



## **Gloucester Lacrosse Association (GLA) CODE OF CONDUCT**

In becoming a member of the Gloucester Lacrosse Association (GLA), individuals will assume certain responsibilities that will honour both the game and our lacrosse community as a whole. Players, coaches, officials, parents, volunteers and spectators will conduct themselves in a manner that demonstrates respect of all others and reflects the core values of the GLA thereby bringing credit to the sport of lacrosse, themselves, their team and their organization. Any form of unsportsmanlike conduct, behaviour and language that is disrespectful to others or disruptive to the game will not be tolerated.

As a registered member of the GLA, you accept and agree to uphold and meet the expectations outlined in this code.

### **Conduct of Respect:**

Respect for the game and its origins, our coaches, teammates, our opponents, the officials, and ourselves is a cornerstone of the GLA's core values. The GLA seeks to foster a lacrosse community that promotes diversity and inclusion and encourages understanding, appreciation, and acceptance of our members. Coaches, officials, parents, and spectators are expected to always model respectful behaviour. Players are expected to show respect, decency and sportsmanship towards their coaches, officials, teammates and opponents both on and off the floor. No discriminatory or derogatory comments or behaviour targeted towards an individual or group based on their race, ethnicity, gender, sexual orientation, or socio-economic status will be tolerated. There is zero tolerance for disrespectful behaviour and language including signs, gestures, degrading personal comments, or any act which reflects unfavorably upon our lacrosse community.

The GLA has a zero-tolerance policy for disrespectful behaviour and will enforce this policy to the maximum. If conduct by a registered member is deemed unacceptable, the Board of Directors will review the reported conduct and determine whether disciplinary or other action is appropriate. Parents and spectators who do not follow the GLA code of conduct, will be asked to leave the arena by a GLA Board member(s) or another authority in attendance and will be reported to the GLA.

Coaches' Code
<ul style="list-style-type: none"> <li>• We appreciate the value of good sportsmanship, the concepts of fair play, and the skills of the game should be placed above winning.</li> </ul>
<ul style="list-style-type: none"> <li>• We support and practice the positive coaching philosophies of the GLA.</li> </ul>
<ul style="list-style-type: none"> <li>• We always demonstrate positive behaviors and reinforce them to players, parents, officials, and spectators alike. We encourage and positively reinforce players to demonstrate respect for teammates, opponents, officials, and spectators.</li> </ul>
<ul style="list-style-type: none"> <li>• We respect and acknowledge the differences in players, are inclusive and build a team where each player contributes in a meaningful way based on their strengths and skill sets.</li> </ul>
<ul style="list-style-type: none"> <li>• We are reasonable in our demands on young players' time, energy, enthusiasm, and their performance on the floor.</li> </ul>
<ul style="list-style-type: none"> <li>• We continually reinforce our expectation that players must always abide by the rules of the game.</li> </ul>
<ul style="list-style-type: none"> <li>• We develop team respect for the ability of opponents, and for the judgment of referees and opposing coaches.</li> </ul>
<ul style="list-style-type: none"> <li>• We acknowledge the competitive nature of sport and the need for participants to have a fun and rewarding experience. We are a positive role model for players and use positive reinforcement and praise when it is deserved.</li> </ul>
<ul style="list-style-type: none"> <li>• We acknowledge the nature of lacrosse leads to mistakes and we will correct these mistakes in a positive and empowering manner, allowing players to move forward better prepared.</li> </ul>
<ul style="list-style-type: none"> <li>• We commit to continuous self-evaluation and improvement of our coaching practices through club strategies aimed at providing continuing education opportunities throughout the year.</li> </ul>
<ul style="list-style-type: none"> <li>• We are committed to collaborate with positive messaging from parents and families that align with the goals of the GLA.</li> </ul>
<ul style="list-style-type: none"> <li>• We support all efforts to promote a culture that promotes diversity and inclusion and an enduring respect and appreciation for the game of lacrosse.</li> </ul>

