



2024  
Region 6  
Championships

Level 9/10



# 2024 Regional Championships

## Level 9-10 General Information

[www.region6usagym.org](http://www.region6usagym.org)

DATE:	April 12-14, 2024
HOST:	USA Gymnastics Region 6 <a href="mailto:Region6usagym@aol.com">Region6usagym@aol.com</a>
SITE:	Mass Mutual Center 1277 Main Street Springfield, MA 01103
ACCOMMODATIONS:	Marriott Springfield Downtown 2 Boland Way Springfield, MA 01115 413-781-7111 Rate: \$169++ Parking \$20.00/day .2 miles from competition venue
QUALIFYING CRITERIA:	34.00AA at the State Championships Injury Petitions: Rules and Policies pages 84-87 (see page 5 of this packet) <a href="https://static.usagym.org/PDFs/Forms/Women/injury2023.pdf">https://static.usagym.org/PDFs/Forms/Women/injury2023.pdf</a> <a href="https://static.usagym.org/PDFs/Forms/Women/injury2023_3event.pdf">https://static.usagym.org/PDFs/Forms/Women/injury2023_3event.pdf</a>
FORMAT:	Modified Capitol Cup
ENTRY FEE:	\$150.00
	2024 Regional Championships – All regional registrations begin with the USA Gymnastics Meet Reservation system. You will then need to go to Meet Maker to complete / process your registration and submit payment.
DEADLINE:	3/27/2024 Entries received after 3/27/2024 are subject to a \$25.00 per gymnast late fee. No entries are accepted after 3/29/2024.
SCHEDULE:	Friday April 12           Level 9 (older age groups) Saturday April 13       Level 10 Sunday April 14         Level 9 (younger age groups)  ** FINAL MEET SCHEDULE WILL BE DETERMINED 3/27/2024
EQUIPMENT:	AAI – 20cm matting
ADMISSION:	Day Pass           \$15.00 Adults Day Pass           \$10.00 Senior Citizens / Veterans / Student

REMINDER:

If you have athletes that qualify to Level 9 Easterns or Level 10 Nationals, you must fill out Entry Forms at the Regional Championships immediately following each session. You will need separate club checks per level – no personal checks are accepted.

\*\*\* National Qualifiers MUST achieve a minimum of 35.00AA at the Regional Championships  
(Rules and Policies page 90, 2, b)

\*\*\* All-Star Session – Level 10 Nationals

Each region will have the opportunity to qualify up to 22 additional athletes to compete in the All-Star Session.

1. Two (2) total All-Around athletes that did not qualify within their age group from the Regional Championship.
2. Five (5) individual athletes per event that did not qualify via AA from their Regional Championship.
  - a. Qualification NOT by age group, rather the next eligible athletes from the entire Regional Championships with a minimum score on that event of a 9.30.



May 2-5 • Myrtle Beach, SC

<https://usagym.org/events/2024-womens-development-program-level-9-eastern-championships/>



Presented by **AAI**

May 9-12 • Daytona Beach, FL

<https://usagym.org/events/2024-womens-development-program-national-championships/>

TECHNICAL INFORMATION  
LEVEL 9-10

- I. CREDENTIALS  
Coaches not listed through Meet Reservations must show their USA Gymnastics Professional Membership card to receive a competition credential.  
Only coaches of competing athletes will be allowed on the floor during that session. Coaches ARE REQUIRED to register online through the USA Gymnastics Meet Reservation System.
- II. COACHES MEETING  
The coaches meeting will be held via zoom prior to the Regional Championships
- III. FORMAT  
Modified Capitol Cup – two sets of equipment in the competition gym. Flight A squads compete on one set, Flight B squads compete on the other set. Timed warm-ups immediately precede competition on each event.
- IV. MEDICAL TRAINER  
Medical personnel will be available during all competition sessions.
- V. SPRINGBOARDS  
Springboards will be designated to each event.
- VI. VAULT  
It is the coach's responsibility to flash the correct number for the vault that the gymnast will be performing.
- VII. SCORING  
Live scoring will be available at [myusagym.com](http://myusagym.com).
- VIII. TRAINING  
There will be NO training at the competition venue.
- IX. FINAL SCHEDULE  
The final schedule will be determined on 3/27/2024.
- X. COACHES ATTIRE  
All active coaches are expected to wear appropriate athletic attire during the competition. Rules and Policies, page 18, C, 2

# **IMPORTANT**

## **2024 PETITION ENTRY PROCEDURE**

Clubs must register petitioned athletes online in a separate entry from club entries.

