

Prep (13) and Alliance (14/15) League Rules — updated 2023 Season

NO METAL SPIKES OR SUNFLOWER SEEDS AT BARCROFT – Rubber spikes, turf shoes and tennis shoes permitted.

Official Major League Baseball Rules and official Babe Ruth Rules are followed except for the following modifications:

2023 Modifications:

Umpires have been instructed to keep the game moving and limit "downtime."

Speed Up Rules:

- We want no more than 90 seconds between half innings.
- Umpires count warm-up pitches, give a ball to the catcher if passed ball during warm-ups.
- Coaches: have catcher with gear on and ready with two outs.
- Mandatory that players run to their positions – no walking onto the field.
- Mound visits by coach and catcher are highly discouraged.
- Five-run maximum per half inning for first four innings. Once a team scores five runs in a half inning the inning will end.
- Pitch limits –75 pitches max per pitcher per game through April 15. Maximum 95 pitches after April 15. In addition, 4 inning limit per game. **IMPORTANT: PLAN YOUR PITCHING**

ROTATION PRIOR TO THE GAME

- Free substitutions on defense (to warm up pitchers if needed), courtesy runners (last batted out) for pitcher and catcher in the game or coming into the game at any time.
- Sharing players – if a team has only 8 players, lend a player for field purposes so there is a full field lineup. If a team has 7 players after the grace period there is a forfeit, but continue to play a game sharing players.
- Games have a two-hour "drop" time limit, during the week, and a two-hour fifteen minutes drop dead on weekends. Play the entire two hours. If the home team does not get to complete their at-bats in the last inning, the final score will revert to the last completed inning.
- No stealing home on wild pitches or passed balls, but are allowed for pick off plays, wild throws to the mound and attempts to throw out a runner stealing a base
- Coaches and player conduct should conform to the spirit of the game, with good sportsmanship. Purposeful delays in time or other like conduct should not occur. Please report scores on the app the day of the game.