<b>Referee's Code</b>
<ul style="list-style-type: none"> <li>• We always remember the game is for the players. Player safety and fair play come first.</li> </ul>
<ul style="list-style-type: none"> <li>• We study and learn the rules of the game and understand the "spirit" of the rules. We help fellow referees to do the same.</li> </ul>
<ul style="list-style-type: none"> <li>• We respect other referees and their decisions, and do not publicly criticize another official.</li> </ul>
<ul style="list-style-type: none"> <li>• We wear the proper uniform and keep it in good condition.</li> </ul>
<ul style="list-style-type: none"> <li>• We maintain good physical condition so we can keep up with the action.</li> </ul>
<ul style="list-style-type: none"> <li>• We honour accepted game assignments. In an emergency, we will find a replacement.</li> </ul>
<ul style="list-style-type: none"> <li>• We support good sportsmanship with a kind word to the players, coaches and parents of both teams when deserved.</li> </ul>
<ul style="list-style-type: none"> <li>• We will always be fair and impartial, avoiding conflicts of interest. Decisions based on personal bias are dishonest and unacceptable.</li> </ul>
<ul style="list-style-type: none"> <li>• We model behaviour by showing respect towards the coaches and players.</li> </ul>

<b>Parent's Code</b>
<ul style="list-style-type: none"> <li>• We recognize that sportsmanship and teaching the concepts of fair play and respect are essential to the game and must also be developed at home.</li> </ul>
<ul style="list-style-type: none"> <li>• We will teach our child/ren that hard work and an honest effort are often more important than a victory.</li> </ul>
<ul style="list-style-type: none"> <li>• We will help our child/ren work toward skill improvement and good sportsmanship in every game.</li> </ul>
<ul style="list-style-type: none"> <li>• We will respect the knowledge and effort of coaches by supporting their message of hard work and play instructions.</li> </ul>
<ul style="list-style-type: none"> <li>• We recognize that our child/ren learn from our actions more than our words. As a result, we will be positive about players skills, respect referees, coaches and other team volunteers.</li> </ul>
<ul style="list-style-type: none"> <li>• We will applaud good plays by our team and respect the skill of members of the opposing team.</li> </ul>
<ul style="list-style-type: none"> <li>• We will listen to our child/ren and what they need; encourage hard work and effort without forcing.</li> </ul>
<ul style="list-style-type: none"> <li>• We recognize the value and importance of volunteer coaches, referees, and officials and respect their time and commitment to the GLA.</li> </ul>
<ul style="list-style-type: none"> <li>• We will support all efforts to promote a culture that promotes diversity and inclusion in the game of lacrosse.</li> </ul>

<b>Player's Code</b>
<ul style="list-style-type: none"> <li>● We will respect the differences of our teammates, treat others the way we would want to be treated and help build a team that everyone wants to be a part of.</li> </ul>
<ul style="list-style-type: none"> <li>● We will show respect for the game and cooperate with our coaches, teammates, opponents, and referees at all times.</li> </ul>
<ul style="list-style-type: none"> <li>● We will play our hardest but will have fun too; not just to please our parents or coach.</li> </ul>
<ul style="list-style-type: none"> <li>● We will play by the rules, play fair to win fair.</li> </ul>
<ul style="list-style-type: none"> <li>● We will respect the calls and decisions of the referees.</li> </ul>
<ul style="list-style-type: none"> <li>● We will control our temper and most of all, resist the temptation to retaliate when we feel we have been wronged.</li> </ul>
<ul style="list-style-type: none"> <li>● We will concentrate on playing lacrosse and on affecting the outcome of the game with our best effort.</li> </ul>
<ul style="list-style-type: none"> <li>● We will be a good sport by cheering all good plays and at the end of the game respect the other team's efforts.</li> </ul>
<ul style="list-style-type: none"> <li>● We will remember that the goals of the game are to have fun, improve skills and feel good.</li> </ul>