but to assess a minor penalty for delaying the game to the offending player.

A player is playing the puck along the boards with their skates or stick, but not advancing the puck in an attempt to obtain a stoppage of play. What should the Referee do if this action continues?

Initially the Referee should verbally alert the player to advance the puck, provided they are not being checked. If, after approximately three seconds expire, no attempt has been made to advance the puck, the Referee shall stop play and assess a minor penalty for delaying the game. Rule References 632(b) and 610(a).

It is most important for the Referee to verbally instruct the player to move the puck.

⇒ Situation 6

Seconds prior to the expiration of a penalty to a teammate, a Team A player has control of the puck along the boards with no opposing player near them. In an effort to allow the penalty to expire, the player attempts to "inch" the puck along the boards hoping to momentarily stall without losing control of the puck. A Team B player enters into the play and attempts to free the puck. The Team A player then stops moving the puck and holds it between their skate and the boards for three seconds. What action should the Referee take?

The Referee must stop the play and assess a minor penalty for delaying the game to the Team A player. Rule Reference 632(b).

The Referee must use verbal commands during play in an attempt to keep play moving. Once the puck is held against the boards for more than three seconds by one player, the Referee must stop play and assess the penalty for delaying the game. The fact that the player may or may not have been pressured by their opponent has no bearing on the call.

⇒ Situation 7

What criteria should an official use when determining whether to stop play for an extra puck that has appeared on the ice?

Play should be stopped immediately if the additional puck interferes with play in any manner. Rule Reference 632(c).

Interfering with play could be as simple as having one player think the additional puck is the puck that is in play or any other response that affects the actions of the players. However, as long as the puck does not interfere in any way, play can continue until the next stoppage.

Rule 633 Refusing to Start Play

⇒ Situation 1

A Coach has been assessed a game misconduct penalty but refuses to move away from their team's players' bench. What action should the Referee take?

The Coach is required to leave the immediate vicinity of the players' bench area and not attempt to direct the play of their team. Rule References 633(a), 401(c) and 404(c).

If the Coach refuses to comply with either of these requirements the Referee must advise the team Captain that the team has 15 seconds to get the Coach away from the bench area or the team will be assessed a bench minor penalty. If it becomes necessary to assess the penalty, the Referee must repeat the same 15-second warning and if the Coach still refuses to move, the game must be suspended. The Coach and any offending Team Official(s) shall be assessed a match penalty and the Referee must report the incident to the proper authorities.

⇒ Situation 2

After a disputed goal, the Coach of the team scored upon refuses to place the correct number of players on the ice. What should the Referee do?

Advise the offending team Captain that their team has 15 seconds in which to place the proper number of players on the ice. If the team does not comply, the Referee must assess the team a bench minor penalty. Rule References 633(a) and 610(h).

If it becomes necessary to assess the bench minor penalty, the Referee must repeat the same 15-second warning and if the team still refuses to place the proper number of players on the ice, the game must be suspended. The offending Team Official(s) shall be assessed a match penalty and the Referee must report the incident to the proper authorities.

A team is late returning to the ice at the start of the second period because they did not like the officiating in the first period. Should the Referee assess a bench minor penalty for delay of game?

Yes, provided the team was given ample warning to return to the ice. Rule Reference 633(b).

Once the bench minor is assessed, the team will be given five minutes to resume play and failure to do so will result in suspending the game and assessing a match penalty to the responsible Team Official.

Rule 634 Slashing

⇒ Situation 1

A Team A player slashes at an opponent but only contacts Team B player's stick, knocking it out of their hand. What penalty, if any, should be assessed?

A minor or a major plus game misconduct penalty for slashing must be assessed. Rule References 634(a and b).

The opponent's stick is considered to be an extension of the player, so any slashing action directed at the stick must also be penalized.

⇒ Situation 2

For a slashing penalty to be assessed, must stick contact be made with the opposing player?

No. Rule Reference 634(a).

If the object of a slashing motion is to intimidate an opponent or to actually try to strike them, stick contact is not necessary in order for a penalty to be assessed.

What criteria should be used to determine when a match penalty for slashing should be assessed?

If the swinging the stick action is deemed to have recklessly endangered the opponent, then a major plus game misconduct penalty or a match penalty must be assessed. Rule Reference 634 (b and c).

The Referee will need to use good judgment as to the severity of the action in determining when to assess a major plus game misconduct or match penalty. If there has been no legal attempt to play the puck and the two-handed swinging action is used as a means to punish or intimidate the opponent, the major plus game misconduct or match penalty options should be assessed. If the action is a baseball like swing using excessive force and targets directly at the knees, to the back of the legs or above the pants, then the match penalty is likely warranted.

⇒ Situation 4

A player swings their stick at an opponent during the course of an altercation. What penalty or penalties must be assessed?

The Referee has three options in this type of situation. Rule Reference 634(d).

- (1) Minor penalty for slashing plus a game misconduct,
- (2) Major penalty for slashing plus a game misconduct,
- (3) Match penalty for recklessly endangering an opponent.

⇒ Situation 5

The goalkeeper has frozen the puck with their glove when an attacking player comes in and makes stick contact with the goalkeeper's glove. The puck comes free prior to the Referee blowing the whistle to stop play. Should the Referee allow play to continue?

No. Rule Reference 634(e).

Once the goalkeeper has clearly covered the puck, any stick contact with the glove must be penalized as slashing. The puck is considered frozen at the time the Referee determines it has been covered and play has stopped at that time, even though it may take a fraction of a second to blow the whistle.

Rule 635 Spearing

⇒ Situation 1

Under what circumstances should the Referee impose a major and a game misconduct penalty for spearing when there is no contact made?

The spearing rule applies whether or not actual contact is made. Rule Reference 635(a and b).

The major plus game misconduct penalty must be assessed in every instance where there is a spearing motion made directed at an opponent, even if no contact is made.

A match penalty is assessed in those instances where contact is made with a degree of force that recklessly endangers the opponent.

Rule 636 Start of Game and Time of Game/Time-Outs

⇒ Situation 1

Should the On-Ice Officials blow the whistle at the end of a period?

Yes. Rule Reference 636(a).

In the three-official system, it is the responsibility of the Linesperson who is on the opposite side of the ice as the Referee to skate into the Attacking Zone to the goal line to assist the Referee. The other Linesperson watches the clock and blows the whistle the instant time expires. The horn may not always be in working order.

In the two-official system, the Referee on the blue line shall be responsible for blowing the whistle the instant time expires.

⇒ Situation 2

A team is late returning to the ice at the start of the second period. Should the Referee assess a bench minor penalty for delay of game?

Yes, provided the team was given ample warning to return to the ice. Rule Reference 636(b)

When the intermission clock is running, it is the responsibility of the team to ensure that they keep track of the time and return to the ice prior to the end of the intermission. As long as the team is heading in the direction of the ice when the intermission ends, no penalty shall be assessed.

However, if the horn sounds to end the intermission and an official has to go to the dressing room to notify the team, a bench minor penalty is warranted.

At younger levels of play where no intermission clock is used, no penalty should be assessed provided the team makes a reasonable effort to return to the ice in a timely manner.

⇒ Situation 3

Under what circumstances may a Referee terminate a game prematurely?

The only acceptable reason for an official to suspend a game (other than refusing to start play or the lack of responsible adult supervision for the bench) is if playing conditions that are outside of the control of the participants have become unsatisfactory. Rule Reference 636(e).

Examples of conditions beyond the control of all game participants would include:

- a portion of the ice melts
- significant lighting failure (dark or long shadows)
- glass falls out or shatters and can't be replaced
- · a gate falls off or cannot be locked in place
- time clock failure and no alternative timing means
- weather conditions (outdoor facility only)

The improper behavior of players, coaches and/or spectators is not a viable reason to suspend a game and the on-ice officials do not have the authority to do so.

In every instance when a game is suspended, a written report should be submitted to the Proper Authorities.

⇒ Situation 4

If the goalkeeper is injured within the last minute of play in a period, is it necessary for the substitute goalkeeper to replace them immediately, or can play be carried over to the next period?

The injured goalkeeper must be replaced immediately. Rule References 636(e) and 206(b).

This occurrence is not normally considered to be an "unusual delay." However, in the case where a skater or goalkeeper can't be moved due to the seriousness of their injury, the Referee has the option of considering this to be an "unusual delay" and taking the intermission at that point.

⇒ Situation 5

May a team use its time-out prior to the opening face-off?

Yes. Rule Reference 636(f).

Once the Referee has blown the whistle to end the warm-up or to summon the teams for the opening face-off, any team may use its time-out.

⇒ Situation 6

May a team use its time-out before or during regulation play or any time during overtime?

Yes. Rule Reference 636(f).

The Official Playing Rules do not restrict when a team may use its time-out, provided that the time-out is taken during a stoppage of play.

⇒ Situation 7

May a team use its time-out to warm up a goalkeeper?

Yes. Rule Reference 636(f).

The time-out may be used for warming up the goalkeeper or for any other purpose. The On-lce Officials must make sure that the warm-up does not last any longer than the allotted one minute, and that a maximum of four pucks are on the ice. It is also their responsibility to make sure that all pucks are retrieved from the ice prior to resuming play and that the net and goal are checked for pucks.

⇒ Situation 8

During a stoppage of play, Team A uses its time-out. May Team B warm up its goalkeeper during the Team A time-out?

Yes. Rule Reference 636(f).

During a time-out, each team may warm up a goalkeeper within the prescribed warm-up area and with a maximum of four pucks.

⇒ Situation 9

May a penalized player leave the penalty bench during a timeout?

No. Rule References 636(f) and 629(b).

All penalized players must remain on the penalty bench during a time-out.

⇒ Situation 10

Team A takes its time-out during a stoppage of play. After the time-out has expired and before play resumes, Team B requests to have its time-out during the same stoppage. Should the Referee allow the second time-out to take place?

No. Rule Reference 636(f).

Each team is allowed to take one time-out during any stoppage of play. But if Team B wishes to take its time-out, it must be requested before the expiration of the Team A time-out.

⇒ Situation 11

Both teams line up for a face-off late in the game. Just prior to the conducting of the face-off, Team A requests a time-out. Is the Referee obligated to allow this time-out to take place?

No. Rule Reference 636(f).

Once the line-up procedure has been completed (both teams had an opportunity to change players), the Referee may not allow any request for a time-out.

Rule 637 Throwing Stick/Object

⇒ Situation 1

Attacking player A1 in their Attacking Zone passes the puck to teammate A2, but before the puck reaches A2 the opposing goalkeeper throws their stick and deflects the puck out of the zone. Which of the two players is to be designated as the "fouled player" and allowed to take the ensuing penalty shot?

Player A1. Rule Reference 637(a).

Even though the puck was passed to player A2, player A1 was the last attacking player to have possession of the puck prior to the infraction.

⇒ Situation 2

A defending player throws their stick along the ice at an attacking player in possession of the puck. The attacking player is in their Attacking Zone when the stick is thrown. The stick does not hit the puck or the player, but the player loses possession of the puck. Is a penalty shot to be awarded?

Yes. The offended team has a penalty shot/optional minor penalty option. Rule Reference 637(a).

When a defending player throws their stick in the direction of the puck that is in their Defending Zone, a penalty shot must be awarded. In this situation the Referee cannot be expected to determine whether the stick caused the attacking player to lose their concentration or if they lost possession by their own actions.

⇒ Situation 3

With the puck in their Defending Zone, a defending player deliberately throws their stick at an opponent who does not have possession of the puck. The stick does not interfere with a scoring opportunity. What penalty is to be assessed?

A minor penalty for Interference. Rule References 637(a) and 625(a.7).

If a stick is thrown at an opponent who does not have possession of the puck, a minor penalty for interference must be assessed, regardless of in which zone the puck is located. A penalty shot should only be awarded if the stick is thrown in the direction of the puck when the puck is in the Defending Zone.

⇒ Situation 4

A defending player in their Defending Zone throws their stick at an opponent who has possession of the puck in the Neutral Zone. What is the proper penalty to be assessed?

A minor penalty. Rule Reference 637(a).

The determining factor in the awarding of a penalty shot or the assessment of a minor penalty is the location of the puck at the time of the infraction.

⇒ Situation 5

With an attacking player in the Attacking Zone on a breakaway, a stick is thrown from the opposing team's players' bench and as a result the Referee assesses a penalty shot. Should the Referee also assess a bench minor penalty for throwing the stick?

No. Rule Reference 637(b).

Only one penalty should be assessed for this single infraction. In this instance, the penalty shot/optional minor is assessed in lieu of the bench minor penalty.

⇒ Situation 6

Having been substituted for by another player, a goalkeeper throws their stick at the opposing team's puck carrier, who has no opponent between themself and the "open goal." The goalkeeper is at their players' bench when they throw the stick. Should a penalty shot be assessed or a goal awarded?

The Referee has the option of either a penalty shot or awarded goal, depending on their perception of whether a goal was actually prevented. Rule Reference 637(b).

In general, if the thrown stick clearly affects the movements of the puck carrier or the puck, then an awarded goal would be proper. If the stick clearly did not affect either the puck carrier or the puck, then a penalty shot would be proper and a goalkeeper would go onto the ice to defend against it. The awarded goal decision only applies if the goalkeeper is at the bench (they are then considered "off the ice"). If they are on the ice and the infraction occurred in the goalkeeper's Defending Zone, then the penalty shot is the Referee's only option. If the infraction occurred in any other zone, a minor penalty must be assessed.

⇒ Situation 7

With the goalkeeper off the ice, an opposing player gains possession of the puck on a breakaway in the Neutral Zone, and the puck is knocked off their stick by a stick thrown by a trailing defending player. The attacking player themself is not interfered with, and would easily be able to regain possession of the loose puck, continue on their breakaway and (in the Referee's opinion) score a goal. Should the Referee stop play immediately and award the goal?

Yes. Rule Reference 637(b).

In this situation the offended player is not required to be in their Attacking Zone for an awarded goal to apply when a stick or other object is thrown or shot. Note also that if the Referee does not feel that the player would have had a clear shot on goal had the thrown stick not occurred, then the proper call is a minor penalty since the infraction did not occur in the offending player's Defending Zone.

⇒ Situation 8

The Referee has signaled a delayed penalty on Team A, and Team B has substituted for its goalkeeper. The puck deflects off a Team B player and is heading for Team B's empty goal. A Team B player is chasing the puck and just before it enters the goal, they throw their stick at the puck and knock it away from the goal. Should the Referee assess a penalty shot or award the goal?

Award the goal. Rule Reference 637(b).

They must also assess the delayed penalty to Team A.

⇒ Situation 9

With the goalkeeper off the ice, an attacking player has no defending player to pass and a chance to score on the open goal. The Coach of the defending team throws a stick off the players' bench preventing a shot on the open goal. What penalty is imposed?

Award a goal to the non-offending team. Rule Reference 637(b).

It makes no difference whether or not the stick is thrown from the bench or from the ice, a goal is always awarded in this situation if a clear scoring opportunity is lost.

⇒ Situation 10

A player throws their stick outside the playing area after a goal has been scored against their team. What penalty should be assessed?

A misconduct or game misconduct penalty. Rule Reference 637(c).

When a player throws their stick outside the playing area, not in the direction of any spectators, a misconduct penalty must be assessed. If a player throws their stick as a violent act or in the direction of any spectators, a game misconduct penalty must be assessed.

