

Sun	Mon	Tue	Wed	Thu	Fri	Sat
					1 4 to 5.30pm Level 3 Invitation scrimmage 5.30 to 7.30 12s vs Lobos 12s 7.30 to 9.30pm 14s-2 vs Lobos 14s	2 Winter Session Week 7/8 9.30 to 12.30pm LEVEL 2/3 12.30 to 2.30pm Open Gym Spikes & non-Spikes \$10 per player
3	4 Winter Session week 9/10 4 to 5.30pm Level 3 5.30 to 7.30pm U13 & 14-2 7.30 to 9.30pm U14 Z* 9.30-10 optional serving	5 4 to 5.30pm Level 1/2 5.30 to 7.30pm U11/12 5.30 to 7.30pm U14-3 7.30 to 9.30pm U16 Black* 9.30-10 optional serving	6 4 to 5.30pm Level 3 5.30 to 7.30pm U13 & 14-2 7.30 to 9.30pm U14 Z 9.30-10 optional serving	7 4 to 5.30pm Level 1/2 5.30 to 7.30pm U11/12 5.30 to 7.30pm U14-3 7.30 to 9.30pm U16 Black 9.30-10 optional serving	8 4 to 5.30pm Level 3 5.30 to 7.30pm U12 vs 14-3	9 Colorado Crossroads Spikes 13s JumpStart Spikes 14-2 Spikes 14s Z Spikes 16s Black
10 Colorado Crossroads Spikes 13s JumpStart Spikes 14-2 Spikes 14s Z Spikes 16s Black	11 Winter Session week 10/10 4 to 5.30pm Level 3 Colorado Crossroads Spikes 13s JumpStart Spikes 14-2 Spikes 14s Z Spikes 16s Black	12 4 to 5.30pm Level 1/2 5.30 to 7.30pm U11/12 5.30 to 7.30pm U14-3 No practice for U16 Black	13 4 to 5.30pm Level 3 5.30 to 7.30pm U13 & 14-2 7.30 to 9.30pm U14 Z 9.30-10 optional serving	14 4 to 5.30pm Level 1/2 5.30 to 7.30pm U11/12 5.30 to 7.30pm U14-3 7.30 to 9.30pm U16 Black 9.30-10 optional serving	15 4 to 5.30pm Level 3 Invitation scrimmage 5.30 to 7.30 13s vs Lobos 13s 7.30 to 9.30pm 14s-2 vs Lobos 16s blue	16 Winter Session Week 8/8 9.30 to 12.30pm LEVEL 2/3 12.30 to 2.30pm Open Gym Spikes & non-Spikes \$10 per player
17	18 Spring Session week 1/10 4 to 5.30pm Level 3 5.30 to 7.30pm U13 & 14-2 7.30 to 9.30pm U14 Z* 9.30-10 optional serving	19 4 to 5.30pm Level 1/2 5.30 to 7.30pm U11/12 5.30 to 7.30pm U14-3 7.30 to 9.30pm U16 Black* 9.30-10 optional serving	20 4 to 5.30pm Level 3 5.30 to 7.30pm U13 & 14-2 7.30 to 9.30pm U14 Z 9.30-10 optional serving	21 4 to 5.30pm Level 1/2 5.30 to 7.30pm U11/12 5.30 to 7.30pm U14-3 7.30 to 9.30pm U16 Black 9.30-10 optional serving	22 4 to 5.30pm Level 3 5.30 to 7.30pm U13 vs 14-2 7.30 to 9.30pm U14 Z vs 16 Black	23 Spring Session Week 1/8 9.30 to 12.30pm LEVEL 2/3 12.30 to 2.30pm Open Gym Spikes & non-Spikes \$10 per player
24	25 Spring Session week 2/10 4 to 5.30pm Level 3 5.30 to 7.30pm U13 & 14-2 7.30 to 9.30pm U14 Z 9.30-10 optional serving	26 4 to 5.30pm Level 1/2 5.30 to 7.30pm U11/12 5.30 to 7.30pm U14-3 7.30 to 9.30pm U16 Black 9.30-10 optional serving	27 4 to 5.30pm Level 3 5.30 to 7.30pm U13 & 14-2 7.30 to 9.30pm U14 Z 9.30-10 optional serving	28 4 to 5.30pm Level 1/2 5.30 to 7.30pm U11/12 5.30 to 7.30pm U14-3 7.30 to 9.30pm U16 Black 9.30-10 optional serving	29 4 to 5.30pm Level 3 5.30 to 7.30pm U13 vs 14 Z 7.30 to 9.30pm U14-2 vs 14-3	30 Spring Session Week 2/8 1pm to 4pm LEVEL 2/3 NO OPEN GYM

Sun	Mon	Tue	Wed	Thu	Fri	Sat
