



3407 W. DR. MARTIN LUTHER KING JR. BLVD
SUITE 100
TAMPA, FL 33607

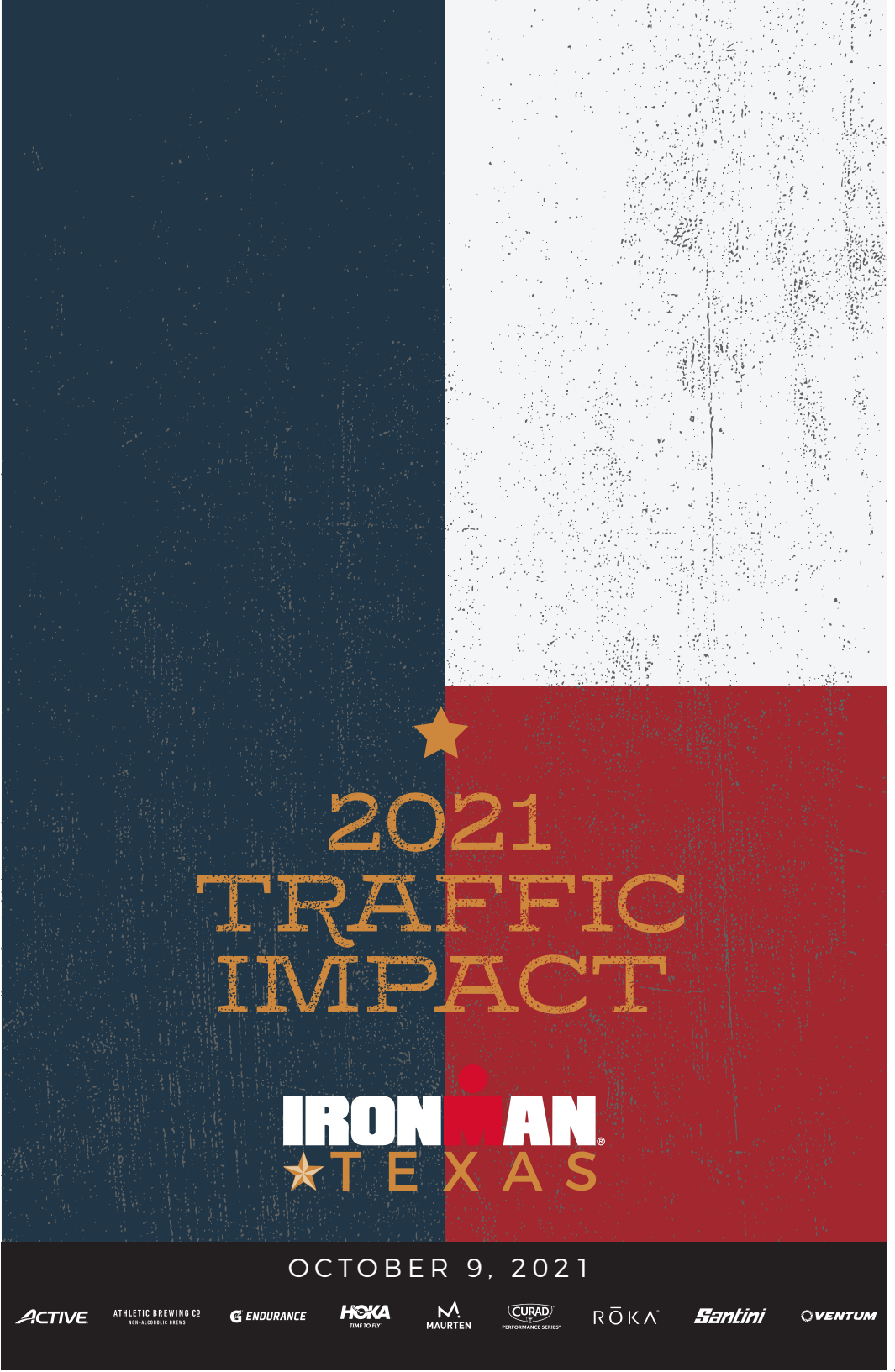
COME VOLUNTEER!



TRAFFIC IMPACT

OCTOBER 9, 2021

IRONMAN.COM/IM-TEXAS



ACTIVE

ATHLETIC BREWING CO.
NON-ALCOHOLIC BEERS

G ENDURANCE

HOKA
TIME TO FLY

MAURTEN

CURAD
PERFORMANCE SERIES

RÖKA

Santini

OVENTUM

TRAFFIC IMPACT

ROADS IMPACTED FOR BIKE COURSE	FROM	TO
Lake Robbins Dr./Grogan's Mill	7 AM	10:20 AM
Timberloch/Grogan's Mill	7 AM	10:30 AM
Grogans Mill/ Woodlands Pkwy. (out)	7:05 AM	10:25 AM
Woodlands Pkwy/S. Panther Creek	7:10 AM	10:40 AM
Woodlands Pkwy/Gosling	7:15 AM	10:45 AM
Sawdust/Budde	7:30 AM	11:05 AM
Pruitt/Budde	7:30 AM	6 PM
Pruitt/I 45	7:30 AM	6 PM
I-45/Spring Woods Village Pkwy	7:35 AM	11:30 AM
Spring Stuebner/Northgate Crossing	7:40 AM	11:40 AM
Northgate Crossing/Hardy Toll Road	7:45 AM	5:50 PM
Northgate Crossing/I 45	10:55 AM	5:55 PM
Sawdust/S Park	11 AM	6:05 PM
Sawmill/Grogan's Mill	11 AM	6:10 PM
Woodlands Pkwy/Grogan's Mill	11 AM	6:15 PM
Grogan's Mill/Timberloch	11 AM	6:30 PM