⇒ Situation 11

A player breaks their stick and instead of dropping it on the ice they deposit it over the boards and outside of the playing area. Does this action warrant a penalty?

Yes. A misconduct penalty must be assessed. Rule Reference 637(c).

Even though the player may be trying to keep the broken stick off the ice, the Referee has no choice but to assess a misconduct penalty to that player.

Rule 638 Tied Games

⇒ Situation 1

What is USA Hockey's policy regarding overtime played with a reduced number of players and shoot-outs?

Affiliates and Local Governing Bodies have the authority to establish overtime guidelines for games under their jurisdiction. Rule Reference 638 (c Note).

The Local Governing bodies who establish their own overtime policy related to reduced players and/or a shoot-out are recommended to also provide guidelines as to how these rules should be managed. USA Hockey has established some recommended guidelines for these procedures that are outlined on usahockey.com.

However, under no circumstances can the on-ice strength be reduced to fewer than three skaters per side plus a goalkeeper (or four skaters). If the local governing body establishes that overtimes will be played with fewer than five skaters, the assessment of penalties will affect how the on-ice strength is managed and officials are expected to review the procedures governing these overtimes.

⇒ Situation 2

A local tournament has decided to have overtime played with three skaters on each side to declare a winner after a tied game. What happens if one or both teams have penalties that carry over from the end of regulation?

If one team has a player advantage, the overtime will start with 4 skaters versus 3 (or 5 vs. 3 if two-player advantage) and penalized skaters will return to the ice as their penalty expires to create an equal on-ice strength. If each team is serving a non-coincidental minor or major penalty and are at equal strength at the end of regulation, the overtime will start with 3 skaters on each side and the penalized skaters will return as their time expires. However, at the first stoppage of play upon the expiration of penalties, the on-ice strength will be returned to the appropriate 3 vs. 3 on-ice strength. Rule Reference 638(a).

⇒ Situation 3

A local tournament has decided to have overtime played with three skaters on each side to declare a winner after a tied game. What happens if one or both teams are penalized during the overtime?

On-ice strength will not be reduced to fewer than three skaters, so if a penalty is assessed to one team, the ensuing play will start with 4 skaters vs. 3 skaters. If a team is entitled to a two-player advantage, then play will continue 5 vs. 3 skaters. When a penalty expires, the skater(s) will return as appropriate and any correction to the proper on-ice strength (3 vs. 3) will take place and the next stoppage of play. Rule Reference 638(a).

⇒ Situation 4

How is on-ice player strength affected if overtime is supposed to be played with 4 skaters per side and penalties are assessed?

If one penalty is assessed to one team, the teams will continue 4 vs. 3 on-ice. If a team is entitled to have a two-player advantage, then they will play 5 vs. 3. When the penalties expire, the penalized skaters will return to play as normal and the correct on-ice strength will be adjusted at the next stoppage of play. Rule Reference 638(a).

⇒ Situation 5

A local league uses a shoot-out to declare a winner after a tied game, either after regulation or an overtime period. What are the basic rules that govern a shoot-out?

Shoot-outs will generally be predetermined to be either a threeplayer or five-player shoot-out. At the conclusion of each team shooting, the team that has scored the greater number of goals will be declared the winner. If tied, then a sudden death shootout will occur where each team designates one shooter until a winner has been identified.

Penalized skaters at the end of the game just prior to the shootout are not eligible to participate. The governing body should establish eligibility guidelines, such as a different shooter must be used for each shot in the preliminary round and then establish whether skaters can be re-used or must go through the entire roster before duplicating a shooter during the sudden death portion.

The penalty shot rules/procedures (Rule 406) shall apply to all shoot-outs and goalkeepers can be changed after each shot. A coin flip is generally used to determine which order the teams will shoot.

Rule Reference 638(c).

⇒ Situation 6

During an overtime period of play, a skater is assessed a minor and misconduct penalty which requires a teammate to serve the minor penalty portion (along with the penalized player). The overtime period expires before the minor portion of the penalty expires. Is the penalized player's teammate allowed to participate in the shoot-out? (Existing shoot-out rules already disqualifies any penalized player whose penalty(s) has not been completely served during regulation or any overtime period from participating in any shoot-out).

Yes. Rule References 638(b) and 638(c and d Note).

In this situation, the additional teammate is in the penalty box not to actually serve the penalties for their teammate, but rather to allow their team to legally return to the proper on-ice strength that they are entitled to after the minor penalty expires. For that reason, the additional teammate should be allowed to participate in the shoot-out.

⇒ Situation 7

During an overtime period of play, a goalkeeper is assessed a minor and misconduct penalty (at the same time) which requires two (2) teammates to go to the penalty box and serve the minor and misconduct penalty portions. The overtime period ends before the minor portion of the penalties expire. Are the players who are serving the minor and misconduct portions of a goalkeeper's penalties allowed to participate in the shoot-out?

In this situation, one of the additional teammates is in the penalty box not to actually serve the penalties for their goalkeeper, but rather to allow their team to legally return to the proper on-ice strength that they are entitled to after the minor penalty expires.

For that reason, that additional teammate should be allowed to participate in the shoot-out. Rule References 638(b) and 638(c and d Note).

It should be noted that one of the penalized goalkeeper's teammates who are serving their penalties IS actually serving the penalties as the goalkeeper. This teammate, who needs to be designated before play resumes, WILL NOT be eligible to participate in a shoot-out.

⇒ Situation 8

During an overtime period of play, a coach is assessed a bench minor penalty. A skater (who was on the ice at the time of the infraction) is sent to the penalty box to serve the penalty. The overtime period ends before the bench minor penalty is fully served. Is the skater who is serving the bench minor penalty eligible to participate in a shoot-out?

No. Rule References 638(b) and 638(c and d Note).

When a team sends a skater to the penalty box to serve the coach's bench minor penalty, that player is serving as the coach's substitute in the penalty box. Because this skater is actually substituting for the coach and serving the coach's penalty, they WILL NOT be eligible to participate in a shoot-out if the bench minor is not fully served before the overtime period is completed.

Rule 639 Tripping/Clipping/Leg Checking/Slew Footing

⇒ Situation 1

For a tripping penalty to be assessed, must the fouled player fall to the ice?

No. Rule Reference 639(Note).

The Rule uses the words "trip or fall" to describe the offense. In the case where a player does not fall, it must be clearly obvious their progress was impeded and a competitive advantage was gained as a result of the tripping action.

⇒ Situation 2

Should a tripping penalty be called in every instance when a player falls down, even if the offending player clearly and successfully plays the puck?

No. Rule Reference 639(a Note).

The spirit and intent of the rule is to not penalize situations where the defending player has clearly attempted to and then played the puck with the focus solely being on the puck. In this instance, they should not be penalized for tripping when the opponent trips or falls as a result.

If the player loses the puck as a result of a poke check or hook check and then falls, this is not a penalty unless the player clearly went on to intentionally trip the opponent – keeping in mind the defensive player is still responsible for their stick. On the flip side, if the player loses possession of the puck as a result of being tripped – then a penalty must be called.

⇒ Situation 3

The goalkeeper skates out of their goal crease to meet an attacking player on a breakaway and deliberately trips the player as they try to go around the goalkeeper. What penalty should be assessed?

A minor penalty. Rule Reference 639(Note and a).

This situation does not call for a penalty shot because the player has not been fouled from behind.

⇒ Situation 4

A defending player leaves their feet and slides into the puck carrier. The defending player gains possession of the puck and the attacking player falls to the ice after being hit by the defending player's body. Should a penalty be assessed?

Yes. Rule Reference 639(Note 3 and a).

When a player leaves their feet and slides into an opponent, thereby causing them to fall, a penalty for tripping must be called regardless of who gains possession of the puck. The only exception is when a player drops to their knees to block a

shot and their momentum carries them into the player shooting the puck, causing them to fall. In that event, no penalty is to be assessed.

⇒ Situation 5

What are examples where a major plus game misconduct or a match penalty for tripping should be assessed.

Leg checking, clipping and slew footing are the three common tripping actions calling for a more severe penalty to be assessed. Rule Reference 639.

Extending the leg (Leg Check) to deliver a check to a player skating in the opposite direction has the potential to recklessly endanger the opponent and must be strictly enforced.

Extending the leg behind a player and taking their feet out from under them, especially when used in conjunction with a push to the chest area (slew foot) is dangerous action that must be penalized with a major plus game misconduct or match penalty. A minor penalty is NOT an option for slew footing.

Finally, a player who deliberately ducks or leaves their feet for the purpose of contacting an opponent at or below the knees (Clipping) is worthy of a major plus game misconduct or match penalty when the result is the opponent being placed in a vulnerable or defenseless position.

Any time one of these actions has been deemed to recklessly endanger the opponent, a match penalty must be considered.

Rule 640 Unnecessary Roughness (Roughing)

⇒ Situation 1

May a Referee assess a major plus game misconduct penalty for roughing in lieu of a major plus game misconduct penalty for fighting?

No. Rule Reference 640(a).

A major plus game misconduct penalty for roughing may only be assessed when a player body checks an opponent after the whistle; delivers a body check to an opponent who is physically engaged with one or more other players; for a late avoidable body check to an opponent who is no longer in control of the puck; for a check delivered where there is no effort to gain possession of the puck and the player delivering the check has their stick above their knees; or when a goalkeeper delivers a body check to an opponent. In each instance, the major plus game misconduct, or match, penalty shall be assessed if the player recklessly endangers their opponent.

⇒ Situation 2

How much pushing and shoving should the Referee allow after the whistle before assessing penalties?

The spirit and intent of this rule is to eliminate ALL unnecessary pushing and shoving between players after the whistle. USA Hockey is directing officials to strictly enforce rules pertaining to scrum situations. Rule Reference 640(a and Note).

Officials should enforce any unnecessary contact after the whistle with a strict penalty standard. When at all possible, the aggressor should be identified and assessed an additional minor penalty in order to hold them accountable for starting the situation.

Oftentimes, officials will only assess penalties after several warnings or after a player retaliates, in which case they go back and assess one minor penalty to each player, even though they had no intention of assessing the first penalty until the retaliation occurred. This approach discredits the officials and will only create more problems later in the game.

⇒ Situation 3

What is the USA Hockey interpretation of illegal body checking to a player who is no longer in control of the puck?

Any avoidable check delivered to a player who is no longer in control of the puck. Rule References 640(b) and Glossary.

A player who has released a shot or pass is no longer considered to be in control of the puck. They are considered to be vulnerable or defenseless and no longer eligible to be body checked.

An avoidable check is when the player delivering the check has an opportunity to avoid contact once it is realized the opponent no longer has control of the puck. If the check is deemed to

be unavoidable, the player delivering the check still has an obligation to minimize contact and not endanger a vulnerable or defenseless opponent.

The concept of "finishing the check" is one that is meant to intimidate or punish the opponent and has no place in youth hockey. Provided this check is avoidable, it must be penalized in every instance.

⇒ Situation 4

What degree of force is needed in order to assess a penalty for making avoidable physical contact with an opponent after the whistle?

No force is needed. Rule Reference 640(c).

The key is avoidable and unnecessary contact, regardless as to how much force is used. There is no purpose for making any deliberate contact with the opponent during a stoppage of play and this action must be penalized strictly.

⇒ Situation 5

A player delivers a body check with their stick waist high even though the stick does not contact the opponent. Should the Referee assess a penalty for Roughing?

Yes. Rule Reference 640(d).

The location of the stick at waist height indicates that there was no effort to gain possession of the puck, so therefore the check is deemed to be illegal even though the stick did not contact the opponent. The primary focus of a body check must be to gain possession of the puck and, therefore, the stick must be below the knees. A minor, major plus game misconduct or match penalty must be assessed.

⇒ Situation 6

Two or more opposing player are physically engaged in an effort to gain possession of the puck along the boards. A player who is not physically engaged makes no effort to gain possession of the puck and instead delivers a body check to an opponent who is physically engaged. What penalty, if any, should be assessed?

A penalty for Roughing. Rule References 640(e and Note).

Players who are physically engaged to win possession of the puck are considered to be vulnerable or defenseless and therefore are not eligible to be body checked. A minor, major plus game misconduct or match penalty shall be assessed in every instance when a player delivers a body check to an opponent who is physically engaged for possession of the puck with two or more players.

⇒ Situation 7

Is a goalkeeper allowed to body check an opponent?

No. Rule Reference 640(f).

Just as a goalkeeper is not considered "fair" game, a goalkeeper is not allowed to step up and deliver a check to an unsuspecting player. There are times when it is acceptable for a goalkeeper to engage in "competitive contact" with an opponent in an effort to gain possession of the puck, but a goalkeeper delivering a body check to an opponent with no effort to gain possession of the puck is unacceptable. A minor, major plus game misconduct or match penalty for Roughing must be assessed.

⇒ Situation 8

May a match penalty be assessed under the Roughing rule? Yes. Rule Reference 640(q).

A match penalty may be assessed if a player is deemed to have recklessly endangered an opponent by delivering a late hit, a check after the whistle, a body check with no effort to gain possession of the puck, a check to an opponent who is physically engaged for possession of the puck or a goalkeeper delivering a body check. In each instance, if the opponent is considered to be vulnerable or defenseless, a match penalty for reckless endangerment must be considered based on the degree of force used to deliver the check.

SUMMARY OF PENALTIES



The following summary of penalties is intended for general application of the rules. Specific situations may require different applications. All referenced rules should be consulted for exact language.