	1 Spring Session week 3/10 4 to 5.30pm Level 3 5.30 to 7.30pm U13 & 14-2 7.30 to 9.30pm U14 Z* 9.30-10 optional serving	2 4 to 5.30pm Level 1/2 5.30 to 7.30pm U11/12 5.30 to 7.30pm U14-3 7.30 to 9.30pm U16 Black* 9.30-10 optional serving	3 4 to 5.30pm Level 3 5.30 to 7.30pm U13 & 14-2 7.30 to 9.30pm U14 Z 9.30-10 optional serving	4 4 to 5.30pm Level 1/2 5.30 to 7.30pm U11/12 5.30 to 7.30pm U14-3 7.30 to 9.30pm U16 Black 9.30-10 optional serving	5 4 to 5.30pm Level 3 Invitation scrimmage 5.30 to 7.30 13s vs Lobos 13s 7.30 to 9.30pm 14s-2 vs Lobos 14s Spikes 14 Z and 16 Black Scrimmage @ Lobos 7 to 9	6 Spring Session Week 3/8 9.30 to 12.30pm LEVEL 2/3 No open Gym TEAM BONDING WITH 14 Z and 16s Black at Game Show- Battleground starts at 1.45pm
7	8 Spring Session week 4/10 4 to 5.30pm Level 3 5.30 to 7.30pm U13 & 14-2 7.30 to 9.30pm U14 Z 9.30-10 optional serving	9 4 to 5.30pm Level 1/2 5.30 to 7.30pm U11/12 5.30 to 7.30pm U14-3 7.30 to 9.30pm U16 Black* 9.30-10 optional serving	10 4 to 5.30pm Level 3 5.30 to 7.30pm U13 & 14-2 7.30 to 9.30pm U14 Z* 9.30-10 optional serving	11 4 to 5.30pm Level 1/2 5.30 to 7.30pm U11/12 5.30 to 7.30pm U14-3 7.30 to 9.30pm U16 Black 9.30-10 optional serving	12 4 to 5.30pm Level 3 JVA World Challenge Louisville KY U14 Z Pasky	13 Triple Crown CTS #3 Big Horn Bash NOCO Sports Center and University schoolsWindsor Spikes 12s & 13S JumpStart Spikes 14-2, 14-3, 16s Black JVA World Challenge Louisville KY U14 Z Pasky
14 Triple Crown CTS #3 Big Horn Bash NOCO Sports Center and University schoolsWindsor Spikes 12s & 13S JumpStart Spikes 14-2, 14-3, 16s Black JVA World Challenge Louisville KY U14 Z Pasky	15 Spring Session week 5/10 4 to 5.30pm Level 3 No practice for U13 & 14-2 No practice for U14 Z	16 4 to 5.30pm Level 1/2 5.30 to 7.30pm U11/12 5.30 to 7.30pm U14-3 7.30 to 9.30pm U16 Black 9.30-10 optional serving	17 4 to 5.30pm Level 3 5.30 to 7.30pm U13 & 14-2 7.30 to 9.30pm U14 Z 9.30-10 optional serving	18 4 to 5.30pm Level 1/2 5.30 to 7.30pm U11/12 5.30 to 7.30pm U14-3 7.30 to 9.30pm U16 Black 9.30-10 optional serving	19 4 to 5.30pm Level 3 5.30 to 7.30pm U13 vs 14-2 7.30 to 9.30pm U14 Z vs 16 Black Nationals chaperones meeting during scrimmage	20 Spring Session Week 4/8 9.30 to 12.30pm LEVEL 2/3 12.30 to 2.30pm Open Gym Spikes & non-Spikes \$10 per player
21	22 Spring Session week 6/10 4 to 5.30pm Level 3 5.30 to 7.30pm U13 & 14-2 7.30 to 9.30pm U14 Z* 9.30-10 optional serving	23 4 to 5.30pm Level 1/2 5.30 to 7.30pm U11/12 5.30 to 7.30pm U14-3 7.30 to 9.30pm U16 Black* 9.30-10 optional serving	24 4 to 5.30pm Level 3 5.30 to 7.30pm U13 & 14-2 7.30 to 9.30pm U14 Z 9.30-10 optional serving	25 4 to 5.30pm Level 1/2 5.30 to 7.30pm U11/12 5.30 to 7.30pm U14-3 7.30 to 9.30pm U16 Black 9.30-10 optional serving	26 4 to 5.30pm Level 3 5.30 to 7.30pm U12 vs U13 7.30 to 9.30pm U14-2 vs 14-3	27 Spring Session Week 5/8 9.30 to 12.30pm LEVEL 2/3 12.30 to 2.30pm Open Gym Spikes & non-Spikes \$10 per player
