



March 26, 2026

DEAR TRACK AND FIELD COORDINATOR:

The City of Carson is excited to host the **2026 Bay Area/Southeast Track and Field SCMAF Qualifying Meet**. This year's meet is scheduled for Sunday, May 17th, 2026, at Rancho Dominguez Preparatory High School located at 4110 Santa Fe Ave, Long Beach, Ca. 90810.

The registration fee for the BASE/SCMAF Qualifier is \$25. However, if the participant qualifies to move on to the SCMAF Track & Field Finals, there is an entry fee of \$20 for this event. The total cost for both events combined is \$45.00. Finals will take place on Sunday, June 7th @ Warren High School in the City of Downey.

** Please note: If you are entered in either the BASE Qualifier or SCMAF Finals and fail to attend or scratch from your event, you will still be charged.*

The enclosed information outlines procedures for sending participants to the **2026 SCMAF – Bay Area/Southeast Track Meet**. Please realize that there are strict deadlines associated with the coordination of this meet. For entry purposes, all paperwork for your participants (entry forms, waivers, proof of age, qualifying times) must be received by **Friday, May 8th, 2026**

Submit your entry forms, waivers, qualifying times, and proof of age (by **May 8th**) to:

City of Carson
Attn: Kenny Harris
18601 S. Main St.
Carson, CA 90248
310.227.1380
kharris@carsonca.gov

with regards to meet responsibilities, agency assignments are being prepared and will be announced by **Tuesday, May 12th, 2026**. For planning purposes, we are asking for minimum of (3) or more individuals from each participating agency to **work** the meet from the hours of 7:30 a.m.- 5 p.m. (*Depending on how efficient we are, this time could change.*)

Thank you for your assistance and participation. If you have any questions and/or concerns, please call Kenny Harris at (310) 227-1380

Sincerely,

Kenny Harris



2026 SCMAF TRACK AND FIELD
DIVISIONS AND EVENTS

Age Group

List of Events

Div. 19 - Boys/ Girls (Born 2019 or after)	50 Meter Dash 100 Meter Dash 200 Meter Dash	Softball Throw Long Jump
Div. 18- Boys/ Girls (Born in 2018)	50 Meter Dash 100 Meter Dash 200 Meter Dash 400 Meter Dash	Long Jump Softball Throw
Div. 17 - Boys/ Girls (Born in 2017)	50 Meter Dash 100 Meter Dash 200 Meter Dash 400 Meter Dash	Long Jump Softball Throw
Div. 16 - Boys/ Girls (Born in 2016)	100 Meter Dash 200 Meter Dash 400 Meter Dash 800 Meter Run	Long Jump Softball Throw
Div. 15 - Boys/ Girls (Born in 2015)	100 Meter Dash 200 Meter Dash 400 Meter Dash 800 Meter Dash	Long Jump Softball Throw
Div. 14 - Boys/ Girls (Born in 2014)	100 Meter Dash 200 Meter Dash 400 Meter Dash 800 Meter Dash	Long Jump Softball Throw
Div. 13- Boys/ Girls (Born in 2013)	100 Meter Dash 200 Meter Dash 400 Meter Dash 1600 Meters	Long Jump Softball Throw
Div. 12-11 combined- Boys/ Girls (Born in 2012 and 2011 with proof of grade no higher than 8th)	100 Meter Dash 200 Meter Dash 400 Meter Dash 1600 Meters	Long Jump Softball Throw

Southern California Municipal Athletic Federation – BASE

RUNNING EVENTS FOR 2026

(Girls Events will alternate with Boys Events)

4x100 Meter Relays.....	Canceled	100 Meter Dash Heat	Division 15
1600 Meter Run.....	Division 11-12	100 Meter Dash Heat.....	Division 16
1600 Meter Run.....	Division 13	100 Meter Dash Finals.....	Division 11/12
800 Meter Run.....	Division 14	100 Meter Dash Finals	Division 13
800 Meter Run.....	Division 15	100 Meter Dash Finals	Division 14
800 Meter Run.....	Division 16	100 Meter Dash Finals	Division 15
		100 Meter Dash Finals	Division 16
50 Meter Dash Heat	Division 17	100 Meter Dash Heat	Division 17
50 Meter Dash Heat	Division 18	100 Meter Dash Heat	Division 18
50 Meter Dash Heat	Division 19	100 Meter Dash Heat	Division 19
50 Meter Dash Finals	Division 17	100 Meter Dash Finals	Division 17
50 Meter Dash Finals	Division 18	100 Meter Dash Finals	Division 18
50 Meter Dash Finals	Division 19	100 Meter Dash Finals	Division 19
400 Meter Run.....	Division 11/12		
400 Meter Run.....	Division 13		
400 Meter Run.....	Division 14		
400 Meter Run.....	Division 15		
400 Meter Run.....	Division 16		
400 Meter Run.....	Division 17		
400 Meter Run.....	Division 18		
100 Meter Dash Heat.....	Division 11/12		
100 Meter Dash Heat	Division 13		
100 Meter Dash Heat	Division 14		