Minor Penalty

Personal Fouls

601(a)	Unsportsmanlike Conduct
601(a.4)	Shooting puck after whistle
613(e)	Face-off interference
615(a)	Instigator of fighting
615(e)	Players not going to bench after warning during
	altercation
622(a)	Holding
625(a)	Interference
625(a.8)	Interfering with goalkeeper in crease
625(a.9)	Interference by player on bench
629(b)	Leaving penalty bench prematurely
634(d)	Stick contact with goalkeeper

Delay of Game, Player or Goalkeeper

304(e)	Deliberately removing helmet/facemask
309(a,c)	Adjusting clothing/equipment
610(a)	Freezing puck along boards or net
610(b)	Goalkeeper intentionally stops play
610(c)	Batting/shooting puck out of rink
610(e)	Deliberate goal displacement
610(h)	Continued improper line change during stoppages
613(d)	Second face-off violation, same team
614(a,c)	Falling on puck
618(a)	Picking up puck from ice
632(b)	Freezing puck along boards

Goalkeeper Infractions

303(g)	Wearing illegal equipment
406(c)	Thrown stick during penalty shot
407(c)	Participating in play across center line
605(c)	Going to bench for stick at stoppage
610(g)	Piling up obstacles in front of goal
610(g)	Dropping puck onto goal netting
615(e)	Leaving crease area during altercation
618(c)	Holding puck more than three seconds

Stick and Equipment Violations

301(c)	Playing with an illegal stick
301(c)	Player playing with goalkeeper stick
301(e)	Playing with more than one stick
304(a)	Playing without helmet/facemask
304(b)	Equipment not worn under uniform
605(a)	Playing with a broken stick
605(b)	Receiving an illegal stick
615(a)	Dropping glove(s)/stick in altercation
637(a)	Throwing a stick (non-Penalty Shot)

Bench Minor Penalty

	•
203(a)	Roster addition during game
204(b)	Too many players on the ice
204(c)	Illegal entry from penalty bench
205(b)	Improper goalkeeper substitution
205(c)	Goalkeeper to bench at stoppage
206(d)	Injured/penalized player returns prematurely
301(c)	Stick measurement legal
307(c)	Equipment measurement (legal)
308(c)	Use of electronic devices
601(b)	Abuse of officials and other misconduct
610(h)	Continued incorrect players on ice
633(a)	Refusing to start play
633(b)	Refusing to go on ice

Minor or Double Minor Penalty

640(a) Unnecessary roughness

Minor or Major (plus Game Misconduct Penalty)

604(c,d)	Body checking in Competitive Contact category
609(a,b)	Cross-checking
611(a,b)	Elbowing
621(a,b)	High-sticking
623(a,b)	Hooking
634(a,b)	Slashing
639(a,b)	Tripping/Clipping/Leg Checking
640(b,g)	Avoidable check (Late Hit)
640(c,g)	Avoidable contact after whistle
640(d,g)	Body check with no effort to gain possession of puck
640(e,g)	Body check delivered to opponent who is
	physically engaged
640(f,g)	Goalkeeper delivering body check

Minor plus Misconduct or Major plus Game Misconduct

603(a,b)	Boarding
607(a,b,c)	Charging
608(a,b)	Checking from behind
620(a,b)	Head Contact
628(a,b)	Kneeing

Major plus Game Misconduct

606(a)	Butt-ending
608(b)	Checking From Behind (head first)
615(a,b)	Fighting
619(a)	Head-butting
622(b)	Holding/grabbing facemask
627(a)	Push off opponent with skate
629(a)	Leaving Bench in Altercation
635(a)	Spearing
639(b)	Slew Footing

Minor, Double Minor or Major plus Game Misconduct

615(a) Fighting (retaliation)

Minor plus Misconduct Penalty

301(d) Not surrendering stick for measurement

Minor plus Game Misconduct Penalty

615(a) Drop glove(s)/stick, instigate altercation

Bench Minor or Game Misconduct or both

629(d) Team Official on ice without permission

Match Penalty Op:	tion
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	, ,
603(c)	Boarding
604(e)	Body checking in Competitive Contact category
606(b)	Butt-ending
607(e)	Charging
608(c)	Checking from behind
609(c)	Cross-checking
611(c)	Elbowing
615(c)	Deliberately removing helmet during altercation
619(b)	Head-butting
620(c)	Head Contact
621(c)	High-sticking
622(c)	Holding/grabbing facemask
623(c)	Hooking
628(c)	Kneeing
634(c)	Slashing
635(b)	Spearing
639(c)	Tripping/Clipping/Leg Checking/Slew Footing
640(h)	Avoidable check (Late Hit)
640(h)	Avoidable contact after whistle
640(h)	Body check with no effort to gain possession of puck
640(h)	Body check delivered to opponent who is

Match Penalty (only)

640(h)

305(b)	Taped hand, cutting opponent
601(e.1)	Applies physical force or attempts to inflict physical
	harm to a game official
601(e.2)	Conduct critically detrimental to the game
601(e.3)	Hateful/Discriminatory Language
602(a)	Attempt to injure or recklessly endanger an
	opponent or team official
615(c)	Removing helmet prior to or during an altercation
627(b)	Kicking opponent
633(a,b)	Suspended game—refusal to start play

Goalkeeper delivering body check

physically engaged

Misconduct Penalty

304(c)	Failure to wear helmet facemask in bench area
304(f)	Mouthguard violation
304(g)	Equipment violation (after warning)
305(b)	Playing with cut palm on glove
308(a)	Wearing prohibited equipment
406(d)	Distraction during penalty shot
601(a)	Persisting in unsportsmanlike conduct
601(c)	Abuse of officials and other misconduct

Game Misconduct Penalty

401(b)	Four penalties to same player in game
403(b)	Second major penalty in same game
404(a)	Second misconduct penalty during same game
601(a)	Persisting in unsportsmanlike conduct
601(d)	Abuse of officials and other misconduct
601(f)	Alcohol, tobacco, smoking, vaping on bench
615(c)	Improperly worn helmet removed during altercation
615(d)	First to intervene in altercation
626(c)	Player interference with spectator

Misconduct or Game Misconduct Penalty

637(c) Stick thrown out of playing area

Game Misconduct or Match Penalty

634(d) Swinging stick at opponent in altercation

Penalty Shot (only)

205(g)	Deliberate illegal substitution
610(e)	Goalkeeper deliberately displaces goal, no breakaway
610(f)	Deliberate removal of helmet/facemask, breakaway
629(c)	Illegal entry, breakaway
637(b)	Thrown stick, breakaway

Penalty Shot or Awarded Goal

610(e)	Deliberate goal displacement in scoring opportunity
614(b)	Player falling on puck in crease
616(a,b)	Fouled from behind on breakaway
618(a)	Player picking up puck from crease
637(a,b)	Stick thrown at puck in Defending Zone

Awarded Goal (only)

610(e)	Deliberate goal displacement preventing a goal
625(c)	Goalkeeper stick left in front of goal, preventing a goal

SUMMARY OF FACE-OFF LOCATIONS



Center Ice Spot

612(a)	Start of game and periods
612(a)	Goal scored
612(a), 205(a)	Premature goalkeeper substitution (normal)
612(b,g)	Last play face-off location – nearest spot
624(c)	Icing error by officials

Neutral Zone Spot

612(b.4)	lcing by non-offending team during delayed penalty
612(b.4)	Non-offending team causes stoppage of play during delayed penalty
612(c)	Stoppage by attacking player in Attacking Zone (unless puck out of play)
612(d)	Gathering of players
625(b)	Goal crease violation
627(c)	Kick-shot by attacking player in attacking zone
630(c)	Puck carried offside
630(e)	Offside error by officials
631(d)	Attacking team makes puck unplayable

End Zone Face-Off Spot

406(c)

. 5 5 (5)	one account perianty enter attempt
409(a), 612(b)	Penalty assessed resulting in time on penalty
	clock – offending team creates stoppage
612(b)	Last play face-off between end spots and end
	boards
612(f)	Goal illegally scored off official
618(c)	Goalkeeper throws puck forward
621(d)	Puck played with high stick
624(a)	lcing
630(c)	Intentional offside

Unsuccessful penalty shot attempt

Last Play Face-Off (Nearest face-off spot in same zone where play was stopped) (Note) No territorial advantage can be gained with neutral zone face-off.

,	
205(a)	Premature goalkeeper substitution (exception)
612(b)	Fouls by players on both sides simultaneously
612(b)	General rule
618(a)	Hand pass
626(a,b)	Interference by or with spectators
627(c)	Kick-shot (not in attacking zone)
629(e)	Player entering from players' bench after face-o

SUMMARY OF FACE-OFF LOCATIONS

630(c)	Puck passed offside
631(a)	Puck out of play (off player or goal frame) or strikes
	overhead obstruction/rink defect
632(a)	Stalled puck between opposing players
632(a)	Puck out of sight of Referee

APPENDIX III OFFICIAL SIGNALS



BOARDING

Striking the closed fist of the hand once into the open palm of the other hand.



BODY CHECKING

(Competitive Contact Categories)

The palm of the non-whistle hand is brought across the body and placed on the opposite shoulder.



BUTT-ENDING

Moving the forearm, fist closed, under the forearm of the other hand held palm down.



CHARGING

Rotating clenched fists around one another in front of the chest.



CHECKING FROM BEHIND

Arm placed behind the back, elbow bent, forearm parallel to the ice surface.



CROSS-CHECKING

A forward motion with both fists clenched, extending from the chest.



DELAYED CALLING OF PENALTY

The non-whistle hand is extended straight above the head.



DELAYED WHISTLE (SLOW WHISTLE)

(Blue-Line Offside, Delayed Offside Classifications Only)

The non-whistle hand is extended straight above the head. If play returns to the Neutral Zone without stoppage, or as soon as the offending team clears the zone, the arm is drawn down.



DELAYING THE GAME

The non-whistle hand, palm open, is placed across the chest and then fully extended directly in front of the body.



ELBOWING

Tapping the elbow with the opposite hand.



FIGHTING (ROUGHING)

One punching motion to the side with the arm extending from the shoulder.



GOAL SCORED

A single point, with the non-whistle hand, directly at the goal in which the puck legally entered, while simultaneously blowing the whistle.



HAND PASS

The non-whistle hand (open hand) and arm are placed straight down alongside the body and swung forward and up once in an underhand motion.



HEAD CONTACT

Non-whistle hand placed palm inward on the back of the helmet.



HIGH-STICKING

Holding both fists clenched, one immediately above the other, at the side of the head.



HOLDING

Clasping the wrist of the whistle hand well in front of the chest.



HOLDING THE FACEMASK

Closed fist held in front of the face, palm in and pulled down in one straight motion.



HOOKING

A tugging motion with both arms, as if pulling something toward the stomach.



ICING

When the puck is shot or deflected in such a manner as to produce a possible icing situation, the back linesperson will signal to their partner by raising their non-whistle hand over their head (same as Slow Whistle). The instant that the conditions required to establish "icing the puck" have occurred, the front linesperson will blow their whistle to stop play and raise their non-whistle hand (same as Slow Whistle). The back linesperson will give the icing signal by folding their arms across their chest.



INTERFERENCE

Crossed arms stationary in front of the chest with fists closed.



KNEEING

A single tap of the right knee with the right hand, keeping both skates on the ice.



MATCH PENALTY

Tap open palm of the hand on top of the head.



MISCONDUCT

Placing of both the hands on hips one time.



PENALTY SHOT

Arms crossed (fists clenched) above the head.



SLASHING

One chop of the hand across the straightened forearm of the other hand.



SPEARING

A single jabbing motion with both hands together, thrust forward from in front of the chest, then dropping hands to the side.



TIME-OUT OR UNSPORTSMANLIKE CONDUCT

Using both hands to form a "T."



TRIPPING/CLIPPING/LEG CHECKING/SLEW FOOTING

Strike the side of the knee and follow through once, keeping the head up and both skates on the ice.



"WASHOUT"

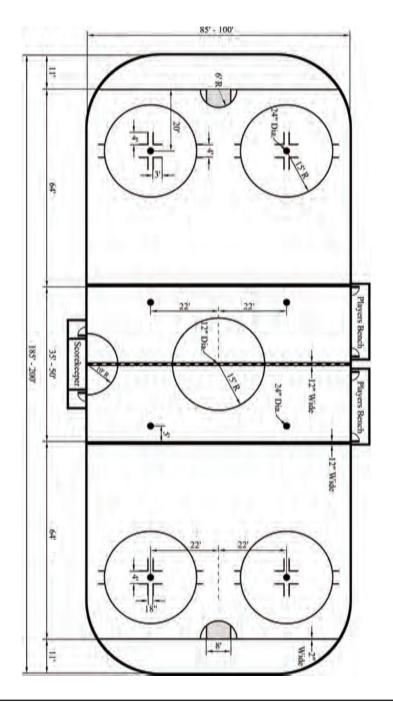
Both arms swung laterally across the body at shoulder level with palms down.

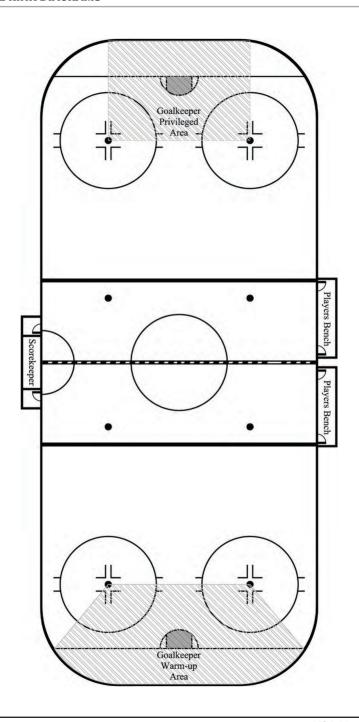
- When used by the Referee, it means no goal or violation so play shall continue.
- 2) When used by the Linespersons, it means there is no icing, offside, hand pass or high sticking violation.

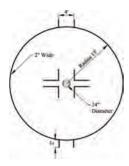


APPENDIX IV OFFICIAL RINK DIAGRAMS

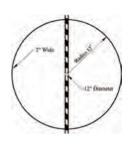




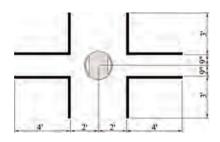




END ZONE FACE-OFF SPOT AND CIRCLE DETAIL



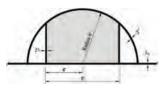
CENTER ICE FACE-OFF SPOT AND CIRCLE DETAIL



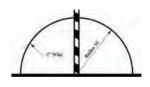
FACE-OFF CONFIGURATION



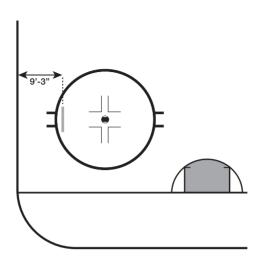
END ZONE AND NEUTRAL ZONE FACE-OFF SPOTS



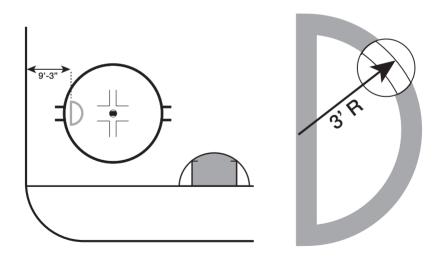
GOAL CREASE DETAIL



REFEREE CREASE DETAIL



RECOMMENDED CROSS-ICE GOAL LINE



RECOMMENDED CROSS-ICE GOAL CREASE

APPENDIX V GLOSSARY



Act of Playing Goal

Any action by the goalkeeper that prevents the puck from entering the goal, or prevents an immediate scoring opportunity within the goalkeeper's privileged area.

Age Classifications

The following Youth and Girls'/Women age classifications have been established for all teams registered with USA Hockey.

Youth Teams: 8 & under, 10 & under, 12 & under, 14 & under, 15 only (Tier I National Bound teams only), 16 & under and 18 & under.

Girls'/Women Teams: 8 & under, 10 & under, 12 & under, 14 & under, 16 & under and 19 & under.

(Note 1) Girls'/Women playing on a Youth team must conform to the Youth age classification.

(Note 2) High School age classification is governed under the same playing rules as the Youth 18 & under age classification.

(Note 3) Adult classifications shall include Adult non-check, Adult U.S., Adult Elite and Adult Women, and shall be governed by these rules, except where otherwise noted.

Altercation

Any physical interaction between two or more opposing players resulting in a penalty or penalties being assessed. An altercation will generally occur at a stoppage of play (not within the normal process of playing the puck) and includes the gathering of two or more opposing players and requires action to be taken by the on-ice officials to separate players.

Angling

A legal defensive skill used to direct/control the puck carrier to an area that closes the gap and/or creates an opening that is too small for the puck carrier to advance.

Body Checking

A body check represents intentional physical contact from the front, diagonally from the front or straight from the side, by a skater to an opponent who is in control of the puck. The opposing player's objective must be an attempt to gain possession of the puck with a body check and NOT to punish or intimidate an opponent.

