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FIGURE SKATING CLUB OF BLOOMINGTON HANDBOOK

The Figure Skating Club of Bloomington –

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Revised 3.26.2021

MISSION

The purpose of the Figure Skating Club of Bloomington (FSCB) is to serve as a center of excellence in figure skating. FSCB is a nonprofit organization organized for charitable and educational purposes. We will carry out our objectives using the highest ethical standards and uphold our principles in all activities. We will be an asset to those interested in figure skating.

INTRODUCTION

Welcome to the FSCB as a new member, we would like to introduce you to the club. FSCB is a member of the Twin City Figure Skating Association (TCFSA) and U.S. Figure Skating (USFS).

The FSCB was formed in 1976 to promote amateur figure skating in Bloomington and the surrounding areas. The club headquarters and home club arena are located at the Bloomington Ice Garden 3600 West 98th Street Bloomington, MN 55431. Our club is recognized as a not-for profit, 501c3 organization.

MEMBERSHIP

Annual USFS membership fees are required to be a member of the FSC Bloomington and are paid through your home club. Annual memberships run from 1 July-30 June. USFS will provide each member with a membership card and number, a yearly Subscription to "Skating" Magazine (1st family member), the right to test and compete at U.S. Figure Skating sanctioned events, and insurance programs. For information on insurance, contact the USFS number on the back of your card. The USFS annually publishes the U.S. Figure Skating Rulebook that is an essential reference for anyone involved in figure skating. It is available online at www.usfigureskating.org.

CLUB COMMUNICATION

All information regarding the club is available on the FSC Bloomington website www.fscbloomington.org. **IT IS EACH FAMILY'S RESPONSIBILITY TO STAY UP TO DATE WITH CLUB HAPPENINGS AND PROCEDURES** using the club website. Occasionally, emails may be sent from Board Members regarding important details. FSC Bloomington club members or parents may NOT send emails to the membership without authorization from FSCB President. Failure to abide by this policy may result in termination of membership.

FSCB MEMBERSHIP OPTIONS

Junior Club Junior Club is a program designed to make the transition from Skate School to the club an easy step. Junior Club is part of the FSCB. Junior Club meets weekly, consisting of a small group lesson followed by practice time. The FSCB Coaching staff rotates teaching the group class so that you have an opportunity to meet all of the coaches and see their coaching styles. This is an opportunity for skaters to work with each coach. Junior Club skaters can also buy into additional club ice time. We also encourage Junior Club skaters to schedule lesson time with the coaches so they can try them out on a one-on-one basis. Speak to a coach for session recommendations. Junior Club skaters are also encouraged to use the Club room.

Introductory

Home Club Member This level of membership allows a skater to work toward his/her skating goals with a home club coach, via private lessons. It is the next step up in a skater's progression after the Junior Club or for skater transferring from another club. As a member of FSC of Bloomington, you may take USFS standardized tests. (see Testing and Testing Procedure). These tests certify a particular level of skill and achievement and are governed by the USFS. You may also participate in sanctioned competitions, ice shows and other events. Club membership also allows you contracting and buy-on priorities for club ice that is purchased by the FSC of Bloomington.

Associate Member Many skaters from other clubs become Associate Members to use the FSCB as their primary training center in the summer or during the year to train on club ice. Associate memberships are offered for skaters whose home club is other than FSCB Participation in club functions is encouraged!

Collegiate for members that are over 18 years in age and enrolled in school full time.

Adult any member over 18 years in age and not enrolled in school full time.

MEMBER IN GOOD STANDING Home Club members must contract at least two sessions per contract and have outstanding invoices paid to remain a Member in Good Standing. You must also have a home club coach as your primary coach. All members in good standing are permitted to represent the FSCB in competitions and be approved for USFS testing sessions. The FSCB Board of Directors reserves the right to approve members to be home club.

BOARD OF DIRECTORS The FSCB is governed by a board of directors up to 12 members. The board is elected in May by the general membership of the FSCB. All of the board positions are volunteer positions. The board of directors elects a President, Vice-president(s), Secretary and Treasurer, and appoints other chair positions and responsibilities as needed. The board is responsible for setting policies and procedures that ensure the harmonious operation and the financial health of the club. The Board will represent the club in matters concerning ice purchasing, ice times, scheduling tests and hosting competitions. Any adult US Figure Skating member or parent of an FSCB skater is welcome to run for a position on the board. Please speak directly to a current board member to express your interest. Feel free to contact any of the board members at any time with questions. All meeting minutes and board and financial reports are available upon request

FSCB Volunteer Policy

This policy outlines the expectations of all members in contributing to the success and growth of the FSCB. FSCB operates entirely through the volunteer hours of its membership. It is required and essential that all home club families contribute their time/skills to the club as per the table below.

