

Boys Lacrosse Rules Changes - 2025

By NFHS on November 07, 2024

[**lacrosse-boys**](#)

1-9-1a — Clarified chin strap is to be worn on the chin, not under.

4-3-1 — Returned to previous language to ensure clarity.

4-16 — Rewritten for clarity.

4-22-4 — Clarified that on every restart near the substitution area, the ball must be moved into the field of play 5 yards.

4-24-7 — Clarifies that a whistle shall be blown on the loss of any mandatory equipment in the scrimmage area.

5-4-5 — Distinguishes intentional versus unintentional checks involving the head or neck.

5-4-7 — Provided an editorial change to the situation changing fight to flight.

5-5-h — Rewritten for clarity and understanding.

7-8-3 — A slow whistle will be implemented on a personal foul during a pass or shot.

7-13-3 — Clarifies how a restart will take place in the event of an inadvertent whistle before a faceoff has ended. Conforms to other situations as to why a reface will take place.

2025 Boys Lacrosse Points of Emphasis

1. Eyeshade
2. Properly Worn Mandatory Equipment
3. Scrimmage Area
4. New Field Diagram
5. Unintentional vs. Intentional Checks Involving the Head/Neck