Body checking must be done only with the trunk of the body (hips and shoulders) and must be above the opponent's knees and

at or below the shoulders. The use of the hands, forearm, stick or elbow in delivering a body check is unacceptable and not within the quidelines of a legal body check.

The primary focus of a body check must be an attempt to gain possession of the puck. Proper body checking technique starts with stick on puck, therefore the stick blade of the player delivering the check must be below the knees.

USA Hockey reminds coaches and players that these requirements are the responsibility of the player delivering the body check. Under no circumstances is it acceptable to deliver a body check to a vulnerable or defenseless opponent, an opponent who is not in control of the puck or to use the hands, stick, forearm or elbow in delivering a check to an opponent.

Breakaway

A condition whereby a player is in control of the puck with no opposition between the player and the opposing goal, with a reasonable scoring opportunity.

Coach

A Coach is a person primarily responsible for directing and guiding the play of their team. Along with the Manager, they are responsible for the conduct of their team's players before, during and after a game.

Coincident Penalty

A penalty of equal type (e.g., minor or major) assessed during the same stoppage of play, and for which neither team is reduced in on-ice numerical strength. A coincident penalty never causes either team to be "short-handed" for purposes of penalty termination if a goal is scored.

Collision

Occurs when players maintain their established position on the ice. A player shall not be penalized if the intention is to play the puck and in so doing collides with an opponent. No player is required to move out of the way of an oncoming player to avoid contact.

Competitive Contact

Contact that occurs between two or more skaters who are in the immediate vicinity of the puck and who are in the normal process of playing the puck. These skaters are reasonably allowed to lean into each other provided possession of the puck remains the sole objective of the contact.

Competitive contact is encouraged in all age classifications of play within USA Hockey and provides the foundation for the skills necessary to advance to Body Checking classifications. Acceptable examples of competitive contact include angling, physical engagement and collisions.

Contact with the Puck

The last skater or goalkeeper to have touched the puck (puck touch). This includes a puck that is deflected off a player or any part of their equipment.

A player considered to be in "contact with the puck" is NOT eligible to be body checked and/or engage in competitive contact.

Control of the Puck

The skater or goalkeeper that, in the opinion of the official, has "possession of the puck" and is guiding the puck in any desired direction. "Contact with the puck" is not considered "control of the puck." A player in "possession of the puck" may also immediately establish "control of the puck."

A skater considered to be in "control of the puck" is eligible to be body checked and/or engage in competitive contact.

(Note) This includes using the stick, skates or hands in directing the puck with purpose and will allow the player to maintain extended possession. It does not require the player to be in immediate contact with the puck (i.e. the puck does not need to be touching the stick to be considered in "control of the puck").

Creases

Goalkeeper's Crease – Areas marked on the ice in front of each goal designed to protect the goalkeepers from interference by attacking players.

Delayed Offside

A situation where an attacking player has preceded the puck across the attacking blue line, but the defending team has gained possession of the puck and is in a position to bring the puck out of their Defending Zone without any delay or contact with an attacking player.

Deflecting the Puck

The action of the puck contacting any person or object, causing it to change direction. ("Contact with the puck").

Directing the Puck

The act of intentionally moving or positioning the body, skate or stick so as to change the course of the puck in a desired direction. (Establishing "possession of the puck").

Face-Off

The face-off is an action of an official dropping the puck between the sticks of two opposing players to start play. The face-off procedure begins when the Official indicates its proper location and the officials are in their appropriate positions. The face-off commences with the dropping of the puck.

Game Suspension(s)

When a player, Coach or Manager receives a game suspension(s), they shall not be eligible to participate in the next game(s) that was already on the schedule of their team at the time of the incident.

Goalkeeper

The Goalkeeper is designated by the team and is permitted special equipment, for protection, and privileges for the purpose of playing the puck.

Goalkeeper's Privileged Area

The area outlined by connecting the end zone face-off spots with an imaginary line and imaginary lines perpendicular to the end boards (see rink diagram).

Goalkeeper's Warm-Up Area

The area including the Goalkeeper's Privileged Area extended to include the area formed by a line from each end zone face-off spot to where the goal line meets the side boards (see rink diagram).

HECC

The Hockey Equipment Certification Council is an independent organization responsible for the performance standards for ice hockey equipment.

Injury Potential Penalties

Injury Potential Penalties include Boarding, Body Checking (Body Contact Classifications), Butt-Ending, Charging, Checking from Behind, Cross-Checking, Elbowing, Head-Butting, Head Contact, High Sticking, Holding the Facemask, Kicking, Kneeing, Roughing, Slashing and Spearing. The linesperson is required to report these infractions to the referee following the next stoppage of play that may have occurred and were unobserved by the referee.

Last Play Face-Off

The location at which the puck was last legally played by a player or goalkeeper immediately prior to a stoppage of play.

Late Body Check

A late check is when a player delivering the check has an opportunity to avoid contact, or minimize contact, once they realize the opponent no longer has control of the puck.

The concept of "finishing the check" is an unacceptable action as it is one that is meant to intimidate or punish the opponent with no intent, or possibility, to gain possession of the puck. The responsibility is on the player delivering the check to avoid forceful contact (minimize impact) to a vulnerable or defenseless player who is no longer in control of the puck.

Line Change Procedure

The player substitution process during all stoppages where the visiting team must immediately complete any player changes within five seconds. After five seconds, the referee will raise their arm to stop any further visiting player changes. The Home Team shall then have five seconds to complete any player changes, after which the referee shall lower their arm. At this time, no further player changes may be made until play has resumed or a penalty has been assessed prior to face-off.

If the home team opts to change players during the visiting team player change, they shall not be given any extra opportunity to change players once they complete their change.

Off-Ice Official

Off-Ice Officials are those appointed to assist in the conduct of the game and may include the Official Scorer, Game Timekeeper, Penalty Timekeeper and the two Goal Judges. The Referee has general supervision of the game and full control of the game officials. In the case of any dispute the Referee's decision shall be final.

Penalty

A penalty is the result of an infraction of the rules by a player or team personnel. It usually involves the removal from the game of the offending player or team personnel for a specified period of time. If the penalty is on the team in possession of the puck the whistle blows immediately. If the penalty is not on the team in possession of the puck, the Referee indicates a delayed penalty and does not blow the whistle until the offending team gains possession of the puck. In some cases the penalty may be the awarding of a penalty shot or the actual awarding of a goal.

Physical Engagement

Two players who are in pursuit of the puck are allowed to use competitive contact provided that possession of the puck remains the sole objective of the two players. This includes opposing players competing for the puck in front of the goal or along the boards.

Possession of the Puck

Placing your stick on the puck in an effort to establish control or to deliberately direct the puck with any part of the body. The last player to have intentionally played the puck is considered to have "possession of the puck." A player may be in "possession of the puck" without establishing "control of the puck." However, a player must first gain "possession of the puck" prior to being considered in "control of the puck."

A player considered to be in "possession of the puck" is NOT eligible to be body checked and/or engage in competitive contact.

A skater attempts to gain "possession of the puck" by using the stick, and then body, in an effort to establish "control of the puck" or prevent an opponent from maintaining or gaining "control of the puck."

A skater considered to be "attempting to gain possession of the puck" is eligible to body check an opponent in "control of the puck" and/or engage in competitive contact.

Proper Authorities (Proper Disciplinary Authority)

The governing body of the team or teams involved, as determined by the Affiliate, except:

- (1) In USA Hockey-Sanctioned Tournaments and Play-Offs, the body shall be the Discipline Committee of the Tournament or Play-Off.
- (2) In matters relating to assault of an official, the body shall be the Affiliate Association of that team.

Protective Equipment

Equipment worn by players for the sole purposes of safety and protection from injury. All equipment must be manufactured for ice hockey and worn in the manner intended.

Recklessly Endangers (Reckless Endangerment)

Engaging in conduct, without regard to the consequences, which creates a substantial risk of serious physical injury to an opponent.

Short-Handed

Short-handed means that a team is below the numerical strength of its opponents on the ice. When a goal is scored against a short-handed team, the first non-coincidental minor or bench minor penalty (minor penalty with least amount of time remaining) terminates automatically.

Substitute Goalkeeper

The substitute goalkeeper is designated on the official game score sheet, but is not participating in the game. The substitute must be fully dressed and equipped and ready to play. A substitute goalkeeper may only participate in the game as a goalkeeper.

Team Official

A Team Official is any non-playing person not in uniform on the players' bench. All such persons must be registered in the current season as a Coach with USA Hockey, and must comply with coaching education requirements for the appropriate certification level as required by the USA Hockey Coaching Education Program. One such person must be designated as the Head Coach.

Temporary Goalkeeper

A player not designated as a goalkeeper on the official scoresheet who assumes that position when no designated goalkeeper is able to participate in the game. They are governed by goalkeeper privileges and limitations and must return as a "skater" when a designated goalkeeper becomes available to participate in the game.

Time-Out (Curfew Definition)

A curfew game is one in which the game must end by a certain time of day. Both teams must be notified of the curfew time prior to the start of the game.

Vulnerable or Defenseless

A skater is considered to be in a vulnerable or defenseless position when they are unaware, unprepared or unsuspecting of an impending body check and/or competitive contact.

STANDARD OF PLAY CASEBOOK



The following interpretations are specific to USA Hockey's Standard of Play and Declaration of Player Safety, Fair Play and Respect initiatives. Many of these situations may apply to more than one rule reference. Please refer to the Preface and those rules pertaining to these initiatives for specific rules language and additional information.

⇒ Situation 1

The first principle of the Standard of Play is "the use of the stick will be limited to only playing the puck." Does this mean that any time a player uses their stick to contact the opponent, a penalty must be called?

No. Even though the principle encourages players to only play the puck with the stick, an actual rule must still have been violated in order for a penalty to be assessed. There may be instances where the stick may contact the opponent's body or stick, but no competitive advantage had been gained by an act that is in violation of the rules.

However, when delivering a body check, the purpose of the body check must be to gain possession of the puck and therefore the stick must be below the knees. When a body check is delivered with the stick above the knees, Rule 640(d) has been violated and a penalty should be assessed.

It is important to recognize that, in essence, stick to lower stick contact that prevents the opponent from playing the puck could be considered an effort to play the puck.

⇒ Situation 2

Can a player lift the opponent's stick without being penalized under the Standard of Play guidelines?

Yes. A player may lift the opponent's stick at any time provided they do not impede their progress. This is most often done in an effort to prevent the opponent from playing the puck and is considered a good defensive play.

Just prior to the puck being received by an attacking player, the defensive player chops down on top of the stick and prevents them from being able to play the puck. Should this be penalized under the Standard of Play guidelines? Does it make any difference as to the angle of the stick blade when done?

The use of the stick to check an opponent's stick, or press the opponent's stick to the ice or the boards, is a good defensive play as long as it is done on the lower portion of the stick shaft and the intended purpose is to dislodge the puck or prevent the opponent from playing the puck. The angle of the stick blade (inverted or parallel to the ice), would not make a difference in this determination.

However, any time this action is done higher up on the stick or clearly impedes the opponent with no reasonable effort to play the puck, a penalty for slashing, holding or hooking should be called.

⇒ Situation 4

What degree of force is necessary for either a hooking or slashing penalty to be assessed under the Standard of Play quidelines?

For hooking, any use of the stick against an opponent's body that allows the player to gain a positional advantage should be penalized. Examples include a tug or pull that allows space between the opponents to be diminished, impeding the opponent's progress or causes a loss of balance or a subtle push or tug on the hand/arm that prevents the opponent from being able to pass or shoot the puck with normal force.

In the case of slashing, any slashing motion that makes contact with the hands, arms or body of the opponent must be penalized. In addition, any hard slashes to the upper portion of the stick (just below the hands of the opponent), with no attempt to legally play the puck, shall also be penalized.

I am a defensive player that is responsible for patrolling the front of my goal. What am I allowed and not allowed to do in playing the attacking player before the puck arrives?

Establishing a favorable body position is probably the key and this may involve considerable competitive contact, especially when the attacking player may be trying to establish the same advantageous body position. To do so, you can use size, strength and balance to lean on your opponent and put yourself in better position. The stick, or forearm, can also be used to steer the opponent as long as the arm(s) are not extended. Finally, a stick lift or stick press is a good defensive play when the puck is in the vicinity.

What you can't do is fairly clear. You cannot use a free arm to grab onto or impede your opponent. You cannot use the stick or arm(s) in an extended manner that "pushes off" the opponent and creates space between you. And, you cannot place your stick in an area that impedes the opponent's ability to move in a desired direction.

⇒ Situation 6

Is it acceptable for a player to take one hand off of the stick and use it as a shield to maintain space between the two players?

A player who is in control of the puck is allowed to use a free hand to maintain body position that they legally established. An example of this is when two players are skating shoulder to shoulder, or the defensive player is slightly behind, and the player with the puck uses the free arm to fend off the opponent and maintain their body position. Naturally, though, if they grab the stick, sweater or arm of the opponent, or use the free arm to push off and create space, a penalty should be assessed.

Is it acceptable for a player to take one hand off the stick and use it to steer an opponent when physically engaged in the corner or in front of the goal?

In regards to two players physically engaged in the corner or in front of the goal, it is unrealistic to expect both players to keep both hands on the stick at all times. In this instance, it is legal for a player to take one hand off the stick when reaching for the puck and using the free arm to steer the opponent or maintain position. Where the line is crossed and the player should be penalized is when the free arm is used to impede the opponent, pushes off with enough force to knock the opponent off of the puck or create space. This is a situation where officials need to use good judgment and allow competitive contact for the puck or body position to take place and be able to recognize when a player has gained a competitive advantage with an illegal tactic and penalize accordingly.

⇒ Situation 8

Is there a difference in what is allowed in a Body Checking category versus a Competitive Contact category when it comes to competing for the puck and body position?

Competitive contact and body position are very important parts of both the body checking and competitive contact games. Although there will be some differences in the amount of force that may be allowed at the younger or lower levels, the same principle of establishing body position exists in both categories and the methods used are the same. The only exception is the use of a body check, which is illegal in the Competitive Contact category.

Is a different standard applied to a player who is back checking the puck carrier versus a non-puck carrier?

Essentially, no. Any time a player gains a competitive advantage by the use of an illegal tactic, it should be penalized. This is regardless as to whether the action takes place on the puck carrier or non-puck carrier. It also emphasizes the importance of officials maintaining their maximum field of vision at all times by being in the proper position.

⇒ Situation 10

The attacking player chips the puck off the boards and is going to go around the defensive player. At what point can a body check, or any contact, still be legally initiated by the defending player?

The general rule of thumb is that a body check can be finished as long as the defending player first makes an effort to gain possession of the puck and is an arm's length plus stick length away from the opponent when the puck was dumped and the check that is delivered is unavoidable – meaning it was in the process of being delivered when control of the puck was relinquished. The player delivering the check would also be expected to minimize the force used in this instance and not take advantage of a vulnerable or defenseless opponent. It is not acceptable to skate one or two more strides after the puck is gone and then decide to deliver the check.

Contact may also be legal provided the defending player maintains their normal skating lane and reasonable foot speed. In this instance, the obligation is on the attacking player to go around the defender. However, if the defender initiates contact by stopping or changing their skating lane to cut off the opponent, an interference penalty would be the correct call.

What are some guidelines to be considered when assessing interference penalties to the centers during face-offs?

