

# **CHAMPLIN PARK GIRLS VOLLEYBALL**

## **SUMMER 2024 IMPORTANT DATES**

Hello current and future Champlin Park Girls Volleyball families! The summer is just around the corner, and we are looking forward to getting in the gym and preparing for the 2024 season! Below is some information that will help you plan your schedules, as well as answer some questions you may have about the new rule change the school district has made regarding 7<sup>th</sup> and 8<sup>th</sup> graders being able to tryout.

Please email Coach Yunker at [cprebelsvb@gmail.com](mailto:cprebelsvb@gmail.com) with questions.

***We look forward to seeing the girls in the gym!***

### **OPEN GYMS:**

Open gyms are voluntary but are highly recommended for players to prepare for the upcoming high school season. They will consist of drills for skill training as well as competitive situations. New this year, because of the new district policy, these will be open to players entering grades 7-12 in the fall of 2024.

#### **June Open Gym Dates**

CPHS Fieldhouse, 7:00-9:30a

Mondays: 10<sup>th</sup>, 17<sup>th</sup>, and 24<sup>th</sup>

Wednesdays: 12<sup>th</sup>, 19<sup>th</sup>, and 26<sup>th</sup>

#### **July Open Gym Dates**

CPHS Fieldhouse, 7:00-9:30a

Mondays: 8<sup>th</sup>, 15<sup>th</sup>, 22<sup>nd</sup>, and 29<sup>th</sup>

Wednesdays: 10<sup>th</sup>, 17<sup>th</sup>, 24<sup>th</sup>, and 31<sup>st</sup>

#### **\*Saturday, June 29<sup>th</sup> through Friday, July 5<sup>th</sup>\***

This is the Minnesota State High School League (MSHSL) Summer Waiver Blackout Window. During this time, players may continue to train by lifting, attending camps or private lessons, but these may not involve any of the CPVB coaching staff.

### **TRYOUTS:**

The tryout process will begin on Monday, August 12th and conclude on Wednesday, August 14th. If necessary, cuts will be made throughout the process and players will know their team and role by the end of the day on the 14th at the latest. Players should not plan anything prior to 5:00p each day until teams and schedules are finalized. Tryouts and most team practices will consist of two practices per day.

**\*Missing any part of the tryout process will affect team placement as there will not be any make-up for time missed. All family trips, birthday parties, State Fair, etc. should be scheduled before tryouts or around the practice schedule\***

Recently, the Anoka-Hennepin School District made a policy change that allows 7<sup>th</sup> and 8<sup>th</sup> graders to tryout for high school teams. There are some guidelines that are being finalized and we will pass those along when they are completed.