



**2023**

# **No. Ky. Youth Hockey Association Winter Instructional Program**

**Ages 10 yrs and under. Boys and girls welcome.**

**Free equipment rental.**

The Instructional Program (IP) is an introductory program designed to teach beginners skating skills, basics skills of hockey, and a love of the game of ice hockey.

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The Winter session will be split into 2 groups by age and ability. The Red group will be 4-6 year olds. The White group will be 7-10 year olds. All groups will have 2 games on the main rink.

**Equipment fitting is required before first session.**

**Contact Hugh Miller at [nkic@fuse.net](mailto:nkic@fuse.net) to schedule a fitting session after Christmas.**

**Winter Session      \$125.00**

**Tuesday practices ..... 6:00-7:00pm**

January 3, 10, 17, 24, 31. February 7, 14, 21, 28.

**Tuesday game ..... January 31..... 6:00pm-7:00pm**

**Saturday game ..... March 4 ..... 11:00am-12:00pm**

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**All players must register with both USA Hockey and NKYHA**

First, register with USA Hockey at [www.usahockey.com](http://www.usahockey.com). This yearly fee is in addition to NKYHA fee.

**Players who registered for Fall program do not have to register for USA Hockey again.**

Then, with a completed USA Hockey registration number, go to [www.nkyha.com](http://www.nkyha.com) and complete the online registration with NKYHA. Payment must be made online.

**You are required to register online with NKYHA.**

**Spring League will start March 6. Sign up early to receive discount.**

**Call 859-344-1981 or email Hugh Miller at [nkic@fuse.net](mailto:nkic@fuse.net)  
for more information and equipment fitting after Christmas**