Whereas any illegal tactic must be penalized, we also must recognize that two players may be competing for the puck and the normal body position principles must be applied. As long as the two centers are attempting to play the puck, have established body position and are simply trying to maintain it, the battle should be allowed to continue. However, if one center intentionally plays the body of the opponent with no effort to play the puck, or impedes the opponent in any way other than maintaining proper body position, a penalty for interference would be warranted.

⇒ Situation 12

What are some guidelines to be considered when assessing interference penalties to players other than the centers during face-offs?

Any time the stick or arm is used to impede the opponent, it is pretty obvious that a penalty should be called. Where the inconsistency comes into play is the use of the body and not properly applying the body position principles. Once a player, defending or attacking, has established their space and is simply trying to occupy that space, they are doing so legally and the onus is on the opponent to try to move around them. Interference occurs when one of the players changes their established space for the sole purpose of impeding the opponent by setting a pick or a block that prevents the opponent from continuing on in their established skating lane or prevents them from occupying the space they are entitled to.

My local assignor supported the Standard of Play Initiative early in the season, but as the season has gone on has suggested that we should back off some and let the players decide the game. This was especially true during league play and playoffs. What is USA Hockey's philosophy on this?

First off, let's make it perfectly clear that USA Hockey's objective here is not to call penalties – it is to encourage players to play within the rules and not allow lesser skilled players/teams to gain a competitive advantage using illegal tactics. All officials should only call those infractions that are clear violations of the actual rules.

With that being said, the same standard and expectations of the players must be maintained throughout the course of the season. In many cases, the players do adjust to the expectations and fewer infractions are committed. But league or playoff games should not make any difference as to the penalty standard and players must be held accountable for playing within the rules and more skilled players allowed to play the game without unfair tactics used by the opponent.

The role of the official is to enforce the rules of the game and USA Hockey expects all officials to do the best they can every time they step on the ice, and regardless of the circumstances involved in the game.

⇒ Situation 14

In a Competitive Contact category, two players are skating toward the puck with the clear intent of playing the puck. As they both arrive at the puck, a collision takes place and the bigger and stronger player knocks the opponent to the ice. Is this a penalty for body checking?

No, provided both players are focused on playing the puck, this would be considered to be incidental contact that should not be penalized.

However, if the one player were to drop their shoulder in order to make the contact with the opponent, their focus is no longer on the puck and instead became an effort to play the body. In this instance, a penalty for body checking shall be assessed.

In a Competitive Contact category, a Team A player is skating up the ice along the side boards with the puck. The Team B player in pursuit has established an angle that allows them to close the gap along the boards and minimize the space the player with the puck has to go through. Contact between the players occurs and the Team A player is knocked into the boards and loses possession of the puck. Should a penalty for body checking be called?

No, provided the Team B player does not use any overt hip, shoulder or forearm action to make contact with the opponent and simply maintains their skating lane and focuses on closing the gap and gaining possession of the puck.

⇒ Situation 16

How much competitive contact should be allowed at the younger levels of play?

Competitive body contact should be allowed in all instances provided it is done within the definition of competitive contact. Competitive contact is a hockey skill that needs to be developed and encouraged at all levels of play. Players should be allowed to compete and gain possession of the puck using their body to establish and maintain their position using legal methods.

At the same time, officials should be diligent in enforcing body checking in Competitive Contact categories any time a player shifts their focus away from playing the puck and instead intentionally plays the body with an overt hip, shoulder or forearm with no attempt to gain possession of the puck.

⇒ Situation 17

What criteria should the Referee use when assessing a major plus game misconduct penalty for body checking in a Competitive Contact category?

Any time the player delivering the check clearly has no intention of playing the puck and instead intentionally plays the body of the opponent by delivering a hard body check, a major plus game misconduct penalty must be assessed.

A player in a Body Checking category makes no effort to play the puck and instead drives the opponent into the boards with excessive force. Should this be penalized as boarding?

Yes. The purpose of a body check is to gain possession of the puck. By accelerating through the check and causing the opponent to be thrown dangerously into the boards, the focus of the check is to punish or intimidate the opponent and must be penalized under the Standard of Play for Body Checking.

⇒ Situation 19

What degree of force is necessary in order to be considered to be thrown dangerously into the boards?

The onus is on the player delivering the check to not take advantage of a vulnerable or defenseless opponent.

The purpose of a body check is to gain possession of the puck. Any time a player delivers a check for the purpose of intimidating or punishing the opponent, and therefore causes the opponent to be driven excessively into the boards (uses the boards to punish the opponent), a boarding penalty must be assessed.

The degree of force with which a checked player contacts the boards varies. A more practical question may be "was the check necessary and/or what was the vulnerability of the player being checked?" For example, a boarding penalty may be assessed when a player in a vulnerable or defenseless position is unnecessarily hit with sufficient force and thrown dangerously into the boards.

In contrast, a penalty may not be warranted when a player is hit much harder as an opponent clearly attempted to gain possession of the puck, but their preparedness for the hit causes them to go only mildly into the boards.

USA Hockey is not eliminating a good, hard and clean check. However, players must be aware of the situation when delivering a check and then held accountable for taking "liberties" and therefore recklessly endangering an opponent.

A player leaves their feet and jumps at the last second to deliver a body check. Would this be considered charging?

Yes. Any time a player jumps in the process of delivering a body check, a charging penalty must be called, even if the contact is still made by the trunk of the body to the trunk of the opponent. The jumping motion is a clear indication there is no attempt to gain possession of the puck and provides additional force that is not necessary to deliver a legal body check.

⇒ Situation 21

A player delivers a check without taking the two fast strides, but instead accelerates through the check and delivers just as much force as if they had taken two fast strides. Could this be considered charging?

Yes. By accelerating through the check and maximizing the force used, the player is no longer simply attempting to gain possession of the puck and instead is attempting to intimidate or punish the opponent. Under the Body Checking Standard of Play, this must be penalized under the charging rule.

⇒ Situation 22

What criteria should the Referee use when assessing a major plus game misconduct penalty for head contact?

Any time the Referee deems the contact to the head area to be intentional or a reckless act, a major plus game misconduct penalty or match penalty must be assessed.

Intentional would be deemed to be when the player "targets" the head or neck area of the opponent when delivering a check.

A reckless act is when the actions of the player delivering the check clearly do not take into consideration the location on the body of the opponent where the contact is being made and uses excessive force in delivering the check to the head or neck area.

As with other dangerous actions, a major plus game misconduct or match penalty must be assessed if an opponent is recklessly endangered as a result of head contact.

What is the USA Hockey interpretation of illegal body checking to a player who is no longer in control of the puck (late hit)?

Any avoidable check delivered to a player who is no longer in control of the puck.

A player must be in control of the puck to be eligible to be body checked as the purpose of a body check is to gain possession of the puck. A player is considered to be vulnerable or defenseless after they have released the puck and are no longer in control of the puck. An avoidable check (late hit) delivered to a player after they have released the puck must be penalized under this rule.

An avoidable check is when the player delivering the check has an opportunity to avoid contact once it is realized the opponent no longer has control of the puck. If the check is deemed unavoidable (in the process when the puck was released), the player delivering the check is still obligated to minimize the unavoidable contact and not continue to punish the opponent.

The concept of "finishing the check" is one that is meant to intimidate or punish the opponent and has no place in youth hockey. Provided this check is avoidable, it must be penalized in every instance.

⇒ Situation 24

A player delivers a check to an opponent (Body Checking category) and initiates the contact with their hands to the chest of the opponent, extending the arms to push off when contact is made. Is this a legal body check?

No. By definition, a legal body check must be delivered with the trunk (hips to shoulders) of the body and to the trunk of the body of the opponent. When the contact is initiated with the hands and the arms extended to push off, it is a clear indication there is no attempt to gain possession of the puck and the check is not delivered with the trunk and must be penalized as Roughing.

There is a scramble around the goal and the goalkeeper covers the puck for a stoppage of play. A defensive player then "protects" their goalkeeper by pushing an attacking player — who has clearly stopped as a result of the whistle. The attacking player pushes back in retaliation. What penalties should be assessed?

In this instance, both players should be assessed minor penalties for roughing. This is one area where officials tend to be lax in their standard and needs to be tightened up.

Oftentimes, officials will only assess penalties after several warnings or after a player retaliates, in which case they go back and assess one minor penalty to each player, even though they had no intention of assessing the first penalty until the retaliation occurred. This approach discredits the officials and will only create more problems later in the game.

Under this Standard of Play, officials should enforce any unnecessary contact after the whistle with a strict penalty standard. When at all possible, the aggressor should be identified and assessed an additional minor penalty in order to hold them accountable for starting the altercation.

APPENDIX VII

OFFICIAL PLAYING RULES FOR THE DISABLED HOCKEY DISCIPLINES

Blind Hockey

Deaf/Hard of Hearing Hockey

Sled Hockey

Special Hockey

Standing Amputee Hockey

Warrior Hockey

This appendix supplements the Official Rules of Ice Hockey, which govern play within all Disabled Hockey disciplines except for the variations stated herein.



INTRODUCTION

USA Hockey's Disabled Disciplines provide playing opportunities regardless of disability. They foster an inclusive community and drive social change.

There are currently six disciplines recognized and supported by USA Hockey. These disciplines include:

- Blind Hockey
- · Deaf/Hard of Hearing Hockey
- Sled Hockey
- · Special Hockey
- Standing Amputee Hockey
- Warrior Hockey

This appendix supplements the Official Rules of Ice Hockey, which govern play within all Disabled Hockey disciplines except for the variations stated herein.

BLIND HOCKEY

PRFFACE

Blind Ice Hockey is like traditional ice hockey, with only a few adaptations to make the game accessible to players who are blind or visually impaired. The most significant adaptation is the puck, which makes noise and is larger and slower than a traditional hockey puck.

The following are the official rules of Blind Hockey, which shall be in effect for all games played at a USA Hockey-sanctioned event, except for any best-on-best international games played as part of a USA Hockey-sanctioned event. These games shall be played according to the international rules of competitive Blind Hockey, which includes the 14-point on-ice visual impairment rule.

ELIGIBILITY

The sport of Blind Hockey is played by athletes who are blind or visually impaired. Interested participants must meet the criteria of one of the three International Blind Sports Federation (IBSA) classifications or the United States Association of Blind Athletes (USABA) Recognized Low Vision Classification of B4. The criteria for each classification are below.

 IBSA Class B1: There is no light perception in either eye up to light perception, but they are unable to recognize the shape of a hand at any distance or in any direction.

- IBSA Class B2: From the ability to recognize the shape of a hand up to visual acuity of 20/600 and/or a visual field of less than 5 degrees in the best eye with the best practical eye correction.
- **IBSA Class B3:** From visual acuity above 20/600 and up to visual acuity of 20/200 and/or a visual field of less than 20 degrees and more than 5 degrees in the best eye with the best practical eye correction.
- USABA Recognized Low Vision Class B4: From visual acuity above 20/200 and up to visual acuity of 20/70 and a visual field larger than 20 degrees in the best eye with the best practical eye correction.

RINK

All Blind Hockey games shall be played on a regulation-sized ice hockey rink.

The official regulation-sized net for Blind Hockey shall be three (3) feet in height by six (6) feet in width. A net modification tool may be used if a regulation-sized net is unavailable.

EQUIPMENT/UNIFORMS Blind Hockey Puck

An adaptive puck that creates unique sounds and is larger than a regulation hockey puck will be used. USA Hockey-approved official Blind Hockey puck specifications are currently:

Material: 22-gauge steelConstruction: Hollow

Color: Black

• Contains: 8 ball bearings

• Diameter: 5 ½ inches / 14 centimeters

Height: 17/8 inches / 4.8 cmWeight: 7.76 ounces / 220 grams

Uniforms

White jerseys and socks are prohibited in Blind Hockey, as they do not contrast well against the white ice and boards and are difficult for visually impaired players to see. The home team shall wear a dark-colored uniform, while the visiting team will wear a brightly colored jersey, such as bright yellow or orange, to ensure maximum contrast.

Goalkeeper Blindfolds

Goalkeepers shall wear a blindfold under their helmets while participating in the game.

Protective Equipment

All players (including goalkeepers) must properly wear full protective equipment, including a HECC-certified full facemask, as required by Rule 304 of the Official Rules of Ice Hockey.

A player who participates in play without all the required equipment shall be assessed a minor penalty for Delay of Game and will not be permitted to participate until any illegal or missing equipment is replaced. The offending player may be unable to serve the penalty until they wear the proper equipment.

The standard equipment violation shall apply—the team is issued a warning, followed by misconduct.

Pass Whistle

All game officials shall carry an electronic whistle as an auditory signal once the One Pass Rule (see below) has been completed. The official Pass Whistle of Blind Hockey is the Fox 40 Electronic Whistle on setting three (3).

TEAM

A Blind Hockey game is played with five skaters and a goalkeeper on the ice for each team. The team game rosters shall follow the rules outlined in Rules 201, 202, and 203 of the Official Rules of Ice Hockey.

Rosters can comprise all youth-aged players (players under 18), all adult-aged players (18 and older), or mixed youth and adult-aged players.

PLAYING RULES/PENALTIES

Unless specified or modified herein, the USA Hockey Official Rules of Ice Hockey will be in effect, with the exceptions listed below.

- Goal creases include the two-inch red line describing an arc with a radius of six feet from the center of the goal line.
- Immediate icing during all games, with play stopped immediately once the puck completely crosses the goal line.
- · Tag-up offsides are used.

Body Checking

Body checking is prohibited during all Blind Hockey games. Body checking shall be penalized under the guidelines within Rule 604 in the Official Rules of Ice Hockey.

Defensive Crease Violation

No defending player may enter their defending goal crease. The referee shall warn the defensive players to exit the crease during

play. However, if a defensive player blocks a shot while in their goal crease, they shall be assessed a minor penalty for a defensive crease violation. If the defending player does not exit the goal crease, the play is stopped for a Defensive Crease violation, and the ensuing face-off shall occur in the defending team's end zone.

If the referee determines that a defending player pushed an attacking player into the goal crease, play shall be stopped for a Defensive Crease Violation, and the ensuing face-off shall be located in the defending team's end zone.

If an attacking player scores while positioned in the goal crease due to the actions of a defending player, the goal shall be awarded.

The attacking team may not intentionally enter the goal crease to stop play while the defending team has control of the puck. This will result in a neutral zone face-off.

Defending Different Ends

Teams will remain at the same end of the rink adjacent to their team bench for each period unless the referee determines that conditions at one end of the rink are more favorable. If teams need to switch ends during the second period, they must also switch team benches to assist with line changes.

Goalkeeper Freezing the Puck

As the goalkeeper is blind (and blindfolded), and the puck does not make noise while not moving, the goalkeeper does not have to gain control of the puck to cause a stoppage of play after making a save so long as it stops in the crease. After the goalkeeper makes a save, play shall be stopped. When the referee determines that the puck is no longer moving, the puck shall be deemed frozen. However, if the goalkeeper makes a save and the puck is moving within the crease, play shall continue, and the attacking team may score, provided their skates remain outside the crease. If the puck stops in the crease but the goalkeeper does not make a save (e.g. rebound off the goal post or is pushed in by a player), the play shall continue.

Goalkeeper Interference

An attacking player who makes contact with the opposing goalkeeper positioned within the goal crease with any part of their body or stick shall automatically be assessed a penalty for Goalkeeper Interference.