All 200's Timed as Final

200 Meter Dash Finals.....	Division 11/12
200 Meter Dash Finals	Division 13
200 Meter Dash Finals	Division 14
200 Meter Dash Finals	Division 15
200 Meter Dash Finals	Division 16
200 Meter Dash Finals	Division 17
200 Meter Dash Finals	Division 18
200 Meter Dash Finals	Division 19

FIELD EVENTS FOR 2026

LONG JUMP - Boys Pit #1		SOFTBALL THROW - Boys Area #1, Girls Area #1	
.....	Division 16	Division 19
.....	Division 17	Division 18
.....	Division 18	Division 17
.....	Division 19	Division 16
.....	Division 11/12	Division 15
.....	Division 13	Division 14
.....	Division 14	Division 13
.....	Division 15	Division 11/12
LONG JUMP - Girls Pit #2			
.....	Division 16		
.....	Division 17		
.....	Division 17		
.....	Division 19		
.....	Division 11/12		
.....	Division 13		
.....	Division 14		
.....	Division 15		

2026 SCMAF BAY AREA/SOUTH-EAST TRACK AND FIELD FINALS
GENERAL INFORMATION

DATE: Sunday, May 17th

SITE: Rancho Dominguez Preparatory High School
4110 Santa Fe Ave, Long Beach, Ca. 90810.

MEET DIRECTOR: Kenny Harris, City of Carson

TIMES: 8:00 a.m. Team Check In/Event Verification
9:00 a.m. Coaches (Staff Meeting will follow)
9:30 a.m. First event of the Day

ELIGIBILITY

In order to compete in a SCMAF Championship Meet, the following eligibility criteria must be met:

- 1) All individuals must have participated through a program sponsored, directed and supervised an Active or Associate SCMAF – BASE Member.
- 2) Participants must qualify at an Agency Meet to advance to the SCMAF – BASE finals.
- 3) Participants must compete in their age division.
- 4) Though we offer 3 events at the BASE Meet. Participants **must declare the 2 events** they will be competing in if they qualify for SCMAF FINALS which are limited to two events.

COMPETITION DIVISIONS

- 1) AGE DIVISION - The year born is the sole criteria for determining the age competition. Participants must provide written verification of date of birth.
- 2) Participants must compete in their age division.
- 3) Age Groups – The following age groups shall be used for all SCMAF Track and Field competitions: Year Born: **2011-2012, 2013, 2014, 2015, 2016, 2017, 2018, 2019**
- 4) Gender Divisions – Boys and Girls will compete in separate Boys and Girls divisions.

EQUIPMENT

- 1) **Shoes** - All participants must wear shoes in competition.
- 2) **Spikes** – **Track shoes with spikes are not allowed**, even if the spikes are removed.
- 3) **Starting Blocks** - The use of starting blocks is prohibited.
- 4) **Shot Puts** - The shot may be brass, steel, or a synthetic covered implement; six (6) pounds for girls, eight (8) pounds for boys. (Canceled)

- 5) **Softballs** - A rubber or leather softball, 12 inches (30 centimeters) in circumference shall be used.

GENERAL RULES AND MODIFICATIONS

The Official SCMAF Youth Sports Rules shall govern all SCMAF Track and Field competitions. SCMAF has created these rules based upon National Federation of State High Schools (NFSHSA) and the California Interscholastic Federation (CIF). NFSHSA or CIF rules shall be employed except when they are in conflict with the SCMAF Youth Sports Rules. In such cases the Official SCMAF Youth Sports Rules shall apply.

- 1) A runner committing two (2) false starts shall be disqualified.
- 2) A runner shall be liable for disqualification if he/she interferes, obstructs, or gains an advantage over another runner or runners. Athletes are not automatically disqualified for leaving assigned lanes if no advantage is gained or interference is made.
- 3) **High Jump minimum starting heights shall be as follows: (Event Cancelled)**

Division: - Boys - 4'3"; Girls - 4'0"
Division: - Boys - 4'0", Girls 3'9"
- 4) **High jump heights will be raised by a minimum of 3" increments until such time as there are only five (5) remaining competitors.**
- 5) **In the high jump, the participant may take off his shoe on lead foot.**
- 6) Long Jump participants will be allowed three (3) official jumps. Warm up jump will only be allowed if time.
- 7) Softball throw participants will be allowed three (3) non-consecutive official throws. (12" leather softball will be used.)
- 8) The 50m/100m dashes will run a qualifying heat leading into a final, provided there are more than 9 qualifiers. (2 Heats-first 4 places; and fastest 5th place; 3 Heats-first 3 places; 4 Heats-first 2 places and fastest 3rd place.
- 9) The 200m dash will be run in lanes by flights (best time wins.)
- 10) The 400m run will be in lanes by flights (best time wins.)
- 11) The 800m and 1600m runs will be held in a bunch start, one race.
- 12) Bunch starts may be used at the discretion of the Meet Director.
- 13) **Coaches and Parents are not permitted to enter the track infield area.**

F. AWARDS

1. Ribbons will be awarded to 1st -8th places in each individual event.

G. MEET ASSIGNMENTS

1. Each participating agency must have a representative on-site at the Meet to coordinate check-in procedures and provide information to participants.
2. Each participating agency must assist with the coordination of meet responsibilities as assigned by the Meet Director.

