



OUTPATIENT PHYSICAL THERAPY

FREE SPORTS SCREENS

CATCH IT!

- › Whether you have a nagging pain or hurt yourself at practice, catching the injury early keeps you in the game!
- › Sometimes you just need some advice: Is it serious? Can you keep playing? What should you modify?

TREAT IT!

At your free injury screen, we will:

- › Evaluate your injury and discuss options.
- › Implement steps to recovery.
- › Refer to specialist if needed.
- › Educate you about your injury and how to get back to playing.

BEAT IT!

- › Don't let an injury take you off the field or hinder your performance!
- › Early treatment leads to quicker results.
- › Feel better to fully enjoy your sport and play your best!

Sport screens are free to all athletes! We have both before & after school appointments. Call one of your local clinics to get set up:

**Maple Valley:
425-413-4425**

**Covington:
253-630-5808**

**Covington Satellite:
253-639-4788**

www.Outpatientpt.com