Illegal Goaltending

Goalkeepers must be in a standing position before each face-off during the game and must return to a standing position each time

the puck exits the defending zone. A goalkeeper who deliberately remains on their knees or lies on their side during the face-off shall receive a minor penalty for Illegal Goaltending.

Illegal Noise

Blind hockey players, especially goalkeepers, rely on their ability to hear the puck during play. It is the referee's discretion to determine if anyone on a team bench is being disruptive and interfering with play. After a team warning, a bench minor penalty shall be assessed if disruption persists.

Illegal Stick Tap

Players may only tap their sticks on the ice in the attacking zone. This allows teammates to communicate effectively via stick-tap with certainty that a teammate indicates their location even if they cannot see them. A player deemed stick-tapping in their defensive or neutral zones will be assessed a minor penalty for unsportsmanlike conduct.

Offensive Crease Violation

The goalkeeper is the only player permitted in the goal crease. Other players may place their sticks in the crease, but no part of their bodies or skates are permitted. If an attacking player enters the crease, even if they have possession of the puck, play shall be stopped for an Offensive Crease Violation, and the ensuing face-off shall be located at the nearest neutral zone face-off spot. If an attacking player enters the crease before putting the puck in the net, the goal shall be disallowed as the Offensive Crease Violation occurred first.

One Pass Rule

To give low-vision and completely blind players the best chance to track the puck, teams must complete One Pass after entering the attacking zone before being eligible to score.

A "One Pass" shall be considered completed when an attacking player deliberately moves the puck either with their stick or skate, and the next player to touch the puck is a teammate, without a defending player having any contact with the puck in between.

The referee will signal that the One Pass rule has been completed by using an electronic Pass Whistle (see above) that emits a different sound than the usual whistle for a minimum of five (5) seconds.

Once the One Pass has been completed, the attacking team may try to score until the puck exits the attacking zone or there is a stoppage in play. If the puck exits the attacking zone or there is a

stoppage in play, the attacking team must complete One Pass before attempting to score.

Own Goals

Due to the One Pass rule, there are several situations where the puck may end up in the net due to actions of the defending team, which have different results depending on the play:

- If the One Pass rule has been completed, the goal shall be awarded no matter what the defending team does to cause the puck to enter the net.
- If the One Pass rule has not been completed, and the defending team accidentally deflects the puck into their own net, the goal shall be disallowed.
- If the One Pass rule has not been completed, and the referee determines the defending team directs the puck into their own net by a deliberate act while controlling the puck, the goal shall be awarded.

⇒ Situation 1

After the One Pass rule has been completed, a defending player attempts a pass up the middle of the ice, and the puck hits any player's skate or shin pad and ends up in the net. A goal shall be awarded.

⇒ Situation 2

The One Pass rule has not been completed, and the attacking forward shoots the puck, which deflects off a defending player's shin pad or stick and into the net. The goal shall be disallowed.

⇒ Situation 3

The One Pass rule has been completed, and the attacking forward shoots the puck, which deflects off a defending player's shin pad or stick and into the net. A goal shall be awarded.

No Pass Goal or Save

If a team attempts to score without completing the required One Pass, which results in the puck entering the net or the goalkeeper or motionless puck stopping play, the ensuing face-off will occur at the nearest neutral zone face-off spot.

If a team attempts to score without completing the required One Pass and the goalkeeper makes a save, resulting in the puck returning into play, play shall be allowed to continue, but the referee will alert the attacking team by verbalizing, "NO PASS, NO PASS."

⇒ Situation 1

An attacking player attempts a pass to their teammate, and the puck touches a defending player's stick or body and continues to the intended teammate anyway. The One Pass rule has not been completed.

⇒ Situation 2

An attacking player crosses the attacking blue line and dumps the puck into the end zone, and the next player to touch the puck is their teammate five seconds later. The One Pass rule has been completed (there is no time limit to completing a pass).

Penalty Shot/Optional Minor

A penalty shot or optional minor penalty may only be awarded if the attacking team has completed the One Pass rule. In the event a defending player commits an infraction that would usually result in a penalty shot but has not completed the One Pass rule, a minor penalty shall be assessed to the offending player.

Goalkeeper Substitution

There are two situations where the goalkeeper may be substituted and replaced with an extra skater:

- During a delayed penalty situation, the non-offending team may add an extra skater while their goalkeeper remains on the ice. This extra skater can remain on the ice until the next stoppage of play when the penalty is assessed.
- 2. If a team decides to substitute the goalkeeper for an extra skater at any point during the game other than during a delayed penalty, the substitution must occur during a stoppage in play. Should a goalkeeper attempt to skate off the ice during play, play shall be stopped, and the goalkeeper shall be assessed a minor penalty for delay-of-game.

Slap Shots

Slap Shots are prohibited in Blind Hockey. During the act of shooting, a player may raise their stick so that it is parallel with their hip at maximum. A minor penalty for a slapshot would result. A stoppage of play shall occur, and the ensuing face-off shall be held in the defensive team's zone.

Tie-Breaking Shots Procedure

The IIHF Tie-Breaking Shots procedure will apply as listed herein for elimination games:

Note: During tie-breaking shots, the referee must communicate with each goalkeeper before each shot to confirm they are facing the next shot before allowing a shot attempt and must blow their whistle to start each attempt to let the goalkeeper know the puck is in play.

- · Shots will be taken at both ends of the ice surface.
- The procedure will begin with five (5) different shooters from each team taking alternate shots. The shooters do not need to be named beforehand. All players from both teams listed on the official game sheet will be eligible to participate in the shootout except for any player whose penalty was not completed when the third or overtime period ended. That player must remain in the penalty box. Players serving penalties assessed during the shootout must remain in the penalty box or team dressing room until the end of the shootout procedure.
- The home team can select whether to shoot first or second.
- The goalkeepers shall defend the same goal as in the previous period and remain in the goal when their team takes a shot.
- The goalkeepers from each team may be changed after each shot.
- The puck shall then be placed on the center-ice face-off spot and the player taking the shot will, on the instruction of the referee, by blowing their whistle, play the puck from there and shall attempt to score on the goalkeeper. The puck must be kept in motion towards the opponent's goal line, and once it is shot, the play shall be considered complete. No goal can be scored on a rebound of any kind (an exception being the puck off the goal post or crossbar, then the goalkeeper, and then directly into the goal), and any time the puck crosses the goal line or comes to a complete stop, the shot shall be considered complete.
- The players of both teams will take the shots alternately until a
 decisive goal is scored. The remaining shots will not be taken.
 If the score is still tied after each team takes all shots, the

- procedure shall continue with a "tiebreak shoot-out," using the same or new players.
- The team that shot second in the first five shots will start first in the "tie-break shots." The game shall be finished as soon as a duel of two players brings the decisive result. The same player can be used for each shot by a team in the "tie-break shootout."
- The Official Scorekeeper will record all shots taken, indicating
 the players and goals scored. Only the decisive goal will count
 in the result of the game. It shall be credited to the team that
 scored the goal and charged against the team that was scored
 upon.
- If a team declines to participate in the shootout, the game will be declared as a loss for that team.
- If a player declines to take a shot, it will be declared "no score" for their team

OFFICIALS

USA Hockey-certified referees are to officiate all games utilizing the USA Hockey two or three official system. These referees utilize two whistles during each game: a typical finger whistle and an electronic Pass Whistle. The official Pass Whistle of Blind Hockey is the Fox 40 Electronic Whistle on setting three (3).

DEAF/HARD OF HEARING HOCKEY

PREFACE

Deaf/Hard of Hearing Hockey is for individuals diagnosed with hearing loss. It is played according to the USA Hockey Official Rules of Ice Hockey with the following modifications. Instruction is based on the player's ability to communicate with coaches using American Sign Language, lip reading, hearing aids, or cochlear implants. Interpreters may be used as needed and are welcome on the bench. Lighting and vibration systems may also be used as teaching aids.

ELIGIBILITY

National team eligibility requires that a player has at least a 55-decibel hearing loss in their better hearing ear. All other players need to be diagnosed with some hearing loss to participate.

RINK

All Deaf/Hard of Hearing Hockey games are played on a regulationsized ice hockey rink.

EQUIPMENT/UNIFORMS

All players must wear full protective equipment for their position, as outlined by Rules 303 and 304 in the Official Rules of Ice Hockey, including HECC-certified full facial protection.

Hearing aids or cochlear implants are permitted to be worn in regular games.

During hockey games where all the players are deaf or hearing impaired, strobe lights attached to the plexiglass go on/off to indicate that play has been stopped.

TEAM

A Deaf/Hard of Hearing Hockey team has five skaters and a goalkeeper on the ice, the same as typical hockey. Roster size limitations are the same as a typical ice hockey team.

Teams are classified as Youth teams (players under 18), adult teams (players 18 and older), or mixed youth and adult-aged teams.

PLAYING RULES/PENALTIES

Deaf/Hard of Hearing games follow the USA Hockey Official Rules of Ice Hockey.

OFFICIALS

The off-ice officials activate the strobe lights when play stops.

SLED HOCKEY

PREFACE

Sled hockey follows the USA Hockey Official Rules of Ice Hockey, except for some of the equipment. Players sit in specially designed sleds on top of two hockey skate blades. There are two sticks for each player instead of one, with metal picks on the butt end for players to propel themselves and a modified blade on the other end of the stick for stick handling. Goalkeepers wear the same equipment but with a modification to the catcher glove (metal picks are sewn into the backside to allow the goalie to maneuver).

FLIGIBILITY

Players may have a wide range of mobility and cognitive limitations, which include but are not limited to limb loss, spinal cord injuries, spina bifida, cerebral palsy, and other permanent impairments that limit participation in stand-up hockey.

RINK

All Sled Hockey games are played on a regulation-sized ice hockey rink

EQUIPMENT/UNIFORMS

All players must wear full protective equipment for their position, as outlined by Rules 303 and 304 in the Official Rules of Ice Hockey, including HECC-certified full facial protection.

Hockey pants are not required.

Reasonable modifications to general hockey equipment rules may be permissible if the player must have these modifications to participate because of their disability. Modifications to equipment must be approved in advance by the USA Hockey National Sled Discipline Representative before being used in a sanctioned event/game.

Prosthetics or other equipment made of hard or unyielding material that is not entirely covered by protective equipment must be covered on all exterior surfaces with at least ½ inches of high-density, closed-cell polyurethane or an alternate material of the same minimum thickness and similar physical properties to either protect an injury (e.g. player's cast) or to prevent an injury.

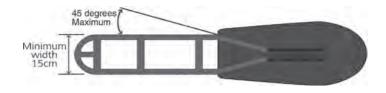
The following equipment rules apply to sled-specific equipment in addition to those listed in USA Hockey's Official Rule of Ice Hockey.

Sled Player Equipment (Mobility Devices) Player Equipment shall be defined as the sled, skag, bucket, skate holder, skate blade, sticks, and picks.

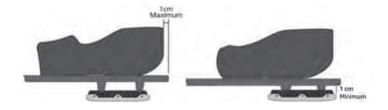
Sled Frames

Sled frames may be constructed of the following approved materials: steel, aluminum, titanium, and magnesium. The Material must be cylindrical and not have a diameter of less than 1.5cm or greater than 3 cm.

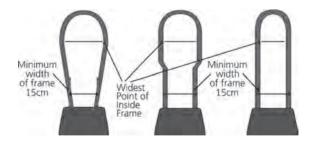
The frame's main side rails shall be 15 cm minimum width (measured from the outside of the frame) and a maximum width no greater than the sled's seat. The frame's side rails may taper underneath the seat to accommodate the blades; any taper must not exceed 45 degrees.



No more than 1 cm of the frame may protrude beyond the rear of the seat. The blade carrier may sit on the rear end of the frame. However, the frame must protrude 1 cm beyond the end of the blade.



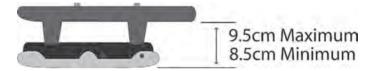
The front of the sled shall have a continuous curve with a maximum radius of one-half (1/2) of the inside width of the frame at its widest point forward of the seat. Steel, aluminum, titanium, magnesium, and polyurethane may be used in constructing this piece.



The frame may be fitted with a maximum of (4) four cross members and one foot rail mounted forward of the seat. The cross members may be square or cylindrical and not have a diameter smaller than 1.5 cm or greater than 3 cm.



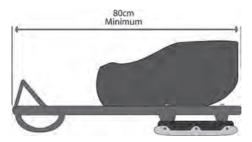
The height of the main frame measured from the ice to the bottom of the frame shall be a minimum 8.5 cm and maximum of 9.5 cm.



Player's seats/buckets may sit on the ice hockey blades/blade carrier, as long as it is not below 5 cm.

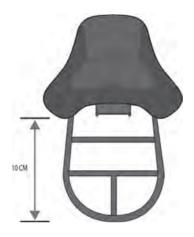


For a double amputee, the minimum length of the frame must be 80 cm and accommodate the front skid.



The minimum length of the goalkeeper's sled frame must:

- Extend 10 cm beyond the front end of the players' seat bucket.
- · Accommodate the front skid.
- A foot guard/support should not be less than 5 cm high minimum and no more than 15 cm high maximum. If possible.



The area from the bottom of the side rails frame tubing to the ice must be a minimum of 8.5 cm and a maximum of 9.5 cm. The area behind the end of the skag and in front of the blade and blade hold carrier must be free and clear. No padding or construction of any kind may cover this area. A plate or any device covering the space between the sled frame side rails is not permitted.



Front Skag

The Sled must have one skag. The front skag must be attached to the frame not more than 3 cm from the front of the main frame. The skag must be mounted in the center of the frame and extended backward.

The skag measured from the frame downward towards the ice must be no less than 7 cm minimum and 9.5 cm maximum.

The skag may be made of the same material as the main frame. If made of the same material, it must be cylindrical and 3 cm maximum. The skag may be designed out of nylon/plastic material. It may be solid in shape and 1.5cm minimum and 3 cm maximum.



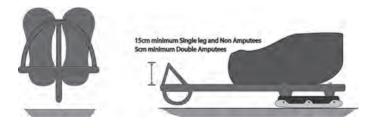
Skags cannot be designed in the following styles:



Foot Guard/Support

A foot guard/support is not required but is strongly recommended. If in use, it must be made of the same material as the main frame and have a diameter of not less than 1.5 cm minimum and 3 cm. The

and have a diameter of not less than 1.5 cm minimum and 3 cm. The foot guard/support shall vary in height but can be a minimum of 15 cm high. **Note:** A double amputee's foot guard/support can be a minimum of 5cm high.



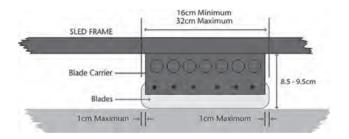
Foot Protection

Ice Hockey Skate Boots are not required for protection but are strongly recommended. A guard built into the mainframe may also provide suitable protection.



Skate Blades/Blade Carrier

Each Sled shall be mounted with one (1) blade minimum and two (2) blades maximum, mounted parallel and square under the sled's seat; there is no minimum width for the blades to be set apart. The maximum width is the width of the seat. The blades must be a minimum of 16 cm and no longer than 32 cm maximum. The blades must not protrude more than one (1) centimeter beyond the front or back of the blade carrier. **Note:** Plastic blades are acceptable for goalkeepers only.



