



Women's Wrestling Guidelines

As of 1-16-20

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I. Organization

A. Participating Teams

- i. Seven (7) for 2019-20: Central Christian (Kansas), Lyon (Ark.), Missouri Baptist, Oklahoma City, Texas Wesleyan, Waldorf (Iowa), Wayland Baptist (Texas)

B. Conference Representatives

- i. Conference Commissioner: Stan Wagnon
- ii. Athletic Directors Liaison: Jim Abbott, Oklahoma City
- iii. Coaches Chair: Nicole Tyson, Oklahoma City
- iv. National Rater: Aaron Meister, Wayland Baptist
- v. Oversight Committee: Tyreece Gilder, Waldorf

C. Meetings

- i. There is a mandatory annual preseason teleconference meeting of head coaches.
- ii. There is a mandatory seeding meeting of head coaches prior to the championships meet.

II. Playing Rules and Regulations

A. Length of Season

- i. Per NAIA rules.

B. Number of Contests or Dates of Competition

- i. Per NAIA rules.

C. Scheduling

- i. There will be no regular-season schedule of conference matches in 2019-20; only a postseason championships meet. In 2020-21, there will be a duals event at a date/site TBD in addition to the postseason championships meet. It is anticipated the site will be central and/or geographically balanced to the championships meet site.

D. Scouting/Video Sharing

- i. No scouting information or video on SAC teams or individuals will be shared with schools outside the conference.

III. Officiating

A. Regular Season

- i. There is no conference assignor; host Institutions responsible for securing/payment of officials. For the conference duals event, the expectation is to utilize one official per mat.

B. Conference Championships

- i. Per NAIA Women's Wrestling Coaches Manual guidelines, three officials per mat will be contracted to work the championships meet.
- ii. Host Institution responsible for securing/payment of officials.

IV. Ratings, Results, Statistics

A. Conference Rater/Oversight Committee

- i. The current conference rating committee consists of rater Aaron Meister, Wayland Baptist, with oversight from Tyreece Gilder, Waldorf.
- ii. Conference ratings will occur in conjunction with the national ratings process as established by the NAIA.

B. Results Reporting

- i. All results must be reported to the NAIA (via TrackWrestling) within 48 hours of completion in order to be eligible for team and/or individual weekly ratings and honors. All NAIA teams must have their schedule inputted into TrackWrestling by October 1.

C. Statistics

- i. All weekly statistical reports must be submitted online via TrackWrestling within 48 hours of completion. Usually the SID will do this, but the head coach needs to make sure it is completed on time.

V. Postseason Event

A. Conference Championships Meet

- i. A championships meet will be held to determine SAC team and individual championships.
- ii. All conference teams will qualify for the meet.
- iii. The 2019-20 meet will be hosted by Wayland Baptist University in Plainview, Texas, on Saturday, Feb. 29, 2020.

B. Entries

- i. Meet entry will be as follows:
 - (1) Each institution may enter up to 12 wrestlers in the conference meet, with no more than two per weight class.
 - (2) Unofficial entries must be submitted through TrackWrestling by 5 p.m. the Wednesday prior to the meet (12 maximum).
 - (3) Official entries must be made at the coaches' seeding meeting prior to the meet.
 - (4) No changes can be made once the final official entries are submitted.
 - (5) Host institution may charge an entry fee to offset expenses.

C. Meet Administration

- i. A Tournament Director must be identified.
- ii. The meet will be conducted in accordance with the NAIA Coaches Manual and the USA Wrestling and United World Wrestling Rulebook, except those changes approved by the NAIA-WCA and the NAIA National Administrative Council (NAC).
- iii. Scoring for the meet shall be 6 places: 1st-12, 2nd-10, 3rd-9, 4th-7, 5th-6, 6th-4.
- iv. Seeding in each weight class will follow NAIA guidelines, which stipulate an 8-person bracket will not seed more than four wrestlers, a bracket of 9-16 will not seed more than six, and a bracket of 16-plus will not seed more than eight.
- v. Bonus points earned while wrestling a teammate do not count.
- vi. Byes for each individual weight class shall be determined through a random draw.
- vii. Matches for true-second or true-fourth may be utilized when needed to determine national qualifications.
- viii. Host institution determines the meet schedule, with approval from Commissioner.
- ix. Host institution required to use TrackWrestling scoring software for each mat.
- x. Video review is required on each mat.
- xi. It is preferable that meet use 2-3 mats up to the championship round.
- xii. Each mat should have the required number of officials, a clock operator, a camera operator and a tapper.
- xiii. Tournament Director will select the Head official.
- xiv. Resting officials will serve as video review personnel during the time not officiating.
- xv. Participating teams are responsible for their own expenses to, during, and from the meet.

