



## Directional Possession

Category: Tactical: Possession

Difficulty: Difficult

Derek McMullen, CFJ South, United States of America  
Individual-Adult Member

### Directional Possession (15 mins)

#### Directional Possession - 15 Mins

U8-U12: 2v2+3

15x20

U13+: 4v4+3

20x30

- Players keep possession and must transfer the ball from TP to TP to earn a point.

- 1 Point everytime it goes from TP to TP

- Modify Space and Numbers as see fit

Coaching Points:

A) Accurate Passing and Receiving

B) Movement off the Ball

C) Width and Depth

D) Check shoulders for Awareness of Surroundings

F) Speed of Play

