



SASKATCHEWAN HIGH SCHOOLS ATHLETIC ASSOCIATION

2023 PROVINCIAL TRACK & FIELD

DATE: June 2 – 3, 2023
LOCATION: Gordie Howe Track & Field Complex - Saskatoon
COMMISSIONER: [Jud Heilman](#)

Participating Districts and schools are responsible to book their own accommodation. For a listing of Saskatoon Hotels please check the SHSAA website [Provincial Accommodation](#) for room blocks secured by the Host.

Please refer to the SHSAA handbook pages 119 - 125 or the SHSAA [Track & Field Activity page](#) for regulations concerning the event.

Wheelchair Events: The 100m and 400m wheelchair events have been approved as events for this meet. Please contact the SHSAA office with entries for the wheelchair events.

Quadathlon: There will be a Junior and Senior category for Boys and Girls competitions.

- 4 events (100m, 800m, Long Jump, & Shot Put) are each scored on the best performance by the individual. The winner is the competitor who accumulates the most points through the 4 events.
- Athletes participating in the Quadathlon will not be allowed to compete in other individual events at the SHSAA Championships but may compete in any age appropriate relays.
- All athletes competing in the Quadathlon at the SHSAA Track and Field Championships are expected to have competed in a similar event at their District Track Meet.
 - Shot Put implement: Boys – 12 lb; Girls – 4 kg

HY-TEK: The district team advancer information will be provided to each district. Entries are due to the SHSAA office on or before May 28, 2023. Substitutions for original entries may be made until 4:00pm on May 31, 2023.

OFFICIALS' ASSIGNMENTS: Districts shall supply officials to assist the head official at each event as shown in the table. Please forward names of your District officials to the SHSAA Office. A fine of \$100.00 will be assessed to any District that does not comply with these criteria. Athletes must not be assigned as officials (except for two rakers in Junior Quad).

TASK	DISTRICT ASSIGNED
TRACK JUDGES & OFFICIALS:	CENTRAL VALLEY NORTH EAST HORIZON CENTRAL SOUTH WEST QU'APPELLE VALLEY
SHOT (2):	SOUTH CENTRAL
LONG JUMP (2):	EAST CENTRAL
POLE VAULT (2):	REGINA
JAVELIN (2):	WEST CENTRAL
JUNIOR GIRLS QUAD LONG (4 - two can be students):	WEST CENTRAL
DISCUS (2):	SOUTH EAST
JUNIOR BOYS QUAD LONG (4 - two can be students):	SOUTH EAST
TRIPLE JUMP (2):	NORTH WEST
JUNIOR GIRLS QUAD SHOT (4 - two can be students):	NORTH WEST
HIGH JUMP (2):	BATTLE WEST
JUNIOR BOYS QUAD SHOT (4 - two can be students):	BATTLE WEST
AWARDS (2):	NORTH CENTRAL
HEAD OFFICIAL FOR JUNIOR QUAD EVENTS (SP AND LJ) (1 per event):	NORTH CENTRAL
HEAD OFFICIAL FOR EACH EVENT except Junior Quad:	SASKATOON SASK ATHLETICS

[TRACK & FIELD SCHEDULE](#): The schedule will be posted on the SHSAA Website when it has been finalized.