The RTCC will “accept” or “deny” the petition online. The gym will receive an email indicating the status of the petition. Clubs will NOT be charged the entry fee until the petition has been accepted, provided that they register the petitioned athletes separately from their qualified athletes.

### **PETITION RULES**

These are found in the current (2023-2024) Rules and Policies, page 80; 84-86

Level 9-10 Regional Championships:

IES petitions are allowed at the Level 9-10 Regional Championships (see page 6 of this document).

Coaches must notify their Regional Administrative Committee Chairman by email NO LATER THAN the Monday following their respective State Championships of any athletes that they intend to petition to their Regional Championship meet. [Region6usagym@aol.com](mailto:Region6usagym@aol.com)

The following must be received by the RTCC (Pat Panichas) no later than three days after your state's Level 9-10 State Championships:

- PETITION FORM – completely filled out with CORRECT INFORMATION
- Photo copy of one pre-state; sanctioned meet results from the current season (at the level to which they are petitioning) showing a minimum score of a 35.00AA.
  - If the gymnast competed at the 2023 Level 9/10 Regional Championships, Level 9 Easterns, or Level 10 Nationals and scored a 35.00AA at the same level, those scores may be used.
  - IES – photocopy of two pre-state, sanctioned meet results from the current season at the level that the athlete is petitioning with a minimum score of 9.30.
- A written request from the coach stating the reason for the petition (reasons are illness, injury, or personal tragedy).
- A Licensed Medical Professional's written verification of the illness or injury and DATE OF RELEASE to return to gymnastics activity. The release date must be AFTER the State Championship and PRIOR to the Regional Championship.

In order to meet the deadline: Attach / Scan all of the required paperwork above and submit via email to: Pat Panichas  
[panichas@aol.com](mailto:panichas@aol.com)  
203-215-8420

\*\*If you do not have the Licensed Medical Professional's note, please send all other materials by the deadline, and follow up with the note ASAP!



NEW 2024

IES PETITIONS WILL BE ALLOWED AT THE  
LEVEL 9/10 REGIONAL CHAMPIONSHIPS

The following must be received by the RTCC (Pat Panichas) no later than three days after your State's Level 9/10 State Championships.

- Petition Form – completely filled out with complete information  
<https://static.usagym.org/PDFs/Forms/Women/injury2023.pdf>
- Photocopy of TWO pre-state; sanctioned competition from the current season at the level at which the athlete is petitioning – with a minimum score of 9.25.
- A written request from the coach stating the reason for the petition (reasons are illness, injury, or personal tragedy).
- A Licensed Medical Professional's written verification of the illness or injury and the DATE OF RELEASE to return to gymnastics activity. The release date must be AFTER the State Championships and PRIOR to the Regional Championships.

In order to meet the deadline: Attach / scan all of the required paperwork listed above and submit via email to: RTCC Pat Panichas  
[panichas@aol.com](mailto:panichas@aol.com)  
203-215-8420

If you do not have the Licensed Medical Professional's note, please send all other materials by the deadline and follow up with the note ASAP.



### Injury Petition Form

Refer to the current Women's Rules & Policies for the Xcel and Development Program Petition Procedures, found under Specific Meet Information

**State** Championships send completed form to your State Administrative Committee Chairman

**Regional** Championships send completed form to your Regional Technical Committee Chairman (or other designated person).

