

THE ROADMAP TO HOCKEY DEVELOPMENT



NWCHARGERS.ORG
[NWCHARGERSHOCKEY](#)



LITTLE BLACKHAWKS LEARN TO PLAY PROGRAM

NOVICE, 5-9 YEARS OF AGE

The Learn to Play initiative aims to be the gold standard for youth hockey programs with the goal of inspiring more families to join the hockey community. It changes the way youth hockey is offered by providing first-time participants between 5-9 years of age head-to-toe equipment, age-appropriate instruction, and certified coaching led by NHL Alumni in a fun and safe atmosphere.



FUTURE CHARGERS LEARN TO SKATE [LEVELS 1 & 2]

NOVICE / BEGINNER / INTERMEDIATE, 3-7 YEARS OF AGE

The Learn to Skate (LTS) Program is a series of progressive classes for new skaters with little to no skating experience (target age 3-7). At the introductory levels, the primary focus is proper skating technique; students will master appropriate and specific progressive skating skills that will foster a successful transition into the Pre-Hockey and Mite hockey programs.

Level 1: Falling & Getting Up; Marching, 2-foot glides, Forward Dip, Backward Wiggles, 2-foot Snowplow Stops, Forward Swizzles

Level 2: 1-foot Glides (R/L), Backward Swizzles, Scooter Pushes (R/L), 2-foot jumps, 1-foot Snowplow Stops



FUTURE CHARGERS PRE-HOCKEY [LEVELS 3 & 4]

PREREQ: COMPLETION OF LEARN TO SKATE PROGRAM, ADVANCED, 5-8 YEARS OF AGE

The Pre-Hockey Program is a continuation of the Learn To Skate (LTS) Program in that it reinforces the skating skills learned in Levels 1 and 2 while introducing puck handling, passing, and shooting. The target age is 5-8 years old.

Level 3: Forward stroking/strides, Forward pumps (R/L), Forward crossovers (R/L), Backward Snowplow Stop; 2-foot Ski Slalom (Intro to edgework)

Level 4: Backward skating, Backward pumps (R/L), Backward crossovers (R/L), Forward to Backward 2-foot turn (CW/CCW), Intro to Hockey Stops



FUTURE CHARGERS IN-HOUSE MITE LEAGUE [LEVEL 5]

PREREQ: COMPLETION OF PRE-HOCKEY PROGRAM, ADVANCED, 5-8 YEARS OF AGE

The In-House Mite Program is a continuation of the Learn to Skate (LTS) and Pre-Hockey Programs in that it continues to reinforce and further the skating and puck skills learned in the Levels 1-4 programs. It introduces structured games exposing players to game concepts like spacing and timing. It also shows players how the skating and puck skills learned to fit into game situations. The target age is 5-8 years old.

This program includes **two ice sessions each week** (1 Saturday and 1 Sunday). Saturday will be a skills-based practice similar to what the Jr. Chargers full-ice Mite travel teams have during their weekly skills practice. Sunday is set up as half-ice or cross-ice games in line with the USA Hockey ADM (American Development Model), allowing players to have constant movement and frequent puck touches.



NORTHWEST CHARGERS TIER II TRAVEL HOCKEY CLUB

PROUD AFFILIATE OF THE FUTURE CHARGERS

The Northwest Chargers Hockey Association is the premier Tier II Travel Youth Hockey Club of the Northwest Suburbs of Chicago, providing a strong environment for the pursuit of excellence, teamwork, family, and enjoyment. Our Mite through Midget teams participate in the Central States Developmental Hockey League (CSDHL), Northern Illinois Hockey League (NIHL), and Chicago United Hockey League (CUHL).



MOUNT PROSPECT ICE ARENA (MPIA)
1501 Feehanville Drive, Mount Prospect, IL 60056

HAVE QUESTIONS? ASK COACH PEPP!
(630) 390-8265 / p.laboy@nwchargers.org

