

Capitol-North Football - 1st Team All Conference				
Name	School	Height	Weight	Year
Quarterback:				
Adam Moen	Lake Mills	6' 3"	185	Junior**
Running Backs:				
Colton Nicolay	Lodi	5' 8"	170	Senior**
Caden Brunell	Columbus	5' 9"	169	Junior
Brayden O'Connor	Poynette	5' 8"	150	Senior
Wide Receivers:				
Hunter Buechel	Lake Mills	6' 1"	190	Senior
Matt Johnson	Lake Mills	6' 1"	185	Senior
Nathan de Galley	Watertown Luther Prep	6' 1"	170	Senior
Tight End/Fullback				
Kade Parsons	Lodi	6' 2"	190	Senior
Offensive Linemen:				
Dustyn Paulson	Lodi	6' 1"	255	Senior**
Will Jorgensen	Lakeside Lutheran	6' 1"	267	Junior
Austin Rennhack	Columbus	5' 9"	200	Junior
David Klein	Lake Mills	5' 9"	190	Senior
Jackson Lindemann	Watertown Luther Prep	6' 1"	215	Senior
2019 Capitol Conference North Division Offensive "Lineman" of the Year				
<i>Dustyn Paulson - Lodi**</i>				
2019 Capitol Conference North Division Offensive "Player of the Year"				
<i>Adam Moen - Lake Mills**</i>				
Defensive Backs:				
Teagan Herschleb	Columbus	6' 2"	167	Senior**
Hunter Buechel	Lake Mills	6' 1"	190	Senior
Nathan de Galley	Watertown Luther Prep	6' 1"	170	Senior
Inside Linebackers:				
Charlie Cassady	Lake Mills	5' 9"	175	Junior
Logan Pampel	Lakeside Lutheran	6' 1"	190	Senior
Caden Brunell	Columbus	5' 9"	169	Junior
Outside Linebackers:				
Nathan Chesterman	Lakeside Lutheran	5' 11"	170	Junior
Grant Horkan	Lake Mills	6' 1"	165	Junior
Logan Richards	Lodi	5' 11"	180	Senior
Interior Defensive Linemen:				
Caleb Chmielewski	Watertown Luther Prep	6' 2"	330	Junior
Josh Lescoheir	Lake Mills	5' 11"	230	Junior

Dustyn Paulson	Lodi	6'1"	255	Senior
Defensive Ends:				
Tyler Theder	Lake Mills	6'1"	230	Junior
Austin Rennhack	Columbus	5'9"	200	Junior
Christian Koelpin	Watertown Luther Prep	6'	180	Senior
2019 Capitol Conference North Division Defensive "Lineman" of the Year <i>Austin Rennhack - Columbus**</i>				
2019 Capitol Conference North Division Defensive "Player of the Year" <i>Teagan Herschleb - Columbus</i>				
Specialist:				
Matt Johnson	Lake Mills	6'1"	185	Senior
Punter:				
Zack Dolson	Lodi	6'	185	Junior
Kicker:				
Brayden Ciesiolka	Lake Mills	5'9"	150	Sophomore
Tersony Vater	Lakeside Lutheran	6'	158	Junior
**-Unanimous Selection				
Capitol Conference - Football - 2nd Team All Conference				
Quarterback:				
Matt Davis	Lakeside Lutheran	6'1"	182	Senior
Running Backs:				
Jon Holtz	Watertown Luther Prep	5'9"	155	Junior
Wide Receivers:				
Carter Schneider	Lakeside Lutheran	6'1"	170	Senior
Teagan Herschleb	Columbus	6'2"	167	Senior
Tersony Vater	Lakeside Lutheran	6'	158	Junior
Tight End:				
Colby Savich	Poynette	6'3"	190	Senior
Offensive Linemen:				
Austin Falk	Poynette	6'3"	207	Senior
Camden Waterstradt	Lodi	6'	215	Senior
Josh Lescoheir	Lake Mills	5'11"	230	Junior
James Roche	Columbus	6'	228	Senior
Ben Buxa	Lakeside Lutheran	6'2"	241	Freshman
Defensive Backs:				
Matt Johnson	Lake Mills	6'1"	185	Senior
Brayden O'Connor	Poynette	5'8"	145	Junior
Tersony Vater	Lakeside Lutheran	6'	158	Junior
Inside Linebackers:				

Garrett Edge	Lodi	6'1"	215	Junior
Colby Savich	Poynette	6'3"	190	Senior
David Baumann	Watertown Luther Prep	6'2"	170	Junior
Outside Linebacker:				
Brett Wieting	Watertown Luther Prep	6'	170	Sophomore
Joe Morris	Columbus	5'10"	157	Senior
Interior Defensive Linemen:				
Kendall Minick	Columbus	6'1"	249	Senior
Defensive Ends:				
Mason Ripp	Lodi	6'4"	190	Senior
Parker Walstad	Poynette	6'2"	200	Senior
Specialist:				
Michael Stenbroten	Lake Mills	6'2"	165	Sophomore
Punter:				
Yuri Soloviyov	Luther Prep	5'10"	185	Junior
Joe Morris	Columbus	5'10"	157	Senior
Kicker:				
None				
Honorable Mention Selections				
Quarterback:				
Will Cotter	Columbus	6'4"	191	Junior
Wide Receivers:				
Jaxson Retrum	Lake Mills	6'4"	175	Junior
Tight End:				
John O'Donnell	Lakeside Lutheran	6'5"	191	Junior
Offensive Lineman:				
Billy DuFresne	Poynette	6'1"	380	Senior
Jonathan Wiedenhoeft	Luther Prep	6'2"	200	Junior
Ryan King	Columbus	6'4"	275	Junior
Cade Wipperfurth	Lodi	6'	245	Junior
Defensive Back:				
Connor Faust	Lodi	6'	165	Junior
Alex Campbell	Columbus	5'10"	157	Senior
Atticus Lawrenz	Watertown Luther Prep	5'10"	155	Junior
Inside Linebacker:				
Micah Cody	Lakeside Lutheran	6'	196	Junior
Ben Buchholtz	Lake Mills	5'7"	160	Freshman
Outside Linebacker:				
Jake Buss	Poynette	6'3"	200	Senior
Defensive End:				
Levi Clark	Watertown Luther Prep	6'	200	Senior
Specialist:				
Paul Frick	Watertown Luther Prep	5'9"	155	Senior