There are many fun ways to become involved in the club, not only to contribute to the club but to meet other parents and members. Opportunities are listed on the FSCB website under volunteering and in the DIBS link.

SUBJECT	DESCRIPTION
<p>ANNUAL HOUR RESPONSIBILITY PER HOME CLUB MEMBER FAMILY</p>	<ul style="list-style-type: none"> • Annual 16 hour volunteer requirement per family between July 1 and June 30. • 6 of the 16 hours must be hours towards Skate Bloomington. • 10 volunteer hours may be towards any event of the members choice but must be completed by June 30. (banquet, ice show, skater events, parade, etc.) • Should FSCB host a State, Regional, Sectional, or National competition there will be an additional volunteer requirement above the annual 16 hour requirement.
<p>FEE PER UNMET HOUR</p>	<ul style="list-style-type: none"> • \$50 per unmet hour will be charged if the 16 hour quota is not met by June 30. 6 of these hours must be towards Skate Bloomington. • \$50 per unmet hour for State, Regional, Sectional or National competition hosted.

VOUCHERS	<ul style="list-style-type: none"> • One 5 hour voucher is worth one 45 minute session of ice. • Coaches may not earn volunteer vouchers for their students • If a home club member does not complete 6 hours at Skate Bloomington or the adjusted hours needed based on needs, they may not earn vouchers. • Hours will be tracked by the volunteer chair. • Members with unmet hours will receive an email from the volunteer chair 2 weeks before spring contract is due letting them know how many hours they have left to work for the year to avoid charges to their account. • Extra vouchers will be awarded at competitions only.
BOARD OF DIRECTORS	<ul style="list-style-type: none"> • Exempt from annual 10 hour volunteer requirement • Competition(s) hour requirements mandatory • Board of Directors may earn vouchers at ice show and hours above requirements at competitions
MINI, JUNIOR, INTRO, COLLEGEIATE, ADULT MEMBERS	<ul style="list-style-type: none"> • No annual requirement • Competition volunteer hours highly encouraged • Vouchers will be awarded for hours worked at club events
NEW MEMBERS CHAIR POSITIONS	<ul style="list-style-type: none"> • Hours will be pro-rated dependent on the month joined • Chair positions requiring year-long commitment will be exempt from volunteer hour responsibilities • Competition hours are mandatory

UNMET HOURS

- **Volunteer Chair communicates with Ice Contracts and/or executive board home club members with unmet hours after competitions or 2 weeks prior to the start of spring contract.**
- **E-mail communication will go out to members informing them they will have a charge on their account at \$50 per unmet hours.**
- **If the unmet hour fee is not paid by the start of the new fiscal year, a warning will go out regarding their good standing status being changed by a certain date determined by the president.**

DIBS

DIBS is an online volunteer link that FSCB uses to manage volunteer hours and tasks. Please visit our website for a link to our current sign-up located in the volunteer section. If you use DIBS, you do not need to report your hours. Please note: all volunteers using DIBS must sign their name next to their designated task on the day it is performed in the ice monitor book to receive credit for your time.

REPORTING SERVICE HOURS

Most of FSCB service opportunities are available on DIBS. You do not have to report these hours. Only report hours that are not recoded in DIBS to the volunteer coordinator.

Please submit the following information: -Skaters Name

-Date of Activity -Volunteer(s) name -Description of Activity -Total Number of Hours

SAFE SPORT

The Figure Skating Club of Bloomington will remain fully compliant with all U.S. Figure Skating Safe Sport compliance mandates as per the latest version of the U.S. Figure Skating Safe Sport Handbook. The U.S. Figure Skating SafeSport Program addresses sexual, physical, and emotional misconduct, bullying, threats and harassment, hazing, and willfully tolerating such misconduct. All forms of abuse or harassment directed at any individual or groups of individuals a part of or associated with the FSCB is unacceptable and is not tolerated.

