 

**AVVC Coaching Staff**

Dr. Greg Chiang-Lafayette (DI)

Anthony Valbrun- NJIT (DI)

John Titus-Caldwell U. (DII)

Meghan Bartsch-Montclair St.(DIII)

Dan Kim- Livingston HS/Rutgers Nwk

Jim Pompeo-Bloomfield Coll. (DII)

Barbara Perru – NJIT (DI)

Louis Stevens – Bloomfield HS

Megan Knott-Rutgers Newark (DIII)

Ryan Ackermann-Rutgers Nwk (DIII)

Deni Sobieck – AVVC

Debby Eng – New Providence HS

Steve Fenton Sr. – Madison HS

Kevin Jones- Hunterdon Central

Mike Brokes- Governor Livingston HS

Jim Findura – AVVC

Brian Hurler – Montclair St. (DIII)

Rachel Catena - AVVC

Melissa Sheehan - AVVC

Calli Scheuermann - AVVC

Eileen Anderson - AVVC

MaryKate Glackin - AVVC

Ally Mroczek - AVVC

Karol Oliveros - AVVC

Kavita Gordon- AVVC

Claire Scully- AVVC

18 Boys - Mike Scheuermann - Bishop Ahr

18 Boys-Kevin Barrow-Bloomfield C (DII)

17 Boys – Jimmy Pompeo – Bloomfield

17 Boys - Harold Nazaire - AVVC

16 Boys - Jabarry Goodridge – NJIT (DI)

16 Boys – Cameron Tait - AVVC

15 Boys – Stacey Cooke – AVVC

15 Boys – Peter Nigro - AVVC

**AVVC has 3 levels of teams**

**RED ∙ WHITE ∙ LEAPFROG**

**RED Teams:** Our elite travel teams that travel the U.S. and compete against the top teams in the nation and vie for a bid to the USAV Junior Nationals.

**WHITE/BLUE Teams:** Our travel teams that compete in NJ, NY, PA, DE, going as far as Massachusetts, Maryland, and D.C. Travel and commitment is slightly less than Red teams.

**LEAPFROG Program:** Our beginner’s program for our young athletes, coed ages 13 and under. Series (3-4) of month long programs, beginning in Nov.

**Club Fees Cover:**

Uniforms (replaced every 2 seasons) Gym rentals, administrative costs, practice fees, volleyballs and equipment, insurance, coach reimbursement, speed and agility program with Plyocity and Parisi speed school , tournament entry fees, clinics and open gyms during season, end of season banquet for players (family members extra)

**About AVVC:**

AVVC is a member of GEVA, the local region of USA Volleyball. Last year, AVVC served roughly 185 boys and girls from Essex, Bergen, Hudson, Union, Middlesex, Somerset, Morris, Monmouth, Ocean, Passaic, Sussex, and Hunterdon Counties.

**Practice Locations:** Watchung Hills High School, Ridge High School and The Express Athletic Center (Edison).

**Success:** AVVC boasts the finest collection of volleyball coaches, many who currently coach college and features some of the finest junior volleyball players in the region, with success across all age divisions including multiple Junior National bids.

**Alumni**: AVVC has sent 100+ graduates off to play college volleyball at such institutions as Penn State, UNLV, Rutgers, UNC Charlotte, JMU, Lafayette, UTSA, Rider, NJIT, Providence, Bucknell, Elon, Iona, FDU, Lasalle, Quinnipiac, Delaware, Seton Hall, St. Francis, West Virginia, VCU, Loyola, UMES, UNH, St. Peter’s, Lehigh, Sacred Heart and Holy Cross.

**Age Group Eligibility Definitions**

18’s :: Born After 9/1/00

17’s :: Born After 9/1/01

16’s :: Born After 9/1/02

15’s :: Born After 9/1/03

14’s :: Born After 9/1/04

13’s :: Born After 9/1/05

12’s :: Born After 9/1/06

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| **Age Groups**  **(2-3 teams per age group)** | 14-18’s Red | 14-18’s White | 12-13’s Red &  White | Leapfrog  Program  (Co-ed 13 and under) |
| **Practices** | 2-3x week | 2x/week | 2x/week | 2x/week |
| **# of coaches** | 2-3 | 2-3 | 2-3 | 2-3 |
| **Players/team** | 10-12 | 11-12 | 12-14 | Open |
| **Tournaments** | 10-13 | 8-11 | 5-8 | Month long programs  (3-4) |
| **Club Fees** | $1,900-$2,300 | $1,600-$1,900 | $1,200-$1,400 | $200 per program  series |
| **Travel Fees** | ~$1200-  $2400 | ~$900-  $1400 | ~$200 –  $400 | $0 |

**2018-2019 Club Tryout Dates**

**11-13’s** : 11/3/18 : 8:00am-10:00am : @ Watchung Hills HS

**14’s** : 11/3/18 : 8:00am-10:00am : @ Watchung Hills HS

**15’s** : 11/3/18 : 10:00am-12:00pm : @ Watchung Hills HS

**11-13’s** : 11/4/18 : 2:30-4:30pm : @ Ridge HS

**14’s** : 11/4/18 : 2:30-4:30pm : @ Ridge HS

**15’s** : 11/4/18 : 10:00am-12:30pm : @ Ridge HS

**16’s**  : 11/4/18 : 12:30pm-2:30pm : @ Ridge HS

**17-18’s** : 11/4/18 : 8:00am-10:00am : @ Ridge HS

**16’s** : 11/5/18 : 6:00pm-8:00pm : @ Watchung Hills HS

**17-18’s** : 11/5/18 : 8:00pm-10:00pm : @ Watchung Hills HS

**Tryout Registration**

Register at www.atlanticvalley.org

**Try-out Cost:** $70 in advance until 10/31/18, $80 after

($50 additional fee if trying out for multiple age groups, player must try out at grade appropriate age group first)

**Our Mission:**

The mission of Atlantic Valley Volleyball Club is to promote the sport of volleyball in the communities we serve and to provide an opportunity for boys and girls in New Jersey to elevate their skills, compete at the highest level possible and pursue their passion for the game of volleyball**.**

**Club Tryouts for 2018-2019**