

MAY 2022

NEWSLETTER



OFF-SEASON OPPORTUNITIES

The off-season is the perfect time continue working on skills and development. There are many opportunities within our association as well as additional camps and training across the metro. Our WHS Summer Camp and Skills & Drills sessions are filling up - **register today to reserve a spot!**

WHS SUMMER CAMP

- Grades 4-8
- June 13-17
- An immersive summer morning weeklong (2 hrs/day, M-F) for **Grades 4th-8th** (2022-23 school year) at WHS. Development program focused on individual fundamentals and TEAM play & competition. Run by WHS head coach Julie Stewart, her staff and varsity players.
- For more info & to register click [here](#)

WHS SKILLS & DRILLS

- Grades K-12
- June 14-July 28
- Weekly summer daytime sessions (75-90 min, 2-3X/week) for grades **K-12th** (2022-23 school year) aimed at skill development from A-Z, i.e. handling, shooting, passing, defending, speed & agility and small-sided competition. Run by WHS' head coach Julie Stewart & her staff.
- For more info & to register click [here](#)

TROJAN POWER

- Basketball Sessions for Grades 6-8 and 9-12
- June 13-July 28
- Strength & conditioning program at WHS. Trojan Power staff ensures proper technique and instruction in all phases of training.
- For more info & to register click [here](#)

SUMMER SHOT CLUB

WGBA players can participate in the Summer Shot Club Challenge by logging their dribbling time and made shots throughout the summer. Reach milestones for not only bragging rights but swag as well! More info & logging sheets found [here](#).

PERSONAL TRAINERS

Looking for 1-on-1 or small group training? Consider either of these WGBA partners:

- [Midwest Basketball](#)
- [Inspire Athletics](#)



Midwest 3-on-3 is coming to WHS on Sundays in July! Form your team and register [here](#).



@WayzataGBA