

SOUTHERN CALIFORNIA LITTLE LEAGUE RESUMPTION OF 2020 BASEBALL/SOFTBALL SEASON GUIDELINES

Little League Name: Northwood Little League
California District 55

The following plan has been established to resume Little League Baseball activities while protecting and supporting our players' health, practice social distancing, limit large gatherings, and minimize risks of COVID-19. This guidance has been created to be compliant with the [COVID-19 Industry Guidance: Day Camps](#) as set out by the state of California, as well as the Irvine Athletics Return to Play Protocols and [Little League Best Practices](#). This document has been approved by Northwood's Board of Directors and will be submitted to the City of Irvine for final approval. No activities will begin until the State of California and the County of Orange have given their approval to begin youth sports activities, and only in accordance with state and local guidance. These activities will take place on the following fields: Hicks Canyon Park, Woodbury Park, Cypress Grove Park. An approved copy of this document can be found in Northwood's Safety Plan.

I. TEAM ROSTERS & ADULT PARTICIPATION FOR PRACTICES/BATTING CAGES/CAMPS

PLAYERS

Team rosters should not exceed 13 players per team on any given practice day or camp

Competitive Teams – Juniors, Intermediate, Majors, AAA, AA Divisions

- 9-13 players maximum per team are permitted on one playing field at one time.

Non-Competitive Teams - Tee Ball, Rookie, A Ball Divisions

- 8-12 players maximum per team on any given game or practice day are permitted for Tee Ball, Rookie and A Ball divisions.

All Players for Both Competitive and Non-Competitive Teams

- During practices, dugouts should not be used.
- Players shall put their equipment bag outside the dugout.
- Players shall only use their own equipment—no sharing of equipment with the exception of baseballs.
- Players are encouraged to use face coverings before and after practice, and when unable to maintain 6 feet of social distancing

MANAGERS/COACHES

All Teams

Three league-approved adult volunteers are permitted to be involved with each team per each practice

- **1 Team Manager** per team
 - Required to wear cloth face covering when players and/or volunteers are unable to practice 6 feet of social distancing.
- **2 Assistant Coaches** per team
 - Required to wear cloth face covering when players and/or volunteers are unable to practice 6 feet of social distancing.
- **A Parent Volunteer** may be used to help the assistant coach to monitor the players between drills
 - Enforces social distancing of players during drills.
 - Reminds players to wear face coverings before and after practices and when unable to practice 6 feet of social distancing.
 - Required to wear face covering if sharing the field with players and/or when unable to practice 6 feet of social distancing.

Non-Competitive Teams

Due to the age, developmental level, and physical abilities of the players within the non-competitive divisions (Tee Ball, Rookie, A Ball), additional approved adult volunteers are permitted, but not required, during practice.

- There will be a maximum of 4 approved volunteers (1 Team Manager, 2 Assistant Coaches, 1 Parent Volunteer).
- Board of Director approval will be required to include additional volunteers during games and practices

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(as needed to play).

- All approved volunteers assisting with the non-competitive divisions must wear a face covering while they assist and interact with the players.

OTHER ADULT ROLES

- **Safety Officer**
 - Each team must have a designated Safety Officer to serve as a point of contact for the league and team members for all questions related to Covid-19 and these protocols.
 - The Safety Officer is responsible for screening all players before each practice, using the Screening Questionnaire in Section VIII. If the Safety Officer is absent from practice, the Team Manager is responsible for screening the players.

II. EQUIPMENT PROTOCOL

PLAYER EQUIPMENT

- Players are not to use bat racks or helmet racks.
- Bats, helmets, and gloves are not to be shared between players.
 - If a player is using a “team” bat, that bat will be assigned to only that player for the duration of the practice. That bat must be sanitized before the next practice.
 - If a player is using a “team” helmet, that helmet will be assigned to only that player for the duration of the practice. That helmet must be sanitized before the next practice.
- Catchers can not share equipment during practice.
 - League-provided catcher’s gear for each team should be used by only one player per day.
 - League-provided catcher’s gear is to be wiped down with sanitizing wipes prior to reuse (24 hours must pass before reuse).
 - Players can use their own catching gear but cannot lend it to other players if already used that day.
- Players to keep their own equipment in their own bag.

