

SWIM COURSE



RÖKA | **IRONMAN**
EUROPEAN SERIES
OFFICIAL SWIMWEAR PARTNER

- Swim course
1 Lap, 1.9km | 1.2miles
- Bojen / Bouys
- Sanitätsboot / Medical Boat
- Medical
- Kein Einschwimmen / No Swim Warm-up
- 1 km