

FRIDAY



MPLS FLOOR		Doors Open 10:30am				ST PAUL FLOOR	
------------	--	--------------------	--	--	--	---------------	--

MPLS FLOOR		Doors Open 10:30am				ST PAUL FLOOR	
LEVEL 7	11M	11:30	Stretch	11:00	LEVEL 6	11S	
AAGA	13	11:50	March In	11:20	AGG	1	
Classic Chan	7	12:00	Event Warm Up	11:30	Classic East	1	
Dynamics	7	Awards to Follow		CVGA	4		
Gleasons	4			Flips	16		
ROGA	8			GMGSD	11		
RRVA	3			IGM	6		
TCT	15			Just Jym	5		
				kaats	9		
				Lake Point	3		
				Roseville	4		
				TAGSEP	11		

MPLS FLOOR		Doors Open 10:30am				ST PAUL FLOOR	
LEVEL 9	12M	2:30	Stretch	2:30	LEVEL 8	12S	
AAGA	5	2:50	March In	2:50	AGG	5	
CVGA	1	3:00	Event Warm Up	3:00	Classic Chan	4	
IGM	1	Awards to Follow		CO Aerials	5		
Just Jym	5			Dynamics	1		
K&G	2			Gleasons	3		
MHG	1			GMGSD	3		
North Crest	4			Jam Hops	5		
NSG	6			kaats	1		
Roseville	4			RSGA	10		
RRVA	2			TCT	14		
SLGC	2						
TAGSEP	2						
TNT Fargo	1						

MPLS FLOOR		Doors Open 10:30am				ST PAUL FLOOR	
LEVEL 9	13M	6:00	Stretch	6:00	LEVEL 8	13S	
AGG	4	6:20	March In	6:20	AAGA	3	
CGA	3	6:30	Event Warm Up	6:30	CVGA	1	
Classic Chan	6	Awards to Follow		Gymfinity	2		
CO Aerials	7			IGM	9		
Jam Hops	15			MHG	5		
SUCCESS	1			North Crest	2		
Synergy	1			NSG	1		
TCT	12			Roseville	5		
				RRVA	3		
				SGA	5		
				SLGC	8		
				TAGSEP	6		
				TNT Fargo	2		
				ULTIMATE	1		

SATURDAY

MPLS FLOOR		Doors Open 7:30am				ST PAUL FLOOR	
LEVEL 10	21M	8:15	Stretch	8:00	DIAMOND/SAPPHIRE	21S	
AAGA	2	8:35	March In	8:20	XD BGC	5	
AGG	3	8:45	Event Warm Up	8:30	XD DFG	2	
CGA	1	Awards to Follow		XD Gleasons	4		
CO Aerials	9			*XD North Crest	4		
CVGA	1			XD RSGA	6		
Elite Edge	2			*XD SGA	3		
Gymfinity	3			*XD SLGC	5		
IGM	2			*XD Synergy	2		
Just Jym	3			XSA CGA	1		
K&G	1			XSA Flips	3		
kaats	1			XSA Laketown	1		
NSG	3			XSA MHG	4		
Roseville	1			*XSA North Crest	2		
RRVA	3			*XSA SGA	1		
SLGC	3			*XSA SLGC	1		
SUCCESS	2			*XSA Synergy	3		
Synergy	1			XSA TCT	3		
TAGSEP	2						
TCT	15						
TCT	1						

MPLS FLOOR		Doors Open 7:30am				ST PAUL FLOOR	
LEVEL 7	22M	12:45	Stretch	11:15	PLATINUM/DIAMOND	22S	
AGG	7	1:05	March In	11:35	XP Gleasons	8	
CGA	2	1:15	Event Warm Up	11:45	XP North Crest	7	
CO Aerials	3	Awards to Follow		XP RSGA	10		
CVGA	4			XD Flips	6		
Gymfinity	3			XD Laketown	11		
IGM	11			XD MHG	9		
kaats	5			XD TCT	24		
Just Jym	3						
NSG	5						
Roseville	1						
SLGC	5						
SUCCESS	3						
TAGSEP	11						

MPLS FLOOR		Doors Open 7:30am				ST PAUL FLOOR	
LEVEL 6	23M	3:45	Stretch	3:15	PLATINUM	23S	
AAGA	8	4:05	March In	3:35	AAGA	5	
Gymfinity	7	4:15	Event Warm Up	3:45	BGC	6	
Jam Hops	5	Awards to Follow		DFG	7		
Laketown	3			Flips	7		
MHG	5			MHG	14		
North Crest	4			NSG	2		
NSG	4			SLGC	5		
RSGA	10			TCT	21		
SGA	5						
SLGC	2						
SUCCESS	7						
TNT Fargo	7						
ULTIMATE	5						
VTGC	1						

MPLS FLOOR		Doors Open 7:30am				ST PAUL FLOOR	
LEVEL 7	24M	7:15	Stretch	6:30	GOLD	24S	
Jam Hops	13	7:35	March In	6:50	BGC	21	
Laketown	2	7:45	Event Warm Up	7:00	DFG	5	
MHG	9	Awards to Follow		Flips	18		
North Crest	5			SLGC	8		
RSGA	9			TCT	34		
SGA	4			ULTIMATE	1		
TNT Fargo	1						
ULTIMATE	2						

SUNDAY

MPLS FLOOR		Doors Open 7:30am				ST PAUL FLOOR	
PLATINUM	31M	8:15	Stretch	8:00	BRONZE & LEVEL 3/4/5	31S	
Big Lake	4	8:35	March In	8:20	L3 Elite Edge	3	
Classic East	6	8:45	Event Warm Up	8:30	L4 Elite Edge	2	
Dynamics	8	Awards to Follow		L3 NBG	9		
kaats	8			L3 VTGC	2		
Laketown	5			L4 VTGC	1		
N Branch	8			L5 VTGC	2		
SGA	2			L3 NSG	10		
Synergy	9			L4 NSG	8		
TAGS So	9			L5 NSG	7		
				XB MHG	12		
				XB ULTIMATE	6		

EVENT FINALS!		32M		GOLD		32S	
L8, L9, L10 & XD/XSA		Stretch	11:30				
Stretch	11:20	March In	11:50	Big Lake		15	
Open Warm Up	11:40	Event Warm Up	12:00	Classic East		9	
March In	12:30	Awards to Follow		Dynamics		12	
Awards	3:00			Elite Edge		1	
				kaats		3	
				Lake Point		6	
				N Branch		9	
				NSG		7	
				TAGS So		11	
				ULTIMATE		7	

EVENT FINALS!		32M		SILVER/GOLD		33S	
L8, L9, L10:		Stretch	2:30				
Top 8 Gymnasts, all ages combined		March In	2:50	XS NSG		3	
XD/XSA:		Event Warm Up	3:00	XS ULTIMATE		4	
TBDD, likely 6 XD & 2 XSA		Awards to Follow		XG Gleasons		13	
Gymnasts will qualify to 2 events MAX				XG Laketown		8	
If more than 2, it's their choice				XG MHG		20	
Finals Rotations will be posted on our website when all athletes are confirmed for each level				XG North Crest		13	
www.twincitytwisters.com/northernlights				XG RSGA		13	
All Event Finalists will receive a commemorative pin and a medal!				XG Synergy		12	



FINAL SCHEDULE
February 27, 2026

Coach Reception at the Hilton | 8p - 10:30p | Details at Coach Check-In