- *Note Notify the RACC by the Monday following the State Meet of any athletes who intend to petition to Regionals.*

If this form is incomplete, it may NOT be accepted. It is the responsibility of the coach to provide all necessary information.

\*Deadline – 3 days following the last qualifying meet\*

Meet petitioning to \_\_\_\_\_

Gymnast's Name \_\_\_\_\_ USA Gym Number \_\_\_\_\_

Birth Date \_\_\_\_\_ Age \_\_\_\_\_ Level \_\_\_\_\_

Coach's Name \_\_\_\_\_ Coach's Cell Phone # \_\_\_\_\_

Coach's USA Gym Number \_\_\_\_\_ Coach's E-mail \_\_\_\_\_

Gym Name \_\_\_\_\_ Gym Phone \_\_\_\_\_

Gym Address \_\_\_\_\_ City \_\_\_\_\_ State \_\_\_\_\_

**1. Photocopy Results of a minimum of one Sanctioned Meet:**

Meet \_\_\_\_\_ Date of Competition \_\_\_\_\_

Scores – Vault \_\_\_\_\_ Bars \_\_\_\_\_ Beam \_\_\_\_\_ Floor \_\_\_\_\_ AA \_\_\_\_\_

**2. Licensed Medical Professional's written verification of illness or injury and release to return to gymnastics activity. Please specify the DATE of return to gymnastics activity.**



### Petition Form to Regional Championships - Injury during last event

Injury during last (4<sup>th</sup>) event at State Championships and unable to finish the routine

**This form MUST be included with the regular petition form and the other petition documentation.**

If an athlete begins her fourth event, is injured during the routine and **unable to complete her fourth event**, she may petition to Regionals if her score from her first three (3) events is equal to or greater than 75% of the required petition score.

Name of Gymnast \_\_\_\_\_ USAG # \_\_\_\_\_

Name of Coach \_\_\_\_\_ Club \_\_\_\_\_

Contact # \_\_\_\_\_ E-mail \_\_\_\_\_

Indicate scores for all events - Circle the last event where injury occurred

Vault \_\_\_\_\_ Beam \_\_\_\_\_

Bars \_\_\_\_\_ Floor \_\_\_\_\_

Total of 1<sup>st</sup> three events \_\_\_\_\_

Regional Petition Score (RPS) = Regional Qualifying Score (RQS) + 1.00 = \_\_\_\_\_

75% of Regional Petition Score = \_\_\_\_\_

Verify, by signing below, that the gymnast was injured during her last event at the State Championships and COULD NOT finish the routine.

Coach (Print) \_\_\_\_\_ (Signature) \_\_\_\_\_

Chief Judge (Print) \_\_\_\_\_ (Signature) \_\_\_\_\_

Meet Referee (Print) \_\_\_\_\_ (Signature) \_\_\_\_\_

Medical Staff (Print) \_\_\_\_\_ (Signature) \_\_\_\_\_

Description of the injury \_\_\_\_\_

\_\_\_\_\_





## ATHLETE APPAREL FUND

The Region 6 Athlete Apparel Fund was revised in 2019. The Athlete Apparel Fund is solely supported by the funds generated from the Rising Stars Training Camps and individual donors.

Our goals are to raise funds to support our athletes and provide training opportunities that will improve Region 6 performance at National / Eastern Championships. This goal can only be accomplished with the support of the Region 6 Community.

The following policies will impact the 2024 Development Nationals / Eastern Championship:

12/28/19

- Clubs with potential Dev. Program National / Eastern competitors are expected to provide a coach to work as a clinician for a minimum of two sessions at a Rising Stars Training Camp.
- Clubs that do not fulfill their Training Camp responsibilities will be charged for coaches and athlete apparel.
- These policies are in effect for the 2023-2024 season.

Dev. Program Nationals

- Club Assessment \$600.00 (one athlete and two coaches)
- Each additional athlete \$300.00
- Each additional coach \$150.00

Dev. Program Easterns

- Club Assessment \$400.00 (one athlete and two coaches)
- Each additional athlete \$225.00
- Each additional coach \$100.00

\*USA Gymnastics requires coaches to be dressed in matching regional apparel while in the "field of play".

