

# Dealing With Covid Issues



## **What should we do if one of our players or athletes gets Covid-19?**

First, make sure that coaches, staff, officials, players, and families know that sick individuals should not attend the youth sports activity, and that they should notify youth sports program administrators (such as the COVID-19 point of contact for your program) if they or someone in their household become sick with COVID-19 symptoms, test positive for COVID-19, or have been exposed to someone suspected or confirmed to have COVID-19.

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Second, close off areas used by a sick person within the last 24 hours and do not use these areas until after cleaning and disinfecting them. For outdoor areas, this includes surfaces or shared objects in the area, if applicable.

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Third, in accordance with state and local laws and regulations, youth sports organizations should notify local health officials, youth sports program staff, umpires/officials, and families immediately of anyone with COVID-19 while maintaining that person's confidentiality in accordance with the Americans with Disabilities Act (ADA).

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Finally, if any coaches, staff members, umpires/officials, or players get sick, they should not return until they have met CDC's criteria to discontinue home isolation. For more information, refer to the Preparing for When Someone Gets Sick section in the Considerations for Youth Sports.

**If a player on a team tests positive for Covid-19, does that entire team (if they have been in close contact with the athlete) have to quarantine for the 14 days, as the CDC recommends?**

Yes. Consult with local health officials if you determine your team or coaches have been exposed to COVID-19. Individuals who recently had close contact with a person with COVID-19 should follow CDC's guidance for when you can be around others

# **I think or know I had COVID-19, and I had symptoms**

- You can be around others after:
    - 10 days since symptoms first appeared and
    - 24 hours with no fever without the use of fever-reducing medications and
    - Other symptoms of COVID-19 are improving
- \*Loss of taste and smell may persist for weeks or months after recovery and need not delay the end of isolation

## **I tested positive for COVID-19 but had no symptoms**

If you continue to have no symptoms, you can be with others after 10 days have passed since you had a positive viral test for COVID-19. Most people do not require testing to decide when they can be around others; however, if your healthcare provider recommends testing, they will let you know when you can resume being around others based on your test results.

## Executive Order 180

- “We are not out of the woods yet, and COVID-19 is still a persistent threat to our frontline workers, students, and families,” said Chief Medical Executive and MDHHS Chief Deputy for Health Dr. Joneigh Khaldun. “Individuals have a choice about whether or not to play organized sports. **Since contact sports pose a high risk of transmitting COVID-19, MDHHS recommends that people should choose to avoid them.** For those who do choose to play organized sports, we expect you to follow these strict safety measures and wear a face covering to reduce your risk and protect the health of your teammates, coaches, officials, and loved ones.”

## Executive Order 180

...athletes training for, practicing for, or competing in an organized sport must wear a **facial covering** (except when swimming) or consistently maintain 6 feet of social distance (except for occasional and fleeting moments). For example, an athlete participating in a football, soccer, or volleyball game would not be able to consistently maintain 6 feet of distance, and therefore would need to wear a facial covering.

# **Executive Order 180**

- **Sports organizers must ensure that athletes comply with this section for each organized sporting event.**

## Facial Covering – Previous Executive Order

- must wear a face covering over their **nose and mouth:**

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