

Aspire Academy

The U.S. Figure Skating Aspire Program is the next step for the beginning skater to become a figure skater with a packaged program.

Late Winter Jan. 27 - Mar. 9, 2024

Our KCIC Aspire Academy is a bridge program for skaters of all ages that have passed Basic 6/Adult 6 through Freeskate 6, and incorporates weekly on ice group class instruction with an office training session, and some parent education.

Aspire Academy includes:

- Dynamic Warm-up 10:20 10:40a
- On ice: 10:50a 11:20a

Parent education opportunities throughout the session.

Cost \$105 6 weeks

The Aspire Academy will introduce skaters to:

- Edges
- Stroking techniques
- Moves in the field
- Ice Dance
- Synchronized Skating
- Theatre on Ice
- Jump Technique
- Spin Technique
- Showcase skating elements
- Off ice conditioning/proper warm up
- Plus more!





SKATE SCHOOL

Questions? Contact: Kay Olive at kolive@kcicecenter.com

<u>ist skater</u> Name			AGE
Skating Level			
2nd Skater Name			AGE
Skating Level			
3rd Skater_Name			Age
Skating Level			
Parents Name		*Email	
Cell			
*Email add	lresses will <u>ONLY</u> be used for skate sch	nool updates while you are currently e	nrolled in our program.
Skate school updates/ notifica	ations will be sent via email, so please n	make sure we have your updated ema	il address.
	Aspire Academy	\$105 X = \$	_ (No Class 2/3)
	2nd Skater/2nd Class	\$75 X = \$	
		Total \$	
Please make checks paya	able to KCIC. KCIC accepts MC, Vis		
caco mano oncono paya		sa, and Discover	
		sa, and discover	
		sa, and discover	
aving registered the above pe aforementioned activities, a nst any and all liability for a icipation in this activity. KC	rson in lessons I, as parent or guardian and I further agree to indemnify and I	Vaiver (REQUIRED SIGNATUR of the participant, agree to allow the hold the KCIC, skating school dire forementioned individual(s) arising	ndividual named herein to participate in ctor, and instructors harmless from and out of or in conjunction with his or her