III. BEFORE AND AFTER PRACTICE—PLAYERS & SPECTATORS

PLAYER ARRIVAL TO FIELD & WARM-UPS

- Players should arrive to the field no earlier than 30 minutes before practice time for warm-ups.
- Players are not to congregate within a group prior to taking the field to warm up.
- Each team to follow social distancing guidelines during warm-ups
 - Stretching—separate in a space to allow 6 feet apart
 - Running—run as a team spaced 6 feet apart
 - Throwing—ensure throwing distance is at least 6 feet apart
 - Defense warm-up—when taking grounders, players awaiting their turn should be spaced from the other players at least 6 feet apart
 - Pitcher/catcher warm-ups in bullpen only; coach is to maintain a distance of 6 feet from players during instruction; coach to wear face covering at all times while in the bullpen

DURING PRACTICE

- Players are encouraged to use hand sanitizer as frequently as possible during the game or practice.
 - Players should have a personal bottle of sanitizer kept in their equipment bag.
- No group gatherings at home plate following a home run.
- No high fives or handshakes following a play or game.
- Players are to bring their own water/Gatorade for use during the practice - no team water jugs or ice chests are permitted; players are not to share their drinks, bottles or snacks with anyone.
- Sunflower seeds are not allowed at any time.

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CONCLUSION OF PRACTICE

- There will be no high-fives after practice.
- The Team Manager or Assistant Coach can address the players while maintaining social distancing immediately after the conclusion of practice.
- Congregation of teams/players is not allowed at the field—there is to be no after-practice team meeting involving parents at the field.
- An assistant coach should wipe down players’ bats after each game or practice.
- Players and families will be asked to leave the practice site within 20 minutes of the practice concluding.

SPECTATORS AT THE FIELD (Spectators are defined as parents, caregivers, siblings, family, fans)

- Spectators should try to limit their time at the field prior to practice or game time when possible, based on child’s age and needs.
- Spectators are not to congregate in a group outside of their stay-at-home family group.
- Spectators will not be allowed to stand behind the home plate area within 6 feet of the backstop. Caution tape will be used to mark off the restricted area.
- Bleachers will be closed to all spectators; bleachers will only be used as an extra area for players, managers, and coaches who are participating in a game. Caution tape will be used to close off this area to spectators and will be used to mark off a path from the bleachers to the dugout/field entrance.
- All spectators will sit outside the field fence at least 6 feet away from the dugout/field entrance. Chairs, blankets, etc., may be set up by spectators.
- There should be no more than 10 people sitting together in a “family group;” the “family group” is only to include their stay-at-home family.
- There should be at least 10 feet between each “family group” along the fence line.

IV. SNACK BARS—FOOD & BEVERAGE

FOOD & BEVERAGES AT LEAGUE SNACK BARS

- No food or concession sales will be allowed at facilities.
- Families are encouraged to bring their own snacks and/or drinks.
- Hand sanitizer will be available at the snack bar .

V. FIELD SETUP AND MAINTENANCE

FIELD SETUP AT NON-CITY STAFFED FIELDS

- Field setup and maintenance equipment at non-staffed fields such as Woodbury will only be handled by a maximum of two league members per team who will be designated as the “field crew” .
- Field equipment includes, but is not be limited to, rakes, field drags, shovels, paint/chalk sprayers, and hoses.
- Field crew are to be the only person(s) to use the field equipment.
- Field crew to wear gloves during all field maintenance—including set up and tear down.
- Field maintenance equipment to be wiped down after each use.

VI. FIELD FACILITIES & SURROUNDINGS

FIELD FACILITIES

- All field restrooms are serviced by the city of Irvine, and will be cleaned and stocked according to the city of Irvine’s athletic facility procedures.
- Where possible, restroom doors will be propped open, and entrance and exit doors designated.

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- Touchless soap dispensers will be installed to facilitate touch-free environments.

FIELD SURROUNDINGS

- Informational signage will be posted throughout the field(s) regarding infection control, social distancing and the use of face coverings and gloves.
- No unrelated visitors, sales representatives or outside distributors will be allowed at the field.

VII. TEAM PRACTICE PROTOCOL

TEAM PRACTICE

- Team practice protocol shall align with all game day guidelines and protocol.
 - No sharing of equipment.
 - Proper social distance spacing during warm-up, practice drills and batting.
 - Hand sanitizer to be used by players before and after use of any equipment and transition of offense and defense drills.
 - Players should wear a face covering if they are unable to practice standard social distancing, or at their own discretion.
- Enforcing social distancing, use of face coverings and sanitizing equipment shall be the sole responsibility of each team manager, team coach(es) and/or other approved adult league volunteer that is organizing a team practice.
- Player's participation in team practice is at the sole discretion of the player's parent/caregiver; there will be no repercussion on game day for any player who does not attend a team practice.

BATTING CAGE PRACTICE

- Batting cages are limited to a maximum of 2 people at any one time.
- Players not actively hitting in a cage should be outside the cage, distanced 6 feet apart, and wear face coverings.
- Bats shall not be shared.
- Coaches are encouraged to pick up all balls to reduce sharing of equipment.
- Players should sanitize their hands after each cage session.