2026 SCMAF/BASE

Each participating agency will be expected to provide workers for the meet. Please list the names below.

- 1.
- 2.
- 3.
- 4.

If your agency is interested in coordinating one portion of the meet (example: Long jump pit #1 or #2) then please list below. (Staging, Awards, Softball Throw, Long Jump, Field Clerks, and Check-in)

Event/Area:

- 1.
- 2.
- 3.
- 4.
- 5.
- 6.

Please return with packet or email to Kenny Harris @ kharris@carsonca.gov

4//2026

Dear Track and field Participant:

Congratulations! You have qualified to compete in the **Bay Area/Southeast** Track & Field SCMAF Qualifier by placing first, second, third, fourth, fifth, or sixth in an individual event.

The **Bay Area/Southeast** Meet is scheduled for Sunday, May 17th at **Rancho Dominguez Preparatory High School located at 4110 Santa Fe Ave, Long Beach, Ca. 90810**. The meet will take place in any weather condition, unless deemed unsafe.

We are proud to have you represent the city of _____. Upon arrival at Rancho Dominguez Prep High School Track, please check with your City Rep for instruction. The first call for the day's first event will begin at 9:10 a.m. and the first event will begin at 9:30 a.m.

Once you register, your paperwork, including SCMAF waiver form and age verification (i.e. birth certificate), will be forwarded to the Meet Director. The registration fee for the Bay Area/Southeast Qualifier is \$25 per participant and an additional \$20 fee for the SCMAF Final. Total combined cost for both Meets is \$45.00

To register: (your registration procedure here)

Please be aware that every participant must be registered to compete. Registration will not be accepted after the deadline of Friday, May 8th.

Good luck at the Bay Area/Southeast Track and Field Meet. If you have any questions or need additional information, please contact me at _____.

Sincerely,

Your Name

Your Title

PLEASE PRINT

CHILD'S NAME:

DATE OF BIRTH: / /

NAME OF PARENT OR GUARDIAN:

ADDRESS:

HOME PHONE: ()

BUSINESS PHONE: ()

ACTIVITY:

RELEASE

I give permission for the minor in my custody to participate in the above-mentioned activity and hereby waive, release, and discharge any and all claims or rights to claims for damages for death, personal injury or property damage which I may have, or which may hereafter accrue to me, as a result of said minor's participation in said activity. This Release is intended to discharge in advance the promoters, sponsors, the Southern California Municipal Athletic Federation, the officials, and any involved municipalities or their public entities (and their respective agents and employees), from and against any and all liability arising out of or connected in any way with said minor's participation in said activity, even though that liability may arise out of negligence or carelessness on the part of the persons or entities mentioned above.

I further understand that serious accidents occasionally occur during said activity, and that participants in such activity occasionally sustain mortal or serious personal injuries, and/or property damage, as a consequence thereof. Knowing the risks of said activity, nevertheless, on behalf of said minor child, I hereby agree to assume those risks and to release and hold harmless all of the persons or entities mentioned above who, through negligence or carelessness, might otherwise be liable to me, or my heirs or assigns for damages.

It is further understood and agreed that this waiver, release and assumption of risk is to be binding on my heirs and assigns.

I agree to accept and abide by the rules and regulations of the Southern California Municipal Athletic Federation.

Signature of Parent or Guardian: _____ Date: _____

CONSENT TO TREATMENT OF MINOR

"In the event of sudden illness, accident or injury which may occur while said minor is engaged in an activity supervised by the Southern California Municipal Athletic Federation and their representatives, agents or assignees, when neither the parents, guardian or designated family physician can be contacted. I hereby give my consent pursuant to California Civil Code #25.8 for emergency treatment as shall be necessary under the circumstances by any physician licensed under the Laws of the State of California."

Signature of Parent or Guardian: _____ Date: _____

FAMILY PHYSICIAN:

TELEPHONE: ()

INSURANCE COMPANY:

TYPE OF COVERAGE:

PERTINENT MEDICAL HISTORY INFORMATION (EPILEPSY, DIABETES, ALLERGIES, ETC.):

EMERGENCY NUMBERS (OTHER THAN PARENTS):

1. NAME:

PHONE: ()

2. NAME:

PHONE: ()