1. All violations must be reported to the Safe Sport Chair of Co-Chair and U.S. Figure Skating.
2. Individuals required to complete Safe Sport training (valid 1 year) and a background check (valid 2 years) are as follows:
 - a. All volunteers in any sanctioned events or club activities who have regular contact with Athletes.
 - b. Team Managers / Team Service personnel for synchronized skating and theatre on ice teams.
 - c. Locker room volunteers for all competitions, ice shows, club events, programs, etc.
 - d. Club SafeSport Compliance Chairs.
 - e. All coaches who are U.S. Figure Skating Members.
 - f. Adult partners assisting in pair or dance tests with Minor Athletes.
 - g. All registered Learn to Skate USA instructors, coaches and directors.
 - h. Any professional service provider (i.e., sport psychologist, nutritionist, choreographer, etc.) wishing to obtain a credential for a U.S. Figure Skating-sanctioned event.
 - i. Adult skaters who are Covered Individuals.

3. Recommend every parent or guardian of a skater complete Safe Sport Parent training and background check. For those without a U.S. Figure Skating Membership Account go to the U.S. Figure Skating members only site and click "Non-Member" "Create Account" link. Follow the instructions then click on the Safe Sport icon to take the training and/or background check. Keep in mind both the full Safe Sport training and background check are required for many of our volunteer positions throughout the year.

GRIEVANCE AND CONFLICT PROCEDURE

Most of the time conflict arises, miscommunication is to blame. The FSCB Board of Directors is committed to helping with conflict. In the event of a conflict the FSCB President will assign two board members who are neutral parties who will make up the grievance committee.

The committee resources are available to skaters, coaches, parents and any individual who is in direct contact with club happenings. The committee will be comprised of 2 board members. The committee may also appoint individuals to assist based on a particular situation.

Following US Figure Skating Code of Conduct, all skaters/parents and coaches have agreed and signed a contract each year to be respectful, professional and supportive of all members/families involved with FSCB. When a situation arises, the parties involved work together to resolve the problem directly affecting them. Most situations should easily be rectified with good open communication.

A party should not solicit help from another parent, coach or skater unless that person is directly involved in the conflict. Doing so in the past has resulted in continued miscommunication and further harm in rectifying reasonable solutions for all involved and is not the direction nor mission of the FSCB Grievance Committee. If a skater, coach, parent or other party feels they are unable to resolve a conflict, a formal written grievance may be submitted to the FSC Bloomington President or Vice President. The President/ Vice President will assign 2 neutral board members to the Grievance Committee who will read the grievance, meet with the parties involved and offer unbiased resolution for all parties involved quickly, with the best interest of the FSCB in mind.

The FSCB Grievance Form can be found in the "For Members" section of www.fscbloomington.org. Submit this to the club president or vice president.

SKATERS CLUB ROOM

The club room is located past Rink 2 on the left side of the hallway. This room is provided for the skaters to change into skates and socialize between sessions or relax or do homework during sessions they do not skate.

The club room has been furnished and decorated to provide a comfortable, fun space for the skaters to interact between sessions. **EACH SKATER IS EXPECTED TO RESPECT THE FURNITURE AND EQUIPMENT AND TO KEEP THE ROOM CLEAN AND FREE OF CLUTTER.** If a skater damages club property from misuse or horseplay, the skater will be required to repair or replace the damaged item.

- No standing on the benches or tables
- Keep your feet/legs off of all tables and benches
- Keep your feet off of chairs (they are meant for sitting)
- No ice bags left on tables or chairs (put it in freezer or throw away)
- Immediately put away all equipment and games after use
- If you spill something, clean it up
- Please treat this room as if you are a guest in someone's home. Show respect
- Do not leave food in refrigerator over-night. Refrigerator will be cleaned periodically

Please take pride in this room- things will become damaged if skaters do not follow the above rules. The club room will be locked if skaters misuse or cannot abide by these expectations.

SKATER FOLDERS

The skater's room has a file box with a folder for each of the club skaters. Please check the folder at least once a week for communications and delivery of important materials such as vouchers, etc.

SELECTING A SKATING COACH

The FSCB is proud to have excellent and experienced home club coaches. A list of home club coaches is available on the FSCB's website. Resumes are available upon request from each individual coach. Parents and skaters are encouraged to come to the club sessions to observe and talk with several coaches. Please contact the coaches directly for further information about themselves.

