

Rutgers 7v7 Field Hockey Tournament & Clinic

General Info

- Players must wear shin guards & mouth guards
- Players should wear running shoes, cross trainers or turf sneakers – **NO CLEATS**
- Six players a side plus a goalkeeper or a player with goalkeeping responsibilities
- 20 minute games, 2 minutes between each game
- First team listed wears DARK
- Second team listed wears WHITE
- Point System:
 - Win = 3 points
 - Tie = 1 point per team
 - Loss = 0 point
- Final Pool placing is determined by point total; Ties will be broken by:
 - Head-to-head record
 - Goal differential
 - Goals for
 - Goals against
 - If still tied, a round of shoot outs (5 players from each team) will determine the tie break

Rules

- NO Penalty Corners
 - If a penalty corner is won, play will resume with the taking a free at the 25 yard line, in line where the foul was won in the circle
 - 3 penalty corners earned will result in a 1v1 with the GK; attacking player has 8 seconds
- Long Hits
 - Will be taken in line where the ball traveled over the baseline
 - The ball must travel 5 meters before it can be played into the circle
 - All players must be 5 meters away from the player on the ball

Reminders

- Spectators ARE NOT allowed on the track or within the gate surrounding the track and field – there are bleachers outside the gate and plenty of space for parents to set up tents or whatever else they bring
- Snacks, drinks & T-shirts will be available for purchase by the score board
- There will be an athletic trainer available
- NO DOGS
- Field GPS address is *100 Hospital Road, Piscataway, NJ 08854* – please park in the Green Lot