28	29 Spring Session week 7/10 4 to 5.30pm Level 3 5.30 to 7.30pm U13 & 14-2 7.30 to 9.30pm U14 Z* 9.30-10 optional serving	30 4 to 5.30pm Level 1/2 5.30 to 7.30pm U11/12 5.30 to 7.30pm U14-3 7.30 to 9.30pm U16 Black* 9.30-10 optional serving				

◀ Apr 2024		May 2024					Jun 2024 ▶
Sun	Mon	Tue	Wed	Thu	Fri	Sat	
8			1 4 to 5.30pm Level 3 5.30 to 7.30pm U13 & 14-2 7.30 to 9.30pm U14 Z 9.30-10 optional serving	2 4 to 5.30pm Level 1/2 5.30 to 7.30pm U11/12 5.30 to 7.30pm U14-3 7.30 to 9.30pm U16 Black 9.30-10 optional serving	3 4 to 5.30pm Level 3 5.30 to 7.30pm U13 vs 14-2 7.30 to 9.30pm U14 Z vs 16 Black	4 Spring Session Week 6/8 9.30 to 12.30pm LEVEL 2/3 12.30 to 2.30pm Open Gym Spikes & non-Spikes \$10 per player	
5 Spikes BRUNCH Fundraiser at Angelo's Taverna 11am to 3pm Join us for a chance to win a free 2024/25 Volleyball season	6 Spring Session week 8/10 4 to 5.30pm Level 3 5.30 to 7.30pm U13 & 14-2 7.30 to 9.30pm U14 Z * 9.30-10 optional serving	7 4 to 5.30pm Level 1/2 5.30 to 7.30pm U11/12 5.30 to 7.30pm U14-3 7.30 to 9.30pm U16 Black* 9.30-10 optional serving	8 4 to 5.30pm Level 3 5.30 to 7.30pm U13 & 14-2 7.30 to 9.30pm U14 Z 9.30-10 optional serving	9 4 to 5.30pm Level 1/2 No team practice for all teams	10 TRIPLE CROWN RUMBLE in the ROCKIES At Gaylord Rockies Teams TBA	11 TRIPLE CROWN RUMBLE in the ROCKIES At Gaylord Rockies Teams TBA	
12 TRIPLE CROWN RUMBLE in the ROCKIES At Gaylord Rockies Teams TBA	13 Spring Session week 9/10 4 to 5.30pm Level 3 No practice for U13 & 14-2 No practice for U14 Z	14 4 to 5.30pm Level 1/2 5.30 to 7.30pm U11/12 5.30 to 7.30pm U14-3 7.30 to 9.30pm U16 Black 9.30-10 optional serving	15 4 to 5.30pm Level 3 5.30 to 7.30pm U13 & 14-2 7.30 to 9.30pm U14 Z 9.30-10 optional serving	16 4 to 5.30pm Level 1/2 5.30 to 7.30pm U11/12 5.30 to 7.30pm U14-3 7.30 to 9.30pm U16 Black 9.30-10 optional serving	17 4 to 5.30pm Level 3 5.30 to 7.30pm U14 Z vs 16 Black END OF SEASON for all Non travelling teams	18 Spring Session Week 7/8 9.30 to 12.30pm LEVEL 2/3 OPEN Tryouts Spikes and Non Spikes Players 1pm to 2pm	
19	20 Spring Session week 10/10 4 to 5.30pm Level 3 5.30 to 8pm U14 Z Nationals PREP	21 4 to 5.30pm Level 1/2 5.30 to 8pm U16 Black Nationals PREP	22 4 to 5.30pm Level 3 5.30 to 8pm U14 Z Nationals PREP	23 4 to 5.30pm Level 1/2 5.30 to 8pm U16 Black Nationals PREP	24 4 to 5.30pm Level 3 5.30 to 8pm U14 Z vs 16 Black	25 Spring Session Week 8/8 9.30 to 12.30pm LEVEL 2/3 12.30 to 2.30pm Open Gym Spikes & non-Spikes \$10 per player	
26	27 5.30 to 8pm U14 Z Nationals PREP	28 5.30 to 8pm U16 Black Nationals PREP	29	30 OPEN Tryouts Spikes and Non Spikes Players born on or after July 1 st 2012 only 7 to 8.30pm	31 OPEN Tryouts Spikes and Non Spikes Players Born on or before June 30 th 2012 only 7 to 8.30pm		

◀ May 2024		June 2024					Jul 2024 ▶
Sun	Mon	Tue	Wed	Thu	Fri	Sat	