All skaters must select a private home club coach upon becoming a home club member. After a coach is chosen, contact the coach and arrange for a meeting to discuss schedules, goals and policies. The coach will set up a lesson schedule acceptable to both parties. The coach will also assist in choosing appropriate equipment and select suitable music for the skater when necessary. Our professional skating coaches are all self-employed. Arrangements for lessons, schedule changes and coaching payments are made directly with the coach, not to the FSCB.

SKATING CLUB ICE

The club offers all members the opportunity to buy, or “contract” club ice. Unlike public skating sessions, only USFS skaters may skate on club sessions. The ice is purchased on a contract basis numerous times a year. FSCB purchases ice from the city of Bloomington through the management staff at the Bloomington Ice Garden. Please coordinate with your coach before contracting to ensure the coach’s availability to coach on the session you have selected.

During freestyle sessions, skaters may skate freely over the entire sheet of ice and practice jumps, spins, footwork and general skating skills. Check with your coach for designated areas for spins. Program music for skaters may be played during sessions so that skaters may practice for competitions or test programs. Skaters skating their programs with music, in a lesson with their coach, or are using the harness with their coach, have the “right of way”. Please be careful and aware of others to avoid injuries. Sessions may be restricted to higher level skaters and the minimum level required to contract would be indicated on the contract. Check with your coach for details on the on-ice policies and procedures.

CONTRACTING ICE TIME

Ice time is purchased from the club via an ice contract. Typically, there are four (4) contracts during a calendar year. (Summer, Fall, Winter & Spring). These ice contracts are completely separate from the lesson time and fees you would pay to your coach. Ice contracts are for ice time only and paid directly to the FSCB.

Contracts and instructions are posted online on our webpage via Entryeze.

The FSCB reserves the right to limit the number of skaters per ice session.

ICE COUPON BOOKS -TBD

For additional flexibility, in addition to contracting for club ice, you may also purchase coupon books. These are prepaid coupons that can be used on any 45 minute FSCB ice sessions that has space available. Skaters who wish to skate a 1 hour session with a coupon must also include \$ with the coupon at sign in. Skaters must be contracted one session per contract to purchase a coupon book.

ABSENCES

If your skater will not be skating their scheduled session, please notify your coach of your absence with as much notice as possible. Each coach has individual guidelines for advance notification and policies for charges for missed lessons. Contact your coach directly for details.

ICE CHECK-IN-CONTRACTED SESSIONS

A binder with a page for each session will be rink side in the box where the skaters get on the ice. Each page will list which skaters have contracted for that session. Skaters should check in with the ice monitor who will validate that the skater is contracted and if not the skater should be properly registered and paid in the book. If there is no ice monitor on duty, each skater should check their name off the list before going on the ice.

BUYING-ON CONTRACTED SESSIONS

A skater without a coupon and or payment is not allowed on the ice.

Venmo

Check the book for the session you would like to buy-on. If the session is not full and there is club ice still available, put the skaters name on the buy list including check information (amount and check number) and give your check to the ice monitor when you check in. If using a voucher or coupon, please write the date and session time on the back of it and write voucher/coupon next to your name on the sign in sheet. If there is not ice monitor, place the payment/coupon in the pocket of the binder marked payments.

ICE TIME MUST BE PAID FOR BEFORE GETTING ON THE ICE

If space is limited on a session, home club skaters have first priority to purchase available ice, followed by Junior Club members, then Associate Members.

Non-members have last priority and must present their USFS card upon request.

SWITCHING SESSIONS

Skaters may now switch a skating session **on the same day** without a coach's lesson/ approval being involved.

We realize that sometimes events can make it hard to skate contracted sessions and if there is still a possibility to skate at a different time, coaches and the board want to allow skaters to do that freely. A session may only be switched to another session of equal time **ON THE SAME DAY**.

A skater or the ice monitor should circle the original session and write switched to <DATE/TIME> next to their name. They should then write their name and circle it on the session switched to and write switched from <DATE/TIME> next to their name.

Ice monitors should review and initial switches made.

As always, your coach should be notified that you will be skating a different session than contracted.

SUMMER VACATION VOUCHERS & SCHOOL VOUCHERS -TBD

The Figure Skating Club of Bloomington offers vouchers for each contracted summer session missed during a FULL week of vacation. The number of weeks that can be reimbursed will be posted on the FSCB website along with the request form when summer contracts are posted. You will receive one coupon for each session missed for use to buy into a club skating session during the fall-winter contract periods. Skaters who are in school at the beginning or end of a contract related to summer break are also able to submit a form for reimbursement. Please see our webpage/contract section for detailed information.