Sled Bucket (Seat)

The Bucket may be made from any suitable material and must have no sharp edges (edges rounded off). No more than 1 cm of the frame may protrude beyond the rear of the bucket. **Note:** If the goalkeeper sits cross-legged, the bucket may be extended sideways to protect the knees but may not protrude more than 1 cm beyond the goalkeeper's knees.

The maximum height a seat may sit above the ice is 20 cm, measured from a flat surface to the lowest point of the underside of the seat's main seating area. (See diagram below.)

Removable seat cushions, built-in padding, or a combination thereof must not exceed 5 cm in height or overlap the seat.

No external projection or protuberance over 1 cm beyond the seat or back support towards the rear of the sled will be allowed.

Straps and/or adhesive tape may be used to secure the players' feet, ankles, knees, and hips to the sled.



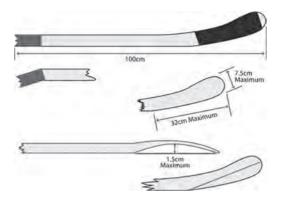
Sled Hockey Stick

Sticks may be made of wood or other materials, such as carbon, aluminum, fiberglass, or plastic. They shall not have any projections, and all edges must be beveled. Adhesive, non-fluorescent tape of any color may be wrapped around the stick at any place. The shaft must be straight.

Sticks are not allowed to be affixed in any fashion to the sled or body, except they may be affixed to the glove to assist in holding the stick, and, for players with upper extremity limb loss, may be affixed to a player's remaining limb, with prior approval by the USA Hockey National Sled Discipline Representative.

No player's stick shall exceed 100 cm from the toe to the pick end of the shaft. The stick shaft shall not be less than 2 cm and no more than 2.8 cm thick. The blade of the player's stick shall not exceed 32 cm in length and 7.5 cm in width.

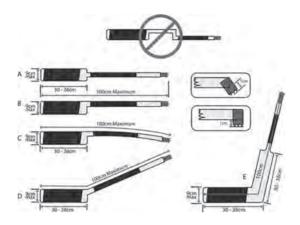
The curvature of a player's stick blade is measured so that a straight line drawn from the heel to the base of the toe shall not exceed 1.5 cm at the point of maximum curvature.



No goalkeeper's stick shall exceed 100 cm measured along the center line. The stick shaft shall not be less than 2 cm and no more than 2.8 cm thick. The blade of the goalkeeper's stick shall have a minimum length of 30 cm and shall not exceed 38 cm in length and 9 cm in width.

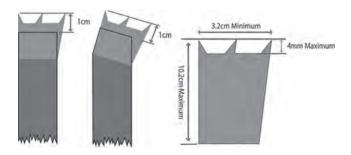
The goalkeeper's stick may have an additional pick at the base of the blade not exceeding 1 cm, set at 90 degrees at the butt end of the stick to facilitate movement back and forth in the goal (i.e., push or pull).

The curvature of a goalkeeper's stick blade is measured in such a way that a straight line drawn from the heel to the base of the toe shall not exceed 1.5 cm at the point of maximum curvature.



Picks

The depth of the teeth on the "pick-ends" shall not extend more than 4 mm. A set of "pick-ends" must be fixed to the lower or butt end on each side of the stick and have at least a total of 6 teeth of equal length per stick (a minimum of 3 each side). The "pick ends" may be made of any strong material, including steel, and the entire length of the "body" of the pick may not be longer than 10.2cm (4 inches). The "pick-ends" shall not extend more than 1 cm beyond the butt end of the stick. The "pick-end" may be beveled but not extend beyond 1 cm at any angle. Picks shall have a minimum width of 3.2 cm.



Goalkeeper's Equipment

Helmet:

Per the Official Playing Rules of USA Hockey, only HECC-certified helmets and facemasks are allowed.

Should a hard shot hit the goalkeeper's facemask while play is in progress, the play may be stopped at the discretion of the Referee only if no immediate scoring chance is presented to the opposing team.

If a goalkeeper removes their helmet and/or facemask to bring the stoppage in play during a penalty shot, the Referee shall assess a minor penalty to the goalkeeper and re-award the penalty shot.

Catching Glove:

Per the Official Playing Rules of USA Hockey, only hockey gloves are allowed. These may have fixed protuberances or protruding picks but must be securely attached to the catching glove. The picks may not exceed 1 cm in length.

Blocker:

Per the Official Playing Rules of USA Hockey, only hockey blockers are allowed. These may have fixed protuberances or protruding picks but must be securely attached to the blocker. The picks may not exceed 1 cm in length and can only be affixed to the top edge of the blocker.

Leg Protection:

The goalkeeper's leg pads shall be worn as manufactured. The leg pad should be worn to cover the front and not the side of the leg. Leg pads shall be strapped to the leg only. Any leg pad strapped to the frame of the sled is prohibited. If a goalkeeper's disability results in any leg extending outside of the typical sled frame, the leg pad must be strapped to allow space between the ice and the leg pad. The leg guard shall not exceed 5 cm higher than the leg(s) of the goalkeeper and not extend beyond the feet. A goalkeeper may use hockey shin guards or baseball shin guards as protection. A goalkeeper may use one pad to protect one leg or two. The goalkeeper's side leg guard or any device or material shall not extend below the side rails of the sled frame.

Team

A Sled Hockey team has five skaters and a goalkeeper on the ice, the same as typical hockey. Roster size limitations are the same as a typical ice hockey team.

Teams are classified as Youth teams (players under 18) or Adult teams (players 18 and older). Youth-aged players 16 and older can request to be waived onto an Adult team by following the waiver process on the Sled Hockey webpage.

PLAYING RULES/PENALTIES

Section 1 The Rink

Team Bench

Some rinks are "sled accessible." This means the benches have been modified so sled hockey players can exit the ice using this space. In all cases where the rink is "sled accessible," both teams must agree to use the player benches. If one team chooses not to use the player benches, both teams will not be allowed to use the player benches.

When a game is played at a rink that does not support sleds on the team bench, the players are to sit along the boards in front of the team bench, between the blue line and the center red line.

If a puck is directed toward the team or penalty area, the players shall direct it and send it back into play as if it 'bounced' off the boards without providing an advantage to either team.

If the puck is caught in the bench area for an extended period or if a player has unfairly directed the puck, then play must stop, and a last play face-off shall be conducted. If a team clearly causes the stoppage of play, such face-off shall not give them a positional advantage. When the puck goes into the bench area where players are located, players in the bench area must make every effort to push the puck out in front of them without creating an unfair advantage to either team.

There is a safety issue with the puck being caught in the bench area, and there shall not be players fighting for a loose puck among the players in the bench area.

Unlike able-bodied hockey, players serving their penalty in the penalty area on the ice do not need to proceed "by way of the ice" before any substitution can be made. They can move directly into their team's bench area once the penalty time is over.

A minor penalty shall be imposed on any player or bench minor if the player is not identifiable who intentionally disrupts gameplay to benefit their team while in the bench area, creating an unfair advantage.

Penalty Bench

When a player is penalized and playing on a non-sled accessible rink, the penalized player(s) will sit near the center red line, on the ice on the same side as the players' benches, even if the referee crease is located on the other side of the ice.

Section 2 Teams

Composition of Teams

Up to two members of a team's coaching staff may be on the ice during games. On-ice coaches must wear skates and a HECC-certified helmet and may not carry a regular hockey stick or leave the players' bench area during playing time except to assist and upright a player. Coaches are not required to wear a face mask unless seated in a sled, in which case they must wear a HECC-certified face mask properly fastened. For a violation of this rule, the bench shall receive one warning for the first offense and a bench minor penalty for every subsequent violation of this rule.

Substitution of Players

Players may be changed at any time during play from the players' bench, provided the player or players leaving the ice shall always be within 10 feet of the players' bench. If either the player entering or leaving the game deliberately plays the puck in any manner or makes physical contact with an opposing player while the retiring player is outside of the 10-foot area or causes their team to gain a competitive advantage, then a bench minor penalty for "too many players on the ice" shall be assessed. If, in the course of a substitution, either the player entering the play or the player retiring is struck by the puck accidentally, the play will not be stopped, and no penalty shall be called.

Section 3 Equipment

Equipment Measurement

A team may request to measure a stick at any time during the game or during a stoppage of play.

A team may request to measure any required equipment. If the request (except sticks) is made during the first or second period, the proper authorities will measure the equipment during the next intermission. Any request in either the third period or overtime will be measured immediately. The Referee or the designated tournament/ game official will conduct all equipment measurements.

Section 4 Penalties

No changes.

Section 5 Officials

No changes.

Section 6 Playing Rules

Body Checking

Body checking is prohibited in youth classifications. Competitive contact is allowed. A minor penalty shall be assessed to a player who body checks an opponent in the youth sled hockey division. A major plus a game misconduct or match penalty shall be assessed to any player who recklessly endangers an opponent with a body check in the youth sled hockey division. **Note:** Competitive contact does not mean "no contact." There will be legal body contact within the rules in the Competitive Contact categories. Legal body contact shall not be penalized under this rule. However, deliberate physical contact with an opponent, with no effort to legally play the puck, shall be penalized.

A player wearing a jersey pullover or brightly colored helmet is a Non-Contact Player. This player cannot be contacted in any fashion (other than incidental contact), nor can they deliberately make contact with another player. This will result in a minor penalty.

Broken Stick

Any player whose stick is broken may use the pick or blade portion of the stick to propel themselves to the bench to either be substituted or receive another stick. A player who participates in play while holding a broken stick will receive a minor penalty for an equipment violation. A broken stick is one that, in the opinion of the referee, is unfit for regular play.

A goalkeeper is allowed to play with a broken stick until the next stoppage of play or until the goalkeeper has been legally provided with a new stick. The goalkeeper can go to the bench and change their stick when the play is in progress.

Face-Off Procedures

Players shall position themselves squarely facing the rink's sideboards, with their sled blades outside the face-off spot. Players facing off shall place the blades of their sticks parallel and opposite each other, with the bottom or heel of each blade flat on the ice. No other player shall be allowed to enter the face-off circle or come within 15 feet of the players facing off the puck. All other players must position themselves behind the hash marks on the outer edge of the face-off circle or stand approximately arm's length apart from the opponent.

Players are not allowed to move during the face-off procedure once they are set.

For sled hockey, referees crouch and present the puck rather than start with it at their hip.

Falling on Puck

If, during a face-off, a player deliberately falls on, gathers the puck in their body, or uses their body or sled to protect the puck from the opposing player, they shall be assessed a minor penalty.

Icing

Automatic icing will be used at youth levels. Hybrid icing will be used in adult classification games.

Kneeing

There is no penalty for kneeing in sled hockey.

Puck in Motion or Out of Sight

The referee shall consider the puck frozen or unplayable if it is out of sight, stays under the sled, or is caught in the sled. If a player deliberately lodges the puck in their sled or any equipment, a minor penalty shall be assessed for delay of game.

Throwing Stick/Object

A major plus game misconduct penalty, in lieu of a minor penalty, shall be assessed to any player who shoots or throws any portion of their stick in the direction of a player. A minor penalty shall be assessed for shooting/throwing any other object. This paragraph replaces the first paragraph of Rule 637(a) in the USA Hockey Official Rules of Ice Hockey. All other rules under Rule 637(a) shall be enforced as written, including no penalty for a broken stick being discarded in a way not to interfere and a penalty shot being awarded for a stick thrown in the defensive zone in a manner to prevent a qoal.

A major plus game misconduct penalty shall be assessed to any player who throws any portion of their stick or any other object outside of the playing area. This paragraph replaces Rule 637(c) in the USA Hockey Official Rules of Ice Hockey.

A Match Penalty shall be imposed on any player who deliberately throws a stick or any part thereof or any object at a Game Official.

Tripping

Any player who uses their stick or arm to push/pull/impede an opponent's sled or blades in any manner, causing the player to fall to the ice, lose their balance, or lose control of their sled shall be assessed, at the discretion of the referee, a minor penalty or major penalty plus a game misconduct penalty.





UNIQUE RULES FOR SLED HOCKEY - POINTS OF EMPHASIS

Teeing

Teeing is defined as making contact with an opponent with any part of the front radius of their sled into an opponent. Contact must not be made at a 90-degree angle for a penalty to occur. A minor penalty, major plus game misconduct, or match penalty can be called for this infraction at the referee's discretion.

Ramming

A Minor, Misconduct, or a Major plus a Game Misconduct penalty, at the discretion of the referee, shall be imposed on any player who intentionally lifts or raises the front nose of the sled, intentionally turns up the under part of the sled towards an opponent, or intentionally exposes a sled blade and collides with another player.

Butt-Ending

Butt-ending is extremely dangerous as sharp 'picks' are at the end of a player's sticks. These 'picks' are used by the players to propel themselves along the ice but are sometimes used as a 'weapon.' Officials should be alert to a player's use of their sticks. 'Butt-ending' identifies the act of a player who uses the shaft of the stick above the upper hand to check an opposing player. Attempt to butt-end shall include all cases when a butt-end gesture is made but no contact is actually made.

Handling Puck with Hands

All rules outlined in the USA Hockey Official Rules of Ice Hockey for handling the puck with your hands shall be enforced. However, because players often use all parts of the stick to propel the puck and frequently move the position of their hand on the stick, special attention must be given to this.

Holding

Holding is mentioned, as it is common for players to attempt to hold the sled of an opposing player. Holding an opponent for even a moment can cause this player to lose any momentum they may have. Holding can occur on the arms, the sled, the body, the head, and even the opponent's stick. A player who holds an opponent or any part of their sled with their hands or stick or in any other way shall be assessed a "Holding" penalty as outlined in the USA Hockey Official Rules of Ice Hockey.

Tripping

Tripping occurs when a player punches the blades out of another player or uses their stick to pull or hook the blades from the opposing player's sled.

Pusher Rules

What is a Pusher in Sled Hockey?

A pusher is an individual on skates and wearing the other required protective equipment during a sled hockey game who pushes a player who cannot propel a sled themselves. A pusher uses handles attached to the back of the sled of the player being pushed.

What is a Pusher's Responsibility?

To propel the player with limited mobility or other disability that prevents them from participating in play (e.g., blindness, etc.) and cannot propel themselves. The pusher always keeps the player's safety in mind and out of harm's way. The pusher provides the player with the opportunity to play the sport of sled hockey.

Pusher Requirements

- Pushers must be registered and rostered as USA Hockey players, coaches, or volunteers.
- Pushers must wear hockey skates and HECC-certified helmets.
 Pushers under 18 years of age must wear a helmet with a full facemask and neck laceration protection.
- Pushers are strongly recommended to wear full hockey equipment.
- Pushers must wear a jersey, warm-up, or uniform of the player's team they are pushing.
- Pushers must have adequate skating ability. The referee may remove a pusher if they cannot skate well enough to keep the players safe.
- All pushers and coaches are not allowed to have an ice hockey stick during warm-ups or games at any time.

- Pushers and coaches are not allowed to sit on top of the boards.
- Pushers will not be allowed to participate in the game and may be removed by the referee if pusher requirements are not met.

