

**2023 High School Volleyball
Tryout Information, Preseason & Regular Season Schedule**

Mandatory Parent/Player Meeting: August 7th from 7:00-9:00 PM at SHS Commons

9th Grade Tryouts:

Initial Placement (day 1) - August 14th from 7:00-10:00AM - SHS Main Gym

Team Placement (days 2-3) - August 15-16th from 8:00AM-2:00PM - SHS FH3-4

9th Grade Preseason Schedule (time includes one hour lunch, fitness, and team bonding activities):

August 17-18 from 8:00AM -2:00PM - SHS FH3-4

August 19 scrimmage from 8:00-12:00 - SHS Main, FH1-6, Aux.

August 21-25 from 8:00AM -2:00PM - SHS FH3-4

9th Grade Regular Season Schedule:

August 28 - MEA from 3:00-5:30PM - SHS FH3-4

***9th graders practice or play 5 days a week with 1 or 2 Saturday tournaments sometime in September and October

10th-12th Grade Tryouts:

Initial Placement (day 1) - August 14th from 11:30AM -5:30PM - SHS Main Gym

Team Placement (days 2-3) - August 15-16th from 8:00AM-3:00PM - SHS Main & FH1-2

10th-12th Grade Preseason Schedule (time includes skills sessions, one hour lunch, fitness/lifting, and team bonding activities):

August 17-18 from 8:00AM -3:00PM - SHS Main & FH1-2

August 19 scrimmage from 8:00-12:00 - SHS Main, FH1-6, Aux

August 21-25 from 8:00AM -3:00PM - SHS Main & FH1-2

10th-12th Grade Regular Season Schedule:

August 29 - MEA from 3:00-6:00PM - SHS Main & FH1-2

***10-12th graders practice or play 5 days a week with 2-3 Saturday tournaments sometime in September and October