Vouchers have no value and cannot be turned in to subsidize payments of future contracts. Only FSCB home club members (Club and Junior Club) skaters qualify. See details on the website along with the form for instructions on completing and processing your forms.

INJURY GUIDELINES

If a skater falls during a club ice session and hits their head, the FSCB policy is that skater shall leave the ice immediately. For more information on risk of concussions see: <http://www.usfigureskating.org/content/ConcussionEducationInformation.pdf>

Skaters will receive a 75% refund for missed contracted sessions AFTER 2 weeks of missed ice due to injuries. Requests need to include a doctor's order and coach's confirmation. To qualify, the skater must have 2 continuous weeks away from skating due to injury. After 2 weeks, if the skater returns on a reduced schedule due to injury and recover, all missed contracted ice will be reimbursed until the skater is back to full schedule. Ice coupons do not qualify for refunds.

PROPER ATTIRE

During the first five minutes of each session, skaters may wear "banned" clothing such as scarves, mittens, and sweatshirts with hoods. After five minutes skaters will be asked to remove these items before continuing with their session.

Girls/Women-

Skating dress with tights or skating pants/shorts/tights with top

Tops should be in good taste, providing coverage of midriff and not cut too low Close fitting jacket or sweater. No hooded sweatshirts

Gloves, not mittens

No scarves or bandanas

No items with inappropriate language or images

Hair pulled back from face

Boys/Men

Shirts are required, no bare chests No bare midriff

No skimpy tank tops

No scarves or bandanas

No items with inappropriate language or images

Close fitting jacket or sweater with tailored skating pants/not skin tight Gloves, not mittens

ON-ICE BEHAVIOR

Skaters taking private lessons or performing their programs have the “right of way” on the ice.

Please be aware of who is performing and move out of the way to allow them to perform a complete program.

Safety is priority! Please be aware of your surroundings and who is skating around you to avoid accidents.

- no social talking on the ice or standing around the boards
- no kicking of the ice or gouging with toe picks
- no holding onto the boards and swinging leg behind
- no food or gum on the ice

Be encouraging, supportive and respectful of all skaters and coaches. Any coach has the right to speak to skaters if they are misbehaving or breaking any of the rules. If the problem continues, the skater will be asked to leave the ice. See a copy of our safety seminar document online for further details.

RULES/GUIDELINES FOR PRACTICING PROGRAMS ON CLUB ICE

Each skater is allowed to play music for one program per session. If time permits and everyone has had a chance to play their program, you may put yours in line again. Please be aware of which skater’s program is being played.

You may not restart your music for any reason.

Don’t wait until the end of the session to put your music in line.

If you are having a lesson, check with your coach to see if you should wait to have your music played during your lesson.

Coaches giving a lesson have priority and have priority to “bump” in front of you. Only Home Club Coaches may “bump” someone in line. Home Club skaters have priority over nonmembers.

PARENT/SPECTATOR BEHAVIOR

Parents and spectators may watch and encourage their skaters from either the area upstairs of Rink 2 or from the windows outside of Rink 2. Parents should not coach or talk to their skaters from the sidelines. This is very distracting to other skaters and coaches. Please leave the coaching to the coaches as they know what's best for their skaters and the elements they are practicing. Please be encouraging and supportive of all skaters, coaches and other parents. If you are accompanied by small children upstairs, please keep them quiet during club sessions. No one is allowed on the lower level inside the rink area.

CLUB APPAREL

See our website www.fscbloomington.org under club apparel for the latest offerings.

SKATES & BLADE SHARPENING

Each skater will need to purchase fitted, quality boots and blades as well as skate guards and a skate bag. Check with your coach prior to making your purchase.

Skating Equipment and blade sharpening is available at local shops including:

Fred Bartick

5508 W. 107th Street Bloomington, MN 55437 952-884-5345 bartick16@juno.com EDEA

Skate Sales

Skate fitting/purchase/ accessories

Blade sharpening and skate assembly

Westwood Sports (see Mike or Dirk) 14805 Granada Ave. South

Apple Valley, MN 55124 952-431-5590

Pierce Skate & Ski (see Ted Petrosky)

208 W 98th Street Bloomington, MN 55420 952-884-1990 Skate fitting/purchase

Skate fitting/purchase and sharpening

General Sports

7505 Ikola Way Suite 203 Edina, MN 55439

For blade sharpening you can also contact Wally Gelecinskyj at 612-916-9021.