Clubs that have fulfilled their 2023-2024 Athlete Apparel Obligation:

A2 (NH), ABC Shoreline (CT), Aim High (RI), Apex (NY), Arena (CT), Blaze (NY), Brestyans (MA), Bright Raven (NY), Broderick (MA), CGA (CT), Cartwheels (NY), Chelsea Piers (NY), CNY (NY), Deary's (CT), Dunne's (CT), Elite (CT), FGA (NY), Galaxy (NY), Giguere (MA), GMGC-Rocky Point (NY), Gotham (NY), Granite State (NH), Greater Buffalo (NY), Gym Express Too (CT), GLC (MA), GTC (CT), Gym Ken (NH), Infiniti Elite (NY), Long Island Gym Nest (NY), Masstars (MA), Marvel and Grace (CT), MSGA (MA), Mid-Island (NY), Nashoba (MA), New Era (CT), New Image (NY), Niagara (NY), Noha's (NH), NYC Elite (NY), Orchard Park (NY), Phantom (NH), R&R (MA), Reading (MA), Regal (VT), RGA (NY), Roots (MA), SSGA (MA), Sterling (MA), Stumpf's (NY), Suffield (CT), Summit (NY), Towers (NY), Tumblebee (NY), Valley (NY), Waterford (CT), Western MA (MA), World Class (NY), World Cup (NY), Yellow Jackets (MA).

???'s contact [region6usagym@aol.com](mailto:region6usagym@aol.com) or [region6jamie@gmail.com](mailto:region6jamie@gmail.com)



**2024 USA Gymnastics  
Level 9 / 10  
Region 6 Championships  
High School Senior Profiles**

***Please email the information below to:***

***R6seniors@gmail.com***

***Deadline: March 31, 2024***

***\*\*Late submissions will NOT be included in slide show\*\****

***Directions:***

***Send the following information in the body of an email.***



- 1. Attach 1 or 2 5x7 photos (300 dpi) to email above***
- 2. Athlete name, gym club, coaches names***
- 3. High School***
- 4. College choice***
- 5. Favorite event***
- 6. "I would tell my family..."***
- 7. "I would tell my coaches..."***





# MeetMaker

Online Gymnastics Meet Registration

For the Regional meets in the 2017-18 season, all regional registrations on MeetMaker will go through the USA Gymnastics Reservation system then complete registration and make payment on MeetMaker. **You do not need to update your MeetMaker roster, the reservation will update it for you.**

To make sure the reservation will be linked to your gym account in MeetMaker make sure you have your USA Gymnastics Club Number in your MeetMaker account profile (reservations are linked by club number)

- Sign in to MeetMaker click MY GYM then Click MY ACCOUNT
- Click SANCTION ORGANIZATIONS
- Your USA Gymnastics Club Number should be in this grid
- If not click ADD NEW, or if it is wrong click EDIT to make sure your club number is listed correctly.
- If you happen to have more than one USA Gymnastics entry DELETE any extra entries.

**For an ALTERNATE/PETITION entry:**

If the coach has not been registered for the meet, register the coach first. To register the coach first:

1. Sign in to MeetMaker and find the regional meet you are entering, click REGISTER
2. Click the button, "USA Gymnastics Reservation System"
  - a. A new tab or window will open (depending on your browser) with a USAGYM.ORG sign in web page [Sign as an administrator to your USA Gymnastics account]
3. Once you sign in you will be on the USA Gymnastics reservation page for the meet you are entering
4. Fill in the reservation fields and select **ONLY THE COACH/COACHES** that are going to attend the meet and complete the reservation
5. GO back to the MeetMaker window and click ALERTS
6. Then Process this reservation with the coach only as a regular registration [you will receive a confirmation number in MeetMaker] when it is complete