VIII. ONGOING MONITORING PROTOCOLS

PERSONAL PREVENTION ACTIONS

- All league members and visitors to the fields will be reminded of their responsibility to adhere to personal prevention actions including:
 - Stay home when sick or having symptoms of becoming sick (i.e., symptoms of respiratory illness, fever, or cough)
 - Wash hands frequently with soap and water for at least 20 seconds
 - Cover coughs and sneezes with a tissue, dispose of the tissue and wash hands immediately after. If tissue is not available, cough or sneeze in elbow
 - Do not touch eyes, mouth, or nose with unwashed hands
 - Avoid contact with people who are sick or who are exhibiting symptoms of being sick
 - Avoid sharing items
 - Always maintain the recommended minimum of 6 feet separation from others
 - Wear a face covering when unable to practice 6 feet of social distancing
 - Sanitize frequently touched objects and surfaces

SCREENING

- Before each practice, the team Safety Officer must screen all players and volunteers with ALL of the

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following:

- Visual wellness check
- Temperature check with no-touch thermometer
 - A temperature of 100.4 degrees or higher is considered a fever.
- Asking if the player/volunteer is experiencing any of the following symptoms:
 - Fever or chills?
 - Mild or moderate difficulty breathing?
 - New or worsening cough?
 - Sustained loss of smell, taste, or appetite?
 - Sore throat?
 - Vomiting or diarrhea?
 - Aching throughout the body?
- If any of the above symptoms apply, then the player or volunteer should not join the practice or game and should see their health care provider immediately.
- If any player or volunteer is showing symptoms of COVID-19, or has reason to believe they have been exposed to COVID-19, or has tested positive for COVID-19, the team Safety Officer must document the incident, and notify the League Safety Officer immediately while maintaining confidentiality.
- In case of a positive COVID-19 case, the League Safety Officer will notify local health officials, the Northwood Board, and immediate team members and volunteers while maintaining confidentiality as required by state and federal laws.
- Sick players or volunteers shall not return to practice until they have met CDC criteria to discontinue [home isolation](#), including 3 days with no fever, symptoms have improved, and 10 days since symptoms first appeared.

PROTECTING THE FIELD ENVIRONMENT

- All league members and visitors will be reminded of the importance of social distancing while at the fields as well as in all other environments.
- A minimum of 6 feet of social distancing should be maintained at all times.
- Face coverings should be worn to increase protection when unable to socially distance.
- Continued efforts to sanitize facilities, equipment, and areas and items of common touch points will be made.

ENSURING COOPERATION

- Board Members and league officials will maintain ongoing communication with all members of the league to include all players/managers/coaches/spectators at the field to limit any violation of the safety protocols.
 - All players/managers/coaches/spectators will be reminded that any violation of the social distancing and safety protocols will jeopardize the continued operation and opening of Little League games.
 - Any player/manager/coach/spectator who refuses to adhere to the protocols after one warning will be asked to leave the field site immediately.

IX. TRAINING VOLUNTEERS AND FAMILIES

SAFETY ACTIONS

- All league members and volunteers should be trained on the protocols and actions detailed in the previous sections, including but not limited to:
 - Enhanced sanitation practices (see section II)
 - Physical distancing guidelines and their importance (see section I)
 - [Proper use, removal and washing of cloth face coverings](#)
 - Screening practices (see section VIII)

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- COVID-19 specific [exclusion criteria](#)
- Training will be conducted virtually

X. COMMUNICATION PLAN

RETURN TO PLAY GUIDELINES

- An approved copy of this document will be published on the Northwood Little League website available for download.
- An approved copy of this document will be included in the Northwood Little League Safety Manual.

ONGOING COMMUNICATION

- Team Safety Officers are responsible for communicating any COVID-19 related concerns to the League Safety Officer.
- The League Safety Officer is responsible for communicating COVID-19 related concerns to the appropriate City of Irvine representative, and for communicating to immediate team members, volunteers and families in the case of a positive COVID-19 test.

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IX. LEAGUE GUIDELINES APPROVAL

These guidelines were established to allow our children the opportunity to participate in youth sports. These guidelines reflect the recommendations and views of the community and health care providers. Youth sports and local businesses are required to follow COVID-19 safety and preventive guidelines to remain open and active.

The following persons may be contacted regarding this protocol:

Name	Position	Email	Signature/Date Approved
Ted Hsieh	League President	nwllirvine@gmail.com	
Scott Fujimoto	League Safety Officer	sfujimot@gmail.com	
Michael Madden	League Player Agent	nwllplayeragent@gmail.com	
Tony Gray	District Administrator	da@district55.org	

X. PARENT/GUARDIAN ACKNOWLEDGMENT

I understand and agree that these guidelines are necessary for my child(ren) to play Little League and that refusal to follow these guidelines may prevent Little League from remaining open for play and that I may be asked to leave the field if I do not abide by these guidelines.

Player Name: _____ Division: _____

Player Name: _____ Division: _____

Player Name: _____ Division: _____

Player Name: _____ Division: _____

Player Name: _____ Division: _____

Parent/Guardian Signature: _____ Dated: _____