Check with your coach regarding the need for skate sharpening and where he/she would prefer you to take them. Generally, skates will need to be sharpened every 6 weeks.

FUNDRAISING REQUIREMENT

The Annual Fundraising Requirement (July – June) Effective July 2019.

Free-Skate Level: Preliminary & Below \$150

Free-Skate Level: Pre-Juvenile & Above \$300

Families with 2 or more skaters will be responsible for \$375.

Fundraising assessment will be applied quarterly

Fundraising Policy

- All skaters will have multiple opportunities to contribute to fundraising activities.
- Each skater's contribution to fundraising will be tracked by the Club Fundraising Chair and the FCSB Board of Directors.
- For Single fundraising efforts, each skater will get credit for 100% of the \$ raised. For example, if an individual skater sells \$120 worth of Wagner Flowers where 30% (or \$40) goes toward fundraising, that skater will get \$40 counted toward the annual fundraising goal
 - For Group Fundraising events (such as Bagging Groceries at Cub), each participant (skater/ family member) will share the funds raised. The total amount of \$ raised will be divided by the number of participants and the number of hours contributed. For example, if 10 skaters bag groceries at Cub for 2 hrs. each and raise \$500, each skater will get credit for \$50 toward their fundraising goal.
- If a skater/family falls shorts in all or part of the fundraising requirement by June 30th each year, that member will be required to pay the difference for that member to be considered in good standing with the FSCB.
- If a skater leaves the club or changes their membership from home club member, any overage amount is forfeited and the club will assume those funds. Overage funds cannot be used for anything other than for contracted ice and will not be paid directly to a skater.

REDUCING YOUR FAMILY'S ICE BILL

Shop with Scrip was introduced as a fundraiser for the club as well as a means for families to reduce their ice contract fees if they participate in the program. Participation is not required.

Shop with Scrip offers families the ability to purchase gift cards at face value but also receive rebates (generally 2%-20%) that are credited to FSCB.

The FSCB keeps 10% of all rebates paid by shop with scrip as a form of fundraising. The remaining rebates (minus shipping charges split between the families using the program) are issued to those families as a credit prior to a contract deadline and can be deducted from the balance due on your contract.

Please note- to use shop with scrip, families must use a presto pay account in which funds are automatically withdrawn from that families bank account to cover their order cost.

If a family leaves FSCB and has a balance in their scrip account, any remaining funds will be donated to FSCB and a receipt will be given to the family showing their donation to the club.

A typical family participating in shop with scrip can expect to receive \$100 or more per contract if they use the program regularly. It is quite possible to have \$200-\$300 in your account per quarter. Quarterly scrip balances are dispersed as a credit memo. No funds are exchanged. **SCRIP BALANCES CAN ONLY BE USED TO PURCHASE FSCB CONTRACTED ICE SESSIONS.** (not coupons).

Visit www.glscrip.com for details or contact the scrip coordinator if you have questions.

TEST PROCEDURE

The FSCB conducts at least 4 testing sessions per year. These are held in fall, winter, spring and summer. If more tests are needed, additional tests will be scheduled as the need arises. FSCB test dates are on our website under Calendar/ Testing.

A skater must be a USFS member and be a Member in Good Standing with FSCB in order to test. This includes contracting at least two sessions and having all outstanding bills paid, including coaching fees and ice fees.

A skater who would like to take a test must first complete a test application. Speak with your coach before doing this with any club. FSCB uses online registration via entryeeze.

No fees will be refunded if you withdraw from the test after the deadline. Test fees include USFS fees as well as the cost for hospitality and ice.

A Bloomington club member may test at another club but a letter of permission to test must be obtained from the home club test chairperson 3 days prior to the test date. All test fees are paid to the host club according to their procedures. Members of other clubs may be included on our test sessions but priority is given to FSCB members.

USFS rules state that any skater wishing to retry a failed test must wait at least 27 days between test dates.

PROCEDURE FOR COMPETITION ENTRIES

Competition registration instruction is available online through the host club competition website. Please make note of competition entry deadlines; some competitions do not allow late entries. Once you have registered online for the competition your home member club will be notified of your intent to compete. Club officers will approve the skater to compete. All skaters must be in good standing to compete or test.

After registering to compete in an event, you will be notified via email of your practice time, although this notification usually is one week or less before the competition. Sometimes, you are also sent information on the flight or group in which you will compete and the times of the events.

