

TNS – Finding your fit

Taylor was born August 20, 2007 and has chosen volleyball to be their first attempt at joining a team. Taylor shows early indicators of being successful at volleyball.

WHERE DOES TAYLOR FIT?

Taylor would be a great candidate for TNS, being a later than normal entry point athlete with little to no experience. Awarding them with a spot in the TNS stream will:

- Provide opportunity to develop fundamental skills and introduce the systems and tactics of 6v6 volleyball
- Learn multiple positional skills and understand the relationship between the different positions in 6v6 volleyball

Taylor does not fit into the 6v6 stream because:

- Social development must also be taken into consideration as well as the athletes potential fit within a team
- Taylor's level of strength and coordination is above the level of most 6v6 athletes and can reach the required skill level needed for TNS



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Noel was as born January 22, 2009 and comes from a volleyball family. Noel is a multi-sport athlete that has played in 2 sessions of Smashball programs and played one year in the OVA (formally 12U). Noel loves volleyball and has chosen it as their primary sport.

WHERE DOES NOEL FIT?

Noel would be a great candidate for TNS. Awarding Noel with a spot in TNS will:

- Expose Noel to more positions which will help reduce burnout and injury
- Increase knowledge of the tactics of 6v6 volleyball.
- Keep Noel with a peer group that will be inclusive and push them to develop

Noel does not fit in 6v6 or 4v4 because

- Noel has experience with both the 4v4 and 6v6 formats already. Smashball is a recognized format of house leagues with approved development criteria
- Noel needs to be challenged and may become bored with 4v4 or 6v6 and discouraged if not pushed.



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Skylar was born May 31, 2008. Skylar is developmentally on target for her age, has already played one year of 6v6 Rallyball (formally Tripleball during their competition year) and is showing promise in a few positions on the volleyball court.

WHERE DOES SKYLAR?

Skylar would be a great candidate for TNS. Awarding Skylar with a spot in TNS will:

- Increase Skylar's exposure to the basic understanding of 6v6 volleyball systems
- Help Skylar gain knowledge of all positions on the volleyball court
- Increase confidence in high stress situations by eliminating regulation after an event

Skylar does not fit in the 6v6 or 4v4 stream because:

- Skylar looks to be on an excellent developmental pathway and is on target skill wise participation in a different stream could be considered a step back
- There could be missed opportunity to meet challenges in the 15U level if they participate in 4v4 or 6v6 Rallyball

