



Minor Waiver & Release of Liability

LIABILITY FOR PERSONAL PROPERTY: I acknowledge and agree that Gold's Gym shall not be liable to me for any personal property that is damaged, lost or stolen while on or around Gold's Gym's premises including, but not limited to, a vehicle or its contents or any property left in the locker.

HEALTH REPRESENTATIONS AND AGREEMENTS: I represent and warrant to Gold's Gym that I am in good physical condition and have no medical reason or impairment that could prevent me from my intended use of Gold Gym's Facilities.

WAIVER OF LIABILITY; ASSUMPTION OF RISK: I acknowledge that the use of Gold's Gym facilities, equipment, services, and programs involves an inherent risk of personal injury and I voluntarily agree to assume all risks of personal injury and I waive any and all claims or actions that I may have against Gold's Gym International, INC, any of its subsidiaries or other affiliates and any of their respective officers, directors, employees, agents successors and assigns for any such personal injury (and no such person shall be liable to me for any such personal injury.) Including, without limitation. Injuries arising from use of any exercise equipment, machines and training booths, injuries arising from participation in supervised or unsupervised activities and programs in exercise rooms, running tracks, swimming pools, hot tubs, courts or other areas of Gold's Gym Club, injuries or medical disorders resulting from exercising at any Gold's Gym Club, including heart attacks, strokes, heat stress, sprains, broken bones and torn or damaged muscles, ligaments or tendons and accidental injuries within any Gold's Gym facilities, including locker rooms, steam rooms, whirlpools, hot tubs, spas, saunas, showers and dressing rooms. I acknowledge that Gold's Gym does not manufacture any of the fitness or other equipment at its facilities and Gold's Gym does not manufacture any vitamins, food products, sports drinks, nutritional supplements and other products sold at its facilities; accordingly, neither Gold's Gym International, INC., any of its subsidiaries or other affiliates nor any of their respective officers, directors, employees, agents successors or assigns shall be held liable for any such defective equipment or products. I will indemnify each of Gold's Gym International INC., its subsidiaries and other affiliates and each of their respective officers, directors, employees, agents, successors and assigns (an "indemnified party") and save and hold each of them harmless against and pay on behalf of or reimburse any such indemnified party as when incurred for any losses which such indemnified party may suffer, sustain or become subject to, as a result of, in connection with, relating or incidental to or by virtue of any claim that is the subject of the waiver set forth above.

COMMUNICATIONS AND MARKETING: Please send me marketing and service-related text messages from Gold's Gym Washington. I understand that I can opt-out at any time by following the unsubscribe instructions included in the first message.

Please Print Legibly

Participant's Full Name: _____ Date of Birth: _____

If Participant is a minor (under the age of 18), Parent/Legal Guardian signature is required below in addition to Participant:

Please Print Legibly

Parent/Legal Guardian Full Name: _____ Relationship to Minor: _____

Parent/Legal Guardian Email: _____ Phone: _____

Parent/Legal Guardian Signature: _____ Date: _____