						1 OPEN Tryouts Spikes and Non Spikes Players born before June 30 th 2012 only 10.30am to 12noon	
2	3 Level 2 and up Summer 5 days camp 9am till 1pm 5.30 to 8pm U14 Z Nationals PREP	4 Level 2 and up Summer 5 days camp 9am till 1pm 5.30 to 8pm U16 Black Nationals PREP	5 Level 2 and up Summer 5 days camp 9am till 1pm 5.30 to 8pm U14 Z Pasky Nationals PREP	6 Level 2 and up Summer 5 days camp 9am till 1pm 5.30 to 8pm U16 Black Nationals PREP	7 Level 2 and up Summer 5 days camp 9am till 1pm	8	
9	10 5.30 to 8pm U14 Z Nationals PREP	11 Pasky and Chaperone Leave for Nationals Orlando 5.30 to 8pm U14 Z Nationals PREP	12 14s Z Leave for Nationals Orlando Team check-in	13 AAU NATIONALS Orlando 14s Z 5.30 to 8pm U16 Black Nationals PREP	14 AAU NATIONALS Orlando 14s Z 5.30 to 8pm U16 Black Nationals PREP	15 AAU NATIONALS Orlando 14s Z	
16 AAU NATIONALS Orlando 14s Z	17 AAU NATIONALS Orlando 5.30 to 8pm U16 Black Nationals PREP	18 AAU NATIONALS Orlando 14s Z fly back to Denver 5.30 to 8pm U16 Black Nationals PREP	19 AAU NATIONALS Orlando 16s Black Leave for Nationals Orlando Team check-in	20 AAU NATIONALS Orlando	21 AAU NATIONALS Orlando 16s Black	22 AAU NATIONALS Orlando 16s Black	
23 AAU NATIONALS Orlando 16s Black	24 AAU NATIONALS Orlando 16s Black	25 AAU NATIONALS Orlando	26 AAU NATIONALS Orlando 16s Black fly back to Denver	27	28	29	
30							

Sun	Mon	Tue	Wed	Thu	Fri	Sat
	1	2	3	4	5	6
7	8 OPEN GYM 10am to 12.30 All Players \$10 per player	9 OPEN GYM 10am to 12.30 All Players \$10 per player	10 OPEN GYM 10am to 12.30 All Players \$10 per player	11 LAST CHANCE OPEN Tryouts Non Spikes Players ONLY born on or after July 1 st 2012 7 to 8pm	12 LAST CHANCE OPEN Tryouts Non Spikes Players ONLY born before June 30 th 2012 7 to 8pm	13
14	15 Summer Session week 1 MS & HS Summer 5 day PREP camp 9am till 1pm 5 to 6.30pm Level 3	16 MS & HS Summer 5 day PREP camp 9am till 1pm 5 to 6.30pm Level 1 and 2	17 MS & HS Summer 5 day PREP camp 9am till 1pm 5 to 6.30pm Level 3	18 MS & HS Summer 5 day PREP camp 9am till 1pm 4 to 5.30pm Level 1 and 2	19 MS & HS Summer 5 day PREP camp 9am till 1pm 5 to 6.30pm Level 3 Scrimmage	20 OPEN GYM 10am to 12.30 Exclusive to upcoming season Spikes Players \$10 per player
21	22 Summer Session week 2 MS & HS Summer 5 day PREP camp 9am till 1pm Libero/DS first contact 3h clinic 2pm to 5pm \$60 per player 5 to 6.30pm Level 3	23 MS & HS Summer 5 day PREP camp 9am till 1pm Hitters 3h clinic 2pm to 5pm \$60 per player 4 to 5.30pm Level 1 and 2	24 MS & HS Summer 5 day PREP camp 9am till 1pm Libero/DS first contact 3h clinic 2pm to 5pm \$60 per player 5 to 6.30pm Level 3	25 MS & HS Summer 5 day PREP camp 9am till 1pm Hitters 3h clinic 2pm to 5pm \$60 per player 4 to 5.30pm Level 1 and 2	26 MS & HS Summer 5 day PREP camp 9am till 1pm 5 to 6.30pm Level 3 Scrimmage	27 OPEN GYM 10am to 12.30 Exclusive to upcoming season Spikes Players \$10 per player
