



## **Clarification and Interpretation of the Sports Restrictions (Resolution: 2020-68)**

### **Current ordinance text:**

“All organized adult and youth sports and athletic activities that require in person gatherings, whether for practice or scheduled competition, are not allowed”

### **Goal of the ordinance and this document:**

In deciding whether specific sports and athletic activities are allowed it is important to consider the goal of the restrictions, which is to reduce the opportunity for people to gather in groups that could represent a risk of virus transmission.

### **Clarifications and interpretation:**

1. Organized sport is defined as physical activity that is directed by adult or youth leaders and involves rules and formal practice and competition. Club sports are included in this definition. Individual fitness classes or recreational activities do not typically fall into the category of organized sport.<sup>1</sup>
2. Non-organized sports and in some instances (see below) organized sports are allowed if the size and frequency of a gathering are small.
  - a. Examples of activities allowed include, but are not limited to:
    - i. Individual sports, athletic and fitness activities that involve only one person, such as recreational cycling, running, range shooting.
    - ii. Group fitness classes (with or without an instructor) if total size is no more than 10 people AND social distancing is assured.
    - iii. Spontaneous, informal sport practice or scrimmage activities, provided that no more than 10 people are present, AND no trainers or leaders is involved, AND no audience is present. These settings are considered as recreational rather than sport activities.
    - iv. Bowling, martial arts, tennis, table tennis and other sports played by a single player at the time provided that if teams are involved each team includes no more than 10 people AND social distancing is assured (including not coming within 6 feet of distance of any member from other teams). Games that are part of a competition or league are not allowed.

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<sup>1</sup> Modified from:

<https://pediatrics.aappublications.org/content/143/6/e20190997#:~:text=For%20this%20report%2C%20organized%20sport,the%20category%20of%20organized%20sport>

3. Organized sports activities are not allowed
  - a. Examples of activities not allowed include, but are not limited to:
    - i. Sport practices involving teams or portions of teams if leaders or trainers are present OR more than 10 players participate OR practices follow a regular schedule. Only occasional, small practice sessions carried out without a coach or trainer are allowed.
    - ii. Games that take place in the context of leagues, tournaments, club scrimmages or similar.
4. Case examples:
  - a. Club Juventus includes 5 soccer teams. Players try out and enroll in a team at the beginning of the season. These teams will **NOT** be allowed to train or play against other teams under the current restrictions.
  - b. Arthur and Mike occasionally play tennis double with their wives. The men play against the women. The games are not part of a league or tournament. This activity **IS** allowed.
  - c. John arranges for 8 friends to meet at the basketball court and shoot balls together for a few hours on a Saturday afternoon. This is not a planned, recurrent event, no trainers or coaches are present, and the group does not constitute a formal team or participate in a league. This activity **IS** allowed.
  - d. Case example: Mary is training to run a half marathon by running 5 miles a day. She does not have a trainer, but occasionally a friend joins her and the two run together, while keeping social distancing. This activity **IS** allowed.

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