DETOURS AND PREFERRED METHODS OF TRAVEL

GROGAN'S MILL ROAD SOUTHBOUND (FROM NORTH MILLBEND): 7AM TO 10:30 AM– Take Grogan's Mill to South Millbend, South Millbend to Glen Loch, Glen Loch to S Panther Creek, S Panther Creek to Flintridge, Flintridge to Cochran's Crossing

GROGAN'S MILL SOUTHBOUND: 7 AM TO 10:30 AM– Take Lake Woodlands to Six Pines, Six Pines to Millbend Road, Mill Bend Road to Fernridge, Fernridge to S. Millbend, S. Millbend to Grogan's Mill

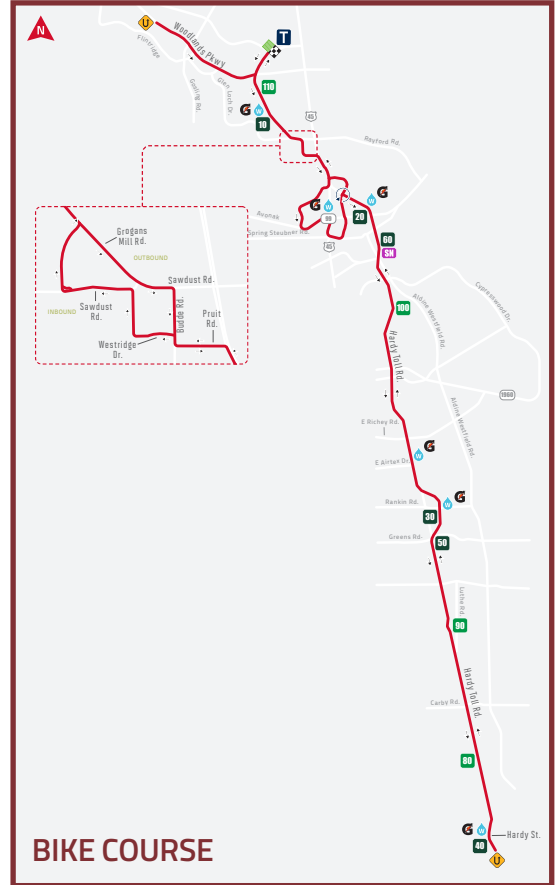
GROGANS MILL ROAD NORTHBOUND: 7 AM TO 6:15 PM– Take Woodlands Parkway to Six Pines Drive, Six Pines Drive to Lake Woodlands, Lake Woodlands to Grogan's Mill Road.

LAKE ROBBINS DRIVE WESTBOUND: Unrestricted until Six Pines Drive. Follow directions for Grogans Mill Road North or Southbound

BEST LOCATIONS TO ENTER MARKET STREET: Along Lake Woodlands Drive, Six Pines Drive and Grogans Mill Road

GROGAN'S MILL SOUTHBOUND TOWARDS SAWMILL: 10:55 AM to 6:05 PM. Take Woodlands Pkwy to I-45, I-45 south to Rayford-Sawdust

ACCESS TO WOODLANDS PARKWAY: (south of Woodlands Pkwy between Gosling & South Panther Creek) 7 AM to 11 AM. Take Flintridge to Cochran's Crossing, Take Cochran's Crossing to Woodlands Parkway



ROADS IMPACTED FOR RUN COURSE:	FROM	TO
Lake Robbins Drive	11 AM	9:35 PM
Lake Woodlands Drive/E. Panther Creek	12:10 PM	11 PM
E. Panther Creek/Woodlands Pkwy	12:15 PM	11:30 PM
Woodlands Pkwy/Lake Front Circle	12:30 PM	11:45 PM
Timberloch/Woodloch Forest	12:45 PM	12 PM

ROADS CLOSED FOR RUN COURSE:	FROM	TO
Waterway Ave is CLOSED from Lake Robbins To Timberloch	10/9/21	10/9/21
Riva Row is CLOSED from Grogan's Mill to Six Pines	6 AM	11 PM
Lake Robbins is CLOSED from Grogan's Mill to Six Pines	5 AM	7 PM



TO SEE COURSE MAPS OR FOR MORE INFORMATION, VISIT WWW.IRONMAN.COM/IM-TEXAS
HOTLINE NUMBER: 713-826-2615