28	29 Summer Session week 3 MS & HS Summer 5 day PREP camp 9am till 1pm 5 to 6.30pm Level 3	30 MS & HS Summer 5 day PREP camp 9am till 1pm 4 to 5.30pm Level 3	31 MS & HS Summer 5 day PREP camp 9am till 1pm 5 to 6.30pm Level 3			

◀ Jul 2024		August 2024					Sep 2024 ▶
Sun	Mon	Tue	Wed	Thu	Fri	Sat	
				1 MS & HS Summer 5 day PREP camp 9am till 1pm 5 to 6.30pm Level 1 and 2 6.30 to 8.30 Private team instruction	2 MS & HS Summer 5 day PREP camp 9am till 1pm 5 to 6.30pm Level 3	3	
4	5 Summer Session week 4 5 to 6.30pm Level 3 6.30 to 8.30 Private team instruction	6 5 to 6.30pm Level 1 and 2 6.30 to 8.30 Private team instruction	7 5 to 6.30pm Level 3 6.30 to 8.30 Private team instruction	8 5 to 6.30pm Level 1 and 2 6.30 to 8.30 Private team instruction	9 5 to 6.30pm Level 3 Scrimmage	10	
11	12 Summer Session week 5 5 to 6.30pm Level 3 6.30 to 8.30 Private team instruction	13 5 to 6.30pm Level 1 and 2 6.30 to 8.30 Private team instruction	14 5 to 6.30pm Level 3 6.30 to 8.30 Private team instruction	15 5 to 6.30pm Level 1 and 2 6.30 to 8.30 Private team instruction	16 5 to 6.30pm Level 3 Scrimmage	17	
18	19 Summer Session week 6 5 to 6.30pm Level 3 6.30 to 8.30 Private team instruction	20 5 to 6.30pm Level 1 and 2 6.30 to 8.30 Private team instruction	21 5 to 6.30pm Level 3 6.30 to 8.30 Private team instruction	22 5 to 6.30pm Level 1 and 2 6.30 to 8.30 Private team instruction	23 5 to 6.30pm Level 3 Scrimmage	24	
25	26 Summer Session week 7 5 to 6.30pm Level 3 6.30 to 8.30 Private team instruction	27 5 to 6.30pm Level 1 and 2 6.30 to 9.30 Private team instruction	28 5 to 6.30pm Level 3 6.30 to 8.30 Private team instruction	29 5 to 6.30pm Level 1 and 2 6.30 to 8.30 Private team instruction	30 5 to 6.30pm Level 3 Scrimmage	31	

September 2024

Sun	Mon	Tue	Wed	Thu	Fri	Sat
1	2 Summer Session week 8 5 to 6.30pm Level 3 6.30 to 8.30 Private team instruction	3 5 to 6.30pm Level 1 and 2 6.30 to 8.30 Private team instruction	4 5 to 6.30pm Level 3 6.30 to 8.30 Private team instruction	5 5 to 6.30pm Level 1 and 2 6.30 to 8.30 Private team instruction	6 5 to 6.30pm Level 3 Scrimmage	7
8	9 Summer Session week 9 5 to 6.30pm Level 3 6.30 to 8.30 Private team instruction	10 5 to 6.30pm Level 1 and 2 6.30 to 8.30 Private team instruction	11 5 to 6.30pm Level 3 6.30 to 8.30 Private team instruction	12 5 to 6.30pm Level 1 and 2 6.30 to 9.30 Private team instruction	13 5 to 6.30pm Level 3 Scrimmage	14
15	16 Summer Session week 10 5 to 6.30pm Level 3 6.30 to 8.30 Private team instruction	17 5 to 6.30pm Level 1 and 2 6.30 to 8.30 Private team instruction	18 5 to 6.30pm Level 3 6.30 to 8.30 Private team instruction	19 5 to 6.30pm Level 1 and 2 6.30 to 8.30 Private team instruction	20 5 to 6.30pm Level 3 Scrimmage	21
22	23 6.30 to 8.30 Private team instruction	24 6.30 to 9.30 Private team instruction	25 6.30 to 8.30 Private team instruction	26 6.30 to 8.30 Private team instruction	27	28
29	30 6.30 to 8.30 Private team instruction					