



Whole Part Whole game play - every time ball goes out look to play wide early, if possible hit highest wide player. Look to retain possession, strikers movement must work off of initial pass



## 2 Teams -

5v5 plus neutrals (Coaches to be neutrals)

Team can score into any goal as long as they combine with player in side zones or with neutral player on side.

Look to move ball quickly playing away from pressure.



## 3 Teams

1 team attacking, 1 team defending, 1 team resting.

Look to work the ball out wide early and attack the space. Switch if pressure is too much on one side.



Finish with 4v4 or 5v5 if possible

Still looking to play out to wide and high players quickly with a view to moving the ball forward with speed.

Play with 4 goals to force the players to think wide.