THE DAY OF COMPETITIONS

When you arrive at the arena to compete, check in at the registration desk. Lists of events with group names and starting orders will be posted in the arena. This tells you what the order you will skate in the event (i.e.; first, second, last, etc). After everyone in your group has skated, another sheet will be posted over the skating order sheet. This second sheet, showing judge's results, is posted to let you know where you placed in your event. Copies of the judge's result sheets can be purchased from the registration desk.

Be sure to bring a spare CD of your music with you when competing. You will have to turn in one CD when you register. Give the spare CD to your coach or a parent in case the other CD does not play properly. Remember to pick up your CD's when you are finished competing. They will be at the registration desk.

Most competitions have an award ceremony for those who place and win an award. The FSCB encourages all skaters who attend to get their photos taken if they place. It speaks highly of our club and supports all other skaters who are on the podium. Purchasing photo's is optional from the photographer at the event. Some competitions have action photos available and most also have a professional videotaping the competition. Videos can be purchased directly from them as well.

There is an additional fee from your coach when you participate in a competition, and this amount varies from coach to coach. Some coaches charge a flat fee and others charge for practice time at the competing rink and for the actual competition. If the competition is held out of town, you are expected to pay for your share of the coach's travel expenses.

WHAT TO BRING TO COMPETITIONS:

- skates- clean, polished with laces
- music- 2 copies of your music (one for competition and other to coach) -competition outfit- for each event and perhaps an extra just in case
- tights- 2 pair
- warm up jacket and gloves
- skate guards
- extra pair of laces (replace ahead of time if yours are soiled)
- make-up
- hairspray/gel
- hair clips/bobby pins
- needle and thread
- safety pins
- healthy snacks
- water

EXHIBITIONS

Another opportunity for display your skills is to participate in an exhibition. The FSCB has held exhibitions at various times and notices of upcoming exhibitions are posted on the door leading to rink 2 for those wishing to participate.

MUSIC

A skater must have music to compete in USFS or ISI competitions and to skate in exhibitions or shows. Music is also required for freestyle tests. When you have mastered the required spins, jumps and connecting steps that comprise a freestyle program, you and your coach will select music that is suitable for your skating style, ability and taste. The coach will arrange to have this music recorded on a CD. It can be newly cut or purchased from another skater that previously used the music. There is an additional charge for the CD and you should always have a duplicate in the event it gets lost or damaged.

The length of music varies with the test level of the skater. Penalties are assessed against the skater if the music is too long or too short. The time requirements are listed in the USFS Rulebook.

Your coach or person cutting the music should place the exact time of the running of the music on the face of the skater's CD. At national competitions, all CD's are timed to assure that the time matches the time stated on the CD.

SANCTIONS

USFSA requires that every skater or event receive a sanction prior to performing. If a sanction has not been granted, performing in the event may jeopardize the skater's amateur status. Contact the board of directors to have a sanction issued.

MEDIA

The media may visit FSCB during practices or special events. FSCB may also wish to use your child's photograph or name for promotional and/ or educational reasons, such as in brochures or newsletters, on the FSCB Website or in local newspapers or television reports. No home address or telephone number will appear in any media or our website, except for password-protected Web pages and in our membership directory. Photos that include multiple, unidentified skaters may be included on the FSCB website without prior written permission. You should complete a Media Release form for the club's files indicating if you give permission or not for various types of publicity.

ICE SHOW

The annual ice show is usually held in the spring. Registration to participate in the ice show is due in November or early December along with the fee. The fee includes payment for the costume as well as practice ice time and coaching for group numbers. Each club skater participates in the opening and finale numbers and then a small group number. Solos, duets and trios can be applied for and skaters with the highest points will be selected. See Solo, Duet, Trio criteria link on FSCB website under the Ice Show tab for current information. All groups are put together by the coaches. The ice show is a great event for family and friends to attend and allow the skaters' time to get to know other members of the club.

ANNUAL BANQUET

A banquet is held every year for the skaters and their parents at a local venue. This banquet may be combined with the Spring General Membership meeting as well as skater meetings. Skaters are recognized for the tests they have passed during the year as well as announcing senior skaters who are graduating.

PARKING

There is parking available on the north or south sides of the arena. Please do not leave your car unattended in the drop-off-driveway in front of the building. This area is a fire lane and your car may be ticketed or towed. As well, it interrupts the flow of traffic for drop offs and pickups.