D. Weight Certification and Weigh-Ins

- i. All wrestlers must complete an initial weight assessment and file data with the NWCA OPC system per NAIA regulations.
- ii. Weigh-ins shall be conducted in a private, secured area at the site of competition or in an adjacent building to the competition **two hours or sooner** before the start of competition. Attendance shall be limited to the contestants, coaches of the contestants, required medical

personnel, the person(s) supervising the weigh-in and others deemed necessary by tournament director.

- iii. It is recommended that a digital scale be used for weigh-ins. All scales used for weigh-ins shall be certified before the start of each season.
- iv. If a contestant fails to make weight on one of the designated scales, the contestant may not leave the weigh-in area. The contestant may step on each additional official scale one time in an attempt to make weight immediately after the 191-pound class. At this time, weigh-ins are concluded.

E. National Qualification

- i. For 2019-20, there are no automatic qualifiers in NAIA Women's Wrestling.

VI. Awards

A. Weekly Awards

- i. Wrestler of the Week nominations should be submitted to SID Help by 5 PM on Tuesdays at: <http://www.naiasports.org/admin/>
- ii. In order for nominees to be considered for the weekly awards, a complete and accurate statistical report must be submitted for each wrestler. Failure to provide incomplete or inaccurate statistical information will cause the nominated player to be disqualified from consideration.
- iii. Conference weekly awards will occur in conjunction with the national weekly awards process as established by the NAIA.

B. All-Conference

- i. The top 2 place winners in each weight class will be designated All-Conference and receive a plaque. The next 2 place winners in each weight will be honorable mention and receive a certificate.
- ii. Individual plaques will be awarded to the Wrestler, Freshman and Newcomer of the Year, based on vote of the head coaches. Coaches may not vote for student-athletes from their own institutions.
- iii. An individual plaque will be provided to the Coach of the Year, based on vote of the head coaches. Coaches may not vote for themselves.

C. Academic All-Conference

- i. Members of the Academic All-Conference listing are student-athletes (including freshmen) who have posted a minimum 3.25 GPA during the previous two semesters and are regulars (letter winners) on their respective teams.
- ii. Nominated by each institution's FAR and/or Compliance Officer by June 1, using fall and spring semester grades to calculate GPA.
- iii. Announcement of awards will occur on or about June 15. Certificates will be provided to each institution and each athletic department will be responsible for personalizing and presenting to their student-athletes.

D. Scholar Team Award

- i. Recognizes the team with the highest team GPA for the year. (3.0 minimum team GPA required for submission). Team GPA is computed based on all team members certified for eligibility in a given season and will include their cumulative GPA for the year (Fall & Spring semesters combined).
- ii. Deadline for submission is June 30 and the announcement will be July 15. No team award – SAC website only.

E. Commissioner's Honor Roll

- i. The Honor Roll is recorded and released once per year (June) and is based on the total grade point average for the current year (fall and spring). Students must post a minimum 3.0 grade point average in the current year in order to be recognized.
- ii. Nominated by each institution's FAR and/or Compliance Officer, those honored are not necessarily standout performers on the mat, but those who participate on the team.

- iii. Recipients are listed on the SAC website. Deadline for submission is June 1. Honor Roll announcement will be on June 10.

F. Championships Meet

- i. The team with the highest point total at the conference meet will be recognized as SAC Champion and receive a championship trophy. In the event of a tie, each tied team will receive a championship trophy.
- ii. An individual plaque will be provided to the Outstanding Wrestler, based on vote of head coaches at the conference meet. Recipient will be awarded plaque during post-meet awards. Coaches may not vote for student-athletes from their own institution.
- iii. An individual plaque will be provided to the wrestler with the Most Falls, based on total amount of falls at the meet, and using total time needed as tiebreaker, if necessary. Recipient will be awarded plaque during post-meet awards.
- iv. The top two place winners in each weight class will receive an All-Conference plaque, to be presented after subsequent championship match completed (e.g., 101 lbs. awards after 109 lbs. championship match and so forth). The next two place winners in each weight will receive certificates as Honorable Mention.