In-Game Playing Rules for Sled Hockey Pushers

- Pushers may not pull the pushed player backward unless the pushed player is in harm's way.
- Pushers may not push their player faster than the average speed of the players on the ice. This includes accelerating faster and turning faster than the average player.
- Pushers may not catch the opponent's puck carrier from behind.
- Pushers may not use their skates or other body parts to block, deflect, or advance the puck.
- Pushers may not use themselves to set up a screen.
- Pushers may not trap the puck beneath the pushed player's sled and the ice to advance the puck.
- Pushers may not advance the puck with the front part of the sled.
- Pushers may not dominate or intimidate opposing players.
- Pushers may not lift the front of the sled or lift the back of the sled off the ice.
- Pushers may not jump for any reason. Their skates must remain on the ice at all times.
- · Pushers may not use a hockey stick to push.
- Pushers may not coach or communicate with any other players on the ice while pushing. They are only to push their player and can only communicate with that player.
- Pushers/pushed players are not allowed to play within the area
 of their defensive zone with imaginary lines drawn from the
 defending goalposts to end face-off dots and out to intersect
 the top of the face-off circles (see below).
- Pushers may not line up during a face-off in their defensive zone anywhere in the shaded area.
- Pushers/pushed players may not body check or be body checked. Light body contact is allowed.
- A maximum of two (2) pushed players for each team are allowed on the ice simultaneously.
- Pushers shall not move a player in a fashion that assists the player in shooting or passing the puck.
- Pushers must push a player in a fashion that always maintains both sled skate blades on the ice.

An infraction of any of the above shall result in a minor penalty for unsportsmanlike conduct for both the pusher and the player being pushed. Both will serve the penalty and sit in the penalty box area. **Note:** Referees should be aware of calling a penalty on the first infraction of any of the above to avoid the team using a freebee or warning to their advantage.

If a pusher commits two (2) minor penalties in one game, the pusher will no longer be allowed to push in that game for any player. The pushed player will be allowed to continue to play with a different pusher.

Pushers/coaches/referees can help players who cannot get up independently during gameplay in a reasonable amount of time. However, the player or pusher cannot intentionally or unintentionally affect the game. If an obstruction of the game occurs intentionally, a minor penalty will apply. If an obstruction of the game occurs unintentionally, the referee must stop play, and the ensuing face-off shall occur at the face-off spot closest to the stoppage of play. If play was stopped for this reason due to an attacking team in their attacking zone, the face-off will occur at the closest neutral zone location.

Coaches shall not stand on the ice while the game is in progress. They shall remain on the players' bench. Only coaches/pushers wearing skates and helmets to assist players are allowed on the ice during games.



OFFICIALS

USA Hockey-certified referees are to officiate all games.

SPECIAL HOCKEY

PREFACE

Special hockey aims to give people with cognitive and/or developmental disabilities the chance to play ice hockey in an environment adapted to their level of ability. Special Hockey emphasizes having fun through teamwork and social interaction and improving the quality of life through on- and off-ice activities.

FLIGIBILITY

Individuals with developmental disabilities experience limitations in three or more major core life competencies (and cannot safely or socially play on a typical hockey team): capacity for independent living, economic self-sufficiency, learning, mobility, receptive and expressive language, and self-care/direction. Many players are adults who lack these core competencies, thus allowing them to remain on the same Special hockey team for many years. Common developmental disabilities include Autism Spectrum disorders, Down Syndrome, Cerebral Palsy, ADD/ADHD, Seizures, Neurological disorders, and intellectual/developmental disabilities.

RINK

All Special Hockey games are played on a regulation-sized ice hockey rink.

EQUIPMENT/UNIFORMS

All players must wear full protective equipment for their position, as outlined by Rules 303 and 304 in the Official Rules of Ice Hockey, including HECC-certified full facial protection.

ASSISTIVE SKATING DEVICES

Assistive skating devices of any kind are not permitted during games.

TEAM

A Special Hockey team has five skaters and a goalkeeper on the ice, the same as typical hockey. Roster size limitations are the same as a typical ice hockey team.

Rosters can be comprised of all youth-aged players (players under 18), all adult-aged players (players 18 and older), or mixed youth and adult-aged players. Players are rated as A, B and C based on their playing ability.

A Level

- Able to skate unassisted
- · Able to play at a faster pace
- · Able to play structured game with minimal to no assistance
- Has more advanced hockey skills
- Has better understanding of game rules and concepts
- Able to follow rules/instruction/drills
- · Always engaged in the play
- Has the ability to change shifts on the fly
- Needs no prompting
- · On-ice helpers are not permitted at this level

B Level

- Able to skate unassisted
- · Able to play at a mid-level pace
- Able to play structured game with minimal assistance
- · Has mid-level hockey skills
- · Has a basic understanding of game rules and concepts
- Able to follow rules/instruction/drills (occasional prompting may be needed)
- Mostly engaged in the play
- May need assistance in positioning
- · May need occasional prompting
- On-ice helpers at this level are not permitted to have sticks on the ice. They must wear helmets in accordance with USA Hockey rules. They must be listed on the roster.

C Level

- May need assistance in skating
- Able to play at a slower pace
- Needs assistance to play a structured game
- · Has lower level hockey skills
- Has limited understanding of game rules and concepts
- · Has difficulty following rules/instruction/drills
- May need some/constant prompting to engage in the play
- · Needs assistance in positioning
- On-ice helpers at this level are not permitted to have sticks on the ice. They must wear helmets in accordance with USA Hockey rules. They must be listed on the roster.

PLAYING RULES/PENALTIES

Each coach should attempt to match lines with similarly skilled players from the other team.

The more skilled players on one team should be matched with players of the same skill level on the other team.

At the lower skilled levels, if a team has an odd number of players and requests to skate eight players on a line instead of five, they must ask permission from the opposing coach and inform the referee before the start of the game.

Special effort should be made to control an "A" level player playing in a "B" game not to ruin it for the rest of the players. No player should be double shifted if it can be helped.

During any game at the lower skill level or where the outcome is lopsided and the coaches agree, the referee can award extra penalty shots to help improve the game and give some players a chance to shoot on net. The coaches can designate which players get the shot.

Coaches should rate players/teams appropriately.

Games/event organizers must match teams by ability whenever possible.

Coaches are encouraged to meet before each game to discuss match-ups and stoppages of play (offsides, icings, faceoffs, or whether teams in the defensive zone carry out the puck). Coaches must include the referees in this discussion to ensure consistency in game management.

A Level Games

- · Game length is 75 minutes
- Each team may have five skaters and one goaltender on the ice during the play unless the goalkeeper is pulled for an extra attacker.
- No coaches are permitted on the ice (unless for safety purposes).
- Players should not be double-shifted, if possible.
- Players change on the fly.
- Faceoffs occur after a goal or if the goalkeeper ties up the puck.
- Score shall be kept (maximum 4 goal difference on the scoreboard).
- Penalties will result in a penalty shot. If possible, the penalty shot must be taken by the player who was interfered with. In addition to the penalty shot, a 1:30-second penalty may be served in the penalty box by the offending player if the referee or the player's coach thinks they should. At no time will any team serving a penalty have less than five skaters on the ice.

 Coaches are expected to try not to run up the score in a lopsided game.

B Level Games

- · Game length is 75 minutes
- Each team may have five skaters plus one goalkeeper on the ice during play (1 or 2 "roamers" may be on the ice with the coach's consent).
- Two mentors are allowed on the ice but are not to interfere with the play.
- No player should be double shifted if it can be helped.
- Players change shifts on the buzzer (on the fly can be used if the coaches agree).
- Score shall be kept (maximum 4 goal difference on the scoreboard).
- A special effort should be made to control any "A" player playing in a "B" game to avoid any game domination at the expense of other players.
- Penalties will result in a penalty shot. If possible, the penalty shot must be taken by the player who was interfered with. In addition to the penalty shot, a 1:30-second penalty may be served in the penalty box by the offending player if the referee or the player's coach thinks they should. At no time will any team serving a penalty have less than five skaters on the ice.
- The referee can award extra penalty shots to help improve the game and give some players a chance to shoot on the net (with the coach's consent).
- Coaches are expected to try not to run up the score in a lopsided game.

C Level Games

- · Game level is 60 minutes
- Each team may have five skaters plus one goalkeeper on the ice during play (1 or 2 "roamers" may be on the ice with the coach's consent).
- Three mentors are allowed on the ice and may assist in the play with the coach's consent.
- Players change shifts on the buzzer.
- A scoreboard will be utilized, but each team will be awarded a goal when one team scores (the actual score may be kept with the coaches' consent).

- A special effort should be made to control any "B" player playing in a "C" game to avoid any game domination at the expense of other players.
- Penalties will result in a penalty shot. Any player may take the penalty shot.
- The referee can award extra penalty shots to help improve the game and give some players a chance to shoot on the net (with the coaches' consent.)

OFFICIALS

USA Hockey-certified referees are to officiate all games.

STANDING AMPUTEE HOCKEY

PREFACE

Standing Amputee hockey is played upright and follows typical ice hockey rules. It has allowed a growing number of athletes with congenital or acquired amputations or other physical impairments to enjoy the great sport of hockey. Players use prostheses to control a hockey stick or to skate, and these skills can be improved as with any other hockey skill. Combining players with various types of disabilities creates a unique team experience in this fast-paced, exciting sport.

ELIGIBILITY

Players may be added to Standing Amputee rosters if they are missing one or more upper or lower extremities.

RINK

All Standing Amputee Hockey games are played on a regulationsized ice hockey rink.

EQUIPMENT/UNIFORMS

All players must wear complete protective equipment for their position, as outlined by Rules 303 and 304 in the Official Rules of Ice Hockey.

Players can use modified sticks, skates, etc., to facilitate their ability to play.

TEAM

A Standing Amputee team has five skaters and a goalkeeper on the ice, the same as typical hockey. Roster size limitations are the same as a typical ice hockey team.

PLAYING RULES/PENALTIES

There are no modifications to typical USA Hockey playing rules.

OFFICIALS

USA Hockey-certified referees are to officiate all games.

WARRIOR HOCKEY

PREFACE

USA Hockey's Warrior Hockey Discipline is dedicated to injured and disabled U.S. military veterans who have served our country and play ice hockey. While some participants played hockey before being injured, many try it for the first time for therapeutic reasons.

ELIGIBILITY

Players must be discharged under honorable conditions and must be able to provide official documentation from at least one of the six branches of service (Army, Air Force, Navy, Marine Corps, Coast Guard, Space Force). All reserve and National Guard components are also included. The USA Hockey Disabled Hockey Section must approve any exceptions. You must also meet one of the following criteria for eligibility:

- Players must be able to provide documentation stating that they currently possess a minimum of 10% service-connected disability rating issued by the Department of Veterans Affairs, along with a copy of their DD214 document stating their discharge status.
- Players awarded a Purple Heart Medal are eligible regardless of their current Department of Veterans Affairs disability rating status but must have a discharge under honorable conditions. Players must provide a copy of their Department of Defenseissued orders stating that they have been awarded the Purple Heart Medal and a DD214 document stating their discharge status.
- Proof of eligibility must be presented for verification before team check-in at USA Hockey events. Eligibility documentation will not be accepted on-site at the event.
- USA Hockey will not keep copies of the presented documentation. It must be shown and approved by the USA Hockey Manager of Disabled Hockey and/or the USA Hockey Warrior Hockey Representative.

RINK

All Warrior Hockey games are played on a regulation-sized ice hockey rink.

EQUIPMENT/UNIFORMS

All players must wear complete protective equipment for their position, as outlined by Rules 303 and 304 in the Official Rules of Ice Hockey.

TEAM

A Warrior Hockey team has five skaters and a goalkeeper on the ice, the same as typical hockey. Roster size limitations are the same as a typical ice hockey team.

PLAYING RULES/PENALTIES

Warrior Hockey follows USA Hockey Adult playing rules.

OFFICIALS

USA Hockey-certified referees are to officiate all games.

RULE REFERENCES



Abuse of Officials and Other Misconduct	.Section 6 Rule 601
Adjustment to Clothing and Equipment	.Section 3Rule 309
Appointment of Officials	
Attempt to Injure/Reckless Endangerment	.Section 6 Rule 602
Boarding	.Section 6 Rule 603
Body Checking (Competitive Contact Categories)	.Section 6 Rule 604
Broken Stick	.Section 6 Rule 605
Butt-Ending	.Section 6 Rule 606
Calling of Penalties	.Section 4 Rule 409
Captain of Team	.Section 2 Rule 202
Change of Players	.Section 2 Rule 205
Charging	.Section 6 Rule 607
Checking from Behind	.Section 6 Rule 608
Clipping	.Section 6 Rule 639
Composition of Teams	.Section 2 Rule 201
Cross-Checking	.Section 6 Rule 609
Dangerous Equipment	.Section 3 Rule 305
Delayed Penalties	.Section 4 Rule 408
Delaying the Game	.Section 6 Rule 610
Dimensions of Rink	.Section 1Rule 102
Division of Ice Surface	
Elbowing	.Section 6 Rule 611
Electronic Devices	
Equipment Measurement	
Face-Off Locations	.Section 6 Rule 612
Face-Off Procedures	
Face-Off Spots and Face-Off Circles	
Falling on Puck	
Fighting	
Fouled from Behind	
Game Timekeeper	
Goal Judge	
Goalkeeper's Equipment	
Goalkeeper Penalties	
Goalkeeper Substitutions	
Goals	
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Handling Puck with Hands	
Head-Butting	
Head Contact	.Section 6 Rule 620

RULE REFERENCES

High Sticks	Section 6Rule 621
Holding an Opponent	
Hooking	Section 6Rule 623
Icing the Puck	Section 6Rule 624
Injured Players	Section 2Rule 206
Interference	Section 6Rule 625
Interference by or with Spectators	Section 6Rule 626
Kicking Opponent or Puck	Section 6Rule 627
Kneeing	Section 6Rule 628
Leaving the Players' Bench or Penalty Bench	Section 6Rule 629
Leg Checking	
Linesperson	Section 5Rule 503
Major Penalties	Section 4Rule 403
Match Penalties	Section 4Rule 405
Minor Penalties	Section 4Rule 402
Misconduct Penalties	
Official Scorer	
Offside	
Penalties	
Penalty Bench	
Penalty Shot	
Penalty Timekeeper	
Players' Bench	
Players in Uniform	
Playing Lineup	
Progressive Suspensions	
Proper Authorities	
Protective Equipment	
Puck	
Puck Out of Bounds or Unplayable	
Puck in Motion or Out of Sight	Section 6Rule 632
Recklessly Endangers an Opponent	
Referee	
Refusing to Start Play	
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Roughing	
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Slew Footing	Section 6 Rule 639

Spearing	Section 6Rule 635
Start of Game	Section 6Rule 636
Sticks	Section 3 Rule 301
Substitution of Player	Section 2Rule 204
Supplementary Discipline	Section 4 Rule 410
Throwing Stick/Object	Section 6Rule 637
Tied Games	Section 6Rule 638
Time of Game	Section 6Rule 636
Time-Outs	Section 6Rule 636
Timekeepers Bench	Section 1Rule 108
Tripping	Section 6Rule 639
Unnecessary Roughness	Section 6Rule 640

NOTES

The Ultimate Authority

The Official Rules and Casebook of Ice Hockey is the essential resource for players, coaches, referees, parents and fans.

Included are USA Hockey's official playing rules and interpretations, theoretical situations, referee signals and detailed rink diagrams.

This book is the singular source for the rules of the game.

