INTER-COUNTY SCHOLASTIC HOCKEY LEAGUE



ICSHL Varsity Playoff Overtime Procedures

- 1. If a Boys or Girls Varsity game is tied at the completion of three periods of play, <u>additional overtime</u> <u>periods of the same length as the first three periods of the game</u> (17 minutes boys, 16 minutes <u>girls</u>) will be played.
- 2. **Teams will skate 5-on-5** skaters for all overtimes, except when short-handed for penalties (normal game procedure).
- 3. The first team to score a goal will be the winner.
- 4. A 1-minute intermission will be provided at the end of every <u>odd numbered</u> period.
- 5. Teams will change ends of the ice at the <u>beginning</u> of each period, including overtimes:
 - Periods 1, 3, 5 (2nd OT period), 7 (4th OT period) will skate in the same direction ("short change").
 - Periods 2, 4 (1st OT period), 6 (3rd OT period) will skate in the same direction ("long change").
- 6. <u>Ice cuts:</u> Boys games will have ice cuts after <u>every</u> two periods of play: after periods 2, 4 (1st OT period), 6 (3rd OT period). A 15-minute intermission will allow teams to retire to their respective locker rooms during the ice cut. Girls' games will have an ice cut after the first overtime and then every three periods thereafter. (ice cuts after periods 4, 7, 10)
- 7. <u>Ice Slots:</u> Boys Varsity slots will be 105 minutes to allow for the additional ice cut between 2nd and 3rd periods; double-header games will start 120 minutes (2 hours) apart. Girls Varsity slots will be 90 minutes long and doubleheaders will start 105 minutes apart.