After you have a confirmation number in MeetMaker for the coach, you can then register each gymnast following the same steps above as you did for a coach. **You can only have one gymnast per reservation/registration/confirmation for a petition/alternate entry.**

Then register **ONE** gymnast at a time for petition/alternate entry:

**(the reservation in USA Gymnastics will have all participants listed that you have made a reservation for, the alert in MeetMaker will only have the one gymnast when you process)**

1. Sign in to MeetMaker and find the regional meet you are entering, click REGISTER
2. Click the button, "USA Gymnastics Reservation System"
  - a. A new tab or window will open (depending on your browser) with a USAGYM.ORG sign in web page [Sign as an administrator to your USA Gymnastics account]
3. Once you sign in you will be on the USA Gymnastics reservation page for the meet you are entering
4. Click MODIFY, ADD RESERVATIONS. Select **ONLY ONE GYMNAST** that you are going to alternate/petition to attend the meet and complete the reservation
5. GO back to the MeetMaker window and click ALERTS
6. Then Process this reservation with one gymnast only as a PETITION/ALTERNATE registration [you will receive a confirmation number in MeetMaker] when it is complete
7. Then repeat step 1 for any other gymnast you need to process a petition/alternate entry for



# MeetMaker

Online Gymnastics Meet Registration

## **For a regular entry:**

1. Find the meet you are entering click REGISTER
2. Click the button, "USA Gymnastics Reservation System" click this button
  - a. A new tab or window will open (depending on your browser) with USAGYM.ORG sign in web page [Sign in to your USA Gymnastics account]
3. Once you sign in you will see the reservation page for the meet you are entering
4. Fill in the reservation data and select all the **coaches and gymnasts** that are going to attend the regional meet and complete the reservation
5. Go back to the MeetMaker window and click ALERTS
6. Then Process this reservation and enter payment information [you will receive a confirmation number in MeetMaker]

For help please see the instruction page: <http://www.meetmaker.com/usagreservationinfo> or contact [support@meetmaker.com](mailto:support@meetmaker.com)

## **To EDIT a registration for the regional meet:**

### **TO UPDATE YOUR CURRENT MEET REGISTRATIONS IN MEETMAKER FOR A MEET THAT USES THE USA GYMNASTICS RESERVATION SYSTEM:**

#### **Scratch A Gymnast If the meet is in regular or late registration (if the cancelation date in the sanction has passed you can not scratch)**

1. Click "MY GYM" then "MY MEETS"
2. Click "ADD NEW REGISTRATION" in the line of the meet you need to edit the registration
3. Click the "USA GYMNASTICS RESERVATION SYSTEM" button
4. Login to USA Gymnastics
5. Cancel the gymnast in the reservation and complete the reservation
6. In the MeetMaker window click "ALERTS"
7. Process the new reservation for that competition
8. You will be notified that the gymnast is scratched

#### **Change Level of a Gymnast (if the change level date has passed in the sanction you can not change levels)**

1. Click "MY GYM" then "MY MEETS"
2. Click "ADD NEW REGISTRATION" in the line of the meet you need to edit the registration
3. Click the "USA GYMNASTICS RESERVATION SYSTEM" button
4. Login to USA Gymnastics
5. Change the level of the gymnast in the reservation and complete the reservation
6. In the MeetMaker window click "ALERTS"
7. Process the new reservation for that competition
8. If the Level Change has a fee you will be taken to the payment page, if there is no fee you will be notified the level change has been made



**MeetMaker**  
Online Gymnastics Meet Registration

**Change General Info in a Gymnast Registration (Clothing Size, Notes and Team Member Status)**

1. Click "MY GYM" then "MY MEETS"
2. Click "VIEW REGISTRATIONS" in the line of the meet you need to edit the registration
3. Click the "VIEW" button for the CONFIRMATION you need to edit
4. To edit the additional registration information for a Gymnast, click the "EDIT" button (not the down arrow)
5. Edit the information needed then click "SAVE"
6. Click "SAVE UPDATES" Above the Confirmation Bars